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# MOUNTAIN GAZETTE

Vol. 12 No. 20 Serving Bolton, Cambridge, Jeffersonville, Jericho, Underhill and Westford, VT April 18, 2013

## Underhill to kick off 250<sup>th</sup> anniversary with a June 8 parade through Center

By Ted Tedford

Mark your calendar for June 8. That's the day when Underhill celebrates its 250<sup>th</sup> anniversary with a parade and lots of fun activities for kids and adults.

A parade will form on English Settlement Road, start off at 10:30 AM and end up at Underhill Central School.

Among the parade participants will be Boy Scouts and Girl Scouts, several floats, a band and several volunteer Fire Departments, including the Underhill-Jericho Fire Department. That department is celebrating its 100<sup>th</sup> anniversary this year.

Nate Sullivan is coordinating the parade assisted by Richard Becker who has organized the Underhill-Jericho Memorial Parade for years.

Residents and town groups wishing to join the parade should contact the Underhill 250<sup>th</sup> Anniversary Committee at the Town Hall.

There will be several activities at the Town Hall and events at the District 5 Schoolhouse, the latter organized by the revitalized Underhill Historical Society.

At the Town Hall, there will be a barbecue that will follow the parade, a display of antique farm equipment, a pie-eating contest, old-fashioned games for children and many other events still being organized.

There will be a photo taken of all town residents attending who wish to be included in it.

Tents will be set up at the Town Hall for the barbecue and some other events. The volunteer 250<sup>th</sup> Underhill Anniversary Committee will keep townspeople informed as plans for more events are completed and scheduled.

The anniversary committee will soon be selling commemorative T-shirts with the anniversary logo at \$12 each at locations around town. Proceeds from the sales will help offset some of the celebration's costs.

Many other events are still in the planning stages and the Underhill 250<sup>th</sup> Anniversary Committee will keep townspeople informed, said committee Chairman Rick Heh.

Underhill's history began June 8, 1763 when a group of speculators bought grants issued by New Hampshire Royal Governor Benning Wentworth.

Beginning with Bennington in 1749, Wentworth began selling grants in what would later become Vermont despite claims on the land by the Province of New York and a subsequent order by King George III to cease.

Wentworth became rich, pocketing a 20-Pound fee paid by each of usually 60 grantees per town and reserving two shares comprising 500 acres for himself.

A group of speculators, including Joseph Sackett Jr. and members of the Underhill family, were the original proprietors June 8, 1763 in land that would become Underhill. None of the speculators lived in the town.

Wentworth's "New Hampshire" grants set off a bitter struggle between "Yorkers" and settlers who had bought land from the speculators and were enduring severe hardships in the wilderness of the time.

King George II had set the eastern boundary of New York 20 east of the Hudson River. His successor son, King George III, later changed that, making the Connecticut River the line, invalidating the settlers' claims to the land. Courts in New York ruled that settlers then would have to buy their land all over again. Ethan Allen organized the settlers into the Green Mountain Boys who fought the "Yorkers" trying to press their claims in land later to become Vermont.

## History of the Dixon House



Submitted by Gary Irish

In the early days of Vermont, travel was by foot, horse or stage coach, all of which limited the range that one could travel in a day's time. Thus, an early fixture in most towns was the local tavern, and Jericho boasted several. One of the earliest was the Bass House, located at 365 VT Rt. 15, on the northwest corner of the intersection with the Raceway in the Riverside section of town. Little is known about this tavern, other than for a time Nathaniel Bostwick was the owner. He died February 10, 1807 at the age of 50, and as it was already known as the Bass House, he was likely not the original owner. The old tavern is now used as apartments.

By 1802, his son Arthur Bostwick kept the Bostwick House that stood a short distance below the Bass House, at 351 VT Rt. 15. Arthur's son Julius Bostwick also kept the Bostwick House for a short time. Arthur's daughter Sally married Rufus Brown in the Bostwick House February 2, 1843, and Rufus took over operation of the tavern from his father-in-law, purchasing it from him in March, 1849 for \$4000. The tavern had started out as a two story building, and Bostwick and Brown enlarged it from time to time, including adding an ell.

The tavern was on the direct route from Canada to Burlington and Lake Champlain, and south to Troy, N.Y. and points beyond, and in the early days was much frequented by teamsters. They traveled up and down with their

big covered wagons, drawn by four, six or more horses, coming in at dark and out again as early as three or four o'clock in the morning, loaded with such things as grain, pork, lumber, furs and dry goods. During the 1840s and 1850s, there was a strong temperance movement in this area, and it is interesting to note that as a result, in at least 1851, Mr. Brown was licensed by the town to sell small beer and cider in the hotel, but not wines, strong beer or spirituous liquors.

In February, 1866 the tavern was purchased by Leonard Dixon, and was soon renamed the Dixon House. Mr. Dixon expanded the building even more, adding a large three story addition and a dance hall. From its large three story porch on the east side, patrons had a spectacular view of Mt. Mansfield, and the Adirondacks could be viewed from the porches on the west side. There were also croquet grounds adjacent to the hotel. An advertisement appeared in 1896 for a photographer temporarily setting up shop in "the old Dixon House bowling alley", so apparently at one time bowling was also offered at the hotel. By the early 1870s they were advertising that stages connected with both morning and evening trains at Essex Junction. With the coming of the B&L railroad in 1877, which passed just south of the hotel, special trains brought patrons from Burlington to dances and other events held there. Dixon's was a flag stop on the B&L, and a platform was built so passengers could disembark right at the hotel.

## Jericho: Celebrating the sesquicentennial ahead of schedule

By Phyl Newbeck  
*Special to the Mountain Gazette*

Sometimes, the festivities are more important than the actual date. Jericho was chartered on June 7, 1963 and the town originally planned to have a celebration on Saturday June 8. However, in an attempt to give pomp and a little bit of gravitas to the ceremony, the town decided to hire the Vermont Army National Guard Band to provide entertainment. The Band has their duty roster set up a year in advance and the closest they could come to June 8 was June 1. Thus, the Jericho 250th anniversary celebration will take place a week earlier than planned.

One portion of the festivities will begin even earlier than that. Jericho Town Hall has been serving as an art gallery, displaying the works of local artists in revolving exhibitions. Starting in May, the municipal building will be filled with historic photos and paintings, including some from the collection of the Jericho Historical Society. On June 1, from 10:00 AM to 5:00 PM, the walls will have additional 19th and 20th century paintings and photographs from the collection of local historian J. Brooks Buxton. Select Board member Catherine McMains is thrilled Buxton is willing to part with some of his prized possessions for the celebration. "That's a phenomenal offer," she said.

The sesquicentennial (minus one week) will begin with walking tours of Jericho's historic village centers: Jericho Corners and Jericho Center. The timing of the tours has not been fully determined, but there will probably be one tour at 10:00 AM and another at noon with local historians leading the way. Revelers will reconvene at 5:00 PM with a picnic on the green in Jericho Center. Fields Restaurant (formerly the Village Cup) will provide special deals on box lunches for those attending. There will be

The picture was cropped from stereoview dating from the mid-1860's. An interesting sidelight -Gary Irish's great-grandmother, Catherine Gill, who was born in Ireland, and came here when she was six years old, worked in the kitchen of the Dixon House before her marriage to Harlow Perrigo in 1868.

Mr. & Mrs. Dixon were genial hosts and their hospitality was well known, as was the good cooking. One banquet held there by the G.A.R. included various kinds of meats, oysters served in different styles, a nice variety of pastry and all fruits of the season. Several hundred visitors came to the hotel each summer, attracted by the popularity of the management and the scenic surroundings, with many hiking on Mt. Mansfield, taking carriage rides or fishing.

Mr. Dixon died in the hotel December 23, 1886 at the age of 77 (the B&L ran a special train to bring mourners from Burlington to his funeral), and the hotel was carried on by C.W. Thurber and S.M. Barney. Apparently business had been declining, as in November, 1885 Mr. Dixon had mortgaged the hotel, Dr. Arthur Burdick holding the mortgage. In January, 1889, Dr. Burdick purchased the hotel from the Dixon estate, and that spring made considerable improvements to the property, including painting the outside, and installing a new floor and a new marble top counter in the office. By July 1st, the hotel was thoroughly repaired and refurnished, and ready to open, with Dr. Burdick as the proprietor and Capt. P.T. Hollenbeck as manager. At about 2 o'clock on the morning of January 11, 1891 fire was discovered in the attic at the rear of the old inn. The entire building was burned to the ground, but due to the efforts of those who responded to the alarm, the piano and much of the furniture was saved. The fire was believed to have started from a stove being used while work was being done in that part of the building. The loss was estimated to be \$14,000. The furniture which was saved was stored at Thompson's Hall (this was an assembly hall on the second floor of what is now Jacobs' store on Park Street, before that space was converted to living quarters in 1892), and Dr. Burdick soon advertised that "\$2000 worth of Dixon House goods will be sold at...private sale" starting on January 26. In the fall of 1896, Dr. Burdick had a new tenement house built on the Dixon House lot and the next fall, he had another house built there.



## Camp Mansfield

By Betty Moore

From 1946 through 1963 Mrs Helene Durbrow operated Camp Mansfield in Underhill Center, where thirty young students, age seven through twelve years, were given individual remedial academic training for an eight-week summer period. Helene Durbrow was a pioneer, working with children who had dyslexia or other learning disabilities. As a kindergarten and primary teacher, she had become interested in children with specific language difficulties. She studied and trained at Columbia, New York and Johns Hopkins Universities, while serving on the faculties of several schools, both public and private. Camp Mansfield in Underhill Center was established to provide a full camping program for a small group of healthy, intelligent children who needed to continue academic training through the summer months. Special attention was given students on an individual basis toward developing good work habits and better language skills, along with training in speech, reading, vocabulary building, spelling and writing.

The studies were combined with enjoyment of the beautiful countryside, with swimming, nature study, mountain climbing, archery, overnight camping and horseback riding. (Some students brought their own horses.) Over the years, students came from many different states and countries, including Canada, Bermuda, and even Brazil.

Local residents participated in the operation of the camp, helping to maintain the facilities and prepare the meals for students and staff. For seventeen years, Camp Mansfield was a special part of the summer community.

Source: Durbrow Family

**POLICE REPORT**

On April 11, 2013, 6:24 PM, Erin Pecor called to report while visiting her sister's residence, **Ed King**, 66, of Cambridge, VT, was yelling racial obscenities at her and her children. King was cited for disorderly conduct and released. He will appear in Lamoille District Court on May 29, 2013. CASE#: 13A101403

**Arson fire** - On April 10, 2013 at approximately 10:27 PM the Cambridge Fire Department responded to a fire at 1680 Lower Pleasant Valley Road in Cambridge. The fire was reported when a passing motorist noticed a house and garage on fire and called 911.

The Cambridge Fire Department responded to the scene and when they arrived the house and garage were fully involved. Cambridge Fire Department called for mutual aid and fire departments from Underhill and Johnson responded. Cambridge rescue also responded to the scene. No one was currently living in the house so there were no injuries as a result of the fire. The house and attached garage were a total loss. A garage located near the residence sustained extensive damage and will have to be torn down. The fire departments were able to keep the fire from spreading to a nearby barn.

The damage estimates are in excess of \$75,000.00.

A few individuals were seen walking in the area around the time of the fire. Uniform Trooper(s) from the VSP Lamoille Office responded to the scene and attempted to locate the individuals but were unable to.

The Cambridge Fire Chief contacted the state police fire investigation unit and requested an origin and cause investigation be conducted. A state police detective and an investigator from the Division of Fire Safety responded to the scene on 4/11/13 to conduct the investigation.

As a result of the investigation it has been determined the fire was intentionally set and is considered to be suspicious in nature.

Anyone with information about the fire or has information about the individuals seen in the area at the time of the fire is asked to call the Arson Tip Line at 1-800-32-ARSON (There is up to a \$5,000.00 reward for information leading to an arrest). Anyone not wishing to call the tip line but has information about the fire can also contact the Vermont State Police in Williston at 878-7111. CASE#: 13A101393

The Vermont State Police, assisted by the Department of Motor Vehicle's Commercial Enforcement Unit, investigated a minor **two vehicle crash** involving a Chittenden East School District Bus and a vehicle that was parked and unoccupied. 58 year old Raymond Staskus, of Waterbury, VT was operating a school bus for the Chittenden East School District. Staskus had stopped on Robert's Park Road at East Street in Huntington to drop off children. After dropping off the children Staskus got up and walked to the back of the bus to speak with a child who had been causing an issue on the bus. In doing so Staskus failed to set the parking brake which allowed the bus to roll backwards into a parked vehicle. The parked vehicle belonged to 43 year old Julie Czyzewski of Huntington, Vermont. Czyzewski had parked her car on Roberts Park Road and was outside her vehicle picking up her children at the bus stop.

There were twenty-two (22) elementary school age children on the bus at the time of this incident. There were no reported injuries. The Huntington Fire Department and Richmond Rescue Squad responded to the scene and evaluated the parties involved as a precaution. The Chittenden East School District dispatched another bus to the scene to transport the students home.

The Department of Motor Vehicles Commercial Enforcement Unit conducted an inspection of the bus and found no defects during the inspection.

This crash remains under investigation. CASE#: 13A101259

On April 7, 2013 at approximately 7:30 AM, Vermont State Police from Williston Barracks received a call from Lindsey Rickert who stated her cell phone had been stolen while she was at work in Jericho. Rickert stated she called her phone and it was answered by a male who identified himself as Joe, later identified as **Joseph Peets**. Peets told Rickert she could have her phone back if she brought drugs, specifically Buprenorphine, to the parking lot of Tomlinson's Liquor store in Morrisville. After arriving at Tomlinson's, Rickert spoke with Peets' girlfriend, **Melissa George**, by phone who verified Peets was en route to the liquor store to make the swap. Troopers intercepted Peets as he arrived at the store and he was taken into custody. Peets had in his possession the stolen phone, marijuana, narcotics, and a set of poly resin style brass knuckles. He was transported to the Vermont State Police Morrisville Outpost for processing. Peets was later taken to the Northeastern Correctional Center by Probation and Parole as he was on probation for prior offenses. George was released on a citation. CASE#: 13A101336



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## Horse Hippology contest see record turnout



*Competitors in the 8 to 9-year-old age group at the State 4-H Horse Hippology Contest, held April 6 in New Haven and Vergennes, Vermont, pose with their rosette ribbons. Front row (from left): Emma Cushman, Barre; McKenna White, Whiting; Chloe Barewicz, Jericho; Bella Joly, Essex Junction; Carly Jenkins, Jericho. Back row (from left): Lauren Bentley, Richmond; Connor Lang, Essex; Brittany Webber, West Burke; Katie Heath, Bristol; Makayla Swan, Middlebury. PHOTO BY AMANDA TURGEON*

A record number of 4-H'ers turned out for the State 4-H Horse Hippology contest held on April 6 at two locations in Addison County.

A total of 93 competitors from clubs in nine Vermont counties competed at the University of Vermont (UVM) Extension 4-H event held at Wishful Thinking Farm, New Haven (horse judging) and Vergennes High School, Vergennes (written tests, slides and identification stations). The 4-H'ers were evaluated on how well they judged and placed horses in two classes as well as their overall knowledge of breeds, feeds and forages, tack, animal nutrition, anatomy, confirmation, horse care and other equine science topics.

Scores for each event at the competition were combined for an overall score. Rosette ribbons were presented to the top ten finishers in each age group.

The senior division for youths ages 14 and older attracted 42 competitors who vied for one of the four coveted spots on the state horse hippology team that will compete at the New England Regional 4-H Horse Contests in Massachusetts in October and the Eastern National 4-H Horse Round-up in Kentucky in November.

Seniors earning the highest overall scores, in order of placement, included Allison Bachmann, Ira; Alexis Walker and Kaelyn Jenny, both from Essex Junction, and Emily Campbell, Montpelier.

Other seniors who finished in the top 10 for this age group were Emma Pearson, North Hero; Meaghan Hughes, Jericho; Bethany Demuynick, Underhill; Ashley White, Northfield; Courtney Bronson, Shoreham; and Nicole Webster, Florence.

Katina Boise, Middlebury and Kayla Welch, Shoreham, took first and second, respectively, in the Novice Senior Division,



*The top 10 highest scorers in the 10 and 11-year-old age group at the State 4-H Horse Hippology Contest, held April 6 in New Haven and Vergennes, Vermont, were Front Row (from left) Faith Ploof, Essex Junction; Shea Tomlinson, Colchester; Olivia Suker, Shrewsbury; Alexis Marnellos, Lincoln; Madison Bentley, Richmond. Back row (from left): Eva Joly, Essex Junction; Hannah Carroll, Colchester; Kimberly Gibson, Bristol; and Sydney Minnerly and Charlotte Willis, both from Lincoln. PHOTO BY AMANDA TURGEON*

which was open to all teens 14 years old and up who are either new to 4-H or the hippology contest. Competitors in this division were not eligible for the state team.

In the Junior Division, ages 12 and 13, the high scorers, in order of placement, were Lexy Brooks, Whitehall, N.Y.; Hannah Lang, Essex; Catherine Thrasher, Rupert; Kendra Stearns, Brandon; Julia Neeld, Williston; Kathryn Morin, Essex Junction; Claudia Bearman, Essex; Madaline Schmidt, Colchester; Audrey Teague, Jeffersonville; and Olivia Schmidt, Colchester.

Winners of the 10 and 11-year-old age group included Faith Ploof, Essex Junction; Shea Tomlinson, Colchester; Olivia Suker, Shrewsbury; Alexis Marnellos, Lincoln; Madison Bentley, Richmond; Eva Joly, Essex Junction; Hannah Carroll, Colchester; Kimberly Gibson, Bristol; and Sydney Minnerly and Charlotte Willis, both from Lincoln.

Ten 4-H'ers, ages eight and nine, competed in horse hippology this year. Listed from first through last place, they were Emma Cushman, Barre; McKenna White, Whiting; Chloe Barewicz, Jericho; Bella Joly, Essex Junction; Carly Jenkins, Jericho; Lauren Bentley, Richmond; Connor Lang, Essex; Brittany Webber, West Burke; Katie Heath, Bristol and Makayla Swan, Middlebury.

Jessie Bachmann, Ira; Jen Carp, Colchester; and Emi Schweikert, Underhill, assisted with the event. All three 4-H'ers previously represented Vermont at the Eastern National 4-H Horse Round Up in the horse hippology contest.

For more information about the 4-H horse program, contact Wendy Sorrell, UVM Extension 4-H livestock educator, at (802) 656-5418 or [wendy.sorrell@uvm.edu](mailto:wendy.sorrell@uvm.edu).

## Organ donations and how you can make a difference

By Jim Carter

### WHAT LOVE IS

MY MOTHER HELD ME IN HER ARMS  
AND DRIED MY TEARS  
I WAS A BABY AND THOUGHT I KNEW WHAT LOVE WAS  
MY NEW PUPPY LICKED MY FACE  
AND WAGGED HIS TAIL.  
I WAS A CHILD AND  
I THOUGHT I KNEW WHAT LOVE WAS.

JOHNNY SLOW-DANCED WITH ME  
TO "GET TOGETHER" BY THE YOUNGBLOODS.

I WAS A TEENAGER A  
ND I THOUGHT I KNEW WHAT LOVE WAS.  
MY FATHER POSED PROUDLY BESIDE ME  
AS I HELD MY DIPLOMA  
I WAS A GRADUATE  
AND I THOUGHT I KNEW WHAT LOVE WAS.

TOM PLEDGED HIS LOVE TO ME  
AND I THOUGHT I KNEW WHAT LOVE WAS.  
I WAS A BRIDE  
AND I THOUGHT I KNEW WHAT LOVE WAS.  
OUR ADOPTED BABY GIRL WAS PLACED IN OUR ARMS.  
I WAS OLDER A

ND I THOUGHT I KNEW WHAT LOVE WAS.  
FOR SEVEN YEARS OUR CHILD'S LAUGHTER RANG  
THROUGH OUR HOME.

I WAS MIDDLE AGED  
AND I THOUGHT I KNEW WHAT LOVE WAS

I LOOKED INTO HER FACE

WHEN GOD CALLED HER BACK HOME,  
AND HELD HER HAND TO SAY GOODBYE.

I LOST MY LITTLE GIRL

AND I THOUGHT I FORGOT WHAT LOVE WAS.

BUT 8 LIVES WERE CHANGED.

8 PEOPLE WERE GIVEN A SECOND CHANCE TO LIVE,  
BECAUSE WE DONATED OUR DAUGHTER'S ORGANS.

NOW I KNOW WHAT LOVE IS.

Dedicated to Kayla Reichert by her mother Rae Ann Reichert

### DID YOU KNOW IN VERMONT:

Signing your driver's license is not first person consent it is only your wishes concerning your desire to be an organ donor.

You can give first person consent by going to: [donatelifevt.org](http://donatelifevt.org)

There are over 100 people on dialysis waiting for a kidney transplant.

We have a number of Vermonters that have given a kidney as a living donor.

As a living donor, if you are ever in need of receiving a kidney you move to the top of the waiting list.

Age is not a factor in being an organ donor.

You can watch a Vermont made video: "Less than 5%" by going to the website: [donatelifevt.org](http://donatelifevt.org)

Did you know that we had the lowest percentage (less than 5%) sign up to be organ donors, lowest in the United States. Now that the DMV, as January 7, 2013, has their donor registration computer up and running we will soon not be last.

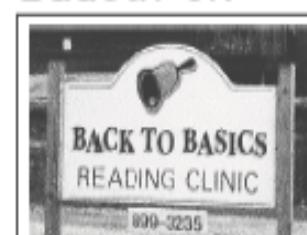
It is very important that you have a discussion with your loved ones on how you feel about being an organ donor.

Submitted by Andrea Carter's (multiple organ donor) family

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## COMMUNITY COLUMNS

**Old Man**

By Suzanne Kusserow  
Senior Guest Columnist

I see an old man, sitting alone in his room. The TV is on, but he doesn't look. He has been neatly shaved, although his caregiver missed a few spots. His shoulders hold up his shirt, which is always buttoned at his neck, which then looks much like the crossed-stick construction of a scarecrow. His hands drift from the edge of his chair: pale with liver spots that remind him of when he was young and strong and tanned. The joints are permanently fused so that his fingers clench as if trying to grab his stomach, but that is an illusion. If you look closely, you can see that his hands slide limply into his lap, without ability or purpose. The TV groans on with its disembodied voices which drop their comedy somewhere on the floor; he doesn't know where. He supposed that everyone has a TV running in their room, so that the aides can watch their favorite soaps while they are bathing people.

He can hear footsteps coming down the hall (doors are not shut so that staff can quickly check on the residents as they go by). It was probably time for dinner, when someone usually pops in to announce: "Shall we go have something to eat?" When he first came, he couldn't stand the "we..." She wasn't going to have dinner with him; she wasn't going to take a bath with him, or sit outside at the entryway and watch the cars turn into the parking lot. Who was this "we"? But now he accepted the permanence of the place and his position in it, and he understood the loudness that universally put all old people in the category of the deaf, and the protectiveness of a high voice against contact and personalization.

The laughter of two aides – young, musical, secretive – spun silver down the hall, disappearing as was usual for his day, his life. He used to know laughter; he used to know how it fed his soul, but he has no idea where it went... perhaps with his wife, who could laugh at anything. It was a take on life that he wished he could have learned then, and now. Voices turned into the corridor and faded out except for one, who seemed to be returning. The woman quietly entered the room and said: "I saw your blanket on the floor when we went by. And we need to get you ready...." She stopped and looked at him and her voice gentled into silence. She knelt beside his chair with no introductory words. At first he couldn't locate her; he was so used to the tinkling voices being above him. But he could see her thick hair, the center part hanging on to the original gray, the rest pulled back in a regulation hair net. She took his hand that he couldn't unbend and held it quietly in hers. "I'm so sorry" she said. "I'm so sorry." And the tears that he had forbidden since his wife died, since his son had dropped him off here, since the TV had been turned on forever, dripped onto his cheeks. She stood up and cradled his head in her arms, as she used to hold her children. "I'm so sorry" she said again. And they stayed for a few minutes in the truth of it...and the impossibility of it.

What she had done was opened his soul. But what good was that? He would go back to his TV, his weekly wheelchair sessions with a young, eager pianist urging them to join him in singing the old songs that no one really remembered. And the bedtime ritual with the blessings of 25 milligrams of Benadryl to send him hazy and back home. Yet for a moment the world made sense again, his family was around him, but they were not focused on him, asking the same questions in cheery hopeless tones. Everyone was doing their own jobs, per usual, as he was doing his.

Next day she would go back to "we", urging him to eat more spaghetti, wheeling him to hear the weather report and the headlines of the deaths that had happened to others and which he couldn't accomplish for himself. And they would all try and remember their politeness and say 'Thank You' as they headed back to their rooms and the endless TV.

I wish I could say he could recall this moment, this embrace of the quasi-mother and bewildered child, but I don't know. I would like to say that he could remember the embrace without too much pain. Perhaps I should complete this essay with a proper conclusion; we all like conclusions; an ending no matter how sad, has a finality to it. It limits the things we should have done because the choice, the burden, the guilt, is gone and we can forgive ourselves with relative impunity. Tomorrow we will be asking for more faith in ourselves, more time to return to the world in his room.

I must go.

You come, too.

## United Way Food Drive right around the corner

This year's Community Food Drive will be held on Saturday, May 11<sup>th</sup>. United Way of Lamoille County and the U.S. Postal Service are working together on this event which collects two tons of food annually for our local food shelves.

If you have rural mail delivery, you may hang your food donation from your mailbox. Your postal carrier will pick up your donation during their regular Saturday morning delivery. A drop box will be placed in the lobby of your local post office for the convenience of those who pick up their mail.

Only non-perishable items will be accepted. Items most requested at food shelves are: peanut butter, jelly, tuna, toilet paper, cereals, canned fruits and vegetables, spaghetti sauces, cake and baking mixes and hamburger helper, but any non-perishables will be greatly appreciated.

Please help those with food insecurities in our community by supporting this event. For more information, contact Joy at the United Way office at 888-3252.

**The Mountain Gazette**  
6558 VT Rt 116 Starksboro, VT 05487  
(802) 453-6354 • mtgazette@earthlink.net  
www.mountaingazetteofvermont.com

**Deadline: April 25, Publication: May 2**

Brenda Boutin editor/publisher/ad sales /delivery

News writer - Phyl Newbeck,

**Letters Policy:**

Maximum 450 words; one letter per writer, per calendar month. **Must be signed for attribution** with writer's address and phone number

**Embarrassment**

By Scott Funk  
*Aging in Place Advocate*

Pointing out what is wrong nowadays is one of the privileges of aging. Given the current state of things, there is plenty of inspiration on the subject. I'd like to chime in with an observation.

Embarrassment. There isn't enough of it. The supply is too low; there just isn't enough to go around. If you don't believe me, watch or listen to the news. You will hear reporters giggle, laugh and generally make light of the subjects they are covering. Could you imagine Walter Cronkite or Dan Rather giggling in an interview? Of course not, it would be embarrassing.

Politics is a field where the art of embarrassment is almost none existent. We have a huge portion of the nation's elected officials, from Congress to our own popular governor, who can boil their approach to the greatest financial crisis since the Great Depression down to just 3 words: "No new taxes".

If you can fit your plan onto a bumper sticker, it's not a plan, it's a slogan. And if you think you can right the course of the greatest nation on earth or the most wonderful state in that nation with so simple a solution, you should be embarrassed. Imagine an interview with either the democratic or republican Roosevelt. "Well, Mr. President, what is your plan in this crisis?" "No new taxes." "I'm sorry, Mr. President, perhaps I didn't make my question clear. Do you have a plan?" Embarrassing!

Have you ever listened to a sports superstar complaining that \$100,000,000 isn't enough? Or the argument that people getting \$10,000 a day won't be motivated to work if they get a penny less? But increasing the income for the lowest wage earners will cost jobs and destroy the economy. How can people talk like this and not blush?

Whether it's guys with pants falling down, young ladies trying to reveal more than they actually have, or grown-ups imitating them, it all seems like fashion wants to take us to a place where our bodies should not go. And that place is embarrassing.

Not all that many years ago, I saw my reflection in a window on Church Street in Burlington. I was wearing a skintight, black t-shirt with a cartoon of an ugly cat gagging on a hairball covering most of my chest. In large white letters below, it said, "Don't blame me. I voted for Bill the Cat."

I stared at myself and thought, "I'm not wearing this shirt. It's wearing me!" It was so embarrassing I couldn't get home to throw out that shirt fast enough. Now, I don't wear shirts with cartoons and my shirts fit loose. As much as I wanted to be a fun guy, the fact is after a man hits 50, most people probably don't find it fun anyway.

Mark Twain said, "Man is the only animal who blushes, or needs to." Perhaps we need to now more than ever. Aging in Place, it doesn't happen by accident (and neither does straightening out the world).

*Scott Funk is Vermont's leading Aging in Place advocate, writing and speaking around the state on issues of concern to retirees and their families. He works as a Home Equity Conversion Mortgage specialist. You can access previous Aging in Place articles at vermontfunk.com.*

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**Clutter Barn opens May 4****for the season**

Winter's over and it's time to spring into action and gather up those no-longer-useful items in closets, drawers and cellars to deliver to the Clutter Barn for resale. The Clutter Barn, sponsored by the United Church of Underhill, operates out of the previously named "Gifford Building" adjacent to the church at Underhill Flats. Its mission is to offer gently used merchandise for sale to the members of the community and beyond at attractive prices. Proceeds assist the many church programs that reach out to its members, the community, and wider world missions. Volunteers from the church are on hand at the Clutter Barn on Saturday mornings from 8:30 AM to 12:00 noon to receive donated items that are then sorted, priced and arranged in categorized areas throughout the building. On the last Saturday of each month, May through August, the Clutter Barn hosts a Tag Sale (donations will not be accepted on these days) where enthusiastic shoppers are sure to find that special item for which they've been searching - and many other treasures.

Opening day for the 2013 season is Saturday, May 4 and volunteers will be waiting at the door to receive donations from 8:30 AM to 12:00 noon. See list below for acceptable and non-acceptable items, or go to <http://www.unitedchurchofunderhill.com/> and click on "Serve" and then on "Clutter Barn". For other information, contact Sharon Damkot (899-3572), Kathy Williamson (899-3122) or Betty Wilson (899-5878).

**WE ACCEPT:** Books - Adult, teen and children/Cook Books; Clothing - Only Spring & Summer Clothing May, June and July - Fall & Winter Clothing in August and September; Toys - Clean and "playable"; Games and Puzzles; Kitchen Items; Linens, Towels, Curtains; Small Appliances; Small electronics; Sports Equipment; Carpentry Tools; Decorative Items; Craft Items and Supplies. **ALL ITEMS MUST BE CLEAN AND IN GOOD USEABLE/WORKING ORDER.**

**WE CANNOT ACCEPT:** Beds/Baby Cribs; Car Seats/Booster Seats; Coat/Clothes Hangers; Building and Plumbing Supplies; Computers/Computer Equipment; Printers/Photocopy & Fax Machines; Large Appliances; Large Exercise Equipment; Microwave/Convection Ovens; Truck Tops/Roof Carriers or Racks; Tires/Tire Rims; Encyclopedias; Magazines (including National Geographic).

## WORSHIP SERVICES

**CALVARY EPISCOPAL CHURCH**

Calvary Episcopal Church is a welcoming, caring, Christian Community called to live the Gospel of Jesus Christ, grow our spiritual gifts, and serve our neighbors.

VT RT 15, Jericho

Sunday Worship Service 9:30 AM  
Rev. Regina Christianson Rector  
Karen Floyd, Parish Administrator, 899-2326  
[www.calvarychurchvt.weebly.com](http://www.calvarychurchvt.weebly.com)

**GOOD SHEPHERD LUTHERAN CHURCH (ELCA)**

273 VT RT15 - between Jericho and Underhill

Rev. Phillip Roushey, Pastor  
Sunday Worship 9:00 AM - Nursery Provided  
Sunday School for all ages - 10:30 AM  
[pastor\\_phil@goodshepherdjericho.org](mailto:pastor_phil@goodshepherdjericho.org)  
[www.GoodShepherdJericho.org](http://www.GoodShepherdJericho.org)

**JERICHO CONGREGATIONAL CHURCH**

"An Historic Church Proclaiming an Eternal Message"

On the green in Jericho Center, VT  
Pastor Peter Anderson & Youth Pastor Glenn Carter  
Sunday Services at 8:00 AM & 11:00 AM

Nursery Care provided • Sunday School at 9:30 AM for all ages

Fellowship at 10:30 AM  
Sunday Youth Group at 6:15 PM  
899-4911; [www.jccvt.org](http://www.jccvt.org)

**JERICHO UNITED METHODIST CHURCH**

"Open Hearts, Open Minds, Open Doors"

71 Vermont Route 16, Jericho (next to the Town Hall)  
Rev. Sangchurl Bae, 899-4288  
Sunday Worship Service, 9:00 AM  
Children's Sunday School, 9:00 AM  
Men's breakfast - third Sunday, 7:00 PM  
[jerichoumc@jumvt.org](mailto:jerichoumc@jumvt.org) [www.jumvt.org](http://www.jumvt.org)

**MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP**

A Liberal Spiritual Community

195 VT RT 15, Jericho, VT 05465

Phone: 899-2558 website [www.mmuuf.org](http://www.mmuuf.org)  
We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Road) on the 2nd and 4th Sundays of September - June for worship, reflection, growth, and support.  
All are welcome.

**ST. THOMAS ROMAN CATHOLIC CHURCH**

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and in Truth in the Holy Sacrifice of the Mass"

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Weekend Masses:

Saturday 4:30 PM

Sunday 8:30 AM

Pastor: Rev. Charles "Rick" Danielson

Deacon: Peter Brooks

Religious Ed. Coordinator: Laura Lynch Wells, 899-4770

Parish Secretary: Theresa Gingras

Phone: 802-899-4632, email: [stthomas5@myfairpoint.net](mailto:stthomas5@myfairpoint.net)

Website: [www.stthomasvt.com](http://www.stthomasvt.com)

**UNITED CHURCH OF UNDERHILL**

"Welcoming, Worshipping, Working for God"

At the Green on route 15 - Rev. Kevin Goldenbogen - 899-1722  
[www.unitedchurchofunderhill.com](http://www.unitedchurchofunderhill.com)

Worship and Sunday School 10:30 AM

Local and Global Mission and Service Outreach

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Streaming audio sermons: [www.becauseyoumay.com](http://www.becauseyoumay.com)

**Saturday April 20**

**Children's Story Time** - Phoenix Books Burlington, April 20 at 11:00 AM. Free. For more information [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

**Author appearance**, Members of the Poetry Society of Vermont, The First Annual PSOV Poetry Reading at Phoenix Books Burlington at 2:00 PM. Phoenix Books Burlington, 191 Bank Street, downtown Burlington. Free. More info: <http://phoenixbooks.biz> or 448-3350.

**Monday April 22**

**Relay For Life of Chittenden County Team Meeting** from 5:30-6:30 PM. American Cancer Society 55 Day Lane, Williston.

**Wednesday April 24,**

**Poetry Reading with Rick Eschholz, Julia Shipley, Ben Aleshire, Nicholas Spengler and others**, at the River Arts Center, M 7:00 pm. River Arts, a nonprofit organization dedicated to enriching the community through the arts, is located in Morrisville, VT. For more information, call 888-1261, or visit their website at [www.riverartsvt.org](http://www.riverartsvt.org)

**Thursday April 25**

**Author appearance**, Elizabeth Courtney and Philip Ackerman-Leist, Building a Sustainable Future: Think Global, Start Local with the Authors of *Greening Vermont* and *Rebuilding the Foodshed*, 7:00 PM. Phoenix Books Burlington, 191 Bank Street, downtown Burlington. Free. More info: <http://phoenixbooks.biz> or 448-3350.

**Saturday April 27**

**Bird Monitoring Walk**, Birds of Vermont Museum, Huntington, 8:00-9:30 AM. Join experienced birders for monthly bird monitoring. Please bring binoculars. Free. Adults & older children.

**Children's Story Time** - Phoenix Books Burlington, April 20 at 11:00 AM. Free. For more information [www.phoenixbooks.biz](http://www.phoenixbooks.biz)

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**COMING EVENTS**

or 448-3350.

**Author appearance**, Daniel Lusk, A release party for the audiobook *The Inland Sea*, Phoenix Books Burlington, 191 Bank Street, downtown Burlington at 7:00 PM. Free. More info: <http://phoenixbooks.biz> or 448-3350.

**Saturday April 27 & Sunday April 28**

**Antique Show**, 47<sup>th</sup> annual VT Maple Festival Antique Show, St. Albans Educational Center, 169 S. Main St. St. Alcans. Saturday 10:00 AM to 5:00 PM and Sunday 10:00 AM to 4:00 PM. Free admission. Benefit snack bar. Part of a citywide celebration of Vermont's maple syrup harvest. For info call 802-893-6277 or [www.VTMapleFestival.org](http://VTMapleFestival.org).

**Tuesday April 20**

**Author appearance**, Teatime with Tea Rex (Screen Free Week at Phoenix Books Essex), at 10:00 AM. Free. Suggested ages: 3-5 years. (All ages welcome.) More info: <http://phoenixbooks.biz> or 872-7111.

**Thursday May 2**

**Author appearance**, *How Carrots Won the Trojan War* with Rebecca Rupp, Phoenix Books Essex, Essex Shoppes & Cinema, Essex, at 7:00 PM. Free. More info: <http://phoenixbooks.biz> or 872-7111.

**Friday May 3 & Saturday May 4**

**Rummage Sale**, Grace United Methodist Church, 130 Maple Street Essex Junction, Friday at 9:00 AM-6:00 PM and on Saturday May 4 at 8:00 AM-1:00 PM. Savings Galore! Take what you need - Pay what you can. Any questions call 878-5923 or church office 878-8071.

**Saturday May 4**

**Author appearance**, Bob's Birthday Bash! (Screen Free Week), OFFSITE at Jericho Community Center, 329 Browns Trace Road, Jericho, Vermont, from 12:00-2:00 PM. Free.

Suggested ages: 3 years and up. (All ages welcome!) More info: <http://phoenixbooks.biz> or 872-7111.

**Tag Sale**, Westford Town Garage, Cambridge Road, Westford, 9:00 AM - 2:00 PM. Find household items, treasures, tools, toys. To benefit the Westford Volunteer Fire Department. Hot dogs, baked goods and beverages also for sale. Information: 878-7573.

**Volunteer Work Day**, 9:00 AM - 1:00 PM. Help us prepare the Museum for the 2013 open season! Do windows, clean nest boxes, spruce up trails, prepare handouts, input bird data, and much more. Something for everyone, and we feed you! Please let us know you're coming.

**Soup N' Chocolate Supper**, Red Brick Meeting House, Rte. 128 Westford, 5-7 pm. All you can eat Soup, Chili, Salad, Artisan Bread, and Chocolate Desserts. Soup N' Chocolate Supper fund raising event to assist in efforts with preservation of the UCW Church. A prize will go to Soup voted as favorite "People's Choice Award". Adults \$8, children \$5(over 5 years), \$25. Max for family.

**Sunday May 5**

**Community Breakfast**, from 9:00 - 11:00 AM at the VFW Post 6689, 73 Pearl Street, Essex Junction (across from Big Lots). Sponsored by the Ladies Auxiliary to the Veterans of Foreign Wars. All are invited, both members and non-members! Adults \$6 and Children \$3. Call 878-0700 for more information.

**Monday May 6**

**Exhibit Opening: Breeding Bird Atlas**: Science and Art Exhibit: All Day; Special presentation: 6:00 PM. Roz Renfrew of the Vermont Center for Ecostudies opens our Breeding Bird Atlas: Science and Art exhibit with a discussion of the project. The exhibit opens with the Museum; the special discussion is in the evening. Join us!

**ONGOING EVENTS**

Wednesday.

**HEALTH EVENTS & GROUPS**

**Alcoholics Anonymous Meeting**, "Wing It" group meets Sundays - 11:00 AM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker meeting followed by a Brunch (there is a \$10 charge for the brunch)

**Alcoholics Anonymous Meeting**, "The Firing Line" group meets Wednesdays, 7:15 PM - 8:15 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Step meeting

**Alcoholics Anonymous Meeting**, "The Firing Line" group meets Saturdays, 8:00 - 9:00 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker Discussion meeting

**Alzheimer's Support Group** - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

**Brain Injury Support Group** - offer survivors and family members, caregivers, friends and the community a place to come and receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure and confidential environment. Meets the 4<sup>th</sup> Friday of the month at the YMCA in Winooski from 11:00 AM-noon, the 1<sup>st</sup> Wednesday of the month at Fanny Allen in Colchester from 5:30-7:30 PM, and the 2<sup>nd</sup> Tuesday of the month at the Saint Albans diner in Saint Albans. Call the BIAVT help line at 877.856.1772.

**International Cesarean Awareness Network** supporting mothers and families recovering from or learning about cesareans and vbac's. ICAN support groups next meeting is October 14 at 4:00 PM at Maitri Health Care in South Burlington with special guest Polly Perez. For more information email [ICANvt@gmail.com](mailto:ICANvt@gmail.com) or call Jessilyn at 644-6700.

**Overeaters Anonymous** meets 6:00 – 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville, VT. Weigh-in 5:15– 6:00 PM.

**Healing Circle Breast Cancer Network**, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

**Franklin County Prostate Cancer Support Group**, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For more information, Fern Mercure, 524-0719.

**Statewide Quit Line**, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

**Tobacco Cessation Classes**, Wednesdays from 5:00-6:00 PM in the Cambridge Regional Health Center Conference Rm. This is a free, 4 sessions, ongoing class. Free Nicotine Replacement is available for participants. For more information or to sign up contact Rorie Dunphy at 644-5114 or Shannon Chauvin at 253-4853 x147

**Alcoholics Anonymous Meeting**, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM at the United Church of Underhill, Underhill Flats.

**KIDS**

**Playgroups** are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events & information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or [underhillplaygroup@yahoo.com](mailto:underhillplaygroup@yahoo.com).

Mondays: Jericho Community Center, 9:30-11:00 AM

Wednesdays: Richmond Free Library, 8:45-10:15 AM

Thursdays: Bolton's Smilie School, 9:00-11:00 AM the 1<sup>st</sup> and 3rd Thursdays of the month

Thursdays: Huntington, 11:00 AM-12:30 PM at Huntington Public Library

Ongoing continued on page 5

**MASSAGE**

**BODY LOGIC MASSAGE NOW OPEN**  
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## PEOPLE IN THE NEWS

## OBITUARIES



**Myrtle (McRoy) Sisco**, 83, of Jericho, VT, passed away from this world April 6, 2013. She was born in Mobile, Ala., July 18, 1929, daughter of the late Leslie G. and Louise (Pringle) McRoy Sr. Myrtle graduated from the City Hospital School of Nursing in Mobile, and was a night supervisor of that hospital until she joined the U.S. Navy Nurse Corps. She was stationed at St. Albans Navy Hospital in Long Island, where she met and married her husband of 50 years, Donald Sisco. After their service, they moved to Don's home state, New York. Myrtle worked in the Good Samaritan Hospital in Suffern and Tuxedo Memorial Hospital in Tuxedo, N.Y. They moved to Jeffersonville in 1965, when Don joined IBM. Myrtle was Central Vermont Head Start Medical Director for 10 years, and worked as the nurse in various centers in Lamoille County. Later, she worked at the two nursing homes in Morrisville, until she retired in 1993. Myrtle was a dedicated member of the American Legion. She was awarded lifetime membership by Post 35 many years ago, and was elected Legionnaire of the year by the Department of Vermont, 2001. Myrtle loved her family and is survived by two sons, Gary (Bronwyn) of Kentucky, and John (Lucy) of Maine; two daughters, Leslyn "Sissy" (Ken Pepion) of Colorado, and Margaret (Andrew Fraser) of Johnson, VT; grandchildren, Leah Pepion, Andrea and Kyle Myers. She has one brother living, Millard McRoy (Muriel); and sister-in-law, Juanita McRoy, both of Alabama; many nieces and nephews; brother-in-law, Alan Sisco (Shelia) of Derby, VT; and special friend and honorary son, Brian "Henry" Wells of Waterville, VT. She was also predeceased by her husband, Donald in 2003; two sisters, Fannie and Cecile; and three brothers, Leslie G. Jr., Robert and Arthur McRoy Sr. The family requests no services to be held. Memorial contributions in Myrtle's memory may be made to the American Legion, Dept of VT, P.O. Box 396, Montpelier, VT 05601, for the Legionnaire Assistance Fund. The family invites you to share your memories and online condolences by visiting [www.awrfh.com](http://www.awrfh.com).

**Edith Taylor (Kitsos)** of Underhill, VT, died on April 8, 2013, in the Vermont Respite House in Williston. Edith was a beloved



wife, mother, daughter, sister, aunt, friend, and colleague. She will be remembered and greatly missed for her fierce courage, her loving heart, and her no nonsense approach to life. Born on October 22, 1954, in Dalton, Ga., she attended Dalton High School and graduated with a BS in zoology from the University of Vermont. In 1989, she married Tony Kitsos, and together they had two sons, Tom and Sam. Edith was witty, smart, always practical, and was adored by her family, her many friends, and her coworkers. Edith worked for 25 years at the Vermont Center for Reproductive Medicine at Fletcher Allen Health Care. She enjoyed downhill skiing and running, but, most of all, loved watching her sons compete in their many sporting events. Edith was a dedicated horsewoman, competing throughout her life in dressage, stadium jumping, and cross country events. Edith is survived by her husband and sons; her mother, Mary Kathryn Taylor; her siblings, Susan, Ben, and Kate Taylor; her sister-in-law, Sue Jewett; and her brother-in-law, Will Kitsos. She was predeceased by her father, Ben Taylor, Jr. Funeral services will be privately held. A celebration of Edith's life is planned for June and all family and friends are invited. Memorial donations may be made in Edith's name to the Vermont Respite House, 99 Allen Brook Rd., Williston, VT 05495.

## COLLEGE NOTES



Thursday night, April 11, Vermont Technical College had their Student Award Convocation. **Warren Irish**, of Jericho, VT, was inducted into both the Phi Theta Kappa honor society, and the Tau Alpha Pi honor society. In addition, he received the Robert S. Brady Award for Greatest All-Around Academic Development in Architecture & Building Engineering Technology. He is completing his sophomore year in their architectural engineering program.

**Christopher J. Goodwin**

**Goodwin**, a junior in the web design and interactive media major, is the newest student employee to join the College Information and Community Relations Office at Pennsylvania College of Technology.

As a student video production assistant, **Goodwin**, of Jericho, VT, helps the CICR video-production team produce videos featured on the college's website and YouTube channel, [www.youtube.com/PennCollegevideos](http://www.youtube.com/PennCollegevideos), and on public television.

**Goodwin** is an active freelance Web developer and an associate certified by the World Wide Web Consortium. He enjoys video editing and photography, and his career goals include "moving on to work with the industry's best to create beautiful and usable Web experiences to large-scale video productions, although my passion lies mostly in postproduction of video."

**John Bethune recognized by Red Cross**

In the wake of Tropical Storm Irene, Red Cross volunteers from across the country came to Vermont to help mount a massive response effort.

Recently, many, like Jericho resident **John Bethune**, took assignments in New York and New Jersey in the wake of Hurricane Sandy to help the Red Cross shelter and feed the thousands who were displaced by the storm. John Bethune joined other volunteers and local Red Cross leadership that same afternoon for a ceremony with Governor Peter Shumlin who signed a proclamation marking March as American Red Cross Month in Vermont. Governor Shumlin noted that the Red Cross "works tirelessly to help

when disaster strikes," recognizing both the national deployments of our volunteers as well as the over 120 local disasters that they are called to each year. The responses to local disasters, predominately house and apartment fires help those who are devastated "to start their road to recovery," the Governor said.

## ONGOING EVENTS

Fridays: Underhill Central School, 9:30-11:00 AM

**Kids' Yoga**, 3-5 years & 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

**Early Literacy Storytime**, Thursdays, 11:00 AM at Westford Public Library. Stories and activities utilizing early literacy concepts for age's birth-preschool. Drop-in; no registration needed. We welcome new families. For more info, contact Victoria at 878-5639 or [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us), or visit our website [www.westford.lib.vt.us](http://www.westford.lib.vt.us) and click on Events @ Your Library.

**SENIORS/COMMUNITY MEALS**

**Jeri-Hill XYZ Seniors** meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome. Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

**Johnson Community Meal** - Every 2nd & 4th Wednesday, 11:30AM-12:30 PM at the United Church in Johnson. Come for a hot meal and get to know your neighbors. The meal will be followed by a community gathering. For more information, please contact: Ellen Hill: 635-1439, [ellen.hill@jsc.edu](mailto:ellen.hill@jsc.edu).

**Westford Senior lunches** - Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. The next senior luncheon is on Monday, September 13. There is no lunch in July or August. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

**Bolton Up and Downtown Club** meets the last Thursday of the month at the Bolton Fire station. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheeck at 434-3769.

**Huntington senior meal site** - The Huntington Senior meals are served the third Tuesday of each month at 12:00 noon at the Community Baptist Church in Huntington Center.

**St. Jude's Church**, Hinesburg, senior meals held on second and fourth Wednesday of each month with bingo games after the dinners. Everyone is welcome including caregivers. Dinners are \$3.00 per person. For information call Ted Barrette at 453-3087.

**Starksboro First Baptist Church**, Starksboro - senior meals, fourth Thursday of the month, 11:30 AM, call Brenda Boutin at 802-453-6354 for more information.

**"Good Food for All"** free dinners, 2nd Thursday of each month at the United Church of Underhill, Rt. 15, Underhill Flats, from 5:00 - 7:00 PM, and on the last Thursday of each month at Calvary Episcopal Church, Rt. 15, Underhill Flats, 5:00 - 7:00 PM. Everyone in the communities is invited.

**SPORTS ACTIVITIES**

**Ongoing Pilate classes** at Dakini Studio in Underhill. Mon. and Thurs. at 6:00 PM call 899-4191 to register. Find more information and other scheduled classes at [dakinistudio.wordpress.com](http://dakinistudio.wordpress.com).

**Qi Gong**, the ancient Chinese art of movement, classes are as follows: Saturdays 9-10AM-562 VT Rt. 15, Johnson; Saturdays 11AM-12PM--River Arts, Morrisville; Sundays 11:15AM-12:15PM--Artful Cup, Jeffersonville.

**Zumba**, Fairfax - Tuesdays 7:00-8:00 PM and Saturdays 9:00-10:00 AM. Contact Pam Adams 370-4437 or [pamaj68@aol.com](mailto:pamaj68@aol.com).

**Zumba Fitness**, Monday evenings only, 5:30 - 6:30 PM, at the River Arts Center in Morrisville. Zumba Fitness with certified instructor, Karen Machia. No registration required, drop in. Call 888-1261, or visit our website: [www.riverartsvt.org](http://www.riverartsvt.org) for more details.

**SUPPORT GROUPS**

**CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome**, 1:00 to 3:00 PM every third Thursday at: The Bagel Cafe, Ethan Allen Shopping Center Burlington, VT call or visit website [www.vtcfids.org](http://www.vtcfids.org) or Lainey at 802 660-4817 or 800-296-1445 ask for Rik

**Alzheimer's support group**, third Wednesday, 9:30 - 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Approach Autism With Advocacy, Recovery & Education (AAWAE)** in the Lamoille Valley, third Sunday, 3:00 - 5:00

**TOWN GOVERNMENT & ORGANIZATIONS**

**Cambridge Area Rotary** meets on the first Thursday of the month, rotating to local restaurants, 7:00 - 8:00 AM. For information, call Anita Lotto, 793-0856, or Chuck Hogan, 644-8134.

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, [jquinninv@aol.com](mailto:jquinninv@aol.com)

**Jericho-Underhill Water District** meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

**Jericho Historical Society**, second Thursday, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

**Jericho Energy Task Force** meets the second Thursday of every month from 7:00 to 8:30 PM at Jericho Town Hall.

**Jericho Water District** - the Board of Water Commissioners of the Village of Jericho, Inc. This meeting will be held at the Old Red Mill on 4B Red Mill Drive in Jericho.

**THRIFT SHOPS & FOOD SHELVES**

The Heavenly Cents Thrift Shop located just east of the Five Corners in Essex Jct. on Rte 15, the hours are from 10:00 AM to 3:00 PM on Tues. and Wed., 4:00 to 8:00 PM on Thurs. Please check us out.

**Westford Food Shelf**, open on the third Saturday of every month, 8:00 - 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

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## Bolton Smilie School to hold Yard Sale, Plant Sale and Bake Sale

Come on over to Smilie School and drop off goods you want to donate for the yard, plant and bake sale on Saturday May 11 from 8:00 AM till 2:00 PM. Rain or shine.

We will collect all items that are in good condition except furniture. Drop off times are 8:00 AM – 6:00 PM, Monday through Friday in the Smilie School Gymnasium. Put all donated items on the stage please. Collecting will be May 6 through the 10.

Or come rent a spot on our lawn to sell your own items for just \$15.00. Bring your own table and chairs.

There will be kids' activities, face painting, and for lunch potato salad, pasta salad, baked beans, hot dogs, and there will also be drinks for sale too.

The Plant Sale will be collecting perennials to re-sell and will also have the usual vegetable plants and flowers for your gardens grown here at Smilie.

Please return all information by May 6 to Brenda Phillips, P. O. Box 315 Jonesville, VT. 05466. Please make all checks payable to SCA. Call Brenda with questions at 434-5468.

## Green Up Day information for Jericho

Green Up bags are available at the Jericho Town Hall. There will be a Green Up Day breakfast at the Community Center in Jericho Center from 8:30 to 10:00 AM on Saturday May 4. Once the Green Up Day bags are full of roadside trash they can be brought to the Jericho Town Garage, 510 Browns Trace between 10:00 AM and 2:00 PM on Saturday May 4. Please do not drop off bags before 10:00 AM Saturday May 4. For more info call the Jericho Town Clerk's Office 899-4936 x1 If you would like to volunteer to be a co-coordinator of Jericho Green Up Day, please call the Town Hall. We are always looking for new ideas.

## Copley kicks off composting initiative

On Monday Copley Hospital kicked off a composting initiative to make Copley a greener community hospital by keeping food waste out of our landfills. Copley is participating in the "Close the Loop" community composting program with Highfields Center for Composting in Hardwick. Staff and visitors to Copley's cafeteria will be asked to help ensure the success of the program

by putting food waste from their dishes into a compost bucket that will be provided at the dish room window.

Copley Hospital's Chef Steve Sprague has been working with representatives from Highfields in setting up the Copley program. Sprague explains the key to ensuring a successful program is education; educating staff and visitors to the hospital. Highfields "Close the Loop" program provides the necessary training, equipment, and hauling of waste to their Hardwick composting site.

Copley began rolling out details of the program in February

with an announcement to staff. Staff training on proper collection and storing of waste has been on-going, and table tents reminding staff and visitors of the composting initiative have been in the cafeteria. Copley is one of a number of local businesses working with Highfields.

"A greener environment makes for a healthier community," states Copley CEO Melvyn Patashnick.

Composting is only one of the green initiatives at Copley. The hospital's recycling program includes solid waste products such as paper, glass, cans, plastic, light bulbs, etc.

### Note of Appreciation To the Editor,

Eight musicians performed at the United Church of Underhill on Good Friday: four men and four women nicely balanced, the Octet. According to the program, there were four voices -- a bass (Jose Schmidt), a tenor (Paul Bishop), an alto (Elllie Hayes) and a soprano (Martha Peck), and four strings -- a cello (Deborah Black), a viola (Roger Gillim), a second violin (Susan Janes) and a first violin (Bert Francke). They were attired with formality befitting a professional and serious performance, and performed "The Seven Last Words of the Redeemer on the Cross" by Hayden, a composition celebrating Easter. The musical segments were separated by the reading of short biblical passages by the Pastor and a few members of the congregation.

We attended because my wife saw the announcement in the Mountain Gazette and noted that Roger Gillim, from Underhill, was one of the musicians. We expected an enjoyable classical rendition that would add a little variation to the Easter weekend. We got much more.

When the concert began, it became quickly evident from the quality of the music that our expectations for enjoyment would be met easily. Yet more was in store. Subtleties in the performance soon drew my attention. The timbre of the bass voice often complemented and matched the viola, sometimes harmonizing with it and sometimes joining it. The tenor, alto and soprano voices were doing the same dance with the two violins and the viola. This is not casually done. The volume and timbre of the voices must be matched to the instruments so that they blend and complement rather than sound separately. If one or the other is too loud, or if the timbre of the voice is not right, the resonance is lost. The voices were in themselves very nicely matched

### LETTERS TO THE EDITOR

with each other, which became apparent in the numerous duets sprinkled throughout the concert. The composition enabled a variety of combinations of voice and instrument to harmonize, and the artistic expression of the musicians made the beauty of these subtleties apparent.

During the entire performance, there was clear, unspoken communication between the performers. Body movements keeping time or emphasizing phrases being sung or played were frequently evident, as were nods and smiles. The musicians in this octet were people doing something they loved with people they enjoyed performing with. There was also some gentle humor, maybe about the performance itself, or someone's miss of a cue, or just at the interplay of the music. And despite the seriousness of the theme, there was warmth and at least a smile in the music.

As Bert Francke states in the program "The combination of eight individual parts, four singers and four string players, is so personal and intimate that the music comes to life in a way that no other arrangement has been able to achieve." But the music doesn't come to life on its own. While the credit for the interplay of the parts, and the mechanics of expression, such as which parts were soft and which were loud, must go to the composer, the meaning and emotional expression of the written music lies solely with the musicians. In this concert, for me at least, the Octet produced a performance that at once delighted my musical taste, and presented a performance that expressed warmth, love, and devotion, most appropriate for Easter.

Extraordinary.

Remarkable.

To the performers: Thank you.

Tim Sullivan  
Underhill, VT

### I am for affordable power

#### To the Editor,

I am for affordable power and Vermont Yankee seems to be part of that, at least for the foreseeable future.

I write as a commercial property owner considering how a rise in electric rates, such as might happen if Vermont Yankee is taken out of the grid, would affect property values. I manage the purchase of over \$30,000 worth of electricity a year for properties, and I track the numbers pretty well.

And it boils down to this: if the cost of the kilowatt that I'm buying goes up one cent, my property value goes down 1 percent.

If that's true for my property value, and I'm using industry standard calculations, then if this happens to Vermont and we go up one cent on the cost of a kilowatt for commercial value, which is 15 percent of the grand list in Vermont; \$8.8 billion in property, it translates to a loss of \$87 million in property value and that equates to a loss of approximately \$2.2 million in yearly tax revenue.

This is in addition to the roughly \$6 million extra in energy costs that would be charged to commercial property owners or to their tenants. This acts as a hidden tax and definitely does not have a positive effect on the economic or business climate, and certainly not on attempts to reinvest or to reuse capital in the commercial property market.

Craig Bensen  
Cambridge, VT

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## So how do you get the nutrients you need?

By Mary Kintner, D.C., R.N.

Aim to eat real food. (The further from the natural state, the more refined. The more refined, the less nutritious and the more likely there will be unhealthy ingredients like trans or hydrogenated fats, excess sugar and salt or artificial flavors and coloring.)

Avoid unnecessary, empty calories from products such as soda, energy drinks, and sports drinks. An occasional splurge is one thing but realize these can be addictive..."I bet you can't eat just one."

Eat more fruits and vegetables.

Avoid oversized portions. At a restaurant, order the small size, share with a friend, or take half home. At home, use small plates, glasses, and bowls.

Eat slowly. Savor your food. Taste it. Some suggest chewing until your food is liquid or 30 times (that's a lot...) Minimize distracted eating such as in front of the television or while reading; stay present. Eat small bites—the food will last longer and you will eat less and enjoy the food more.

Eat foods that are in season. Typically this is food that will be grown closer to home. Seasonal food will therefore be fresher; fresher food will have more nutritional value. (With local food you may be helping your neighbor or at least your local economy.)

Eat at home—that way you will know what is in it and can control portion sizes. Eating at home is cheaper too.

Avoid artificial additives from fake sugars, colors, flavors and trans fats aka hydrogenated oils. These are processed foods; they have no nutritional value and are foreign chemicals your body has to detoxify which a process that depletes nutrients. These additives also are telltale sign of junk food.

Shop the perimeter of the store. This is where unprocessed foods are most commonly found.

Pay attention to your cues for hunger and fullness. If you are hungry, eat. Being hungry is stressful and if you eat when you are hungry you can avoid being famished and eat any and everything in sight. But, don't eat if you are not hungry. Notice signs of fullness. It is suggested to eat before you are full. Eat "enough."

Explore spices and herbs. Many such as garlic, oregano and ginger have health benefits such as cholesterol lowering or immune enhancement. Some can decrease your desire for added sugar or salt.

Try new foods. Expand your palate. There are many great flavors out there. Explore. Eating a variety of foods also increases the chance of getting a variety of nutrients. It is fun and delicious.

If you are going out and might be tempted, eat something small and light (some fruit or a handful of nuts) to blunt your appetite.

Remember, you are a role model for your children. Teach them good eating habits. Engage them in meal preparation—growing, purchasing, and planning. Make fun food like personal pizzas, fruit kabobs, or trail mix. Try not to "reward" yourself or your children with food. Avoid the candy aisle or checkout lane at the grocery store.

Some groceries have nutritionists on staff that will walk around the store educating you about nutrition. Take advantage of this service. Get informed any way you can; it's your health.

Read—labels, books, articles on nutrition. The more you know the better able you are to make healthy choices.

Nutrition is a way you can impact your health. You can eat well and enjoy the benefits or poorly and reap the consequences. Don't expect perfection—it would either be a set up for failure or no fun. However, remember, what you eat most of the time that matters: if you eat a stir fry most of the time it is not going to kill you but by the same token, if you eat fast food all the time and a stir fry occasionally it is not going to save you.

Mary Kintner, D.C., R.N. is a chiropractor and nutritional counselor practicing Jericho

## Importance of Community Partnership

By Mark Carbone

Principal, Camels Hump Middle School

Our school system is one of many reasons the Richmond/Bolton/Huntington area is a great place to live. To continue to offer excellent learning and enrichment opportunities to our students, community support is crucial. Strong relationships with families, community members, and our schools foster positive educational and social opportunities for all involved.

Students in our school system have regularly participated in a Youth Risk Behavior Survey. Results have shown that there is a small percentage of area youth involved in behavior deemed "risky". To provide these students and all youth and their families throughout the educational process, a community partnership is being re-established. In the past, we have been fortunate to have a grant-funded position to organize The Chittenden East Community Partnership. This group sponsored numbers of healthy social opportunities for families and parent education workshops.

Re-establishing this community partnership will reap a number of benefits:

- Students see adults as positive role models which increases the odds for their educational success
- Community members gain a greater understanding of the current educational, social, economic and cultural demands on students and their families
- Community members see students in a positive light to offset negative media
- Community members receive the satisfaction of knowing they've made a positive difference
- Schools receive support to provide a more meaningful experience for their students

If you would like more information about community partnership or to offer a hand in this collaborative effort, please contact me by email [mark.carbone@cesuvt.org](mailto:mark.carbone@cesuvt.org) or by phone 434-2188. The next meeting of the Mt. Mansfield Union School Board is May 9. The public is invited and encouraged to attend.

## HEALTH AND WELLNESS

### An earful about earwax

By Dr. Lewis First

*Chief of Pediatrics at Vermont Children's Hospital*

Parents have recently been giving me an earful on what they should do about their child having so much earwax. Well, listen up, and let me lend an ear and some advice on this problem.

Earwax, though not the most pleasant thing to look at, is actually there to protect the ear drum and ear canal.

It is produced by glands in the outer ear canal and serves to prevent germs from getting in and causing infection. It also prevents dust and dirt from getting in and irritating the eardrum. Earwax provides a waterproof coating for the inside of the ear, which keeps the skin of the ear moist and not dry and itchy.

What should you normally do about earwax? Absolutely nothing! Once earwax is produced it usually migrates to the outer opening of the ear, where it naturally falls out or can be easily removed during regular bathing.

What should you do if the earwax is excessive? Again, absolutely nothing, unless your child says they are having trouble hearing or have pain due to their ear wax—both of which are rare occurrences. If this is the case, the wax should be removed by your child's doctor, who can use their otoscope, an instrument that allows him or her to see where the wax is and remove it with minimal discomfort.

If you want to do something about your child's earwax, and if you see it sitting there on the edge of the ear, you can try to wipe the outside of the ear with a damp wash cloth rather than a cotton swab or finger which will pack the wax in further or cause infection or ear damage. Or, you may want to try over-the-counter treatments such as hydrogen peroxide drops for softening ear wax. Please talk to your child's doctor first to make sure these ear drops are safe to use on your child.

If you have any concerns about your child's ear pain, don't just blame it on earwax but have those ears checked to make sure you are not missing an infection or something that your child has stuck inside of their ear when you were not looking, so the problem causing the pain can be properly treated.

Hopefully, tips like this will make earwax problems be "ear today and gone tomorrow" when it comes to knowing more about this common concern.

*Lewis First, M.D., is chief of Pediatrics at Vermont Children's Hospital at Fletcher Allen Health Care and chair of the Department of Pediatrics at the University of Vermont College of Medicine.*

### 5<sup>th</sup> Annual JSC Drop & Swap

The 5<sup>th</sup> annual JSC Drop and Swap is right around the corner! This is a great opportunity to donate things you no longer need and find some new treasures.

On Friday, May 3 from 12:00 to 6:00 PM, you can drop off your unwanted clothing, outerwear, shoes, linens, accessories and furniture (new this year and to be donated to Cambridge 360) at the JSC SHAPE facility.

On Saturday May 4 from 10:00 to 1:00, come and find some new to you items. There is no limit on how much you can get. Be sure to bring your own bag to take your treasures home.

For more information, contact Tara at 635-1471 or [tara.robinson@jsc.edu](mailto:tara.robinson@jsc.edu).

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## Volunteers needed for American Cancer Society Relay for Life of Chittenden County

The American Cancer Society Relay For Life® of Chittenden County is seeking volunteers for promotional help with hanging posters. We are also looking for help the day of event Relay For Life and morning after the event. Volunteers are needed throughout the entire twelve hour event. If you are interested in helping get the word out about Relay For Life or learning more about the event please contact event manager, Amy Deavitt at 802.872.6316 or [amy.deavitt@cancer.org](mailto:amy.deavitt@cancer.org).

A volunteer committee meeting will be held on June 1, 2013, 9a.m. at the ACS office 55 Day Lane, Williston for volunteers to receive details for the Relay For Life event, which supports the American Cancer Society's mission of saving lives by helping people stay well, by helping people get well, by finding cures and by fighting back against the disease.

Relay For Life events are held overnight as individuals and teams camp out at an athletic track, park or other gathering area, with the goal of keeping at least one team member on the track or pathway at all times throughout the evening. Teams do most of their fundraising prior to the event, but some teams also hold creative fundraisers at their camp sites during Relay. Relay brings together friends, families, businesses, hospitals, schools, civic and faith-based groups . . . people from all walks of life – all aimed at celebrating the lives of those who have had cancer, remembering those lost, and fighting back against the disease.

Volunteers and participants who are willing to give their time and energy to this exciting event are making a commitment to let the local community know that cancer can be defeated. If you would like to join the Relay For Life of Chittenden County as a volunteer or team participant, call Amy Deavitt at 802-872-6316 or via email [Amy.Deavitt@cancer.org](mailto:Amy.Deavitt@cancer.org).

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## ART / MUSIC / THEATERS



Pastel painting by Williston artist, Phil Laughlin titled "Hilltop Farm"

## ART/PHOTOGRAPHY

Acrylics, watercolors, oils, mixed media and more by the local artists of the **Johnson Senior Art Group** now adorn the walls of Copley Hospital Art Gallery. Geoff Corey's watercolor, titled *Sleigh Ride* and Simone Cormier's acrylic, *Lifting Fog on Village Green*, are just some of the pieces from fifteen local artists currently on exhibit at Copley's gallery. The exhibit will be on display now through May 3, 2013. The Copley Hospital Art Gallery is located on the main floor of Copley Hospital and is open to the community seven days a week from 8:00am to 5:00pm. All gallery purchases include a tax deductible donation to Copley Hospital.

The Johnson Senior Art Group was established several years ago by community members that enjoyed the camaraderie of creating art together. At present, the group consists of eighteen members that meet every Tuesday morning at the Johnson Municipal Building.

The Copley Hospital Art Gallery was made possible in 1980 by a generous gift from Howard Manosh. Visitors are invited to browse the gallery and see the work of talented community members. If you are interested in showing or purchasing artwork please call the hospital's Community Relations office at 888-8302.

**Emile A. Gruppe Gallery** in Jericho Center presents the annual juried exhibition of the Vermont Pastel Society with an opening reception on Saturday, April 20 from 1pm to 4 pm. The public is invited to meet the artists and view their work. The show will hang from April 18 through May 19. Gallery hours are 10 am - 3 pm Thursday through Sunday or by appointment 899-3211 www.emilegruppégallery.com.

**CathedralArts** presents **Tuesday April 23 at 12 Noon**; *Guitarra! A Musical Journey Across Time and Frets* Sweet & Spicy Guitar Duo ~ James Gram and Dan Parsons, guitar; the duo performs the

music of Bach, Brahms, Mozart and more. St Paul's Cathedral is a free, informal Noontime concert series. Bring a bag lunch. Coffee and tea are provided. St. Paul's Cathedral is located at 2 Cherry Street in Burlington. Accessible. Free parking. Information: 864-0471.

Funding is now available for Vermont artists and arts organizations through the **Vermont Arts Endowment Fund** and the Concert Artists Fund at the Vermont Community Foundation. The Vermont Arts Endowment Fund awards grants up to \$5,000 to support the creation and presentation of new work by Vermont artists and arts organizations. Grants are typically made in the fields of dance; theater; music composition and performance; creative writing, including poetry, short stories, novels, and plays; sculpture; painting; photography; and film, although work in other media may also be eligible. The Concert Artists Fund awards grants up to \$10,000 to support organizations that present performances of classical music in Chittenden County. Applications to both

funds will be accepted through May 1, 2013. Visit [www.vermontcf.org](http://www.vermontcf.org) to learn more.

**Gallery at River Arts** presents: Peter Fried - *Looking at Landscape*, now – May 13, 2013. The Gallery at River Arts is located on the second floor at the River Arts Center, 74 Pleasant Street in Morrisville, VT. Gallery hours: Monday-Friday, 10:00 AM-2:00 PM. For off hours, please call River Arts: 802-888-1261. Admission is free. For more information, call or visit their website at [www.riverartsvt.org](http://www.riverartsvt.org).

Conversations in Cloth, an exhibit of quilted works by June Bugbee and friends will hang in the **Jericho Town Hall** through April and can be seen during regular office hours 8:00 AM – 4:00 PM. Monday through Thursday and 8:00 AM to 3 PM on Friday; info: 802-899-2974.

**Essex Art League** meets the first Thursday of the month, from 9:00 to 11:00 AM, at the Essex Junction Congregational Church on Main Street. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar of meetings is published on the League's website: [www.essexartleague.com](http://www.essexartleague.com).

## MUSIC/DANCE

**The Milton Artists' Guild** presents *Visions of a Hometown*, a traveling exhibition commemorating the 250<sup>th</sup> anniversary of Milton, Vermont's founding and the Guild's 25<sup>th</sup> anniversary. The exhibit, which reveals the artists' experience of Milton's natural beauty and endearing character, begins at the Milton Town Offices for the month of June and then moves to the New Moon Café in Burlington in July, the State House Cafeteria Gallery in Montpelier in August, the Festival Gallery and Bridges Resort in Waitsfield in September, and Catamount Arts in St. Johnsbury in October. Please visit [www.miltonartistsguild.org](http://www.miltonartistsguild.org) for more information.

**Music Concert** - Roland pigeon and friends, Sunday April 28, 4:00-6:00 PM, UCW WHITE CHURCH, Route 128, Westford. The annual Roland Pigeon country music concert will be held on

Sunday April 28 at the UCW white church in Westford from 4:00 – 5:00 PM. All are invited to join Roland, family, friends and fellow musicians for an afternoon of a wide variety of country, folk and old time fiddle music. Both young and older talent will be participating and offer a broad appeal to audiences of any age group. Concert is free. Refreshments will follow the entertainment.

For more information call: Carma Stark at 879-3483.

## THEATER/MOVIES

**Johnson State College**'s theater students will present Stephen Sondheim's *Into the Woods* at 1:00 PM, Wednesday April 24, and at 7:00 PM. Thursday through Saturday April 25-27, in the Dibden Center for the Arts.

Based on Brothers Grimm fairy tales, the musical features a young maiden called Cinderella, an abstracted boy named Jack, his mother, the giant he upsets, a childless baker and his wife, Rapunzel, a couple of princes, a witch, Little Red Riding Hood, and the wolf, all of whom find themselves in the woods, where they are forced to face their fears and learn a few lessons along the way. The production is directed by Professor Russell Longtin, with musical direction by Associate Music Professor Bethany Plissey.

Tickets are \$5, or free to the JSC community.

For information, contact the Dibden Box Office, 802-635-1476 and [JSCDibden.BoxOffice@jsc.edu](mailto:JSCDibden.BoxOffice@jsc.edu)

**Performing Arts Workshop for Youth** - Youth ages 12 and up are invited to participate in an afternoon workshop (on Friday May 3 from 3:30-5 PM) focused on dramatic improvisation. Participants will take part in activities to ignite their imaginations and enhance their theatrical skills (both verbal and nonverbal). Enrollment is limited to 20 participants. This event is being offered through the UVM Extension 4-H office. E-mail [rosemarie.garritano@uvm.edu](mailto:rosemarie.garritano@uvm.edu) to request registration documents and additional information.

**Shelburne Players** present L. M. Montgomery's *Anne of Green Gables*, at Shelburne Town Center, 5420 Shelburne Road. The classic and enduring story of the wildly independent, imaginative orphan girl, with fiery red hair and a temper to match, will be performed on April 18, 19 and 20 at 7:30 PM and on April 14 at 2:00 PM. Tickets are \$15/ \$10 seniors and students, and can be purchased in advance at Shelburne Supermarket, or call 985-0780. All tickets are \$10 on Thursday April 18. To reserve tickets on line go to [www.ShelburnePlayers.com](http://www.ShelburnePlayers.com).

Both films will be shown at Main Street Landing on April 27, starting at 5:00 PM in a double feature that includes *A Moment in Her Story: Stories from the Boston Women's Movement* by Catherine Russo and *Lesbian: A Parallel Revolution* by Myriam Fougeré.

Due to the generous contributions from local community members, we are able to offer a sliding scale admission of \$5.00-\$15.00. This includes both films and a reception during the intermission for the filmmakers and audience at which finger food will be served. The doors open at 4:30 PM.

Tickets available at the door. For information email [aprilwomensfilms@gmail.com](mailto:aprilwomensfilms@gmail.com) or call Leah Wittenberg 802-343-1956 or Lucy Gluck: 802-652-9058.

## ENGAGEMENTS

## Burlington Technical Center honor roll

The following Mt. Mansfield Union High School students earned an A- or better in their Burlington Technical Center programs placing them on the Burlington Technical Center Honor Roll for the third quarter: Nicholas Colombo, Criminal Justice; Lee Faryniarz, Aviation Technology; Dylan Fletcher, Honors Medical and Sports Sciences; Curran Hill, Honors Medical and Sports Sciences; Heather Perry, Medical and Sports Sciences; Juliana Skelly, Design & Illustration; Sundance Stadtler, Aviation Technology; and Fisher Wagg, Computer Systems.



## PEKARIK - FRY

Mr. and Mrs. John Pekarik of Underhill, VT are pleased to announce the engagement of their daughter, Molly Therese, to Luke Michael Fry, son of Mrs. Gail Williams of Charlbury, England and Mr. Michael Fry of Oxford, England. An August 2013 wedding is planned.

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TUESDAY, 4/30 AT 10AM

### Teatime with Tea Rex

Come for story time.  
Stay for lunch at our cafe.  
Home for nap.  
(Ages 3-5)



WEDNESDAY, MAY 1ST FROM 5-7PM

### Family Game Night

Discover new favorites with family and friends, and enjoy café specials.  
(All ages.)



THURSDAY, MAY 2ND AT 7PM

### How Carrots Won the Trojan War: Rebecca Rupp

Discover little-known stories about the origins, legends, and historical significance of popular vegetables.  
(Gardeners, foodies, and anyone who loves veggies!)



SATURDAY, MAY 4TH FROM 12-2PM  
AT THE JERICHO COMMUNITY CENTER

### Bob's Birthday Bash!

Join us for a birthday extravaganza in celebration of the tenth anniversary of Tracey Campbell Pearson's *Bob*, with face painting, a story walk, and *Bob*-themed crafts - plus a visit from Tracey herself! (Ages 3 and up.)



SUNDAY, MAY 5TH FROM 4-6PM

### Poker Hill Arts Art Show Reception

Celebrate the work of young artists! (All ages.)

→ Stop by all week long for suggestions for great screen-free activities! ←

Essex Shoppes & Cinema, Essex | 802.872.7111  
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All events free unless specified. Visit our website for a full events schedule.

## Importance of Community Partnership

By Mark Carbone

Principal, Camels Hump Middle School

Our school system is one of many reasons the Richmond/Bolton/Huntington area is a great place to live. To continue to offer excellent learning and enrichment opportunities to our students, community support is crucial. Strong relationships with families, community members, and our schools foster positive educational and social opportunities for all involved.

Students in our school system have regularly participated in a Youth Risk Behavior Survey. Results have shown that there is a small percentage of area youth involved in behavior deemed "risky". To provide these students and all youth and their families throughout the educational process, a community partnership is being re-established. In the past, we have been fortunate to have a grant-funded position to organize The Chittenden East Community Partnership. This group sponsored numbers of healthy social opportunities for families and parent education workshops.

Re-establishing this community partnership will reap a number of benefits:

- Students see adults as positive role models which increases the odds for their educational success
- Community members gain a greater understanding of the current educational, social, economic and cultural demands on students and their families
- Community members see students in a positive light to offset negative media
- Community members receive the satisfaction of knowing they've made a positive difference
- Schools receive support to provide a more meaningful experience for their students

If you would like more information about community partnership or to offer a hand in this collaborative effort, please contact me by email [mark.carbone@cesuvt.org](mailto:mark.carbone@cesuvt.org) or by phone 434-2188.

The next meeting of the Mt. Mansfield Union School Board is May 9. The public is invited and encouraged to attend.

### Green Mountain Club Burlington Section Outings

4/20 (Sat) Map & Compass Workshop Learn the basics of reading a map and using a compass to get from Point A to Point B. We'll then do a little hike and bushwhack near Colchester Pond to test our skills. Moderate hike, moderate pace, 5 miles, 100' elevation gain. Group limit 10. Phil Hazen, 355-7181 or [philhazen@comcast.net](mailto:philhazen@comcast.net)

4/27 (Sat) Snake Mountain: Kid and Dog Friendly The trail is an Old Carriage Road so it's wide and easy to follow. It includes Red Rock Pond on the descent. The summit has 180-degree views of the Adirondacks and the Champlain Valley. Easy with easy pace, 4.1 mile loop, 980' elevation gain. (The first half-mile is mostly flat.) Approximate hike time is 2 hours but can vary with children. Limit 4 dogs. Contact leader by 4/25. Kelley Christie, 999-7839 or [kelleymchristie@gmail.com](mailto:kelleymchristie@gmail.com)

4/28 (Sun) Wildflower Hike at Niquette Bay State Park We'll hike the trails on the perimeter of Niquette Bay State Park while looking for early spring wildflowers. Easy hike with relatively gentle ups/downs and stairs, 3.5 miles, moderate pace. Group limit 15. Contact leader by 4/26. Sheri Larsen, [larsen007@aol.com](mailto:larsen007@aol.com) or 878-6828.

5/4 (Sat) Spring Trail Work Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or [gillis1986@gmail.com](mailto:gillis1986@gmail.com), and John Sharp, 862-3941.

5/5 (Sun) Bamforth Ridge East Slope Bushwhack Heading north on I89 thru Waterbury, while admiring Camels Hump, have you ever notice the crags in the midground? From Duxbury Road we'll gradually ascend southwest, ridge for two miles or so, through a mature maple forest. The last quarter mile onto Bamforth Ridge is steep and slippery, but it leads to awesome views of the Winooski Valley, Worcester Range and Camels Hump. Moderate to difficult terrain, moderate pace, 6 miles roundtrip, 1500' elevation gain. E-mail leader by 5/4. Darryl Smith at [dsmith.vt.us@gmail.com](mailto:dsmith.vt.us@gmail.com) (or 522-2516).

5/11 (Sat) Spring Trail Work Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or [gillis1986@gmail.com](mailto:gillis1986@gmail.com), and John Sharp, 862-3941.

5/12 (Sun) Bolton-Richmond Bike Ride This will be a 25-mile bike ride beginning in Jonesville and passing through Bolton and Richmond. Bring a helmet, lunch and water. Contact leader to sign up. Carlene Squires, [carlene@gmavt.net](mailto:carlene@gmavt.net)

5/18 (Sat) Spring Trail Work Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or [gillis1986@gmail.com](mailto:gillis1986@gmail.com), and John Sharp, 862-3941.



### Students at Vermont Commons School win prestigious award

On Thursday April 4, 2013, Vermont Commons School students Nora Hill of Jericho and Aidan Villani-Holland of Richmond participated in a symposium at the Doubletree Hotel in South Burlington where they presented a poster detailing fieldwork they had completed through RACC and EPSCoR. For this year's undergraduate research symposium, each group was assigned a particular river or stream in Vermont and after taking samples and performing some tests, the students were tasked with creating a poster to represent their findings.

"We took soil and water samples, and then completed a research project using systems dynamic modeling about water chemistry in the Huntington River," said Nora Hill. "It was the first real field experience I've ever done, and having that experience was really great." At the symposium on April 4th, Aidan and Nora had to present their poster and field questions regarding their results and the overall experience. "I have always loved science," Aidan Villani-Holland said, "and this project included interesting field work and a presentation, which was really interesting."

"The teachers we have at VCS are absolutely wonderful," Nora said, "and working with Peter Goff, the chair of our science department, on this project has really influenced my interest in science. He is such a mentor and inspiration to me."

For their thorough research, their poster, and their ability to field questions from professors and world-renown researchers, Nora and Aidan won the "Best High School Poster Presentation" Award at the symposium, besting nearly fifty other high schools from Vermont, New York, and even Puerto Rico. The poster now hangs on the wall at the school in South Burlington

**Send us your news!**  
**[mtgazette@earthlink.net](mailto:mtgazette@earthlink.net)**

## FREE Tire Round Up!

**Saturday, April 20 • 8-3:30  
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**Fri & Sat 4/19 & 4/20 at Williston DOC only**

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Round up open to Chittenden County households only.**

**Up to 4 tires 19" or less rim size  
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**Got more? We'll take up to 8 tires at the Williston DOC only.**

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**CHITTENDEN 872-8111  
Solid Waste District CSWD.NET**

## BRMS Garden is Breaking Ground!

Plans are moving ahead for the Browns River Middle School Garden! By April break we will have ground tilled, raised beds (built by students in design technology) and topsoil delivered.

Many thanks to our generous community for all the donations that are making this possible.

We're especially grateful to Lamell's, John Leo and Sons, Lowes, Jerihill Hardware, DJ's Tree Service, Gardener Supply and High Mowing Seeds!



**20<sup>th</sup> Annual Green Mountain Draft Horse Association**

## **HORSE, TACK & EQUIPMENT AUCTION**

**May 4<sup>th</sup>**

**9AM Equipment • Horses to Follow**

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**802-425-2824 [r.lombard@gmavt.net](mailto:r.lombard@gmavt.net)**

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## Sporting Afield – Outdoor Report: Daughters, Dogs, and Fishing

By Kristopher Boushie

Once again I'm writing from the road – an all too often occurrence. It's a bit more of a challenge, writing about the outdoors when you are in the city and you don't have the great outdoors staring you in the face like you do back in Vermont.

So here I sit, surrounded by my outdoor reading material, lugged all the way from Vermont for writing inspiration – a Ruffed Grouse Society magazine; *Fly Fisherman* magazine with a "cannibal trout" on the cover; a spring edition of *Northern Woodlands*, featuring an article on "how young animals disperse" – clearly aimed at graduating seniors from college; and two issues of *Northwoods Sporting Journal*, featuring articles on "big trout tactics," "ice out brook trout," and "a boy's first gun."

My daughter Katie called and suggested that I write about the difficulty of training a bird dog in suburbia, which is where we got our first bird dog. Now I can't get the thought of dogs we've had over the years out of my head. I trained my first bird dog about a mile away from where I'm now writing. (OK, for those keeping score, he was about the only really trained dog I've had.)

It wasn't really that hard training a bird dog in the suburbs of Washington. It was most difficult training a bird dog with two little girls around who tried to undo any obedience I tried to instill. I remember coming home one night after a long day and was greeted by my two little darlings giggling hysterically. I asked them what was so funny and they said in unison, "Look at Daddy's bird dog!" Then old Tupper comes running to the door wagging his tail. I think he was wagging his tail, but it was tough to see since he was wearing Little Mermaid panties. My little girls couldn't have been more proud of themselves. Never has a good bird dog been more disgraced.

It was in training Tupper (a Brittany) that I first got published in *Gun Dog* magazine. I had sent in a training tip and a picture of Tupper. I still have the page from the magazine framed and hanging in the house. I even sent Tupper away for a few weeks to be worked on birds. When I went to pick him up the trainer was telling me all that he could do, all obedience training stuff. I think the trainer was hoping I'd be impressed. I wasn't. "He could do all that when I dropped him off," I said. Truth is you don't have to live in the country to train a bird dog well on basic obedience commands you will use in the field. Obedience training can be done anywhere...except maybe around a house with two little girls and a dog-indulgent wife.

[insert photo somewhere around here. Caption: Maddie helping to pick out our first gun dog]

Tupper was a great dog. He had a good nose, was biddable, loved to hunt, and he could play "dress-up" with the best of them. He has been gone for over five years, but you never forget a really good dog...or a really bad one. My dad still hasn't forgotten or forgiven Bentley, our first pound-rescued dog, for drinking his martini. Stories of Bentley could fill a book. He was a miscreant from the beginning – chewing everything, soiling the carpet, the refrigerator door, cabinets...don't ask. His most redeeming



characteristic and it may have been his only one was that he was great with children – especially ours. Whenever we returned from a walk the first thing he'd do was find the girls, then plop himself down and watch over his flock. He was a Bearded Collie after all.

The memory of each dog we've had recalls a stage in the life of our family. Thinking of Bentley, after suppressing memories of cleaning up after him, brings up memories of being newly married and starting a family. Tupper and Dixie (an Australian Shepherd) saw our transition from Virginia to Vermont. Calvin Coolidge, aka "smiling" Cal (a Brittany) and Cabot (an English Setter) are our "native" Vermont dogs and kept the nest from becoming too empty.

"Dogs," thanks for the idea, Katie. You can train a dog anywhere, just like you can start and raise a family. But when it comes to "finishing" a bird dog or a child, is there any place better than Vermont?

OK, what about fish? As if I had forgotten. Fish are good to eat, but more fun to catch. Bass catch & release season opens April 13<sup>th</sup>. Regular Bass season opens June 8<sup>th</sup> and runs through November 30<sup>th</sup>. Trout and Landlocked Salmon season opens on April 13<sup>th</sup> and runs through October 31<sup>st</sup> (no closed season on the big lake). Finally, Walleye season opens May 4<sup>th</sup> and runs through March 15<sup>th</sup> (2014) for all waters except the Connecticut River and Chittenden Reservoir.

Happy days afield. Please visit [www.sportingafieldd.blogspot.com](http://www.sportingafieldd.blogspot.com) for more news, musings, and interviews or to leave questions or comments.

## LEGAL NOTICE

### Notice of Public Meeting

**Town of Underhill Selectboard**  
will be attending the  
**Underhill Planning Commission Meeting**  
**Wednesday May 01, 2013 at 6:30 pm**  
at the Underhill Town Hall,  
12 Pleasant Valley Rd, Underhill, VT  
to discuss future planning.

## CVAA SENIOR MEALS

**Thursday April 18**

**Ray's Seafood Essex Jct.**

10:30 AM check in 11:00 lunch

**Friday April 19**

**United Church Hinesburg**

12:00 noon

Roast Pork Lo Mein with Vegetables, Garden Salad, Crispy

Noodle Topping, Fruited Jello with Topping

**Monday April 22**

**Covenant Church, Essex Ctr.**

12:00 noon

Macaroni & Beef Soup, Caesar Salad

with Grilled Chicken and Crooutons, Apricots

**Papa Nicks 3:00 PM**

Baked Ham

**Tuesday April 23**

**Pizza Putt, So. Burlington**

10:30 AM check in, 11:00 lunch

Spaghetti & Meatballs

**Wednesday April 24**

**Ponderosa, Williston**

Check in 11:00 AM, Lunch at 11:15 AM

"all you can eat Buffet"

**Thursday April 25**

**Holiday Inn, So. Burlington**

11:00 AM check in, 11:30 AM lunch

Turkey Dinner

**Friday April 26**

**United Church, Hinesburg**

12:00 noon

Pea Soup, Tuna Salad with Mustard, Lettuce & Cheese, Multi-

grain Roll, Surprise Dessert

**Monday April 29**

**Covenant Church Essex Ctr. 12:00 noon**

Chicken with Mushroom Onion Gravy, Mashed Potatoes, Stewed

Tomatoes, Marble Rye Bread, Ice Cream

**Tuesday April 30**

**Ray's Seafood Essex Jct.**

10:30 AM check in 11:00 lunch

**Wednesday May 1**

**JP's Diner & Deli River Road, Essex Jct.**

10:30 a.m. check in 11:00 a.m. lunch

Roast Turkey

**Thursday May 2**

**Bridge Street Richmond**

Check in 10:30 Lunch 11:00

Lasagna

## Recipes

*Editor's note: Mrs. Tobin has decided it is time for her to retire. We have enjoyed her contributions. Thank you Marian!*

### Chicken and Broccoli Stir-Fry

1 pound boneless skinless chicken breast, cut into 1-inch pieces  
2 garlic cloves, finely chopped  
2 teaspoons finely chopped ginger  
1 cup chicken broth  
3 tbsp soy sauce  
2 tbsp sugar  
2 cups broccoli flowerets  
3 tbsp cornstarch

Spray wok or frying pan with vegetable spray, add chicken chopped in one inch squares. Brown chicken add ½ broth and broccoli, and spices. Mix remaining broth and corn starch add to chicken, stir twice during remainder of time. Cook until chicken is done and broccoli is crunch tender.

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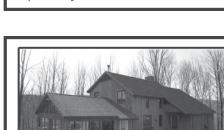
**Richmond - \$489,000**

- Serene and private! 2.97 acre home site with over 3,800 sq. ft. beautifully remodeled
- Large 1st floor master w/ outstanding tile bath. Living room w/ fireplace insert, 1st floor office
- Walk-out finished lower level w/family room.



**Jericho - \$429,900**

- Contemp. colonial features over 3300 sqft on dead end
- Great kitchen with breakfast area and slider to the private fenced-in backyard
- Living room with gas fireplace and beautiful hardwood floors
- Easy quick commute to schools, village and shopping



**Underhill - \$324,000**

- Serene and secluded, this family home sits on 13 acres at the rise of the hill
- The open living room/ dining room and kitchen create a great family gathering place
- 1st floor master bedroom includes a whirlpool tub in the master bath



**Huntington - \$269,500**

- Unique rustic contemporary on 1.39 acres with big views of Camel's Hump
- Interior waterfall in the great room w/ cathedral ceilings, natural wood work and radiant heated stone floors
- Hand hewn rafters and beams, interior balcony and cozy

E-MAIL: [Info@NancyJenkins.com](mailto:Info@NancyJenkins.com) WEBSITE: [www.NancyJenkins.com](http://www.NancyJenkins.com)

## Green Mountain Bike Club rides

All riders with the GMBC must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction. For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable. Riders below the age of 18 must be accompanied by a parent.

Date: Sunday May 5, Ride: Covered Bridges of Chittenden County - 23 (E), 30 (E/M) and 36 (M) mile options of rolling hills through Shelburne and Charlotte with the longer ride going through Ferrisburgh. All rides stop at the Old Brick Store in Charlotte for a tasty treat. Visit up to four of the five covered bridges in Chittenden County, the Shelburne Covered Bridge and the Holmes, Sequin and Quillin bridges in Charlotte. Co-sponsored by the Vermont Bicycle and Pedestrian Coalition. Meeting Time: 9:45. Meeting Place: South Burlington High School, South Burlington. Leader: David Jacobowitz - 578-8803 / [davidjacobowitz00v@gmail.com](mailto:davidjacobowitz00v@gmail.com). Co-Leader: Lou Bresee - 658-0597 / [lakelou@comcast.net](mailto:lakelou@comcast.net).

Date: Sunday May 12, Ride: \*\* NEW\*\* Bound for Bristol - This 40-mile (M) ride takes low traffic roads from Hinesburg to Bristol where we'll stop at the bakery for sustenance for the return. The beauty of this ride is that virtually all the hills are in the beginning, allowing for a mellow return trip. Meeting Time: 9:45. Meeting Place: Hinesburg General Store, Route 116. Leader: Sal DeFrancesco - 363-0963 - [salnesp1@gmail.com](mailto:salnesp1@gmail.com). Co-Leader: Warren Coolidge - 735-1836 / [wcoolidge@myfairpoint.net](mailto:wcoolidge@myfairpoint.net).

Date: Sunday May 19, Ride: Vergennes Voyager - Vergennes Voyager - 26 mile rolling (E) or 39 mile flat to rolling (E/M) rural ride running along Otter Creek to Middlebury for a bakery stop. The longer ride rolls out by Kingsland Bay State Park before heading south to Middlebury. There may be a short unpaved section, but no big hills. Meeting Time: 9:45. Meeting Place: Vergennes High School, east parking lot. Leader: John Bertelsen - 864-0101 / [jo.bertel@gmail.com](mailto:jo.bertel@gmail.com). Co-Leader: Karla Ferrelli - 864-0101 / [karla.ferrelli@gmail.com](mailto:karla.ferrelli@gmail.com).

Date: Saturday May 25, (Marathon Weekend - no Sunday ride), Ride: St. Albans Explorer - Light, rolling hills with beautiful views by the lake. The 35 mile (E/M) route goes to St. Albans Bay Park and returns, while the 50 mile (M) route continues on to Swanton and back. Meeting Time: 9:45. Meeting Place: Georgia Park and Ride - For those coming from the Burlington area, we suggest carpooling at the Colchester Park and Ride at Exit 17 off I-89 or perhaps meeting at UVM or Dorset Park in South Burlington. Leader: Dorothy Pumo - 516-236-6550 / [dpumo5@gmail.com](mailto:dpumo5@gmail.com). Co-Leader: Matt Kuivinen - 881-9045 / [mattkui@earthlink.net](mailto:mattkui@earthlink.net).

## LIBRARY NEWS

### DEBORAH RAWSON LIBRARY, UNDERHILL

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

### ESSEX FREE LIBRARY, ESSEX

For information or directions, please call the library at 879-0313 or check our web site at [www.essex.org](http://www.essex.org).

### FAIRFAX COMMUNITY LIBRARY

Fairfax Community Library: 75 Hunt St., Fairfax, Vermont, 05454; Phone: 849-2420 Program Planner: Karyn Norwood at [knorwood@fwsu.org](mailto:knorwood@fwsu.org); Library News: <http://www.bfafairfax.com/pages/communitylibrarynews.html>. Facebook page: <http://www.facebook.com/home.php#/pages/Fairfax-Community-Library>. School Year Library Hours: Monday, Wednesday 8:00 AM - 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM - 3:15 PM; Saturday 9:00 AM – 1:00 PM.

### JERICHO CENTER, LIBRARY

Library hours are Monday 1:00 PM - 5:00 PM, Wednesday 10:00 AM - 12:00 PM and 2:00 PM - 6:00 PM, Friday 1:00 PM - 5:00 PM, and Saturday 10:00 AM - 1:00 PM. For more information, call the library at 899-4686, email [Jerichotownlibrary@gmail.com](mailto:Jerichotownlibrary@gmail.com), or visit the library website at <

## Vermont Land Use Review Applies to Tar Sands Pipeline

Today a decision letter was issued finding that Vermont's land use law – Act 250 – would apply to any attempt to pump dirty tar sands oil through a 63 year-old pipeline that runs through Vermont's Northeast Kingdom through to Portland, ME. The ruling, issued by the Act 250 District Coordinator in St. Johnsbury, came in response to a request filed by six Northeast Kingdom residents and landowners, as well as several conservation groups. The State of Vermont supported the filing.

"This ruling will help protect my farm, which is crossed by this pipeline," said Barton resident, Reed Olson, co-owner of Four Acre Farm. "In order to protect my business, my livelihood, and the places I love, it is crucial Vermont has a say in whether dirty tar sands traverses the Northeast Kingdom. This ruling will give Vermonters a say."

The ruling means that Exxon cannot use its aging pipeline to ship corrosive tar sands oil through Vermont without a permit designed to protect land use, environmental and economic resources that might be impacted by the project. Unrefined tar sands is different than conventional crude oil and poses major environmental and economic risks: it is extremely carbon intensive, must be transported at high pressures and temperatures which threaten pipeline integrity, it can harm the surrounding area by warming soils and heating streams, and is more difficult and expensive to clean up when it does spill.

"Vermont is no place to bring this destructive fuel. This ruling will ensure broad impacts of bringing dirty oil through Vermont are given a tough look, and that protective measures can be put in place," said Laurie Green of Irasburg, Vermont, "A major tar sands spill and the greenhouse gas emissions from tar sands would forever change the wildest, most sacred places of Vermont."

The challenges of a tar sands spill recently tragically played out in Mayflower, Arkansas where a similar Exxon pipeline ruptured, spilling at least 80,000 gallons of tar sands onto yards, and into area streams and marshes, and ultimately impacting nearby Lake Conway. At least 22 homes were evacuated and area wildlife have been impacted as well.

The Vermont decision arises from a near certain plan to transport tar sands from Alberta by connecting to an existing pipeline

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that flows into Montreal. Enbridge, Inc., a major pipeline company responsible for the July 2010 spill of approximately 1 million gallons of tar sands into the Kalamazoo River – a spill that is still far from cleaned up – has a pending application in Canada to reverse a line it owns in order to bring tar sands to Montreal and the juncture with the Exxon pipeline.

"This is a huge win for Vermonters and for the climate," said Jim Murphy, Senior Counsel at National Wildlife Federation. "Tar sands is full speed in the wrong direction and this review allows Vermont to put on the brakes. Vermont needs to say no to tar sands development, and yes to a clean energy future that will preserve the Vermont we love for future generations. Today's ruling brings us a large step closer to that happening."

"This ruling is great news," said Johanna Miller, energy program director at the Vermont Natural Resources Council. "The transport of tar sands across Vermont would be all risk and no reward to the state. The state's ability to protect our economic and environmental interests is essential, and Act 250 jurisdiction makes that possible."

On this side of the border, the pipeline company, an Exxon subsidiary, has been waging a major public relations effort to dispel tar sands concern and has admitted a desire to carry tar sands through Vermont, even as concerns grow with troubling information about the risks of tar sands transport.

"This is about reclaiming control from fossil fuel corporations," said Andy Simon, field organizer for 350 Vermont. "Our community should be able to make its own thorough, independent assessment of the risks of any major project. That's what Act 250 is all about."

"This is an important decision that ensures Vermonters will have a voice on the environmental impacts of moving tar sands through the state," said Sandra Levine, Senior Attorney at Conservation Law Foundation.

Due to the high energy costs of extraction and production, tar sands is significantly more carbon intensive than conventional forms of crude. It is estimated that well-to-wheel, tar sands is about 20 percent more carbon intensive than regular oil.

"Even among fossil fuels, tar sands stand out as especially filthy," said Ben Walsh, clean energy advocate for VPIRG. "Vermonters care about the future their kids and grandkids will have, and that means we've got no business enabling tar sands. This rul-

ing is a step in the right direction."

With the decision, there is a 30 day comment process before the letter is final.

"This decision ensures that Vermont and Vermonters will be heard before any tar sands oil is shipped through the state," said Doug Ruley, Director of the Vermont Law School Natural Resources and Environmental Law Clinic.

The filers of the jurisdictional opinion request include: Brent and Rona Kinsley of Irasburg, Vermont; Ron Holland and Laurie Green of Irasburg, Vermont; Reed Olsen and Adam Favalaro of Newport, Vermont, who jointly operate a business in Barton, Vermont; Conservation Law Foundation, National Wildlife Federation, Natural Resources Defense Council, 350.org, 350Vermont, Sierra Club-Vermont, Vermont Natural Resources Council, and Vermont Public Interest Research Group. They are being represented in the matter by the Vermont Law School Natural Resources and Environmental Law Clinic.

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## Westford School production - Alice in Wonderland touted as well cast, excellence performance

By Audrey Dawson

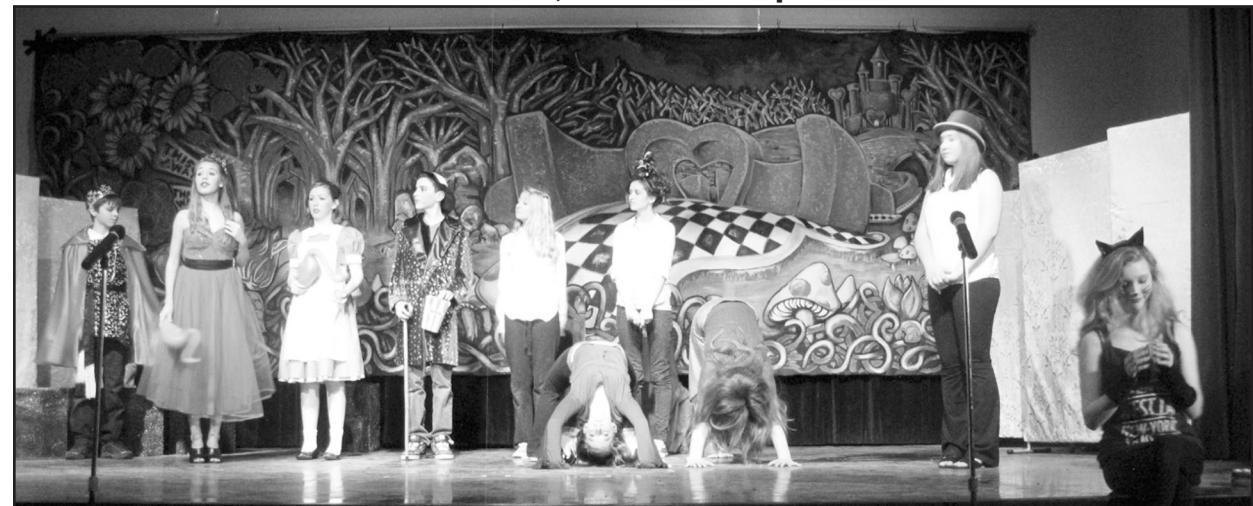
Eighth grader at Westford School, aka Lewis Carol in Alice in Wonderland.

A variety of well known characters recently took to the stage in Westford School's production of "Alice in Wonderland." The group of 7th and 8th graders blended their talented acting and creativity into a wonderland of imagination, and stunning beauty. Anna Needler (8th grade), played Alice, the little girl who finds herself growing and shrinking in a land of creatures that are extremely confusing and frustrating. The small group of dedicated actors and actresses had about a month of preparation time for the play. Community members who went to see the play had many positive comments about it. Lorei and Martin Dawson commented, saying, "We enjoyed the play and decided that we liked your version better than Walt Disney's!" The play was truly a delight for people of all ages and the process was very much dependent on the community and the exceptional director, Mrs. Pam Dewey.

One of the key aspects that made the play such a wonder to behold was the excellent props and costumes. Many of the props and costumes were handmade. Students also did quite a lot of work to make the play amazing. Most of the cast spent afternoons and weekends in practices to perfect the show. However, early on, the crew faced many absences and illnesses. Dewey said in response to this that, "Every production has drama to overcome... but during production week everything always comes together." By the time Saturday's performance started she said she "was relaxed and happy sitting in the back of the house as an audience member."

Each actor and actress added their own flare to the parts they were given, and parent Karen Needler marvels that "What made the show especially wonderful was how well cast each actor was for his or her part." She says that Dewey was able to character-cast and each student got a part that fit their personality. Perhaps this is one reason why a wide number of people commented that the production featured "the best actors in the school." There were many talented students behind the scenes, too. There was a student stage crew, make-up crew, light/sound crew and even a choreographer. Dewey found herself amazed by the actors and these student crews. She recalls that the stage crew "sat through one rehearsal prior to production week", yet they quickly transformed "into an efficient, capable, dependable team."

Director Dewey and her assistant Teal Dennison were truly a gift to Westford School. Without their volunteer work Westford School wouldn't have had a drama production this year. Despite being a volunteer Dewey spent almost every waking hour of her days perfecting the play. She was enthusiastic because of her love



*Westford School 7th and 8th graders presented the play "Alice In Wonderland" directed by parent-volunteer Pam Dewey and stage manager and alumna Teal Dennison. They did a FABULOUS job -- lots of creativity in props and costumes, and the kids were great!!*

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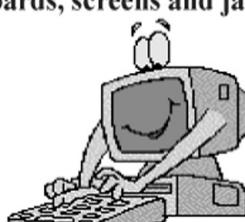
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for performance art and she said that she enjoyed finding means of motivation for each actor. Dewey spent much of her own time and money on props, supplies and costumes. Dewey's family even got involved when production week came around. Her young children often stayed after school while Dewey and her husband worked on making the show even better. When asked what she had to say about the cast and crew she said that she was grateful for the lessons they taught her. "They, and our stage manager Teal Denison, taught me the necessary tools to provide so (the) cast

and crew could own the show." She says that being able to share what she has learned with young and eager actors has made her "hungry to do it again." The show is over now, but time will pass, and soon Dewey will have another group of students to direct. She says that after the show she was approached by many younger Westford students who had a wide variety of excited comments. Dewey thanks "the cast because they have unknowingly recruited (her) future actors."

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This course is ideal for people looking to design and install battery-based solar electric systems, and for solar professionals who have been working in the grid-direct market and need to learn about battery-based systems in preparation for the NABCEP Solar PV Installer Certification Exam. This course qualifies for 40 hours of NABCEP class requirement or 18 Continuing Education credits for NABCEP recertification.

This is a unique opportunity for people living in the North East to attend a SEI workshop. Registration is required prior to June 10, 2013.

For complete details, please visit the SolarFest pre festival workshop website at [http://solarfest.org/solarfest\\_prefest\\_workshops.php](http://solarfest.org/solarfest_prefest_workshops.php)