

## CHMS news



*Pi (the Greek letter “π”) is the symbol used in mathematics to represent a constant – the ratio of the circumference of a circle to its diameter – which is a non-repeating decimal that begins 3.14159... Pi Day is celebrated world-wide on March 14 (3/14) every year. CHMS celebrated Pi Day this year with pizza pie and whoopie pies for lunch. At the end of the day, all 327 CHMS students lined up with a digit of Pi... 327 digits!*

PHOTO CONTRIBUTED

By Mark Carbone  
CHMS Principal

Congratulations to Jacob Laird, who represented Camel’s Hump Middle School at the Vermont state Geographic Bee. After victory in the CHMS Geo Bee, Jacob performed well enough on the written exam to progress to the state round.

And congratulations to Ben Weinstein, who represented CHMS for the third time at the Vermont state Spelling Bee at St. Michael’s College. After going head-to-head for several rounds with eventual runner-up Mckayla Webb, Ben successfully spelled *conflagration* and *allegiance* for the win.

Due to the incredible amount of snow, we were two days late celebrating Pi Day. Pi Day is celebrated on March 14 (3/14) around the world. Pi (Greek letter “π”) is the symbol used in mathematics to represent a constant – the ratio of the circumference of a circle to its diameter – which is approximately 3.14159... At CHMS, we celebrated Pi Day with pizza pie and whoopie pies for lunch. At the end of the day, all CHMS students lined up with a number of Pi... to 327 digits!

CHMS engineering club members have been hard at work designing and constructing popsicle stick bridges for the upcoming Bridge Building Competition hosted by Vermont Technical College. Working in teams, the students are charged with researching, designing, and building their bridges under a strict set of competition specifications. Almost entirely student-run, the contest provides an excellent opportunity for collaboration while providing a showcase for an impressive showing of middle school ingenuity. These bridges are BIG! With a clear span of one full meter, these aren’t your basic miniature balsa wood bridges. Teams will use several mathematical tools to estimate their bridge’s carrying capacity and strength to weight ratio and will then submit their bridge to mechanical testing to determine its failure point. CHMS has three teams attending the competition. Wish us luck!

We are excited to have a CHMS team for the Middle School March Madness (MSMM) Volleyball Season/Program. We are joining a program with other schools that is already in its third season, and growing in size each year. The month-long program offers students daily volleyball practice after school, with round robin games each Wednesday with other participating schools. The season will culminate with a jamboree the first week of April.

The school’s greenhouse is host to 1000 onion sets and over 200 spinach and lettuce seedlings. We are hoping for this fresh produce to be ready for student consumption by the end of April/beginning of May. We are always looking for volunteers to help with the CHMS community garden. If you are interested, please contact me by calling 434-2188.

## Call balls and strikes for Browns River Little League

The Browns River Little League, which serves Jericho and Underhill children, is looking for umpires this season! There will be an organizational meeting on Thursday, April 13 at 6:30 PM in the Deborah Rawson Memorial Library program room. The league offers support and equipment, a flexible commitment, and no in-depth knowledge is required, just an interest in baseball and helping kids and their families. Teens and adults, men and women are all welcome. If you’re interested or want more information, contact Bob Robbins, [robbins@together.net](mailto:robbins@together.net) or 899-2436. Season runs Saturday, May 6 to mid-June. Come out and join the fun!

## Spring Benefit for the Jericho Town Library

By Phyl Newbeck  
Special to the Mountain Gazette

All the arts will align on Saturday, April 8 when the Emile Gruppe Gallery in Jericho hosts a \$15/person benefit for the Jericho Town Library. Visual arts, literary arts, culinary arts, and music will all be part of the celebration, which will take place from 6:00 – 9:00 PM.

Last year, Librarian Colleen Korniak held the library’s first mid-winter benefit. “It was minus 14,” she said, “and although we had a sold-out show, the timing was a little tricky. We’re hoping an April event will be more accommodating.” Last year’s benefit was also held at the Emile Gruppe Gallery. “I was searching for an intimate location,” Korniak said, “and one day I was picking up vegetables from Jericho Settlers’ Farm and talking to Emilie Alexander and I looked around and realized it was a wonderful space.”

The Emile Gruppe Gallery was established in 2003 in a converted 1860s sheep barn. It houses a permanent exhibit of the painter for whom it was named, as well as rotating exhibits of local and regional artists. Proprietress Emilie Alexander was the Jericho Town Librarian from 1999 to 2006 and subsequently served on the board of trustees for five years. She recently formed a *Friends of the Jericho Town Library* group to help support fundraising events. “There are eight to twelve active members,” said Korniak. “It’s a wonderful group.”

The musical entertainment for the benefit is *Swing Noire*, whose music is described as gypsy jazz, hot swing, and jazz manouche. The quartet has played at venues across the state including First Night Burlington and the Burlington Discover Jazz Festival. *Swing Noire* is comprised of David Gusakov on violin, Rob McCuen on solo guitar, Jim McCuen on double bass, and Jared Volpe on rhythm guitar. “When you curate an event, you consider the room and the audience,” said Korniak. “The space is small so we needed a band without a drum kit. Some people will be talking and others will be dancing so we needed a band that was great as both foreground and background.” Korniak thinks the lively music of *Swing Noire* will be perfect for both the time and location. “We might want to shake off some of mud season,” she said.

The spring benefit will have a cash wine bar but patrons can sample free hors d’oeuvres created by board members, chocolate from Snowflake Chocolates and Moonshadow Sweets, and a cheese and vegetable platter from Jericho Settlers Farm. All the food is 100% locally sourced. “It will be healthy and abundant,” Korniak said.

In 2016, the benefit included a successful silent auction and that event will be repeated this year. There are at least 25 items including local artwork, a Jericho Settlers’ Farm CSA share, massages, and other services including a free chimney cleaning courtesy of Brickliners. Additionally, the library is selling 125 raffle tickets for two round-trip flights on JetBlue. The raffle tickets can be purchased before the event and those entering do not have to be present at the benefit to win.

“In an increasingly digital world, I am focusing on building community face-to-face, inspiring patrons to engage in educational and social opportunities at the Jericho Town Library,” Korniak said. “By creating services and programs that are community focused, the library has grown into a place where individuals of all ages gather to explore, interact, learn, and imagine.” Last year’s benefit sold out in three weeks and Korniak is hoping this year’s event will be equally popular. All proceeds will go towards the library’s summer programming including the summer celebration, which features dance and theater performances and live music for over 200 attendees. “We’re able to do a lot thanks to this event,” Korniak said. “We’ve really increased the quality of our programming.”

## Nominations sought for Community Leadership Award

Nominations are being accepted for the 2017 Con Hogan Award for Creative, Entrepreneurial Community Leadership. Now in its third year, the annual award is a tribute to Con Hogan’s life’s work and commitment. It intends to encourage and reward leaders who share his vision of a better Vermont – one that places the highest value on the public good – and who seize the responsibility for making that vision real by using data and measurement, monitoring a plan of action, and making adjustments along the way. The \$15,000 award may be spent however the selected individual chooses.

The award honoree will be selected by a committee of individuals with a broad range of interests and experience including health and human services, the arts, government service, early care and education, agriculture, and civic duty. The honoree will have demonstrated the following characteristics: a track record of making a difference, focus on data-driven results, community connection, generosity, and enthusiasm. The honoree must be an individual who is a Vermont resident and has not previously received the award.

Nominations will be accepted through the Vermont Community Foundation’s website until 5:00 PM on Thursday, June 29, 2017. The award will be presented at a public ceremony on October 4 in Montpelier. For more information or to submit a nomination and to learn more about Con, visit [www.vermontcf.org/conhoganaward](http://www.vermontcf.org/conhoganaward).

*Ahhhhh, mid March through April: late Winter.  
What some places outside Vermont call Spring.  
~ Bernie Paquette, Jericho*

## Clarks honored



*At the Underhill Town Meeting, Randy and Kitty Clark were taken by surprise when it was announced that they were being recognized by “The Citizens of Jericho and Underhill, Vermont Award of Appreciation for more than 100 years of combined service to the Underhill-Jericho Fire Department.” Since that time the Clarks have received over 300 acknowledgements via Facebook, emails, telephone calls, and in person. Managing the surprise award and announcement was a joint effort by Jim Carroll and Wendall Farrell, Joe Carroll (no relation to Jim) of WCAX for the Super Senior segment; Jericho Cafe and Tavern and Snowflake Chocolates for certificates; to Kathy Breen; and Kitty and Randy’s son, Randy.*

PHOTO CONTRIBUTED

## Applications open for Caring For Canopy grants

The Vermont Urban and Community Forestry Program (VT UCF) is now accepting applications from municipalities and non-profit organizations for the 2017 *Caring for Canopy* grant program. The deadline to apply is Friday, April 14.

The grants, which are designed to support the development and implementation of sustainable, local, community tree management programs, require a 50-50 match. The match may be in the form of cash, services, or in-kind contributions.

A total of \$40,000 in funds is available with the maximum amount per project \$5000. Projects must fall into one or more of the following categories: tree planting, tree maintenance, street and park tree inventories, creation or maintenance of a streetscape plan, public outreach or program development and training for staff and volunteers.

Canopy mini-grants also are available for smaller projects costing \$1000 or more such as local VT Arbor Day events and activities, volunteer training, or purchase of trees, equipment, or promotional or reference materials. Up to \$500 will be awarded per project with a 50% required match from the grant recipient.

Applicants may only apply for one grant per year and will be notified by late May if their application is successful. Information may be found at <http://go.uvm.edu/ucf-canopy-grants>.

Funds will be awarded by July 1. Projects must be completed by June 30, 2018.

Contact Danielle Fitzko at 802-598-9992 or [danielle.fitzko@vermont.gov](mailto:danielle.fitzko@vermont.gov) with questions about the grant application. For project development questions, contact Elise Schadler at 802-651-8343, ext. 508, or [elise.schadler@uvm.edu](mailto:elise.schadler@uvm.edu).

## WNRCD tree, shrub, perennials, and trout sales

The Winooski Natural Resources Conservation District is holding its annual fundraiser, offering beautiful native and ornamental trees, shrubs, and perennial plants to the public. We offer a wide selection of species for home, garden, and conservation projects. We offer several locally sourced species that are perfect to attract pollinators and birds. All proceeds from this fundraiser are used to develop and implement on-the-ground projects that protect our natural resources, including riparian and shoreline buffers, stormwater mitigation projects, fish habitat restoration, culvert replacements, and so much more.

Place your orders now for the Winooski NRCD’s 34<sup>th</sup> Annual Tree Sale. Visit the District’s website for an order form and detailed information on the available selection at [www.winooskinrcd.org](http://www.winooskinrcd.org). In addition to a great selection of native plants, fruit trees, and berries, this year we will offer Brook Trout and Rainbow Trout to stock your private pond.

We have limited quantities of certain species and orders will be processed on a first come, first served basis – so order early! We are also looking for volunteers to assist with sorting items and helping patrons. At the event pickup day – Saturday, April 29 – there will be displays on conservation projects, invasive species, and so much more. Anyone interested in volunteering or setting up a display can email [info@winooskinrcd.org](mailto:info@winooskinrcd.org).

Proceeds from both sales allow us to provide high-quality conservation implementation, education and outreach, and technical assistance to the public. For more information and to access the order form, please visit [www.winooskinrcd.org](http://www.winooskinrcd.org).



4-H NEWS AND NOTES

Winners announced for 4-H Horse Quiz Bowl



The top 10 winners in the Senior Division, ages 14 and older, show off their ribbons at the conclusion of the annual state 4-H Horse Quiz Bowl, Saturday, March 11 in Chester. Front row (from left): Kassidy Wyman, Cambridgeport; Betsy Coburn, Castleton; Dyani Jones, Jericho; Hailee Blades, Jeffersonville; Olivia Suker, Shrewsbury. Back row: Alexia Diaz, Rutland; Nicole Stewart, Bomoseen; Faith Ploof, Essex Junction; Callon Fish, Rutland; Courtney Bronson, Shoreham.

PHOTO BY AMANDA TURGEON

Four Vermont 4-H teens earned a place on the state 4-H horse quiz bowl team by achieving the highest overall scores in the Senior Division, ages 14 and older, in statewide competition on Saturday, March 11.

The annual state 4-H Horse Quiz Bowl was held at Green Mountain Union High School in Chester. It was sponsored by University of Vermont (UVM) Extension 4-H and Windsor County 4-H and attracted 91 participants. In addition to the quiz bowl competition, many of the 4-H’ers also donated decorated cakes for a silent auction, with proceeds to be used for the purchase of prizes for the raffle at the Vermont 4-H Horse Show in July.

Placing first to fourth in the Senior Division were Olivia Suker, Shrewsbury; Hailee Blades, Jeffersonville; Dyani Jones, Jericho;

and Betsy Coburn, Castleton. Their high scores earned them spots on the state team that will represent Vermont at the Eastern National 4-H Horse Round-up in Louisville, KY in November.

Other seniors finishing in the top ten, starting with fifth place, were: Kassidy Wyman, Cambridgeport; Courtney Bronson, Shoreham; Callon Fish, Rutland; Faith Ploof, Essex Junction; Nicole Stewart, Bomoseen; and Alexia Diaz, Rutland.

Four individuals competed in the Novice Senior Division for 14- to 18-year-old contestants, who are either new to 4-H or participating in 4-H horse quiz bowl for the first time. Placing first in this division was Madison Zimmermann, Northfield; followed by Olivia Campbell, Randolph; Makayla Laflam, Vernon; and Rylie Zager, Gill, MA.

The top 10 scorers in the various age groups in the Junior Division, in order of placement, were as follows:

12 and 13: Chloe Barewicz, Jericho; Emma Cushman, Barre; Grace Parks, Essex Junction; Jasmine Beenen, Addison; Allison Tourville, Georgia; Tanya Wheeler, Wilmington; McKenna White, Whiting; Zoe Chaves, Chester; Bella Joly, Essex Junction; Weston Cutts, Brookline.

10 and 11: Emeillia Gomo, Chester; Emma Rubin, Jericho; Anna-Lise Cooledge, Westford; Grace Trahnstrom, Menden; Shiane Wheeler, Wilmington; Summer Le, Colchester; Shyanne Wedge, Shoreham; Emily Flanders, Mt. Holly; Megan Carson, Windham; Natalie Noyes, Cambridgeport.

8 and 9: Adaline Ploof, Essex Junction; Sophia Schifilliti, Colchester; Dominique Cave, Poultney; Garrett Cutts, Brookline; Abigail Frappier, Benson; Natalie Douglass, Saxtons River; Viola Brown, Vernon; Kyrrah Maynard, Wilmington; Calli Sprague, Grafton; Lucy Palmer, Cavendish.

Assisting with the event were 4-H teens Chelsea Carcoba, Danville; David Gringeri, West Haven; Arin Kenyon, Chester; Catherine Thrasher, Rupert; Alexis Walker, Westford; Brianna Wardwell, Hartford; and Holly Weglarz, Hartland.

For more information about the Vermont 4-H horse program and events, contact Wendy Sorrell, UVM Extension 4-H livestock educator, at [wendy.sorrell@uvm.edu](mailto:wendy.sorrell@uvm.edu).

VT 4-H’ers in the State 4-H Sheep Educational Tour



Five 4-H sheep club members visited a farm supply store and farm in Addison County as part of the State 4-H Sheep Educational Tour on Saturday, March 25. They were: (front) Caroline Hobbs, Hinesburg; (back row, from left) Corinna Hobbs, Hinesburg; Max Crossman, Whitehall, NY (quizmaster); Cyrus Tyler, Richmond; and Raymond and Jarod Bushey, both from Addison.

PHOTO BY TREVOR HOBBS

Jarod and Raymond Bushey of Addison, Caroline and Corinna Hobbs of Hinesburg, and Cyrus Tyler of Richmond participated in this University of Vermont (UVM) Extension 4-H event. The Bushey brothers are members of the Critter Creek 4-H club, while the other 4-H’ers belong to the Hinesburg 4-H Club.

The day began with a behind-the-scenes tour of Depot Farm Supply in Leicester where the group learned about the business and observed how livestock feed is produced, packed, and shipped. They also had a lesson on how to read feed bag labels and the various minerals and other components for a better understanding of the nutritional value of different feeds.

The next stop was SDG Farm in Whiting, owned by Jonathan and Janelle Ashley. The Ashleys raise Navajo-Churro and Soay sheep for meat, wool, and starter flock sales as well as show. The 4-H’ers toured the farm to learn about these rare heritage breeds.

Following lunch, the sheep club members participated in a mini-quiz bowl at the farm, answering questions on sheep breeds, feeds, anatomy, flock health, lambing, sheep showmanship, and marketing, among other topics. Max Crossman of Ewetopia Farm, a Cotswold sheep operation in Whitehall, NY, served as quizmaster.

The event was coordinated by Wendy Sorrell, UVM Extension 4-H livestock educator, and members of the State 4-H Sheep Committee. To learn more about the 4-H sheep program in Vermont, contact Sorrell at [wendy.sorrell@uvm.edu](mailto:wendy.sorrell@uvm.edu) or 802-651-8343, ext. 513.

COMING EVENTS

Wednesday, April 5

**Vermont and the Civil War**, 7:00 PM, Brick Meeting House, Westford Town Common, 1685 VT Rt. 128, Westford. From Cedar Creek to Gettysburg, Vermonters were central to the Union cause. Renowned Vermont author and Civil War historian Howard Coffin will address the Vermont contribution to the Civil War. Vermont sent more than 34,000 into the Civil War. 5194 Vermonters were either shot, mortally wounded, or died from disease during the war. Join us as we learn of the services, and sacrifices, that Vermont soldiers provided to the Civil War effort. Free, open to the public, and accessible to those with disabilities. Information: Caroline Brown, 802-878-8890 or [carolinebrown802@myfairpoint.net](mailto:carolinebrown802@myfairpoint.net).

Thursday, April 6

**Free Community Soup and Bread Supper**, 4:30 – 6:30 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex. Stay at the church to enjoy a quick, easy, and delicious meal with friends and family, or pick up to take home. Choose from a variety of hearty soups and breads plus a sweet dessert. Donations are not expected, but are welcome. Call Pastor Steve Anderson for more information, 879-4313.

**Panel discussion: Nothing to Fear**, 6:00 – 8:00 PM, Main Street Landing Film House, 60 Lake St., Burlington. A discussion on anxiety and its management across the lifespan. Joseph Lasek, MD; Michelle Fane, MS, LCMHC; and Kristin Allosso, MS, LCMHC.

Saturday, April 8

**Bunco at the Barn at Smuggs**, 6:00 – 10:00 PM, The Barn at Smugglers’ Notch, Jeffersonville. Silent auction, prizes, raffle, cash bar. Social hour 6:00 – 7:00 PM; games begin at 7:00 PM. Sponsored by Cambridge Area Rotary. Tickets \$15 available at Jack F. Course Inc., Cambridge Village Market, The Varnum Library, Union Bank in Jeffersonville, or call Anita Lotto, 802-793-0856.

**Maximizing Your Use of Census Records**, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen,

Colchester. Learn how to get the most family information from census images, as well as where to find U.S., Canadian and state censuses. All classes \$5; parking and entrance are across from the State Police Building. For information: [www.vtgenlib.org](http://www.vtgenlib.org) or 802-310-9285.

**Robins!** 10:00 – 10:45 AM signing, meet and greet; 11:00 AM storytime, Phoenix Books Essex, 21 Essex Way, Essex. Celebrate spring with Eileen Christelow and a storytime featuring her new book, **Robins!** Narrated with humor and filled with kid-pleasing details, this is a fascinating account of how robins grow up. Eileen Christelow has written and illustrated numerous best-selling picture books including ten popular stories about the Five Little Monkeys, **Letters from a Desperate Dog**, and **Vote!** She lives with her husband in Dummerston, VT. Free. For all ages. For information, [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 872-7111.

**Poetry Society of VT Reading**, 2:00 – 4:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join members of the Poetry Society of Vermont for a celebration of National Poetry Month! Founded in 1947, PSOV is an association of poets and supporters who join in promoting an interest in poetry through meetings, workshops, readings, contests, and contributions to the society’s chapbook. This will be the fifth annual PSOV reading at Phoenix Books Burlington. Free. Information: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

Sunday, April 9

**Sunday Brunch**, 9:00 – 10:30 AM, VFW Post 9653, Pleasant St., Morrisville. Benefits the Auxiliary to Post 9653. Adults, \$10; kids under 10, \$5.

Tuesday, April 11

**Caveat**, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join George Osol and Onion River Press for the launch of **Caveat**, an exciting action suspense novel that tells the story of a journey that is as chilling as it is compelling, with twists and turns that will keep readers on the edge of their seats! **Caveat** is the premiere title from Onion River Press, Phoenix Books’ new publishing program. Free and open to all. Information: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

Wednesday, April 12

**Green Mountain Chapter of the Embroiderers’ Guild of America**, 9:30 AM, Living Room/Dinning Room, The Pines, 5 Aspen Dr., S. Burlington. All abilities welcome. We will be learning ribbon embroidery. First meeting is complimentary. Bring a bag lunch. Car-pooling available from many areas. Information: 372-4255 or [gmc.vt.ega@gmail.com](mailto:gmc.vt.ega@gmail.com).

**Building for a Gilded Age**, 7:00 PM, Brownell Library, Essex Junction. Middlebury College architecture professor Glenn Andres explores how the U.S. asserted itself architecturally on the world stage around the turn of the twentieth century, a time of bold experiments, proud philanthropy, and a desire to rival the Old World in splendor. Part of the VT Humanities Council’s First Wednesdays program. Free and open to the public.

Thursday, April 13

**Culture, Power & Difference in the Middle Grades**, 4:00 – 5:00 PM, Stearns Performance Space, Johnson State College, Johnson. JSC associate education professor Kathleen Brinegar will discuss her research on cultural responsiveness in middle-level education. Free and open to the public. Information: [www.jsc.edu/news-events/events/faculty-lecture-series](http://www.jsc.edu/news-events/events/faculty-lecture-series).

Saturday, April 15

**Volunteer Work Party**, 9:00 AM – 2:00 PM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Help prepare the Museum for the open season – trail maintenance, hanging art, digital records, touch-up painting – opportunities for all. Come for an hour or all day, alone or with a friend or family. Please pre-register and we will make sure to have sandwiches for you. More information: 434-2167, [museum@birdsofvermont.org](mailto:museum@birdsofvermont.org), or [www.birdsofvermont.org](http://www.birdsofvermont.org).

**Brave Little Finn**, 11:00 AM, Phoenix Books Essex, 21 Essex Way, Essex. Join Farmer John and Laddie the sheepdog for a special storytime to celebrate springtime and Easter. John Churchman is an artist, photographer, and farmer, bringing stories to life with his enchanting photo-illustrations. He and coauthor Jennifer

COMING EVENTS

Churchman have made their home on a small farm in Essex with their daughter Gabrielle. They are the authors of **The SheepOver** and **Brave Little Finn**. Free. For all ages. For information, [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 872-7111.

Tuesday, April 18

**Making Beer**, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Bill Mares and Todd Haire for a talk on their new book, a delightful journey through the craft-brewing revolution of the last four decades. Mares has been a homebrewer for over forty years and has authored or co-authored fifteen books. Haire has brewed professionally for over twenty years, including stints as head brewer at Magic Hat and Switchback breweries. Tickets \$3 per person include a coupon for \$5 off the featured book. Coupons expire at closing the evening of the event. Seating is limited. Information: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

Thursday, April 20

**An evening of poetry**, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Celebrate National Poetry Month at a reading with Tony Whedon, Barbara Murphy, and David Cavanagh. Tony Whedon’s new book **The Hatcheck Girl** vividly describes border crossings where language, culture, and states of consciousness collide. Barbara Murphy’s **Almost Too Much** both tactfully and relentlessly interrogates our human experience in these dehumanizing times. The poems in David Cavanagh’s **Straddle** explore the perils and possibilities in living on borders, both physical and psychic. Tickets \$3 per person include a coupon for \$5 off the featured book. Coupons expire at closing the evening of the event. Seating is limited. Information: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

Saturday, April 22

**Searching for your English Ancestors with FindMyPast**, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Don’t just watch “Who Do You Think You Are.” bring what you know to the Vermont Genealogy Library and we’ll help you start your search. All classes \$5; parking and entrance are across from the State Police Building. For information: [www.vtgenlib.org](http://www.vtgenlib.org) or 802-310-9285.

**Fresh-Picked Poetry: A Day at the Farmers Market**, 11:00 AM, Phoenix Books Burlington, 191 Bank St., Burlington. Celebrate National Poetry Month, Earth Day, and the start of farmers market season with Amy Huntington, illustrator of the new book **Fresh-Picked Poetry**. After we read together, you will get to walk around our specially set up mini farmers market and explore the fresh fruits and vegetables! Amy Huntington illustrated **Grandma Drove the Garbage Truck**, **Grandma Drove the Snowplow**, and **Grandma Drove the Lobsterboat** among others. This event is presented in partnership with City Market. Free. All ages welcome. Information: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

**Italian Genealogy Roundtable**, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Don’t just watch “Who Do You Think You Are.” bring what you know to the Vermont Genealogy Library and we’ll help you start your search. All classes \$5; parking and entrance are across from the State Police Building. For information: [www.vtgenlib.org](http://www.vtgenlib.org) or 802-310-9285.

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COMMUNITY COLUMNS

The Old Woman – Chapter One

By Sue Kusserow  
Special to the Mountain Gazette

My name is Old Woman. I have thought of predicating it with “The” but that may make it formal and that is not my intent. I suppose I could go back to my real name, but then everyone would know me and I couldn’t snuggle into my fantastical anecdotes without being discovered. And that would spoil all the fun of escaping from a slightly sour world.

If I use the pseudonymous label of Old Woman, then I suppose I would legally have to go through all my records starting with my birth certificate... and my mother. My mother, whom I still try and emulate, had the maternal blindness of DNA, pride and optimism, which can politely be called a form of selectivity... a pause in a person’s ability to separate fact from wishes. We all know the kindly hormonal ministrations of oxytocin that get mixed up with all the other fluids... and fluidities... at birth.

I have so much to tell you... and since you are the only one who seems to be reading, I guess I should distinguish among fact, fable, and fragments. I am a female: a rather dried, amorphous specimen, but solidly in the right check box. I have some leftover traces of what we used to call beauty: a swaying walk, but not too much; practical working nails that testify to a lot of: hand-, shirt-, plate-, plant-washing. It has been suggested that I get my real nails hidden, with each new talon painted bright pink. I can’t imagine anything worse. I have observed common workers with tiny clouds, stars, and fairies etched on the middle finger, to the point where it seems cruel to ask them to type. My hands are permanently embossed with vegetable garden moss-green, a doggie-bath-blue in the brook in the back yard, and the yellow sandpaper quality for which no hand lotion has yet been invented.

Historical note: The category of female has floated merrily through various times, themes, foibles, and justifications, so that even my solid old-fashioned definition has some ragged edges, not to mention the whole fabric being torn in half. But this is where my old age allows me to state a category and it stays where it is: implacable, immovable, and usually wrong. Some words and titles are not even expected of us “oldsters” and may even jostle us out of our social constructs. (My daughter is an anthropologist and she says this means: what people build to hold up their culture and then give it status by calling it Truth.)

So now we go to the “Old” part. That should be easy, but, of course, it isn’t. Old: as defined in numbers, or attitude, or a cultural construct, or on a continuum from well to sick? I could just tell you how many years I am, but that would bind you into your own mind set, and not let me go into mine except by shock, surprise, or upset as we both try and avoid the stereotypes that have been busy establishing themselves over the years. How about: “What do you think old age means?” You never knew me, or don’t remember, when my hair was my own color and style, my skin was fresh, and my limbs didn’t have to look first at every place where I wanted to go. I am of-the-moment to you. You do not have to deal with my personal bête noir: looking in a mirror and feeling the shock of collective recognition that drags me forward a few years. And, like all of us, our personal definitions vary with the dentist appointment, the grandkids howling over my mistake in calling Twitter: Tweeter, the clerk in the grocery store who smiles and calls me Honey as she carefully packs the Ensure on top of the eggs. Definitions certainly vary with the degree of disability. Does blindness make one “old?” Disabled – yes. Adjustable – maybe. Courageous – when there is no choice. I suppose, if I am to be honest, sometimes we oldsters do use our disabilities to collect soothing sympathies. I, myself, know that I limp more when the Honey-Clerk takes the bag of Ensure and eggs to the car. (Just don’t overplay it; don’t lose the rhythm, or what might have been a dash of empathy turns into a spectacle sport.)

Robert Browning wrote a poem, *Rabbi Ben Ezra*, in which he says invitingly:

*Come grow old with me,  
The best is yet to be.  
The last of life for which the first was made.*

I know Old Women shouldn’t use modern, unseemly retorts, but: What crap! We all wish we could go backwards in time, but not too far... and not burdened by such an obvious rationalization.

Of course, I could have been an old lady (O L) but the connotations of that are immense. In order to have it work, one needs to have been elegant once; trained in deportment, carriage, meaningless speech, and soothing dresses of material proper to the time of day and the activity. In its once-superb nuances, but now slightly-withered present, it can be impressive. But too often, due to having limped off the runway at an earlier age, it has become useless and therefore pejorative. Of course, there are those labels that are gender specific: bachelor and spinster, both with the Victorian smell of old clothes and biases. Senior Citizen and oldster seem to push us into a gently toxic category.

So, I guess you’ll have to define “old” on your own. As long as you are comfortable with it, so am I. The definition of comfort gives it very little squawking room, so I think we can continue...

5K Fun Run benefits  
VNA Respite House

Mark your calendars and join the VNA (Visiting Nurse Association of Chittenden and Grand Isle Counties) for the 5K Fun Run & Jiggety Jog on Saturday, May 13, at a new location this year: Malletts Bay School, 609 Blakely Rd., Colchester.

Join us to run, walk, jog, bike, and stroll to raise money for the new McClure Miller VNA Respite House. Check in opens at 8:00 AM and the race starts at 9:00 AM.

Registration is now open at <https://www.vnacares.org/event/vermont-respite-house-5k-fun-run-jiggety-jog/>. You may register yourself or a team. Set up a pledge page and get friends and family to sponsor you during the event. Raise more than \$1000 and you will become a member of the Jiggety Jog Club!

For more information: [www.vnacares.org](http://www.vnacares.org).

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Developing your child’s  
sixth sense: humor

By Lewis First, MD  
Chief of Pediatrics at UVM Children’s Hospital

As many of you may have heard, WPTZ NewsChannel 5 Chief Meteorologist Tom Messner has been so interested in what I have had to share on my *First with Kids* television segments that he has decided to give up reporting the weather and apply to med school. I, in turn, have begun to take courses in meteorology so we can switch places but keep our jobs on myNBC5.

Okay, April Fool’s! And speaking of April Fool’s Day, what a great opportunity to remind everyone about the importance of humor in your children’s lives.

Humor is one of the best ways for a family to connect. It makes life fun for children and for parents. It teaches a child to be spontaneous and not to take themselves too seriously. Studies even suggest that children with a good sense of humor are happier, have higher self-esteem, are more liked by peers, are less stressed, and are better able to handle the adversities of life in childhood and beyond.

In addition, people who laugh are healthier, less likely to be depressed, better endure pain, and may even have an increased resistance to illness. Yet children are not born with a sense of humor; they need to develop one. And parents can help.

How can you do this? A baby can’t understand humor but knows when you are smiling and happy. When you make a funny face, your baby will sense your joy and even try to imitate you.

Toddlers love the surprise humor of games like peek-a-boo. A preschooler loves a funny picture like a cow in sunglasses and may begin to enjoy noises from bodily functions, especially if they bother you.

Children of school age love wordplay and being able to tell simple jokes and riddles. As they get older, like me, they may start to use puns and other forms of wordplay. Wit and sarcasm may also appear at this age and move into adolescence.

The bottom line is that if you can be playful and humorous with your child, they will be with you too. Be aware of what your child finds funny and then go there; and when your child tries to be funny, even if their joke doesn’t work, praise them for trying to be funny. It’s also important to set boundaries on humor since too much bathroom humor is not a good thing. So parents, be good role models in how you use humor in front of your children.

Hopefully tips like this will be more than a laughing matter when it comes to helping your children find their sense of humor.

*Lewis First, MD, is chief of Pediatrics at UVM Children’s Hospital and chair of the Department of Pediatrics at the Robert Larner, M.D. College of Medicine at UVM.*

Easter services and events

Join Farmer John and Laddie the sheepdog on Saturday, April 15 at 11:00 AM, Phoenix Books Essex, 21 Essex Way, Essex for a special storytime to celebrate springtime and Easter. John Churchman is an artist, photographer, and farmer, bringing stories to life with his enchanting photo-illustrations. He and coauthor Jennifer Churchman have made their home on a small farm in Essex with their daughter Gabrielle. They are the authors of The SheepOver and Brave Little Finn. Free. For all ages. For information, [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 872-7111.



Join Farmer John and Laddie the sheepdog on Saturday, April 15 at 11:00 AM, Phoenix Books Essex, 21 Essex Way, Essex.

PHOTO CONTRIBUTED

Join Catalyst Church for a Community Easter Sunrise Service with free continental breakfast following at 6:30 AM, then stay for our multi-sensory celebration at 9:00 AM! This is going to be such an incredible time and there will be a photo booth before and after the service for families to get their pictures taken. Catalyst is at 100 Raceway Rd., Jericho. Information: 899-2949 or [catalystvt.org](http://catalystvt.org).

Sterling Ridge’s 5<sup>th</sup> annual Easter Egg Hunt is Saturday, April 15, 4:00 PM at Sterling Ridge Resort, 155 Sterling Ridge Dr., Jeffersonville. Lots of prizes, candy, and other surprises. Find a Golden Egg and get a special prize. All are welcome! Meet at the front office to get a map. No advance sign-up required. Sponsored by Smugglers’ Notch Area Chamber of Commerce. For information, 644-8265 or [www.SterlingRidgeResort.com](http://www.SterlingRidgeResort.com).

Easter Sunrise Summit Service – conditions permitting, the Sterling Lift will transport attendees up the mountain free of charge to participate in a non-denominational service and Easter message by a local minister. Lift loading begins at 6:00 AM and ends promptly at 6:30 AM. For more information, <https://www.smuggs.com/pages/winter/skide/winter-events.php>.





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Monday 4:00 - 8:00 PM  
Tuesday - Thursday  
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11:00 AM - 8:30 PM  
Sunday  
4:00 - 8:00 PM

**899-3718**

Route 15, Jeri-Hill Plaza  
Jericho

State of the art maple syrup equipment was on display and in operation during the recent VT Maple Open House 2017 at Moose Mountain Maple, an operation with 18,500 taps on Butler Lane in Underhill. Maple was celebrated with complimentary – and traditional – sugar-on-snow as well as waffles with maple syrup. The Butler family has collected maple sap on this property for six generations.

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Must be signed for attribution with writer’s address and phone number.

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**Area Worship Services**

**JERICO CONGREGATIONAL CHURCH**  
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Sunday School at 9:30 am for all ages  
Fellowship at 10:30 am  
Youth group 6:15 pm Sundays in our Sunday school building  
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899-4911; [officejcc@comcast.net](mailto:officejcc@comcast.net); [www.jccvt.org](http://www.jccvt.org)

**MOUNT MANSFIELD UNITARIAN  
UNIVERSALIST FELLOWSHIP**  
A Liberal Spiritual Community 195 VT RT 15, Jericho, VT 05465  
Phone: 899-2558 [website www.mmuuf.org](http://www.mmuuf.org)  
We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Road)  
All are welcome.

**ST. THOMAS ROMAN CATHOLIC CHURCH**  
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Deacon: Peter Brooks Religious Ed. Coordinator: Laura Lynch Wells,  
899-4770 Parish Secretary: Theresa Gingras Phone: 802-899-4632,  
[email: office@stthomasvt.com](mailto:office@stthomasvt.com), Website: [www.stthomasvt.com](http://www.stthomasvt.com)

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[www.becauseyoumay.com](http://www.becauseyoumay.com)



# Health workshops sponsored by Northwestern Medical Center

**Cancer Exercise Rehab Group**, ongoing every Tuesday and Thursday, 11:00 AM – 12:30 PM, NMC Rehab gym, Cobblestone Building. A physical therapy evaluation is required to assure that the client is able to participate. This class pinpoints the common needs of patients. This includes decreased range of motion, decreased strength, cancer related fatigue and lymphedema. Wendy Lawrence, certified NMC Oncology Rehab Physical Therapist. Preregistration required; 524-1064 to register or for more information. Free for the first eight weeks, then \$40 for open gym access.

**Prenatal Fitness**, Wednesdays, 5:30 – 6:30 PM, NMC Wellness & Fitness Room. Free prenatal exercise sessions to strengthen and prepare you for a successful birthing experience. Join other moms as we lead you through a customized routine designed to make you feel energized and confident. Please consult a physician before beginning this exercise program. Stephanie Preedom, AFPA. Pre-registration required; contact Stephanie, 802-288-1141 or [stephanie.preedom@gmail.com](mailto:stephanie.preedom@gmail.com) to register or for more information. Free to Northwestern OB/GYN patients.

**Program Now Enrolling First Time Mothers** – Franklin County Home Health Agency’s Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced-based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child’s second birthday. Nurses provide support, education, and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

**Healthy Weight Support Group**, every Monday, 12:00 – 12:30 PM, Northwestern Medical Center, Grand Isle Room. This weekly support group for those working on weight management combines behavioral and nutritional strategies to increase physical activity and decrease calorie intake. It will provide you with techniques to help you manage your eating behaviors. Come 15 minutes early for a weight check. Speakers Kay Tran, Registered Dietitian, MS, CDE, and Leslie Gardzina, Registered Dietitian, Northwestern Medical Center. Free. No registration required, just drop in to attend.

**Healing Circle Cancer Support Group**. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Held the first Tuesday (April 4) of every month, 4:30 – 5:00 PM socializing, 5:00 – 6:30 PM meeting, NMC Conference Franklin Room. Please call 802-524-8479 with any questions or to RSVP (not required). Free.

## Zail Berry joins VNA

Visiting Nurse Association of Chittenden and Grand Isle Counties (VNA) is pleased to announce that Zail Berry, M.D., MPH, FACP, has joined the agency in the role of Associate Medical Director, Hospice and Palliative Care Services. Working alongside Medical Director Jaina Clough, M.D., Dr. Berry will oversee the delivery of clinical care to individuals facing life-limiting illness in the community and at the newly expanded McClure Miller VNA Respite House in Colchester.

Dr. Berry is one of Vermont’s foremost experts in the practice of palliative medicine and end-of-life care. She came to the state in 1996 as an Attending Physician at the Aesculapius Medical Center, Fletcher Allen Health Care (now UVM Medical Center). She was the founding Medical Director of Fletcher Allen Health Care’s Palliative Care Program and the Co-Medical Director of Hospice of the Champlain Valley (now VNA Hospice and Palliative Care Services). For the past 13 years, Dr. Berry has been an Associate Clinical Professor at The Robert Larner, MD College of Medicine at the University of Vermont.



**Have you lost a loved one to suicide?** If yes, please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. Second Thursday of every month, 6:00 – 7:30 PM. For more information on dates, times and location or to answer any questions you may have call Tony at 802-393-6503.

**Chronic Disease Support Group Workshops, Healthier Living Workshop** – held at various locations and dates. Are you or someone you know living with a chronic health condition? Then this workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. Each session is 2½ hours once a week, for six weeks. Pre-registration required; contact Deb Robertson, 524-1031 or [drobotson@nmcinc.org](mailto:drobotson@nmcinc.org). Free.

**Grief and Recovery Support Group** – Experiencing a loss can be painful to face alone. Franklin County Home Health’s Grief and Recovery Support Group serves as a safe place to share feelings with others who are coping with grief. This support group is offered free of charge to anyone who would like to talk to others and help one another. It also provides a resource for grief education in our community. The group meets the first and third Wednesday of each month from 7:00 – 8:00 PM at the Franklin County Home Health office in St. Albans, 3 Home Health Circle. For more information and to pre-register, contact Lori Wright, 527-7531.

**Shadows Of The Moon Autism Support Group** – for 1:1 phone support, please call Cheryl, 802-868-3658, or Laura, 802-849-2817.

**Alzheimer’s Support group** – This group for those with Alzheimer’s and caregivers, family members, and friends meets the last Tuesday of each month at NMC in the Green Mountain Room from 6:00 – 7:00 PM. For information, contact Amanda Wilson, 527-7531.

**Parkinson’s Support Group** – open to those with Parkinson’s and their caregivers, including family and loved ones. Monthly meetings can provide an open forum to share experience with others who are coping with the disease, gaining education, and support. Second Tuesday of each month, 10:00 – 11:30 AM, Pillsbury Senior Community, 3 Harborview Dr., St. Albans. Wheelchair accessible. Free; pre-registration not required; for information, contact Pat, 802-524-5520 or Judy, 815-895-2312.

**Free monthly events for pregnant and nursing moms: Breastfeeding Moms Group**, first Wednesday of each month, 10:30

## Be injury-free this spring

By Mary Kintner, D.C., R.N.

Working on your home this spring? Few activities are more satisfying. However, an injury can turn a satisfying activity into a miserable one with sometimes long lasting consequences. Work on your home and garden safely and enjoy the fruits of your labor! Common injuries include fractures, sprains, sunburn, and blisters. By using some simple steps and common sense procedures, you can more easily avoid these problems.

Begin by stretching your body before any activity. An injury is more likely to occur to someone inflexible and not “warmed up.” A simple walk around your property can get your blood flowing, which helps loosen the muscles.

Organize your work are so you have what you need when you need it. Arrange your equipment in a way to reduce risk of tripping and falling.

Use the right tool for the job – e.g., don’t use a knife as a pair of scissors. Make sure your equipment is functioning properly – e.g. don’t use frayed cords, be sure ladders are properly secured. Cutting tools should be sharp. These measures will help reduce your risk of getting injuries such as electrical shock, broken bones, cuts, and bruises. Wear protective gear such as gloves, knee pads, safety goggles, etc.

To prevent sunburn, work in the shade, and wear sun block and a hat with a brim. If stinging insects are present, wear protective gear and insect repellant. Be sure your footwear is adequate for the job at hand - don’t climb a ladder in flip flops!

AM – 12:00 PM. Meet once a month for snacks, crafting activities, making baby blankets, and get information from the experts. Free; call 393-6591 for location and to pre-register. **Breastfeeding and Infant Massage Group**, second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting. Free; no registration necessary. **Latch On! Discussion Group**, third Saturday of each month, 10:00 AM – 12:00 PM, Family Birth Center, NMC. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other Moms. Free; no pre-registration necessary.

**Baby Bumps Support Group for Mothers and Pregnant Women** – Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group lead by an experienced pediatric registered nurse. This group is for both pregnant women and mothers. Second and fourth Tuesdays of the month from, 5:30 – 6:30 PM, Birthing Center, Northwestern Medical Center, St. Albans. Free; for more information and to pre-register, contact Rhonda Desrochers at Franklin County Home Health Agency, 802-527-7531. This free program is presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the VT Department of Health.

**Foot Clinics** – Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg. To schedule an appointment, please call our office at 802-527-7531. The cost for Foot Care Clinics is \$20.

**Who’s Your Person, What’s Your Plan? – End of Life Planning**. We plan for all life’s milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. Planning for end-of-life starts with understanding your care options, including hospice and palliative care options. An advance directive can provide this information for your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available on a new website for the Start the Conversation statewide initiative, [www.starttheconversationvt.org](http://www.starttheconversationvt.org). Call Franklin County Home Health Agency to learn more about hospice and palliative care options, 802-527-7531, or visit our website [www.fchha.org](http://www.fchha.org).

Keep ergonomics in mind. Use equipment that is ergonomically designed and sturdy. When lifting, use your legs and lift close to your body. Bend at the knees so your legs can do the work. If you need to turn, especially when carrying something, turn your whole body by turning your feet first (not at the waist). Reduce repetitive motion injuries by taking breaks every half hour or so.

Make sure you keep well hydrated by drinking water every 15 – 30 minutes. Coffee, tea, milk, beer, etc. are not water and will not adequately hydrate your body. Quit when you are tired! More injuries happen at the end of the day when you are fatigued. Quitting early saves time when contrasted to an injury or trip to the emergency room.

If you are injured, stop what you are doing. Use first aid when appropriate. If you have a blister or minor cut, clean, cover, and elevate it. If it is bleeding profusely, seek immediate medical attention. If you are stung by an insect, rinse the site, and apply a baking soda paste or plantain (a common weed) as a poultice. Sunburn is best treated by getting out of the sun. Minor sunburn can be treated by applying cool, not cold, water or aloe vera gel. If you get a painful sunburn that blisters or bleeds, seek medical attention. If you have a bruise or pulled muscle “RICE” it, that is rest, ice, compress, and elevate. The same applies to strains and sprains. Chiropractic care may be beneficial because it treats the musculoskeletal system. A properly aligned body is more resistant to injury.

Working on your home and garden should be fun and rewarding. Take care of yourself by putting safety first and preventing injuries.

## UNITED WAY VOLUNTEER OPPORTUNITIES

**By Sue Alenick, United Way Volunteer Columnist**  
**Give the gift of time. Volunteer!** United Way of Northwest Vermont’s mobile-friendly Volunteer Connection search platform connects you to hundreds of volunteer needs with local nonprofits. Search by age, date, county, or interest; find nonprofits by causes that are important to you. Now volunteers have even more ways to stay connected to community needs. Go to [www.unitedwaynwvt.org](http://www.unitedwaynwvt.org), [galaxydigital.com](http://galaxydigital.com) or contact [volctr@unitedwaynwvt.org](mailto:volctr@unitedwaynwvt.org) or 860-1677.

**ADVOCATES NEEDED – Prevent Child Abuse Vermont** needs volunteers to help advocate for children in Franklin and Grand Isle Counties. No experience is needed and training will be provided. About six hours a month per child is required. Volunteers should be comfortable working within the court system on behalf of children. Contact Mary Fletcher Stanley, 498-0612 or [mstanley@pcavt.net](mailto:mstanley@pcavt.net).

**HALF MARATHON – RunVermont** is gearing up for its Saturday, April 8 Half Marathon from Airport Park in Colchester to Switchback Brewing in Burlington. Many volunteer opportunities are available, and volunteers will receive complimentary food and drink ticks. Contact Chuck Spear, 863-8412 or [volunteer@runvermont.org](mailto:volunteer@runvermont.org).

**BOOKMOBILE – Franklin Grand Isle Bookmobile** is looking for volunteers for two upcoming events in Swanton: At *Big Rig Day*, a special Bookmobile event, there will be tons of trucks in the Swanton Municipal Building lot and volunteers will to hand out stickers and sell tickets to upcoming fundraisers, facilitate a scavenger hunt, direct people to and from the Elementary School activities, and pick up coffee for truck drivers – Saturday, April 8, 8:30 AM – 12:30 PM; and a *Taco Party Fundraiser* will take place Saturday, April 22, from 2:00 – 5:00 PM with lots of food, fun, prizes, and more, and volunteers can sell tickets, direct people through the food line, staff activities, set up games, etc. Contact Deb Grennon, 868-5077 or [fgibookmobile@yahoo.com](mailto:fgibookmobile@yahoo.com).

**SPRING IS COMING! – The Burlington Dismas House** is looking for volunteers to help prepare for their annual May plant

sale. Volunteers are needed to help dig and transplant plants on Tuesdays and Fridays, three-hour shifts (9:00 AM – 12:00 PM or 1:00 – 4:00 PM). Contact Zoe, 658-0381 or [zoe@dismasofvermont.org](mailto:zoe@dismasofvermont.org).

**MEALS ON WHEELS – Meals on Wheels** volunteers deliver hot, nutritious meals to homebound elders and visit with recipients to be sure that all is well. Drivers pick up food at a central location and deliver to locations along assigned routes.

• **Age Well** is looking for drivers specifically in Milton, Swanton, Highgate, and Vergennes and they cover other sites throughout Chittenden, Franklin, and Grand Isle Counties. Contact Erica Marks, 865-0360 or [emarks@agewellvt.org](mailto:emarks@agewellvt.org).

• **The City of Winooski** is looking for drivers for local Winooski routes; contact Barb Pitfidio, 655-6425 or [seniorcenter@winooskivt.org](mailto:seniorcenter@winooskivt.org)

• **Essex Meals on Wheels** is looking for drivers in Colchester, Essex, Jericho, Underhill, Williston; contact Karen Hershberg, 878-7681 or [karenhershberg@myfairpoint.net](mailto:karenhershberg@myfairpoint.net)

**“TWICE IS NICE” – Hinesburg Community Resource Center’s Twice is Nice** thrift shop needs volunteers to help run the shop and educate the public about its mission to respond to the needs of Hinesburg residents. Volunteers serve two to three hours and make sales, tidy the shop, accept donations, put out new merchandise, etc. Training provided. Contact Rachel Kring, 482-4946 or [hinesburgfoff@gmail.com](mailto:hinesburgfoff@gmail.com).

**HEALTH OFFICE – John F. Kennedy Elementary School** in Winooski needs a volunteer to assist the school nurse in the Health Office between 8:15 AM - 12:30 PM throughout the school year. Volunteers greet students, sign them in, and help maintain order. Contact Elizabeth Parris, 383-6040 or [eparris@wsdschools.org](mailto:eparris@wsdschools.org).

**A FRIENDLY VISIT – Cathedral Square Corporation** invites volunteers to spend an hour or so a week with a senior living in Hinesburg. Share a cup of tea and some good conversation. Contact Beth Alpert, 859-8818 or [alpert@cathedralsquare.org](mailto:alpert@cathedralsquare.org).

Volunteer continued on page 5

## SPIRITUAL DIRECTION

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LIBRARY NEWS

**DEBORAH RAWSON MEMORIAL LIBRARY, UNDERHILL**  
FOR CHILDREN AND FAMILIES  
StoryHour Wednesdays and Thursdays at 10:30 AM. Drop in for stories, songs, projects, and a nutritious snack! This month’s theme is Math. No registration required.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library’s programs, call 899-4962.

**JERICHO TOWN LIBRARY**  
COMMUNITY PROGRAMS & EVENTS AT JTL

Spring Benefit Concert For Jericho Town Library – Saturday, April 8, 6:00 – 9:00 PM at the Emilie A Gruppe Gallery. Guests aged 21 and up are invited to sip wine and enjoy a special concert by Vermont-based Gypsy jazz band *Swing Noire*. Call it what you may... Gypsy jazz, hot swing, jazz manouche. In any case *Swing Noire* invokes the energy of a swingin’ jazz club and transports audiences back to the early days of jazz with their unique take on Hot Swing in the spirit of Django Reinhardt and Stephane Grappelli. Vermont’s acoustic, Hot Club style quartet, *Swing Noire* makes music that “will entrance and surprise you.” Tickets cost \$15 per person and include complimentary hors d’oeuvres as well as artisan cheeses and chocolates. There will be a cash wine bar and silent auction, with all proceeds from the event benefitting the Jericho Town Library. Tickets to the library’s Spring Fling Benefit are available online. Please visit the JTL website for more information and to purchase tickets: [www.jerichotownlibraryvt.org](http://www.jerichotownlibraryvt.org).

Transition Town Jericho (Second Monday each month): April 10, 5:30 – 6:30 PM. Transition Town is a worldwide initiative to inspire communities to come together to explore the practicalities of rebuilding local resilience and reducing carbon emissions. There are thousands of towns involved in this effort and several active chapters in Vermont! Come learn about Transition Town movement with trained Transition facilitator Laura Markowitz and discuss the possibilities for Jericho!

Poetry Workshops with Mary Jane Dickerson, 6:30 – 8:00 PM, Mondays, April 10, 17, and 24 with additional individual sessions with MJD at times to be scheduled at her house from April 26-29. On May 1, from 6:30 – 8:00 PM, will be the public reading of our work and favorite poems from others in the community at the Deborah Rawson Memorial Library. This year’s topic is “Weather – Inside and Out.” For complete information and to register please contact Mary Jane Dickerson, [marydickers@comcast.net](mailto:marydickers@comcast.net).

Wildlife Tracking for Kids and Adults: First Wednesdays, April-August, 10:30 AM. Have you ever been in the woods and wondered, “Who’s been here?” Are you curious about what wildlife lives on your land? Join Mike Kessler on a multi-sensory adventure in wildlife tracking. This once monthly workshop is designed for all ages (Pre-K-adult). Animal tracking connects us with nature in a way that engages both our bodies and minds. Learn how to use your senses to locate clues, read signs and tell the stories of the landscape. Shine or rain. Dress for all weather. Workshop begins at the Jericho Town Library and will explore the surrounding grounds and the Green.

**YOUTH PROGRAMMING AT JTL**  
**DUNGEON & DRAGONS:** Wednesdays, 4:30 – 6:30 PM. This group is led by adult Dungeon Master Dana VanHorn. No experience necessary but a commitment to the group is needed in order to follow the on-going story line.

**LEGO Club:** Thursdays, April 6 and 20, 4:30-5:30 PM. Lego, Lego, Legos! Join us for Lego missions, competitions, activities and more! Grades K-6. Please note: younger children must be accompanied by an adult.

Baby Yoga (ages 0-1): First Friday monthly series: Friday, April 7, 3:00 – 4:00 PM. Join early childhood educator, certified YogaKids instructor, and mama Meredith Bartolo for once-monthly parent/baby yoga. Happy baby, flying baby, and dancing baby are all a part of this baby yoga workshop! We will spend time getting flexible with our babies, stretching them and ourselves. There will be postures for babies that may help

with things like colic and gross motor skills, and postures for caregivers that will focus on strengthening and stretching overused muscles and general relaxation. No yoga experience or equipment necessary. Space is limited and pre-registration is required. Please email [sharingcircleeducation@gmail.com](mailto:sharingcircleeducation@gmail.com).

New! Tot Yoga (once monthly Third Friday series): Friday, April 21, 3:00 – 4:00 PM. Join early childhood educator, certified YogaKids instructor, and mama Meredith Bartolo for this once monthly parent/toddler yoga. Come stretch, wiggle, move, and groove with Tot Yoga! Two- and three-year-olds are invited to come do some fun yoga poses and relax on a cloud while singing songs, hearing stories, and playing games together. No prior yoga experience necessary! Space is limited and pre-registration is required. Please email [sharingcircleeducation@gmail.com](mailto:sharingcircleeducation@gmail.com).

**ALL LIBRARY PROGRAMS ARE FREE AND OPEN TO THE PUBLIC.**  
**NEWS FROM THE JTL BOARD OF DIRECTORS**

Board meetings are held the second Monday of every month at 7:15 PM at Jericho Town Library. Everyone is welcome to attend.

For more information on programs and library services, please visit our website at [www.jerichotownlibraryvt.org](http://www.jerichotownlibraryvt.org) or give us a call at 899-4686.

**VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE**

Story Hour and Crafts with LN, every Thursday, 10:00 – 11:00 AM. Come hear stories from a gifted and talented storyteller, and she does a craft with kids!

Weekly Crafting Circle, Mondays, 5:00 – 7:00 PM. Come and enjoy fiber and fabric with craft novices, as well as folks who have enjoyed handwork arts for their lifetimes! Have a project you’re already working on? Bring it in and share your expertise and enthusiasm.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; [thevarnum@gmail.com](mailto:thevarnum@gmail.com). Please visit Varnum Library’s website, <http://thevarnum.org>.

Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

**WESTFORD PUBLIC LIBRARY**  
Early Literacy Storytime for birth to preschool age children is every Thursday, 11:00 AM. No registration needed. Several stories around a theme, and a theme-based craft. All ages and levels of attention are encouraged to come. Don’t worry if they fidget – they are still getting a lot out of it!

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website [www.westfordpubliclibrary.wordpress.com](http://www.westfordpubliclibrary.wordpress.com); email [westfordpubliclibrary@gmail.com](mailto:westfordpubliclibrary@gmail.com). Like us on Facebook. 878-5639, Bree Drapa, Librarian.

**RICHMOND LIBRARY**  
Knit Night, Wednesdays, 6:30 – 8:00 PM. Bring your knitting project and join other knitters in the Mezzanine Lounge. Don’t knit? Then bring your tatting, crochet, embroidery, needlepoint, quilting, or whatever is keeping your hands busy!

Lego Club: Come join other Lego enthusiasts. We have lots of Legos to build with and our collection is growing thanks to donations from the community. Lego Club is appropriate for youth age 5-10. No registration is required, just come play on Wednesdays from 3:00 – 4:00 PM.

Early Bird Math is an interactive math literacy story time for young children and their caregivers. Through books, songs and games, children are exposed to numbers, counting, shapes, measurements, and many other early math concepts, and will enjoy a chance to play with their peers. Join Wendy in the Community Room on Fridays at 11:00 AM.

Browse [www.rfl.kohavt.org](http://www.rfl.kohavt.org) to discover new audiobooks, movies, and books for all ages! The catalog will also search downloadable ebook and audiobook titles from ListenUp Vermont.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); [www.richmondfreelibraryvt.org](http://www.richmondfreelibraryvt.org).

Open Monday and Wednesday, 10:00 AM – 8:00 PM, Tuesday and Thursday, 1:00 – 6:00 PM;

Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM.

**FAIRFAX COMMUNITY LIBRARY**  
All events are free unless noted. Pre-registration encouraged. Call or email [libraryprograms@fwsu.org](mailto:libraryprograms@fwsu.org).

Just a reminder: For the safety of our staff and patrons, the library will likely be closed when there is severe winter weather. If in doubt, we urge you to call ahead and see if we are open. If you get the answering machine during normal open hours, we are likely closed. You can also check our *Facebook* page for announcements.

We love our volunteers! They help with shelving, pulling reserved books, processing new books, repairing old books and other tasks and projects. The library is looking for 2 people to take the place of “retiring” volunteers. The days we’d like to fill are: Tuesdays starting anytime, and Thursday and Saturday starting in May. Usually volunteers stay for 1 – 2 hours, and those hours can be anytime we are open. (Tuesday and Thursday hours are 8:30 am – 8:00 pm, Saturday hours are 9:00 – 1:00.) We provide training. A quick and free background check is required if you are here during school hours. This is a great way to help others, gain experience, and support your local library! Most volunteers find the work soothing and even fun. If you love libraries, and have time, this could be the thing for you! If you are interested, please contact Debbie at the Library. 849 – 2420 or [fairfaxlibrarian@gmail.com](mailto:fairfaxlibrarian@gmail.com).

**Youth Events**  
Wednesday, April 5, 3:00 – 4:00 PM: LEGO Club. Ages 6+ enjoy themed Lego play after school. Please register.

Thursdays, April 6, 20, 3:15 – 4:15 PM: READ to a DOG. Kids ages 5-10 can read a book of their choice to a fuzzy, friendly dog. Call to reserve a 15-minute slot.

Thursday, April 6, 6:00 – 7:00 PM: PJ Story Hour. Kids age 0-6 listen to themed stories, followed by a craft and snack. Thanks to Building Bright Futures for this wonderful program.

Monday, April 10, 3:00 – 4:00 PM: Afternoon: Fairy Gardens. Kids 6+ will create miniature gardens using natural elements and live plants/seeds. Must register.

Tuesdays, April 11, 18, 25, 9:30 – 10:30 AM: Preschool Story Hour. April 11: Music Special with Caitlin. April 18: Earth Day and Recycling. April 25: Favorite Authors. Join us for themed stories, songs, and activities for ages 0-6. No registration necessary for story hour.

Wednesday, April 12, 3:00 – 4:00 PM: Gigi

Priebe, author visit. Meet the author of the children’s series *Henry Whiskers* and have a chance to get your own autographed copy of her newest book. Plus make a mousey craft that ties in to the story.

Saturday, April 15, 10:30 AM – 12:30 PM: Egg Hunt Fun. Have your picture taken with the Easter Bunny, drink some cocoa and make a spring craft after the Egg Hunt in the Rec Park.

Monday, April 17, 3:00 – 4:00 PM: Lab Girls. This new club empowers young women to explore science through hands-on experiments and activities. For grades 6-12. This month students will look at their own DNA with a microbiologist. Must register.

Wednesday, April 19, 3:00 – 4:00 PM: STEM club: Kids age 6+ will begin a series on “six simple machines”. Must pre-register.

**Adult Events**  
Thursdays, April 6, 20, 7:00 – 8:00 PM: French for Adult Beginners. Join Alana Torraca for conversational French lessons for beginners this winter/spring. Classes began February 2 and will run on first/third/fifth Thursdays through April 20. \$5/class. Ages 18+.

Thursday April 13, 6:30 – 8:00 PM: Non-Fiction Book Group discusses the Vermont Reads 2017 pick *Brown Girl Dreaming* by Jacqueline Woodson. Free copies available at the library that you may keep! In this important book of prose, Woodson looks back at her childhood in America as a person of color and her journey to become a writer.

Saturday, April 22, 9:00 – 11:00 AM: Tech Help. Get help with individual tech questions. You can ask any tech question and/or bring in a device with which you need help. You will be ably assisted by our techie, Josiah. Call to reserve a half hour time slot, or drop in.

Saturday, April 22, 10:00 AM – 1:00 PM: Art Bop. Libraries across Franklin County are hosting an Art Bop. Travel from library to library and see wonderful art displays, sales, and hands-on art activities. Our library will host several artists from right here in Fairfax, plus enjoy live bluegrass music by *The King and Captain!* This family friendly event will also include a kids’ art table.

Thursday, April 27, 6:00 – 8:00 PM: Film Screening and Discussion with Black Lives Matter. Watch a portion of a film about Martin Luther King Jr. and the Civil Rights movement, followed by a time of discussion and storytelling with Black Lives Matter Vermont.

Library News continued on page 6

[ THE WOMEN’S CENTER ]

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Volunteer continued from page 4

**BE AWARE!** – April is Sexual Violence Awareness Month and **H.O.P.E. Works** is looking for volunteers to help staff tabling events and talk to people about the organization’s services and (hopefully!) get donations. Training provided. Contact Federica Velutini-Hoffman, 864-0555 or [Federica@hopeworksvt.org](mailto:Federica@hopeworksvt.org).

**MENOR! MENTOR!** – **Watershed Mentoring** is seeking mentors for school aged children and adolescents that are “at promise” in Franklin County. Community based mentors meet with a school-age youth, age 5-18, for an hour or two in the community year round; school-based mentors meet with a child during school lunch and recess for an hour a week while school is in session. Your time and friendship are the most valuable resources you can share with a child in need! Contact Beth Crane, 527-5049 or [lneed@shelburnemuseum.org](mailto:lneed@shelburnemuseum.org)

**WALK FOR COTS** – **COTS** annual walk is set for Sunday, May 7, and they are in need of volunteers to help with set up, traffic control, registration, mascots (to wear the Ben & Jerry’s Moo mascot costume and Vermont Ted E. Bear costume), data entry, and more. To join the fun, contact Sian Leach, 864-7402 or [sianl@cotsonline.org](mailto:sianl@cotsonline.org).

**MARATHON** – **RunVermont and The People’s United Bank Vermont City Marathon** bring together over 1700 volunteers for race weekend (May 26-28). Volunteers monitor the course for safety, hand out race bibs and t-shirts, provide water, and more. Volunteers receive an official t-shirt and are entered to win cool raffle prizes. Groups are encouraged to volunteer together. Call 863-8412 or [volunteer@runvermont.org](mailto:volunteer@runvermont.org).



LETTER TO THE EDITOR

For God and country... and clarity’s sake

**To the Editor,**  
Bob Dole, Mitt Romney, George H. W. Bush, hell; even Nixon and Goldwater did it. They all released a financial disclosure of one kind or another when they ran for President. That’s not to say that all of the disclosures were the same, because frankly – they weren’t. But that’s not the point. The point is that each they had enough respect for the public to make some version of a disclosure public.

The current president argues that his finances by comparison are “so complex” that mere mortals would shutter when presented with the details of the Trump financial empire. Trump has come to believe that his personal finance issues are effectively a trade secret. One which must be guarded from the unwashed masses.

As best as I can tell, every nominated presidential candidate of the modern political era starting with 1952 (Eisenhower v. Stevenson) has disclosed some version of their finances. When necessary politicians of both parties have placed their finances under the control of somebody else; like a financial advisor, or used a blind trust to avoid the appearance of unethical behavior while in service to God and country. This is an ordinary exercise for people of financial means who wish to serve in public life. People who wish to serve in public life understand that this is a requirement of their service and has been for time and memorial. Service in high office in any government is a privilege and not a right.

Financial disclosure is just part of the job. Disclosure is about as routine an activity in public life as one can imagine. It has been an expectation for people seeking appointments of one kind or another for as long as anyone can remember. We do this because we want to be sure that appointees and compromised in one way or another. Disclosure has been an essential part of the toolkit used in vetting Democrats and Republicans alike.

It isn’t unreasonable to expect that any potential relationships should be considered in the crucible of electoral politics. Donald Trump is a zillionaire. He comes to the Presidency as a very wealthy man. He will leave the White House even wealthier. As a result of events occurring while he serves as President he will likely increase his wealth. It is very difficult to believe that his financial dealings in real estate were somehow more difficult to address than say the Bush family’s involvement in oil and energy with Halliburton or the government of Saudi Arabia. The general public has the right to review the financials of candidates if for no other reason than it permits them to consider with whom a candidate’s does business and associates’ with. For those reasons I asked my neighbors to support a non binding resolution.

NOTE: Richmond and eight other towns passed similar non-binding resolutions requiring financial disclosure for all presidential candidates beginning with the 2020 election cycle. Steve May is a member of the Selectboard in Richmond, and requested this non-binding resolution as an individual and not in his role as an elected member of the Selectboard.

**Steve May  
Richmond**

VT Folklife Center to hold first Non-Fiction Comics Mini-Fest

Join the Vermont Folklife Center on Sunday, April 23 from 10:00 AM – 4:00 PM for the first Non-Fiction Comics Mini-Fest. This event is free and open to the public at our ADA accessible headquarters at 88 Main St., Middlebury.

From science to politics, history to health care, cartooning has recently exploded as a legitimate medium for exploring non-fiction topics and the textures of lived experience. This day-long event presents a diverse assortment of Vermont cartoonists engaged in non-fiction work, including political cartoons, memoirs, and diaries, and covering such topics as science, graphic medicine, energy security, cooking, and much more!

In addition to an opportunity to meet and chat with the exhibiting cartoonists, the Non-Fiction Comics Mini-Fest also features three panel discussions:

*Cartooning and Place: On Being a Vermont Cartoonist:* Comics legends Steve Bissette (SWAMP THING, TYRANT) and Rick Veitch (SWAMP THING, EUREKA COMICS) will join Stephanie Zuppo (LADYBROAD LEDGER) and Rachel Lindsay (RACHEL LIVES HERE NOW) in a discussion on how place affects the life and work of cartoonists.

*Diary Comics: A Conversation with James Kochalka and Isaac Cates:* Vermont’s first Cartoonist Laureate James Kolchalka will be interviewed by comics scholar Issac Cates of the University of Vermont about his diary comic, *American Elf*.

*Cartoonists’ Perspectives on El viaje mas caro/The Most Costly Journey Project:* Angela Boyle (AWESOME POSSUM), Glynnis Fawkes (ALLE EGO), Iona Fox (ALMANAC) and Kevin Kite (HURRY UP PLEASE IT’S TIME) will talk about their participation in *El viaje mas caro/Most Costly Journey*, a project to create comics as a health outreach tool for Latin American migrant workers in Vermont’s dairy industry ([www.vermontfolklifecenter.org/elviaje](http://www.vermontfolklifecenter.org/elviaje)).

Stop in and meet local cartoonists, check out their work, and learn about how comics can describe our world, teach us, and tell stories of everyday life. For more details see [www.vermontfolklifecenter.org/non-fiction-comics-minifest](http://www.vermontfolklifecenter.org/non-fiction-comics-minifest).

COLLEGE NEWS AND NOTES

**Matthew Blow** of Jericho, VT has been named to the fall 2016 Dean’s List at Hobart and William Smith Colleges in Geneva, NY.

**Dakota Brosseau** of Jeffersonville, VT, a student at Delaware Valley University in Doylestown, PA, traveled to Denmark for spring break to study abroad with students from Tradium. This is the third year DelVal has sent students to Denmark. Tradium will send students to DelVal in the fall. During their exchange in Denmark, DelVal students sat in on classes such as basic Danish, Danish welfare, history, marketing, and doing business in Denmark. They also visited Randers Rainforest, Marselisborg Palace, Moesgaard Museum, The Old Town, Hvidsten Kro, and visited with the Mayor of Randers.

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The library is open Monday and Wednesday 8:30 AM – 5:30 PM, Tuesday and Thursday 8:30 AM – 8:00 PM, Friday 8:30 AM – 3:15 PM, Saturday 9:00 AM – 1:00 PM.

For up-to-date info about programs, visit our website: [www.fairfaxvtlibrary.org](http://www.fairfaxvtlibrary.org), where you can also find a link to the interactive Google calendar.

**DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON**

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Preschool Story Time: Tuesdays, 10:30 AM. Includes a simple craft activity. February 21: At the Beach. All ages.

Preschool Music: Mondays, 11:00 AM with Peter Alsen; and Thursdays, 10:30 AM with Marcie Hernandez. Up to age 5 with a caregiver. No pre-registration. Limit one session per week per family.

Thursday Playtime: Thursdays, 11:00 AM – 12:00 PM. Preschoolers and their caregivers are invited for an informal playtime following our Preschool Music program. For children birth to age 5. Presented with Building Bright Futures.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, [www.williston.lib.vt.us](http://www.williston.lib.vt.us).

**BROWNELL MEMORIAL LIBRARY, ESSEX JCT.**

Tuesdays, April 4, 11, 18, 3:15 – 4:00 PM: Read to Daisy. Daisy loves to listen to kids read. She is certified by Therapy Dogs of Vermont. Daisy’s owner is Maddie Nash, retired school counselor. For all ages.

Tuesday, April 4, 3:30 – 4:30 PM: LEEP (Library Elementary Event Planners, formerly MPH) will meet. For middle school students.

Wednesdays, April 5, 12, 19, 26, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Reservation required. Please call 878-6955 at least 24 hours in advance.

Wednesday, April 5, 3:30 – 4:30 PM: Learning about Nonviolence. The Peace and Justice Center presents *Learning about Nonviolence: Children’s March of 1963*. Explore the planning and implementation of the Children’s March of 1963 in Birmingham, AL. In between watching age-appropriate excerpts from *Mighty Times: The Children’s March*, participants of all ages will explore Kingian Nonviolence (and more) through discussion and song.

Thursdays, April 6, 13, 20, 3:15 – 4:00 PM: Read to Archie. Archie loves to listen to kids read. He is certified by Therapy Dogs of Vermont. Archie’s owner is Christine Packard, Chair of Brownell Library Trustees. For all ages.

Fridays, April 7, 21, 10:00 – 10:30 AM: All Ages Story Time Come listen to Picture Book Stories and have fun with puppets, finger plays, and rhymes.

Friday, April 7, 3:00 – 4:30 PM: TAB. Teens will get together to talk about the Pun-Off and relax. Snacks served. For high school students.

Friday, April 7, 6:00 – 8:00 PM: Magic: The Gathering. Whether you know the game or are curious to find out more, come have tons of gaming fun!

Saturday, April 8, 1:00 – 3:00 PM: Engineer for a Day. Ever wonder what it would be like to be an engineer? Come and try it! This month, you will be an aeronautical engineer working to design the world’s most cutting-edge plane. Your job will be to develop a paper prototype that can travel as far as possible. At the end, you will present your design to the group! Recommended for grade 6 and up.

Mondays, April 10, 17, 10:30 – 11:15 AM: Spanish Musical Kids. Join Constanca Gómez, an experienced Spanish teacher, for this interactive Spanish musical class for kids. This class will have activities to keep little ones and parents moving.

Mondays, April 10, 17, 24, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Bring in your new gadget or gizmo and Clif will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Monday, April 10, 6:30 – 7:30 PM: Must Read Mondays! Hidden Figures by Margot Lee Shetterly. Starting in World War II and moving through to the Cold War, the Civil Rights Movement, and

the Space Race, Hidden Figures follows the interwoven accounts of Dorothy Vaughan, Mary Jackson, Katherine Johnson, and Christine Darden, four African American women who participated in some of NASA’s greatest successes. It chronicles their careers over nearly three decades they faced challenges, forged alliances, and used their intellect to change their own lives, and their country’s future. Pick up a copy of the book at the main desk.

Tuesdays, April 11, 18, 25, 9:10 – 9:30 AM: Story Time for Babies and Toddlers. Picture books, songs, rhymes and puppets for babies and toddlers with an adult.

Tuesdays, April 11, 18, 25, 10:00 – 10:45 AM: Story Time for Preschoolers. Picture books, songs, rhymes, puppets, flannel stories, and early math activities for preschoolers.

Wednesday, April 12, 9:00 – 10:00 AM: Red Clover Group for Homeschooled Students. Each month, students in grades K-3 read two titles and did activities with one of the on the list for this year’s Red Clover Award. Voting takes place this time!

Wednesday, April 12, 9:00 – 10:00 AM: Dorothy’s List Group for Homeschooled Students. Each month, students in grades 4-8 hear book talks from this year’s Dorothy’s List. Students keep a log and vote for their favorite to win the Dorothy’s List Book Award this month. Group discussion is encouraged.

Wednesday, April 12, 9:00 – 10:00 AM: GMBA Book Discussion for Homeschooled Students. The group will pick their favorite GMBA book for the year and help with the end-of-the-year party. Voting will happen at this meeting. For grades 9-12.

Wednesday, April 12, 7:00 – 8:30 PM: 1<sup>st</sup> Wednesday Lecture: Building for a Gilded Age. Middlebury College Art and Architecture Professor Emeritus Glenn Andres explores how the U.S. asserted itself architecturally on the world stage around the turn of the 20<sup>th</sup> Century. It was a time of bold experiments, proud philanthropy, and a desire to rival the Old World in splendor.

Fridays, April 14, 28, 10:00 – 10:45 AM: Songs and Stories with Matthew. Matthew Witten performs songs about our world and tells adventurous tales. Funded by the Brownell Library Foundation. For all ages.

Friday, April 14, 3:30 – 5:00 PM: LARP. Live Action Role Play with Sydney is open to all middle and high school students who want to have adventures in a mythical land.

Fridays, April 14, 28, 6:30 – 8:30 PM: Dungeons & Dragons. Embark upon imaginary adventures. Our Dungeon Master, Aiem, serves as the game’s referee and storyteller. Grades 6 and up.

Fridays, April 14, 28, 6:30 – 8:30 PM: Maggie’s Fiber Friday for Adults. Maggie Loftus, veteran knitter, will be settled in front of the fireplace in the Main Reading Room. She invites adult knitters and crocheters to join her with their projects and engage in conversation. Bring patterns to share if you’d like. If you wish to contact Maggie: [6maggie2@myfairpoint.net](mailto:6maggie2@myfairpoint.net).

Tuesday, April 18, 7:00 – 9:00 PM: Brownell Library Trustees Meeting.

Friday, April 21, 3:45 – 7:00 PM: TAB. All teens interested in helping with Essex Eats Out meet at 3:45 PM at the library or at St. James Church by 5:00 PM.

Friday, April 21, 6:30 – 8:30 PM: Family Movie. Free popcorn and drink.

Saturday, April 22, 10:30 – 11:30: Wildlife Encounters. Meet some exotic and North American wildlife up close! Wildlife Encounters is bringing their educational program to learn about these unique animals! A program for all ages! \*Animals used in programs are all non-releasable wildlife either because of injury, legal situations, or they were not born in the wild.

Wednesday, April 26, 3:00 – 4:30 PM: Lego Fun. Participate in fun and friendly building with LEGO. For kids entering K and up. (Kids under 5 are welcome to participate with parental supervision).

Friday, April 28, 2:30 – 3:30 PM: Money Smart Kids. We will read some books and do activities, incorporating ways to be smart with money. For kids grades K-4.

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, email [frontdesk@brownelllibrary.org](mailto:frontdesk@brownelllibrary.org).

PEOPLE IN THE NEWS

Woods appointed clinical director for Howard Center’s First Call for Chittenden County



*Bolton resident Mariellen Woods was recently appointed as clinical director of Howard Center’s newly integrated and expanded crisis program, First Call for Chittenden County. Woods has worked at Howard Center for 15 years, most recently as a coordinator for Howard Center’s Family and Community Programs. She has a master’s degree in Social Work from the University of Vermont and is a licensed social worker (LICSW).*

PHOTO CONTRIBUTED

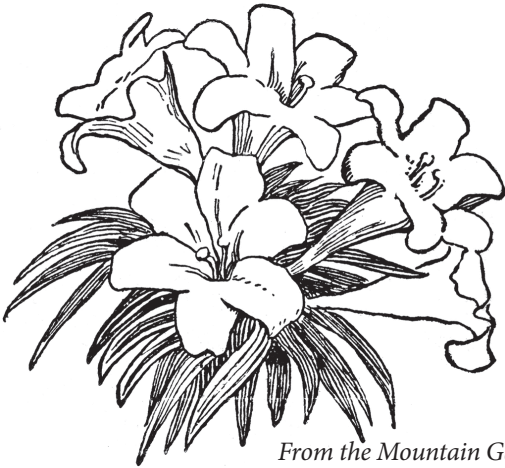
Pleasant Valley Pony Club participated in USPC Quiz rally



*On Saturday, March 25 members of the Pleasant Valley Pony Club had a strong showing in the Western New England Region Pony Club Quiz Rally in Schaghticoke, NY. The United States Pony Club (USPC) mission is to provide a program for youth that teaches riding, mounted sports, and the care of horses. The process develops responsibility, sound judgment, leadership, and self-confidence. Each local club as a non-profit youth organization runs with the support of parents and adult volunteers. These junior equestrians from Vermont and eastern New York participated in USPC Quiz rally where pony clubbers’ knowledge is tested regarding horses, their care, and equine sports. The members participate on teams of three or four individuals with a team captain, without any adult assistance throughout the competition. The participants are divided by age and ability and are scored as both individuals and teams. The Junior D participants took first place, Senior D participants finished in second place, Senior C participants completed in first place. Individual high point scores went to Chloe Barewicz (Junior D Division) and Elle Wise-Bellin (Senior C Division).*

PHOTO CONTRIBUTED

Happy Easter



From the Mountain Gazette



PEOPLE IN THE NEWS

OBITUARIES



**Pauline Paige Irish**, 98, of Westford, VT passed away peacefully on Wednesday, March 22, 2017 surrounded by her loving family at Our Lady of Providence in Winooski, VT. At Our Lady of Providence she received ongoing excellent care from the staff and support from the many residents. Pauline was born December 31, 1918 in St. Albans, VT, the daughter of the late Carl and Helen Leach Paige. She spent her early years in Westford. Following her graduation from Bellows Free Academy in St. Albans, she went on to graduate from Burlington (VT) Business College. On April 17, 1944 she married Parker Irish when he came home on leave from the Army Air Corps. Following his discharge from the military, they together raised their six children in Milton, VT and Essex Junction, VT. Early on she worked for an employment agency and in the 1960s she studied for and obtained her Vermont Realtor’s license. She was a member of the Daughters of the American Revolution (DAR) and member and past Grand Regent of the local chapter of the Catholic Daughters. She was a past Juniorette leader and later a Hospice volunteer. Pauline was a remarkable, independent, selfless woman who converted to Catholicism as a newlywed. Family, friends, and her religion were her top priorities. She kept a daily journal from her childhood until her 90s. She was an avid St. Michael’s College basketball fan. Pauline loved to play board games and had learned to play Bridge in her 70s. She shared Parker’s love of the outdoors and continued to go sledding well into her 80s. A fun-loving, resourceful, extremely capable and adventuresome woman, she traveled to Ireland at 86 years of age where she enjoyed the scenery and the “Taste of Guinness.” Later while visiting Arizona, she was able to hike the Arches. Her most recent “adventure” was “skating” at Leddy Park on February 22 of this year, an outing she thoroughly enjoyed. Pauline is survived by her children, Mary and Dan Tuure, Beth and Art Menut, Bill and Donna Irish, and Patricia and Christopher Westerfield, all of Westford; Stephen and Meg Irish of Half Moon, NY and Colleen and Doug Carruthers of Buckeye, AZ. Her grandchildren include Kim Faris, Stacy Gleason, Joshua Tuure, Erin Menut, Amelia Duffy, Mark Irish, Jessica Esce, Aca and Eric Carruthers, and Christopher and Lauren Irish. She leaves also fourteen great-grandchildren; her brother Carl Paige and his wife Shirley of St. Petersburg, FL; one niece, several nephews, and her very dear friend, Judy Agnew. She was predeceased by her husband Parker Irish in 1986, her brother Hobart Paige, and many special cousins. A Mass of Christian Burial was celebrated on Saturday, March 25, 2017 in Holy Family Parish in Essex Junction. Burial followed in St. Ann’s Cemetery in Milton. Memorial contributions may be made to either Our Lady of Providence in care of the Activities Director, 47 West Spring St., Winooski, VT 05404; or to the Brick Meeting House Restoration Project, make check out to (BMHS), P.O. Box 63, Westford, VT 05494. Online condolences may be made at [www.mi.norfh](http://www.mi.norfh).



**Grace Elizabeth (Sweeney) Mobbs**, 88, passed away on Saturday, March 25, 2017 with her loving family by her side. Grace was born October 6, 1928 in Bolton, VT, the daughter of James and Mary Sweeney. She married the love of her life Raymond on November 19, 1955 at the Holy Rosary Church in Richmond, VT. Grace had been known to many as “Gram.” She owned her own business *Cakes by Grace* for 50-plus years. When she was unable to make cakes any longer she continued to bake other sweets for family and friends. In her last years she loved sewing doll clothes, going to craft shows, and visiting with old friends. She leaves behind her beloved husband, Raymond; a daughter Cathy Blanchard and husband Leonard of Fort Myers, FL; two sons, Daniel of Jericho, VT and Randall and wife Sueanne of Richmond, VT; five granddaughters: Twila Chafai and husband Hicham of Loxahatchee, FL, Kitty Holbrook and husband Jeremy of Milton, VT, Tiffany Mobbs of Richmond, VT, Brittany Mobbs and partner David Molnar of Colchester, VT, Emily Mobbs and partner Kyle Langlois of Concord, NH; six great-grandchildren: Meredith and Megan Holbrook, Selena Molnar, Zakaria and Hana Chafai, and Gracie Jean Robar; her sister Barbara St. Denis of Jericho, VT; very special nieces and nephews, all of Jericho: Mary-Lou and Lucien LaPierre, Craig Chaffee, Brian Chaffee, Derek and Penny Chaffee; her godson James (Jimmy) Sweeney of Texas; her furbabies KitKat, Rapid and George. Visiting hours were held Tuesday March 28 at Gifford Funeral Parlor in Richmond, VT.



**Marcel J Lapointe**, 70, of Jericho, VT / St. Albans, VT passed away Saturday, March 25, 2017 at University of Vermont Medical Center, Burlington, VT after a courageous three-year battle with colon cancer. He was the son of Fernand and Aldora Lapointe. He leaves behind his wife of 50 years, Danielle; his daughter Michelle Allaire, husband Joe and grandsons Kyle and Garret; his daughter Tammy Avonda, husband Bob and grandchildren Travis Clark, Lexy, Tucker, and Tj. Marcel spent his entire life in Vermont, he was truly a country boy, a nemophilist – one who loves forestry, its beauty and solitude. Our family would like to send a special thank you to Dr. Steven Ades, Dr. Carlos Marroquin, nurse Milton and the staff at UVMMC Oncology and Shepardson 4 for all their help and dedication during Marcel’s battle. Funeral services were held on Wednesday March 29, 2017 at Holy Angels Parish, Lake Street, St. Albans, VT. In lieu of flowers please send donations to the Cancer Patient Support Foundation, P.O. Box 1804, Williston, VT 05495.

**Roland M. Wanser**, 81, of Bolton, VT died Thursday, March 23, 2017 at the VNA Respite House, Colchester, VT. Roland was born on January 31, 1936. He grew up in Babylon, Long Island, NY. He served in the U.S. Navy aboard the U.S. Salem and the U.S. Iowa from 1954 to 1956. After his sea duty he was stationed in Boston where he met and married Amelia Ferullo. Later Roland trained to be a glassblower, and retired from IBM in 2001. He is survived by his wife of 60 years Amelia Wabser of Bolton, his son Wayne and his wife Cindy of Milton, VT, his daughter Wendy and her husband Duane Fencyl of Oklahoma City, OK, and his daughter

Joan of Milton; five grandchildren and six great grandchildren. He was predeceased by his mother Virginia (Mott) and stepfather Leonard Wanser, brothers Robert, George, and Leonard Wanser. Per Roland’s wishes there will be no public services held.



**Barbara Jean Brown**, 70, of Chittenden County, VT and more recently of Jericho, VT, passed away on Tuesday, March 28, 2017 at the Vermont Respite House, Colchester, VT. Barb was born September 10, 1946 in Barre, VT, the daughter of the late C. Roy and Eleanor Bushey Batchelder. She attended schools in Plainfield, VT and moved out of state. She lived in many places before she came back to Vermont to be near family. She had many different jobs before she found her final career at Spillane’s Tow Yard as an Administrative Assistant. She was very proud of her work there, and our family would like to take this time to thank Kevin and Stacey Spillane for treating Barb like a member of their family. Some of her favorite days were taking care of their dog, Lilly. Barb is survived by her sons, Gregory Miles of West Palm Beach, FL and James of New Hampshire; brothers, Richard (and wife Carolan) Batchelder of Williamstown, VT, Dale (Karen Brown) Batchelder of East Calais, VT, and David Batchelder of Raleigh, NC; sisters Jane Tolassi of Myrtle Beach, SC, Courtney (Francis Capasso) Chandler of North Kingston, RI, Carol (Jim) Webster of Montpelier, VT, and Laurie (Stephen) Berard of Jericho; many nieces and nephews; and Chester, a little puppy who made her last

weeks more bearable. Besides her parents, she was preceded in death by her sister Beverly Goslant and brother in-law, David Tolassi. The family would like to thank the Cardiac and Oncology Departments of University of Vermont Medical Center. A special place will always be in our hearts for the staff of the Visiting Nurse Association and Vermont Respite House for all their warmth and love. You will all have a special place in Heaven. Memorial Contributions may be made to the VNA Respite House, 3113 Roosevelt Highway, U.S. Rt. 7, Colchester, VT 05446. At Barb’s wishes there will be no services at this time. Online condolences may be made at [www.minorfh.com](http://www.minorfh.com).

**Robert Heath Goss**, 83, of Jericho, VT passed away Monday, March 20, 2017 from complications following a stroke. Born February 28, 1934 to Dean and Della Heath Goss of Barnet, VT, he served in the USAF from 1953-1963, at Pease, Forbes, and Ramey AFBs. He then worked as a contractor, travelling around Europe and the Middle East, meeting his wife of 51 years, Gloria, while living in Chateauroux, France. After returning to Vermont, Bob began a 23-year career with IBM, settling in Jericho in 1974. In his retirement he was a passionate genealogist and diligently worked to preserve records for cemeteries all across VT. He is survived by his wife; three children: Dean and his wife Misty, Tracy and her husband David, and John; three grandchildren: Chris, Jessica, and Orin; sisters Elizabeth and Irene; brother Phillip; and several nieces and nephews. As per Bob’s wishes, the family will hold a private gathering. In lieu of flowers, contributions may be made to the McClure Miller VNA Respite House, 3113 Roosevelt Highway, U.S. Rt. 7, Colchester, VT 05446.

# MOUNTAIN GAZETTE RATES – 2017

The *Mountain Gazette* is the hometown community newspaper for Bolton, Cambridge, Jeffersonville, Jericho, Underhill, and Westford, Vermont.

The *Mountain Gazette* store-delivers 4,500 - Bolton, Cambridge, Jeffersonville, Jericho, Underhill, Westford, Essex Junction, Essex, Essex Center, Fairfax, Huntington, Hinesburg, Jonesville, and Richmond.

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ART / MUSIC / THEATER

Black Comedy, one of two one-act farces coming to Shelburne Town Center



Actors (from left) Carly Bennett, Burlington, Kim Rockwood, S. Burlington, Adam Cunningham, Colchester, and Robert McCarthy, Essex Junction rehearse a scene from Peter Shaffer’s Black Comedy, one of two one-act farces coming to Shelburne Town Center presented by Shelburne Players. In the play described as “an orgy of blind slapstick,” the action supposedly in the dark is illuminated; when the lights are on, the stage is dark. In the second one act play, The Real Inspector Hound by Tom Stoppard, two feuding theatre critics are swept up into the whodunit they are viewing. At the Shelburne Town Center, 5420 Shelburne Rd., Shelburne; performances on April 14, 15, 20, 21 and 22 at 7:30 PM; matinee Saturday, April 15 at 2:00 PM. Open seating tickets \$15; Saturday matinee \$12. Tickets available in advance at Shelburne Market, or by reservation at [www.shelburneplayers.com](http://www.shelburneplayers.com), or 343-2602. PHOTO CONTRIBUTED



These images are part of the exhibit Chagall: Colour and Music at the Museum of Fine Arts in Montreal. The Bryan Gallery in Jeffersonville is offering a bus tour to the museum on Tuesday, May 23. For information and to register (by April 23), go online to [www.bryangallery.org/events](http://www.bryangallery.org/events) by April 21. Valid passport, passport card, or enhanced driver’s license required for border crossings. PHOTO CONTRIBUTED

Bus tour to MFA Montreal for Chagall: Colour and Music

Bryan Memorial Gallery in cooperation with Goodspeed and Bach Travel presents *Chagall In Montreal*, a day trip on Tuesday, May 23 to the largest exhibition of works by Marc Chagall ever assembled in Canada: *Chagall: Colour and Music*. Leaving from both Jeffersonville and Burlington, the bus will depart in the morning, and Bryan Gallery Executive Director Mickey Myers will provide an orientation to Chagall’s artwork en route. Upon arrival at the Museum of Fine Arts in Montreal, lunch will be served at the Beaux-Arts Restaurant of the Museum. Chef Laurent Godbout, owner of *Chez l’Epicier* in Montreal and Palm Beach, is known for his creativity and a cuisine inspired by the tastes of Quebec. After lunch private guides will lead the participants through the exhibition. Featuring 340 works of art and a large selection of documentary works including films, photographs and musical excerpts, this multi-disciplinary exhibition is the first to focus on Chagall’s profound connection to music in his life and work. Through this original approach, the exhibition demonstrates how all of Chagall’s work, from his paintings, sculptures, stained



glass and tapestries, to his creations for the stage and his large-scale decorative and architectural projects, were imbued with musicality. There will be time to explore the exhibition on your own, and to visit other parts of the museum. The return trip to Vermont will have participants home in the early evening. Goodspeed and Bach Trip Director Deb Flanders will manage the trip which includes entrance to the Montreal Museum of Fine Arts, three-course lunch at Beaux-Arts Restaurant; private guided tour of the exhibition *Chagall: Colour and Music*; ticket entrance to the entire museum; tour host and tour manager, luxury motor coach transportation with departures from Burlington and Jeffersonville; gratuity for bus driver and trip manager. To register, go on line to <http://www.bryangallery.org/events> by April 21. Tour registration requires a valid passport, passport card, or enhanced driver’s license to enter Canada. For more information contact Mickey Myers, 802-644-5100 or [mickey@bryangallery.org](mailto:mickey@bryangallery.org).

ART/PHOTOGRAPHY

*CHICKENS!* Contrary to the proverbial wisdom, go ahead and count them! Established and emerging artists are invited to submit one or two pieces of two-dimensional artwork in any medium (including photography) for *CHICKENS!*, an exhibit scheduled for May through August 2017 at the Jericho Town Hall. The only two requirements: The work must depict one or more chickens (yep, roosters are okay), and it must be able to be hung on a wall. Register by April 15; for information and registration: 878-8887 or [blgreene@myfairpoint.net](mailto:blgreene@myfairpoint.net). The exhibit is one of an ongoing series of shows that are part of a collaborative project between the Town of Jericho and a committee of volunteers involved in the arts. The Committee includes Jericho Selectboard member Catherine McMains, artists Dianne Shullenberger and Barbara Greene, and gallery owner Emilie Alexander.

At the Dianne Shullenberger Gallery, 228 Nashville Rd., Jericho, *Delicious Words 2017* will feature writers, a quilter, and desserts Sunday, April 9 and 23, 4:00 PM. Quilter Rosalind Daniels will present her exhibit *Fiber Abstractions*. Three writers will speak: Pam Mac Pherson with *Vigil: The Poetry of Presence*; Maya Parry, with *The Forgotten Feminist: Clarina Nichols*; and Rosa Costellano, with *Low Beating Drum: Voices from the Margin*. Dessert chefs John and Liz Snell provide the “delicious” in *Delicious Words*. \$25 minimum donation benefits C.O.T.S.; RSVP 899-4993 or [vtidianne@hotmail.com](mailto:vtidianne@hotmail.com). Also, Shullenberger will be displaying some of her latest works at the All Souls Interfaith Gathering, 291 Bostwick Rd., Shelburne. The show will run through Thursday, April 6. The exhibition will consist of natural object collage sculptures, fabric collage and colored pencil drawings, all embracing the forms and patterns in nature. For information, [www.dianneshullenberger.com](http://www.dianneshullenberger.com), [vtidianne@hotmail.com](mailto:vtidianne@hotmail.com), or 899-4993.

Emile A Gruppe Gallery presents the Vermont Comic Creators, an arts organization representing over 100 Vermont-based comic book creators, cartoonists, and other artists who make narrative sequential two-dimensional art. The exhibition *The Art of Cartooning* will hang through Saturday, April 15. Gallery hours are Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho. For more information, go online to [www.emilegruppegallery.com](http://www.emilegruppegallery.com) or call 899-3211.

Jericho artist Kathleen Berry Bergeron will offer an intermediate level watercolor painting workshop in Milton on Saturday, April 1, 10:30 AM – 3:30 PM at the Milton Artists’ Guild New Art Center, 199 US Rt. 7 South, Suite 102B, Milton (next to Aubuchon Hardware). Space is limited to 10-12 participants; supplies not included but a recommended supplies list will be provided. Please contact Janice Decooman, [wildflowerweaving@gmail.com](mailto:wildflowerweaving@gmail.com) for information including cost or to sign up.

Bryan Memorial Gallery call to artists for *Land and Light and Water and Air*, a juried exhibit of Vermont and New England landscapes. Deadline: Friday, July 14. Submissions due to the jury by Friday, July 14. The exhibit runs from September 8-November 5. Cash prizes awarded. For complete specifications, please go to [www.bryangallery.org](http://www.bryangallery.org) and click on *Call To Artists*. Bryan Gallery, 180 Main St., Jeffersonville; 802-644-5100 or [info@bryangallery.org](mailto:info@bryangallery.org).

A senior thesis exhibit of work by Johnson State College BFA students will be displayed Monday, April 10-Tuesday, April 25 at the Julian Scott Memorial Gallery and Visual Arts Center on the campus of Johnson State College, Johnson. A reception and talks by artists will begin at 3:00 PM on Wednesday, April 11 in the Visual Arts Center and then move to the Scott gallery in the Dibden Center for the Arts. The artists are Brady Hird, Hannah Leroux, Brittany Miracle, Dani LaPerle, Brendan Walsh, Vanessa Sproates-Horl, and Laurel Hubbert Severance. Open Mondays-Fridays, 10:00 AM – 6:00 PM and Saturdays 10:00 AM – 4:00 PM. Information: 635-1469 or [www.jsc.edu/Dibden](http://www.jsc.edu/Dibden).

The Helen Day Art Center in Stowe presents Natalie Jeremijenko’s solo exhibition and installation runs through April 8. Jeremijenko’s exhibition will encompass all the galleries of Helen Day Art Center with a dynamic installation of past and new projects. Registration and information are available for a variety of adult workshops and after school and summer programs for kids of all ages. Contact [education@helenday.com](mailto:education@helenday.com) or 802-253-8358. Helen Day Art Center, 90 Pond St., Stowe. Gallery hours Tuesday-Saturday, 10:00 AM – 5:00 PM or by appointment. Information: Rachel Moore, [director@helenday.com](mailto:director@helenday.com), [www.helenday.com](http://www.helenday.com), or 802-253-8358.

The Vermont Folklife Center in Middlebury announces *Family Traits: Art, Humor, and Everyday Life*, celebrating familial culture

through the artwork of Stanley Lyndes, will be open through Monday, May 15 in the Center’s Vision & Voice Gallery. Free and open to the public, Tuesday-Saturday, 10:00 AM – 5:00 PM; the Gallery is ADA accessible. VT Folklife Center, 88 Main St., Middlebury, 802-388-4964.

Burlington City Arts launches its 2017 spring exhibitions with an opening reception Friday, April 21, 5:00 – 8:00 PM at the BCA center, 405 Pine St., Burlington. *Ready. Fire! Aim.* Is a joint exhibition with the Hall Art Foundation in Reading, VT; it runs in Burlington through Sunday, July 9. This group show explores the psychology of impulsive action and strategic thinking. *Ready. Fire! Aim.* brings together artworks addressing issues of violence and decay, gestural abstraction and linear precision, as well as the sensible and the absurd. The presentation will include work by six emerging to nationally recognized Vermont-based artists, while the Hall Art Foundation’s presentation (May 6-November 26) will feature a selection of paintings, sculptures, and photographs by internationally recognized, contemporary artists. Also at BCA, UVM grad and former BCA artist-in-residence Justin Hoekstra returns with *Heavy Smile*, a solo exhibition of large scale abstract paintings. BCA exhibitions are free for public viewing Tuesday-Thursday, 11:00 AM – 5:00 PM, and Friday-Saturday, 11:00 AM – 8:00 PM.

PechaKucha Night (PKN) returns to the Fleming Museum of Art on Thursday, May 4, offering a peek into the imaginations of Burlington’s creative community. PKN is an evening event where people gather to hear presentations from creative individuals in our communities. Each presentation consists of exactly 20 slides with each slide appearing onscreen for exactly 20 seconds. There are usually 10 presentations during a PKN event, with presentations from artists, photographers, travelers, filmmakers, writers, gardeners, ice sculptors, architects, designers, stone masons, graphic novelists, community activists, dreamers, and many more. Anyone and everyone is invited to present at PechaKucha Night. The only requirement is 20 images and a passion. It’s fun and easy! To participate, just email [fleming@uvm.edu](mailto:fleming@uvm.edu) for more information. PKN in Burlington is also hosted by Burlington City Arts, Shelburne Museum, ECHO Leahy Center for Lake Champlain, and the Regional Educational Television Network (RETN); supported, in part, by *Seven Days*. There is a \$6 suggested donation at the door to help keep things running. Learn more about PechaKucha Night at the global website, <http://www.pechakucha.org>. View presentations from a recent PechaKucha Night on RETN’s website, <http://www.retn.org/pechakucha-night-burlington-vol-23>.

At River Arts in Morrisville: through May 9, *Women, Beasts and Dreams* is an exhibit of acrylic painting by Carolyn Mecklosky of Waterville. Her recent work portrays a personal and evolving mythology. Through her use of vibrant, uncomplicated color she allows space within the work for a flowing dreamscape of imagery. For more information including cost for this and other programs, <http://www.riverartsvt.org>. River Arts, 74 Pleasant St., Morrisville.

At the Fleming Museum of Art, artist Barbara Bloom enlisted print scholar Susan Tallman to contribute text to two artist’s books, on view in the European and American Gallery of the Fleming through Sunday, May 21. In *The Collections of Barbara Bloom*, retrospective is turned on its head with gathered images of Bloom’s multimedia installations and objects from her personal collections, with commentary by Tallman. In *Gifts*, Bloom explores the nature of gifts through the format of eight giftwrap papers she designed, which come wrapped in a linen box along with a book in which Tallman provides context for the designs. Regular admission; free to Museum members and to UVM students, staff, and faculty. The Fleming Museum of Art, UVM, 61 Colchester Ave., Burlington, <http://www.flemingmuseum.org>.

Shelburne Vineyard will hang a new exhibit in the Tasting Room, titled *Freedom Speak* by Shelburne artist Kate Longmaid, now through May 31. Her message is both contemporary and culturally, socially, and politically relevant, expounding upon the importance of taking a stand and “speaking on behalf of those who cannot speak or are at risk of being silenced. Open every day, 11:00 AM – 5:00 PM. Shelburne Vineyard, 6308 Shelburne Rd., Shelburne. Information: 985-8222 or [www.shelburnevineyard.com](http://www.shelburnevineyard.com).

At the Shelburne Museum: *Backstage Pass: Rock & Roll Photography* through Sunday, May 7 includes studio portraits and candid outtakes of famous rock and roll stars and jazz greats from Miles Davis, Elvis, and the Beatles to David Bowie, Prince, and *The Beastie Boys*. *Upstream with Ogden Pleissner*, May 1-October 31 will feature paintings, prints, and ephemera from

the Museum’s permanent collection to transport viewers to some of the avid anglers’ favorite streams, rivers, and lakes from Maine to Wyoming. Shelburne Museum, Shelburne Rd., Shelburne; 802-985-0881 or [klevesque@shelburnemuseum.org](mailto:klevesque@shelburnemuseum.org).

Essex Art League meets the first Thursday of the month, September-June, from 9:00 – 11:00 AM at the Essex Junction Congregational Church on VT Rt. 15. The meeting includes a business and social time followed by a guest artist presentation. For a detailed calendar of meetings, speakers, and online gallery of members’ works: <http://www.essexartleague.com/>.

MUSIC

Each year, the winner of Burlington Chamber Orchestra’s open competition for music students is invited to perform a concerto with the chamber orchestra in the final concert of the season, this year on Saturday, May 13. The 2017 winner of the Young Artist Solo Competition is Sebastiaan West, who will be performing the first movement of Bach’s *D minor Keyboard Concerto*. Sebastiaan was born in the Netherlands and moved to Vermont in 2010. He is a student of master teacher Paul Orgel, who teaches at UVM, and he plays in the Flynn Youth Jazz Combo and the jazz combo *Blue Slate*. A sophomore at Mount Mansfield Union High School in Jericho, Sebastiaan also plays marimba and bells in the school’s marching band and orchestra. More information about the Burlington Chamber Orchestra: [www.bcovt.org](http://www.bcovt.org).

The Jericho Town Library will host a spring benefit event at the Emile A. Gruppe Gallery, 22 Barber Farm Rd., Jericho, <http://www.emilegruppegallery.com/>, on Saturday, April 8, 6:00 – 9:00 PM. Guests age 21 and up are invited to sip wine and enjoy a special concert by VT-based Gypsy Jazz band *Swing Noire*. Call it what you may – Gypsy jazz, hot swing, jazz manouche – *Swing Noire* invokes the energy of a swingin’ jazz club and transports audiences back to the early days of jazz with their unique take on Hot Swing in the spirit of Django Reinhardt and Stephane Grappelli. Tickets \$15 per person include complementary hors d’oeuvres, artisan cheeses, and chocolates. Cash wine bar and silent auction. All proceeds benefit the Jericho Town Library. Please visit the JTL website for more information and to purchase tickets: [www.jerichotownlibraryvt.org](http://www.jerichotownlibraryvt.org).

The Westford Music Series presents the singer-songwriter folk-inspired musician, Zack Tyler, at the UCW white church on Sunday, April 23 from 4:00 – 5:00 PM. Zack recently moved to Vermont and is a fresh new talent on the folk music circuit. Prior to his arrival in Vermont he spent years performing along the South Shore and on Cape Cod in Massachusetts. Zack’s unique vocals set him apart from his peers as a solo acoustic performer with comparisons to Ray Lamontagne, Eddie Vedder and Phillip Phillips. Zack released his first album, *Two Separate Ways*, in 2015. The Westford Music Series supports the performers with free will donations and has been serving the community of Westford and surrounding areas for the past nine years. Information: 879-4028. Free will donation. Refreshments.

Providence, RI-based *Pattern Behavior* will perform on Monday, April 10, 7:00 PM at the Dibden Center for the Arts, Johnson State College, Johnson. The concert by the electronic duo made up of Raab Codec and Elizabeth Virosa is free and open to the public. For more information, [www.jsc.edudibden](http://www.jsc.edudibden).

*Rose St. Collective*, a Burlington-based group focused on jazz and the music it has influenced, will bring their own music to the April 6 First Thursday concert at Shelburne Vineyard, 6308 Shelburne Rd., Shelburne at 6:00 PM. Free; open to all. Part of the proceeds of sale of beverages and food will benefit a local non-profit, this month Champlain Community Services. More information at [www.shelburnevineyard.com](http://www.shelburnevineyard.com).

THEATER/FILM

Shelburne Players will present two one-act farces – *Black Comedy* by Peter Shaffer, and *The Real Inspector Hound* by Tom Stoppard at Shelburne Town Center, 5420 Shelburne Rd., Shelburne. In *Black Comedy*, action supposedly in the dark is illuminated; when the lights are to be on, the stage is dark. Lovesick and desperate, a sculptor has embellished his apartment with furniture and objects d’arte “borrowed” from the absent antique collector next door in a bid to impress his fiancée’s pompous father and a wealthy art dealer. In *The Real Inspector Hound*, two feuding theatre critics – one a fusty philanderer and the other a pompous and vindictive second stringer – are swept up into the whodunit they are viewing. Performances are Friday-Saturday, April 14, 15, 20, 21 and 22 at 7:30 PM, and a matinee on Saturday, April 15 at 2:00 PM. Open



Art / Music / Theater continued from page 8—

seating tickets are \$15; discounted special for the matinee, \$12. Tickets in advance available at Shelburne Market or reserved at [www.shelburneplayrs.com](http://www.shelburneplayrs.com), or call 343-2602.

Dorset Theatre Festival opens its 40<sup>th</sup> anniversary season with the world premiere of Theresa Rebeck’s *Downstairs*, starring brother and sister Tim Daly and Tyne Daly, who will be appearing together for the first time on the stage. The show will run for 16 performances between June 22-July 8, at the Dorset Playhouse, 104 Cheney Road, Dorset. *Downstairs* is a thought-provoking family drama written with Tim and Tyne in mind. The play follows the story of Eileen (Tyne Daly), whose brother Teddy (Tim Daly) has decided to move home and live in her basement. Eileen’s husband is less than thrilled about this. And Teddy is more than a little off his game. As the brother and sister struggle to understand their present and their past, questions of betrayal, disappointment, and madness rise and fall. Who is saving whom? Subscriptions for the 2017 Summer Season now on sale; single tickets go on sale April 1. For information call the box office, 802-867-2223 ext. 2 Monday-Thursday, 12:00 – 4:00 PM; to purchase subscriptions and tickets online, [www.dorsettheatrefestival.org](http://www.dorsettheatrefestival.org).

Behavior Patterns at Dibden Center for the Arts, Johnson State College

*Providence, RI-based Pattern Behavior will perform on Monday, April 10, 7:00 PM at the Dibden Center for the Arts, Johnson State College, Johnson. The concert by the electronic duo made up of Raab Codec and Elizabeth Virosa is free and open to the public. For more information, [www.jsc.edudibden](http://www.jsc.edudibden).*



PHOTO CONTRIBUTED

MMusic Notes!

MMusic would like to congratulate the PEP band for a fantastic 2017 basketball season. It was a blast to support our basketball team. MMusic offers an array of opportunities for our musicians. We offer multiple practice spaces with five high quality pianos, the only field marching show in Chittenden County, parades, four concerts (choral and instrumental), district music festival, all state music festival, eastern music festival, national music festival, choral and instrumental/string orchestra opportunities, pep band, jazz opportunities, guitar class for all levels, piano class for all levels, music theory for our music adventurers, and two music teachers to help support all musical endeavors.

Our year is winding down to a close so please look at the music dates on the MMU website. Our department still has two concerts: Wednesday, April 12 at 7:00 PM, and Thursday, May 18 at 7:00 PM, as well as the Vermont All State Music Festival (16 students attending in Brattleboro), cabaret, Memorial Day parade, and a senior recital. We hope to see you at our events!

MMusic would like to thank our colleagues, administration, surrounding communities and our students for the support throughout the years!

VT PBS, RETN to show four films on Montreal

Vermont PBS and RETN have announced a partnership that allows both organizations to air *Of Montreal*, four films from the National Film Board of Canada. The films provide unique views and explore the interesting people of Montreal. The series is an exploration of various aspects of life and culture in Montreal. The four films in the series are:

*Outbreak: Anatomy of a Plague.* This film uses the example of Montreal’s 1885 smallpox epidemic to conceive what may happen under similar circumstances in the modern day.

*St. Henri, the 26<sup>th</sup> of August.* Fourteen filmmakers recorded multiple stories in the Montreal neighborhood of Saint- Henri. The resulting film is a touching, funny, and fascinating day-in-the-life of an eclectic community.

*Ladies and Gentlemen... Mr. Leonard Cohen.* This informal black-and-white portrait of Leonard Cohen shows him at age 30 on a visit to his hometown of Montreal where the poet, novelist and songwriter comes “to renew his neurotic affiliations.”

*Ninth Floor.* What began as a student protest against racism evolves into one of the most contested episodes in a nation’s history when riot police stormed the occupied ninth floor computer lab at Sir George Williams University in the turbulent 1960s.

In addition to being aired on Vermont PBS and RETN, *Ladies and Gentlemen... Mr. Leonard Cohen* and *Ninth Floor* will be



*Jazz-focused Burlington-based Rose St. Collective will bring their own music to Shelburne Vineyard, 6308 Shelburne Rd., Shelburne at 6:00 PM on Thursday, April 6. Free; open to all. More information at [www.shelburnevineyard.com](http://www.shelburnevineyard.com).*

PHOTO CONTRIBUTED

screened by the Vermont International Film Foundation (VTIFF) at its Global Roots Film Festival: Quebec on Saturday, April 8 at Contois Auditorium in Burlington. Air dates for Vermont PBS and RETN are as follows:

Vermont PBS Premieres, all at 7:00 PM:

Thursday, April 6: *Outbreak*

Thursday, April 13: *St. Henri*

Thursday, April 20: *Mr. Leonard Cohen*

Thursday, April 27: *Ninth Floor*

RETN Premieres, all at 8:00 PM:

Sunday, April 16: *Outbreak*

Sunday, April 23: *St. Henri*

Sunday, April 30: *Mr. Leonard Cohen*

Sunday, May 7: *The Ninth Floor*

RETN Channel 16 serves the cable viewers of Chittenden and Northern Addison Counties. Its mission is to make media accessible to students and lifelong learners to advance education and civic engagement. Learn more at [www.retn.org](http://www.retn.org).

Vermont PBS is Vermont’s statewide public media provider and visual storyteller, with a commitment to cultural enrichment and civic engagement. More information is available at [www.vermontpbs.org](http://www.vermontpbs.org).

ONGOING EVENTS

ADULT ACTIVITIES

**Veterans Job Networking,** Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

**The Vermont Genealogy Library** in Fort Ethan Allen, Colchester has the resources to help you find those elusive ancestors. We are open every Tuesday from 3:00 – 9:30 PM. We continue to be open every Tuesday. Please see our website [www.vtgenlib.org](http://www.vtgenlib.org) for more information including directions and how to contact us if you are visiting the area.

**Toastmasters of Greater Burlington,** 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays, 7:00 PM, Holiday Inn, 1068 Williston Rd., S. Burlington. Do you want to develop your speaking and leadership skills? Ace an interview? Ignite your career? If so, Toastmasters of Greater Burlington is the place for you. You’ll find a supportive learn by doing environment that helps you achieve your goals. For information, 802-782-4832.

**Yoga,** Tuesdays, 6:30 – 8:00 PM, Collins-Perley Sports Complex, St. Albans. For information including cost, 802-527-1202.

**Eagles Auxiliary #3210** holds bingo at the club house, VT Rt. 109, Waterville, Friday nights. Doors open at 5:30 PM. Bingo starts at 6:45 PM. For information, contact Sally, 644-5377.

**Handbell ringers,** Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

**Mt. Mansfield Scale Modelers,** 3<sup>rd</sup> Thursday of the month, 6:30 – 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln St., Essex Junction.

**Smugglers’ Notch 55+ Club** meets Wednesdays at Smugglers’ Notch for a social time, then breaks into groups to ski. Brief organizational meeting, coffee and rolls, and then head out to the trails in self-selected ability groups. Gather informally in summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. Information: Deborah, 644-5455 or just attend a meeting at the Morse base lodge, 9:00 AM every Wednesday.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2<sup>nd</sup> Monday of the month, 6:30 PM. Anyone welcome.

HEALH EVENTS & GROUPS

**La Leche League** of Essex Junction – monthly breastfeeding support meetings, first Thursdays, 6:30 – 8:00 PM, Essex Free Library, 1 Browns River Rd., Essex Jct. Join us whether you are pregnant, nursing your first tiny baby, or weaning your last toddler. Free! We meet downstairs in the children’s area.

**Al-Anon** meetings, Jericho United Methodist Church, Thursdays 10:00 AM, and Saturdays, 10:00 AM.

**Alcoholics Anonymous meeting,** “Women’s Big Book” group meets Thursdays, 6:00 – 7:00 PM, United Methodist Church, VT Rt. 15, Essex Jct., across from Grange Hall.

**Alcoholics Anonymous Meeting** “Wing It” group meets Sundays, 11:00 AM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker meeting followed by a brunch (\$10 for brunch).

**Alcoholics Anonymous Meeting,** “The Firing Line” group meets Wednesdays, 7:15 – 8:15 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Step meeting.

**Alcoholics Anonymous Meeting** “The Firing Line” group meets Saturdays, 8:00 – 9:00 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker Discussion meeting.

**Alcoholics Anonymous Meeting,** “Keep It Simple” group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM, United Church of Underhill, Underhill Flats.

**Alzheimer’s support group,** monthly on the 3<sup>rd</sup> Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free

education for individuals and families in the early stages of Alzheimer’s disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Brain Injury Support Group** – a place for survivors and family members, caregivers, friends, and the community to receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure, and confidential environment. Monthly meetings: 4<sup>th</sup> Fridays at the YMCA in Winoski 11:00 AM – noon; 1<sup>st</sup> Wednesdays at Fanny Allen in Colchester, 5:30 – 7:30 PM; and 2<sup>nd</sup> Tuesdays at the Saint Albans Diner in Saint Albans. Call the BIAVT help line, 877-856-1772.

**Mom’s Night Out,** first Thursday of each month, 6:00 – 8:00 PM, LaQuinta Inn (Franklin Meeting Room), 813 Fairfax Rd., St. Albans. Are you the mother of a child with special needs? Do you have to advocate for your child and family? Do you wish you had someone to have conversations with, who understands because they are the mother of a child with special needs too? Contact: Betty Morse, Family Support Consultant, 1-800-800-4005-ext. 201 or [betty.morse@vtfn.org](mailto:betty.morse@vtfn.org).

**Approach Autism With Advocacy, Recovery & Education** (AAWARE) in the Lamoille Valley, 3<sup>rd</sup> Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

**Eating Disorders Parental Support Group,** monthly on the 3<sup>rd</sup> Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with, or at risk of, anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

**Foot Clinics** – Having trouble trimming your own toenails? Franklin County Home Health provides foot clinics around the county that can help. Call 802-527-7531 for an appointment and cost information. Cost: \$20.

**Healthy Weight Support Group,** Mondays, 12:00 – 12:30 PM, Northwestern Medical Center, Conference Room 3, St. Albans. For those working on weight management. Behavioral and nutritional strategies to increase physical activity and decrease calorie intake; techniques to help manage eating behaviors. Come 15 minutes early for weight check. Kay Tran, Registered Dietitian, MS, CDE, & Leslie Gardzina, Registered Dietitian. No registration required, just drop in.

**Overeaters Anonymous** meets 6:00 – 7:00 PM Wednesdays, Jericho United Methodist Church, VT Rt. 15, Jericho.

**Champlain Valley Prostate Cancer Support Group,** 6:00 – 8:00 PM, 2<sup>nd</sup> Tuesdays, Hope Lodge, 237 East Ave., Burlington. Newly diagnosed? Prostate cancer reoccurrence? General discussion and sharing among survivors and those beginning or rejoining the battle. Information: Mary L. Guyette RN, MS, ACNS-BC, 802-274-4990.

**TOPS Chapter 145** meets Thursdays 6:15 PM, Eagles Club, VT Rt. 109, Jeffersonville. Weigh-in 5:15 – 6:00 PM.

**Healing Circle Breast Cancer Network,** support group for women with breast cancer, monthly meetings 1<sup>st</sup> Tuesdays 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

**Lamoille Home Health & Hospice:** Hospice Volunteer Training. Health care professionals share their knowledge and passion for hospice. Please contact Charlene at 888-4651 or [ccamire@lhha.org](mailto:ccamire@lhha.org) for more information.

**Franklin County Prostate Cancer Support Group,** monthly, 1<sup>st</sup> Tuesdays, 5:15 – 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other’s experiences; offer support to each other, a

spouse or partner; and advocate early detection of prostate cancer. Information: Fern Mercure, 524-0719.

**Statewide Quit Line,** Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

KIDS

**Playgroups** free of charge and open to all children birth-5 years, and their caregivers. Stories, songs, crafts, free play, local events and information, and more – an opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For information on any playgroup, contact Heather Lebeis, 899-4415 or [underhillplaygroup@yahoo.com](mailto:underhillplaygroup@yahoo.com). Mondays: Good Shepherd Church, VT Rt. 15, Jericho, 9:30 – 11:00 AM; Wednesdays: Richmond Free Library, 8:45 – 10:15 AM; Fridays: Underhill Central School, 9:30 – 11:00 AM; Fridays: Huntington Public Library, 10:00 AM – 11:30 PM.

**Kids’ Yoga,** 3-5 years and 6 years and up. Toddler tumbling and new moms’ groups. The Well, 644-6700.

**Early Literacy Storytime,** Thursdays, 11:00 AM, Westford Public Library. Stories and activities using early literacy concepts for ages birth-preschool. Drop-in; no registration needed. New families welcome. Information: Victoria, 878-5639 or [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us), or visit [www.westford.lib.vt.us](http://www.westford.lib.vt.us) and click on Events @ Your Library.

SENIORS/COMMUNITY MEALS

**Jeri-Hill XYZ Seniors** meet at the Catalyst Church on the Raceway, Underhill on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month. All seniors welcome. Dinner served at 11:30 AM. Information, Bette Workman, 899-4446, Loreen Teer, 899-1363, or Doug Keith, 899-2582.

**Johnson Community Meal** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month, 11:30 AM – 12:30 PM, United Church, Johnson. Come for a hot meal and get to know your neighbors. Meal followed by community gathering. Information: Ellen Hill, 635-1439, [ellen.hill@jsc.edu](mailto:ellen.hill@jsc.edu).

**Westford Senior Lunches** – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common, monthly on the 2<sup>nd</sup> Monday. Lunch, 12:00 noon; short meeting or presentation after. Call 878-7405 or 879-7382 for information or for a ride.

**Bolton Up and Downtown Club** meets the last Thursday of the month at the Bolton Fire Station. Meal at 5:00 PM. Open to adults 60+. Contact Doris Wheelock at 434-3769.

**Huntington senior meal site** – The Huntington senior meals are served monthly on the 3<sup>rd</sup> Tuesday, 12:00 noon at the Community Baptist Church, Huntington Center.

**St. Jude’s Church senior meals,** Hinesburg, 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month. Bingo games afterward. Everyone welcome, including caregivers. Dinners \$4 per person. Information: Ted Barrette, 453-3087.

**Starksboro First Baptist Church senior meals,** Starksboro, 4<sup>th</sup> Thursday of the month, 11:30 AM. Call Brenda Boutin, 802-453-6354 for more information. All ages are welcome!

**“Good Food for All” free dinners,** 2<sup>nd</sup> Thursday of the month, United Church of Underhill, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM; and on the last Thursday of each month at Calvary Episcopal Church, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM. Everyone in the communities is invited.

SPORTS ACTIVITIES

**Ongoing Pilate classes,** Dakini Studio, Underhill, Mondays and Thursdays, 6:00 PM. Register at 899-4191. For more information and other scheduled classes, [www.dakinistudio.wordpress.com](http://www.dakinistudio.wordpress.com).

**Qi Gong,** the ancient Chinese art of movement, classes: Saturdays 9:00 – 10:00 AM, 562 VT Rt. 15, Johnson; Saturdays 11:00 AM – noon, River Arts, Morrisville; and Sundays 11:15 AM – 12:15 PM, Artful Cup, Jeffersonville.

**Zumba,** Tuesdays, 5:30 PM, Red Brick Church, Westford, with Heather Sanders, \$5, first class free; Saturdays, 9:15 AM, BFA,

Ongoing continued on page 10



SCHOOL NEWS

### March Madness Middle School Volleyball Jamboree

In the fall of 2016, Vermont Principals Association (VPA) sanctioned volleyball as a varsity sport for the first time. For the three previous seasons, high school volleyball had been granted exhibition status to see if enough schools could field teams to warrant varsity status. Prior to 2013, volleyball was a club sport with a handful of schools participating.

In an effort to bolster the sport at the high school level, a group of dedicated high school coaches and athletic directors spearheaded by Karen Chesser, the creator of the Essex High School Volleyball program and currently the Boys Head Volleyball Coach, has been organizing a middle school volleyball mini-season. “Middle School March Madness” just completed its third season, and just like the high school sport, it is experiencing explosive growth.

The Middle School March Madness program was used by the VPA as evidence for the potential growth of the sport at the high school level. The VPA sanctioned volleyball for both boys and girls despite the fact that participation on the boys’ side lags behind that of the girls. The middle school program demonstrates a growing interest with boys that will likely generate more high school boys’ teams in the very near future.

This year twelve middle schools throughout Chittenden County are running middle school volleyball programs. New to the mix this year are Edmunds and Hunt Middle Schools from Burlington and Camel’s Hump and Browns River Middle Schools from the Chittenden East Supervisory Union. They join middle schools from Essex, Williston, Shelburne, Charlotte, South Burlington, and independent schools Mater Christi and Vermont Commons School.

“I knew from day one that this was going to become something pretty big, pretty quickly. It’s a great way to introduce the sport that is now here to stay,” Chesser said. This year there are 46 teams from the 12 participating schools and over 420 middle school athletes giving volleyball a try. There are Advanced teams and Beginner teams. The idea is to coach the athletes and work progressively on getting better and fostering a love for the sport. The program is open to all kids interested. It starts with the individual basic skills and progresses to playing as a team. Many of these middle school players will become varsity players in the years to come.

The middle school “mini-season” is an important component of nurturing and growing both the boys and girls sport at the high school level. Throughout March, teams played shortened matches in a round robin format.

The season culminated as the past two seasons have with an end of season Jamboree on Saturday, April 1 at Essex High School.

Please contact Karen Chesser with questions: [kchess804@live.com](mailto:kchess804@live.com).

Send your news, births, engagements, weddings, obits, events to [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net) or call Brenda at 802-453-6354

### Mater Christ School’s Student Council

Mater Christi, similar to most schools, has a Student Council whose classroom representatives are elected by their peers. At MCS, students in grades 3-8 are eligible to become members of the council.

The student council is guided by an adult advisor. This advisor is Mr. Allan Whayland, who has taken on this role for many years. In addition to an adult advisor, the student council has officers elected by and from the group at its first meeting of the school year. Mater Christi’s Student Council meets monthly unless there are agenda items that make it necessary to meet more frequently.

This year, the MCS Student Council has been looking for ways in which to fundraise for both school events and for people in the Burlington area that are in need.

One of its seasonal in-school activities is filling plastic Easter eggs with candy and a message for each faculty and staff member and for each student in the school, and presenting these just before the beginning of Holy Week. Another of its favorite events is the annual student/faculty basketball game which it helps organize, including the half-time entertainment.

The council also keeps its “ear to the ground” and provides insight to its advisor in terms of school-wide student concerns.

### When the bite is worse than the bark

**By Lewis First, MD**  
*Chief of Pediatrics at UVM Children’s Hospital*

We all enjoy being out and about as spring gets underway. And with more warm weather comes more children – and more dogs – outside in the same yard, field, or just walking down the street. Believe it or not, more than 4.5 million dog bites happen each year. If you want to take the bite out of a dog’s bark, let me provide a few suggestions:

First, teach your child to be careful around pets. They should always ask permission from a dog’s owner before petting the dog and never approach a strange dog they do not know.

Remind children never to bother a dog that’s caring for puppies, sleeping, or eating – and never leave a baby or small child alone with a dog.

If you have a dog in your family, it is also important to make sure your dog is vaccinated against rabies.

If a dog appears threatening, teach your child to stay calm and avoid eye contact. They should stay still or back away slowly until the dog leaves, but never turn around and run. And if a dog knocks a child down, they should curl into a ball and keep their hands over their face.

If a bite does occur, apply pressure to stop the bleeding and then wash the wound with soap under running water for three to five minutes, ideally using a sink hose or something else with some pressure. The wound should then be covered with sterile gauze or a clean cloth while you call your health care professional for further instructions.

When do we worry about a bite? Well, if a bite wound continues to bleed for more than 10 minutes despite compression; is deep; appears red, hot, and swollen; is draining pus; or comes from an unknown animal, then please seek medical attention to determine if further treatment such as stitches, antibiotics, or rabies prevention is indicated.

Hopefully, tips like this will cover any particular issues you have when it comes to knowing more about what to do if you’re worried about your child getting bitten by a dog.

*Lewis First, MD, is chief of Pediatrics at UVM Children’s Hospital and chair of the Department of Pediatrics at the Robert Larner, M.D. College of Medicine at UVM.*



Mater Christi School student council members after having been awarded their medals at a school assembly (from left): Mr. Allan Whayland, Teacher Advisor; Owen Greene, Underhill; Nidhi Konnanur, Essex Junction; Mason Altadonna, Essex; Joe Dubrul, Shelburne; Will Tritt, Shelburne; Juliet Hassenberg, S. Burlington; Charlotte Vincent, Charlotte; Jaiden Tremblay, Milton; Myla Altadonna, Essex; Lauren McCabe, S. Burlington; Jared Kennedy, Williston; Andrew Greene, Underhill.

PHOTO CONTRIBUTED

### Essex HS claims VT-NEA Scholars’ Bowl Championship

Essex High School captured the state high school academic competition championship on Saturday, March 25, prevailing in the final rounds of the Vermont-NEA Scholars’ Bowl at the University of Vermont.

Essex pulled away from Mount Mansfield Union High School (MMU) for a 430-310 victory in the title match of the question-and-answer competition. It was Essex’s record-tying seventh state championship overall and its fourth in the last five years.

Juniors Nick Norton, Alex He, and Sam Feehan, sophomore Grace Lu, and freshmen Henry Wu and Nathan Wu were the competing students for Essex, which earns an all-expenses-paid trip to represent Vermont at the NAQT National Championship Tournament in Atlanta on Memorial Day weekend.

The early stages of the championship went back and forth, with Essex opening an 80-15 lead before MMU drew to within 145-115 at the end of the first of three rounds of competition. The MMU Cougars correctly then answered six of the first eight questions in the last round to surge ahead, 210-195, but Essex responded with an 80-10 run to reclaim the lead and steadily drew away after leading 310-270 with about four minutes left.

“I’m very proud of my students,” said Essex coach David Rome, whose team also defeated Middlebury 460-280 in the semifinals. “They worked really hard all year and played two excellent teams in Middlebury and MMU. Hats off to both of them and their coaches.”

MMU’s runner-up finish capped a stellar performance that saw the Cougars surge from the Medlar Cup – the tournament’s second-chance competition – by winning five straight matches. MMU rolled to the Medlar Cup crown with victories over BFA-St. Albans, South Burlington, and Burr and Burton before topping Hanover, 405-315, in the quarterfinals and ousting defending champion Burlington, 345-290, in the semifinals.

The other quarterfinals saw Middlebury outslug Champlain Valley 385-335 and Burlington outlast Burr and Burton, 370-255.

The Scholars’ Bowl is a school year-long competition that features regional tournaments in the fall and playoffs after the new year. Saturday’s 12 participants qualified by winning at least three of their five matches on the first day of the playoffs on January 28.

The Vermont Chapter of the National Education Association sponsors the Scholars’ Bowl. To find out more about our organization, visit our website at [www.scholarsbowl.org](http://www.scholarsbowl.org).

All the scores from Saturday’s finals:

Medlar Cup quarterfinals: South Burlington 465, BFA-Fairfax 85; Burr and Burton 375, St. Johnsbury 240; Mount Mansfield Union High School 425, BFA-St. Albans 190.

Medlar Cup semifinals: Mount Mansfield Union High School 370, South Burlington 275; Burr and Burton 300, Montpelier 215.

Medlar Cup final: Mount Mansfield Union High School 370, Burr and Burr 270.

Overall quarterfinals:

Burlington 370, Burr and Burton 255; Mount Mansfield Union High School 405, Hanover 315; Middlebury 385, Champlain Valley 335.

Overall semifinals: Essex High School 460, Middlebury 280; Mount Mansfield Union High School 345, Burlington 290.

State Championship: Essex High School 430, Mount Mansfield Union High School 310.

### CCV among top military-friendly community colleges

Community College of Vermont (CCV) has been ranked among the top 25 Military Friendly® community colleges in the nation by Victory Media, an industry-leading rating group for institutions serving veteran and military students.

“CCV is honored to work closely with veteran and military-connected students. It is our responsibility to support these students in achieving their educational goals, given the selfless years of service they have provided,” said Jennifer Garrett-Ostermiller, CCV’s Director of Student Services. “We strive to promote CCV’s dual mission of access and success for those who have served, as well as for their family members.”

CCV offers comprehensive support services to veteran and military students and their families. With two dedicated Veteran and Military Resource Advisors, specialized tutoring and career services, and an online student network, CCV is uniquely positioned to provide exceptional educational support to veteran and military populations.

### Ongoing continued from page 9

Fairfax, \$5; Sundays, 9:00 AM, Meeting House, Fletcher, \$5; with Kathy Bourdeau Mondays, 7:30 PM, BFA, Fairfax, \$5; Wednesdays, 7:00 PM, BFA, Fairfax, \$5.

**Zumba Fitness**, Monday evenings only, 5:30 – 6:30 PM, River Arts Center, Morrisville. Certified instructor Karen Machia. No registration required, drop in. 888-1261 or [www.riverartsvt.org](http://www.riverartsvt.org) for more details.

**TOWN GOVERNMENT & ORGANIZATIONS**

**Cambridge Area Rotary** meets on 1<sup>st</sup> four Thursdays of the month, upstairs at 158 Main restaurant, Jeffersonville, 7:00 – 8:00 AM. Information: Susan Lassiter, 644-6600 or [Slassiter@unionbankvt.com](mailto:Slassiter@unionbankvt.com).

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. Information: John Quinn, [jquinninv@aol.com](mailto:jquinninv@aol.com).

**Jericho Village Water District Board of Commissioners** meet on the 3<sup>rd</sup> Wednesday of the month, 7:00 PM, Old Red Mill, Jericho.

**Jericho-Underhill Water District** meets 1<sup>st</sup> Monday of the month, United Church of Underhill, Underhill Flats, 7:00 PM. Information: 899-4076 or 899-3810.

**Jericho Historical Society**, monthly on 2<sup>nd</sup> Thursdays, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. Information: 899-2693.

**Jericho Energy Task Force** meets monthly, 2<sup>nd</sup> Thursdays, 7:00 – 8:30 PM, Jericho Town Hall, VT Rt. 15, Jericho.

**THRIFT SHOPS & FOOD SHELVES**

**Essex/Jericho/Underhill Food Shelf**, open 3<sup>rd</sup> Saturday each month, 9:00 – 11:30 AM, Good Shepherd Lutheran Church, VT Rt. 15, Jericho. Meat, dairy, produce, pantry items, pet food, and some non-food items. All are welcome.

**Westford Food Shelf**, open monthly, 3<sup>rd</sup> Saturdays, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

The **Heavenly Cents Thrift Shop**, just east of Five Corners, Essex Jct., VT Rt. 15, 10:00 AM –

LEGAL NOTICE

TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD

NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 pm on Thursday, April 27, 2017 at the Jericho Town Hall to consider the following:

A request of the DRB by Michael & Janet LaVanway for Preliminary & Final Plat Review of a 2 lot (80 acres) subdivision. The property is located at 70 Palmer Lane in the Agricultural Zoning District.

A request to the DRB by Lutheran Church of the Good Shepard for a conditional use review to amend the existing site layout and design. This property is located at 273 Vermont Route 15 in the Commercial Zoning Districts. .

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn  
Zoning Administrator  
[cflinn@jerichovt.gov](mailto:cflinn@jerichovt.gov)

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Age Well community senior meals

Age Well hosts Community Meals at over 70 locations. Programs vary from small rural gatherings, to senior centers, to an ever-growing array of restaurants. Menus are available on the 22<sup>nd</sup> of each month for the following month. Meals are on a first-come, first-serve, month-by-month basis. Call Age Well, 802-662-5200, for reservations for the following month on, or after, the 22<sup>nd</sup> of the month. If the 22<sup>nd</sup> falls on a weekend, reservations may be made the following Monday. Milk is served with all meals.

Tuesday, April 4 – Pizza Hut, Susie Wilson Rd., Essex Junction, check-in 11:00 AM, lunch 11:30 AM. All you can eat pizza buffet.

Wednesday, April 5 – Athens Diner, Colchester, check-in 10:30 AM, lunch 11:00 AM. Turkey, mashed potatoes, green beans, and dessert.

Thursday, April 6 – Dutch Mill, Shelburne Rd., Shelburne, check-in 10:30 AM, lunch 11:00 AM. Baked stuffed chicken breast, mashed potatoes, mixed vegetables, strawberry shortcake.

Tuesday, April 11 – Ray’s Seafood, Essex Jct., check-in 10:30 AM, lunch 11:00 AM. Fish, potato, coleslaw, squash, roll, and creemee.

Wednesday, April 12 – Athens Diner, Colchester, check-in 10:30 AM, lunch 11:00 AM. Roast pork, mashed potatoes, green beans, and dessert.

Thursday, April 13 – Colonial Room, Essex Education Center, Essex Junction, 11:00 AM check-in, 11:30 AM lunch. Turkey, super salad, potato, vegetables, roll, dessert.

Monday, April 17 – Papa Nick’s, Hinesburg, 2:30 PM check-in,

3:00 PM lunch. Baked ham.

Tuesday, April 18 – Pizza Hut, Susie Wilson Rd., Essex Junction, check-in 11:00 AM, lunch 11:30 AM. All you can eat pizza buffet.

Wednesday, April 19 – American Legion, Colchester, check-in 10:30 AM, lunch 11:00 AM. Cup of corn and chicken cheddar chowder soup, half turkey sandwich with lettuce and tomato.

Thursday, April 20 – Holiday Inn, 1068 Williston Rd., S. Burlington, check-in 10:30 AM, lunch 11:00 AM. Turkey stew, mashed potatoes, biscuits, salad, assorted desserts.

Tuesday, April 25 – Ray’s Seafood, Essex Jct., check-in 10:30 AM, lunch 11:00 AM. Fish, potato, coleslaw, squash, roll, and creemee.

Wednesday, April 26 – JP’s Diner & Deli, River Rd., Essex Junction, check-in 10:30 AM, lunch 11:00 AM. Meatloaf, mashed potatoes, mixed vegetables, dessert.

Thursday, April 27 – Pizza Putt, S. Burlington, check-in 10:30 AM, lunch 11:00 AM. Salad, chicken parmesan over spaghetti, ice cream cake.

**Restaurant ticket program** – Age Well’s restaurant tickets are available on the first of each month, and must be used during the month they are purchased. Tickets are nonreturnable and not exchangeable. For tickets, connect with Pat Long, Community Meal Coordinator, 802-662-5200. Tickets must be presented before ordering. Restaurants have the right to offer limited menus.

Athens Diner, Milton, Monday-Saturday, 6:00 AM – 4:00 PM, Sundays 6:00 AM – 3:00 PM.

Dam Diner, Milton, Breakfast served all day, Sunday-Thursday, 7:00 AM – 8:00 PM, Friday-Saturday, 7:00 AM – 9:00 PM.

Dutch Mill, Shelburne, Monday-Sunday, 7:30 AM – 2:00 PM.

Holiday Inn, S. Burlington, Early Bird Dinner, Monday-Sunday, 5:00 – 7:00 PM. Four entrees available: grilled chicken, quesadilla, soup and sandwich, chicken primavera with broccoli.

Mimmo’s, Essex Junction, Mondays, 11:00 AM – 5:00 PM.

Pizza Putt, S. Burlington, lunch or dinner served seven days a week. Spaghetti with marinara sauce or baked ziti with tomato sauce and cheese. Includes salad, garlic bread or roll, and drink.

St. Michael’s College, Colchester, Monday-Friday dinner, 5:00 – 6:00 PM, Saturday-Sunday brunch 11:30 AM – 1:00 PM, dinner 5:00 – 6:00 PM.

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# Browns River Middle School students show support for Spectrum youth



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**Underhill - \$875,000**  
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**Jericho - \$489,900**  
Over an acre in country neighborhood. Bright sunny office, den & gorgeous great rm w/ built-ins & gas FP. Lg dining area is framed by the prvt backyard that opens up into the woods. Custom kitchen w/ SS appliances & granite counters. Master w/ en-suite bath. 2 addition! bedrooms & large bonus room!

**Richmond - \$359,500**  
Nearing completion! 3 bedroom home on a wonderful 1 acre country lot. Our colonial features 1664 sq ft, an open floor plan, modern kitchen and open living room. 3 bedrooms up, master w/ full bath & walk-in closet. Walkout lower level. 2 car attached garage. Just over the Hinesburg line!

**Fairfax - \$325,000**  
Views out over the valley to Mt Mansfield. Your home site is in the high meadows with a fringe of trees for your privacy. Sit on your front porch and enjoy the sun. This large L-shaped two story Colonial has a great floor plan. Four bedrooms and two and a half baths make this home easy to enjoy.

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On Thursday, March 23, over 28 Browns River Middle School students, parents, and teachers joined guidance counselor Greg Martin in participating in the Spectrum Sleep Out. Even though the temperatures were cold and snowy, they showed their support for homeless youth by raising \$5400. "We wanted to show our compassion and empathy for the homeless youth," said Greg Martin.

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