Dancing the night away to support the Vermont Symphony Orchestra





(Left) PJ and Barb McHenry of South Burlington and Jim and Lyn Feinson of Richmond and (right) Eric and Mary Anne Eckhardt of Underhill enjoyed an evening of dinner and dancing at the VSO's

Rabid raccoon discovered in Underhill; cases are few

Special to the Mountain Gazette

A raccoon discovered here last month has tested positive for

Tim Clark said he and his wife, Cathy, were working outside their Sugar Hill Road home February 8 when she spotted the raccoon in their garage.

"It was a young raccoon and it looked fine. It didn't seem to be too nervous," Clark said. But, a short time later the raccoon wandered out of the garage and into an open shed where it chewed on the tires of a four-wheeler and on some wood, he said. Then it went back into the garage and Clark got out his .22 rifle and shot it. He said he and his wife were concerned for the safety of their two children, 17 and 11, and their dog. "It had no fear of us. That is one of the things that concerned me," Clark said.

He called the Vermont Fish and Wildlife Department and was referred to the State Health Department. The carcass was picked up by a Health Department employee and was tested. The result was positive, Clark said. He said he also called Jennifer Silpe, Underhill's health officer and animal control officer.

"We've had rabies in Vermont for a long time now," said Dr. Robert Johnson, state public health veterinarian. "It's not any different now.

Vermont has seen fewer than 100 cases a year over the past several years, according to Health Department figures. Last year there were nine cases of rabid raccoons and skunks in Chittenden County, but none in the Mountain Gazette's circulation area. There were three cases in the county in 2009, again none in this area. In 2008, there were nine cases in the county, including a skunk in

Jericho and a skunk and a raccoon in Underhill. In 2007, there were 25 cases in the county, including one raccoon in Jericho, a raccoon in Underhill and a skunk in Richmond.

Dr. Johnson said rabies entered the state in 1994, beginning in Florida and moving rapidly north all the way to Quebec. "There are raccoon rabies in all the counties in Vermont now," he said. "It rears its ugly head and then quiets down." Johnson said the Health Department is partnering with the federal government, states adjacent to Vermont and with the Canadians to control and prevent

He said anyone who suspects that a wild animal is sick or might have rabies should call the Vermont Health Department's Rabies Hotline at 1-800-472-2437 or 1-802-223-8697.

Silpe said there recently was an incident where a dog had attacked a raccoon on Krug Road in Underhill Center. When she arrived on the scene Silpe said there was blood on the ground. A test by the Health Department determined the raccoon was not rabid.

Silpe urged anyone finding a wild animal acting strangely stay away from it and call her at 373-0893 and she will investigate. She cautioned people not to touch a wild animal because of the danger of being bitten. People should not trap wild animals and relocate them because they might be taking them away from their babies, she said. It also is against the law.

This is the time of the year when raccoons are looking for a place to nest and have babies," she said. "With the snow cover, natural habitat isn't available." She urged people to keep garage and shed doors closed, and if possible block off access for them under porches and decks.

Jericho Trails committee forms to help mediate disputes and identify trails appropriate use of those trails

By Phyl Newbeck

Special to the Mountain Gazette

When Bob Naylor and his wife Dorsey moved to Skunk Hollow Road in 1992, they immediately saw the potential of the woods behind their house and Naylor set himself to the task of clearing brush and establishing a trail. Soon he was joined in this endeavor by other neighbors who created a network of paths for non-motorized transportation.

Last year, the Fellowship of the Wheel, a mountain bike advocacy group, approached some Skunk Hollow Road residents about extending their trail network from Saxon Hill in Essex through to Jericho. Many gave permission but some residents of both towns, angry over the fact that the Fellowship had gotten involved in an Essex zoning debate, decided to post their land to prevent use by mountain bikers and others. It was then that Naylor thought it would be a good idea to have a Jericho Trails Committee which might be able to mediate landowner/user disputes, as well as help identify trails and appropriate use of those trails.

In 2010, Naylor approached the Jericho Select Board with his plan. "I thought that having a committee under the Town auspices would have a little clout," he said. "My concept was to get an intermediary group which would identify public and private trails and work out a program for public participation." Naylor's idea was to work primarily with pedestrian use - walking, skiing and snowshoeing - but also allow the possibility of mountain bikes and/or horses.

Naylor believes a committee could serve as the guiding body for groups wanting public access to private land. The committee could work with landowners to come up with a suitable agreement and then monitor use. In addition, Naylor sees the committee as a group

which can organize work days to clear land and make trails environmentally friendly and safe. He envisions the possibility of adding signage to some existing trails, helping spread the word when trails are too muddy to be used, and possibly working with landowners so that when they do logging, they keep existing trails intact. He hopes to visit with the Underhill Trails Committee to see how they function so that his group will have a template from which to

The Select Board liked Naylor's vision but proceeded to elaborate on it, proposing the creation of a one-year task force with the goal of eventually becoming a full committee. In furtherance of that goal, the Task Force, to be composed of 3-5 members with diverse backgrounds, will be charged with developing a mission statement, structure and budget. They will be asked to set a regular meeting schedule, take minutes and elect officers, and consider the following

- 1) The goals of the Town Plan
- 2) The current lack of a town-wide comprehensive pedestrian path plan and map
- 3) The need for a variety of pedestrian connections serving different functions and users, such as sidewalks, greenways, recreational trails and paths, and alternative transportation paths
- 4) The role of a committee in the development review process 5) The relationship between existing parks and trail networks
- managed by other entities 6) The securing of easements and land
- 7) Management, maintenance, and near and long term budgeting
- 8) Way-finding, education and related matters

Naylor doesn't expect the committee to be terribly time consum-Jericho trails committee continued on page 16

RABIES HOTLINE

Vermont Health Department 1-899-472-2437 or 1-802-223-8697

Underhill Health Officer Jennifer Silpe 373-0893

Municipal planning grant unites two communities

Special to the Mountain Gazette

There are several miles between Cambridge Village and Jeffersonville, but that doesn't seem to be an insurmountable gap. Recently the town of Cambridge and the Village of Jeff collaborated on a municipal planning grant application for the two villages, receiving a total of \$13,770 from the State of Vermont. Cambridge Planning Commission Chair Michael Moser said the purpose of the grant is to explore planning as it relates to the two centers. "It's very exciting to have the Town of Cambridge and the Village of Jeffersonville collaborating together on this planning opportunity," he said. "This is very important for our community."

The grant will allow the two villages to do an infrastructure assessment in conjunction with the Lamoille County Planning Commission. The group plans to host a series of public meetings, as well as survey town residents. Moser hopes to learn what residents feel are the "challenges and strengths" of the two villages with regard to infrastructure items like water, sewer, sidewalks, roads, lighting, wifi and broadband. The discussions may lead to applications for Village Center designation for either or both villages; a process which would fast-track the communities if they apply for walkways, sidewalks and trails, particularly in conjunction with the proposed roundabout at the intersection of Route 15 and 108.

Moser hopes one area of exploration during the discussions will be connectivity between the two villages. There is currently a VAST trail which connects the communities in winter, but Moser is interested in having a year-round pedestrian trail system. He noted that there are many challenges to overcome including vacant and abandoned properties and the lack of sidewalks in Cambridge. Moser believes the current discussions regarding the proposed rounadabout are good because they have helped people think about infrastruc-

Steve Munroe of the Lamoille County Planning Commission (LCPC) helped the two groups put together the grant application but he praised Moser for having done most of the work. "Mike went above and beyond in putting together the grant application," he said. Munroe said the LCPC will attend and help facilitate some of the public meetings, of which approximately eight are planned,

Two communities continued on page 16

COURT REPORT

On February 24, 2011 in Lamoille County Superior Court, **Jeffrey Foss**, 51, of Eden, VT was sentenced by Judge Dennis Pearson to serve 2 to 10 years in jail, having been convicted at a jury trial of Aggravated Domestic Assault. According to Lamoille County Deputy State's Attorney Todd Shove, the prosecutor assigned to the Lamoille County Special Investigation Unit, the conviction resulted from an assault on March 9, 2010. The victim was treated at Copley Hospital for multiple bone fractures as well as other injuries

January 12, 2011, **Eric M. Adams**, 28, Jericho, VT, charged with grand larceny greater than \$500, felony, in South Burlington, VT on August 4, 2006; amended to petty larceny \$900 or less, misdemeanor; pleaded guilty; fined \$500.

January 13, 2011, **Matthew Mantone**, 24, Underhill, VT, charged with disorderly conduct – noise in South Burlington, VT on November 20, 2010; pleaded guilty; fined \$350.

January 20, 2011, **Nicole L. Uhlir**, 28, Jericho, VT, charged with DUI, first offense, in Essex, VT on January 2,2011; pleaded guilty;

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News Briefs

fined \$300.

January 24, 2011, **Kevin R. Norton**, 35, Underhill, VT, charged with marijuana cultivation greater than 25 plants, felony, in Williston, VT on August 10, 2010; amended to marijuana cultivation greater than three plants, felony; pleaded guilty; sentence deferred for 18 months; charged with marijuana possession less than two ounces in Burlington, VT on August 10, 2010; pleaded guilty; sentenced to 89

months; charged with marijuana possession less than two ounces in Burlington, VT on August 10, 2010; pleaded guilty; sentenced to 89 to 90 days; charged with marijuana possession less than two ounces in Burlington, VT on August 10, 2010; pleaded guilty; sentenced to 89-90 days, concurrent; charged with marijuana possession less than two ounces in Burlington, VT on August 10, 2010; pleaded guilty; sentenced to 89-90 days, concurrent; charged with marijuana possession less than two ounces in Burlington, VT on August 10, 2010; pleaded guilty; sentenced to 89-90 days, concurrent; charged with marijuana possession less than two ounces in Burlington, VT on August 10, 2010; pleaded guilty; sentenced to 89-90 days, concurrent.

January 25, 2011, **Wade Bosley**, 36, Underhill, VT, charged with transporting big game taken by illegal means/closed season on November 19, 2010; pleaded guilty; fined \$200.

POLICE REPORT

On February 23, 2011 the Vermont State Police received a com-

plaint of a **burglary to the Brewski Pub** in Cambridge, VT. Forced entry was made in the establishment after closing Tuesday night. The burglary was discovered on Wednesday morning, 2-23-11.

During the course of the burglary an undisclosed amount of cash was stolen. Anyone with information regarding this crime is asked to contact the State Police at 878-7111. Case #: 11A100875

On 02/19/11 at approximately 7:00 PM the Williston State Police were notified of two missing hikers in the Town of Underhill. Further investigation found that Anthony Julianell, 60, of Underhill, VT and Frederic Morin, 61,of Burlintong, left on February 19, 2011, to go hiking on the trails of the Underhill State Park and at approximately 12:30 PM called to inform family they had arrived at the Summit of Stowe and were on their way back with an arrival time of approximately 5:30 PM.

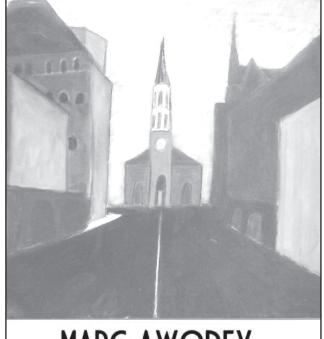
After the two males had not returned home, their wives called the State Police for assistance in locating them.

At approximate 8:55 PM Julianell and Morin exited the woods on Dean Road in the Town of Underhill and called from a residence advising that they were lost but were ok.

Upon the arrival of Vermont State Police and Rescue personnel, the males were checked and found to be in good sprits with no injuries.

Vermont State Police would like to remind the public to be careful during this time of year as the weather can change from calm to a heavy snow squalls and high winds at a moments notice, as with today, and your safety always needs to be paramount before any outdoor activity is planned.

Sedn us your news!



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Jericho Energy Task Force to present movie *Tapped*

The Jericho Energy Task Force will be presenting the movie *Tapped* at the Deborah Rawson Memorial Library on Saturday March 12 at 6:30 PM. From the producers of *Who Killed the Electric Car, Tapped* provides a look at the bottled water industry. *Tapped* addresses the question of whether water is a basic right or a commodity to be bought and sold. The movie traces the industry from the initial production of plastic bottles to the privatization of water rights, ending in the ocean where many discarded bottles meet their end in the so-called Great Pacific Garbage Patch. *Tapped* has received critical acclaim from film critics around the globe and has won awards at film festivals across the country.

We'll have a post-movie discussion about current bottled water initiatives in Vermont and what you can do in your own home to reduce the demand for water.

This will be a waste-free event. Folks are encouraged to bring a snack or beverage to share with others, as well as cups and plates to use from home. For more information about the event, please contact Chris Sims at 899-4507 or Larry Lamb at 899-4863.

If you'd like to learn more about the Jericho Energy Task Force, please join us at our monthly meeting on the third Wednesday of the month at 7:00 PM at the Jericho Town Hall or email us at *enerjericho@gmail.com*.

The Mountain Gazette

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Kevin Perry joined the Stonegrill as Operations Manager. Kevin is a native Vermonter born and raised in Orleans. He graduated from the culinary program at North Country Union High School Career Center and went to SUNY Cobleskill and graduated with a chef's degree

in Culinary Arts in 2000. We also added a new chef this summer and he has been changing the fundamental way we both prepare and cook food for our patrons.

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COMMUNITY COLUMNS

Car seat rules of the road

By Dr. Lewis First, First with Kids

While it's common knowledge that newborn infants aren't allowed to go home from the hospital without a car seat, I'm amazed at the number of parents that fail car seat inspections in our area either because the child is not buckled properly in the seat or the seat is not fastened well in the car.

This week, let me try to drive home some points about car seat safety.

There are three basic types of car seats.

An infant seat is used for babies under 20 pounds and less than one year of age in a rear-facing position in the back seat. If your baby reaches 20 pounds before a year of age, they should stay in the infant seat in that position until the first birthday. Many rearfacing seats now have weight limits of 30 to 35 pounds and height limits of 32-36 inches and can be used in that position even up to two years of age.

A toddler seat is front-facing and should only be used when your child is both more than 20 pounds AND one year of age. Keep using these until they are at least 40 pounds.

Booster seats are for children who weigh more than 40 pounds and up until they are 8 years of age and at least 4' 9 inches. Again if they are over eight and still not 4'9" they need to stay in the booster seat. These seats allow the lap and shoulder belts to be used but prevent the shoulder strap from fitting across the face or neck and allow the lap belt to cross the hips and not the belly.

What if your child doesn't want to go into a booster seat? Well, remember it's the law, but it also helps not to call it a "booster" or "baby" seat. Instead explain that with a booster seat they will feel more comfortable because the belts won't ride across their stomach, face or neck and that a booster seat makes it much easier to see.

When your child is tall enough such that the regular lap belt rests low on top of their thighs and the shoulder belt rests comfortably across the middle of their chest, they can come out of a booster seat. Even if they graduate to a regular seatbelt, children under 12 should still ride in the back since they are not sized properly to withstand the pressure of an airbag opening, and could suffer head and neck injuries. Finally, don't forget to buckle up yourselves to set a good

Lewis First, M.D., is chief of Pediatrics at Vermont Children's Hospital at Fletcher Allen Health Care and chair of the Department of Pediatrics at the University of Vermont College of Medicine.

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899-4911 www.jccvt.org

JERICHO UNITED METHODIST CHURCH "Open Hearts, Open Minds, Open Doors 71 Vermont Route 15, Jericho (next to Town Hall) Rev. Patrice Goodwin, 899-4288 Rev. John Goodwin, 899-4288 Sunday Worship Service, 9:00 AM Children's Sunday School, 9:00 AM Men's Breakfast - third Sunday, 7:00 AM jerichoumc@jumcvt.org • www.jumcvt.org

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Green and clean -VT files for spring IOP By Bernie Paquette

A litter prevention and eradication story told with some imagination and mixed with my motto "Laugh, Dream, Try, and Do-

Vermont is hoping to warm the hearts and bodies of winter weary residents

The Green Mountains State known for its skiing, snowboarding and long winters as well as maple syrup, filed a prospectus for an initial public offering on Friday, becoming the first state in the Northeast to seek a public listing for an early spring.



The climate is ripe. Those suspicious of global warming predictions might re-think their views upon seeing yellow daffodils blooming on lawns from Southern to Central to Northern Vermont on April 1.

Now the handling of the initial public offering (IPO) is a delicate process requiring the utmost care. Introducing spring too abruptly will have a devastating impact on maple sugaring, as the sap flow will end too quickly. A sudden spring without the usual March thawing and freezing and sixty degree temperatures followed by two feet of wet snow could be shocking. Imagine going from picturesque white snow covered streets and sidewalks to clear roads and pathways in less than two months.

Ok that might not be so bad, except that without some time for transition, the "yuck" factor might have us wanting the snow back. Abruptly we will see the accumulated litter- previously covered by snow. With Green Up Day months away- What would Vermonters

The filing does show increasing numbers of residents concerned with keeping Vermont clean year round. Along with continuing strong participation in Green Up Day on the first Saturday in May, Vermonters are taking up the call to "Pick up a piece every day". While walking, paddling, even bicycle riding more people are carrying a small grocery bag to capture found trash along the streets, sidewalks and waterways in their communities.

The Vermont prospectus shows a fast growing pride in what

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people feel about their clean and green towns, cities, and state. This is not New York. Vermonters do not need headlines to decry a few feet of snow, nor days on end of below zero temperatures. Yet who would mind waking up with "The Gazette" and reading headlines stating: "Spring has Sprung Early- "The IPO was a Success!"?

the headlines again. At the same time, why not captivate our audience with activism that drives headlines declaring, "Vermonters Eradicate Litter Year-Round", "Vermont Investors Rally for a Clean Venture". Now that is an IPO worth investing in.

Who would mind? Time for Vermont to capture bragging rights in

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The hours of operation for

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> The Mountain Gazette takes full responsiblity for the error and apologizes to the folks at Jerihill

Corrected email address

Nate Guay Outdoor Services

802-279-1367 email: snowguay@yahoo.com

Correction: Dave Eaton is no longer a Justice of the Peace for Jericho.

Correction to the Jericho Underhill Community Directory:

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Lullaby of the Snowshoe Hare Grandma

I am sure most of you have heard of the latest explosion in childrearing: the new book entitled "Battle Hymn of the Tiger Mother".



It was a feature article in Newsweek, accompanied by a series of essays that, in general, supported the viewpoint of the book's author.....that we in the U.S. are too soft on our kids, and that they are ill-prepared for a future life in competition with Chinese middleclass children. One sentence hangs in my mind: "the U.S.....a place where parents obey their children". I have

the perfect illustration: recently my daughter and son-in-law took a brief vacation....their first in many years. Ana and Will were parceled out to some very willing and caring families (such sharing is so typical of Underhill). On the first Monday, I received a call from the Underhill Central School nurse (another gem in our small society) who said that Will (age 8) had a fever. I rearranged what I could of my own medical appointments in Burlington, and picked him up, sitting forlornly in the hub of school activity, the principal's, secretary's, manager's, checkpoint-security office (staffed by another gem in Underhill, who knows most of the kids, and their parents, too). The next day the fever came back, and I thought it best, as chief-guardian-in-absentia, to check in with the pediatrician. Will reluctantly pulled on his socks, and took forever to get his sneakers on. Then more minutes to get jacket, hat, mittens and himself piled into the car. "Gramma, I don't like that stick they stick down your throat; it gags me.....And I don't have a sore throat, anyway.....And my stomach doesn't hurt....And my head doesn't ache.....And I get stuff like this a lot.....And....And".....with the final coup-de-grace: "And Gramma, you're a nurse, so you know what to do, anyway." So, we piled out of the car and back into the comfy couch and hot milk and toast. I had abrogated my authority, and just hoped this small victory would not morph into a new tactic. But, he was right! It was the usual childhood illness, occurring about five times a year in a youngster's germ-filled exposures. And I could manage perfectly well, after years of public health practice. So, it is a perfect example of a parent 'obeying' the child. I ultimately didn't think one should esert common sense to prove a point of discipline

The essays say that American families are overly concerned about a child's self-esteem, and not strict enough in the acknowledgement of futuristic prophecies of doom, predicting that we will be overrun by the Chinese, just as soon as they get a better handle on creativity-within-the-system.

As a grandmother, my role is peripheral, and not addressed by the book or the essays. And perhaps more peaceful, since traditionality and age keep me settled into a narrower pattern? In thinking of a title for this essay, I tried to think of an animal that represented this middle role.....a non-predatory, relatively cheerful, somewhat isolated but happy animal, but not one who was so simple as to have lapsed into a place of cheery senility. I have not succeeded too well in finding such a creature. Perhaps that is because, in my effort to balance both sides of this brouhaha, the extremes are so polarized as to make a middle ground impossible. There are so many thoughts keeping the scale constantly moving, that a balance is like trying to find cohesion, continuity and even partial acceptance in anything that a society is currently defining as normal'. Albert Camus wrote: "It takes a great deal of energy to maintain a 'normal' person."

In rereading this essay, I note that there are a number of parentheses that enclose personalized comments about our community; are these the connections for the parents of Underhill who do not wish to resort to a narrow code of strict discipline that isolates instead of incorporates? Most of us moved here because we wanted the smallness of the town, the view of the mountain, the stretches of fields and forests; we wanted the camaraderie that we could have and create with other like minds. Perhaps we will wish we had been stricter with our kids, (and grandkids). We wonder if the safety net created by caring about your neighbor, working on a school committee, planting trees, clearing hiking trails, debating ideas at Town Meeting, going to be enough to carry them through their moves away from this wonderful place of growing up?

I think it will.

VISIONS of VERMONT through the eyes and hearts of Vermonters

By Betsy Melvin

It was back in the 40's when I got Vermont in my blood as a student of Vermont Junior College when I learned to ski on the hill behind our door; didn't even have a rope tow either. In the 50's I joined a ski club in Hartford, CT, also became a founding member of a very large camera club. We skiers jumped in the cars and happily drove up to the Underhill through the two lane highways to get to Underhill then drive around to ski at Stowe.

This year as much as I would love to be able to ski again, my (deceased) husband said when I became 70 "Please, no more skiing for you, there's only one Betsy!". But this past was Presidents Weekend, and somehow my heart took me back to Smuggs where I recalled I had broken my leg for the first time...... But 42 years ago I had made five photographs that found their way into my book Robert Frost's New England.

During that period it turns out that IBM was founded in Vermont because TOM WATSON loved skiing in Vermont. He loved SMUGG'S, so founded SMUGGLER'S NOTCH, and in traveling through had purchased some of my photographs! At this point JANE SHAW is processing some of his estate matters.

There's also the Visions of Vermont Art Gallery, out in Jeff, where owner JANE SHAW was earlier known for setting up the Brian Gallery with Alder Brian himself. After his death in '01, she had planned to retire and paint! In transitioning, someone in Waterville with an empty horse barn suggested having an art show teaching their "local boy" ERIC TOBIN to exhibit in the stalls of the barn!

Courageously they held a 3-day event that proved very successful! Eric then declared he had several framed piece s that took up too much space (more than the unframed units) . So creative juices began to flow again. Jane and Terry had been living in the 3-floor carriage house down the road a piece from the Bryan Gallery. But now they were employed up on the mountain taking care of someone else's estate for the next few years, therefore the carriage house became the perfect place to open a new gallery to feature Eric's beautiful work! Jane had encouraged Eric since his youth to pursue his talent, and now convinced him to give up his "regular job". Jane has now built him up to become an internationally known artist, "KEEPING the ESSENCE of VERMONT ALIVE" worldwide, as she puts it!

Thus, Jane put aside her own retirement plans, and has been working 24-7 ever since! Incidentally, one of the many blessings of her and Terry's work is that the top and lower floors of the carriage house have been both rented out to help with the expenses.

One of Jane's innovations there, in Jeffersonville, was the addition of the Sugarhouse Gallery on her premises, which was put together by her creative, artistic, son Andrew, from 17 boxes of a pre-cut sugarhouse that had been utilized as a traveling Vermont Sugarhouse... now as a second smaller gallery on their property. She has a third building where a home became a third gallery plus 2 rental units above. Her latest "dream come true" is the purchase of the adjoining parsonage, which the church was eager to have her own, for an additional gallery. This will eventually become Jane and Terry Shaw's own living space!

For many years now I've admired ERIC TOBIN'S realistic Vermont landscapes and there I was sitting in this gallery filled with his marvelous works when in he walked! He himself has been mentoring his own daughter to find her own way in creativity and is now creating her own artworks in college. I was so happy to finally meet him, so I asked Jane to take a picture of us together with one of his

I had my young artistic friend/driver JENNA ENDRESEN (whom I had urged to bring her own portfolio of drawings) because Jane always likes to encourage young artists. It was fascinating for me to hear how Jenna's beautiful designs could eventually become designs on very fine china, or possibly fabrics! It was so exhilarating to hear the creative minds at work within that gallery on that day.

Last summer, when the Mills Riverside Park wound down their weekly musical events and while I was there, I got carried back to my own photographs taken right there in 1980, 30 years before, when I had not disclosed to anyone "my secret location" of such photographs! Now, the ducks no longer "hang around" there, with so many humans around!

However, my friend LUCY WILCOX is now finding beautiful photographs right there....maybe different angles, not the same, but beautiful! Congrats to LUCY, who is now beginning to show and sell her own work more and more!

How blessed we are to live in such a beautiful world, with so many talented folks, in so many different areas of expression, who are, indeed, PASSING IT ALONG!

Ash Wednesday

Services

the beginning of Lent, leading up to Holy Week and the Christian celebra-

tion of Jesus' death and resurrection

on Easter Sunday (April 24 this year). Ash Wednesday symbolizes a beginning and an end - "ashes to ashes." It

is the beginning of Lent, when many

Christians set aside old habits and pray

and work toward a new, better life. In

honor of this new beginning, there will be an Ash Wednesday Ecumenical worship service at the Jericho United

Methodist Church on March 9 at 7:00

PM, featuring special music and the

offer an Adult Education Café for Lent

on Sunday mornings from March 20

through April 10 downstairs in the Church from 9:00 - 9:45 AM. The

Lenten study is entitled "Is God Vio-

lent?" and will be led by Pastor Kevin

Goldenbogen. If you are searching for answers about today's world and your

place in it, you are welcome to attend

this series of discussions. Coffee will

be provided and child care is available

upon request. Contact: 899-1722 or

revkevg@yahoo.com.

The United Church of Underhill will

imposition of ashes

March 9, 2010, is Ash Wednesday,

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EVENTS

COMING EVENTS

Thursday March 3

Making a Living Working for Peace, Saint Michael's College, 5:30 PM, Alliot Student Center Vermont Room. A panel on career paths promoting social justice and non-violence featuring Suzanne and Brayton Shanley, founders of the Agape Community in Ware, Mass.; Joseph Gainza, peace and justice teacher, former director, American Friends Service Committee in Vermont; founding member, Vermont Action for Peace; Chelsea Frisbee, placement coordinator, Volunteers for Peace of Burlington, an international volunteer service organization.

Friday March 4

Community Fish Fry, VFW POST 6689, 73 Pearl St., Essex Jct., VT, 6:00 – 7:00 PM. Baked or fried haddock, mashed potatoes or fries, coleslaw and rolls. \$10 adults, children \$5. Sponsored by the Men's Aux. Post 6689 - 878-0700 for more info.

Africa Night, St. James Epsicopal Church, Junction, 6:00 – 8:30 PM. This energetic, inspiring fundraiser will feature Jeh Kulu Dance and Drum Theater and a presentation entitled, "From Genocide to Independence". Donations to benefit the Sudan Development Foundation (SUDEF). A traditional African meal will also be provided. For more information or to make a reservation, please email africanight2011@aol.com.

Saturday March 5

Community Pot Lunch Dinner and Welcome Home Vermont National Guard members - 5:30 - 8 PM, Community Center in Jericho. Bring food to share; drinks provided. Also bring your own utensils if possible.

Painting Party, Birds of Vermont Museum, 9:00 AM – 1:00 PM. Volunteers needed to help us paint part of the Museum. Lunch will be provided. Please let us know you're coming so we can feed you! Call us at 802 434-2167 or email us at *museum@birdsofvermont.org*.

Friday March 11

Queen City Contras will hold its regular dance at 8:00 PM at the Shelburne Town Hall, 5367 Shelburne Road, Shelburne, VT. Rebecca Lay will be the caller. Music will be provided by Sarah Blair and Colin McCaffrey. All are welcome, all dances taught, no partner or experience necessary. Beginners' session at 7:45 PM. Admission is \$8.00 adults. Under 12 free. Please bring clean, soft-soled shoes for dancing. Dance Info: 802-371-9492 or 802-343-716

Saturday March 12

Author appearance, book reading and signing, Arnie Kozak, PhD will discuss his new book, *The Everything Buddhism Book: A Complete Introduction to the History, Traditions, and Beliefs of Buddhism, Past and Present.* Phoenix Books and Café at Essex Shoppes and Cinema, 2:00 PM. Free. More info www.phoenixbooks.biz or 872-7111

Using FamilySearch.org and other FHL Resources -The Family History Library in St. Lake City, Utah, is the largest genealogy repository in the world. Much of the data stored there has been available to genealogists by ordering microfilm copies through their local centers. Recently, the FHL has been putting millions of records online at their website *-familysearch.org*. Learn about this exciting development as well has how to tap into the FHL through this site or by ordering microfilm copies. Join us from 10:30 AM to 12:00 PM. Donations are appreciated for classes. Questions? Please visit our website *Http://www.vt-fcgs.org*, or email *mail@vt-fcgs.org*.

March 12 and 26

Join us for a tour of the **Tom Moore Green Dream Home**. Sustainable living. Ultra High Performance. Renewable energy systems. A showcase of sate-of-the-art design and craftsmanship. Blog: www.tommoore.wordpress.com and the phone 802-899-2376

Sunday, March 13

Community breakfast, VFW POST 6689, 73 Pearl St., 2011, 9:00 - 11:00 AM. Adults, \$7, Children, \$3. Sponsored by the Ladies Aux. Post 6689 - 878-0700 for more info.

Annual Corned Beef and Cabbage dinner, St. Thomas Church, Underhill Center, 5:00 PM in the church hall. Sponsored by Knights of Columbus Council #7810. Adults \$10.00, children 5-12 \$5.00. Children under 5 free. Takeout meals will be available. Bring the whole family for this tasty Irish dinner to celebrate St. Patrick's Day.

Westford Winter Music Series, UCW White Church, 1 White Church Lane, 4:00-5:00PM, presents Maple Jam. Expect an afternoon of wonderful music with Vermont's premier a cappella singing group. For more information contact Marjorie Hamrell, 802-879-4028.

Thursday March 17

Come in

and enjoy

our

DAILY

SPECIALS

Newt Night presented by the North Branch Nature Center of Montpelier, Phoenix Books and Café at Essex Shoppes and Cin-

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Sunday

Brunch

ema, 6:30 PM. Free. Budding scientists, concerned citizens, and naturalists-at-heart are invited to learn about Vermont's Amphibian Monitoring Program. There will be live specimens, a slide show, demonstrations, and loads of fun and knowledge to be enjoyed by all attendants. Space is limited; to reserve a spot or for more information, please contact Rachel Mower at 802-872-7111 or rachel@phoenixbooks.biz. This demonstration involves delicate critters, so is best for ages 5 and up.

Ongoing Events

ADULTACTIVITIES

Chittenden County Postage stamps and post card club meets every first Wed. of the month 6:15 -8:30 PM, A IDX Circle GE Healthcare Building. South Burlington Information e-mail: *Laineyrapp@yahoo.com* or call me at 802 660-4817

The **Essex Art League** holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862-3014

Chittenden County Stamp Club, First Wednesday of the month 6:15-8:30 PM, GE Healthcare, 1 IDX Circle, South Burlington, VT. Everyone is welcome to come learn about stamp collecting, postage history, cachets, postcards and postage stamps or a variety of other knowledge. Lainey Rappaport (802) 660-4817.

Eagles Auxiliary #3210 holds bingo at the club house on Rt. 109 Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally at 644-5377.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome! Call Roger, 899-3106, for information.

Mt. Mansfield Scale Modelers gather on the third Thursday of the month from 6:30 to 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction. Next meetings Thursday December 16, 2010; Thursday January 25, 2011; and Thursday February 24, 2011.

The women of the United Church of Underhill meet on the second Saturday of each month (March 12) at 8:00 AM at the Church located at the park on Rt. 15 in Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

Vermont French Canadian Genealogical Society is located in Fort Ethan Allen, Colchester. We can help you get started in finding your ancestors, even those that are not French Canadian. We have the complete Vermont Vital Records so you don't need to drive to Middlesex to access that information. Come see us on Tuesdays from 3:00 to 9:30 PM and Saturdays 10:00 AM to 4:00 PM. Parking and entrance on Hegeman Ave. across from the State Police. Please visit our website *Http://www.vt-fcgs.org*, or call 802-238-5934 for more information.

HEALH EVENTS & GROUPS

Alcoholics Anonymous Meeting, "Wing It" group meets Sundays - 11:00 AM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker meeting followed by a Brunch (there is a \$10 charge for the brunch)

Alcoholics Anonymous Meeting, "The Firing Line" group meets Wednesdays, 7:15 PM - 8:15 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Step meeting

Alcoholics Anonymous Meeting, "The Firing Line" group meets Saturdays, 8:00 – 9:00 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker Discussion meeting

Alzheimer's Support Group - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

Overeaters Anonymous meets 6:00 – 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville. Weigh-in 5:15–6:00 PM.

Healing Circle Breast Cancer Network, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

Franklin County Prostate Cancer Support Group, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For information, Fern Mercure, 524-0719.

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Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM at the United Church of Underhill, Underhill Flats

Pilates Class Schedule, Wednesday evenings at 6:30 PM at MMU. Monday evenings at 6:00 PM and Saturday mornings at 9:00 AM at Dakini Studio. Call Lisa Timbers at 899-4191 for more information or visit her website at https://timbers.wordpress.com

KIDS

"MUSIC WITH MIA" weekly musical story time at University Mall. Kids can enjoy music, stories, and sing-a-longs with local singer/song-writer Mia Adams. Located in center court, Mondays at 10:30 am. Free. This series goes through March 28, 2011. For more information, please call 863-1066 x11.

Playgroups are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events & information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or *underhillplaygroup@yahoo.com*.

Monday: Jericho Community Center 9:30 - 11:00 AM.

Wednesday: Bolton's Smilie Memorial School 8:15 - 10:15 AM and Richmond Free Library 8:45 - 10:15 AM and Huntington's Brewster Pierce Memorial School 3:00 - 5:00 PM.

Friday: Underhill Central School 9:30 - 11:00 AM.

Bolton Family Play Night, in the Smilie School gym, usually the first and third Fridays, 6:00 – 7:30 PM. Free. Mostly unstructured play with the school's equipment. Contact Tim Grover, 434-4180

Kids' Yoga, 3-5 years & 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

SENIORS/COMMUNITY MEALS

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome! Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

Johnson Community Meal - Every 2nd & 4th Wednesday, 11:30AM-12:30pm at the United Church in Johnson. Come for a hot meal and get to know your neighbors. The meal will be followed by a community gathering. For more information, please contact: Ellen Hill: 635-1439, *ellen.hill@jsc.edu*.

Westford Senior lunches – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. The next senior luncheon is on Monday, September 13. There is no lunch in July or August. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire station Suggested \$3.00 donation. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

Huntington senior meal site – The Huntington Senior meals are served the third Tuesday of each month at 12:00 noon at the Community Baptist Church in Huntington Center.

St. Jude's Church, Hinesburg, senior meals held on second and fourth Wednesday of each month with bingo games after the dinners. Everyone is welcome including caregivers. Dinners are \$3.00 per person. For information call Ted Barrette at 453-3087.

Starksboro First Baptist Church, Starksboro - senior meals, fourth Thursday of the month, 11:30 AM, call Brenda Boutin at 802-453-6354 for more information.

SPORTS ACTIVITIES

Pliates - Wednesday evenings at 6:30 PM at MMU. Monday evenings at 6:00 PM and Saturday mornings at 9:00 AM at Dakini Studio. Call Lisa Timbers at 899-4191 for more information or visit her website at http://timbers.wordpress.com

SUPPORT GROUPS

CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome, 1:00 to 3:00 PM every third Thursday at: The Bagel Cafe, Ethan Allen Shopping Center Burlington, VT call or visit website *www.vtcfids.org* or Lainey at 802 660-4817 or 800-296-1445 ask for Rik

Alzheimer's support group, third Wednesday, 9:30-11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Ongoing Events continued on page 6



4 eggs

Fruit Cocktail

HEALTH / SENIOR INFORMATION

RECIPES BY MARIAN TOBIN

Impossible Bacon Quiche

12 slices fried thin crumbled bacon ! cup so shredded swiss cheese 1/3 cup chopped onions 2 cups of milk 1 cup Bisquick baking mix

Heat over to 400 degrees. Oil a 10" x 1-1/2 " pie plate. Mix all ingredients until smooth. Pour into pie plate. Bake 35-40 minutes until set. Cool and enjoy.



March 2011 Community Senior Meals

. For mor	For more information call the Champlain Valley Agency on Aging at 865-0360						
Monday	Tuesday	Wednesday	Thursday	Priday			
	Mardi Gras at the Elk's North Ave., Burl. 10:00 am check in 11:00 am lunch Bourbon Chicken, Mashed Potatoes, Vegetables, Salad, Bread Pudding (lickets required please see Fat Pike)	Dutch Mill Shelburne Rd. Shelburne 10:30 a.m. check in 11:00 a.m. lunch Baked Ham	Bridge Street Café Bridge Street Café 10:30 a.m. check in 11:00 a.m. lunch Turkey Dinner	4 Hinesburg Mealsite 11:30 a.m.			
7 Covenant Church Essex Ctr. 12:00 noon No Spice Chill, Winter Vegetables, Marble Rye Bread, Tropical Fruit	8 Pizza Hut Susie Wilson Road, Essex Jct. 10:30 a.m. check in 11:00 a.m. lunch "All you can eat Pizza Buffet"	9 <u>Fonderosa</u> Williston Check in 11:00 a.m. Lunch at 11:15 a.m. "all you can eat Buffet"	10 Holiday Inn So. Burlington 11:00 a.m. check in 11:30 a.m. lunch Turkey Dinner	11 United Church Hinesburg 12:00 noon Manicotti, Tossed Salad, Whole What Rolls, Chocolate Cake			
Pizza Buffet Pizza Buffet Pizza Buffet 10:30 a.m. check in 11:00 a.m. lunch "All you can eat Fizza Buffet"	15 T-Bones Hampton lnn, Colchester 10:30 a.m. check-in 11:00 a.m. lunch Baked Ham	16 Colonial Room Essex Jet. Educa. Ctr. 11:15 a.m. check in 12:00 noon lunch Turkey Dinner	17 St. Patty's Day Dutch Mill Shelburne Rd. Shelburne Rd. Shelburne a.m. check in 11:00 a.m. lunch Corned Beef and Cabbage	18 <u>United Church</u> Hinesburg 12:00 noon Creamy Macaroni & Cheese, Broccoli & Cauliflower, Fruit Bread, Fears			
21 Covenant Church Essex Ctr. 12:00 noon Stuffed Green Peppers, Cole Slaw, Pumpernickel Bread, Fruit Filled Cookie Papa Nicks 3:00 p.m. Boiled Dinner	22 <u>Fizza Putt</u> So. Burlington 10:30 a.m. check in 11:00 a.m. lunch Spaghetti and Meatballs	Essex Grill Essex Jet. (formerly located where Af's was) 10:30 a.m. check in 11:00 a.m. hunch Shepherd's Pie	24 Holiday Inn So. Burlington 11:00 a.m. check in 11:30 a.m. lunch Turkey Dinner	25 <u>United Church</u> Hinesburg 12:00 noon Spaghetti with Meatballs, Tossed Salad, Italian Bread, Banana Pudding			
28 <u>Covenant Church</u> Essex Ctr. 12:00 noon Salisbury Steak, New Red Fotatoes, Fall Vegetables, Pumpernickel Bread,	Ponderosa Williston Check in 11:00 a.m. Lunch at 11:15 a.m. "all you can eat Buffet"	30 JF's Restaurant River Rd., Essex Jct. 10:30 a.m. check in 11:00 a.m. lunch	31 Pixes Hut Susie Wilson Road, Essex Jct. 10:30 a.m. check in 11:00 a.m. lunch "All you can eat Pixes Buffet"				

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HUNTINGTON / RICHMOND OBITS

Mary Josephine Amelia Chase Bradshaw Andrews, 87, of Richmond, VT, died peacefully Tuesday February 22, 2011 in Rutland. She and her husband, Everett B. Andrews, operated the Grey Rocks Farm, now known as Andrews Farm, on Route 2 in Richmond for many years. A direct descendant of the initial Mormon settlers of Salt Lake City, Mary Jo was born on June 11, 1923 in a pioneer log cabin at Chase Park in Bountiful, Utah, the daughter of Josephine Chase Bradshaw and Merrill Crary Bradshaw. As a child, she lived in Bountiful, Seattle, Tacoma, Omaha, and McPherson, Kan. She received a bachelor's degree in Music from Bethany College, Lindsborg, Kan. She was an accomplished musician, concert pianist, and pipe organist, who completed post-graduate work in music at Columbia University, and the Julliard School in New York City. She also obtained a master's of science in counseling from Saint Michael's College, and an associate's degree in paralegal studies from Woodbury College. Mary Jo was an organist at many area churches and The Old Round Church in Richmond, playing for numerous wedding, funerals, and other celebrations. She was a Choir Director for many years at the Richmond Congregational Church, and was a music teacher at local elementary and secondary schools. Mary Jo retired from the State of Vermont after many years as a social worker, and vocational rehabilitation counselor. At the end of her career, she was very involved with the Foster Grandparents program. She was also a reading tutor at the Pine Ridge School. She was a consummate rug hooker, who for many years attended weekly gatherings with friends known as the Richmond Happy Hookers. Mary Jo served on Richmond's Conservation Commission, Richmond Free Library Board, was elected Town Auditor, and served with Richmond Rescue during its first years. She and Everett organized the original Richmond's Farmers' Market and hosted the first several years' markets at their farm. She and Everett worked to locate and finance the period-appropriate organ for the Old Round Church, and they initiated the summer series of popular public concerts there. She was a life time member of the Daughters of the American Revolution (DAR) and Mayflower Society, reflecting her great interest in history and genealogy. She served as State Regent for DAR. Survivors include four daughters, Jennifer Gilligan of Richmond, VT, Amelia Wager and her husband, Thomas, of Norwich, VT, Catherine Couture and her husband, Richard, of Thornton, Colo., and Abigail Allard and her husband, John, of North Clarendon, VT; eight grandchildren, Brian Gilligan and his wife, Emily, of Fairfax, Va., Elizabeth Wagner Boutin and her husband, Andy, of Montpelier, Richard Couture and his wife, Holly, of Westminster, Colo., Jeffrey Wagner and his wife, Beth, of Anchorage, AK, Kenneth Couture and his wife, Myra, of Thornton, Colo., Christopher Allard and his fiancé, Cortney, of Rutland, Sarah Allard of Washington, DC, and Bailey Allard of North Clarendon, VT; and four great-grand-children, Kira Gilligan, Isabelle Boutin, Lillian Boutin, and Connor Couture. She is also survived by a sister. Madeline Earl: and several nieces and nephews. She was predeceased by the love of her life, Everett B. Andrews, her husband of 64 years, on December 28, 2010; and by four brothers. Services was on Saturday at 10:00 AM at the Church of the Latter Day Saints, 400 Swift Street, South Burlington, with a reception following at the Andrews Farm, 1147 East Main Street, Richmond. In lieu of flowers, please make a donation to the charity of your choice. Suggestions are Richmond Meals on Wheels, c/o Champlain Valley Agency on Aging, the Foster Grandparents Program, Richmond Free Library, or the Vermont Farm Bureau.



In loving memory of a lovely, vibrant woman, Stacy Ring of Huntington, VT, left us unexpectedly on Wednesday February 16, 2011 to join her mother, Lorraine Ring, in Heaven. Born February 17, 1967, Stacy lived and took care of her Mom in

Huntington for many years and currently resided with her fiance in Milton. Stacy was a loving mother and fiancé. She was a very hardworking and caring person who always did everything to make everyone happy. She loved life, her family and her friends. She loved her animals, gardening, crafting, reading, and vacations. She leaves behind her son, Ethan Shepard; fiancé, Richard Fleming; father, Robert Tom'Tillotson; grandmother, Muriel Tillotson; brothers, Wayne and Kevin Ring; sisters, Susan Busier and Rhoda Russin and their families; her two favorite little men, Brandon "Muffy" Freegard and Alex Fleming; her best friends and confidants, Sarah and Danny Worthiem and Vicki Trombley; and several nieces, nephews, cousins, friends and workers. We will forever hold her in our hearts and memories, and we will always love her. Calling hours were on Sunday February 20, 2011 from 1:00 to 3:00 PM at Gifford Funeral Home, 22 Depot St., Richmond, with the funeral service in the funeral home at 3:00 PMthe Rev. James Gorman presiding.

Ongoing Events continued from page 5-

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, third Sunday, 3:00 - 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

Veterans Job Networking, Wednesdays, 9:30 -11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans

Eating Disorders Parental Support Group, third Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on the first Thursday of the month, rotating to local restaurants, 7:00 – 8:00 AM. For information, call Anita Lotto, 793-0856, or Chuck Hogan, 644-8134.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, jquinninvt@aol.com Jericho-Underhill Water District meets first

Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

Jericho Historical Society, second Thursday, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Village of Jericho, Inc. – Please be advised that the Board of Water Commissions of the Village of Jericho, Inc. will hold its next monthly meeting Tuesday March 15, 2011, 7:00 PM.

Jericho Energy Task Force meets the third Wednesday of every month from 7:00 to 8:30 PM at Jericho Town Hall.

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Westford Food Shelf, open on the third Saturday of every month, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

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Teen Suicide: A Vermont Tragedy

Second installment in a three-part series on the causes, impact and prevention of teen suicide, in Vermont

Part II: The Impact of Teen Suicide By Richard Mindell

Special to the Mountain Gazette

A single teen suicide can impact many people, from the victim's parents, to siblings, grandparents and members of the victim's extended family, to close friends, classmates, neighbors and more. Teen suicide shakes an entire community. Unfortunately, the suffering doesn't stop when the event is over. Often, except for the teenager who took his or her own life, the suffering has just begun.

Teen suicide affects individual survivors as well as the community at large, but it is the impact on close survivors, in particular, that can be most profound, manifesting itself in numerous ways. Notes Robin Peschi, of the Howard Center, Child Youth and Family Services, in Burlington, "People may find themselves thinking about the person or the circumstances surrounding their death, often having an increase or decrease in their sleeping or eating. They may have trouble focusing. They may experience feelings such as guilt, shame, anger, fear, sadness, anxiety. They may have nightmares or confusing dreams, mood changes, or they may lose interest in activities."

According to Jeffrey Jackson, of the American Institute of Suicidology, "In the weeks and months after a suicide, survivors ride a roller-coaster of emotions unlike any other."

The term, "suicide survivor" includes anyone who cared deeply for the victim. The term is not limited to parents and close friends.

Survivors might include teachers, particularly a teacher with whom the victim had a special relationship. It might be a coach, a guidance counselor, a best friend, or a boyfriend or girlfriend, a neighbor or employer who was the young person's mentor. It might be an older sibling to whom the victim looked up, or a younger sibling who admired his or her older brother or sister. All that matters is that the survivor cared about the suicide victim and feels pain from

Although there is little empirical data on the subject of the impact of teen suicide, mental health care professionals seem to agree on several things: First, a suicide victim can leave as many as 6-8 survivors, which

means there may be as many as a quarter of a million new suicide survivors every year in the United States. While acknowledging that the grieving process is difficult for everyone, they also agree that this process can be far more difficult for survivors of suicide victims than for survivors of teens who have died of natural causes. The phenomenon is referred to as Complicated Grief. Suicide is sudden. Survivors of suicide victims do not have time to prepare themselves, emotionally and in other ways, for their loss. While accidental death is also sudden, survivors of teens who lose their lives from accidental death typically don't suffer from the extreme sense of guilt that is felt by many suicide survivors. In addition to guilt, suicide survivors also have a tendency to re-examine the event over and over again, sometimes for years, to find

meaning in it, a tendency to distance themselves from family and friends. They suffer from depression and an increased tendency toward conflict. Many survivors, particularly those who either witnessed the event or discovered their loved one's body immediately after the event or before anyone else, suffer from various

> degrees of Post-Traumatic Stress Disorder, as well. Many also tend to avoid anything that reminds them of the event as these stimuli can trigger bad feelings. Some of these stimuli, however, such as birthdays, are un-

> Time is another factor. Teen suicide survivors may grieve for longer periods of time than others, and in some extreme cases, they may never recover from their loss. While most people grieve for a period of one to three years, suicide survivors typically grieve for a period of three to five years. Worse, they may go through periods during which they feel better, only to regress into the deepest form of grief they felt immediately after the event.

> But perhaps the most difficult challenge survivors of teen suicide must face is another phenomenon called,

Stigmatization. Suicide has been viewed throughout history as an evil act that should be shunned. During the Middle Ages, the family

of a suicide victim was not permitted to bury its loved one's body in the church cemetery. In many cases, the bodies of suicide victims were burned to expel evil spirits. Survivors of suicide victims often lost their property and became outcasts in their communities. Not only did they have to deal with the loss of their loved one and all of the difficulties associated with grieving for that person, but they had to cope with rejection, isolation and shame by their friends, neighbors and fellow parishioners.

In many ways, things haven't changed that much. While we no longer have, what some experts refer to as, "Institutionalized Stigmatization," there is still an unfortunate and unwarranted stigma attached to suicide, especially teen suicide. Suicide is still viewed by some as something normal people don't do. Today we know that's simply not true. While suicide victims may suffer from any number of mental health issues, they are very much a part of the norm and mainstream of our society. This fact is evidenced by the frequency of teen suicide as well as the cross section of the population that it affects. No one is immune to the problem.

Stigmatization has several cruel tentacles. One of the few longterm studies on the subject of the impact of teen suicide on survivors, "Stigmatization and Suicide Bereavement," by Profs. Feigelman, Gorman and Jordan, of Nassau Community College, in Garden City, New York, concludes that stigmatization is still the single most difficult hurdle suicide survivors must overcome. It not only affects how people react to suicide, but how they react toward the

Suicide continued on page 9

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Suicide continued from page 8

survivors. It can cause people who would ordinarily help others get through the grieving period to withhold support, to be scornful and judgmental and to gossip about the event in a destructive way and just act differently than they would if the cause of death was accidental or natural. Stigmatization also causes suicide survivors to feel ashamed and defensive, and can cause them to distance or isolate themselves from their friends and their community during the grieving period, which is the worst thing they can do.

The one thing about which all mental health care professionals agree unanimously is that support from family and friends, and to a lesser extent from neighbors, parents of the teen's friends, clergy and people not directly involved in the lives of the victim or family is a critical element in helping suicide survivors deal with their loss. To a lesser extent, survivor support groups, both face-to-face and web-based, also provide much comfort to suicide survivors. But it

is the positive support from families and friends that really matters. Unfortunately, not all support, however intended, is positive. Many of us do not know what to say to suicide survivors, and have no idea how hurtful some sentiments can be. Many people feel they should say something profound when they visit the survivor of a suicide victim, something that will make them

feel better, when the most important thing they can do, according to those who have studied Postvention issues, is to be there, and to be

The impact of teen suicide is not limited to the victim's survivors. It can extend well into the community itself, especially the schools, where mental health care professionals have observed a phenomenon they call, "Clustering." This is where suicides among high school students in one community tend to happen in clusters. Some refer to clustering as a contagious disease, or the "copycat" syndrome, but most often as 'suicide contagion.' The Maine Youth Suicide Prevention Program says, "Adolescents and young adults are particularly vulnerable to suicide contagion."

While the phenomenon of suicide contagion is very real, there are few empirical studies to show how prevalent it is, especially in our schools. Regardless, suicide in a school can impact many students, not just the victim's close friends. Carol Wadkins, a psychiatrist

from the Psychiatric Services for Children, Adolescents, Adults and Families, in Baltimore, Md., believes the effects of suicide by a school mate on other students can manifest in symptoms similar to PTSD can last for up to three years. According to the Frameworks Youth Suicide Prevention Project, "The suicide of a student or staff of a school can have a devastating impact on students, staff and administration."

The Maine Youth Suicide Prevention Program believes that this impact is not limited to close survivors. Even students who didn't know the victim may experience symptoms of grief, the most common of which are anger, shock and denial. Some students may react by saying, "How could he/she do that to us (the rest of the kids at school)?" Or, "I told you his parents were mean." Many students, and even members of the community, will react with disbelief, and shock, when they first hear the news. Many will think someone has

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knowledge the event and to present accurate information to other students and others in the community, without details and without disrespecting the student's family, in order to insure that inaccurate and often dangerous rumors don't spread. According to the Frameworks Project, "Providing factual information about the cause and manner of death greatly reduces the rumor and innuendo that often accompany an untimely death."

But this can be difficult without glorifying the event and triggering the cluster, or copycat syndrome. To help schools accomplish this, mental health care professionals who deal with teen suicide have cautioned schools about how they should respond as an institution when one of their students becomes a suicide victim. The Maine Program reports, "How a suicide is dealt with by the media, by youth programs, by schools, by religious and faith communities...can have a dramatic impact on contributing to or preventing suicide contagion."

Once again, as with most "Postvention" issues, there is little

empirical evidence to support the popular theories. Some mental health care professionals do not recommend that schools have memorial services or build permanent memorials or plaques to honor suicide victims. They also say that yearbooks, athletic events, or anything at school that can be associated with the victim not draw attention to the event by having dedication ceremonies or a dedication page in honor of the victim. The Frameworks Project Postvention Response Protocol suggests some students who attend a memorial service for the victim at school may become traumatized by the experience. "These types of memorials increase the likelihood of suicide contagion," the Protocol concludes.

The National Institute for Trauma and Loss in Children agrees. "The only nation-wide consensus regarding establishing memorials and memorial services in school following student suicides is that memorials are not appropriate. Most accept and understand that memorializing a student who takes his or her own life communicates to those predisposed to suicide... If you want to get noticed,

But even those who don't support memorials agree that in some cases an event like a memorial service or the establishment of a permanent remembrance like a plaque or a memorial tree is exactly what the school and the community need to grieve and move for-

As an option to memorial services and monuments, mental health care professionals suggest that schools have voluntary services for the victim and set up temporary memorials which do not tend to create suicide contagion. Voluntary memorial services for the student can be held in a facility other than the school, so that some students don't forever associate the gym or the cafeteria with the tragic event. Likewise, physical memorials can be placed in locations in the school or on the school campus that allow those who wish to remember the victim, do so, without forcing those students memories of

who may feel traumatized by the the event and who may wish to forget it, do so as well. The Frameworks Protocol also suggests that schools not memorialize suicide victims by dedicating yearbooks to them, or doing other things that tend to glorify them and make suicide an attractive option to a student at risk who sees all the fuss and attention given to the suicide victim as a positive thing, as a way of getting the attention he/she might crave.

But it's a delicate balance, according to the Frameworks Project. "Essentially, the challenge becomes one of how to appropriately grieve, remember and honor the deceased

without unintentionally glorifying their death."

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Next issue of the Mountain Gazette, Part III: Preventing Teen



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ART

Essex Art League member, Monique Dewyea will be exhibiting her work through the month March at the Charlotte Senior Center on Ferry Road in Charlotte. Monique will be exhibiting her watercolor and colored pencil artwork in this solo show.

For more information on the Essex Art Leagueâ•TMs programs and exhibitions please visit the website at www.essexartleague.com.

Champlain Valley Regional Art Show, March 14 - March 27, 2011 at University Mall. Enjoy the creative works of young, local artists at many area elementary, middle and high schools. Some schools include: Essex Middle School, ADL Intermediate School, Renaissance School, Rice, St. Joseph's, Malletts Bay School, Hinesburg Community School, Richmond Elementary, St. Francis Xavier, Christ the King, So. Burlington Schools, and many more. Explore Oil Pastels with Carol Boucher at the Essex Art League Meeting on Thursday, March 3

The Essex Art League will hold their March meeting on Thursday, March 3 at 9:00 AM. The League meets the first Thursday of the month, from 9:- 11:00 AM, at the Essex Junction Congregational Church on Main Street. A yearly calendar of meetings is available on the Essex Art League's website at www.essexartleague.com.

March 3rd - Oil Pastel Painting with Carol Boucher: (This program was originally scheduled for the February meeting that was cancelled due to weather.) Her background in painting has influenced the way Carol works in oil pastel. Carol layers in multiple colors to create a more painterly look utilizing and manipulating dramatic colors. Carol travels to art festivals all across the U.S. She'll bring oil pastels to use in this interactive program. Participants need to wear painting clothes and bring their own photos for inspiration.

For more information on presenting artist Carol Bouchard, go to her website at http://www.carolboucher.com.

For more information on the **Essex Art League's programs** and exhibitions please visit the website at *www.essexartleague.com*

Michael Smith's new show, Rural Pop Art and Other Behavioral Oddities opens at the **Emile A Gruppe Gallery**, in Jericho, Vermont Thursday, March 3 and will hang through Sunday, April 10. The public is invited to an artist reception on Sunday, March 6 from 2:00 – 4:00 PM. www.emilegruppegallery.com. Rural Pop Art is a contrast to pop art generated by urban popular culture during the '60's; combination of acrylic and mixed media, features bright colors and unusual presentations of commonly known objects and themes, which are familiar to the more rural world.

Vermont Handcrafters is looking for creative and artistic Vermonters to join this not-for-profit organization dedicated to furthering the excellence of fine crafts and art that is created in Vermont. The 2011 jury applications are now available online. All applicants must be legal residents of Vermont who produce original handmade art and craft items. Applicants selected for membership will join a



Michael Smith's new show, Rural Pop Art and Other Behavioral Oddities opens at the Emile A Gruppe Gallery, in Jericho, Vermont Thursday, March 3

ART / MUSIC / THEATER

nurturing and inclusive community of Vermont artists and artisans. One of the benefits of Vermont Hand Crafters membership is the ability to participate in the annual Fine Art Craft Show held at the Sheraton Hotel and Conference Center in South Burlington the third week in November. This annual show is a long standing tradition in the Burlington area and is the largest event of Vermont-only artisans in the state attracting over 7000 customers from the greater New England area. Application Deadline is March 15. Application Packets and other criteria may be downloaded at www.vermonthandcrafters.com.

Saxon Hill School's Artisan Auction, March 26, 6:00 PM, Catamount Country Club, Williston, *www.saxonhillschool.org* for more info.

First Friday Art Walk, March 4, 5:00 to 8:00 PM, Citywide, Burlington. As we slide slowly towards Spring, First Friday Art Walk continues to blossom with galleries and art venues staying open late to welcome walkers and share Burlington's incredible art scene. Take a guided

tour or make your own. Pick up your copy of Art Map Burlington, First Friday Art Walk's official publication, and your guide to art in Burlington or check out *www.artmapburlington.com* to see a list of participating venues. First Friday Art Walk and Art Map Burlington are sponsored by Burlington City Arts, Kasini House, Opportunities Credit Union, and the Robert Hull Fleming Museum. Questions? Call 802-264-4839 or send email to *info@artmapburlington.com*.

Idoline Duke and Gowri Savoor, East Gallery, **Helen Day Art Center**, Stowe, Vermont, March 4 - April 17; Artist Talk: Friday March 4, 5:30 PM. Opening Reception: Friday March 4, 6:00 PM. Helen Day Art Center is pleased to present a two person exhibition featuring local artists, Idoline Duke and Gowri Savoor.

Midddlesex artist, Cheryl Daye Dick pulls images out of the past and onto her canvas in her latest exhibition *Memories: North and South* at the **Emile A. Gruppe Gallery** through February 27,

Join us this winter at the **Fleming Museum of Art** for an incredible new line-up of exhibitions, programming and events as we celebrate life and spectacle under the big top.

Under the Big Top: The Fine Art of the Circus in America – now through May 22.

Bryan Memorial Gallery, now through February 27. Today's Legacy: An exhibition of seasonal paintings by 20 of Bryan Memorial Gallery's recently featured artists, including Mark Boedges, Kevin Fahey, Andrew Orr, Phillip Letiecq, John Pitcher, Sue Westin and Elizabeth Allen, in the Main Gallery.

The Legacy Continues: An exhibition of recent work by 20 of **Bryan Memorial Gallery's Legacy Artists** – artists who have been featured at the gallery over many years, including TM Nicholas, Mark Tougias, Eric Tobin, Barbara Lussier, Bob Duffy and Robert Blair in the East Gallery.

The Landscapes of Bradley Fox (1959 – 2010): A memorial exhibition of 30 landscapes by Bradley Fox of Johnson, VT in the gallery's Middle Room.

Bryan Memorial Gallery is open Thursday – Saturday, 11 –

4, and by appointment at any time. The gallery is located at 180 Main Street in Jeffersonville, VT 802-644-5100, www.bryangallery.org, info@bryangallery.org.

Vermont Studio Center announces: Vermont Artists Week April 21-May 1, Vermont Artists Week was created in 1984 to support Vermont's artists and writers with an intensive week of studio work and fellowship with other Vermont artists. The Vermont Studio Center is grateful to all those who've made Vermont Artists Week possible, and would like toextend special thanks to the Vermont Community Foundation's Arts Endowment Fund, Peter and Bari Dreissigacker, and the Studio Center alumni.

Applications must be received by January 31, 2011. To apply, fill out the application form and mail it with the following: Manuscript or Portfolio. See application for details. Current Résumé. \$10 Application Fee. You may pay by check in US dollars, money order or credit card (VISA, Master Card, Discovery, American Express). Self-Addressed Stamped Postcard (Optional). Returned to you as confirmation of receipt of your application. Email the Vermont Studio Center if you would like to receive a paper copy of the application in the mail.

BCA Center - First Floor Gallery - Alisa Dworsky - Drawing Strength, through - March 5, 2011. Monday - Friday 9:00 AM-5:00 PM; Saturday noon-5:00 PM; closed Sunday.

TOWN CLERKS SPEAK FRANKLY ABOUT DEMOCRACY - WOMEN TOWN CLERKS OF VERMONT – REFLECTIONS ON DEMOCRACY will be exhibited at the Vermont Folklife Center in Middlebury through March 31. This unique exhibition created by New York-based photographer, Sandra Elkin, combines portrait photography and the voices of 19 women clerks to create a fascinating glimpse of who they are and their concerns. Whether plainspoken or boldly provocative, the "Clerks" challenge us as they speak openly and frankly of democracy, town meetings, the obligations of citizenship, state government, and their towns.

These Essex Art League members will be exhibiting their work at the Fletcher Allen Health Center at Blair Park, Williston through February. Patrick Kennedy of Burlington will be exhibiting his watercolor paintings, Lucy Wilcox of Jericho will be exhibiting her photographs and Diana Dunn of Jericho will be exhibiting her watercolor paintings.

Essex Art League member Jacquie Call of Burlington will be exhibiting her oil and watercolor painting at Essex Town Offices.

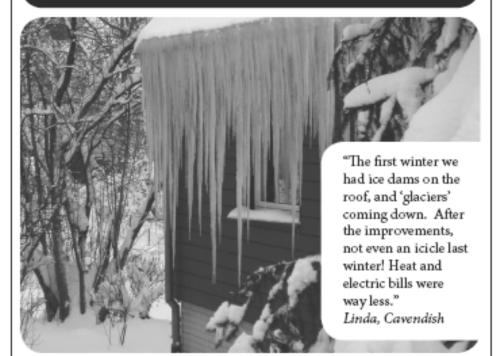
For more information on the Essex Art League's programs and exhibitions please visit the website at www.essexartleague.com.

March 6, 2:00 to 4:00 PM, Main Reading Room, **Deborah Rawson Memorial Library**, 8 River Road (by Browns River Middle School), Jericho. Come hear the power and beauty of Evelyn Kwanza's voice and the talents of Andrea Haulenbeek when they present a program of jazz and compositions of Andrea's.

THEATER

Local residents begin rehearsals for Shelburne Players' spring production *Beyond Therapy*. Area residents Adam Cunningham, left, David Harcourt and Nan Murat go over their lines at a rehearsal space in Shelburne in preparation for the upcoming April performances. The performances will be presented on April 8, 9, 10 (matinee), 14, 15 and 16 at Shelburne Town Center. Tickets go on sale in March for \$15 general, \$10 seniors and students, and will be available in advance at Shelburne Supermarket, or can be reserved and held at the door via the website, www.shelburneplayers.com beginning in March. Please check the website for updates and further details.

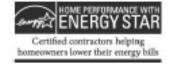
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Waltz Night reaches new heights

The Vermont Symphony Orchestra's 33rd annual Waltz Night was held February 5 at the University of Vermont's Dudley Davis Center. The black tie gala raised more than \$40,000 to benefit VSO educational and musical programs throughout the state. This is the highest net result in at least 15 years. Nearly 200 supporters braved the snow to celebrate Vermont's Most Elegant Evening with guest masters of ceremonies Governor Jim Douglas and Governor Madeleine Kunin. Attendees danced to the live music of the VSO and Pine Street Jazz, savored a three-course dinner and bid generously on the live and silent auctions.

The evening marked the culmination of the second VSO Instant Wine Cellar Raffle (100 bottles of wine plus a wine cooler appliance). Judy Koloski of Quechee and Fort Meyers, FL was the lucky grand prize winner, with Ritch Berger of Shelburne and Susan Wallace of Moretown winning runner-up prizes. Local donors to the Instant

Wine Cellar included Sadie Katz Delicatessen and Dedalus Wine Shop in Burlington, Beverage Warehouse in Winooski, Tony and Linda Kvedar of South Burlington, Lantman's Market in Hinesburg, Mint and Burgess Dole of Shelburne, and Village Wine and Coffee in Shelburne

A highlight of Waltz Night was the third annual Waltz Contest, sponsored by WCVT, a playful opportunity for talented couples to take to the dance floor and demonstrate their skills. By audience vote, Norwich University cadets George Sawyer and Lisa Belanger were awarded the Waltz Cup. Last year's winners David and Linda Barnebl of Vergennes took second place, and David Lansky and Carmen Cormier of Burlington took third place.

For more information about the Vermont Symphony Orchestra and Waltz Night, visit www.vso.org or call 802-864-5741.

LETTERS TO THE EDITOR

Thank You UJFD! To the Editor,

You will never know how grateful we were to see you on the 10th of February! Thanks for being there and doing a great job when we need you.

Betsy and Dick Page, Underhill

A Thank You to UJFD and community To the Editor,

We would like to thank the Underhill/Jericho community for the amazing generosity that has been shown our family since the fire on November 24, which burned the historic GAR Hall and much of our personal belongings. The outreach, from so many different people, in so many different ways has been overwhelming. While this has been a difficult time for us, we are so helped by the knowledge that the folks in this area are truly good and kind.

We would also like to thank the Underhill/Jericho Fire Department for their hard work and the unending commitment they have to our community. On the day of the fire, the entire crew was out, in the cold early hours of the morning, risking their lives to help save our building. We are extremely grateful to them.

A special thanks to Randy Clark and Melissa Lawson for their effort and support in organizing help for us. It is so appreciated.

We are fortunate to be a part of this fine com-

munity. Thank You.

The Carter/Monks Family, Jericho
Thank you for the good stories

To the Editor,

Hi Phyl,

A note of thanks for the good job you did about the articles in the Westford vote, after interviewing Ira, Nanette, John and me. We appreciate it and think it'll help the voters understand better what we want.

Also, your article about Ira and Alex Weinhagen was very good. Hopefully folks will read it carefully and vote for Ira.

It was a pleasure meeting you.

Regards, Lois Westford

Thank you to our community To the Editor,

We wish to thank all those who so generously reached out to us with caring and kindness following our Jericho house fire on January 17. Countless offers of shelter, clothing, food, monetary donations, gift cards, free services and more have been received. Also appreciated are the many calls, cards, visits and hugs. It's been truly overwhelming! We thank God for the blessing of wonderful, thoughtful people like you.

Dick and Eileen Fisher, Jericho

Blood donors recognized

Following are the donors have received their gallon pins from American Red Cross Blood Services, New England Region are: Rebekah Thomas, Jericho, VT, 70 gallons; Dawn Stanger, Underhill, VT, 93 gallons.

Stowe Rotary helps Copley to purchase Telemetry equipment



The Stowe donated \$2,500 Copley Hospital toward the purchase of telemetry equipment. Stowe Rotarians Art Lloyd (left) and Michael Diender (third

from left) presented the donation to Midge Anthony, RN and Copley Hospital President Mel Patashnick. Just prior to the presentation, Anthony demonstrated how telemetry works, connecting Diender to a unit, which he is shown holding.

Telemetry is used to monitor and record a variety of patient parameters, such as an EKG, from a remote location. This means that the patient's vital signs may be monitored less intrusively 24 hours a day both at the bedside and at Copley's Nurses Station. As changes or notable fluctuations occur, nurses are immediately notified. The data is also easily incorporated into an Electronic Health Record and is useful to establish baselines and track progress over

"We are grateful to the Stowe Rotary for their assistance in purchasing additional telemetry units," says Patashnick. "Telemetry provides a great benefit to patients with the improved care and safety provided by 24 hour electronic monitoring in addition to traditional 'hands on' nursing. The Stowe Rotary again demonstrates that they share Copley's commitment to improving the health of our community.'

The Stowe Rotary's donation was made to Copley Hospital's Annual Fund. The service organization has donated nearly \$18,000 to Copley's Annual Fund in the past eight years.

Proceeds from this year's Annual Fund will be used toward charitable care for patients unable to otherwise afford the health care they need and toward purchasing needed medical equipment, including the telemetry units. According to Patashnick, the hospital would like to purchase several patient-lifting devices and patient transfer and repositioning devices for use in the Emergency Department, Medical/Surgical Patient Rooms and Radiology. These devices provide more comfort and safety for patients and also reduce lifting-related injuries among staff. "Last year, Copley provided \$800,000 in charitable care," says Patashnick. "The patient lifting and transfer equipment costs nearly \$33,000 and is needed to ensure the safety of both our patients and our staff.'

Gifts to Copley Hospital's Annual Fund can be made several ways, including online at copleyvt.org, by calling 802-888-8302 or by mailing a check to Copley Hospital, Attention Development Office, 528 Washington Highway, Morrisville, VT 05661. Checks should be made payable to Copley Health Systems.

For more information about Copley Hospital's Annual Fund Campaign or other philanthropic opportunities, contact Leah Hollenberger at 888-8301.

The Stowe Rotary meets Thursdays at 6:45pm at the Town & Country Resort on Mountain Road.

OBITUARIES

Robert D. Batchelder, Sr., 85, of Bolton, VT died on Monday February 14, 2011 in Fletcher Allen Health Care from complications of Alzheimer's Disease. On Valentine's Day, Bob was reunited with Zi, the love of his life. He was born in Torrington, Conn. on October 16, 1925, the son of Charles C. and Lorretta (Ramsay) Batchelder. He served his country in the US Marine Corps during World War II and on August 16, 1947 he was married in Torrington, Conn. to Zaira Celadon. She predeceased him in 1994. Bob was the owner/ operator of Bob's Shell Station in Burlington for thirty years. He was a Life Member of the VFW Howard Plant Post #782 in Burlington, VT; a Life Member of the American Legion Post #59 in Waterbury, VT; and a Life Member of the B.P.O.E. Lodge #916 in Burlington, VT. He was also a 32nd Degree Mason. Bob was an avid hunter and fisherman who loved the outdoors and sports of all kinds. His biggest passion was for his children, grandchildren and great-grandchildren. He will be deeply missed by all who took the time to know the true essence of the man. He is survived by his three children and their spouses, Julie C. and Mark Winslow of Myrtle Beach, S.C., Jeffrey T. and Wendy Batchelder of Bolton, VT, and Lia R. Ward of Myrtle Beach, S.C.: 13 grandchildren; 21 greatgrandchildren; and one sister, Evelyn Appling of North Carolina. Bob also leaves his daughter-in-law, Holly S. Batchelder, who lovingly cared for him in his home during his final years. He was predeceased by a son, Robert D. Batchelder, Jr.; a sister, Corinne; and by two brothers, Charles and Alfred "Moe". Special thanks to all of the members of the wonderful nursing staff on Baird 4 at F.A.H.C. A memorial service was held on Saturday February 19, 2011 at 1:00 PM at the VFW Post# 982 on South Winooski Ave. in Burlington, VT. Arrangements were in the care of the Ready Funeral and Cremation Service South Chapel, 261 Shelburne Rd., Burlington, VT. To send online condolences, please visit www.readvfuneral.com. In lieu of flowers, contributions may be made to the Vermont Veterans' Home, Alzheimer's Wing, 325 North St., Bennington, VT 05201.



Joseph F. Russin, of Underhill, VT, died at his home on Thursday February 17, 2011. He was born on July 30, 1934 to Harry O. Russin and Mary L. Seymour Russin. Joseph is survived by one sister, Gloria Edwards; and one brother, John A. Russin; as well as many nieces, nephews and cousins. He was predeceased by his brothers, Harry E. Russin and Armand H. Russin; and a sister Dr. James

Chapman, Marjorie Verge. A special thank you to Barb and Marshall Mason for the care given to Joe. A graveside service will take place in the spring in St. Thomas Cemetery. Arrangements are in the care of Gifford Funeral Service, 22 Depot Street Richmond, VT 05477.

HEALTH / PEOPLENEWS

Danielle Lafaille to study Rolfing in Colorado



Danielle Lafaille, a resident of Cambridge, Vermont and long time employee at Sunrise Physical Therapy, is embarking on a journey that will take her west, to Colorado. Danielle has worked at Sunrise Physical Therapy for over 6 years, juggling the task of the front desk and support staff to the physical therapist. She started at Sunrise in 2005, having recently completed a program for Massage Therapy in New Mexico. She decided to complete her Bachelor's Degree from JSC in Wellness and Alternative Medicine while continuing to work at Sunrise. She

is now ready for new challenges, and is moving to Colorado to pursue her certification in the specialized technique of Rolfing, a orm of connective tissue therapy that involves hands on treatment. Currently, only about five clinicians are certified in VT in this technique which helps to realign the deep tissues of the body. Danielle has been a huge asset to Sunrise Physical Therapy, both in her administrative skills, and her people skills. She greeted patients with a genuine smile and made sure everyone was comfortable during their treatment sessions. Join us in wishing Danielle a safe and prosperous journey in her pursuit of a new career! We will all miss her here at Sunrise Physical Therapy.

College Notes

Dylan E. Broderick of Jericho, VT, has been named to second honors on the Clark University Dean's List. This selection marks outstanding academic achievement during the fall 2010 semester.

The following local residents are among those to be named to the Roger Williams University Dean's List for the fall 2010 semester: Hannah Cohen, a resident of Cambridge, VT; Ryan Jacobs, a resident of Jericho, VT; Rose Sandberg, a resident of Jericho, VT.

Worcester Polytechnic Institute (WPI) has announced that Alexander Meyer-Lorentson of Jericho, VT, a senior majoring in Aerospace Engineering, was named to the university's Dean's List for academic excellence for the fall 2010 semester.

Zachary J. Gregory, a junior at Wells College in Aurora, New York, has been named to the Dean's List for the fall 2010 semester. Gregory is a resident of Jericho, VT.

LEGISLATIVE REPORT

Notes from Montpelier

By Rep. Bill Frank

I enjoyed visiting with you at the Town Meetings in Bolton, Jericho and Underhill. Each meeting has a slightly different format but all are really the essence of local government and community discussion. Town meeting is usually considered the midpoint of the legislative session and referred to as "cross-over date" - the date when bills from one body must be completed in order for the other body to take them up. Since this year town meetings were the

earliest they can be, the first Tuesday in March being March 1, cross over was moved to March 11. My Human Services committee is working to finish two bills before cross over, dealing with Hospice and Palliative Care for Vermonters, and Early Childhood Educators. I have written a brief description about these two bills and bills being discussed in other committees as a Town Meeting Report. This report is posted on my web site, RepBillFrank.com. If you would like a printed copy please call me and I will send it to you. Senator Bill Doyle's Annual Town Meeting Day Survey is also posted on my web site. You may fill it out and email it to me and I'll include it in the totals I send to Sen. Doyle

I also really enjoy visiting with so many of you who visit the State House during the legislative session. Some of you come to testify in committee on a bill, maybe as an "expert" on the subject but more often just to give your opinion, pro or con, on the topic. Many of you come with an organization who is visiting the State House and we sit and dis cuss your organization. Jericho Elementary's fourth grade classes, Mrs. Randall's, Mr. Botzojorns's and Mr. Driscoll's, all had tours of the State House and Vermont's History Museum in February. The classes had some extra time after lunch before their bus arrived and Rep. Till and I met with them, answering some of their many questions. Rev. Kevin Goldenbogen, pastor of the United Church of Underhill gave the morning devotional in the House Chamber on February 18th. There are many of you who just come to visit "the people's house". When you come, write a note and give it to a page, they will find me and we can meet. I'm glad so many of you visit.

I have written about the Blue Ribbon Tax Structure Commission that the legislature formed to evaluate Vermont's tax structure. The charge to the commission was to create recommendations within a context of revenue neutrality i.e. all changes in rates or amounts raised by our tax system would not produce more or Frank continued on page 13

Red Cross blood drawing to be held March 16

An American Red Cross community blood drive for area residents will take place on Wednesday March 16. Eligible donors can give blood from 1:00 to 6:00 PM at the United Christian Assembly Church on Raceway Road in Jericho. Giving blood through the Red Cross is safe, simple, and virtually painless. As we all have about 10 pints of blood in our bodies, how about making a 10% donation. Share the "gift of life" at this time when supplies of blood and blood products are critically low. Each presenting donor will receive a ticket to Essex Cinemas at the Lang Farm Shopping Plaza, in addition to yummy yummy goodies.

COMING HEALTH EVENTS

Tuesday March 15

Colon Cancer: What You Need to Know, Northwestern Medical Center, Conference Room 1, 6:30 to 7:30 PM. Join us to learn who is at risk, steps you can take to lower your risk and types of screening that are available. Speaker: Dr. Joseph Salomone, Franklin County Surgical Associates. Pre-registration required: Call 524 -1234 to register or email cfhw@nmcinc.org

Wednesday March 23

Cholesterol Class, Northwestern Medical Center, Cobblestone Building, 8:00 to 9:00 AM. This monthly group discusses foods and eating habits that may help to manage your cholesterol levels. Topics will include saturated and unsaturated fats, fiber, portion sizes and other American Heart Association guidelines. Speaker: Kay Tran, Registered Dietitian, MS, CDE, Northwestern Medical Center. Program charge: Suggested donation of \$5.00 at the door. Pre-registration required: Call 524-1234 or email cfhw@nmcinc.org

Tuesday March 29

Breastfeeding: Keep it Simple, Northwestern Medical Center, Conference Room 2, 5:30 to 7:00 PM. Come and discuss the easy way to get breastfeeding off to a great start. All participants will receive "What Breastfed Babies Do, Confidence Building Tips for You and Your Baby" DVD to take home. Speaker: Vermont Department of Health staff. Pre-registration required: Call 524-7970 to register

Mondays, March 14, 21, 28 & April 4, 11

Diabetes and You - This self-management educational program is a five part, ten hour group education program, plus telephone follow-up sessions for people with diabetes and their families. The program is accredited by the American Diabetes Association. Northwestern Medical Center, Conference Room 2. Facilitator: Deb Robertson, RN, BSN, CDE, Northwestern Medical Center. Program Charge: Call for pricing information. Pre-registration Required: Call 524-1031 to register or email drobertson@nmcinc.org. Program Size: Limited to 15.

Free Health Risk Appraisals!

Together, you and an $\bar{N}MC$ health coach will look at your health risk factors and identify ways to improve or maintain a healthy lifestyle. A cholesterol, blood sugar, blood pressure body mass index screening will be done and you will get results right at the appointment. Call 524-1219 for an appointment at a clinic at NMC.

Westford Pre-school Registration

Westford Elementary school has a limited number of slots available in their school-based Preschool program. The program runs a morning and afternoon session Tuesday through Thursday during the week's school is in session. Westford also contracts with the Children's Preschool and Enrichment Center (CPEC) to offer additional Preschool slots. Westford uses grant funding to provide tuition reduction to a limited number of children who are Westford residents and who enroll in CPEC to pay for 10 hours of Preschool through their program in Essex Junction.

Selection for slots will be in compliance with Act 62 requirements regarding a lottery selection process. The selection process will take place in April and families will be notified of selection results prior to May 15, 2011. To enter the lottery for a preschool slot, please send the attached registration form to:

> **Preschool Registration Request Westford Elementary School** 146 Brookside Rd. Westford, VT, 05452

This form is due by April 4, 2011

Westford Preschool Registration Request

Date:	Student	
Name:	Date of Birth:	_
Name of	f Parent/Guardian:	
Daytime	e phone:	
Address	S:	_
Please ch	neck one:	
	_Please consider my child	
	for a Preschool Slot in Westford School	
	_Please consider my child for a slot at CPEC	
	_I am interested in either CPEC	
	or the Westford Preschool	

DEBORAH RAWSON LIBRARY, UNDERHILL

Art for March will feature the watercolors of Kathleen Berry Bergeron and her students.

Music Sunday is March 6 at 2:00 PM. Come hear the power and beauty of Evelyn Kwanza's voice and the talents of Andrea Haulenbeek when they present a program of jazz and compositions of Andrea's.

Thursday March 3rd at 6:30 PM author William McKone will speak about his book Vermont's Irish Rebel, Captain John Lonergan in the American Civil War and the Fenian Invasions of Canada. Books will be available for purchase.

Join George Till and Bill Frank on Tuesday February 8 at 6:30 PM for a legislative update and discussion.

Game night for adults is Weds. March 9th at 6:30 pm. Do you love to play board games or card games? Please join us for an evening of game fun. There will be a variety of games to choose from. If you have a favorite game, bring it and a friend. If you are new to the area this is a great way to meet people also.

The library in cooperation with the Jericho Energy Task force will show a movie on Sat. March 12 at 6:30 PM. Call a task force member

Sunday March 13 at 2:00 PM, Vince Feeney, author of Finnignas, Slaters and Stonpeggers: the history of the Irish in Vermont, will speak about the Irish Wave in the Green Mountains. Beginning in the late 1840s and lasting through the 1860s, thousands of Irish immigrants settled in Vermont. This program is sponsored by the Vermont Humanities Council under a grant from the National Endowment for the Humanities.

The mystery book group will meet Tuesday March 15 at 7:00 PM to discuss Dead cert by Dick Francis. Join us for a lively discussion.

The Board of Trustees will meet Thursday March 17 at 7:00 PM. Everyone is welcome.

Italian Movie night will be Friday March 18 at 6:30 PM. The movie will be shown in Italian with English subtitles. Call the library for the title. The Movie is co-sponsored with the Vermont Italian Club.

The library will be closed March 21, 22, 23, 24 and 25. The final phase of the interior painting is being done. The book drop will be

Sunday March 27 at 2:00 PM join Elisabeth Lehr, team member of The Afghan Women's Writing Project, for an afternoon of prose and poetry readings from the Project, and for discussion around the current status of women and families in Afghanistan. The Afghan Women's Writing Project (http://www.awwproject.org) was founded in May, 2009 to help nurture and support the long-silenced voices of Afghan women. Since then, the volunteer-run, grassroots project has published hundreds of essays and poems online, supported women in Afghanistan weekly in online workshops, and, most recently, opened the Women's Writing Hut in an undisclosed location to give AWWP writers a space to write, drink chai and find community.

The Friends of the Library will meet Tuesday March 29 at 7:00 PM. This small but active group does many things and helps the library in many ways. Please join them to learn more.

The silent auction item is a beautiful painting by Kathleen Berry Bergeron. Stop by the library to see it and leave a bid until at 8:00 PM.

Preschool Story Times - Stories, songs, fingerplays, snack and craft for preschoolers and their caregiver. Drop in, no registration needed: Wednesday at 11:00 AM: March 9, and 16; Thursday at 10:00 AM: March 3*, 10, and 17. *At our March 3 sessions each child attending will be invited to march over and select a new or gently used book. Please note that there will be NO Story Time on the March 23 or 24 as the library will be being painted.

Evening Story Time for Families - Parents with older preschoolers and children in kindergarten through second grade are invited to join us for stories, craft and light refreshments. Thursday March 3 at 6:30 PM. Registration required. Call: 899-4962.

Middle and High School Planners and Helpers - It's time to start planning for the summer reading program. We are looking for a few middle and high school students to help us plan and assist in summer events for young children. Join us to share ideas and enjoy light re-

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(peas, beans & corn)

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LIBRARY NEWS freshments. Thursday March 10, 3:00-4:15 PM. Please let us know if

you are coming by calling 899-4962. Family Music - Our last sing-a-long was such fun parents requested that we schedule another evening. Lynne Robbins returns to lead a sing-along of songs old and new. Come sit by the fire and take part in this fun evening. Recommended, but not limited, to families with

Library hours: Tuesday 12:00 - 8:00 PM, Wednesday 10:00 AM -6:00 PM, Thursday 12:00 - 8:00 PM, Friday 10:00 AM - 6:00 PM,

Saturday 10:00 AM - 2:00 PM, Sunday 1:00 - 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

FAIRFAX LIBRARY, FAIRFAX

Reading and Discussion of: World War II: The Loss of the Age of Innocence; a Vermont Humanities Council Event hosted the Second Thursday of the Month at 6:30 PM. March 10 Rumors of Peace by Ella Leffland April 14 Night by Elie Wiesel Books are available in the library, drop in is welcome! Free and open to thepublic, and accessible to people with disabilities. 802-849-2420.

Winning resumes with Linda Bland. April 12 @6:30. Learn the skills to create an extraordinary resume in tough finacial times! Set your self apart by having the best resume you can! Free, please pre register by April 7th, as class will be held only if we reach minimum attendance!

Preschool Story hour Tuesdays from 8:30-10:30. Stories, songs, word plays and craft.

PJ story hour the first Thursday of every month from 6:30 - 7:30pm. Kids arewelcome to come in their pajamas and enjoy a story and a

The library is located at 75 Hunt Street Fairfax VT 05454. Library Hours Monday, Wednesday, and Friday 8:00 AM-3:15 PM, Tuesday, and Thursday 8:00 AM - 8:00 PM. http://www.bfafairfax.com/pages/ communitylibrarynews.html. 802-849-2420>

JERICHO CENTER, LIBRARY

Seventh Annual Poetry Workshop - Come celebrate National Poetry month during April with us. "Listening" - This is the theme for the seventh Annual poetry reading and writing workshop directed by retired UVM Professor Mary Jane Dickerson. This event issponsored by the Jericho Town Library and the Deborah Rawson Library. The working sessions will meet Mondays, March 28, April 4, and 11, from 6:30-8:00 PM at the Jericho Town Library, and conclude with a final evening of sharing at the Deborah Rawson Memorial Library on Monday, April 25 from 6:30-8:00 PM. Poets of all ages are encouraged to

Attendance in the past has been a mix of middle and high school students and adults. Registration is required: please call JTL at 899-4686 to sign up

Writers' Club - The writers club continues with meetings every other Monday night, 6:30 PM - 8:00 PM. The next meetings are scheduled for March 7 and 21. All ages are welcome. For more information, please contact the library.

Spring Used Book Sale - The library will hold our annual used book and media sale on Saturday, April 2, $9:00\,\mathrm{AM}-1:00\,\mathrm{PM}$. Donations of books and other media such as CDs and DVDs are now being accepted. No textbooks or encyclopedia, please. Contact the library with any

Story Time - Story time including craft and snack is held every Wednesday upstairs at 10:00 AM. Come share the joy of books, finger plays, and music.

Downloadable Audio and EBooks - The Jericho Town Library is a member of the Green Mountain Library Consortium, which enables patrons to have access to download book on line. Originally, the service enabled download of audio book and, more recently, eBooks were added to the offering. Today, there are roughly 1000 audio books and 400 eBooks available. For more information, visit www.listenupvermont.org, or find a brief tutorial on the audio book download process on the Jericho Town Library web site at: http:// www.jerichotownlibrary.org/download-audiobooks.

Thanks Emilie - Special thanks goes out to Emilie Alexander, former

rent Library Board chair. Emilie is stepping away from the board after Town Meeting elections. The library board and staff would like to thank her for her many years of dedication to the little white

Volunteer Opportunities - High School students needing to fulfill community service may volunteer at the library when your schedule permits. Your help is really appreciated. Call or stop by.

General information - The board of trustees meets regularly on the first Thursday of each month at 7PM at the library and the public is always welcome to

Library hours are Monday 1:00 PM - 5:00 PM, Wednesday 10:00 AM - 12:00 PM and 2:00 PM -6:00 PM, Friday 1:00 PM - 5:00 PM, and Saturday 10:00 AM - 1:00 PM. For more information, call the library at 899-4686, email Jerichotownlibrary@gmail.com, or visit the library website at www.jerichotownlibrary.org.

VARNUM MEMORIAL LI-**BRARY, JEFFERSONVILLE**

Captain John Lonergan led a company in the Civil War as The Vermont Irish Rebel. Author William L. McKone of Jeffersonville, Vermont will be discussing his new book about Captain Lonergan at the Varnum Memorial Library on Tuesday February 22 at 7:00 PM. You are invited to learn more about this hero from the author himself. This event is sponsored by the Sally Vautour Author Series. Refreshments will be served.

For the pre-readers, Preschool Story Hour is on Thursdays at the Varnum Memorial Library. The Story Hour begins at

10:30 AM in the Library on Main St. in Jeffersonville. Come here a story and be part of the fun.

The Varnum Memorial Library is open Mondays and Tuesdays from 1:00-8:00 PM and Thursdays and Saturdays from 9:00 AM - 12 noon. There are programs for children and adults, free WiFi access, and of course books and materials to check out including the ECHO Center pass. Call 644-2117 if you have any questions.

WESTFORD LIBRARY, WESTFORD

Upcoming Events:

Thursday March 3, 11:00 AM - Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Cat in the Hat.

Thursday March 3, 1:00-3:00 PM - Homeschool Gamers . Bring your own games or enjoy the library's selection. Hosted by Matt

Friday March 4, 11:00 AM - Seated Yoga for Ages 55+. Seated Yoga is for first-timers as well as experienced practitioners. This 8-week program offers breathing and stretching exercises. It helps reduce stress and strengthen balance. Led by CVAA Americorps member Colin Hunt. Call Colin at 865-0360 if you have questions and call Victoria at 878-5639 to register. Friday March 4, 12:00-1:30 PM: Free Individualized Computer

Tutoring for Ages 50+. Offered in collaboration with Champlain Valley Agency on Aging. Americorps member Colin Hunt offers personalized help with all your computer questions....everything from "How do I turn this thing on?" to "How do I use the Internet and email?" and more. Call Victoria at 878-5639 to setup an appointment.

Wednesday, March 9, 6:00-7:00 PM, Book Discussion: True Grit

Thursday March 10, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Trucks.

Friday March 11, 11:00 AM, Seated Yoga for Ages 55+. Seated Yoga is for first-timers as well as experienced practitioners. This 8-week program offers breathing and stretching exercises. It helps reduce stress and strengthen balance. Led by CVAA Americorps member Colin Hunt. Call Colin at 865-0360 if you have questions and call Victoria at 878-5639 to register.

Thursday March 17, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Babies

Thursday March 17, 1:00-3:00 PM, Homeschool Gamers . Bring your own games or enjoy the library's selection. Hosted by Matt

Friday March 18, 11:00 AM, Seated Yoga for Ages 55+. Seated Yoga is for first-timers as well as experienced practitioners. This 8-week program offers breathing and stretching exercises. It helps reduce stress and strengthen balance. Led by CVAA Americorps member Colin Hunt. Call Colin at 865-0360 if you have questions and call Victoria at 878-5639 to register.

Saturday March 19, 11:00 AM, Saturday Storytime. Ages birth-6. Theme: Spring

Thursday March 24, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for age's birth-preschool. Theme: On the Farm. Note: This storytime will be parent-led.

Friday March 25, 11:00 AM, Seated Yoga for Ages 55+. Seated Yoga is for first-timers as well as experienced practitioners. This 8-week program offers breathing and stretching exercises. It helps reduce stress and strengthen balance. Led by CVAA Americorps member Colin Hunt. Call Colin at 865-0360 if you have questions and call Victoria at 878-5639 to register.

Friday March 25, 6:00 PM, Strategy and Board Games for Teens and Adults. Hosted by Matt Taylor.

Friday March 31, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for age's birth-preschool. Theme: Maurice Sendak's Stories.

New Additions to the Collection: Adult Fiction: Clara and Mr. Tiffany (Vreeland), Father of the Rain (King), The Red Garden (Hoffman). Adult Nonfiction: American Terrior (Rowan), Stuntman (Needham), Artisan Bread in Five Minutes a Day (Hertzberg). Teen: Almost Perfect (Katcher), Ship Breaker (Bacigalupi). Juv: Board Book: Waddle (Seder). Picture Book: The Pirate of Kindergarten (Lyon), I'm Mighty (McMullen). Transitional: Andrew Lost #10 (Greenburg), Ricky Ricotta Books 1, 3 and 6. Fiction: I Am Number Four (Lore), Moon Over Manifest (Vanderpool), 11th Grade Burns (Brewer). Nonfiction: The Everything Kids' Money Book (Sember). DVD: Juv: I Stink., The Mouse and the Motorcycle, Strega Nona and more stories about magic, The James Marshall Fairytale Collection.

Westford Library is open Wednesday 1:00-7:00 PM, Thursday 10:00 AM-6:00 PM, Friday 12:00-6:00 PM, and Saturday 10:00 AM-2:00 PM. We can be reached at 878-5639, westford_pl@vals.state.vt.us, and www.westford.lib.vt.us.

DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

Science Magic: Wednesday March 2, 3:00 PM. Is it science or is it magic? Amaze your friends and family with science tricks using simple household materials. Presented by Karen Cutler. Grade 3-8. Pre-register at 878-4918.

Saturday Music with Raphael: March 12 at 11:00 AM. Can't make it during the week? Join us for a special weekend edition of Peter's PukaMusic Program with Raphael. Up to age 5 with a caregiver. No

Pajama Story Time: Monday March 14, 6:30 PM. Bring kids in pajamas with their favorite stuffed animal for stories with Abby Klein, a craft and a bedtime snack. Presented by Building Bright Futures of Williston and Dorothy Alling Memorial Library. Call Kate at 876-7147 to pre-register.

St. Patrick's Day Crafts: Thursday March 17, 3:00 PM. Make a leprechaun trap. Grade K-4. Pre-register at 878-4918.

Wimpy Kid Party. Thursday, March 31, 3-4 pm. Games and snacks for Wimpy Kid book fans. Grade 2-5. Pre-register at 878-4918.

Story Hour: Tuesdays, 11:00 AM. March 8-29. Stories and a craft. Ages 3-5. No pre-registration.

Food For Thought Library Volunteers: Thursday, March 3, 4:00-5:00 PM. Grade 7-12. Teen Advisory Group. Pizza, discussion, and library projects for teens. 1st Thursday of each month.

Reading with Frosty and Friends Therapy Dogs: Tuesdays, 3:30-4:30 PM. March 1-29. Read to a fuzzy friend. All dogs registered with Therapy Dogs of Vermont. All ages. Pre-register at 878-4918.

Music with Raphael: Mondays, 10:45 AM. Thursdays, 10:30 am, and Saturday, March 12 at 11:00 AM. Peter's PukaMusic Program. Up to age 5 with a caregiver. No pre-registration. Limit: one weekday session per week per family.

Babytime Playgroup: Wednesdays, 10:30 AM-12:00 noon. (except for the 1st Wed of each month). March 9-30. For infants and toddlers. Sponsored by Building Bright Futures of Williston. Call Marjorie Von Ohlsen for more information at 658-3659.

Dorothy Alling Memorial Library, 21 Library Lane, Williston, Vermont 05495, 802-878-4918. jill@williston.lib.vt.us

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878-8596

College Notes

Alan Hefferon, son of James and Lynne Hefferon of Jericho, VT, was one of 16 students at St. Michael's College in Colchester, VT to participate in the Kennedy Center American College Theater Festival held January 25-30 in Fitchburg, MA. A graduate of Mount Mansfield Union High School, Hefferon is a sophomore exploratory major at St. Michael's.

Thaddeus W. Kusiak of Jericho, VT has been named to the dean's list at the University of Rhode Island. Kusiak is a 2008 graduate of Mount Mansfield Union High School, and a sophomore

Beatrix C. Hassler of Jericho, VT has been named to the dean's list at Emmanuel College in Boston, MA.

Danielle Williams of Richmond, VT has been named to the dean's list at Keene State College in Keene, NH, where she is a freshman. She is the daughter of Maureen and Dwayne Williams.

Chelsea Burnett of Richmond, VT has earned a place on the dean's list at Lasell College in Newton, MA, where she is majoring in IDS elementary education.

Ruth Tomlinson has been named to the dean's list at Castleton State College, where she is a freshman honors student studying athletic training. During the fall semester, she played varsity volleyball and was named Most Improved Player. The campus Student Government Association selected Tomlinson's submission as the winning entry in its \$250 For Change competition. In addition to receiving \$250 toward her textbooks, she has been invited to work with the SGA and the college administration to implement her idea. Tomlinson, an eighth generation Vermonter, is a 2010 graduate of Trinity Baptist High School in Williston, VT. She is the daughter of Kim and Ellen Tomlinson of Huntington, VT.

PEOPLE NEWS

ENGAGEMENTS **HENNINGSEN-MANZ**

Ed and Charlene Henningsen of Eliot, ME and Daniel and Elizabeth Manz of Underhill, VT announce the engagement of their children, Heather Henningsen and David Manz. A June wedding is

MANZ-SHAW

Daniel and Elizabeth Manz of Underhill, VT and Arthur and Marie Shaw of Groton, CT announce the engagement of their children, Sarah Manz and Kenneth Shaw. A wedding is planned for

SMEDY-MANZ

Ken and Dayle Smedy of Waterbury, VT and Daniel and Elizabeth Manz of Underhill, VT announce the engagement of their children, Rachel Smedy and Matthew Manz. A summer 2012 wedding is planned.

POCOCK-SINGLEY

Bethany Amber Pocock, daughter of Ann and Bill Pocock of Columbus, OH, and James Sinley, son of Deborah and Vincent Singley of Jericho, VT, announce their engagement. A June 10 wedding is planned.

ZHANG-BREAULT

Bernie and Joanne Breault of Jericho, VT announce the engagement of their son, Daniel B. Breault, to Jin-yong Zhang, daughter of Jin-shu and Bing Chai Zhang of Plattsburgh, NY. A summer 2012 wedding is planned.

WELCOME HOME

JEFFERSONVILLE (Sheldon) Kerry (Bryant) and Travis Sheldon had a son, Declan Frank, on Tuesday, January 11, 2010 at Fletcher Allen Health Care in Burlington, VT.

Frank continued from page 11 -

Allen Health Care in Burlington, VT.

less revenue for running state government. It was formed with the following principles:

(Burg, Dunning) Chrissie Burg and Jeremie Dunning had a son,

Weston Davis Dunning, on Monday, January 17, 2010 at Fletcher

- Fairness, Actual and Perceived
- **Economic Competitiveness**

RICHMOND

- 3. Simplicity
- Transparency 5. Tax Neutrality
- Executive and Legislative Accountability to Tax Payers

Revenue Neutrality and Interoperability

The report of the Commission brings to light the myths about our tax code which gives us pause when considering any changes to the tax code. There were six myths the commission considered.

- That some Vermonters are not paying their fair share of taxes. It turns out when the progressive income tax, regressive sales tax, and bumpy property taxes are considered together all Vermonters pay between 8% and 9% of their income on taxes.
- That Vermont's marginal rates are too high relative to other states. In reality, because Vermont uses a narrow definition of taxable income, our rates appear higher than other states. If we use a broader base (say, federal AGI) our rates would be in the middle of
- That changing purchasing patterns have negatively affected Vermont's sales tax receipts. Although loss of sales at Vermont's eastern border are significant, sales taxes have been affected more dramatically by the shift in purchasing from goods to services and from purchasing on main street to purchasing on the internet.
- Tax Expenditures Form a Shadow Budget that Requires Greater Scrutiny. The tax system loses over \$1 billion annually due to insufficient oversight. Tax expenditures are policy choices made within the tax system, and they lack sufficient transparency
- That wealthy Vermonters are fleeing Vermont. The facts say that, on average, tax payers moving to Vermont earn 18% more than tax payers moving out. Furthermore, more than half of the taxpayers in the highest income tax bracket do not remain in the highest tax bracket the following year.
- The Complexity of Vermont's Education Funding System Obscures Basic, if Difficult, Tax Structure Issues. Actually, mechanics of the tax are complex, but the basic tax structure tension is rooted in equity. This manifests itself in the discussion regarding what is the "right" tax to fund education. Transition toward a tax system rooted more in property value or income would trigger a tax shift that puts pressure on the tax principles of equity and com-

- Expand the base on the income tax to federal AGI and reduce the rates to raise roughly the same amount as the current income tax. In addition, eliminate all deductions and exemptions. Replace the standard and itemized deduction with a tax credit lim-
- 2) Broaden the sales tax base by eliminating all exemptions, except food and prescription medications, including those on ser-
- Enhance scrutiny of tax expenditures by looking at them as budget costs which will shine the light of understanding of the expenditures and bringing transparency to this shadow budget pro-

Are our taxes a Burden or a Responsibility? Do we have a collective responsibility to maintain our roads, educate our children, help those disabled and disenfranchised to survive? Don't we Vermonters take pride in the state we live in? We live here because of the quality of life our great state provides, not because of the high cost of living that the dispersed population, harsh climate, and rugged topography Vermont provides. The House Ways and Means Committee have drafted a bill which embodies the recommendations as faithfully as possible and are currently taking testimony on it. A link to the bill,

I would like to hear your comments about the Tax Commission, or anything else. Email me at: Bill@RepBillFrank.com, phone: 899-3136, mail: 19 Poker Hill Rd, Underhill, 05489 or at Deborah Rawson Memorial Library, March 8, 6:30-8:00 PM. And I would en-

- ture may understand the full ramifications of its tax policy choices.

H.243, is on my web site.

joy seeing you at the State House.

The recommendations of the Commission are:

- vices. Move aggressively to capture internet and catalogue sales.
- Develop or use a tax incidence study so that the Legisla-

Westford Elementary school has a limited number of slots available in their school-based Preschool program. The program runs a morning and afternoon session Tuesday through Thursday during the week's school is in session. Westford also contracts with the Children's Preschool and Enrichment Center (CPEC) to offer additional Preschool slots. Westford uses grant funding to provide tuition reduction to a limited number of children who are Westford residents and who enroll in CPEC to pay for 10 hours of Preschool through their program in Essex Junction.

Westford Pre-school Registration

Selection for slots will be in compliance with Act 62 requirements regarding a lottery selection process. The selection process will take place in April and families will be notified of selection results prior to May 15, 2011. To enter the lottery for a preschool slot, please send the attached registration form to:

> **Preschool Registration Request** 146 Brookside Rd. Westford, VT, 05452

This form is due by April 4, 2011

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Weekland	Drecehool	Decietuation	Deguest
Mestiola	Prescrioti	Registration	Kadnası

Date: Name:	Student	Date of Birth:					
Name of Parent/Guardian:							
Daytime phone:							
Address:							
Please check one:Please consider my child for a Preschool Slot in Westford SchoolPlease consider my child for a slot at CPECI am interested in either CPEC or the Westford Preschool							

JUST MARRIED



Whitman-Joseph

Erin Whitman, daughter of Laurie and Greg Bergeron of Underhill, VT and Scott and Lisa Whitman of Ripton, VT, and Wendell Joseph, son of Rita Francis and Paul St. Croix, were united in marriage January 10, 2011.

The ceremony was held at the Windjammer Landing Re-

Mrs. Joseph graduated from Mount Mansfield Union High School in Jericho, VT and Strayer University Online. She works at Village Inn and Spa. Her husband graduated from Entrepot Secondary School and is self-employed.

The couple resides in Anse La Raye, St. Lucia.

SCHOOL NEWS

Burlington Technical Center second quarter honor roll

The following MMU High School students earned an A- or better in their Burlington Technical Center programs placing them on the Burlington Technical Center Honor Roll for the second quarter: Nathan Ceffalo, Criminal Justice; Rebecca Christie, AP Design & Illustration; Henry George*, Electronic Recording Arts; Wade Kirschbaum, Aviation Technology; and Mitchell Strait*, Computer Systems. *indicates A+

Making good schools

As part of a strategic planning process for 2012-2015, the Mount Mansfield Union School District would like community members to help us continue to improve our schools. Everyone is invited to an information and discussion forum to be held on Tuesday, March 15 at 7 pm in the KIVA at the high school (immediately to the left of the main entrance). The purpose of this forum is to present the board's strategic priorities for students in the coming years and to listen to ideas and answer questions about the best use of increasingly limited resources to accomplish these strategic priorities.

What do you think is most important for our students to learn? How can we continue to improve our programs and services without significantly increasing costs to taxpayers? What do you think the school does well? What can it do better? Decisions about our strategic priorities will guide the board and school administrators in crafting budgets and in reviewing programs and services to ensure that we are on track to accomplish our goals and serve the needs of our students as well as the needs of the broader community. For a copy of our current vision and priorities you may consult the current annual report, visit the CESU website at http:// www.cesu.k12.vt.us/or contact the Strategic Planning Committee Chair, Bob Robbins at robbins@together.net or by phone at 899-2436 with any questions.

SPORTS

Terrain and snow conditions challenge skiers in backcountry event

Backcountry Challenge Race and Tour. This unique Nordic event will test the most skilled backcountry skiers as they make their way over one of the most famous sections of the 300-mile Catamount Trail from Trapp Family Lodge to Bolton Valley Nordic

Strength, stamina, and good downhill skills are key attributes if you want to be competitive in this race event while just being fit and enjoying a scenic tour will suffice for the non-competitive touring class. All participants will be challenged by the 2,300 ft.



vertical ascent to the highest point on Catamount Trail and be rewarded by the breathtaking views on their traverse of Bolton Mountain. The remaining section of the course will be a hair rising descent on a narrow trail to the Bolton Valley Nordic Center, 1,300 feet below. The men's course record for this event is held by Eli Enman of Huntington, VT set in 2010 with a time of 1:31:02 while JoAnn Hanowski of

the women's record in 2009 with a time 2:16:45.

This backcountry ski event is designed for experienced skiers who have a true sense of adventure and are open to the unexpected. Each individual is encouraged to bring a small backpack with food, water, and extra clothes since there are no aid stations

LEGAL NOTICE

SUMMARY OF ORDINANCE

NOTICE IS HEREBY GIVEN that on February 17, 2011, the legislative body of the Town of Jericho amended the Ordinance Regulating Open Burning and Incineration of Solid Waste, pursuant to 24 V.S.A. § 1971, § 2202a(a), and § 2291(14) for the purpose of promoting the health, safety and general welfare of the inhabitants of the Town of Jericho and to regulate open burning and incineration practices that pose a danger to the public health and welfare and the environment or constitute a public nuisance. The following sections are affected:

Article II **Definitions**

Article III Open Burning and Incineration

Article VIII Effective Date

A full text of the Ordinance, and answers to any questions about it, may be obtained at the office of the Jericho Town Administrator, 67 Route 15, Jericho, Vermont. Telephone 899-9970 ext. 3.

This Ordinance shall take effect 60 days from February 17, 2011 unless a petition for disapproval, signed by not less than 5% of the qualified voters of the Town of Jericho, is presented to the legislative body of the Town of Jericho within 44 days of February 17, 2011. If such a petition is received, a special Town Meeting will be warned to consider such disapproval.

Dated this 17th day of February 2011.

Town of Jericho Selectboard

in Some of Wit pre Marchot dicakilinaceth and had becoming the Emiliusia and those who expenditure the state will be allowed and the Compatitive These skiers may only use one pair of skis. Past year's winners have used touring skis without metal edges while some have also used kicker skins for the steeper sections of trail. Non-competitive skiers should plan on taking 3.5 to 4.5 hours to complete the full length of the

> A special non-competitive start (10:00 AM) will take place 90 minutes prior to the start of the competitive race at 11:30 AM. This is ideal for skiers who wish to take a more leisurely tour, enjoy the scenery, stop for food breaks, and meet like-minded adventurers. The day's event will culminate with a hearty meal, raffle prizes, and awards for participants. For more information visit www.catamounttrail.org http://www.catamounttrail.org or call 802-864-5794.

Molly Rowlee Fund to hold Rail Jam

March 5 rail jam at Smugglers' Notch Resort benefits Molly Rowlee Fund On March 5, 2011 the third annual Molly Rowlee Rail Jam benefiting families with children that have been diagnosed with cancer will be held at Smugglers' Notch Resort. Molly Rowlee was only five years old when she was diagnosed with cancer, and just five short months later her loved ones lost her to anaplastic large cell Lymphoma. Her family and friends set up the Molly Fund, which has many events, including the rail jam, to raise money for families with children that have been diagnosed with cancer or that have lost a child to cancer.

The rail jam will be held in Smugglers' Main Village under the lights on Sir Henry's Learning Hill and will kick off at 6:30 PM. Entry for the event is \$25. Helmets are required. There will be a live band, Vew-Do balance boards to demo and tents with snacks. There will also be some giveaways, and many items donated by Anon, Analog, Vew-Do and more. A raffle will be held and 100% of the profit will go to the Molly Fund. The event promises to be fun for all; "the more the merrier," says Paige Manning, the Molly Rowlee Rail Jam organizer. Manning says the rail jam provides a festive atmosphere with a lot of great local talent and is a perfect way to raise money for the Molly Fund.

Registration for skiers and riders participating in the rail jam can done online by e-mailing Paige Manning at pb4wego@myfairpoint.net or if there is room left on the day of the event, registration on site will be done at 5:00 PM. For more information on the Molly Rowlee Rail Jam: http://www.mollyrowlee.org/ events/eventsDetail.php?ItemNumber=66.

LEGAL NOTICE

TOWN OF JERICHO-DEVELOPMENT REVIEW **BOARD NOTICE OF PUBLIC HEARING**

The Jericho Development Review Board will hold a public hearing on Thursday, March 24, 2011 at 7:00 **PM** in the Jericho Town Hall to consider the following:

- A request by Brian and Frederica Jones for Final Plan Review of a 3-Lot subdivision. The property is located at Steeplebush Road in the Rural Residential Zoning District.
- An appeal of a determination by the Jericho Zoning Administrator. The appeal is brought by Robert Bolin. The appeal concerns property owned by The Town of Jericho located at 508 Browns Trace in the Open Space Zoning District.
- A request by the Town of Jericho for an Amendment to a previous Site Plan Approval for general municipal outdoor recreation. The property is located at 508 Browns Trace in the Open Space Zoning District.

All interested persons may appear and be heard. Written materials may be viewed in the Zoning Office during regular business hours. Seth Jensen, Town Planner, Town of Jericho.

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Jericho Youth League to hold registration

Registration is now open for the 2011 season of the Jericho Youth League (JYL). Please visit the JYL website at www.jerichoyouthleague.org to download a registration form and information sheet, or come sign up in person at Jericho Elementary School on Monday, March 14 and Tuesday, March 15 from 6:00-

Boys and girls ages 5-12 who live in the towns of Jericho and West Bolton are eligible to participate. Residents of Underhill can play softball. Farm league, softball and major and minor little league divisions available.

For questions about registration, please contact Maria Mitchell at mariamitchellvt@gmail.com or by phone at 899-5149. For other question about the Jericho Youth League, please contact Sean Luitjens at sean.luitjens@gmail.com or by phone at 899-2935.

Underhill Little League to hold registration

Registration for Underhill Little League Baseball will take place on March 21 and 22 at Browns River Middle School from 6:00-7:30 PM each night. Little League is open to all Underhill boys and girls, ages 5-12. For more details call David Nicholson at 899-3607 or email him at nativedave@myfairpoint.net.

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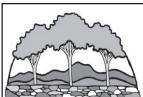
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Jericho trails committee continued from page 1

ing with meetings no more than once a month. He hopes people who are interested in non-motorized trail use will be motivated to join him. At this juncture, four other people have expressed an interest in joining the Task Force. Their names will be presented to the Select Board on March 17. The deadline for applications is March 11 so there is still time for others to apply.

Steven Schwartz is one resident who has expressed an interest in the committee. Schwartz lives off Packard Road, a street which he considers unsafe for bicycling for kids. He hopes the committee will work on getting bike and pedestrian paths for kids to get to and from school, destinations like Mountain High Pizza, and between developments. "It would be nice," he said, "for a parent to kiss a child goodbye and send them on their bike to school." Schwartz would also like to see some light trails in the woods for kids to ride their bikes. He notes that Vermont touts itself as a green state but without these kinds of paths, more and more parents find themselves driving their children for short distances on a regular basis. "Community paths strengthen the community," said Schwartz.

Maria Germano is a teacher at Browns River Middle School who lives off Snipe Island Road. Last year, she and her students worked with the Underhill Trails Committee on their New Road project and this year they are helping out at Old Mill Park and Mills Riverside Park. Germano said she is very interested in trail guides and upkeep, as well as the eradication of invasive species, and would like to help in other parts of town. She hopes to be able to incorporate those interests into work on the Trail Committee.

While Naylor admits that sidewalks weren't part of his original vision, he has no problem adding that to the committee's work, as long as he can continue his work on trails. "This wonderful natural asset of the state should be used," he said. "There should be a way to get people out in the woods and to make that acceptable to landowners." Naylor knows there are lots of opportunities for people to get involved in town activities, but he thinks folks should consider joining the Trails Committee. "This could be a fun group,"

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Scott Funk to be recognized for sales excellence



Scott Funk of Richmond, VT has been invited to attend MetLife Bank's 2011 President's Club Conference, in recognition of sales excellence. Funk has eight years of experience in the reverse mortgage industry, and has been with MetLife Bank for three years.

PHOTO CONTRIBUTED

Two communities continued from page 1-

as well as provide assistance with the infrastructure assessment. "It's great the two municipalities have collaborated to bring this project together," he said. "I think the series of community meetings will generate discussion for the future. It's exciting to help out as this project moves forward."

Jeffersonville is part of Cambridge but has its own system of governance with a Village Plan and regulations. However, many residents of Cambridge realize the two entities need to work together. "If we partner together, it will strengthen our community," said Moser. Tammy Fenton, Chair of the Board of Trustees of Jeffersonville feels energized by the combined efforts. "It's very exciting," she said, "to see the two communities working together for a bigger picture and bigger projects. We may live in the Village or in the Town, but we're all in this together."

Fenton stressed that the planning grant is only the first stage of the process. The two groups hope to use the money to leverage other grants and continue with their collaboration. Fenton noted that while those involved in writing the grant may have some ideas of what they'd like to do, they really need to hear from community members. "There may be things we're not aware of," she said, "that residents have a strong desire to see. We hope to see what those ideas are and put them into action." The first public meeting will be March 15th at 7 p.m. at a location which has yet to be determined.

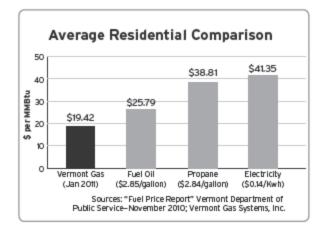
Fenton cannot recall a similar collaboration between the two organizations on this kind of project. "The biggest thing is that we are all one," she said. "This is neighbor helping neighbor. The more community involvement we get, the better the process we'll be." Fenton is hopeful that large numbers of residents will turn out for the public meetings so that information can be gathered. "If they don't tell us what they want," she said "we won't know. This is a wonderful thing that allows the community to step forward for their joint interest." Moser is optimistic the planning grant will be put to good use. "There's a lot for us to work with," he said. "This gives us a reason to get people talking and energized to do things in our community. We're pretty excited about this."

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