

Ian Rockwell enjoyed a visit with Vt.Senator Patrick Leahy in Washington, D.C.

PHOTO CONTRIBUTED

Mr. Rockwell goes to Washington

By Phyl Newbeck
Special to the Mountain Gazette

It was, said Ian Rockwell, the best week of his life. Rockwell, an Mnpaper

MU senior from Jericho, was selected as a delegate tnpaper o the 47th annual United States Senate Youth Program which was held in Washington, D.C. in early March. The mission of the program is to “instill... more profound knowledge of the American political process and a lifelong commitment to public service.” In addition to the all expense paid week’s worth of events in Washington, Rockwell received a \$5,000 college scholarship which he will use to study political science at Amherst College.

Rockwell described the program as one for students who are either involved in student government or part of a local education body. Rockwell is in the latter category as a member of the curriculum committee at MMU. Principal Jen Botzojorns suggested he apply to the program. The application process was a long one involving test scores, transcripts, short answers and a written speech. The top six candidates in the state were interviewed by the Vermont Principal’s Association. Rockwell made the cut. Two students from every state, two from the District of Columbia, and two representing children in military families stationed overseas were invited. Rockwell was understandably pleased that he was picked. “I felt it was right up my alley,” he said. “Government is my main interest.”

The week in Washington was one of constant motion. Rockwell was already impressed that he shared his flight to Washington with Vermont Treasurer Jeb Spaulding. It would only get better. In the course of the week, Rockwell got to meet a wide variety of federal officials and visit a broad array of governmental and cultural landmarks. He even got to attend a concert at the Kennedy Center for the Performing Arts.

Rockwell said the honorees were divided into groups of six, each with a military mentor. His roommate was one of the overseas military students, currently living in Spain. Included in the places they visited were the American Art Museum, the American History Museum, the Newseum, and the Holocaust Museum. Rockwell deemed the latter “very sobering.” In the span of the week, they also visited the Lincoln Memorial, Arlington National Cemetery and the Korean and Vietnam Memorials.

Rockwell rattled off the names and titles of many of the officials they spoke to, including a deputy secretary of state, a director of counterterrorism, the Chair of the FDIC, a Brazilian ambassador, the founder of C-SPAN, and a number of U.S. Senators. Senator Murkowski of Alaska spoke to the students despite being in a wheelchair from a skiing accident. A “very thrilling experience” was the time the group spent with Supreme Court Justice Ruth Bader Ginsburg.

The group toured various Senate offices, but the high point of the trip occurred midweek when they were taken to the White House. Getting through security was time-consuming, but having the opportunity to tour the East Wing and other parts of the White House was worth the wait. Then the students were taken to the diplomatic entrance on the South Lawn. After fifteen minutes, President Obama arrived to speak to them and shake their hands. A student from Nebraska was so overwhelmed that she burst into tears so the president gave her a hug. Up to that time, Rockwell said, the questions the students asked of various officials had been insightful. Not so with the president. The students, he reported, were too awestruck to ask anything more trenchant than what was the best part of the job. “The helicopter” is what Obama replied.

Later that day, the students spent two hours in the Senate Caucus room with a number of U.S. Senators. Rockwell said Senator Sanders was unable to attend, but Senator Leahy made up for that by spending more time with them than any other senator.

The week ended with a farewell dinner and a slide show featuring the high points of the week. Each student was presented with a flag

Rockwell continued on page 16

Roberts named Cambridge DRB Administrative Officer

By Katherine Quimby Johnson
Special to the Mountain Gazette

Mark Roberts of Hyde Park has been hired as the Cambridge Administrative Officer for the Development Review Board. Even though the Development Review Board has yet to meet this year, Roberts says, “I’ve already found that it’s an interesting dance” between protecting the interests of the town and satisfying applicants. In Roberts’ experience, however, “Vermont tends to want to help people become compliant, rather than being confrontational. That’s a totally reasonable approach.”

Roberts brings what he describes as an “eclectic background” to the position. Since moving to Lamoille County over a decade and a half ago, he has worked in the trades, in retail, and “in the facility management end of health care,” at Copley Hospital in Morrisville. His position at the Copley meant that he had to understand what needed to be done in order for the hospital to be in compliance with a variety of regulations, from fire code and safety to emergency preparedness. “That’s where I found I had a knack for interpreting regulations,” Roberts says. “I became the go-to guy for ‘what does

this mean?’” Now Roberts owns his own limited liability company, which trains people in emergency preparedness.

In addition to these activities, Roberts is a semi-professional actor with a background in professional theater. He acts with Lost Nation Theater Company, where his credits include *To Kill a Mockingbird*, *Judevine*, and *Stone*, the docudrama about Barre quarry workers. He has also appeared on stage at Johnson State College and at Champlain. His film work includes George Woodard’s *The Summer of Walter Hicks*.

Civil service appears to run in the Roberts family—Roberts’ wife Kalee serves on the Hyde Park Elementary School Board and on the Lamoille Union Middle and High School Board, and is first vice president of the Vermont School Board Association.

Because the number of permit requests is affected by several factors such as the season and the state of the economy, Roberts will hold office hours on an as-needed basis. He can be reached at 888-8469. The Development Review Board will next meet on April 13, 2009 at 7:00 PM in the Cambridge Town Clerk’s Office in Jeffersonville.

Momentum PT opens second office in Jericho

By Phyl Newbeck
Special to the Mountain Gazette

It may be a new business, but Sean Fitzgerald, the primary physical therapist at Momentum Physical Therapy which opened on March 12 on Route 15, certainly knows his way around the town of Jericho. He grew up on Old Pump Road and attended Saxon Hill School, Jericho Elementary School, Browns River Middle School and Mount Mansfield Union High School. He was the Parks and Recreation Director for the town for two years. His mother was a longtime Town Clerk who continues to serve the town as Chair of the Board of Civil Authority and Grand Juror. She was recognized by the Secretary of State in 2005 for her long record of public service.

Fitzgerald began his practice with partner Maura Guyer in South Burlington in 2007. He had a five-year plan of eventually opening a branch office in Jericho and is pleased that this came about sooner than he expected. Fitzgerald said he saw a need for a local branch after noticing how many people from the Jericho/Underhill area were traveling to his South Burlington location. Although Jericho has two chiropractors, there were no physical therapists working in town. Fitzgerald admits he had other reasons for wanting to open a second branch. “I grew up here,” he said. “My mother still lives here and I have strong ties to the community.” Fitzgerald, who lives in Essex Junction with his wife Kristin, son Keegan and daughter Riley, jokes that his two brothers who live in Underhill call him the “city boy.”

Fitzgerald sees his physical therapy as slightly different from the norm, describing it as two separate manual therapy approaches. Given the active lifestyle of many Jericho residents, he hopes he will be able to help folks continue their healthy outdoor activities. Momentum Physical Therapy specializes in postural restoration and soft tissue work. Fitzgerald said many physical therapists focus on musculature, whereas he spends more time working with the patient’s neurologic system. Rather than simply treat the pain, he would like to find out what causes the pain and deal with the root problem. He looks at body symmetry, noting that problems are often a manifestation of a person’s body rotation.

The Momentum office in South Burlington is fully staffed with three therapists, one athletic trainer, an assistant, and an office manager. For now, Fitzgerald is the only therapist in the Jericho office. The phone is networked to South Burlington for scheduling and billing so he can spend his time with patients. The office is open Tuesdays, Thursdays and Saturday mornings.

Growing up, Fitzgerald played Little League baseball, soccer and basketball. The latter is his true passion and he plays in a local men’s league at Browns River Middle School. While at MMU, he had several injuries and received help in the UVM training room. He knew then that he wanted to get involved in sports rehabilitation to some extent. Fitzgerald continues to work out three times a week, running, lifting weights and playing basketball. He also coaches soccer for the town of Essex.

CESU support staff and board begin contract negotiations

By Ted Tedford

Special to the Mountain Gazette

Contract negotiations have begun between the support staff and the Board of the Chittenden East Supervisory Union, while no meetings have been scheduled between the supervisory union’s teachers and the Board.

Board Chairman Robert Letovsky said a recent meeting with the Education Support Professionals (ESP) negotiator David Boulanger, was cordial. He said Boulanger presented the Board negotiators with a salary proposal that is similar in some ways with the teachers’ pay schedule. Boulanger, the Uniserve director for the Vermont National Education Association, was out of the country on vacation and could not be reached for comment on the ESP’s salary proposal. He assists local school unions, such as the Green Mountain Chapter of the Vermont Education Association, representing teachers in the CESU.

CESU continued on page 16



Left to right back row: Vance Schug, APC; Abbie Rebout, PTA; Sean Fitzgerald, PT, owner; front row: Maura Guyer, PT, owner; David Haas, PT; Pamela McGonagle, office manager.

PHOTO CONTRIBUTED

Fitzgerald took a somewhat circuitous path to physical therapy. He graduated from Johnson State College with a degree in health science/allied health. After a period of traveling, he returned to Vermont to take a job at St. Michael’s College while also working as a personal trainer and fitness director at the Olympiad Health Club. He took advantage of his time at SMC to obtain a BS in biology and was working on a Master’s in Education when the allure of physical therapy struck. Fitzgerald enjoyed his work as a personal trainer, but felt he wasn’t working with the population that really needed help with strengthening. He switched gears and colleges, obtaining his Master’s in Physical Therapy at UVM in 2006. He spent a year working at Fletcher Allen before joining Guyer in opening their South Burlington office.

Above all, Fitzgerald simply does not want people to live with pain. “Physical therapy is not universal across the board,” he said. “There are too many people walking around with pain that don’t need to. If it’s not me they go to, they should try someplace else.” Fitzgerald touted physical therapy as an excellent resource for care. He feels that too often doctors will focus on pain medication and quick fixes. “I’m more concerned with getting someone better than with tipping them over and dumping their pockets,” he said. “With the economy the way it is, people are hesitant to dip into their insurance or health savings accounts but we can do some creative things.”

Opening the Jericho branch came more quickly than planned but Momentum Physical Therapy was more successful than Fitzgerald had expected. When office space became available in the building formerly known as Nanny’s Pantry, it seemed like too good an opportunity to pass up.

“Jericho was a great place for me to grow up,” he said. “It’s a wonderful community, where you can still know the people you see in the store and the post office.” Although he lives in Essex Junction, Fitzgerald said he wanted to give back to his hometown. However, he also recognized that his new location makes good business sense. “If I can use the business to reintegrate into the community, that’s fabulous,” he said

Site work begins on Cambridge town garage



Site work is underway at the Cambridge Town Garage, where a new building will replace the current one. The salt shed has been demolished and the gravel pile relocated in preparation for the scheduled start of construction on April 1.

PHOTO BY KATHY JOHNSON

Unknown vehicle drove or backed into front of H.A. Manosh building



PHOTO CONTRIBUTED

Between 5:30 PM on March 27, and 8:00 AM on March 28, an unknown vehicle drove or backed into the front of the H.A. Manosh building located within the Northgate Plaza in Morristown. Significant damage occurred to the exterior and interior of the building.

Based on the evidence on scene the vehicle involved appears to be a full size vehicle and will have damage to either the front or rear of the vehicle, most likely the rear.

Anyone that may of observed any vehicles parked near the H.A. Manosh building during the overnight hours of March 27, or has information about who was involved is asked to contact the Morristown Police Department at (802) 888-4211 or the Central Vermont Crime Stoppers Tip Line at 1-800-529-9998. Investing officer: Jason Luneau. CASE #: 09MR00774

POLICE REPORT

Saturday, March 21, 2009, police arrested an employee of Bolton Valley Ski Resort, Bolton, VT after the resort alerted police to an unusual credit card transaction in the rental and retail shop. **Stephen Schmidt** of Bolton allegedly used the resort's credit system to refund his personal credit card and then attempted to repay the money over the previous week, which police say he admitted. Schmidt was held at Chittenden County Correctional Center, with bail set at \$10,000.

Monday, March 23, 2009 at about 11:00 PM, Vermont State Police responded to a single-vehicle crash on Pleasant Valley Road

in Underhill, VT. VSP stated that they found the driver, **Eric Gordon**, 32, of Underhill under the influence of alcohol at the scene. Gordon was arrested and cited to appear in Chittenden District Court on April 9, 2009.

COURT REPORT

Clayton C. Reynolds, 50, Westford, VT, charged with vehicle operation - license suspended in Williston, VT on August 7, 2008; amended to disorderly conduct - obstructs vehicular or pedestrian traffic; pleaded guilty; fined \$100.

February 13, 2009, **Nwakaego Ekwuabu**, 19, Jericho, VT, charged with vehicle operation - careless or negligent in Essex, VT on August 4, 2007; pleaded no contest; sentence deferred for two years.

February 17, 2009, **Ashley M. Allen**, 23, Jericho, VT, charged with DUI, first offense, in Williston, VT on February 2, 2009; amended to vehicle operation - careless or negligent; pleaded guilty; fined \$300.

February 18, 2009, **Joseph Klemm, Jr.**, 26, Westford, VT, charged with vehicle operation - license suspended in Essex, VT on April 11, 2008; pleaded guilty; fined \$500.

February 20, 2009, **Katherine Kondor**, 24, Jericho, VT, charged with forgery, felony, in Williston, VT on February 10, 2007; amended to false pretenses of false tokens \$900 or less, misdemeanor; pleaded guilty; sentenced to 19 to 20 days; charged with forgery, felony, in Williston, VT on February 11, 2007; amended to false pretenses or false tokens \$900 or less, misdemeanor; pleaded guilty; sentenced to 19 to 20 days, consecutive.

February 23, 2009, **Robert Meek**, 31, Jericho, VT, charged with marijuana possession less than two ounces in Burlington, VT on January 2, 2009; pleaded guilty; fined \$200.

February 24, 2009, **Brian S. Miller**, 27, Underhill, VT, charged with vehicle operation - license suspended in Williston, VT on October 8, 2008; pleaded guilty; fined \$300.

February 25, 2009, **Sunnie C. Palker**, 21, Westford, VT, charged with DUI, first offense, in So. Burlington, VT on December 29, 2009; pleaded guilty; sentenced to one to three months, suspended, probation.

February 25, 2009, **Brooke Webb**, 20, Cambridge, VT, charged with DUI, second offense, in Colchester, VT on January 2, 2009; pleaded guilty; fined \$300, sentenced to four to eight months, suspended but 60 hours, probation.

Wanted – Volunteer weather observers in Vermont

On April 1, Vermont will become the 41st state to join the Community Collaborative Rain, Hail and Snow Network (CoCoRaHS). CoCoRaHS is comprised of thousands of volunteer weather observers across the country who take daily precipitation measurements. Vermont weather buffs of all ages and backgrounds can now join this rapidly growing network and play an active role in meteorological reporting and research using inexpensive equipment in their back-yards.

CoCoRaHS was launched in Colorado in 1998 as a local project by Colorado State Climatologist Nolan Doesken, following a devastating flash flood in Fort Collins. Intense rainfall causing the flood fell in between existing rain gauges. This grassroots network of observers measures and reports rain and snow amounts to provide the maximum amount of data for education and research use.

Currently, CoCoRaHS observers across the U.S. access the www.cocorahs.org site to submit daily precipitation information, including, in some cases, hail. Tables and maps of the precipitation in each state that participates are then available for all to view online.

AREA WORSHIP SERVICES

CALVARY EPISCOPAL CHURCH

A loving, caring Christian community, living and sharing the gospel of Jesus Christ with our neighbors.”
VT Rt. 15 Jericho
Sunday Worship Service 9:30 AM
Reverend J. Harrison L. Heidel, Rector
Karen Floyd, Parish Administrator, 899-2326
www.calvarychurchvt.org

COVENANT COMMUNITY CHURCH
“Come as You Are”

VT Rt. 15 between Jericho and Essex Center
Pastor Peter Norland, 879-4313
Sunday Worship Service: 10:00 AM; Adult Sunday School 8:45 - 9:45AM
Children's Worship/Sunday School: K-6, 10:00 AM
Opportunities for Community Service, Family Events,
Youth and Adult Groups; Handicapped Accessible
pastor@jerichocovenantchurch.org – www.jerichocovenantchurch.org

GOOD SHEPHERD LUTHERAN CHURCH (ELCA)

273 VT Rt. 15 - between Jericho and Underhill
Rev. Dagmar Rosenberg, Pastor - 899-3932
Sunday Worship 9:00 AM - Nursery provided
Sunday School for all ages - 10:30 AM
gslcv@verizon.net www.GoodShepherdJericho.org

JERICHO CONGREGATIONAL CHURCH

On the Green in Jericho Center
Pastor Peter Anderson and Youth Pastor Glenn Carter
Worship Services at 8:00 and 11:00 AM – Nursery care provided
Sunday school for all 9:30 AM
Youth 6:15 PM Sundays in Sunday school building
Signing for the deaf upon request
899-4911; officejcc@comcast.net; www.jccvt.org

JERICHO UNITED METHODIST CHURCH

“Open Hearts, Open Minds, Open Doors”
VT Rt. 15, Jericho (next to Town Hall)
Rev. Charlie Yang, Pastor, 899-4288, cyang@troyconference.org.
Sunday Worship Service, 9:00 AM;
Children's Sunday School, 9:00 AM
Youth Group, Saturday 6:00 PM; Bible Study, Tuesdays, 7:00 PM
www.troyconference.org/jumc or JerichoUMC@troyconference.org

MOUNT MANSFIELD
UNITARIAN UNIVERSALIST FELLOWSHIP

A Liberal Spiritual Community
P.O. Box 150, Jericho, VT 05465
phone 899-5219 – website www.mmuuf.org
We gather at 9:30 AM at the Jericho Elementary School
on the 2nd and 4th Sundays of September-June
beginning Sunday, September 14, 2008
for worship, reflection, growth, and support.
All are welcome.

UNITED CHRISTIAN ASSEMBLY FULL GOSPEL CHURCH

100 Raceway Rd., Jericho, VT 05465
Pastor Mike Murray – 899-2949, Monday-Friday
Sunday Worship 10:00 AM – 12:00 PM
Nursery and Sunday School available
Youth Fellowship Sunday nights 5:00 PM
Area Home Fellowships, Thursdays, 7:00 PM
secretary@ucavt.org
www.ucavt.org

UNITED CHURCH OF UNDERHILL

“Welcoming, Worshipping, Working for God”
At the Green on Route 15 ~ Rev. Kevin Goldenbogen ~ 899-1722
www.unitedchurchofunderhill.com
Sunday Worship and Sunday School: 10:30 AM
Micah's Men's Breakfast 7:30 AM third Saturday

UNDERHILL JERICO FIRE DEPARTMENT

By Kitty Clark

EMERGENCY CALLS:

March 12, 5:26 PM- Responded to Nathan Lane, Jericho for a report of a fire, upon arrival of the officer, no fire, prank call.

March 15, 3:00 PM -Responded to a brush and woods fire near 443 Browns Trace in Jericho.

March 15, 5:15 PM -Responded to 7 Cedar Circle, Jericho for kerosene leaking from a tank.

March 18, 1:18 PM -Responded to a fire alarm at the Proctor Maple Research Center in Underhill, alarm set off by steam.

March 18, 1:41 PM -EMS assist on Pleasant Valley Road, Underhill.

March 20, 11:03 AM -EMS assist on Valley's Edge in Jericho.

March 20, 1:19 PM -EMS assist on Mountain View Road in Jericho.

March 21, 10:40 PM -Responded to the area of 316 Pleasant Valley for a one vehicle accident.

March 23, 2:47 PM -EMS assist on Creekside Road in Jericho.

DRILLS:

March 17, Tuesday night drill consisted of vehicle extrication and hand tools.

March 24, Tuesday night drill consisted of ropes and basic knots.

On Saturday, March 14, the department held its annual Awards Banquet at the Hampton Inn in Colchester. A video of the emergency calls and activities of 2008 was shown and dedicated to former Assistant Chiefs Tim Clark and Loni Morse. The video is put together each year by Randy H. Clark.

The 2008 Fire Officer of the Year Award went to 1st. Asst. Chief Todd Fischer. Fire Police of the Year went to FP2, Frank Popelski and Firefighter of the Year went to FF27, Johannes Jobst.

Five-Year Awards were given to Auxiliary members Cathy Clark, Christal Clark and Cis Dumas. A Ten-Year Award was given to 2nd. Asst. Chief Shawn Martell.

The following Tuesday night Lee Dumas was given his 40-Year Award.

DON'T FORGET: This is the time of the year that residents are cleaning up their yards and burning grass. You do need a permit if you plan on burning. The Fire Warden in Underhill is David Sullivan and in Jericho, David Tillotson.

DO YOU HAVE
OSTEOPOROSIS?



If you are a female over 55 with dextra scan results T<3.0, then you are at greater risk for a hip fracture and may be a candidate for a new research study.

Mansfield Orthopaedics is conducting a clinical research project targeted at improving bone strength. If you are interested in participating in this research project please contact **Bryan Huber, M.D.** at 802-888-8689.



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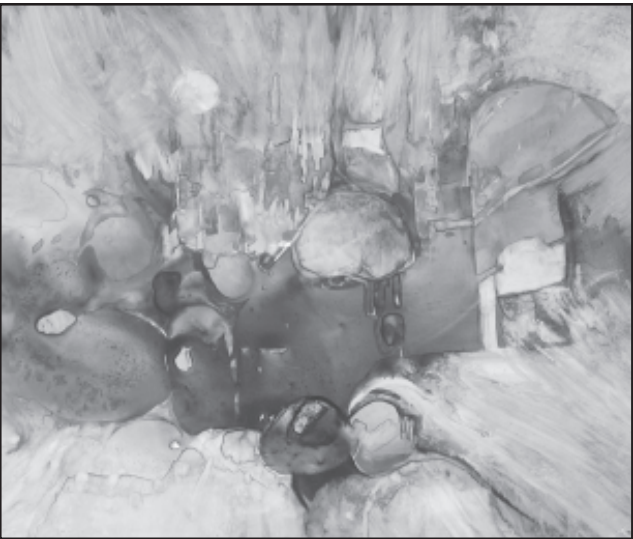
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Letters: maximum 400 words; one letter per writer, per calendar month. Must be signed for attribution, with writer's address and phone.

Letters accepted by mail or email.

ART/MUSIC/THEATER



Nancy Stone exhibit *The Power of Nunance* now showing at the Emile A. Gruppe Gallery in Jericho, Vermont.

PHOTOCONTRIBUTED

ART

Emile A. Gruppe Gallery in Jericho, Vermont presents Nancy Stone, a Vermont painter, with her new show *The Power of Nuance* opening April 1 with an artist reception Sunday, April 5 from 3:00 -5:00 PM at the gallery located at 22 Barber Farm Road. Nancy, a painter, book artist and art teacher, has won numerous awards for her work, most recently at the Bryan Memorial Gallery award for watercolor in the Northern Vermont Artist Show. One of her pieces has been chosen to represent Vermont in the 2009 Lake Champlain Quadricentennial tour with local exhibits at Shelburne Farms and the Statehouse.

Nancy describes her work: “My creative process is not so much about *what* is painted as it is about *how* it is painted; watercolor is a willing partner in this exploration....My artwork invites the viewer to discover and interpret.” The public is invited to meet the artist Sunday, April 5.

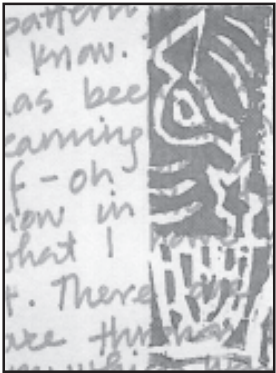
Gallery hours are Thursday through Sunday 10:00 AM to 3:00 PM or by appointment, 802-899-3211.

“Views of Lake Champlain” is the theme for the **Essex Art League show** at the Phoenix Books Store and Cafe at the Essex Outlet Mall, 21A Essex Way, Essex. The display is part of the 400th anniversary of Champlain’s visit to the lake. The exhibit continues through May. For further information call 862-3014 or visit www.essexartleague.com.

Sunday, April 19 from 2:00 – 4:00 PM at the **Fleming Museum** Auditorium in Burlington, VT: For 60 years, Louis L. McAllister photographed people, places and events in the Burlington area. The extraordinary McAllister Archive at the University of Vermont’s Special Collections contains thousands of images dating from the early 1900s into the 1960s. Librarians Chris Burns and Prudence Doherty will talk about McAllister’s life and show example of his photographs. They will also preview the new McAllister Digital Collection available on the UVM library website. Free and open to the public. Refreshments will be served

For the eighth year, the **Dianne Shullenberger Gallery** will present “DELICIOUS WORDS,” Sunday, April 19 and 26. This program started with the purpose of highlighting the creative talents of local people: writers, visual artists, musicians, and cooks. The gallery is in the Snowflake Bentley homestead. In Bentley’s time, he

also held Sunday afternoon music gatherings in his parlor. This year Alicia Lewis of New York City, daughter of Dave and Sue Eaton of Jericho, will display 365 days of words encoded with eraser cut images, commemorating her year: “On Becoming Fifty.” Adrienne Fisher of Jericho, a special educator, watercolor artist and poet; Lynda Kinsley of Westmore, poetry teacher and oil painter; and Sally Margolis of Barton, storyteller, librarian, speech and drama teacher, will unite to present “Three Women, Three Voices, Three Hearts.” April 19 (only), William Shullenberger, author and professor of English at Sarah Lawrence College. The dessert chef: Kristin Kassis.



Dianne Shullenberger Gallery, 228 Nashville Road, Jericho, Vermont, Sunday, April 19 & April 26 at 4:00 PM, tickets \$15; RSVP to Dianne Shullenberger 899-4993.

During the month of April members of the **Essex Art League** will be exhibiting at various venues. Michelle Bradley, Michelle Jackson, Al and Suzanne Strong, Jennifer Fay, Bill and Rosalie Allard will display at the Fletcher Allen Health Center in Blair Park, Williston. Lynn Powers will show her work at the Essex Town Offices at 81 Main St., Essex Jct. For information call 862-3014 or visit www.essexartleague.com.

“Combat Paper” will be featured at **Firehouse Center for the Visual Arts** now through April 11.

Village Cup, Jericho, paintings by Mike Smith, mirrors by David Gale.

Flour Shop, Underhill, Chris White, photography; Tim Durbrow, photography; Pam Fiaschetti, paintings; Donna Owens, photography; Lee Cordner, photography; Chris Gluck’s student art from Poker Hill Arts.

MUSIC

The **Vermont Symphony Orchestra** is offering special “Spring Fling” tickets for the final Masterworks concert this season. Concertgoers may buy tickets for the Saturday, May 2 concert for just \$19, saving as much as 58% off the regular price. On May 2, composer Joan Tower and New York Philharmonic principal violist Cynthia Phelps join the VSO for a performance of Tower’s Purple Rhapsody (Viola Concerto) (2005). The concert includes Britten’s Soirées Musicales (1936) and Hindemith’s Trauermusik (1936) and concludes with one of the 20th century’s true masterworks, Stravinsky’s Firebird Suite (1945). A limited number of “Spring Fling” special tickets are available through the VSO office at 802-864-5741, ext. 10.

In April, the VSO Chorus will present a special “Music of Our Time” performance featuring Carl Orff’s Carmina Burana and a new work by Braintree composer Gwynneth Walker, with Robert De Cormier and Dawn Willis conducting. This semi-annual program of the VSO Chorus will be held at the Elley-Long Music Center at St. Michael’s College in Colchester on Saturday, April 18 at 7:30 PM.

For additional information or tickets, please call the FlynnTix Regional Box Office at (802) 86-FLYNN (863-5966)

Thursday, April 2

Rik Palieri and Rebecca Padula at 9:00 PM at the Skinny Pancake in Burlington.

Contact www.rebeccapadula.com or contact@rebeccapadula.com

Friday, April 3

Alan Jabbour and Ken Perlman with Pickpockets Band at 7:00 PM at the University of Vermont in Burlington. Part of the UVM Old Time Music Festival. Presented by the UVM Old Time Music Club, Events for Tom and others.

Contact mrksustc@together.net or www.myspace.com/eventsfortom. Eliza Gilkyson, John Gorka and Cliff Eberhardt at 7:30 PM in the Music Recital Hall at the University of Vermont in Burlington. Presented by the UVM Lane Series. Contact www.uvm.edu/laneseries.

Gordon Bok at 7:30 PM at the Covenant Community Church in Essex. Presented by the Underhill Jericho Folk Legacy Society. Contact 899-

5219, jeanarchibald@surfglobal.net or www.timberheadmusic.com

English Country Dance with Judy Chaves, Wendy Gilchrist, Martha Kent and Val Medve (teachers) from 7:30 to 9:30 PM at the Elley-Long Music Center in Colchester. 1st and 3rd Fridays. Contact 899-

2378, valandt@myfairpoint.net or www.peter.burroughs.net/dance

Saturday, April 4

Old Time Fiddle and Banjo Workshops with Bruce Molskey, Alan Jabbour and Ken Perlman at the University of Vermont in Burlington. Part of the UVM Old Time Music Festival. Presented by the UVM Old Time Music Club, Events for Tom and others. Contact mrksustc@together.net or www.myspace.com/eventsfortom.

Bruce Molsky with Mayfly at 7:00 PM at the University of Vermont in Burlington. Part of the UVM Old Time Music Festival. Presented by the UVM Old Time Music Club, Events for Tom and others. Contact mrksustc@together.net or www.myspace.com/eventsfortom.

7th annual *Cabin Fever Reliever* benefit dance concert featuring Bill Kirchen, the Starline Rhythm Boys, Girl Howdy and Elisabeth von Trapp at the Sheraton in Burlington. Benefits the Cancer Patient Support Program. Presented by Smith, Bell and Thompson. Contact www.flynnntix.org.

Sunday, April 5

Northeast Fiddlers Association Fiddle Meet starting at 12 noon at the VFW in Hyde Park. Contact www.nefiddlers.org.

Ongoing events

Tuesdays – Open Mic, 9:00 – 11:00 PM, Smuggler’s Notch Inn, Jeffersonville, 644-6765.

Wednesdays – NIPS-West Open Potluck and Songs/Dance Tunes Session, Moshe’s house, Essex, first and third Wednesdays; contact Moshe, 879-0876 or www.groups.yahoo.com/NIPS-West. Open Mic, 8:00 PM, Overtime Saloon, St. Albans; www.overtimesaloon.com. Open Mic Night, 6:30 PM on the first Wednesday of each month, Phoenix Books, Essex Shoppes and Cinema, Essex Center.

Thursdays – Open Mic, 8:00 PM – midnight, Village Tavern, Jeffersonville.

Saturdays – Acoustic music session, 1:00 – 4:00 PM, Foothills Bakery, Fairfax

THEATER


The Fairfax Community Theatre Company presents “An Evening of Durang,” April 16-19. This selection of delightfully irreverent, brilliantly crafted plays by Christopher Durang marks the company’s 47th show. Plays include “Mrs. Sorken,” “For Whom the Southern Belle Tolls,” and “Sister Mary Ignatius Explains it All for You.” Performances will be held at the Brick Meeting House on Rt. 128 in Westford. Show times are April 16, 17, and 18 at 7:30 PM and April 19 at 2:00 PM. Tickets are \$10 and \$8, and will be available at the door. Due to mature themes and language, this show is not recommended for children under 12. For more information, call 849-2923, email info@fctcvr.org, or visit us on the web at www.fctcvr.org. A portion of the proceeds will benefit the ongoing restoration efforts at the Brick Meeting House.

Collage Workshop

Emile A. Gruppe Gallery presents a workshop in basic collage technique with Beth Barndt on Saturday, April 11 from 10:30 AM to noon. The workshop is geared for 6th grade to adult. There is a \$15.00 registration includes materials. Call 899 3184 by April 6 to register. The gallery is located in Jericho Vermont at 22 Barber Farm Road.

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Stowe Wine and Food Classic to benefit charitable care program at Copley Hospital

Celebrating its 11th year, the Stowe Wine and Food Classic returns June 19-21, 2009 with two-time James Beard Award recipient Art Smith, *Food & Wine*’s Top Chef Eric Warnstedt of Hen of the Wood, and the fine Spanish wines of Jorge Ordóñez, twice named “Wine Personality of the Year” by the world’s most influential wine critic, Robert Parker. The popular destination event is at Trapp Family Lodge in the village of Stowe, Vermont. Proceeds of the Stowe Wine & Food Classic benefit the charitable care program of Copley Hospital.

Visit with leading chefs and winemakers and sample the latest trends during this renowned three-day epicurean festival.

Tickets for the Stowe Wine and Food Classic range from \$60 for Sunday afternoon’s activities to \$75 for the wine tasting to \$150 per person for the Gala Dinner and Dance. A package including all the events is priced at \$185. Dress is casual except for the Gala Dinner and Dance which is black-tie optional. Register online at stowewine.com or call 802-253-0399.

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CAMPUS HONORS

Rebecca LaRose of Richmond, VT has been named to the dean’s list for the fall semester at the University of Maine at Farmington.

William R. Supple IV has been named to the dean’s list for outstanding academic achievement at Colby College in Waterville, Maine. Supple is a first-year student at Colby and a graduate of Mount Mansfield Union High School in Jericho, VT. His father is William Supple of Richmond.

Kelsey L. Adams, a 2006 graduate of Mount Mansfield Union High School in Jericho, VT, has become a member of Mortar Board, a national honor society for college seniors that recognizes outstanding achievement in scholarship, leadership, and services. Adams is majoring in health sciences at James Madison University in Harrisonburg, VA and plans to graduate in December 2009. Her parents are Jeanne and Ed Adams of Richmond, VT.

Liana Johnson has been named to the dean’s list at the State University of New York at Geneseo. Johnson is a resident of Richmond, VT.

COURT REPORT

Sean T. Provost, 34, Richmond, VT, charged with vehicle operation - license suspended in Colchester, VT on September 4, 2008; pleaded guilty; fined \$300, sentenced to 30 to 60 days, suspended, probation.

February 18, 2009, **Megan Riley**, 21, Richmond, VT, charged with false pretenses of false tokens \$900 or less in Burlington, VT on September 18, 2008; pleaded guilty; sentenced to three to six months, suspended, probation.

February 19, 2009, **Thane R. Wood**, 37, Richmond, VT, charged with DUI, first offense, in Colchester, VT on January 31, 2009; pleaded guilty; fined \$300, sentenced to three to six months, suspended, probation.

February 23, 2009, **Ross Meilleur**, 21, Richmond, VT, charged with DUI, first offense, in So. Burlington, VT on December 18, 2008; pleaded guilty; fined \$400.

February 24, 2009, **Ramon Alvarez**, 21, Waterbury, VT, charged with DUI, first offense, in Richmond, VT on November 25, 2008; pleaded guilty; fined \$300, sentenced to four to 12 months, suspended, probation.

COMING EVENTS

Friday, April 3
Gordon Bok Concert, Covenant Community Church, 7:30 PM. A very special concert by one of the greatest performers of traditional folk song. Tickets are \$25. Call Jean at 899-5219 for reservations.

Saturday, April 4
BUST-Lauren Weedman, comedian and former Daily Show correspondent, Contois Auditorium, City Hall, Burlington. Tickets available at local outlets and theater box offices. Also available at



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The Visiting Nurse Association (VNA) will host its popular Spring Blooms! Fashion Show and Luncheon on Tuesday, April 14, 2009. This spring the fashion show returns to its roots and will take place at the Sheraton Hotel and Conference Center in the Emerald Ballroom.

PHOTO CONTRIBUTED
Flynn Theater Box Office (802-86-FLYNN or 802-863-5966) or online at www.flynnntix.com . Tickets are \$20; students, \$10 (April 1, LSC tickets are \$15 and \$5).

Children and Infants Tag Sale, Good Shepherd Lutheran Church, 273 VT Rte. 15 just west of Browns Trace in Jericho, 9:00 AM to 1:00 PM rain or shine, featuring toys, books, clothing, and baby gear.

Genealogy Workshop: Using notarial records to assist with your research, Vermont French Canadian Genealogy Society Library, Dupont Hall-Fort Ethan Allen, across from VT State Police Building, 10:30 AM to 12:30 PM . Free and open to the Public. This schedule is subject to change without notice. Please call 846-7897 to confirm dates and class subjects.

Sunday, April 5
Inspirational and passionate guitar music performed by Eco-Minstrel Paul Baker Hernandez from Managua, Nicaragua, Good Shepherd Lutheran Church, Jericho, 4:00 PM. The suggested donation for adults is \$10; children under 12 years old are free. Good Shepherd Church is located on Route 15 in Jericho, across from Clark’s Truck Center on Brown’s Trace. For more information contact Joanne Ranney at 802-434-3233.

Red Clover Salon Literacy Platform UVM / Vermont Glades Reading 2nd annual event, 1:00 – 3:00 PM, kids of all ages – especially K – 5. Come hear players from the Vermont Glades and the UVM hockey teams read. Used books will be on sale to support the Brownell Library. Families are encouraged to bring a nonperishable food items for donation to Essex First Congregational Church’s Heavenly Food Pantry. Space is limited. Call 878-3499 to register for the event.

All you can eat pancake breakfast at Mansfield Lodge, Rt. 15, Jericho, 7:30 till 11:30 AM. Sponsored by Ethan Allen Lodge #72. Benefit Jericho-Underhill-Essex Center food shelf. Info, call Bob at 899-3265.

Country Breakfast, St. Thomas Church, Underhill Center, 8:00 AM to 1:00 PM sponsored by The Knights of Columbus Council #7810. Featured on the menu will be pancakes, eggs, potatoes, bacon, sausage, toast, fruit, juice, and coffee. The cost is by donation so why not treat Mom and the whole family to a delicious breakfast? Questions, call the St. Thomas rectory at 899-4632.

Saturday, April 8
Polish Dinner, St. Thomas Church, Underhill Center, 5:30 PM. The dinner will include homemade smoked kielbasa, pierogi (dough stuffed with cheese or with potatoes and cheese), cabbage, sauerkraut, potatoes, and dessert. \$10.00 for adults and \$5.00 for children 6 to 10 years of age. Ages 5 and under free. Take-out meals will be available. For further questions, please call St. Thomas rectory at 899-4632.

Green Mountain chapter of the Embroiderers Guild meeting, Pines Senior Living Community, 7 Aspen Dr., South Burlington, 9:30 AM; for information call 879-0198.

Saturday, April 11
Greek Pastry Sale & Dinner, Greek Orthodox Church, Corner of Ledge Rd. & So. Willard St., Burlington. Pastry sale starts at 10:00 AM; dinner starts at 11:00 AM. For more information call 862-2155.

Tracey Campbell Pearson will present and sign her newest book, *My Brother Bert*, at Phoenix Books and Café, Essex Shoppes & Cinema at 11:00 AM. Tracey Campbell Pearson is the author and illustrator of many children’s books, including *The Moon* by Robert Louis Stevenson, a *Booklist* Editors’ Choice Top of the List–Youth Picture Book winner and a *School Library Journal* Best Book of the Year. She lives in Jericho Center, Vermont. Illustrated by Pearson with text by British poet Ted Hughes, *My Brother Bert* is the tale of a girl who finds a zoo-worthy collection of animals tucked into every nook and cranny of her brother’s room. “Full of action, merriment, and wit...the pictures will occupy readers with always one more thing to see . . . Dizzying and delightful,” says *Booklist*. This event is free

Coming Events
continued on page 5

Coming Events continued from page 4

and open to the public. For more information, please contact Michael DeSanto at 802-872-7111.

Monday, April 13
The Changing Role of Vermont History in Publishing, meeting at 7:00 PM at the Historical Society Manse on the Village Green in Colchester Village. "We will examine the way publications such as *Vermont Life*, *Vermont Magazine* and *Living the Vermont Way* Magazine depict Vermont history. This will include looking at examples of earlier magazines and comparing / contrasting them to current renditions. We will also explore some of the great "myths" perpetrated by Vermont media about Vermont's past. The discussion will be moderated by Kyle Scanlon, a Colchester native and the editor of *Living the Vermont Way* Magazine and *Outdoors* Magazine. Bring along a friend to enjoy this venue with you...hoping to see you there. The public, of course, is invited to join us. More info? Call Suzanne Furst, (802) 658-3706.

Tuesday, April 14
Spring Blooms Fashion Show and Luncheon, sponsored by VNA, Sheraton Hotel and Conference Center in the Emerald Ballroom, So. Burlington, VT. To register for the Spring Blooms Fashion Show and Luncheon, call Maria at 860-4435. Tickets to the benefit are \$50 per person.

Wednesday-Sunday, April 15-19
What is Africa to me? A three-day workshop for Vermont public high school teachers examining similarities and differences between and within the different African diasporas. Hosted by University of Vermont Scholars and staff members. Keynote address by Nigerian Nobel Laureate Wole Soyinka. Burlington, various locations. Lokangaka Losambe, (802) 656-4040 or africanlit.org.

Thursday, April 16
Who was Robert Frost and who are we? Poet Geof Hewitt leads this informal talk and group discussion examining how Frost portrayed Vermont and its people and how Frost might see Vermont today. A Vermont Humanities Council event hosted by Friends of the Fletcher Memorial Library. Burlington, Fletcher Free Library, 7:00 PM. Dianne Krupp, (802) 228-7272.

Saturday, April 18
Genealogy Workshop: Beginning Genealogy (repeated class), Vermont French Canadian Genealogy Society Library, Dupont Hall-Fort Ethan Allen, across from VT State Police Building, 10:30 AM until 12:30 PM. Free and open to the public. This schedule is subject to change without notice. Please call 846-7897 to confirm dates and class subjects.

Annual Polish Dinner, St. Thomas Church, Underhill Center, starting at 5:30 PM, sponsored by The Knights of Columbus Council #7810. The dinner will include homemade smoked kielbasa, pierogi (dough stuffed with cheese or with potatoes and cheese), cabbage, sauerkraut, potatoes, and dessert. Treat the whole family to this delicious meal to celebrate spring. \$10.00 for adults and \$5.00 for children 6 to 10 years of age. Ages 5 and under free. Take-out meals will be available. For further questions, please call St. Thomas rectory at 899-4632.

Sunday, April 19
Vermont history through song. Singer and researcher Linda Radtke, joined by pianist John Lincoln, brings Vermont history to life with engaging commentary about the songs found in the Vermont Historical Society's collection of sheet music. Burnham Memorial Library, 3:00 PM. For information Ginger Gellman, (802) 879-7576.

Westford Music Series: free concert featuring Soaked Oats, United Church of Westford, 4:00 PM. Burlington-based trio that sings and plays tunes from old time country/cowboy/Appalachian/honky-folk genres. Amity Baker and Jeff Fellingner have been regulars with the touring ensemble "Northern Harmony" based in Marshfield and Amity leads the "Village Harmony" summer camp. In addition, all are members of the choral group "Social Band." For more information contact Marge Hamrell 879-4028 or email mhamrell@myfairpoint.net.

ONGOING EVENTS

ADULT ACTIVITIES

The **Essex Art League** holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862-3014.

Westford Knitters Group meets the first Friday of each month, 6:00 – 8:30 PM at the Westford Library. All needlecrafters in Westford and surrounding communities are welcome. Enjoy conversation with neighbors and friends while you work on your current project. Come early or late; bring a brown bag dinner and a drink if you like. For information: Julie Nelson, 343-0165 or Julie@coolmoonyoga.com.

Handbell ringers, Tuesday evenings, United Church of

Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome! Call Roger, 899-3106, for information.

The Vermont French Canadian Genealogy Society library is open for research Tuesdays 7:00 to 9:30 PM and Saturdays 10:00 AM to 4:00 PM. We offer Vermont & Canadian Catholic Parish records, Vermont Vital Records on Microfilm, census records and other resources to assist with family history research.

Genealogy Workshops will be held in March and April.

The library is located at the Dupont Building, Hegeman Ave. across from the VT State Police building in Fort Ethan Allen, Colchester. For more information or an appointment call 862-8082, 878-8081, or go online at www.vt-fcgs.org/library or email us at mail@vt-fcgs.org.

HEALTH GROUPS

Alzheimer's Support Group - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

Overeaters Anonymous meets 6:00 – 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho.

TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville. Weigh-in 5:30 – 6:00 PM.

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Ongoing Events continued from page 5

Adult coed volleyball in Westford, 8:00 – 10:00 PM, Mondays, Westford Elementary School gym. Fun, casual volleyball. \$2 at the door. Call coordinators Jon and Tammy Brown, 872-8333, for information.

Bolton Men’s Basketball, Tuesdays, 7:00 – 9:00 PM, Smilie School Gym. For adults and young adults, age 16 and up. Contact Bill Newton, 434-3348.

SUPPORT GROUPS

Alzheimer’s support group, third Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer’s disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, third Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

Veterans Job Networking, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

Lamoille Valley Kin as Parents, second and fourth Thursdays, 6:00 – 7:30 PM, Lamoille Family Center, Morrisville. Dinner and child care provided. For more information, Imelda at 888-5229 ext. 152 or Rhonda Barr, 888-1376.

Eating Disorders Parental Support Group, third Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

TOWN GOVERNMENT AND ORGANIZATIONS

Cambridge Area Rotary meets on the first Thursday of the month, rotating to local restaurants, 7:00 – 8:00 AM at 158 Restaurant, Main St., Jeffersonville. For information, call Anita Lotto, 793-0856, or Chuck Hogan, 644-8134.

Tim Nulty, Jericho Selectboard member, at the Village Cup, first and third Wednesdays, 8:00 – 9:00 AM, and at the Flour Shop, second and fourth Wednesdays, 8:00 – 9:00 AM.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. Volunteer for firefighting, dis-

patching, radio communications, computer operations, grant writing, equipment maintenance, fire police, education, and much more. For information, email John Quinn, jquinninv@aol.com.

Westford Food Shelf, open on the third Saturday of every month, 8:00 – 10:30 AM, United Church of Westford. All are welcome! Fresh produce, meat, and non-food items available.

Jericho-Underhill Water District meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

Jericho Historical Society, second Thursday, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Village of Jericho Board of Water Commissioners will hold their monthly meeting on Monday, April 13, 2009 at 7:00 PM at the Old Red Mill on 4B Red Mill Drive in Jericho.

Fairfax Food Shelf has moved to the United Church on the corner of Fletcher Road and River Road, near the Foothills Bakery. The Food Shelf is open the first two Wednesdays, 9:00 AM – 12:00 noon. Please use the downstairs entrance. Information, 849-6588.

ONGOING EVENTS

DEBORAH RAWSON MEMORIAL LIBRARY

Art work on display in April is by Browns River Middle School students.

Music Sunday is April 5. In honor of National Poetry Month we have brought together some of New England’s most talented songwriters. Peter Sutherland, Hungrytown, Steve Gillette and Cindy Mangsen, and the Beeline Ramblers will perform their original music and discuss the process of developing songs. Limited seating, reservations are recommended. Call 899-5433 or email lshelmandine@yahoo.com. There will also be a concert presented by the same group on Saturday, April 4 at the Firehouse Gallery in Burlington. For ticket information, contact Laurel Shelmandine (Lshelmandine@yahoo.com). Refreshments donated by It’s Arthur’s Fault!

Saturday, April 11, Charlie Siegchrist will present a workshop on the Basics of Pruning. It will be a short lecture followed by hands-on time. Please bring small pruners. 8:30 to 10 AM.

The library will be closed Sunday, April 12.

Book Discussion Series - Michael McKnight will lead a book discussion series on different religions from around the world. We will be using Huston Smith’s book, *The Illustrated World Religions*. Each session will cover one religion with a short lecture and then discussion to follow. Books will be provided. Space is limited to 15 so call or stop by the library to register. You do not have to come to all the sessions! Meeting dates are Wednesdays at 7:00 PM: April 15 and 29, May 13 and 27, and June 10 and 24. All meetings will be at the Deborah Rawson Memorial Library

Thursday, April 16, the Board of Trustees will meet at 7:00 PM.

The Mystery Book group will meet Tuesday, April 21 at 7:00 PM. The discussion will be on Agatha Christie’s *Witness for the Prosecution*.

Would you like to learn how to roast your own coffee at home? Join us Wednesday, April 23 at 7:00 PM. Karl Kemerait will show you how.

Ron Krupp will do a workshop on Thursday, April 23 at 6:30 PM on how to plan and plant a garden. Ron Krupp is the author of *The Woodchuck’s Guide to Gardening*. Ron has been the gardening commentator on Vermont Public Radio for the past 10 years. He was the founder of the Brattleboro Farmers’ Market in 1972 and is currently the coordinator of the 165-plot Tommy Thompson



Leah and Nolan Rowe

Welcome Baby Tea on Sunday, April 26 from 10:30 AM – 12 noon at the Deborah Rawson Memorial Library. Please join us for refreshments and harp music provided by Evergreen Erb.

PHOTO CONTRIBUTED

Community Garden in the Intervale in Burlington.

Italian Movie Night is Friday, April 24 at 6:30 PM. This time the movie is in English. A discussion will follow. The movie is cosponsored with the Vermont Italian Cultural Association (VICA). Two brothers, played by Stanley Tucci and Tony Shalhoub, have emigrated from Italy and are trying to make a go of their Italian restaurant in New Jersey. One brother is a gifted chef who refuses to cater to American customers who expect the “Americanized” version of Italian food, while the other brother is desperately trying to keep the restaurant financially afloat. The two goals run amok of each other when they spend all they have to prepare a true Italian dinner for a big-time musician in hopes of stimulating business. Resolving conflict Italian-style comes to the fore at the end of the movie. Call the library for the title. 899-4962.

The library is hosting a flea market on Parade Day, Monday, May 25 from 9:00 AM – 3:00 PM. Spaces are available for \$25.00. Contact Cindy Hamlet to reserve a space. 899-3760.

Family Yoga – Tuesday, April 7 at 6:30 PM, Jen King leads families in an evening of gentle yoga. For children in 1st grade through adult. Advance registration required. Call 899-4962. Funded by the Winnie Bell Learned Grant.

Story Times - Stories, songs, fingerplays, craft and snack for preschool children. Wednesdays at 11:00 AM: April 8, 15, 29, and May 6; Thursdays at 10:00 AM: April 9, 16, 30, and May 7.

Family Story Times - Quiet stories for families with children preschool through grade two. Children are invited to wear pajamas and join us for a light bedtime snack. Thursdays at 6:30 PM: April 9, 16, and 30.

Parent Book Discussion Group – Tuesday, April 14 at 6:30 PM, the Parent Book Group will be discussing Bill McKibben’s book *Maybe One*. Learn more by googling “DRMLPBG”. Call or visit the library (899-4962) to borrow a copy of *Maybe One* and to register for the book discussion.

Children’s Book Author - Friday, April 17 at 10:00 AM. Picture book and beginning reader author David Martin will visit with families and talk about his books. If you have a young reader or older preschooler you’ll not want to miss this event. To register call 899-4962.

The Deborah Rawson Memorial Library, Jericho Town Library, and Building Bright Futures are hosting a celebration in honor of all Jericho and Underhill babies born in 2008. Babies of Jericho and Underhill are invited to a Welcome Baby Tea on Sunday, April 26 from 10:30 AM – 12 noon at the Deborah Rawson Memorial Library. Please join us for refreshments and harp music provided by Evergreen Erb. It’s a wonderful opportunity to meet fellow parents and families (siblings too) and make connections with them as your children begin their lives as part of our communities. You may also choose a library book to dedicate to your child and pick up local info, an adorable hat, and more. Please RSVP by calling the Deborah Rawson Memorial Library at 899-4962. We hope you will join us for what promises to be a great celebration.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library’s programs, call 899-4962.

JERICHO TOWN LIBRARY
ON THE GREEN IN JERICHO CENTER

Come celebrate National Poetry month during April with us! “Changes That Transform” – This is the theme for the sixth annual poetry reading and writing workshop, directed by retired UVM Professor Mary Jane Dickerson and sponsored by the Jericho Town Library and the Deborah Rawson Library. The working sessions will meet Monday, March 30, Monday, April 6, and Monday, April

Libraries continued on page 7



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Libraries continued from page 6

13, from 6:30-8:00 PM at the Jericho Town Library, and conclude for a final evening of sharing at the Deborah Rawson Memorial Library on Monday, April 27 from 6:30-8:00 PM. Poets of all ages are encouraged to participate. Attendance in the past has been a mix of middle and high school students and adults. Registration is required: please call JTL at 899-4686 to sign up.

Saturday, April 4, 9:00 AM- 1:00 PM, Book Sale at the Jericho Town Library. Pick up some good books at a bargain prices.

Saturday, April 11, 10:00 AM, Come meet Anna Dewdney from Putney, VT, author of the Llama, Llama books, and live llamas on the Green. A snack and raffle drawing will be held at 10:30 AM. Raffle tickets for \$1.00 are currently on sale to win an alpaca pelt teddy bear donated by Terry Miller, a llama rug donated by June Taylor and a signed copy of Anna’s newest book *Llama, Llama Misses Mama*. All proceeds will go to the library. This event is hosted by the terrific TABbers. It has been made possible by a grant from the Winnie Bell Learned Fund, a fund established in 2006 by Dr. Burnett Rawson which generously provides assistance to small public libraries in Vermont.

Friday, May 8, from about 1:15 - 3:00 PM, Homeschool Kids Connect @ the Library. Learn and experience Spanish language and culture with MMU High School Spanish teacher Mickey Dutcher and AP Spanish students. Enjoy activities and traditional Spanish festivities including a Cinco de Mayo celebration. Grades 5 and up. To register call Jericho Town Library, 899-4686.

Feeling shut in? If you are sick or having a hard time getting around call us so we can bring you a good book (large print also available) at 899-4686.

If anyone wants to volunteer to be a part of the catalog automation project underway there is still more work to be done, which includes computer and non-computer tasks. So if you have even an extra hour or two please consider helping. For more information call the library at 899-4686.

High school students needing to fulfill community service please volunteer at the library when your schedule permits. Your help is really appreciated. Call or stop by.

Story time including craft and snack is held every Wednesday upstairs at 10:00 AM. Come share the joy of books, finger plays, flannel board, and songs with guitar music led by Derek! Upcoming themes:

Wednesday, April 8, 10:00 AM – Bugs, with special host Elise Doner.

Wednesday, April 15, 10:00 AM – Ducks.

The Board of Trustees meets regularly the first Thursday of the month at 7:00 PM at the library. The public is welcome so join us at our upcoming meetings on April 2 and May 7. The hours for the Jericho Town Library on the Green are Monday and Friday 1:00-5:00 PM, Wednesday 10:00 AM-12:00 PM and 2:00-6:00 PM, Saturday 10:00 AM-1:00 PM. For more information call 899-4686 or email us at Jerichotownlibrary@gmail.com.

WESTFORD TOWN LIBRARY

Upcoming Events:

Student Poetry at the Library! Westford students in grades K-4 have been learning about poetry with the help of Vermont poet Ted Scheu. A selection of their poems will be on display in the library through April. Thanks to Ms. Bochanski and the poets of Westford School for sharing their work!

Thursday, April 2: Storytime, 11:00 AM. Stories and activities for birth through five. Theme: Red Clover Books.

Friday, April 3, Westford Knitters, 6:30 PM. All needle-crafters welcome.

Wednesday, April 8, Book Discussion, 6:00 - 7:00 PM. *Watership Down* by Richard Adams.

Thursday, April 9: Storytime, 11:00 AM. Stories and activities for birth through five. Theme: Poetry.

Saturday, April 11, Women’s Game Night, 6:00 PM. Join a fun and welcoming group for food, laughter and board games.

Thursday, April 16, Movie Night for Teens & Adults, 6:45 PM. See Heath Ledger’s Oscar-winning performance as Best Supporting Actor. Free popcorn.

Thursday, April 23, Storytime, 11:00 AM. Stories and activities for birth through five. Theme: Farming.

Friday, April 24, Strategy & Board Games for Teens & Adults, 6:00 PM.

Thursday, April 30, Storytime, 11:00 AM. Stories and activities for birth through five. Theme: Safari.

New Additions to the Collection: Adult Fiction: *Execution Dock* (Perry), *The Shack* (Young), *Spade and Archer: The Prequel to Dashiell Hammett’s The Maltese Falcon* (Gores), *The Women* (Boyle). Adult Nonfiction: *Organic Housekeeping* (Sandbeck), *Road Biking Northern New England* (Duling). Juvenile Nonfiction: *Eggs* (Singer).

DVDs: *Milk*, *Man on Wire*, *Vicky Cristina Barcelona*, *Twilight*.

The Westford Public Library hours are Wednesday 1:00-7:00 PM, Thursday 10:00 AM-6:00 PM, Friday 1:00 PM-6:00 PM, and Saturday 10:00 AM-2:00 PM. We can be reached at 878-5639,

westford_pl@vals.state.vt.us or www.westford.lib.vt.us. Free Wifi is available during library hours.

VARNUM MEMORIAL LIBRARY NEWS

Appreciate art at the library. The Varnum Memorial Library is currently displaying the work of two local artists. Lydia Johnson’s black and white photographs of the Cambridge Village are featured. They are a result of her fall semester photo coursework at Hartwick College. If you take a look over our mantel, you’ll see *Mike’s Daffodils* by our own Genie Judkins. This pastel gives us a nice glimpse of the spring to come. Genie also continues to include art projects for kids who attend the Tuesday story hour. If you have any general craft supplies you’d like to contribute for the weekly afternoon activities, please bring them in the next time you stop by the library. Take a look at some of the books in the 700s section for some artistic inspiration, whether it’s quilting, woodworking, knitting, scrap art, or any type of art. And remember, if there’s a special book you’re looking for that we don’t have, we may be able to borrow it for you from another library.

The Crescendo Club is thankful to all who stopped at our table during Town Meeting. We are happy to announce the raffle winners for our book gift baskets. *Bucket of Bears* was won by David Vaughan. Many plush bears and children’s books about bears were included in the big yellow bucket. *Spring is in the Air* was won by Martha Brown. Gardening books, a lovely plant, and gardening supplies were part of the basket. Thank you very much to the Crescendo Club members who donated the baskets and everyone who purchased raffle tickets or library canvas bags. We will continue to have canvas bags available at the library. The Crescendo Club is resuming monthly meetings at the library the third Thursday of every month, except January and February. Please join us. We’re always looking for fresh ideas and energy for the library and its programs.

The Varnum Memorial Library is open Mondays and Tuesdays from 1:00-8:00 PM and Thursdays and Saturdays from 9:00 AM-12:00 noon. Call 644-2117 if you have any questions.

Living with autism

By Kyle Hibbard

Guest columnist Mountain Gazette

“Your son is autistic.” Who knew the power of those four words? We’ve all heard the word autism before and might know a little about it, but when they tell you that YOUR child has autism, the feelings are difficult to describe. Even though my partner, Scott, and I suspected this would be our son’s diagnosis prior to going to the Child Development Clinic for evaluation, it didn’t make it any easier to hear. Beyond sadness and disappointment, there was a feeling of, “Where do we go from here?!” All of a sudden Cole’s future was a fog. Will he be able to go to college? Will he fall in love? Will we need to live forever in order to care for him? We sat in an office with four very sympathetic professionals as they rattled off what our next steps should be: see this person, see that person, get occupational therapy, get speech therapy, talk to the school system, read this book, check out these websites, etc., etc. Staring at them with a glazed-over look on my face, I was thinking, “Is that it? What about a cure? Can’t you fix this?” We left the meeting completely overwhelmed and exhausted. It was a long, quiet ride home.

Scott and I adopted Cole when he was six days old. He was an easy baby; only cried when he was hungry or constipated, was a great sleeper (and still is) and loved being around people. Cole got his first tooth at seven months, crawled at ten months and walked at 13 months. By twenty months he knew many words, all the animal sounds, and could identify the letters of the alphabet. My mother called him “her little genius.” When Cole turned two, something changed. Our social little boy became less interested in playing with others. He became more difficult, having frequent

Autism continued on page 8



Red Cedar students with their new bus. PHOTO CONTRIBUTED

Red Cedar School begins bus service

Red Cedar School of Bristol has purchased a bus to make frequent field trips more viable and to provide transportation to and from Chittenden County. The school’s hands-on approach to learning means getting students out to experience the world beyond the classroom as much as possible. The bus will enable classes to readily head out into the community or the natural world and get students to activities such as the ski program at Bolton. “This is a big step for Red Cedar. Everyone is excited for the new opportunities that are now open to us,” says Jacquie Werner-Gavrin, director of the school.

“We are thrilled,” says parent Julie Myers of Jericho, whose 4th grade son attends the school. “We have been happy to make the commute, but this bus will make a big difference and will make the school accessible for more families in Chittenden County.” Red Cedar’s location in the northern part of Addison County gives the school an advantage in pulling from highly populated Chittenden County. This spring the school will begin offering transportation to and from Chittenden County at the beginning and end of the school day.

Red Cedar is celebrating its 20th anniversary this year. More information about the school can be found at www.redcedarschool.org.

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Autism continued from page 1

tantrums and hitting us out of frustration and anger. When excited, he would jump up and down while hitting his hands on his chest. His language seemed more like a tool for requesting than a tool for conversation. Cole became obsessed with spinning balls and watching ceiling fans and our front-loading washing machine. He could watch an entire laundry cycle from start to finish.

We started having conversations with our families about Cole’s behavior and development around age 2½. He is one of six cousins born within nine months of each other and he wasn’t advancing as quickly as the others. Even after reminding ourselves that children develop at their own pace, these conversations persisted. He didn’t pretend play, he became increasingly obsessed with television, and we were having only one-way conversations with him. Cole was in a world of his own even though there was often a crowd of people playing, talking and laughing around him. We decided it was time to get the ball rolling, get an evaluation and figure out what was happening with our son.

It has been almost two months since Cole’s diagnosis and the ball is rolling faster than ever. After that long, quiet ride home, Scott and I kicked our parenting into high gear. We wanted to learn everything there was to know about Autism Spectrum Disorder (ASD), reading book after book and website after website and talking to many people, both professionals and parents. We completely changed his diet and our approach to parenting. We have one, two, or sometimes three appointments per day between occupational therapists, a speech & language therapist, behavioral educators, autism specialists, early education coordinators, and doctor appointments to figure out what’s going on with Cole’s body from a medical perspective, not just a behavioral one. We joined a group called Autism Support Daily, which is based in Vermont and has a very educational website. We’ve also attended seminars and conferences on autism; who knew there were so many?! Come to find out, Vermont is one of the leading states for accessing services for people with

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ASD.

I also came across The Autism Puzzle Foundation. It was started four years ago by a family in Barre, Vermont that is determined to make a difference in the lives of children with ASD. The foundation awards grants to families affected by autism by helping purchase developmental toys and devices. What they don’t give to families as grants, they donate to help find a cure. On April 11, they will be having their annual Silent Auction & Casino Night fundraiser. I am helping them raise money for other kids in Vermont like Cole. If you are interested in making a contribution or donating an item or service for the silent auction, please contact me at Mountain High Pizza Pie or email me. You can also check out their website: www.vtautimpuzzle.org .


Cole is the happiest little guy, so full of energy and life. He has made so many gains in the last two months and we are hopeful that with all of the support and services, he will continue to reach his fullest potential. I hope Cole’s story will bring more awareness to autism and the desperate need to find a cure. 1 in every 150 children born in the United States is affected by Autism Spectrum Disorder. Cole was that one. Please feel free to send me an email (khibb2003@hotmail.com) or have a conversation with me across the counter at Mountain High Pizza Pie. Talking about it helps increase understanding and build community.

Why are your feet important?

What kind of question is *that*?! Body function is affected by structure. Some signs of foot dysfunction include bunions, ham- mertoes, neuromas (nerve tissue tumors found between the toes), plantar fasciitis, flat feet, and Achilles tendinitis. More often, foot dysfunction causes symptoms elsewhere in the body — most com- monly in the knees, hips, low back and neck. The collapsed arches can preload the knee, making injuries more likely. Also, inadequate arch support can cause low back pain. Even your neck and jaw can be influenced by the feet. In Italy, more orthotics are fitted by dentists than by any other professional group because they know and address the relationship between the feet and jaw. If you consider that the average person walks 5,000 to10,000 steps per day and that malfunction can cause structural problems, it is logical to conclude that optimizing foot function is important.

What can be done? First, buy good quality shoes. Discount shoes are no bargain if they are not supportive. Shoes must fit—neither too large nor too small. They must be wide enough, especially at the toes and arches. They need a good heel cup to support your foot while walking. Second, people tend to keep shoes too long. Some experts state that shoes are “shot” after 250 miles! Worn-out shoes provide no support and may even cause imbalance of the

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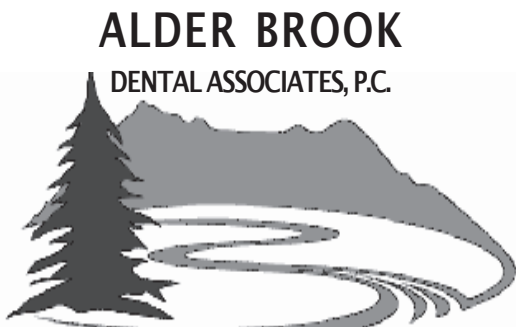


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body if the heel is not level and/or the arch is collapsed. Another way to protect the feet is to use simple foot exercises, such as picking up a towel with your toes or rolling a golf ball under your arch.

For many people, these steps are not enough to prevent foot problems. People who spend much of their time on their feet — factory workers, waitstaff, salespeople, nurses, teachers, etc. — are at special risk. Over time, the elastic tissue of the feet becomes permanently stretched; this is why people “suddenly” need larger shoe sizes. Active people such as skiers, hikers and tennis players also need additional foot support. Anyone who uses foot beds in their ski boots will need orthotics (specially fitted inserts for shoes that improve the body’s structural balance) in their everyday shoes. Some people will spend money on foot beds for their ski boots, worn sometimes in the winter, and not bother the rest of the time. Another indicator of a need for orthotics is any of these five red flags: foot flare, excessive shoe wear, fallen arches, bowed Achilles tendons, or knees that roll inward.

Mary Kintner is a chiropractor and nutritional consultant practicing in Jericho, VT

Tips on healthier sleep

How did you sleep last night? “How you feel and perform during the day is a result of how much sleep you get the night before,” says Copley Hospital’s Wellness Center Manager, Linda Shaw, RN. Shaw notes that lack of sleep can cause fatigue, irritability, depression, and lack of concentration and memory. “Over time insufficient sleep can affect your job performance, health, and quality of life.”

How much sleep is enough? Most adults need at least eight hours of sleep every night to be well rested, while adolescents need at least 8.5 to 9.5 hours.

A variety of factors can disturb your sleep, including stress, working long hours, feeling too hot or cold, and noise. The best way to counteract these disturbances is to develop good sleep habits. Shaw offers the following tips: go to bed the same time each night and rise at the same time each morning, sleep in a quiet, dark and relaxing environment, avoid caffeine and alcoholic beverages four to six hours before bedtime, remove all TVs, computers and other gadgets from the room, avoid physical activity within a few hours of bedtime, and avoid large meals before bedtime.

Ongoing sleep problems may indicate a medical problem and Shaw recommends you talk to your primary care provider. Chronic respiratory problems and some lung diseases can worsen during sleep. Other common disorders include: Snoring. Loud snoring can be a symptom of a serious disorder called sleep apnea. People with

SleepI continued on page 9

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Sleep continued from page 8

this disorder actually stop breathing repeatedly during sleep. Narcolepsy is a disorder that is characterized by excessive, uncontrollable sleep episodes during the day. Insomnia. People with insomnia have chronic problems falling asleep or staying asleep. Period Limb Movement Disorder. Repetitive kicking, jerking or flexing of arms or legs throughout the night.

Sleep disorders can be effectively treated. Treatments may include medication, changes in daily habits or work schedules, or a nasal mask to relieve snoring and upper airway obstruction.

For more information on sleep disorders or any other illnesses, Copley Hospital’s Health Science Librarian is happy to assist with online research or pamphlets and can be reached by calling 888-8347.

OBITUARIES

Robert C. Adams, 87, of Morrisville, VT died on Saturday, March 21, 2009 in Fletcher Allen Health Care in Burlington, VT. He was born on September 3, 1921 in Hyde Park, the son of David and Bertha Davis Adams. He married Almey Flanders on June 7, 1958. Robert served in the U.S. Army during World War II from October 20, 1942 to November 16, 1945. He served in the European Theater of Operations. He was wounded on May 12, 1944 and was awarded the Purple Heart. He was a life member of the DAV, Green Mountain State, #2, and a member of VFW Post #9653, Morrisville. He was employed by various sawmills before moving to Morrisville where he was employed for a number of years on the Town of Morristown road maintenance crew. Robert is survived by his sons, Roger Adams of Elmore and David Adams and wife Sherrie of Underhill, VT; and three grandchildren, Jessica, Kaitlyn and Meghan Adams of Underhill, VT. He was predeceased by his parents and by his wife Almey on October 22, 2005. Funeral services were held on Wednesday, March 25 at the WhiteFiess Funeral Home, 165 Brooklyn St., Morrisville. Visitation was on Wednesday from 1:00 to 2:00 PM. Interment with full military honors will be held later in the spring in the Vermont Veterans Memorial Cemetery.

On the night of March 21, 2009, **John B. Schmoll**, 87, of Jericho, VT died peacefully following a long and courageous battle with ill health. John was born on March 11, 1922, in Montrose, Pennsylvania to Harry A. and Ann (Barr) Schmoll. He grew up in Pennsylvania and south central New York. He attended high school in Elmira, New York. John married Polly Cornwell just prior to going overseas in World War II. After serving with the U.S. Army in England, France and the Philippines, John returned to Elmira. In 1948, John and Polly and their sons moved to Jericho, VT, their home for the next 60 years. John worked for General Electric Co. in Burlington for many years as a tool and die maker. He also worked in several area machine shops. He owned a welding business for several years and worked for the Department of Forests and Parks. He taught math, welding, and machining in Burlington High School Continuing Education courses. John was an avid outdoorsman and gifted photographer. He seldom sat still, usually having at least one project near at hand, even through his decades-long battle with heart disease and chronic pain. Above all else John valued family. He is survived by his wife, Polly, of 67 years; his two sons, John H. and his wife Pauline of Jericho, VT and David and his wife Linda of St. Albans, VT; his grandchildren, John Eric Schmoll and his wife Kristina of Milton, Michael Schmoll and his wife Dawn of Winoski, VT, Kelly Schmoll of Victor, ID, Kristen Rondo and her husband Richard of Sheldon, VT, and Keith Schmoll of Jackson Hole, WY; eight great-grandchildren; a sister, June Lash of Florida; and several nieces and nephews. John was predeceased by his son Howard in 1982 and by his great-granddaughter, Caitlyn. Funeral services were held on Thursday March 26, 2009 at 11:00 AM in the United Methodist Church in Jericho, VT. Visiting hours were held Wednesday March 25, 2009 at Corbin and Palmer Funeral Home, 9 Pleasant St., Essex Junction. In lieu of flowers, memorial contributions may be made to the **American Heart Association**, Northeast Affiliate, 434 Hurricane Lane, Williston, VT 05495-2073.

Julie Ann Gagner-Horgan, 44, of Jeffersonville, VT passed away on Friday, March 13, 2009 in Fletcher Allen Health Care in Burlington, VT after a brief illness. Julie is survived by her children, Sean and Caitlin Horgan, and their father Howard Horgan; her parents, Robert and Jean Gagner; and a brother, Bobby Gagner. Family received friends on Wednesday, March 18 at a prayer service held at the des Groseilliers Funeral Home, Johnson, VT. Interment in the spring will be in Fairview Cemetery, Hardwick, VT.

Helen F. Rivers, 102, of Jericho, VT died on Wednesday, March 18, 2009 in Birchwood Terrace Healthcare in Burlington, VT. She was born in Burlington, VT on June 8, 1906, the daughter of Edwin and Addie (Wood) Vancor. Mrs. Rivers graduated from Burlington Business College. She married Raymond F. Rivers in 1932 in the chapel of the Cathedral of the Immaculate Conception in Burlington. She worked on the family egg and chicken farm in Essex Junction, VT and loved playing piano. Mrs. Rivers was a member of the Essex Junction Catholic Daughters at Holy Family Church. She is survived by a son, Frederick Rivers and his wife Theresa of Jericho, VT; a daughter, Shirley Croll of Richmond, VT; four grandchildren: David and Noreen Rivers of Hinesburg, VT, Sharon and David Leonard of Jericho, VT, Thomas and Rita Rivers of Jericho, and William and Karen Rivers of Bolton, VT; eight great-grandchildren: Jessica and Matthew Rivers, Sierra and Mia Leonard, Zachary and Emily Rivers, and Gregory and Emma Rivers; and nieces and nephews. She was predeceased by her husband Raymond, her son R. Dwight Rivers, her great-grandson Adam, her brother Edwin Vancor, and a sister, Doris Wattie. A Mass of Christian Burial was celebrated on Saturday, March 21, 2009 in St. Thomas Catholic Church in Underhill Center, VT. Burial will be in the spring in Fairview Cemetery in Essex Junction. In lieu of flowers, donations may be made to Essex Rescue, 1 Educational Dr., Essex Junction, VT 05452, or Vermont Respite House, 99 Allenbrook Road, Williston, VT 05495.

MILITARY NOTES

United States Marine Corps Private 1st Class Adam Arguin has graduated from basic training at Parris Island Military Base in South Carolina. Arguin will continue his training at Camp Lejeune in North Carolina. He is the son of Denis and Rose Arguin of Jeffersonville, VT and graduated in 2005 from Lamoille Union High School in Hyde Park, VT.

ENGAGEMENTS



BOLDMAN-ROBINSON

Gary and Rose Boldman of Jericho, VT announce the engagement of their daughter, Jacqui Boldman, to Nate Robinson. Nate is the son of Arttie and Lori Sulkowski of St. Johnsbury, VT and Russell and Lisa Robinson of St. Johnsbury, VT. An August 2009 wedding is planned.

GREEN-SEARS

Frank and Page Green of Jericho, VT announce the engagement of their daughter, Nicole Elizabeth Green, to Michael Steven Sears, son of Steven Sears of Easly, SC and Ellen Sears of Manchester, NH. The couple plans to wed in July 2010.

CVAA SENIOR MEALS

The Champlain Valley Agency on Aging offers an ongoing series of special meals for groups of seniors at a variety of restaurants in the area. The schedule is listed below. All seniors are welcome to join the group and enjoy lunch with neighbors and friends. Participating seniors must be at least 60 years old, or the spouse of someone at least 60 years old. Suggested donation for meals is \$3 at Covenant Church and United Church; for meals at other sites, \$5. Transportation may be available if needed. Reservations are required for these meals and may be arranged ahead of time by calling 865-0360.

Thursday, April 2 – Ponderosa, Williston, 11:00 check in, 11:15 lunch. All you can eat buffet.

Friday, April 3 – Hinesburg meal site, 11:30 AM.

Monday, April 6 – Covenant Church, Essex, 12:00 noon. Hot turkey sandwiches, cranberry sauce, mashed potatoes, peas and carrots, spice cake.

Tuesday, April 7 – Libby’s, Colchester, 1:30 check in, 2:00 PM lunch. Eggplant parmesan.

Wednesday, April 8 – Colonial Room, Essex Educational Center, Essex Jct. 11:00 AM check in, lunch 12:00 noon. Turkey dinner.

Thursday, April 9 – Ponderosa, Williston, 11:00 check in, lunch 11:15. All you can eat buffet.

Friday, April 10 – United Church of Hinesburg, 12:00 noon. Corn chowder, egg salad, lettuce and cheese on bulky roll, butterscotch brownie.

Monday, April 13 – Covenant Community Church, Essex Center, 12:00 noon. Beef stew, peas and onions, biscuit, mandarin oranges.

Tuesday, April 14 – Pizza Hut, Susie Wilson Road, Essex Jct. 10:00 AM check in, 11:00 AM lunch. All you can eat pizza buffet.

Wednesday, April 15 – Dutch Mill, Shelburne Road, Shelburne, 10:30 AM check in, 11:00 AM lunch. Baked stuffed chicken.

Thursday, April 16 – Ponderosa, Williston, 11:00 check in, lunch 11:15. All you can eat buffet.

Friday, April 17 – United Church of Hinesburg, 12:00 noon. Roast pork and gravy, apple sauce, mashed potatoes, vegetable medley, whole wheat roll, ambrosia.

In addition, CVAA-sponsored meals for seniors are offered on an ongoing basis at the following establishments. Tickets must be presented before ordering. For details about the special ticket program, call 865-0360.

A.J.’s Kitchen, 85 Main St., Essex Jct. – open menu; tickets limited. Sunday-Tuesday, 5:00 AM – 2:00 PM, and Wednesday-Saturday, 5:00 AM – 8:00 PM.

Bridge Street Café, Richmond – breakfast, lunch, or dinner (ordered before 5:30 PM) Monday-Thursday. Regular menu excluding shrimp, steak, and some specials.

Dutch Mill, Shelburne Rd., Shelburne – Tuesday-Sunday, 7:30 AM – 2:00 PM.

Old Yankee, 4A Jericho East, Jericho. Meals Wednesday-Sunday, 3:00 – 5:00 PM. Order off senior menu.

Pizza Putt, Airport Parkway, So. Burlington – lunch or dinner,

seven days a week. Choice of spaghetti with marinara sauce or baked ziti with tomato sauce and cheese, salad, garlic bread or roll, soda, coffee, or milk.

Ponderosa, Williston – lunch buffet, 11:00 AM – 4:00 PM, Monday-Friday. Tickets are limited.

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WELCOME HOME

BOLTON

(Hamilton/Lissor) Tila Lissor and Robert Hamilton had a daughter, Khialyn Nevele Hamilton, on Friday, February 13, 2009 at Fletcher Allen Health Care in Burlington, VT.

JERICO

(Knauer) Dylan Thomas Knauer was born Friday February 20, 2009 at 7:12 AM to Thomas and Jennifer Knauer of Jericho, VT. Grandparents are David and Mary Ellen Otis of Pomfret, VT and Michael and Kathleen Knauer of Burlington, VT.

UNDERHILL

(Greenwood, Boie) Linsey Greenwood and Alvin Boie had a son, Jackson Edward Boie, on Saturday, January 17, 2009. Jackson’s mom grew up in Underhill and graduated from Mount Mansfield Union High School in 2000. Jackson is the grandson of Nancy Greenwood of South Burlington, VT and David Greenwood of Essex Junction, VT.

CAMPUS HONORS

Eric Derouchie has been named to the dean’s list for the fall semester at Castleton State College in Castleton, VT. He is the son of Ronald and Wendy Derouchie of Underhill, VT.

Matthew Leonard of Bolton, VT has been named to the dean’s list for the fall semester at the University of Maine at Farmington.

Jeffery Daki Demas has been named to the dean’s list for the fall semester at the University of Rochester in Rochester, NY. He is the son of Liz and Doug Demas of Underhill, VT.

Douglas Arthur Clift of Jericho, VT has been named to the dean’s list at the University of Rochester in Rochester, NY. He is the son of Anne and David Clift.

RECIPES BY MARIAN TOBIN



Barbecued Steakers

By Marian Tobin

- 1 ½ lbs. ground beef
 - 2 tablespoons oil
 - 2 tablespoons brown sugar
 - ½ cup catsup
 - ½ teaspoon salt
 - 2 tablespoons vinegar
 - 2 teaspoons Worcestershire sauce
 - 2 teaspoons dry or prepared mustard
- Shape meat into round balls and sauté in hot oil until lightly browned. Combine remaining ingredients, pour over the meat balls. Continue to cook, basting often with sauce, for 15 minutes or until cooked through. Serves 4 to 6.

Clutter Barn to open May 2

The United Church of Underhill’s Clutter Barn will begin accepting donations on May 2.

We accept clean, working household items, books, toys, games, puzzles and spring and summer clothing on Saturday mornings from 8:30 AM – 12:00 noon. We will not be open on Saturday, July 4.

The last Saturday of the month we will have a sale. Sale days are May 30, June 27, July 25, August 29, and Harvest Market on Sept. 26 and 27. We cannot accept donations on sale days.

We do not accept: computers, televisions, exercise equipment, large appliances, large rugs, magazines, National Geographic magazines, textbooks, encyclopedias, building or plumbing materials, tires, rims, roof carriers, truck tops and truck rack. No fall or winter clothing is accepted until August.

The Clutter Barn is located on the green in the village of Underhill Flats.

Call Sharon Damkot (899-3572) or Betty Wilson (899-5878).

Town of Jericho to form
Jericho Energy Committee

The town of Jericho is in the process of forming an energy committee. The committee will have its first meeting on Wednesday, April 15 at Town Hall starting at 7:00 PM. Energy committees across the state are working on all kinds of interesting initiatives and this committee hopes to do similar work. Please join them on April 15. Coming to the meeting does not obligate you to join the committee, but they are hoping to share ideas and help plan for the future. For more information contact Phyl Newbeck at 899-2908 or phyl@together.net.



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LEGISLATIVE REPORT

Notes from Montpelier

By Rep. Bill Frank

Happy April to all, spring seems to have come very early for me since I am a skier. I am enjoying the warmer weather and working in the yard. I'm also wondering if, or when, the surprise spring snow storm will come. The process of this legislative session seems to be following the early arrival of spring. With a goal of adjourning by May 8, the so-called "crossover date", the date bills must pass out of committee if they are to be acted on by the other body, has come earlier. The week after crossover the pace always ramps up on the House floor to take care of the bills coming out of committees and expecting the arrival of the major money bills. This year crossover was March 20. There are a large number of bills to be acted on.

The Palliative Care bill I have been working on this past year was passed unanimously by the House on March 27. It will increase access to appropriate care at all stages of illness. The main goal of the bill is fully informed patient choice. I was proud to be the reporter when it came to the House floor. The bill has been assigned to the Senate Health & Welfare committee and I will introduce the bill to the committee.

A bill dealing with the decommissioning fund for the Vermont Yankee nuclear plant passed 93-46. It requires Vermont Yankee owners to pay into the decommission fund if it is not given a license to operate past 2012. The payment schedule is \$114.72 million by January 1, 2011, January 1, 2012, January 1, 2018 and January 1, 2020. The current estimates for decommissioning are near \$900 million. If Vermont Yankee is re-licensed to operate past 2012 the bill does nothing because funding the decommissioning fund will be included in the new license. This bill insures that Vermont taxpayers

will not have to pay the huge cost of decommissioning this nuclear power plant.

I don't expect the question on the re-licensing of Vermont Yankee to be voted on this year. It is impossible to make an informed decision without knowing what Vermont Yankee will charge Vermonters for power after 2012. They have promised this information, usually saying they would provide the information "next week". This lack of information runs parallel to the tour they gave me of their facility in December. I asked many questions and got very few answers. They promised to get me the answers but all that I have received is a form letter thanking me for taking the tour. I could not vote for re-licensing if the vote was today.

Two of the three major money bills will be taken up this week, Transportation and the State Budget, referred to as "The Big Bill". I am hopeful the Transportation bill will have a bonding proposal for fixing our roads and bridges and to pay for the bonds by adding five cents to the gasoline tax. I sup-

ported raising the gas tax three years ago to pay for roads and bridge repair, I still think it is a good idea and will support this proposal. Details of these bills will be available for my next column.

The "Same Sex Marriage" or "Freedom to Marry" bill is expected to be taken up within the next couple of weeks. Many, many of you have taken time to email me with your thoughts and feelings on this bill. I want to thank you all; I respect all of your thoughts and opinions. I have tried to answer all of you in a timely manner but I know at times it has taken me longer to get through my inbox. I have used Saturdays and Sundays to be sure all are answered. I will be voting for this bill.

Thank you to all who came to the Deborah Rawson Memorial Library last Tuesday evening to discuss a wide variety of issues. The next meeting will be Tuesday, May 5.

As always I like to hear from you, either by email at my new address Bill@RepBillFrank.com, at 899-3136 or 19 Poker Hill Rd, Underhill, 05489.

LETTERS TO THE EDITOR

Thank you for voting for school budget

To the Editor,

To the voters of the Town of Underhill,

We write once again to express our profound gratitude to the taxpaying voters of Underhill Town for their continued investment in the Underhill Central School. We extend a special thank you for supporting the 2009-2010 school budget, including the requested funds to establish a Foreign Language Program at UCS.

All schools are dependent on all members of the community: parents of current and past students, past students themselves who make Underhill their home, and other community members who have never attended, or had children attend, UCS.

As school directors, we are ever mindful of the trust you have placed in us to collaborate with the principal, teachers and other staff in the pursuit of educational excellence within the community's collective ability to pay for it. In these uncertain economic times, we are increasingly aware of this responsibility and with this in mind we again express our appreciation for your continued investment.

John LaRue, Peter Geiss, Tony Julianelle, Shara Tarule, Derek Bellin, School directors, Underhill Central School

Support referendum for 2010

To the Editor,

To date less than 250 Vermont voters have had any vote on same-sex unions. That's counting our five Supreme Legislators with the Baker ruling, former Gov. Howard Dean and the General Assemblies in 2000 and 2001.

Now Speaker Shap Smith and Senate Pro Temp Peter Shumlin graciously want to up the count to 400.

We believe that involving another 300,000 might be a better idea.

By means of a legislatively initiated Advisory Referendum on Town Meeting Day 2010, all of Vermont's voters would have an opportunity to participate in the Same-Sex Marriage decision.

This way we'd all know the will of the people on this vital issue. And we'd have time for an informed public debate before voting day.

Ask your legislators to support a Referendum for 2010.

It's fair, it's right, it's time!

For more information go to www.LetVermontVote.org.

Craig Bensen, Cambridge

Congratulations on winning RGGI grant

To the editor,

Congratulations to the Town of Westford for winning a \$5,580 Regional Greenhouse Gas Initiative (RGGI) grant for weatherization and upgrades to lighting and HVAC. This local project will cut 3 tons of Co2 emissions annually, Gov. James Douglas announced in the awards ceremony at the Statehouse Friday, March 20.

The RGGI will earn about \$3 million this year, which comes from out-of-state utilities that emit greenhouse gases, and will be used for Vermont energy efficiency programs. Vermonters pay virtually nothing into the RGGI because our two largest power producers, Vermont Yankee and Hydro-Québec, are virtually emissions free.

Unfortunately, the power contracts for Vermont Yankee and Hydro-Québec expire within the next six years. Without these producers, our electricity bills would likely dramatically increase because renewable energy such as wind, solar and biomass cannot at present replace the power produced by Hydro-Québec and Vermont Yankee. We would need to purchase a good deal of electricity from fossil-fuel power plants.

To learn more about the economic and environmental benefit of Vermont's low-carbon power generation and what you can do to help, go to www.vtep.org.

Guy Page, Communications Director, Vermont Energy Partnership

We need to vote by referendum

To the Editor,

I have been on the sidelines of politics, watching the news from home. I'm disabled with a leg amputation, and that was it - I watched.

Now, I am awakened. I may have a lot of homework to do to "catch up" to some of the current politics but I know one thing for sure. I am seriously considering running for the Legislature. And I will encourage everyone I know to run as well if this Genderless Marriage Bill goes through.

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My verbiage may not have the usual political slickness, but my heart had been awakened - I am an American citizen and I want the chance to vote by referendum on the future of my state. How wonderful about possibly 700 new jobs as a result of the gay marriage bill - what kind of jobs? I doubt they are the kind of jobs that my kids can graduate from UVM and jump into to make a good living for their futures in Vermont. Those are the kinds of jobs our Legislature should be creating.

This bill has big holes. How about protecting the rights of the churches that choose NOT to do genderless marriages? But my biggest problem is that the Legislature would take the right to vote on my future away from me.

Diane Page, Cambridge

Sunshine quilts donated to Copley Hospital Birthing Center



Caption for photo: Last week, Anita Robert and Joyce LaRow of Common Threads Quilt Guild delivered five "Sunshine Quilts" to Copley Hospital's Birthing Center. Throughout the year Guild members work on quilts that benefit organizations in Lamoille County - Copley is proud to be one of their recipients. Unlike the quilts that are given out to newborns, these quilts add a special touch to each patient room on the Birthing unit. Pictured in one of the rooms with a new quilt are (l to r) include Anita Robert, Birthing Center Manager Lorrie Dupuis, Joyce LaRow and nurses Marena Degiorgis and Dacia Rockwood. Other areas within the hospital to receive quilts include the Center for Outpatient Services (ACU) and the Sleep Lab.

PHOTO CONTRIBUTED

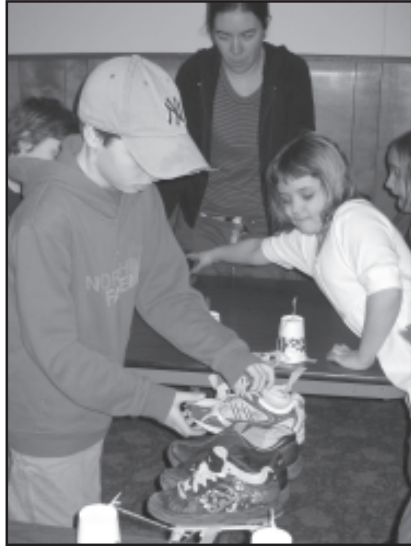
4-H CLUB NEWS

4-H offers enrichment opportunities for youth

The University of Vermont Extension 4-H has several opportunities available for youth to get engaged in hands-on learning, make new friends, have fun, and learn skills that will last a lifetime.

Our 4-H clubs are a great way to give your child what we call the Essential Elements of Positive Youth Development: belonging, mastery, independence, and generosity. 4-H clubs in Lamoille County do a variety of projects: horse, dairy, shooting sports, outdoor adventures, animals, crafts, cooking, community service, gardening, and much, much more! And as youth get older, 4-H has a lot of leadership opportunities available for them at the state and national levels.

4-H also offers specialized, short-term programs, and youth do



4-H Super Science Saturday participant Ian Booth of Morrisville tests the strength of the bridge his group constructed.

PHOTO CONTRIBUTED

Vermont campus at the end of June.

To learn more about 4-H programs in Lamoille County please call the 4-H Office at 888-4972 or email lauren.traister@uvm.edu. Or come check out what 4-H does at our annual Spring Showcase. This year's event will take place on Saturday, April 18 at Peoples Academy from 9:30 AM – 2:00 PM. 4-H members from Lamoille, Orleans, Essex and Caledonia counties will compete in posters, tabletop exhibits, action exhibits, stage presentations, fashion revue, photography, technology, public speaking, and demonstrations. Top placers from this event in each category get to compete at the 4-H State Day in May.

New 4-H horse club starting soon

The University of Vermont Extension 4-H program, together with 4-H Volunteer Leaders Michelle Karlebach, Karen Willett, and Suzanne Kempe, are offering area youth the opportunity to learn about horses. The club is open to youth ages 8-19, and youth do not need to own a horse to belong to this club.

If you are interested in learning more about this new 4-H club, then come to an informational meeting on Monday, April 13 at 6:00 PM at Rydervale Stables, just off Rt. 100 behind the North Country Animal League.

For more information or directions, please contact Lauren Traister, 4-H Educator, at 888-4972 x 103 or lauren.traister@uvm.edu or Volunteer Leader Suzanne Kempe at 888-3589.

CESU meetings

Tuesday, April 7, Underhill Central School Board meeting, 6:30 PM at UCS.

Wednesday, April 8, Jericho School Board meeting, 7:00 PM at JES.

Thursday, April 9, MMU School Board meeting, 7:30 PM at CHMS.

Monday, April 13, MMU Curriculum Committee meeting, 6:30 PM at the Central Office, Richmond Town Center.

TEXAS HOLD'EM Tournament

Sun. April 19

Eagles Club

Route 109, Jeffersonville

\$60.00 one-time buy-in

One additional buy-in allowed 1st hour.

Limited Seating

Must be at least 18 to attend

Pre-register by calling 644-2490

Registration at door 8-9:30 AM

Games Begin at 10 AM

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SCOUTING NEWS

Pack 621 enjoys Pinewood Derby



Cub Scout Pack 621 held their annual Pine Wood Derby. PHOTO CONTRIBUTED

Cub Scout Pack 621 has had a very busy month! The Webelos den visited Snowflake Chocolates and got a behind the scenes tour in early March. On March 13 the Pack had its annual Pinewood Derby Race. Top finishers in the race from each den were: Tiger den: first place - Michael Dix, second place - Chieftan Calacci, third place - Patrick Allen; Wolf den: first place - Bobby Merena, second place - Logan Kenny, third place - Brian Redmond; Bear den: first place - Ryan Luitjens, second place - Silas Hallock, third place - William Dix; Webelos den: first place - Jamie Dionne, second place - Jacob Wechsler, third place - Jack Leach.

The top three finishers from each den now move on to a regional competition to be held at the fairgrounds in Essex.

Every year siblings of the Scouts are allowed to build cars and compete in their own race. Often an older brother or a parent (with an inner child screaming to escape) builds a car that outperforms the Cub Scouts'. This year for the first time the fastest car, out of a field of 35 cars in competition, belonged to the younger sister of a Scout. Meghan Leach had the overall fastest car followed by two more sisters of Scouts, Amy Merena and Samantha Luitjens.

The Webelos den then helped at the Jericho Food Shelf on March 19. The boys spent about an hour and a half assisting with set up and preparation.

On March 24 the Pack attended the Harlem Globetrotters game in Burlington, which included a special pre-game meeting with four of the players. Including parents and siblings, the Pack had 75 people at the game.

Amidst of all that excitement the boys are also already planning for summer camp.

For more information about Jericho Cub Scout Pack 621, go to <http://pack621.us>.

Good Shepherd preschool community enjoyed annual spring auction



On Saturday, March 21 Good Shepherd Preschool held its annual spring auction to raise money for the preschool. The auction was held at the Jericho Community Center and thankfully it was a beautiful spring day. Along with a wonderful array of items to bid on in silent and live auctions, everyone attending had the joy of listening to local musician Derek Burkins, enjoying pizza from Hoagie's Pizza and tasting some delicious treats brought in by Good Shepherd Preschool families.

Good Shepherd Preschool would like to thank the following: Louise and Mauricio Rosales for donating their auctioneering service and expertise to the event, Derek Burkins for his musical talent and leadership, Julie Riddell and Nicole Shattuck for all their hard work, The Village Cup and Brown & Jenkins for their coffee donations, and all the businesses and people who donated their services and products for the auctions' line-up. And to the Good Shepherd families, past and present, for your hard work, generous donations and unwavering support, a special thank you.

The auction was a success but more importantly it was a wonderful community event, bringing old and new friends together for a fun Saturday night out. Good Shepherd Preschool would like to thank all those attending and to all those that made this auction happen, you know who you are, with your continued support and generosity for Good Shepherd Preschool we can continue to bring a love of learning to future generations.

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BROWNS RIVER MIDDLE SCHOOL NEWS

April 6-10 is Financial Literacy Week, the aim of which is to help students understand personal finance concepts, see the importance of financial planning and become informed citizens, consumers, and investors. Important concepts, especially for these times! Ms. Rita LaPier, grade 5 teacher; Ms. Joyce Babbitt, BRMS librarian; and Ms. Stacey Griffiths, Merchants Bank (and former BRMS student) have been busy organizing events for this week and next. For each day of the week, approximately 15 minutes per day will be devoted to "Money Talks" concepts. On Monday, the topic will be "Wants vs. Needs." On Tuesday, the topic will be "Debt." On Wednesday, the topic will be "Savings"; on Thursday, the topic will be "Compound Interest" and on Friday, the topic will be "Charity."

In addition, students are invited to enter two essay contests. The "Debt Essay Contest" is sponsored by Northwestern Mutual and asks the students to write about the question: "How is debt a problem today and how can young people provide financial solutions?" The "Spending Essay Contest" is sponsored by the Merchants Bank and encourages students to write about this question: "When spending your money, how do you decide between wants versus needs?" Winners of the essay contests will be announced during a special follow-up panel discussion on Wednesday, April 15 in our library. There will be two sessions: grades 5/6 at 1:00 – 1:30 PM and grades 7/8 at 1:30 – 2:00 PM. Parents are invited and encouraged to come with their own questions about financial literacy.

We are very proud of Emma Phalen, BRMS 6th grader on the Supernova Team. Emma has been chosen to be this year's Ambassador for the March of Dimes. Emma has been fundraising for the March of Dimes for three years and participates in the yearly March for Babies. This year she will be giving speeches, making appearances, and doing TV and radio spots. This year the March for Babies is May 2 and Emma is organizing a team to march with her. Her team is called BRMS and you can get more information by checking out her web page at www.marchforbabies.org/emmaphalen. In order to support Emma, the school is organizing and participating in a number of activities the week of April 6, starting with a short assembly and presentation to our 5th and 6th graders by Roger Clapp, the state March of Dimes Director. During that same week, Emma will be available in front of our office area before school to distribute information about the March for Babies and encourage students to sign up via her web page. We will also be conducting a team challenge to see which team can raise the most money in contributions for this endeavor. We invite you to join us in supporting Emma.

On Monday, April 13 at 6:30 PM there will be a presentation in our library for parents and other interested adult community members, on Internet and Online Safety. Gary Kessler from the Vermont Internet Crimes against Children Task Force and Champlain College is the presenter. The focus question for the evening is "Is there a digital divide between you and your kids?" This promises to be an informative evening and we encourage you to come.

Family Karaoke Night is happening on Saturday, April 4 at 5:30 PM in our cafeteria. Admission is \$3 per person or \$10 per family and there will be hot dogs, veggies, popcorn and baked goods for sale. We will also be accepting donations for the local food shelf that evening. Proceeds from this night will go to benefit the BRMS playground fund. We are grateful to Diane DeRuyck and Beth Lewis for organizing this fun event. Please come. It will be a great family night out.

The 5th-8th grade Student Voice is producing a new radio station that will operate during student lunch times in the corner of the cafeteria. Student D.J.s are hosting the shows and the radio's programming is supervised by Mr. Martin, BRMS school counselor. Thank you, Mr. Martin, for heading up this new student initiative.

Baseball and softball tryouts are beginning. There will be an informational meeting for baseball on Monday, April 6 after school in Mr. Warren's classroom, with tryouts scheduled the next Tuesday, Wednesday, and Thursday afternoons. Signups for softball for grades 6-8 will occur April 1-3, with an informational meeting on April 6 from 3:00 – 4:00 PM. Practice begins on April 7.

Browns MRS visits Ronald McDonald House

On February 7, seven members of the Browns River Middle School Community Service Team visited the Ronald McDonald House in Burlington and prepared two meals, complete with salad and dessert, for the guests who enjoy the facilities of this special home. The Ronald McDonald House provides lodging for those families who have children being treated at the Children's Hospital at Fletcher Allen. It was a great afternoon and the students' efforts were appreciated by both the staff and lodgers who enjoyed a cookie or two as the kids prepared the meals. The following students participated in this event: Ethan Speir, Martha Toolin, Annalee Beaulieu, Tessa Harrington, Jaya Puglise, Liz Cummings, and Ceiliah Peden-Spear.

Cambridge 3rd graders receive dictionaries from Rotary



Cambridge Area Rotary President Chuck Hogan and Rotary members Annie Rheau and Tricia Hogan presented dictionaries to the Cambridge Elementary School 3rd grade class. They will also be distributing dictionaries to the 3rd graders in Waterville and Fletcher. This is part of Rotary's commitment to literacy. PHOTO CONTRIBUTED

Vermont Commons School to hold open house

Vermont Commons School will host an Open House at 1:00 PM on Sunday, April 5. The school's campus is located at 75 Green Mountain Drive in South Burlington, behind GE. The school, founded in 1997, has an enrollment of 96 students in grades 7 – 12. The average class size is 12. VCS is a college preparatory day school known for its rigorous academic program and innovative curriculum that integrates environmental stewardship and community service at all grade levels.

Families interested in attending the Vermont Commons Open House on April 5 should RSVP by calling Sarah Soule, Director of Admissions and College Counseling, at 865-8084 ext. 27.

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— from a letter written by a parent of a new VCS student

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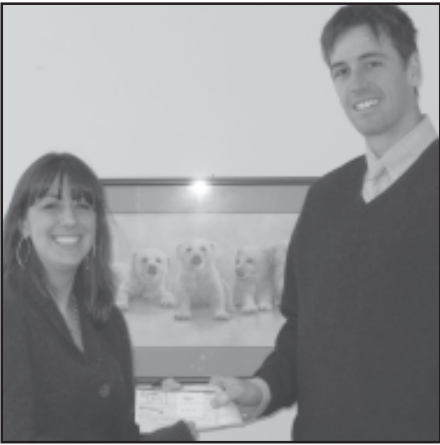
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Please contact us to RSVP or schedule a visit:
865-8084
info@vermontcommons.org

Morrisville Rotary donates to United Way of Lamoille County




Nichole Gilbert, Special Events Coordinator for the United Way of Lamoille County, gladly accepts a handful of checks from Tim Sargent. Tim and the Morrisville Rotary Club coordinated the Polar Plunge held at Lake Elmore in January, which raised nearly \$6,000 for


transitional housing needs in our community.
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Babe Ruth League to hold sign-up

Anyone living in the Mount Mansfield District School District interested in playing 13-15 year old Babe Ruth Baseball this summer should contact Barry Spencer at 434-3766. Deadline for sign-up is April 20.

Mansfield Bill Koch Ski Club season roundup

It was a magical winter for over 100 area youth who participated in the Mansfield Bill Koch Cross Country ski season. Each week from December through March, children ranging in age from 5 to 13 gathered at Hamill's Touring Center in Underhill to learn ski techniques, play games and enjoy what winter in Vermont has to offer, lots of play in the snow.

Involved in the program, parent volunteers coached, encouraged, set up obstacle courses, planned a field trip to Craftsbury Nordic Center, laid out mini marathon and slalom courses, and prepared gallons of hot chocolate to ward off chills.

Classes included recreational, adventure and race skiers. A typical lesson began with a group warm-up game, then ability grouping for technique coaching, and finished with relays of mixed abilities. Early arrivers and late stayers tested their skills on the half pipe, ski jumps, and "triple kid" jumping skis.

Highlights of the season were the "doughnut day" and the pot-luck and award day at the conclusion of the season. Ten of the racing group participated in the New England Bill Koch Festival held at Notchview Nordic Center in Massachusetts, where two of the Mansfield Club racers were the New England champions.

This is an exciting winter activity and offers children the opportunity to learn an activity that can be "played" for a lifetime. Equipment can be leased for the season through the club, which will gladly accept donations of skis, poles and boots in good condition. Call Jane Banks for pick up.

Until next winter...ski ya!

Middlebury Maple Runners to race

Right in the midst of sweet maple syrup country, a Middlebury-based committee is hosting a half-marathon that they hope will become a long-distance favorite for runners from throughout New England to participate in year after year.

"We're hoping for 150 to 200 racers this first year," said race director Andy Weinberg, "and we can imagine it drawing two or three times that in future years."

Called the "Middlebury Maple Run — The Sweetest Half," the name is a reference to the best maple syrup and sweetest half-marathon in the country, and for good reason. Not only will the course weave through the heart of this quintessential New England town and trek along its rural roads past a covered bridge, the Morgan Horse Farm and back into town via Sheep Farm Road, it will also pass through the heart of the Middlebury College campus — one of the most scenic college campuses in the country.

The 13.1-mile course is USATF certified. The race kicks off at 9:00 AM on Sunday, April 26. Registration will not be allowed race day morning.

Weinberg, who is also the assistant swim coach at Middlebury College, said more than 120 racers have pre-registered as of mid-March.

The entry fee is \$50 after April 1, and entries will be accepted until the day of the race. Those who register before April 15 will receive a free T-shirt. The committee has put on the race partly as a benefit — a portion of the race's proceeds will be donated to the Cystic Fibrosis Foundation.

One of the appeals of the race, Weinberg said, is its timing. "If I were looking to run competitively in the spring, I'd want to start with a half-marathon," he said, "and this race provides that with plenty of time to recuperate for the Vermont City Marathon or others held during the summer."

More information and a link to online registration are available at www.middleburymaplerun.com and at aweinberg@middlebury.edu or by calling Andy at 1-309-642-2230.

Browns River Middle School boys basketball

The BRMS boys' basketball A Team was coached by Keith Fitzpatrick. Another successful season for the team concluded on February 2 with a win over Essex Middle School. That win brought the A team record to 13-2, and 28-2 over the past two seasons. This year the Raiders stepped up the defensive intensity, using a full-court man-to-man press that few teams could overcome. Add to that a team with many outside shooting threats (Alec Carew and Nate Rohrer were especially dangerous) and a dominant interior defender and rebounder in Roshi Brooklyn, and what was created was a team that was fun to watch and difficult to stop. Considering last year's undefeated team, this year's team that lost only twice, and this year's B team's one loss, it's easy to imagine that the Mount Mansfield basketball program will be doing quite well in the future.

The boys' B Team was coached by A.J. Bugbee and finished a great season with 10 wins and 1 loss. The team averaged over 40 points a game, many of those points coming through great passes and hard-working second chance points off of rebounds. On defense, the team gave up a remarkable 22 points a game on average. This was due to hard work by all of the players on defense. This year the team goals were to get better on defense, learn more about how to score on offense, and become a productive team. The team's only loss was to Lamoille in a hard fought game that came down to the last few seconds. Later this year, the boys showed how far they had come by putting that loss behind them and winning their second game with Lamoille by more than 10 points. Overall, everyone participated in making this a great season.

Thanks go out to all A and B Team parents for their encouragement and support throughout the season.

Browns River Middle School basketball

The BRMS girls' basketball A Team was coached by John Pedrin and had a productive season, competing in every game and improving throughout. They battled in every contest, worked hard from buzzer to buzzer, remained positive, and had fun. Even though the Raiders were low on numbers, they were high in spirit. This team was a class act, on and off the court. This year's team was Shelby Van Winkle, Christine Hallock, Meaghan Hughes, Danielle Lawhorn, Andrea Duncan, Becky Pockrus, Ellyze Zelazny, Marina Bowie, and Ellie Penfield-Cyr.

The 2008-2009 BRMS girls' B basketball team was coached by Jerry Tevaras and enjoyed a very successful season. Although short in numbers, the girls played with tremendous enthusiasm and determination. The pre-season goals of learning more about the game, having fun, and being competitive in all our games were all met. The girls had three victories, the most exciting being a season ending "come-from-behind" victory over Edmunds Middle School. This year's team was Elena Rosebrough, Tatum Main, Allison Lynch, Rebecca Repoz, and Acadia Dinardo. Thanks go to Elly Zelazny and Becky Pockrus, "A" team members, for making themselves available for games.

Thanks go out to all A and B Team parents for their encouragement and support throughout the season.

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For the love of the game

Coach Bob Slayton says good-bye to MMU baseball after 33 years

By Richard Mindell
Special to the Mountain Gazette

MMU varsity baseball won't be the same anymore, now that Bob Slayton has retired as head coach after 33 years at the helm of this highly successful and respected program. New head coach Brian Chandler will take over the team when the 2009 season starts on April 6. Mr. Slayton will stay on as a Latin teacher at the high school.

Mr. Slayton came to MMU in 1975, when Gerald Ford was president and a gallon of gas cost 36 cents. He had worked for less than a full season as interim varsity coach at Hazen High School in 1974 after coaching the Hazen J.V. team for two seasons. In 1975 he was hired to teach Latin and bring varsity baseball to MMU. In the 33 years he has been at the school, Coach Slayton has racked up 356 wins, four State Championships and numerous conference titles. Coach Slayton was named Metro Division Coach of the year seven times. His 1998 MMU team was the first Vermont high school baseball team to go undefeated for a full season.

But more important than the wins and the championships and the awards, Coach Slayton has touched the hearts of hundreds of kids who have had the opportunity and the privilege to play baseball for him or have him as a teacher in the classroom.

Coach Slayton was a self-admitted "no-hit, good field" third baseman for Stowe high school in the mid-1960's. But it was a half-dozen years before high school in the Stowe Little League that the youngster developed a love affair with the nation's pastime, and a dedication to fundamentals as an approach to life.

Mr. Slayton's first coaching experience came as a Stowe Little League coach while he was a senior in high school. It was an eye-opening experience. "I discovered I loved the kids and I loved baseball strategy," the coach said. The experience also taught Coach Slayton how important it was to nurture his players as much as teach them. "Some of the kids were so nervous they would throw up before the games. That's when I realized how difficult it was to teach kids." It was also when Coach Slayton began to form his own coaching, and teaching, philosophy. "I discovered a happy player plays better," he said, before pausing. "I believe a happy student learns better, too."

So coach and teacher Bob Slayton decided to stress humor as well as the importance of fundamentals in his coaching style and in the classroom as well. "Latin and baseball are similar," he points out. "You have to master the fundamentals if you are going to succeed at either one." Apparently that philosophy has worked well for him, given the success he has had in both arenas. Teacher Bob Slayton was named Vermont Teacher of the Year in 1983 and his students have fared exceptionally well in the Latin Day Competition held annually in Vermont, finishing first in the competition 15 times during his tenure at MMU.

Mr. Slayton cites his own experiences as a youngster in the Stowe Little League and at Stowe High School as the main reason he has been able to motivate his students to learn in the classroom and to teach his players to succeed on the diamond. "We learn equally from good teachers (and coaches) as we do from bad teachers (and coaches). We learn what to do from good teachers and we learn what not to do from bad teachers."

Doing what he loves to do has proven to be a formula for success and happiness for Coach Slayton, both coaching baseball and teaching in the classroom, and it is the primary reason he has been able to dedicate himself tirelessly to his work and to his students and his players, for thirty three years. But the coach was quick to point out that he was not alone in building his career at MMU and in being able to follow his dream. "The reason I've been able to do this for so long is my wife, Linda, who took every burden upon herself so I could do what I love. Without her, I never could have done that."

Despite his love for the game and for his players, Mr. Slayton has no regrets about retiring as baseball coach at MMU after more than three decades. "It's been a wonderful experience," he said. "I'll miss coaching, I love the game and I love the kids, but I'm fine with it. I'm ready. I have a six-month old grandson, I've done what I set out to do, I've done what I love. I have no regrets. I'm ready."

Now if we could all say that...

MMU's Travis Garrett Wins Second Straight Wrestling Title

MMU's Travis Garrett won his second consecutive Vermont State Wrestling Championship in the 145-pound division in the Vermont State High School Wrestling Championships last week. Kyle Beane (2nd), Pasqual Perrotte (3rd), Rick Sawyer (4th) and Trevor Morril (6th) also placed in their respective weight classes in the event.

Local Athletes Help Vermont Win Nordic Championship

Vermont high school kids won the TD Banknorth Eastern High School Nordic Ski Championships, held last week in Rangeley Lakes, Maine, thanks to several sterling performances from our local skiers. Vermont won the event by a wide margin over teams from the rest of New England and New York State. Maine finished a distant second behind Vermont, followed by New Hampshire, Massachusetts and New York.

MMU skiers Emily Stitt, Peter Hegman, Max Ebanstein, Jared Supple and David Bernstein excelled in the individual events. Jericho's Skyler Davis, who attends the Stratton Mountain School, finished second overall in the individual competition for boys.

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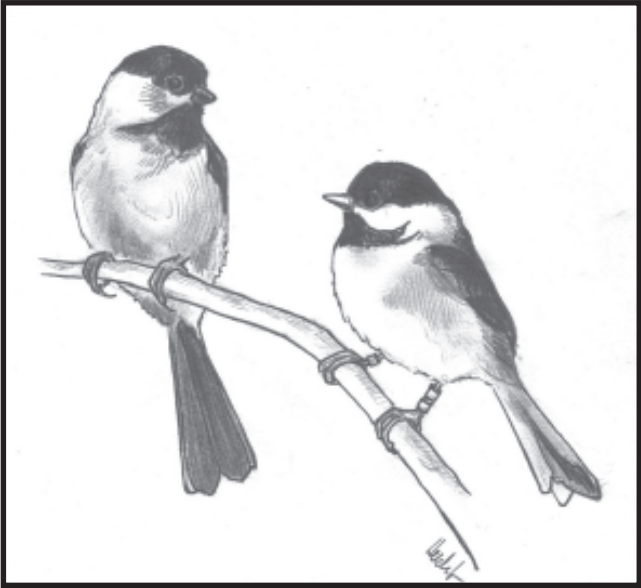


Illustration by Heidi Lyon.

Black-capped chickadee Banding: A citizen science based population study at Jericho Research Forest.

Heidi Lyon and Stacey Monahan

Do you like birds...well so do we! We are two students at the University of Vermont working on our senior service learning projects. This project is the base for a long term population study on black-capped chickadees. We are working to establish this project as "citizen-science" based population study in the local Jericho Research Forest and we want your help! By banding the birds with colorful leg bands (which allows each individual to be recognized) we will be able to keep track of their populations, dispersal, survival rate and more.

Community involvement is an integral part of the project, so keep your eyes peeled. Chickadees do not have a large dispersal range, so most backyard sightings will be for homes close to the Jericho Research Forest, but the birds will remain in the forest year round so, if you don't live adjacent to the forest you can still check out the banded population of chickadees and become acquainted with the town forest. If you do spot a bird sitting at your feeder or in the forest you can sign onto <http://www.uvm.edu/envnr/chickadee/> and report your finding!

Also, keep an eye out for our pamphlets around Jericho, which will have more detailed information on why we band birds, what we do with the information, and how to report a re-sight! There will also be a bird banding demonstration day coming up in April (date TBD), so keep an eye out for flyers and come join us and learn how we use mist nets, color bands, and to see chickadees up close and personal. This event is a great learning opportunity for ages young and old, so please come and join us. (Flyers will be distributed through Vermont Family Forest and Vermont Audubon list-serves as well as around town. If you have any questions please feel free to contact us at smonahan@uvm.edu).

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NOTICE OF PUBLIC MEETING

Town of Underhill

Development Review Board (DRB) Site Visit and Hearing

Monday, April 20, 2009 at 6:00 PM

Hearing to be held at the

Underhill Town Hall, Underhill Center, VT

The DRB will hold a preliminary hearing on the application of Isabel Baslow for a 5-lot subdivision of property she owns at 13 Baslow Lane (BS013) in Underhill, Vermont. This property is located in the Rural Residential and Soil & Water Conservation zoning districts. A site visit at this property will be held on Monday, April 20 at 6:00 PM. The hearing will take place immediately following the site visit.

A copy of this application and additional information may be obtained at the Underhill Town Hall. This hearing is open to the public. Pursuant to 24 V.S.A. §§ 4464(a) (1) (C) and 4471(a), participation in these local proceedings is a prerequisite to the right to take any subsequent appeal. If you can not attend the hearing but would still like to exercise your right to be heard, comments may be made in writing prior to the hearing and mailed to: Zoning Administrator, P.O. Box 32 Underhill Center, VT 05490 or to underhillzoning@comcast.net.

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Rockwell continued from page 1

in what Rockwell described as a “bittersweet moment.” Since many students had to get up very early for flights back home, Rockwell stayed up all night saying goodbye to his newfound companions. “I was surprised at how quickly I made friends,” he said, “although I probably shouldn’t have been since we’re from a similar mold. It wasn’t a bunch of nerdy bookworms, but normal people with a healthy interest in government. I really liked that.”

Rockwell has received a number of awards and accolades during his high school career. He is secretary of the National Honor Society and has been to the Scholar’s Bowl four times, captaining his team for two years. He received the Dartmouth College and St. Lawrence University Book Awards and a certificate of merit in math, not to mention a leadership award for his time on the MMU Men’s and Select Choruses.

Rockwell believes he first got interested in politics during the 2000 election. He was nine years old and remembers writing a letter to Al Gore. His interest increased as the years went by. The mid-term of elections in 2006 really sparked his interest, and by 2008, when Obama ran for president, he was completely hooked. “These days,” he said, “it’s considered healthy for young people to have an interest in government and politics. That’s refreshing. The future is brighter than some people might think. There are smart people out there who are interested in government and want to address important issues.”



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CESU continued from page 1

Salary schedules for the teachers and the ESP have some similarities but differ because of the different jobs in the ESP, such as janitors, bus drivers, aides and secretaries.

Teachers in the supervisory union’s nine schools move up one step on the pay scale for each year of service and receive additional pay for advance degrees or training.

The first three-year support staff contract with the Board expires July 1. Both sides seek another three-year agreement.

Letovsky said the two sides have scheduled two more meetings, April 8 and May 13, each starting at 3:30 p.m. in the CESU central office in Richmond.

He said the Board is waiting to hear from the teachers’ union negotiator Jon Harris about resuming negotiations that have been dormant since early February. Harris said he is waiting for word from the Board.

On Monday, Harris reiterated the teachers’ acceptance of the entire report by Ira Lobell, an Albany, NY, mediator, who proposed several actions to overcome an impasse that has existed between the teachers and the Board since last September.

Lobell urged the two sides to agree on a 4 percent salary increase each year of a three-year contract, to make optional a Board proposal to change its health care plan, and to agree to some changes in the teachers’ flex time.

The Board has offered a 3.75 percent pay increase the first year of a new contract and 3.5 percent each of the following two years. The latest contract between the Board and teachers expired last July 1 and the teachers have been working under the provisions of that old contract.

Harris said the teachers’ union also continues to object to a Board proposal to change the salary schedule which he said would change a schedule agreed upon two years ago. The Board wants teachers to accept a flat dollar amount for each year of service and each new degree or advanced training.

The Board also wanted to make it mandatory that all teachers switch to a new health care plan the Board said would save the teachers and taxpayers \$400,000 a year. It would have a higher deductible, but the Board claims any deductible the teachers are required to pay would be reimbursable.

Harris has maintained Blue Cross/Blue Shield announced it is not increasing its premium costs for next year, so requiring teachers to accept what is known as the BC/BS Comp 1000 plan should be optional. “They (the supervisory union) will save

\$80,000 next year, Harris said.

Letovsky said that because all the school boards in the supervisory union concentrated on getting their budgets passed they had no time to restart negotiations with the teachers.

Vermont National Guard will have a live mortar fire exercise at the Ethan Allen Firing Range on Saturday and Sunday

The Vermont National Guard will be conducting live mortar fire training at the Ethan Allen Firing Range in Jericho/Underhill this Saturday between 8:00 AM and 10:00 PM and Sunday between 10:00 AM and 4:00 PM.

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