

CES Board reorganization

By Katherine Quimby Johnson
Special to the Mountain Gazette

On Wednesday, March 5, one day after Town Meeting, the Cambridge School Board met to re-organize, with Superintendent Terry Bailey running the meeting. Board members Jan Sander, Lisa Viljanen, Nanci Lepsic, and Jeff Coslett welcomed Heather Sheppard, who had been elected at Town Meeting.

After Sander was re-elected chair, Bailey turned the meeting over to her. The Board then elected Coslett as vice-chair and Sheppard as clerk. Sander, Coslett, and Lepsic were chosen as the regular delegates to the LNSU Board, with Sheppard and Viljanen serving as alternates.

Meetings will continue to be the first and third Wednesdays of the month, at 6:30 PM.

Following some discussion about how best to deal with the surplus that voters had declined to

place in a reserve fund, the Board approved a motion “that the total prior year surplus of \$191,884, of which \$65,900 was previously applied to the budget, be used to reduce the amount that needs to be raised by taxes.” \$49,016 remains in the previously approved transportation reserve.

Those additional funds will bring the adjusted tax rate down to \$1.294 from the \$1.303 it would have been had the money gone into a capital reserve fund. The adjusted tax rate reflects the Common Level of Appraisal (CLA) adjustment. For the coming year, Cambridge’s CLA is 102.79%, down from \$112.65% last year.

For the next meeting, the Board requested a report from the Director of Maintenance, Al Young, who has been monitoring what are apparently ongoing moisture problems in the lowest level of the building.

Unlawful trespass in Cambridge

Vermont State Police/Lamoille are investigating an incident that occurred on Sunday, March 16, 2008 at approximately 7:30 AM. A 15 year old juvenile, “KH,” contacted the Vermont State Police because an unidentified male had just entered his residence, located on VT Rt. 15 in Cambridge, without permission. KH told State Police that the adult male, whom he did not know or recognize, was extremely intoxicated and disoriented.

While members of the Vermont State Police were en route to the residence, KH advised the dispatcher that the unidentified male had left the residence and begun to hitchhike. Moments later, he

reported that the man had been picked up by the operator of a red Toyota-type truck and had left the area.

Police attempts to locate the red truck and/or identify the man who unlawfully entered the residence were unsuccessful. The unidentified male was described as being white, approximately 5’4” tall, with “dirty blond” hair, wearing a red sweatshirt and mossy green pants. Anyone with information about the incident and/or the identify of the unidentified male is asked to contact Sgt. Gregory Campbell at the Vermont State Police/Lamoille at 635-7036. (Case #08A101448)

Prescription drug diversion investigations

Recently, there has been media coverage related to the practice of the Vermont State Police (VSP) regarding its prescription drug diversion investigative practices. For many years VSP have investigated crimes involving illegal use of drugs, including illegal dissemination and use of regulated prescription drugs. For about 40 years, Vermont law has permitted law enforcement access to prescription drug records as part of the enforcement of regulated prescription drug laws. During these years, VSP have worked effectively with Vermont pharmacists, as authorized by state law.

During the past year, Vermont has experienced significant increase in crimes associated with the illegal use and dissemination of prescription drugs. This year, Vermont has experienced over 65 deaths related to drug overdose, and expects 85 by December 31, as well as 18 burglaries into pharmacies, veterinarian clinics, and doctors’ offices, and home invasions. To address safety concerns raised by this drug crime and other criminal activity associated with it, Department of Public Safety Commissioner Kerry Sleeper has directed VSP

detectives to be more proactive in investigating prescription drug crimes.

VSP detectives have and will be contacting pharmacists in connection with some of these investigations. Commissioner Sleeper has also directed VSP detectives to review only those pharmaceutical records having a nexus to illegal prescription drug use. VSP do not encourage or support a practice of conducting generalized reviews of pharmaceutical records that bear no association to criminal activity.

Through a newspaper article and local radio news program, it is alleged that three VSP detectives, on three separate occasions, did not follow the department’s investigative directives: specifically, the allegations are that VSP requested Schedule II (painkillers) prescription records from three particular pharmacies without a nexus to specific criminal activity. Such conduct, if true, would not be in violation of state law but would be a deviation from the directive given to VSP by the commissioner of public safety.

Jericho notes of interest

Aquatic Invasive Species Stickers are available at the Jericho Town Clerk’s Office. These stickers will promote public awareness about invasive species. The stickers cost \$10, and in addition to the sticker you will receive a free day pass for two at any Vermont State Park. The money goes directly into a grant-in-aid program that financially supports local efforts to manage infestations and prevent the spread of aquatic invasive species in Vermont.

The Mobbs Committee meets regularly at Town Hall. For information, please contact the Chair of the Committee, Derek Burkins, at mobbscommittee@hotmail.com. The mailing ad-

dress for the Mobbs Committee is P.O. Box 39, Jericho, VT 05465.

Old Mill Park volunteers are needed to remove Japanese knotweed at the Old Mill Park. Groups of four to ten people working together are preferred. To help protect this natural area from an invasive species, contact Amy May, Winooski Valley Park District, at amymay@wvpd.org or call 863-5744. Volunteers are also needed for various park and trail maintenance projects including painting, raking, light trail work, and green up projects. Contact Pamela James, Winooski Valley Park District, pamelajames@wvpd.org or call 863-5744.

Veterans’ travel reimbursement increasing

Senator Bernie Sanders (I-Vt.), a member of the Senate veterans committee, announced on Thursday, January 31 that the U.S. Department of Veterans Affairs raised travel reimbursement rates from 11 cents a mile to 28.5 cents a mile, effective February 1.

The mileage reimbursement rate has not been increased for 30 years. As a member of the veterans committee, Sanders fought for increased funding in the VA budget to make the increase possible.

Sanders said, “At a time when gas prices are

Jericho Elementary School Board

The Jericho Elementary School board is looking for individuals to fill our two vacancies. Serving on the school board is a great way to give back to your community. You don’t need to have a child in the school to serve. If you have any interest please send a letter to Jim Massingham, Superintendent, P.O. Box 282, Richmond, VT 05477. If you would

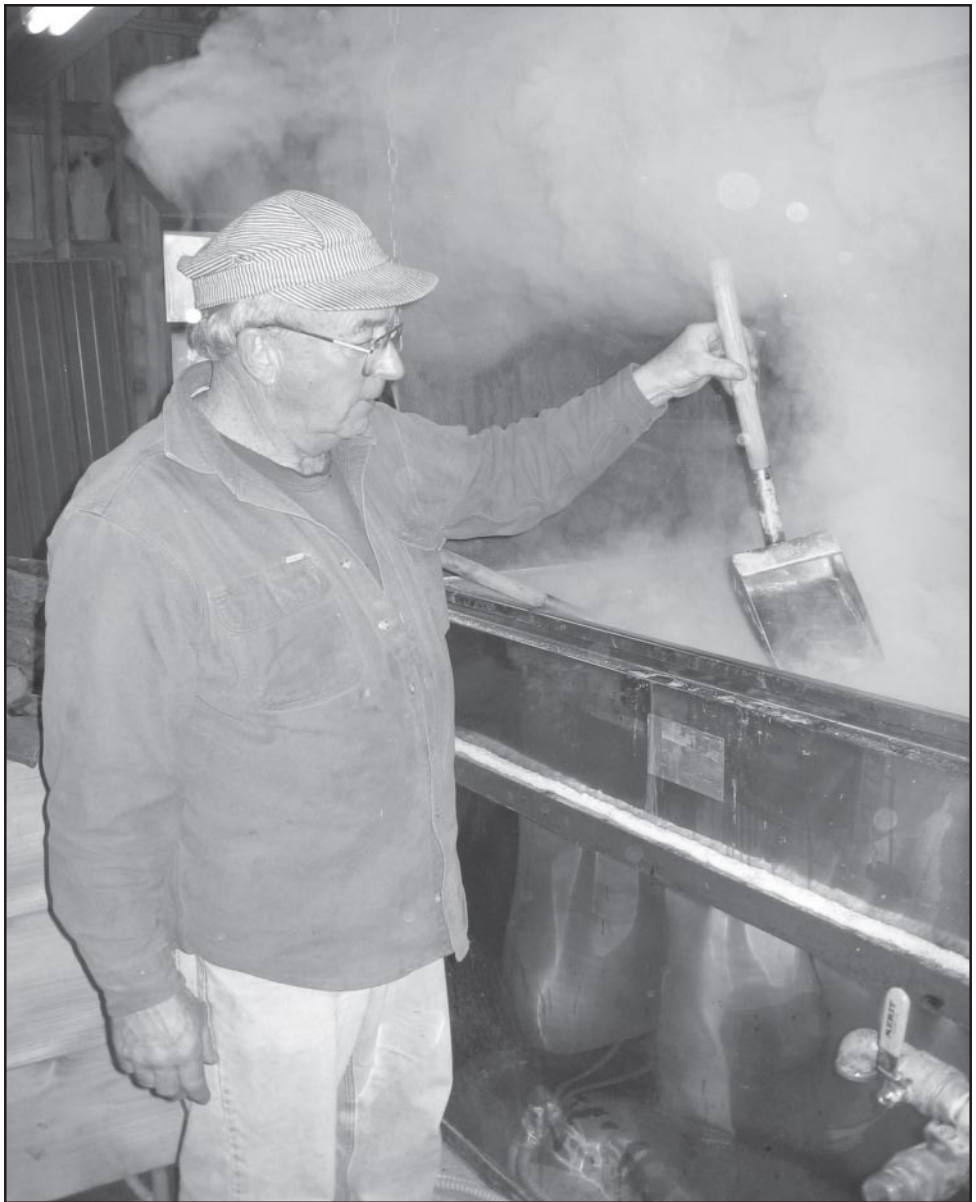
now at \$3.15 a gallon, this increase in the VA’s mileage reimbursement rate is long overdue. The cost of travel should not discourage our veterans from seeking the health care benefits they have earned through their service. In rural states like Vermont, this is an especially important issue.”

Senator Sanders has cosponsored legislation to tie the VA’s reimbursement rate to the rate at which the federal government reimburses its employees for mileage, currently 48.5 cents a mile.

seeks two (not three) members

like to learn more about the board and our activities feel free to contact Karen Glitman, Chair, JES Board, 899-1877, kglitman@comcast.net.

(Correction: the March 6, 2008 edition of the Mountain Gazette wrongly reported that Karen Glitman had resigned from the JES Board. We regret the error.)



Craig Walker of Underhill checks consistency of maple syrup at his sugarhouse.

PHOTO BY TED TEDFORD

Sugaring a sweet job for Craig Walker in Underhill

By Ted Tedford
Special to The Mountain Gazette

Craig Walker checked the status of the sap boiling in the large evaporator in his sugarhouse just up a muddy road from his house. It was close to becoming pure maple syrup and ready to be siphoned off and strained, with some of it going into barrels and some into gallon jugs.

It was late Saturday afternoon and a good day for boiling. “We’ve done about 650 gallons of Fancy and Medium A, so far,” Walker said as steam poured up out of the evaporator and a wood fire burned hot underneath. Fancy and Medium A are the lighter and sometimes most sought-after grades of maple syrup.

Friday and Saturday were good days for the sap to flow from the 7000 taps Walker has on his property and from trees he leases elsewhere. His eight-year-old, 28’x40’ sugarhouse is located up a long muddy driveway off Sand Hill Road.

Sugarmakers, as maple syrup producers are called, like freezing nights and above-freezing days because that’s when the maple sap flows. Without that combination of temperatures over a stretch of six weeks or so, sugarmakers around Vermont face economic disaster. Many dairy farmers rely on the money they receive from the syrup they produce as a sideline to their milk business.

Last year, Walker said he and his crew made 1500 gallons of maple syrup, down by about 300 gallons from the year before when they made “over 1800 gallons.”

“I’m hoping for a good year,” said Walker. He looked skyward. “But it all depends on the weather.” While the start of sugaring has been good, Walker said, he is hoping for a repeat of the best time for sap to run at its greatest – between March 19-26.

The hundreds of sugarmakers in Vermont produce about 350,000 gallons of syrup each year, making this state the largest syrup producer in the country. Only Canada produces more maple syrup than Vermont.

Walker is a third-generation family sugarmaker on Sand Hill Road. His grandfather, Ludwig Walker, began producing maple syrup in the 1920s, just over the hill about a half-mile from the Walker’s home. That sugarhouse burned down in 1927, so Ludwig and his son “Crick” Walker (Craig’s father) built a new one closer to the Sand Hill Road area. That sugarhouse still stands, close the new one.

Craig Walker also gets his sap from trees on the Jerry Aldrich farm on Lower English Settlement Road. Walker said he leases a certain number of taps there. But most of his sap comes from his own sugarbush on Sand Hill, all flowing into the sugarhouse through plastic tubing, the way many syrup makers do it nowadays.

Sugaring is a time-consuming job and sap runs wait for no man. That’s why Walker has a full-time helper and two part-timers. His full-time helper is Chuck Edgerton, and his part-timers are Chris Paley and Josh Morin. Shirley Siple helps out cleaning the equipment and takes care of sales when the Walkers go off for vacation, long after sugaring is finished.

Walker said he sells almost all his syrup at the farmer’s markets in Jericho and Richmond during the summer. He also sells his sweet product at the Underhill Country Store, at Vermont Green Grocers in Richmond, and at Sweet Clover Market, a health food store at Lang Farm in Essex.

Walker retired six years ago after working for Verizon for 31 years. Besides sugaring, he cuts and sells firewood.

Another Underhill sugarmaking operation is run by Dave Sullivan and his son Nate from their family farm on the River Road. Contacted Saturday, Dave Sullivan said they have produced only about 10 gallons of syrup so far. “It’s just not flowing,” he said, talking about his taps on a steep hill above the family home. “It takes time for the trees to warm,” he said. “I’m hoping for some later in the day,” he added. The Sullivans produce about 120 gallons a year.

From the Country Store

By Jon St. Amour
Special to the Mountain Gazette

Like zombies, lately we have been skulking through these last dreary days of winter. When I get up in the morning, I enter into a grueling battle with my body just to get that one leg off the bed and toward my hot shower. After hitting the snooze button six times, my will eventually prevails and I get up. Yet I’m late getting down to the store again, as I have been every day these last two weeks. The cold, dark mornings have been a blight to me and to all of you, yet inevitably, spring will arrive. It is right at our doorstep. What better barometer to tell us when spring is right around the corner than that beautiful waft of skunk stench that envelops the inside of your car when you drive by a splattered carcass by the roadside? It is coming, folks. So to all you zombies that walk through our door every morning, and to me as well, hang in there.

In honor of the coming of spring, my dad, Doug, wants to share another story of bees with all of you. It’s a nice metaphor on the struggles we endure to get through these depressing Vermont winters. Enjoy.



Honey Bees’ Winter Repose
By Doug St. Amour

During our long, cold winters here in Vermont, bears hibernate and squirrels and some rodents undergo a fitful sleep called aestivation. Yet honey bees are awake all winter long in their hives, flapping their wings (actually shivering) in a fitful attempt to stay warm and survive the long winter. In fact, Northern New England/southern Canada is the

northern limit where honey bees can survive. Their winter survival really begins in late summer, as bees are gathering nectar and putting up honey supplies for the winter. A bee keeper must take only the excess honey from a hive each summer, leaving 75 to 100 pounds of honey for the bees to consume during winter.

The queen stops laying eggs in late October and the colony must survive the entire winter, utilizing the excess honey they have stored in late summer and fall. To help keep warm, the bees congregate in one area of the hive and form a loose ball or cluster to stave off the cold. The queen herself is located in the center of this nice, warm cluster, thus ensuring her survival. The cluster that surrounds her consumes honey and flaps their wings furiously to generate heat.

A simple way to tell if your bees are okay during winter is by putting your ear up against a hive. If all is well, you will hear them buzzing inside. It’s music to a beekeeper’s ear.

As the winter progresses, the cluster slowly moves around the hive, consuming honey as it moves. During prolonged, very cold periods the bees cannot move and must rely on the honey in the immediate area. If cold periods are too long, the cluster cannot move and consumes all the nearby honey, thereby starving to death. Honey may only be two inches away, but two inches might as well be two miles. Halted by a cold roadblock, the cluster cannot physically move to the area with honey.

Not all bees survive the winter. The older bees may succumb first, but young bees born in late fall tend to survive. As the winter wears on, more and more bees die off and slowly fall to the bottom of the hive. It is a race against time. Honey is being consumed but bees are slowly dying. The hive wills itself to endure, to ensure its survival. They know that when spring arrives there must be a healthy queen and enough bees alive to begin foraging for nectar in May. In anticipation of spring, the queen will begin laying a few eggs in late February. If all goes well, by the first of May the hive is full of activity and eagerly awaiting the first blooms of spring – maple flowers and dandelions.

So be thankful that you have had a nice warm bed to sleep in during these past few months. Spring is right around the corner, and perhaps our honeybees have been looking forward to it more than us. After all, they’ve been hard at work eating honey 24 hours a day and shivering just to survive. Soon, this year’s honey will be on the counter, and you’ll know how much spring means to us all.

Westford Farmers Market to meet, organize for spring

The Westford Farmers’ Market is having a planning meeting Thursday, April 3 at 6:30 PM in the Westford Library, on VT Rt. 128 on the Westford Town Common.

All who are interested are welcome to come – call 878-7405 for more information.

A Look Around Town

Find us online at mountaingazetteofvermont.com
By Brenda Boutin and Sara Riley
Mountain Gazette staff

Driving in Jericho is just as hazardous as Underhill or anywhere in our communities. Shame on you! A young male was driving in his little red car. He was speeding and passing on Browns Trace just south of MMU, right before the stop sign at the junction of Lee River Road and Browns Trace. Don’t enough young people die in this community without someone driving carelessly and recklessly and endangering others on the street?

The *Mountain Gazette* wants to thank all of the readers who have patiently waited for the paper to be back in their mailboxes. We, Brenda and Sara, enjoy bringing it to you. To all who sent kind words by phone, email, mail, or in person, thank you!

“God invented the month of March to show people who don’t drink what a hangover is like,” or so said Garrison Keillor on *A Prairie Home Companion* this week. Well, we take his point, but March is also the month of signs of spring. If you listen, especially when no cars are going by, you can hear the chatter of newly-returned summer birds: starlings, grackles, redwings, and more. Several people have told me of seeing redwing blackbirds and robins, and soaring hawks over Underhill Flats.

The sun – when it’s out – is strong and lasts a longer day, and later too, now that we have “sprung forward” earlier than previous years. And the little solar-powered garden lights, melting up out of the snow, glowing at night, speak of the sun’s power.

And who could help but love that springtime scent of skunk...? And giant clouds of steam, roiling from sugarhouses, portend sweetness to come. Is the full moon on Friday, March 21 called a Sugar Moon?

Spring also stimulates thoughts of the farmers’ markets (and CSAs) to come. To that end, the Westford Farmers’ Market is having a planning meeting Thursday, April 3 at 6:30 PM in the Westford Library, on VT Rt. 128 on the Westford Town Common. All who are interested are welcome to come – call 878-7405 for more information.

Itching to start your own garden? That’s another sign of spring! In protected sunny spots under south walls, and on open south-facing hills and fields, the hardiest plants have started to show growth – especially dandelions and other plants that, later on in the year, we might consider a nuisance. And in perennial beds, there might be a nose or two of flowering bulb, last year’s parsley, lamb’s ear, and more poking up through the mud.

Took the puppy for a walk this weekend, circumnavigating Underhill Flats, a journey that – nominally – has sidewalks the whole way. Along Park St. and Steam Mill Rd., this is no exaggeration: the sidewalks are wide and level. Along VT Rt. 15, it’s another story entirely. Someone at the Jericho Town Meeting, talking about upcoming sidewalk work, referred to them as “dreadful,” which is a completely accurate description. Puppy got mud-drenched, which isn’t supposed to happen on a sidewalk.

On one of Sara’s regular trips to western Massachusetts with newly-certified therapy dog Bonnie, we took a walk past the end of a dead-end street near the city line and discovered a rather pathetic little patch of woods. Being as that was all the woods to be found down there, and since Bonnie could be off-leash for a bit, we took it and were grateful. But pathetic it was, small and hemmed-in and strewn with trash and abandoned (at least for the winter) kids’ toys. So a few days ago when a drive past Casey’s Hill gave the sight of an abandoned tire in the parking lot there, it immediately and with no little dismay brought to mind the littered woods and roadsides in that once-pleasant Massachusetts city...

Can’t wait for Green Up Day.

Fire departments continued from page 2 —

Cambridge Fire Department

By Jason Luneau

EMERGENCY CALLS

Thursday, January 31, 12:30 PM – Responded to 9522 VT Rt. 15, Jeffersonville, for a reported carbon monoxide alarm activation.

Saturday, February 2, 1:59 AM – Responded to VT Rt. 15, Cambridge Village, for a reported one-car motor vehicle accident.

Saturday, February 2, 6:30 AM – Responded to the intersection of the Lower and Upper Valley Rds., Cambridge, for a reported motor vehicle accident.

Saturday, February 2, 11:32 PM – Responded to the woods adjacent to Bryce Road, Cambridge, for a reported lost hiker.

Monday, February 4, 6:02 PM – Responded to Smugglers’ Notch Resort Sledding Hill, Jeffersonville, for a reported propane leak.

Saturday, February 9, 6:30 AM – Automatic fire alarm, Smugglers’ Notch Resort Aspen Condominiums, Jeffersonville.

Saturday, February 9, 9:35 PM – Automatic fire alarm, Smugglers’ Notch Resort Slope Side Condominiums, Jeffersonville.

Saturday, February 9, 11:05 AM – Responded to 1426 Pond Rd., Fletcher, for a reported chimney fire.

Sunday, February 10, 11:33 AM – Responded to VT Rt. 108 S, Grist Mill Hill Rd., Jeffersonville, for a reported multi-car motor vehicle accident.

Sunday, February 10, 12:45 PM – Responded to the intersection of Pratt Rd. and VT Rt. 108 S for a reported motor vehicle accident.

Monday, February 11, 9:27 AM – Automatic fire alarm, Smugglers’ Notch Resort Balsams Condominiums, Jeffersonville.

Wednesday, February 13, 1:40 PM – Automatic fire alarm, Smugglers’ Notch Resort Mountain View Condominiums, Jeffersonville.

Thursday, February 14, 8:47 AM – Automatic fire alarm, Smugglers’ Notch Resort Mountain View Condominiums, Jeffersonville.

Thursday, February 14, 9:00 AM – Automatic fire alarm, Smugglers’ Notch Resort Mountain View Condominiums, Jeffersonville.

Saturday, February 16, 12:13 AM – Automatic fire alarm, Smugglers’ Notch Resort Mountain View Condominiums, Jeffersonville.

Saturday, February 16, 11:45 PM – Automatic fire alarm, Smugglers’ Notch Resort Mountain View Condominiums, Jeffersonville.

Sunday, February 17, 12:10 AM – Automatic fire alarm, Smugglers’ Notch Resort Mountain View Condominiums, Jeffersonville.

Sunday, February 17, 9:48 PM – Responded to VT Rt. 15 near Windy Hill Rd., Jeffersonville, for a reported motor vehicle accident.

Friday, February 22, 4:13 PM – Responded to VT Rt. 15 for a reported motor vehicle accident.

Saturday, February 23, 12:19 PM – Responded to Smugglers’ Notch Resort Base Lodge, Jeffersonville, for a motor vehicle fire.

Saturday, February 23, 3:47 PM – Automatic fire alarm, Smugglers’ Notch Resort Evergreen Condominiums, Jeffersonville.

Saturday, February 23, 6:02 PM – Automatic fire alarm, Smugglers’ Notch Resort Willows Condominiums, Jeffersonville.

Saturday, March 1, 12:10 AM – Responded to VT Rt. 108 N, Bakersfield, mutual aid for a structure fire.

Saturday, March 1, 1:55 PM – Automatic fire alarm, Smugglers’ Notch Resort Countryside Condominiums, Jeffersonville.

Sunday, March 2, 8:15 PM – Responded with the Haz-Mat De-Con trailer to VT Rt. 15, Morrisville, for a reported gasoline leak.

Monday, March 3, 11:15 AM – Responded to VT Rt. 108 N, Jeffersonville, for a reported motor vehicle accident.

Monday, March 3, 12:07 PM – Responded to Hogback Rd., Jeffersonville, for a reported motor vehicle accident.

Monday, March 3, 7:37 PM – Automatic fire alarm, Smugglers’ Notch Resort Evergreen Condominiums, Jeffersonville.

Wednesday, March 5, 9:00 AM – Responded to 1869 Stebbins Rd., Jeffersonville, for a reported chimney fire.

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Eggs Cooked to Order
Omelets Cooked to Order
Baked Ham Carved to Order
Sausage Gravy
Corned Beef Hash
Homefries
Bacon
Sausage Links
Sausage Patties
French Toast
Fruit Filled Pancakes
Assorted Juices
Assorted Pastries
Fresh Fruit

Adults
\$8.95

Children
\$4.95

DINNER BUFFET 12:30-5:00 All You Can Eat

**BAKED HAM
ROAST TURKEY
ROAST BEEF**
Above Carved to Order
**Baked Haddock, Seafood Newburg
Baked Ziti, Chicken Wings
Rice Pilaf, Red Roasted Potatoes
Fresh Mixed Vegetables
Corn Bread Stuffing
Gravies, Salad Bar
Homemade Bread**
Choice of Desserts

Adults
\$13.95

Children
\$5.95

DINNER SPECIALS 12-8 PM Served with Salad Bar Choice of Potato or Pasta

BAKED VIRGINIA HAM:
with raisin sauce **\$12.95**

ROAST VERMONT TURKEY:
with all the trimmings **\$12.95**

ROAST LEG OF LAMB:
mint jelly **\$13.95**

ROAST PRIME RIB: au jus
Queen Cut **\$13.95**

King Cut **\$15.95**

ART

Shelburne Farms is inviting artists to submit applications to be part of their 21st annual Art Exhibition and Sale, to take place in the Coach Barn at Shelburne Farms from Friday, September 26 through Sunday, October 19. The exhibition/sale highlights the work of artists who interpret primarily the natural and agricultural world onto canvas and paper, and into fiber, wood, and stone. Artists in all mediums are encouraged to apply. Artwork must have been created within the last two years and cannot have been shown in the Burlington, VT area. Submissions are due by Monday, May 16. Application information and applications are available at the website, www.shelburnefarms.org, or contact Holly Brough, hbrough@shelburnefarms.org or 985-0324.

The **Dianne Shullenberger Gallery** will present the seventh annual *Delicious Words* program highlighting local writers, visual artists, musicians, and cooks, at the Snowflake Bentley homestead on Sundays, April 13 and 20. For information including tickets, contact Dianne Shullenberger Gallery, 228 Nashville Rd. Jericho, 899-4993.

Art On The Town, an annual event hosted by the Emile A. Gruppe Gallery and the Dianne Shullenberger Gallery, both in Jericho, will be Sunday April 6, with opening receptions from 2:00 – 5:00 PM. The Gruppe Gallery will feature pastels and watercolors by Janice Solek-Tefft and Kenneth Tefft, March 30-May 11. The Shullenberger Gallery features fiber artist Shianna Kuhn. Emile Gruppe Gallery, 22 Barber Farm Road Jericho; gallery hours 10:00 AM –3:00 PM, Thursday-Sunday, or by appointment; 899-3211. Dianne Shullenberger Gallery, 228 Nashville Rd., Jericho; gallery hours April weekends 12:00 – 4:00 PM, or by appointment, 899-4993.

The Vermont Arts Council (VAC) plans to reprise its 2006 community arts project Palettes of Vermont, this time with **Art Fits Vermont**. VAC will distribute nearly 60,000 wood and paper puzzle pieces to individuals, community organizations, and schools across the state. Puzzle-related events will take place beginning in summer 2008. For more information on Art Fits Vermont, visit www.vermontartscouncil.org.

Rep. Peter Welch is inviting Vermont’s high school art teachers and students to participate in the **27th Annual Congressional Art Competition – An Artistic Discovery**. The winner will be invited to Washington, D.C. and have his or her work displayed at the U.S. Capitol. Student registration forms are due to Welch’s office by March 21, and finalists’ works will be on display at the T.W. Wood Art Gallery in Montpelier beginning April 29. Each school may submit up to five pieces of artwork and interested students should contact their school’s art department. All artwork must be two-dimensional and less than 30”x30”. For more information or to register for the competition, go online to www.welch.house.gov/art, or call (888) 605-7270.

Travels with Ben, watercolors by Ben Stein, will be on display at the Emile Gruppe Gallery in Jericho through March 23. The Emile Gruppe Gallery, 22 Barber Farm Rd., Jericho, 899-3211, emilegruppegallery.com. Open Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment.

Essex Art League presents “Big...Bold...Colorful,” a new ex-



The folks at **Green Apple Antique Center**
are retiring and closing the shop on Saturday, April 12
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A bluegrass concert featuring Lucky Break will take place on Thursday, March 27 at 5:00 PM at Temple Sinai, 500 Swift St., South Burlington. Lucky Break combines the traditional melodies of American bluegrass music with Shabbat Zmirot. The results are beautiful and astounding. This concert is free and open to the public. Donations accepted.

PHOTO CONTRIBUTED

hibit of original artwork a new exhibit at Phoenix Books in the Essex Shoppes and Cinema plaza, with 100+ works of art by the Essex Art League members. All work is available for purchase and will be on display throughout February. For more information, contact 899-6757 or go online to www.essexartleague.com.

International artists **Christopher Griffin and Danilo Gonzalez** are exhibiting new paintings at the West Branch Gallery & Sculpture Park, Stowe. *The Temperature of Color* combines the colorful cultures of North America and Latin America. Griffin and Gonzalez are interested in the human condition, the experiences that color human history and current events alike. West Branch Gallery & Sculpture Park, art@westbranchgallery.com or 253-8943, open Wednesday-Sunday, 11:00 AM – 6:00 PM and by appointment.

Bryan Memorial Gallery presents **Chardin, Cezanne And Bonnard**, a three-day still life painting workshop with Vermont artist **Susan Abbott** Monday-Wednesday, April 14-16. The painting and art history workshop will analyze the very different styles, compositions, and techniques of three great still life masters. All visual arts media are welcome; some prior painting experience required. Abbott’s work is currently on exhibition at Bryan Memorial Gallery in *Objects of Desire: Still Life Paintings*. For more information and/or to register for the workshop, call 644-5100 or visit www.bryangallery.org. Bryan Memorial Gallery, Jeffersonville, hours through April 12: Friday and Saturday, 10:00 AM – 4:00 PM and by appointment. April 17 – May 11: Thursday – Sunday, 10:00 AM – 4:00 PM and by appointment. 644-5100, www.bryangallery.org. Free admission.

On display at the Flour Shop, VT Rt. 15, Underhill, art by **Poker Hill Arts students**, whose card and matted print creations are also being offered for sale – this year, to benefit the Jericho Underhill Park District.

Ancient Beings at Helen Day Art Center in Stowe. A joint exhibit by painter Marina Epstein and painter/sculptor Benjamin Davis with the theme of Greek, Byzantine, Hebrew, and Biblical mythical figures. Through March 22. Helen Day Art Center, School Street,

Stowe, 253-8358, www.helenday.com.

Shelburne Museum has announced its 2008 season, including flower quilts, nine new exhibits, a major show by American Impressionist Mary Cassatt June 21-October 26, and contemporary folk artist Warren Kimble’s first museum retrospective, May 18-October 26. *Art in the Round: Shelburne Museum’s Dentzel Carouse*, the museum’s 1902 carousel in original paint, May 18-October 26. *Design Rewind: The Origins of Innovation* traces contemporary consumer products back to their 18th and 19th century design roots. May 18-October 26. *Benchmarks in Outdoor Furniture Design*, May 18-October 26. *Longoland: It May Be Contagious*, May 18-October 26. *Purse-onality: Handbags with Attitude*, May 18-October 26. *Growing Green* – an exhibit on incorporating plants in contemporary design, May 18-October 26. *Quilts in Bloom: A Bouquet of Textile Art*, May 18-October 26.

MUSIC

Folks who attended the **Tammy Fletcher dance/auction** at Browns River a year ago will remember what a great time was had by all. The fabulous food, great auction items, and above all, the singing and dancing made for a gala evening of fun. So, again the Mount. Mansfield Unitarian/Universalist Fellowship will be sponsoring the very same benefit. It will be held at 6:00 PM, Saturday, April 5 at Browns River Middle School. Cost: \$20. Proceeds will help with the renovation of the recently-purchased barn in Jericho.

The award-winning Quebec folk duo **Tricot Machine** (Catherine Leduc and Matthieu Beaumont) present a concert Thursday, March 20 at 7:00 PM in the McCarthy Arts Center, St. Michael’s College, Colchester.

On Saturday, March 29 at 7:30 PM, St. Michael’s College hosts **a Musical Evening with Karen McFeeters and Friends** in the McCarthy Arts Center on campus. Other Vermont singer/songwriters will be featured. The concert benefits Kids on the Block-VT. Tickets online at www.kidsontheblockvermont.org or by phone, 860-3349.

Community dance at the Waterville Town Hall, 7:00 – 9:00 PM, April 12. Contrasts, squares, circles, play parties, and singing games are featured, and all dances are taught. Bring a partner, your entire family, or come alone. Everyone welcome, including absolute beginners. Mark Sustic, calling and dance instruction. Music by Frank Heyburn and Michele Lajoie with a variety of youth fiddlers, including members of Fiddleheads. Musicians with acoustic instruments are welcome to join in with the band. Donation of \$5 per person and \$10 for families is suggested at the door. Sponsored by the Cambridge Arts Council. For information, 849-696 or mrksustic@together.net.

VSO has unveiled its 2008/2009 season Masterworks series at the Flynn Center in Burlington, including details about the five-concert subscription series, “Music of *Our Time*.” The season includes familiar works, such as Bela Bartók’s Concerto for Orchestra (1943), the Romeo & Juliet Suite (1936) by Sergei Prokofiev, Leonard Bernstein’s West Side Story Symphonic Dances (1960), and the 1945 version of Firebird Suite by Igor Stravinsky. Very recently composed music by Joseph Schwantner (Chasing Light..., 2008), Joan Tower (Purple Rhapsody, 2005), and Richard Danielpour (Rocking the Cradle, 2007) will be performed, along with a commissioned work by David Ludwig (Concerto for Violin, Cello and Orchestra, 2008) and a re-orchestration of Middlebury, VT composer Jorge Martin’s Romance for Orchestra, a work commissioned by the VSO in 1999. Works by Alberto Ginastera, Dmitri Shostakovich, Aaron Copland, George Gershwin, Henry Cowell, Samuel Barber, Benjamin Britten and Paul Hindemith will also be presented. For information, contact the VSO office, (800) VSO-9293 ext. 10, or go online to www.vso.org.

Friday, March 21: **English Country Dance**, 7:00 PM – 9:30 PM, Elley-Long Music Center, Colchester; first, third, and fifth Fridays; live music third Fridays. Contact 899-2378 or valandtom@together.net.

Saturday, March 22: **Gordon Stone Band**, 7:30 PM, On the Rise Bakery, Richmond. Contact www.gordonstone.com.

Tuesdays: Open Mic, 9:00 PM – 11:00 PM, Smuggler’s Notch Inn, Jeffersonville. Contact 644-6765.

Wednesdays: NIPs-West Open Potluck and Songs/Dance Tunes Session, Moshe’s house, Essex; first and third Wednesdays; contact Moshe 879-0876 or www.groups.yahoo.com/NIPS-West. Open Mic, 8:00 PM, the Overtime Saloon, St. Albans; contact www.overtimesaloon.com.

Thursdays: Open Mic, 8:00 PM – midnight, Village Tavern, Jeffersonville.

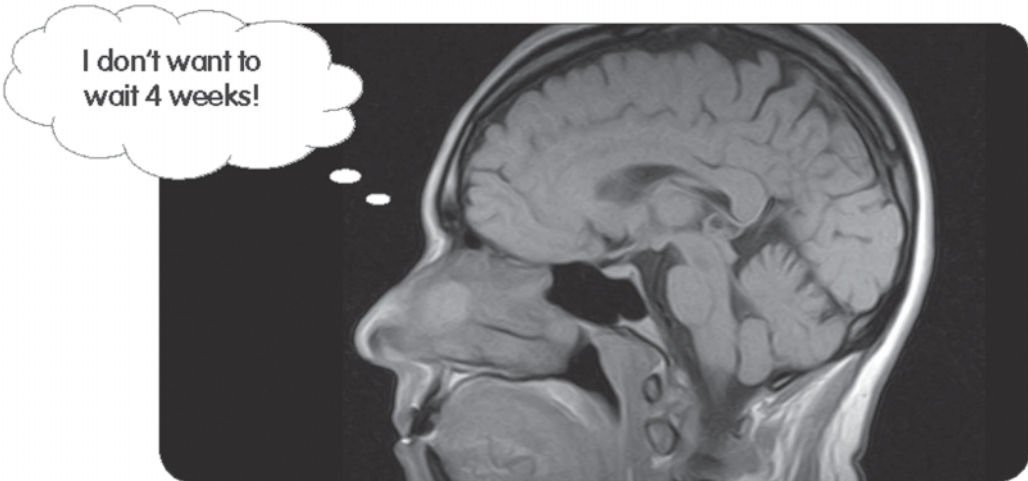
Fridays: **English Country Dance**, 7:00 PM – 9:30 PM, the Elley-Long Music Center, Colchester, first, third, and fifth Fridays through mid-June 2008; live music third Fridays. Contact Val Medve 899-2378 or valandtom@together.net.

Saturdays: Acoustic music session, 1:00 PM – 4:00 PM, the Foothills Bakery, Fairfax. Contact mrksustic@together.net.

THEATRE

Lyric Theatre Company presents Disney’s *Beauty and the Beast* on the Flynn Center MainStage April 10-13. Based on the Academy Award-winning animated feature, the stage version includes all songs from the film and more. Thursday-Saturday, April 10-12, 7:30 PM; Sunday, April 13, 6:00 PM; matinees Saturday-Sunday, April 12-13, 1:00 PM. The Sunday matinee will be audio-described for blind/visually impaired patrons. For more information and tickets, call 86F-LYNN or go online to www.flymntix.org; also at Flynn Regional Box Office, Burlington, or Copy Ship Fax Plus, Essex Junction. Additional information at www.lyrictheatrevt.org, office@lyrictheatrevt.org, or 658-1484.


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Gallery hours April weekends 12-4
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Red Cedar kids take to the woods



Red Cedar kids camped at Butternut Cabin and watched the lunar eclipse. PHOTO CONTRIBUTED

Red Cedar School’s middle and high school students recently took to the woods for three days. The group snowshoed and cross-country skied to a mountainside cabin in Huntington at Sleepy Hollow Ski and Bike Center from February 20-22.

Provisions for the trip were pulled in on sleds. The group camped at Butternut Cabin, staying warm through much vigorous outdoor activity and through the help of a campfire and the cabin’s wood stove. The trip coincided with frigid temperatures, the full moon, and the lunar eclipse. Students watched the stages of the eclipse with the profile of Camel’s Hump silhouetted behind it.

Red Cedar School, a K-12 independent school in Bristol, has a tradition of undertaking wilderness and outdoor adventure trips to grow as a community, and to foster and strengthen students’ relationships with the natural world. Preparation for the trip focused on how to stay warm in the cold and how to work together while camping so that everyone’s needs are met. Each morning and evening on the trip, students and staff spent time reflecting on goals they had set for themselves and the community at the beginning of the year, and what they hope for in the remaining months. Staff also helped students to reflect on their leadership role as older students in a multi-age school. Student Evy Jacobs, a seventh grader from Monkton, stated, “The talks about team building will help me to be a better mentor to the younger kids.” Student Matt Harry, a sophomore from Underhill, said, “I especially liked the challenging perimeter ski some of us did on the second day.” He commented as well, “On trips like this, you have more freedoms but more responsibilities at the same time.”

Teacher Bill Heminway reflected, “For three days we got a taste of what it feels like to live in a close and interdependent group under challenging conditions and thrive.” Details and photos of the trip can be found on the school’s blog at www.redcedarschool.blogspot.com. Information about the school can be found at www.redcedarschool.org.

Pogo Kennels, a place to bark about

By Brenda Boutin
Mountain Gazette staff

Dogs around Jericho and Underhill are all a-bark about Pogo Kennels, owned by Poe Provost. Make an appointment to stop in and introduce yourself and your dog to this incredible experience. Poe greets visitors with a genuine smile and pure joy. It is easy to see that her vocation is truly her avocation.

The kennel sports 8700 square feet of run space divided between four fenced yards. Poe describes one space as the play-yard where she and her children enjoy themselves; a second is used as a timeout or introduction area; another is an area for dogs who are recovering from injury or just want to be alone; and the fourth is connected to her home where overnights can stretch their legs.

Her main building is divided into two spaces: her office, and a large area where dogs roam at will. Very little caging is used in the dogs’ area. Two pullout sofas made up with sheets and pillows provide the perfect place for a nap; large and small curl up together. A third couch (lovingly referred to as the “trouble” couch) is set off to one side along with an overstuffed lounge chair.

Her office where all the dogs get lots of kisses, hugs, and warm blankets.

Walls divide but do not separate Auntie Poe, as she calls herself, from her charges. “I intended to put plexi-glass in the spaces above my half-walls, but I seldom shut the door between the spaces.” She smiles as one dog or another stops by for a pat or a kiss.

“My main goal is to provide a place where dogs can socialize,” Poe declares. “Dogs are like children. You have to learn their body language, be aware of their temperaments, and know when play becomes overtired agitation.

“I interview each potential dog and its owner,” she says. “I introduce the animal to each dog present that day, one-to-one, then slowly add more to the pack to see how they interact.” She says she sometimes has to distract the owner so that she can get a true read on the dog. “Dogs take their cues from the emotional state of the owner,” Poe said. “If they are distressed, so is their pet.”

Marley, a Newfoundland puppy who weighs 90 pounds, loves to play with five-month-old Freyja, a German shorthair pointer who weighs 25 pounds. Gus is always on the watch as to where the puppy is and if she is in need of protection. None of these dogs knew each other before coming to Pogo Kennels. Socialization is the key component to the philosophy of Pogo Kennels.

“I have a double-door setup here in the kennel,” Poe says. “I want every animal to be safe and I watch very carefully for visitors.” Sometimes she leaves the door locked with the key on the outside while she works inside with the animals. “People tend to stop and look around before coming in.”

The kennel can handle up to sixteen dogs. “The most I had is thirteen,” Poe beams. “This has been my dream. I worked three jobs to be able to achieve this.”

Poe is proud to tell the listener that both Dr. Barningham of Mount Mansfield Animal Hospital in Jericho and Dr. Craig Johnston of Cambridge have recommended her kennel to their clients.

Poe is a native of Derby, VT and has a background in early childhood education. She grew up on a farm and has been a dog lover for years.

Pogo Kennels can be contacted at 899-2563.



Making friends: large and small alike enjoy Pogo Kennels.

PHOTO CONTRIBUTED

Chad Jones opens Lawn and Landscape Maintenance

The quality of life and natural beauty of our area continue to draw talented people from near and far. It seems that all sorts of people want to put their skills to use in the Green Mountain State.

Take for example Chad Jones of “Lawn & Landscape Maintenance.” Chad and his wife Laura share a passion for Nordic skiing that they have for years been feeding in the Green Mountains. Chad said, “We found that we were spending each year counting the days until our next trip north. Eventually we started talking about living and working here.”

The hard part for Chad in particular was that he was operating an established and successful lawn and landscape business in Chester County, PA. “It was very hard to let go of, my father had started that business over 40 years ago and we were both very proud of it. Ultimately, however, Laura and I wanted the lifestyle that we found here.”

With an education in Turfgrass and Ornamental Horticulture and 13 years experience, he is confident that he can build a roster of satisfied, long term customers in our area. Chad’s business philosophy is simple: be knowledgeable in your field, and treat every customer as if they are your only customer. “Of course you have to be competitively priced, but most important in a service business is attentiveness to the customer. I always return phone calls on the day I receive them and address comments and concerns immediately. I also try to give people only what they want and need rather than what brings the fastest dollar to me. I want customers to trust me and come back year after year.”

Chad says he is excited to establish a new business here and subsequently meet more people in the area. As for their choice to relocate, Chad says, “We couldn’t be happier, this is a fantastic area full of genuine and caring people. We’ll be here for quite some time.

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- 2 small blood oranges
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- 2 tablespoons sherry vinegar
- Salt
- Freshly ground black pepper
- 1/4 to 1/2 cup extra virgin olive oil

Juice and strain the blood oranges. Measure 1/4 cup of juice.

In a medium bowl, whisk the juice with the shallots and the sherry vinegar; season with salt and pepper to taste and let the mixture marinate for 10 minutes. Whisk in the olive oil to taste. Add more olive oil if the vinaigrette is too acidic for your palette. Adjust the seasoning to taste.

Makes 1/2 to 3/4 cup.

What to use it on? Try this! Roasted beets, blood orange sections, and spicy greens like arugula... Toss with some of this vibrant dressing and you will have a spectacular salad!

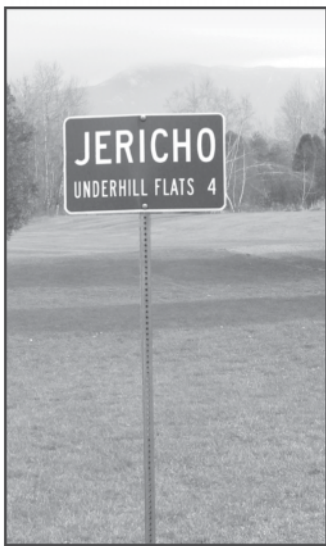


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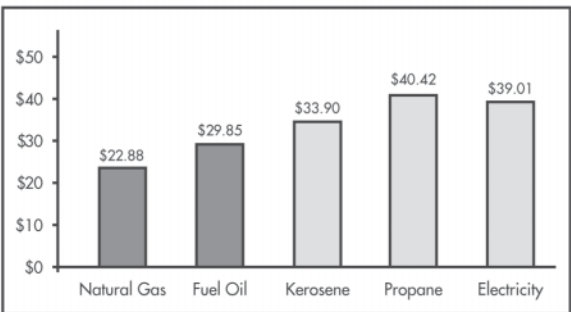
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Source: January 2008 DPS Vermont Fuel Price Report
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Community pulls together to help WWII veteran

After a few mornings of driving through Irasburg on his way to work, Captain Alan Buck of the Vermont State Police could not help but notice an older home that appeared to have part of the roof caving in around it. This was a concern to Captain Buck after realizing that an elderly gentleman, who is a WWII veteran living on limited retirement funds, occupied that residence. Captain Buck approached VSP Victim Assistance Specialist Amanda Jensen with his concerns about this gentleman's safety and inquired of any services available in the community that might be able to assist in fixing the roof.

After making a few phone calls, Mrs. Jensen was informed of a local contractor, Eugene Webster, who had offered to fix the roof free of charge two years prior, but the gentleman had declined the

assistance. In addition, Irasburg Selectman Roger Gagnon was also interested in helping. Mrs. Jensen contacted Mr. Gagnon to inquire about the best approach in offering services to this elderly gentleman once again. Mr. Gagnon then made contact with Mr. Webster to see if his offer was still on the table. Mr. Gagnon and Mr. Webster took it from there, full speed ahead – they began to work on the man's roof, which would not have been able to sustain the year's first snow fall. While repairing the roof they noticed that the outer wall was also very unstable. They re-enforced the outer wall, adding insulation, and fixed the home's side foundation, which was also in poor condition – not to mention a hot water heater that has not functioned for 15 years.

The elderly gentleman was a surgeon in the United States Army, 7th

Army Division, serving on the front lines during WWII. He was severely injured, changing his life forever. For the past 37 years he has resided at the same home in the beautiful town of Irasburg, living independently and never asking for assistance.

There has been a tremendous outpouring of support from the community, from Lapierre & Sons Decorating Center, Modern Furniture and Bedding, to Piette Lumber, Eugene Webster, Roger Gagnon, The Pick and Shovel, the local Veterans of Foreign Wars chapter, Cory Poulin, Don's Carpet One Newport, J.B. Coltons, Casella Waste, and Detective Lieutenant J.P. Sinclair. Thank you all for your donations and support. It is local community members and local businesses like these that make this world a better place.

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2008 REGISTRATION:
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Dates: June 23 - July 11
July 14 - August 1
Cost: \$175.00/session
\$334.00/summer

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COMING EVENTS

Thursday, March 20

Owl Prowl, 7:00 – 9:00 PM, Birds of Vermont Museum, Huntington. Presented by Audubon VT and the Birds of Vermont, the program begins indoors with an introduction to the owls that make Vermont their home, then continues outdoors with a snowshoe hike in search of the owls themselves. Appropriate for families; \$5 per person.

Saturday, March 22

Greek Pastry Sale and Dinner, 10:00 AM – 7:00 PM, Greek Orthodox Church Community Center, Burlington. Pastry sale starts at 10:00 AM (eat in/take out); dinner from 11:00 AM. Chicken Souvlaki, lamb gyro platter with rice pilaf, many Greek pastries including baklava. For information, contact 644-2529.

Tuesday, March 25

Jericho and Underhill Republican Town Committees’ meeting, 6:30 PM, Browns River Middle School cafeteria, Jericho. Rob Roper, Chair of the VT Republican Party, reports on town meetings and legislative update. For information, contact Eileen Haupt, 899-4882.

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Sun. April 6
Eagles Club
Route 109, Jeffersonville
\$60.00 one-time buy-in
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Registration at door 8-9:30 AM
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To Benefit Eagles Charity Fund,
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Call 644-2490
for more information

Thursday, March 27

Lucky Break, 5:00 PM, Temple Sinai, South Burlington. Bluegrass concert combining the traditional melodies of American Bluegrass with Shabbat Zmirot. Free; donations accepted. Contact Judy Alexander, 862-5125.

Saturday, March 29

Bake Sale, 9:00 AM – 4:00 PM, Maple Outlet, VT Rt. 15, Cambridge. Benefits Eagles Auxiliary Charities. For information, 899-3130.

Local historian
M a d e l y n



Friday, March 7, MMU students from Linda Porter’s English class went to Jericho Elementary School to help students celebrate Dr. Seuss’ birthday, and spent the morning reading Dr. Seuss stories to eager listeners. Above, Chelsea Bissonette reads to Mrs. Johnson’s first grade classroom.

Holmes, 2:00 PM, Phoenix Books & Café, Essex Jct. Free. For information, 872-7111 or www.phoenixbooks.biz.

Saturday, April 5

First Saturday Forest Walk, 1:00 – 4:00 PM, UVM Jericho Research Forest, Tarbox Rd., Jericho. Join members of the Roger’s Tract Watershed Collaborative for an afternoon of field walks and discussions about timber harvesting and small streams in Vermont. Jericho flatbread and cider afterward. Free and open to the public. For information, www.greenforestry.com.

Sunday, April 6

Texas Hold’Em Tournament, 10:00 AM, Eagles Club, Jeffersonville. Register at door 8:00 – 9:30 AM; must check in by 9:30 AM. \$60 one-time buy-in; limited seating. BYOB; refreshments available. Benefits Eagles Charity Fund. For information, 644-2490.

Wednesday, April 9

Sprightly Steps: Vermont’s Contra and Square Dancing Tradition, 7:00 PM, Second Congregational Church, Jeffersonville. Early settlers may have frowned upon dancing as the work of the Devil, but people of all ages and backgrounds fell under the spell of the fiddle. Changes of musical styles and culture have made old-time dancing nearly extinct, but some keep the old styles alive. Presented by Adam Boyce. A VT Humanities Council event hosted by Cambridge Historical Society. Call Georgeana Little, 644-5675.

ONGOING EVENTS

SPORTS ACTIVITIES

Adult coed volleyball in Westford, 8:00 – 10:00 PM, Mondays, Westford Elementary School gym. Fun, casual volleyball. \$2 at the door. Call coordinators Jon and Tammy Brown, 872-8333, for information.

Women’s volleyball, Browns River Middle School, Mondays, 7:00 – 9:00 PM. All age levels and skills welcome. Follows school calendar: no volleyball when there is no school. For information, contact Cathy Leatherstitch, 899-1395 or cleather@us.ibm.com.

Basketball – open gym in Westford, Mondays and Wednesdays, 5:30 – 7:00 PM, and Saturdays, 10:30 AM – 12:00 noon, until Jr. High practice begins. \$1 donation at door. For information, call Rich Staab, 879-4745.

Bolton Men’s Basketball, Tuesdays, 7:00 – 9:00 PM, Smilie School Gym. For adults and young adults, age 16 and up. Contact Bill Newton, 434-3348.

Health Groups

Overeaters Anonymous meets 6:00 – 7:00 PM, Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. Questions – 899-2355.

Healthy Weight Support Group, Mondays, 12:00 – 12:30 PM and Wednesdays, 3:45 – 4:15 PM. Combines behavioral and nutritional strategies to increase physical activity and decrease calorie intake. Provides techniques to help manage eating behaviors. Come 15 minutes early for weight check. NW Medical Center, Cobblestone Building, Classroom A. Speakers: Kay Tran, Registered Dietitian, MS, CDE; and Leslie Gardzina, Registered Dietitian, Northwestern Medical Center. Free; pre-registration required, 524-1234 or cfhw@nmcinc.org.

Fit Kids Support Group, first Mondays (April 7), 4:15 – 5:00 PM. Program for kids 8-13 and their parents. Learn about nutrition and physical activity, ways to increase activity level safely, change eating behavior, self-esteem, and obstacles that interfere with weight management success. Northwestern Medical Center, Cobblestone Building, Classroom A. Speaker: Kay Tran, Registered Dietitian, MS, CDE. Free; pre-registration required: 524-1234 or cfhw@nmcinc.org.

Statewide Quit Line – Telephone Smoking Cessation Counseling. Call 1-877-yes-quit (1-877-937-7848). Free.

Alcoholics Anonymous Meeting: “Keep It

Simple” group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM, and Saturdays, 6:30 – 7:30 PM, at the United Church of Underhill, Underhill Flats.

YOUTHACTIVITIES

The RATC Nest (Richmond Area Teen Center) is open in the basement of the Richmond Town Center, Bridge Street, on Thursdays and Fridays 2:45 – 7:00 PM and Saturdays 1:00 – 9:00 PM at no cost for grades 7-12 in the Chittenden East School District. Adult supervisors are needed. Call 434-RATC for more information. The RATC Nest board meetings are held the first and third Wednesdays (March 19) at 7:00 PM; the public is welcome! Call 434-RATC for more information.

ADULTACTIVITIES

Westford Knitters Group meets the first Friday of each month (April 4), 6:00 – 8:30 PM at the Westford Library. All needle-crafters in Westford and surrounding communities are welcome. Enjoy conversation with neighbors and friends while you work on your current project. Come early or late; bring a brown bag dinner and drink if you like. For information: Julie Nelson, 343-0165 or Julie@coolmoonyoga.com.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome! Call Roger, 899-3106 for information.

French Canadian Genealogy Research, Tuesday evenings, 7:00 – 9:30 PM, Dupont Building, Fort Ethan Allen, Colchester. For information, 864-6037 or mail@vt-fcgs.org.

SENIORS

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the first and third Wednesday of each month (April 16, May 7, 21). All seniors are welcome! Dinners are served at 11:30 AM. For information, please call Lenore Whitten, 878-8996, Bette Workman, 899-4446, or Loreen Teer, 899-1363.

Westford Senior Lunches are the second Monday of the month (April 14) and held in the Red Brick Meeting House on the Westford Common at 12:00 noon. Mark your calendars for April 14, May 12, and June 9. We are planning several programs of interest this spring, and several of our members in town are writing the history of their roads, early years, schooling, and other memories, which will be shared at the lunches. We sometimes can persuade Roland and friends to entertain us with sing-along music. We are a lively bunch of not-so-senior seniors and welcome all to join us. Please call 879-7382 with questions or if you need a ride to the lunches.

KIDS

Chittenden East Early Childhood Connection playgroup programs – both follow the school calendar; ages birth-5 years; everyone welcome; contact Abby for information, 899-3727. Jericho Playgroup, 9:30 – 11:00 AM at the Jericho Community Center; meets Mondays. Underhill Playgroup, 9:30 – 11:00 AM at the Underhill Central School; meets Fridays.

Westford Playgroup, Wednesdays, 10:00 AM – 12:00 noon, children’s section, Westford Town Library. Free and open to all children 5 and under and their families – drop in! Open play till 11:20 AM, cleanup and circle time of story and/or songs, followed by a snack of crackers and extras brought from home to share.

Bolton Family Play Night, Smilie School gym, usually first and third Fridays, 6:00 – 7:30 PM. Free! Mostly unstructured play with the school’s equipment. Contact Tim Grover, 434-4180.

TOWN
GOVERNMENT
AND

ORGANIZATIONS

Tim Nulty, Jericho Selectboard member, at the Village Cup, first and third Wednesdays (April 16, May 7, 21), 8:00 – 9:00 AM, and at the Flour Shop, second and fourth Wednesdays (March 26, April 9, 23), 8:00 – 9:00 AM. Anyone wishing to discuss any issue is welcome.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. Volunteer for firefighting, dispatching, radio communications, computer operations, grant writing, equipment maintenance, fire police, education, and much more. You are welcome! Ongoing Events continued on page 9

Help Us Send Kids To Camp

Summertime can be a lonely time for low-income children when there isn’t enough money for camps or vacations, and friends are away having fun. For low-income working parents, there are few affordable summertime recreation alternatives that offer children day-long supervised fun in our communities.

This is the ninth year that the Mission Committee of the United Church of Underhill has organized donations from area churches, businesses, and service clubs to address the problem for low-income families in Jericho and Underhill. Plans are being made to send 15 to 20 kids to the Jericho Recreation Summer Camp. The children will receive scholarships to attend three weeks of camp - money raised within our communities to help provide the children with safe, supervised camp experiences their families can not otherwise afford.

Please contact Underhill resident Janet Grant, member of the Mission Committee of the United Church of Underhill, if you, your business, church, or service organization would like to contribute (899-5534).



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Ongoing events
continued from page 8
come and encouraged to join. For information, email John Quinn, jquinninvnt@aol.com.

Board of Water Commissioners of the Village of Jericho, Inc. – monthly (March 25), 7:00 PM at the Old Red Mill on 4B Red Mill Dr., Jericho. For information, 899-2938.

Jericho Historical Society, second Thursday (April 10), 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, first and third Wednesdays (April 2, 16), 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Fairfax Food Shelf has moved to the United Church on the corner of Fletcher Road and River Road, near the Foothills Bakery. The Food Shelf is open the first two Wednesdays (April 2, 9), 9:00 AM – 12:00 noon. Please use the downstairs entrance. For information, 849-6588.

SUPPORT GROUPS
Alzheimer’s support group, third Wednesday (April 16), 9:30 – 11:30 AM, the Arbors, 687 Harbor Rd., Shelburne. For individuals and families in the early stages of Alzheimer’s disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, third Sunday (April 20), 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park).

Veterans Job Networking, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

Lamoille Valley Kin as Parents, second and fourth Thursdays (March 27, April 10, 24), 6:00 – 7:30 PM, Lamoille Family Center, Morrisville. Dinner and childcare provided. For more information, Imelda at 888-5229 ext. 152 or Rhonda Barr, 888-1376.

Eating Disorders Parental Support Group, third Wednesday (April 16), 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

Grandparents as Parents –Mondays, Milton Family Community Center. Childcare provided. For information, Charlotte, 893-1457.

Grandparents Raising their Children’s Children, third Tuesday (April 15), 6:00 – 8:00 PM,

Wesley Methodist Church, Main St., Waterbury. Light refreshments and onsite childcare provided. For information, Evelyn, 433-1513.

WORKSHOPS
Color Study/Portrait Sketch in Oils with Malcolm DuBois, free demo, Saturday March 29, 11:00 AM – 1:00 PM, Artists’ Mediums, Williston. A predominately self-taught artist, Malcolm DuBois has done intensive studies with master painters of various disciplines. Malcolm will bring a live model from whom he can create his portrait sketch in oils. For information, 879-1236.

Parenting Revisited: Promise, Potential, Permanence, the 4th annual Kinship Care Conference, Thursday, April 24, Sheraton Hotel & Conference Center, Burlington. Free to those raising the children of family members. Keynote by LeAnn Thieman, a nurse “accidentally” caught up in the Vietnam era’s Operation Babylift. Workshops on: family court and its role in kinship caregiving; kinship caregivers and decisions impacting permanency; proposed changes in the law and its effect on kinship care; family meetings; stress reduction strategies and self care; probate court and its role in kinship care and legal guardianship; substance abuse; communicating with children of incarcerated parents, more. Registration information: contact 656-5665 or conferences@uvm.edu. Conference website: www.uvm.edu/conferences/kinshipcare.

Village University Session: Connecting Land and Community, Tuesday, March 25, 7:00 PM, Community Center, Jericho Center. Presenters: Tom Baribault, Jericho Conservation Commission Chair; Bob Link, Regional Director, Champlain Valley Office, VT Land Trust; Wayne Howe, Jericho Planning Commission Chair; Livy Strong, President, Jericho Underhill Land Trust. Moderator: Elizabeth Bernstein.

Village University Session: Community Connection: Services that People and Communities Need, Sunday, March 30, 3:00 PM, Community Center, Jericho Center. Presenters: Meredith Birkett, Senior Transit Planner, Chittenden Country Transportation Authority; John Shullenberger, Affordable Housing Advocate; John Barbour, Director, Champlain Valley Agency on Aging. Moderator: Elizabeth Bernstein.



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DEBORAH RAWSON MEMORIAL LIBRARY, JERICHO
The Board of Trustees will meet Thursday, March 20 at 7:00 PM. All are welcome!
Movie Night! Friday, March 28 at 7:00 PM. Join us to watch *The Maltese Falcon* starring Humphrey Bogart and Mary Astor.
Art for March: Night photography by Peg Montgomery; and in the display case, snowflake photographs by Stu Hall.
Our card catalog is now online! Check to see if we own an item and if it is available. Call the library to place a hold on available items you would like to pick up.
Downloadable audio books will be available through our website, www.drml.org, soon. Keep checking the site. The link will be posted on the front page once this service is active.
Also on our website is a list of our most recently purchased books for Youth and Adults. Check under Children and Adult for the lists. Our newsletter can be found under Programs and News.
Welcome Baby – Friday, March 21, 10:30 AM: Parents and infants, one year and younger, are invited to attend our welcome baby group. Participants will receive a welcome baby bag with gifts and information about community resources and have the opportunity to chat with other new parents. Co-sponsored by the Early Childhood Connection of Chittenden County. Facilitator: Eliza Kramer.
Barry the Bat Guy – Did you know that a single little brown bat may eat between 800-1000 mosquito-sized bugs every hour? Come and learn more about these amazing creatures. Friday, March 21, 6:30 PM. Recommended for adults and families with children in second grade and older.
Story Times: Wednesday, March 26, 11:00 AM; and Thursday, March 27, 10:00 AM. Stories, songs, refreshments, snack, and craft.
Family Story Time, Thursday, March 27, 6:30 PM. Children are invited to wear their pajamas and join us for stories and light refreshments. Recommended for families with children preschool through second grade.
Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM

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– 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library’s programs, call 899-4962.

JERICHO TOWN LIBRARY, JERICHO CENTER
Our annual book and media sale fundraiser will be held Saturday, March 22 at the Community Center in Jericho. We are accepting books, books on tape, DVDs, CDs, and software donations. Please do not donate textbooks, Reader’s Digest condensed books, encyclopedias, or magazines. Thanks to everyone who has already donated!
New this month is downloadable audio book service, open 24 hours! You can now download books to your own computer, a CD, or onto some mp3 players – anytime, anywhere. It can be accessed at <http://www.listenupvermont.org>. Choose Jericho Town Library from the menu off the sign in link. To log in use 4686 (library phone) immediately followed by the four numbers from you library patron card (no spaces): 4686XXXX. If you need more information, please contact the library.
Monday, March 24, from 6:30 – 8:00 PM, join String Fling! Get together to work, chat, encourage others, and laugh! Stay for all or part of the night. All skill levels welcome. Bring everything string – knit, crochet, embroider, quilt, sew, mend, hemp, bead jewelry, rug hooking, even fish net making, etc.
Monday, March 31, the library will provide an outreach story time at the Jericho Community Center for the Chittenden East Early Childhood Connection play group. Parents and children ages birth – five years and siblings are welcome to join the fun! The theme is weather.
Come celebrate National Poetry month during April with us! “Caring for Planet Earth” is the theme for our fifth annual poetry workshop with retired UVM Professor Mary Jane Dickerson, sponsored by the Jericho Town Library and the Deborah Rawson Memorial Library. The working sessions will meet Mondays, March 31 and April 7 and 14, from 6:30 – 8:00 PM at the Jericho Town Library, and conclude for a final evening of sharing at the Deborah Rawson Memorial Library on Monday, April 28 from 6:30 – 8:00 PM. Poets of all ages are encouraged to participate. Attendance in the past has been a mix of middle and high school students and adults. Registration is required; please call JTL at 899-4686 to sign up. A \$5 donation for materials would be appreciated.
Feeling shut in? If you are sick or having a hard time getting around, call us at 899-4686 so we can bring you a good book (large print also available).
High school students needing to fulfill community service, please consider volunteering at the library when your schedule permits. Call or stop by!
Interested in volunteering or offering a program to the community? Please call the library.
Story time, including craft and snack, is every Wednesday, upstairs, at 10:00 AM.
The Board of Trustees meets regularly the first Thursday of the month at 7:00 PM at the library. The public is welcome so join us at




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our upcoming meeting on April 3.
The hours for the Jericho Town Library on the Green are Monday and Friday 1:00 – 5:00 PM, Wednesday 10:00 AM – 12:00 PM and 2:00 – 6:00 PM, Saturday 10:00 AM – 1:00 PM. For more information call 899-4686 or email us at Jerichotownlibrary@gmail.com.

WESTFORD TOWN LIBRARY, WESTFORD
Thursday, March 20, 11:00 AM: Storytime. Stories and activities for preschoolers. Theme: Spring.
Wednesday, March 26, 6:00 – 7:00 PM, book discussion: *Atonement* by Ian McEwan. Thirteen-year-old Briony Tallis and her older sister, Cecelia, have been fortunate to grow up in a prosperous English manor home. On a hot summer day in 1935, a single event moves Briony to take steps that will alter the entire household’s lives forever. (AudioFile review).
Thursday, March 27, 11:00 AM: Storytime. Stories and activities for preschoolers. Theme: Bunnies.
New additions to the collection include best sellers *The Appeal* (Grisham), *7th Heaven* (Patterson), *Duma Key* (King), *Stranger in Paradise* (Parker), *People of the Book* (Brooks), and *The Senator’s Wife* (Miller). Thanks to a generous donation, our children’s DVD collection has nearly doubled – check out favorites such as *The Tigger Movie*, *Thomas the Train*, and *Angelina Ballerina*.
Spring cleaning time is here... Please keep an eye out for library-owned books, movies, magazines, and audio books that may have wandered into your personal collection. Just drop them in the book return to the left of the front door.
Summer Reading Program planning for *Catch the Reading Bug* is underway! Get ready for exotic bugs, bees, the pet show, and more. Be part of the action! Adults needed to help plan and create the July 4th float. Please contact Victoria.


We’re always on the lookout for new program ideas for adults, children and families. Our best ideas come from you! Let’s talk.
Visit our recently updated website for upcoming events and new books, CDs, and DVDs: www.westford.lib.vt.us. Our hours are Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 6:00 PM, Friday 12:00 – 6:00 PM, and Saturday 10:00 AM – 2:00 PM. We can be reached at 878-5639 or westford_pl@vals.state.vt.us. “Check us out!”

VARNUM LIBRARY, JEFFERSONVILLE
New additions to the large print book shelves: Michael Connelly’s *Echo Park*, *Someone to Love* by Jude Deveraux, and Jeffery Archer’s *False Impression*. For those who enjoy books on tape, check out David Halberstan’s *The Coldest Winter*. And also on the new arrival shelf is Lee Child’s *Bad Luck and Trouble*, along with Orson Scott Card’s *Magic Street*.
The Varnum Library is open Monday and Tuesdays 1:00 – 8:00 PM, Thursdays and Saturdays 9:00 AM – 12:00 PM. The library is at 194 Main Street, Jeffersonville.

RICHMOND FREE LIBRARY, RICHMOND
Young writers group: Are you interested in joining a writers group for ages 8-12? Meetings would include writing prompts, collaborations, critiques, discussion, and perhaps even public readings. We’re also looking for an adult who would like to help lead this group. If you’re curious about the Young Writers Group, talk to Rebecca or L.J.
Storytimes: **Toddler time** (ages 18 months- 3 years), Wednesdays at 10:30 AM. **Storytime** (ages 3-5), Mondays at 10:30 AM. **Pajametime** (ages 2-6) with Douglas, Mondays at 6:30 PM. The Richmond Free Library, 201 Bridge St., Richmond, 434-3036, is open Mondays and Wednesdays, 10:00 AM – 8:00 PM; Tuesdays and Thursdays, 1:00 – 6:00 PM; Fridays, 10:00 AM – 6:00 PM; Saturdays, 10:00 AM – 2:00 PM; closed Sundays.

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HEALTH

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Daniel Salmonson of Jericho – 25 gallons.
Jon Irving of Jericho – 33 gallons.
Katherine Koniuto of Underhill – 75 gallons!

Liver health is critical to overall health

The liver is located in the right upper quadrant of the abdomen, just under the ribs. It is one of the largest organs. The liver performs many functions. There are four primary functions. First, the liver filters the blood of impurities. Second, the liver creates bile for the metabolism of fats and fat soluble vitamins. Third, the liver detoxifies the body of harmful substances. Finally, the liver regulates hormones including thyroid hormones, epinephrine (AKA adrenaline), estrogen, insulin, and aldosterone (a hormone that controls fluid and sodium balances within the body).

There are four major reasons the liver has problems. Toxic buildup in the body taxes the liver. Improper nutrition, such as inadequate nutrients, or excessive fats or carbohydrates, stress the liver. Over-eating overloads the system. Drugs, including alcohol, caffeine, pharmaceuticals, and recreational drugs, burden the liver.

The liver detoxifies in two phases. The first phase removes some toxins,, but others are merely modified to be dealt with in phase two. Often the intermediates between phase one and phase two are even more toxic than the original substance. Consequently, it is important to have phase two function at least as well as phase one.

Symptoms of liver problems include fatigue, malaise, allergies, PMS, constipation, and chemical sensitivities. When severe, jaundice (yellowing of the skin and the whites of the eyes) and/or red hands can be symptomatic.

To keep your liver functioning optimally, lifestyle is important. Avoid alcohol, drugs, sugar, and caffeine. Drink at least 64 ounces of water daily to flush the system. Exercise increases circulation. Avoid constipation.

Nutritional support is also critical in maintaining liver function. Take a high quality multivitamin/mineral supplement to supply your body with the nutrients necessary for optimal liver function. Eating plenty of fresh fruits and vegetables will provide important nutrients as well as support bowel regularity. Consuming adequate fiber will help eliminate toxins through the colon. Probiotics will support healthy flora in the intestines thereby decreasing the growth of yeast, e. coli, and their harmful byproducts. Garlic, onions, oregano, rosemary, peppermint, milk thistle, and dandelions are herbs that reduce toxic build up. Choline, carnitine, methionine, leithin, Vitamin C, and SAM E also have beneficial effects on the liver.

Proper liver health is critical in over all health. Lifestyle plays an important role in liver function. Support yours by avoiding toxins, eating nutritious food, drinking adequate amounts of water, exercising regularly, and supplementing as necessary.

Mary Kintner is a chiropractor and nutritional consultant practicing in Underhill

Lamoille Home Health offers hospice volunteer training

Volunteers play a vital role in hospice care and are trained to understand the needs of a terminally ill patient. They also play an active role in relieving patient caregivers and offer companionship to the patients by reading to them or simply listening.

Come join Lamoille Home Health & Hospice and learn how you can walk with a patient and their family through the many changes of a terminal illness.

Training will be held in the Johnson Municipal Building located on VT Rt. 15, Johnson, next to the fire station on April 30 and May 7 (evenings) and May 3 and 4 (daytimes). To register, contact Charlene at 888-4651.

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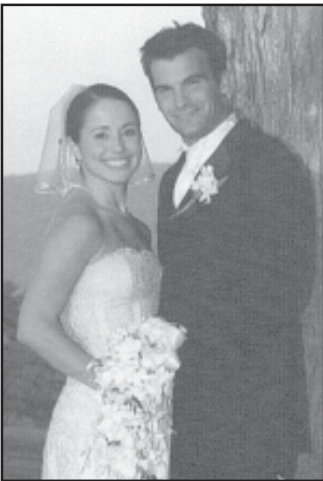
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JUST MARRIED



Bergeron-Bettini
Jennifer Celeste Bettini, daughter of James and Marie Bettini of Albany, NY, and Patrick Robert Bergeron, son of Robert and Kathleen Bergeron of Jericho, VT, were united in marriage September 21, 2007. The Revs. Charles and Barbara Purinton officiated at the double-ring ceremony at Cranwell, Lenox, MA.

Colleen Mastriano was matron of honor. Valerie Bettini was bridesmaid.

Malcom Purinton was best man. Groomsman was Kevin

Bergeron, brother of the groom.

A reception followed the ceremony, after which the couple left for Fiji.

Patrick and Jennifer met at Marymount Manhattan College for the Performing Arts. Jennifer graduated from Bishop Maginn High School and Marymount Manhattan. She is employed by Albany Realty Group. Patrick was a 1998 graduate of Mount Mansfield Union High School, where he was known for his dynamic roles in the Drama Department, including *Kismet*, *The Foreigner*, *Dracula (The Musical)*, *Noises Off*, and in his senior year he played Danny in *Grease*. He also graduated from Marymount Manhattan. He is employed by Sound Control Disc Jockeys.

The couple resides in Albany, NY.

Amy Malinowski honored as Tomorrow25 winner

Bentley College has named Amy Malinowski of Jericho, VT as one of 25 outstanding high school juniors to be the 2008 Bentley Tomorrow25. The international leadership competition was launched by Bentley to identify the exemplary leaders of tomorrow.

Hundreds of nominations from were accepted from community leaders, teachers, school administrators, and guidance counselors. The 25 winners will receive national recognition and interact with high-profile leaders on March 28 at the fourth annual Bentley Leadership Forum, on Bentley's campus in Waltham, MA, in cooperation with *Time Magazine*. Tomorrow25 students will also appear in a national ad in *Time* as part of Bentley's national campaign.

The theme of Bentley's Leadership Forum, in cooperation with *TIME Magazine*, will is *The Business of Healing our World: A Global Imperative to Serve the Public Good*. As the economy becomes increasingly global, and issues ranging from global warming to human rights to tariffs and trade become more critical to business management, is the concern for the public good now a required component of economic growth?

OBITUARIES

Maxine Wallace (Sargent) Griffith, 93, of Underhill, VT passed away Thursday, February 28, 2008 in Starr Farm Nursing Center in Burlington, VT. She was born July 11, 1914 to the late Chauncey Sargent and Belle Wallace Sargent. Her family was the light of her life and she was devoted to her daughter, granddaughters, and their families. Fun-loving and warm, she was loved by the wonderful nursing staff where she resided. Her family wishes to thank and express gratitude to her caregivers. Maxine was predeceased by her husband, David; friend, Robert F. Smith; her sister, Amy; and her brother, Edward. She is survived by her daughter Catherine Gallant and husband George J. Gallant of Underhill, VT; three granddaughters: Jennifer Gallant and fiancé Arthur Garrison, Heather Garrow and husband Jason Garrow, and Amy Morrill and husband Colby Morrill; and four great-grandchildren: Jackson Garrow, Ryan Garrow, Ava Morrill, and Brady Morrill. Maxine was known for her love of nature and enjoyed growing beautiful flowers. She will be missed more than words can ever say. A memorial service was held March 15 in the Jericho United Methodist Church. Interment will be in Farmington, ME in the spring.

Richard W. Seymour of Jeffersonville, VT passed away Tuesday, March 4, 2008, after a prolonged battle with cancer. He was born February 6, 1944, the son of the late Arthur and Ruth (LaRock) Seymour of Underhill, VT. "Dick" was a skilled heavy equipment operator. Although he worked for many construction firms over the years, he was particularly proud of the successful projects he completed with J. L. Davis, ECI, Ralph Goodrich, and R. S. Audley. He leaves his loving wife of 45 years, Marilee Seymour of Jeffersonville; two daughters: Shawna Bouchard and Steve Humphrey of North Hyde Park, VT, and Kerrie LeDuc-Stanton and her husband Jeffery of Fairfax, VT; two sons: Scott Seymour and his wife Sheila of Eden, VT, and Bradley Seymour of Johnson, VT;



Obituaries continued on page 12

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Obituaries continued from page —

The beloved grandchildren and two great-grandchildren. He was predeceased by his parents and a sister, Janice Greene, all of Underhill. Per his wishes, there were no visiting hours or services. He was greatly loved and will be sincerely missed by his family and friends, who request only to be in the thoughts and prayers of those who knew him. Cards and letters may be sent to P.O. Box 416, Jeffersonville, VT 05464 in lieu of flowers.

Lynford Francis Lamphere, 95, of Underhill, VT passed away peacefully Wednesday, March 5, 2008 in Fletcher Allen Health Care in Burlington, VT. He was born on May 26, 1912 in Phillipsburg, Quebec, son of the late Francis and Nellie (Boss) Lamphere, and graduated from St. Anne's Academy in Swanton, VT. Lynford served his country proudly during World War II campaigns in Ardennes, Rhineland, and Central Europe as a decorated member of the U. S. Army. Lynford married his loving wife, the former Kathleen Kinsley, in 1941 in St. Thomas Church in Underhill Center, VT. Never one to sit idle, Lynford worked hard to provide a comfortable life for his family, most recently retiring as Postmaster and Rural Carrier with 30 years of dedication to the U.S. Postal Service. With a love of the outdoors, sports, and family, Lynford was the proud father of four wonderful sons and will be greatly missed by those who were fortunate to have known and loved him. Lynford is survived by his loving wife of almost 67 years, Kathleen Lamphere of Underhill; his four sons and their families: Michael and his wife Willie of Alburgh, VT, Jeffrey and his wife Wendy of Peacham, VT, Mark and his wife Teri of Milton, VT, and Fayette and his wife Andrea of Sudbury, VT; several grandchildren, great-grandchildren, nieces, nephews, and cousins; as well as two sisters-in-law, Doris and Luella Lamphere. A Mass of Christian burial was celebrated on Saturday, March 8 in St. Mary Catholic Church in Cambridge, VT by the Rev. Dan Jordan. Burial will be at the convenience of the family. Contributions in Lynford's memory may be made to St. Mary Catholic Church, P.O. Box 129, Cambridge, VT 05444; the United Church of Underhill, P.O. Box 256, Underhill, VT 05489; or to American Legion Post 35, P.O. Box 195, Jeffersonville, VT 05464.

ENGAGEMENTS
FLOOD-OBAGY

Dr. Steven and Mrs. Kathleen Flood of Norfolk, MA announce the engagement of their daughter, Julie Elisabeth Flood of Washington, D.C., to Justin Thomas Obagy of Washington, D.C., son of Thomas and Anne Obbagy of Jericho, VT. The couple plans an August 16, 2008 wedding.

SANDS-CADY

Allan and Noreen Sands of Grafton, VT announce the engagement of their daughter, Jenny Sands of Essex Junction, VT, to Jake Cady of South Burlington, VT, son of Lee and Bob Curtiss of Grand Isle, VT and Tom Cady of Underhill, VT. A September wedding is planned.

WELCOME HOME

(Krueger) Catherine (Norton) and Thad Krueger's son, Abraham Norton, was born Wednesday, February 27, 2008 at Copley Hospital in Morrisville, VT.

(Rondeau) Amanda (Wagner) and Christopher Rondeau had a daughter, Avah Anne, Wednesday, February 27, 2008 at Copley Hospital in Morrisville, VT.

WEST BOLTON

(McKeown/Haggerty) Bronwyn McKeown and Christopher Haggerty had a daughter, Lena Louise Haggerty, on Thursday, February 21, 2008 at Fletcher Allen Health Care in Burlington, VT.

CAMPUS HONORS

Jeffrey Daki Demas, a freshman majoring in Optics at the University of Rochester, NY, has been named to the Dean's List for academic achievement in the College of Arts, Sciences, and Engineering for the fall 2007 semester. Demas is the son of Liz and Doug Demas of Underhill, VT, and is a graduate of Mount Mansfield Union High School in Jericho.

Rideshare column
to debut in Gazette

Beginning in our next edition on April 3, the *Mountain Gazette* will provide a space for readers to post offers to carpool and rideshare, to work or on errands - **free**. Send your route, days, times, and contact info to mtgazette@earthlink.net, or P.O. Box 176, Underhill, VT 05489.



Coldwell Banker Mortgage is pleased to welcome Heather Dalton Myott as a Mortgage Advisor to serve the Greater Burlington market area. Heather brings five years experience in the mortgage industry. Born and raised in Essex, VT, she currently lives in

Jeffersonville with her husband Roger and daughter Avery.

PHOTO CONTRIBUTED

CVAA Senior Community Meals information

The Champlain Valley Agency on Aging offers an ongoing series of special meals for groups of seniors at a variety of restaurants in the area. The schedule is listed below. All seniors are welcome to join the group and enjoy lunch with neighbors and friends. Participating seniors must be at least 60 years old, or the spouse of someone at least 60 years old. Suggested donation for meals is \$3 at Covenant Church and United Church; for meals at other sites, \$5. Transportation may be available if needed. Reservations are required for these meals and may be arranged ahead of time by calling 865-0360.

Thursday, March 20 – Ponderosa, Williston, 11:00 AM check-in, 11:15 lunch. All you can eat buffet.

Friday, March 21 – United Church, Hinesburg, 12:00 noon. Broccoli soup, tuna salad, lettuce ant tomato, croissant, spice cake.

Monday, March 24 – Covenant Church, Essex Ctr., 12:00 noon. Chicken Florentine, mashed potatoes, broccoli and cauliflower, biscuit, sherbet.

Tuesday, March 25 – T-Bones, Hampton Inn, Colchester, 11:00 AM check-in, 11:30 AM lunch. Roast turkey dinner.

Wednesday, March 26 – Euro Restaurant, Essex Jct., 10:30 AM check-in, 11:00 AM lunch. Chicken marsala.

Thursday, March 27 – Ponderosa, Williston, 11:00 AM check-in, 11:15 lunch. All you can eat buffet.

Friday, March 28 – United Church, Hinesburg, 12:00 noon. Beef stew, whipped winter squash, biscuit, chocolate pudding.

Monday, March 31 – Covenant Church, Essex Ctr., 12:00 noon. Beef stroganoff, red potatoes, Harvard beets, cornbread, butterscotch pudding.

Tuesday, April 1 – Elks, North Ave., Burlington, 10:00 AM check-in, 11:00 AM lunch. Baked ham.

Wednesday, April 2 – Libby's, Colchester, 1:30 PM check-in, 2:00 PM lunch.

Thursday, April 3 – Bridge Street Café, Richmond, 11:00 AM. Chicken 'n biscuits.

MMU senior Hilary Martelle
passes EMS exams

Mount Mansfield Union High School senior Hilary Martelle of Underhill, VT completed both the practical and cognitive exams for EMS certification by the National Registry of Emergency Medical Technicians. The youngest member of her class, she is now certified as a Medical First Responder. Hilary will graduate from MMUHS in June and is currently enrolled in Medical and Sports Sciences class at Burlington Technical Center. She plans to study para medicine and nursing in college. Until then, Hilary will continue to earn higher certifications in her field. She has been working as a cadet on the team at Richmond Rescue in Richmond, VT, and will become a member when she turns 18 in September 2008.

Friday, April 4 –Hinesburg mealsite, 11:30 AM. In addition, CVAA-sponsored meals for seniors are offered on an ongoing basis at the following establishments. For details about the special ticket program, call 865-0360:

A.J.'s Kitchen, 85 Main St., Essex Jct. – open menu; tickets limited. Sunday-Tuesday, 5:00 AM – 2:00 PM, and Wednesday-Saturday, 5:00 AM – 8:00 PM.

Bridge Street Café, Richmond – breakfast, lunch, or dinner (ordered before 5:30 PM) Monday-Thursday. Regular menu excluding shrimp, steak, or some specials.

Dutch Mill, Shelburne Rd., Shelburne – Tuesday-Sunday, 7:30 AM – 2:00 PM.

Euro Restaurant, 1 Market Place, Essex – Monday-Friday lunch, 11:00 AM – 2:00 PM; Monday-Saturday dinner, 4:00 – 6:00 PM. Closed Sundays.

Old Yankee, 4A Jericho East, Jericho. Meals Wednesday-Sunday, 3:00 - 5:00 PM. Ordering off senior menu..

Pizza Putt, Airport Parkway, So. Burlington – lunch or dinner, seven days a week. Choice of spaghetti with marinara sauce or baked ziti with tomato sauce and cheese, salad, garlic bread or roll, soda, coffee, or milk.

Ponderosa, Williston – lunch buffet, 11:00 AM – 4:00 PM, Monday-Friday. Tickets are limited.

St. Michael's College, Colchester – Brunch buffet Saturdays or Sundays, 11:30 AM – 12:30 PM. Please check on monthly tickets for school closings or holidays.

RECIPE

Maple Syrup

With spring comes newly-made sweet maple syrup. In addition to using it on pancakes and waffles, and maple ham and bacon, there are many ways to use this quintessentially *Vermont* product. Here are two; what are your favorites?

Easy Maple-Mustard Barbecue Sauce

- 1/4 cup maple syrup
- 1/4 cup brown mustard

Blend well together and use on baked or grilled meats. This is especially good on chicken wings, marinated as long as overnight.

You can use any mustard; the darker mustards give a rich flavor. Vary the amount as needed - just use equal parts syrup and mustard.

Maple Vinaigrette

- 2 Tbsp. fresh lemon juice
- 1 Tbsp. white wine vinegar
- 1 Tbsp. maple syrup
- 1 tsp. brown mustard
- salt and pepper
- 6 Tbsp. extra-virgin olive oil

Blend all ingredients except oil. Add oil and shake or whip well to emulsify.

Taste and adjust seasoning, if necessary.

Wonderful on fresh spring greens!



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Wednesday, March 26 - Sunday April 6

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MOUNTAIN BIKES:		
Trek 4500 '08	\$579.99	\$499.99
Kona Cinder Cone '07&'08	\$799.99	\$649.99
Trek 6700 '07	\$1149.99	\$899.99
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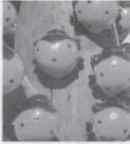


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Notes from Montpelier

By Rep. Bill Frank

It was good to see so many of you at Town Meeting. I was honored to again serve as moderator for the Underhill I.D. Annual Meeting. Thank you to all who filled out the Senator Doyle Annual Town Meeting survey. I have tabulated the results for our towns and have posted the results on my web site www.RepBillFrank.com. When the statewide totals are available, I will post them as well. The Legislature takes the week of Town Meeting off, so all legislatures can be at their Town Meetings. Coming back we had a busy week to finish up work on bills before the “crossover” date. Crossover is the date agreed on by the Speaker of the House and the Senate Pro Tempore. Bills have to be voted out of committee in order to be taken up by the other chamber during this session.

My Human Services Committee has worked long hours in order to meet the crossover deadline for three bills, all dealing with the protection of children. H.635 “Reports of Child Abuse or Neglect” will establish a differential response system for reports of child abuse and neglect and establish a tiered system for the Child Abuse and Neglect Registry. One suggestion I made was to rename the registry “Child Protection Registry.” H.615 “Juvenile Judicial Proceeding” reorganizes the laws that address court procedures for delinquent, abused, and neglected children to provide a more user-friendly and clearer statutes for both the legal practitioner and lay parties to use. The body of juvenile case law has been developed over the last 30 years and is preserved in the bill. The bill incorporates some current Vermont practices that are not in statute, as well as national best practices. These two bills both will be presented to the full House next week.



I wrote about H.352 “Protecting Children from Lead Hazards” in the March 6 issue of the *Mountain Gazette*. That article and all of the articles written by myself and Rep. Symington for the *Gazette* are on my web site.

I enjoy hearing from you; contact me at Rep.BillFrank@verizon.net, 899-3136 or 19 Poker Hill Rd., Underhill, VT 05489.

LETTERS TO THE EDITOR

Cub Scouts thank local merchants

To the Editor,

The Cub Scouts of Pack 620 and Pack 621 in Jericho/Underhill would like to express their heartfelt thanks to the following local businesses for allowing them to collect loose change from customers as part of the Big Change Roundup to support Vermont Children’s Hospital:

Jolley’s, Showtime Video, Jacob’s IGA, Wells Corner Market, Mountain High Pizza, Jeri-Hill Hardware, Snowflake Chocolates, Jericho General Store, Jericho Center Country Store, Chittenden Mills, and Simon’s.

The Cub Scouts would also like to express an additional thank you to Jolley’s and Mountain High Pizza for allowing Cub Scouts inside their businesses to collect change from customers for over ten hours during February.

The Cub Scouts Pack 620 and Pack 621 were able to raise over \$2200 within the community for the benefit drive. Thank you again to our local businesses for their willingness to work with the Cub Scouts and for their support of the Vermont Children’s Hospital. We hope we can work with each of you again next year!

Cub Scout Packs 620/621
Jericho/Underhill

Support PIE’s Mud Season Auction

To the Editor,

Jericho Elementary is a K-4 public school serving over 200 children, located in the foothills of Mt. Mansfield, in Jericho, Vermont. Partners-In-Education (P.I.E.) is a parent organization committed to improving the quality of our children’s education through fundraising to cover needs not included in the school budget.

We are asking area businesses and organizations to donate products, services, or gift certificates for this year’s largest fundraising event, our 3rd bi-annual “Mud-Season Auction”, to be held at the school on March 29, 2008. We feel that this gathering, as well as raising needed funds, will serve to build a greater sense of community.

Our annual fundraising efforts have helped to enhance academic and social resources available to each child. Programs such as ELF, an environmental education program; Music Composition Software; the “Unified Arts” program, and the Playground Fund are a just a few that will serve to expand and enrich our children’s base of knowledge.

This year’s goal is to raise funds to update a 30 year old out of code playground that serves not only the school but also the community at large, since there are no town playgrounds in Jericho. This facility will encourage children to be physically active developing their balance, building their strength and fostering a life long love of fitness. It will also encourage the improvement of the children’s social and emotional skills. We believe that every student can learn and we operate in a dynamic environment that encourages innovation and growth.

Thank you for your support of Jericho Elementary School and our local community. We greatly appreciate your contribution and commitment to children and families.

Kim Mercer, PIE Auction Committee, Jericho

Letters continued on page 14

Richmond Area

RICHMOND FREE LIBRARY

Display case: throughout March, three dimensional art by students of Richmond Elementary School.

Wall Display: Art by Richmond Elementary School 4th graders. These collages, using paper that the students made themselves, were inspired by famous paintings: *The Great Wave* by Hokusai, *Tiger in a Storm* by Henri Rousseau, or *Starry Night* by Vincent Van Gogh.

Fantasy masks: Come up with your own fantasy creature and create a marvelous mask to bring your character to life. Learn to use simple household materials to make a basic form for your mask. Then, embellish the mask with a variety of decorations such as feathers, tissue paper, shells, or jewels. You’ll take home a finished mask as well as many new ideas for constructing additional masks. *A HomeschoolKidsConnect@theLibrary* program with Teresa Davis for ages 8 and up, Friday, April 18, 10:30 AM – 12:00 noon. Registration required.

Young writers group: Are you interested in joining a writers group for ages 8-12? Meetings would include writing prompts, collaborations, critiques, discussion, and perhaps even public readings. We’re also looking for an adult who would like to help lead this group. If you’re curious about the Young Writers Group, talk to Rebecca or L.J.

Storytimes: **Toddler time** (ages 18 months- 3 years), Wednesdays at 10:30 AM. **Storytime** (ages 3-5), Mondays at 10:30 AM. **Pajametime** (ages 2-6) with Douglas, Mondays at 6:30 PM.

New children’s books: **Picture books:** *Mother Goose Numbers on the Loose* by Leo and Diane Dillon, *Lightship* by Brian Floca, *Tap Dancing on the Roof: Sijo Poems* by Linda Sue Park, *Tracking Trash: Flotsam, Jetsam, and the Science of Ocean Motion* by Loree Griffin Burns, *Knut: How One Polar Bear Captivated the World* by Julianna Hatkoff, and *Smash! Crash!* by Jon Scieszka. **Intermediate readers:** *Molly Moon*, *Micky Minus*, & *the Mind Machine* by Georgia Byng, *Diary of a Wimpy Kid* by Jeff Kinney, *Feathers* by Jacqueline Woodson, *No Castles Here* by A. C. E. Bauer, *The Cat: Or, How I Lost Eternity* by Jutta Richter. **Young Adult:** *Airman* by Eoin Colfer, *Gideon the Cutpurse and The Time Thief* by Linda Buckley-Archer, *Life As We Knew It* by Susan Beth Pfeffer, *The Eye of the Warlock* by P. W. Cantonese, *Full Tilt* by Neal Shusterman, and *Grimpow: The Invisible Road* by Rafael Abalos.

We have just got a fresh supply of books from the Mid-State Regional Library. Come in and check them out!

We also have a new, although so far only a bare-bones, web page at www.richmondfreelibvt.org.

We have many magazines at the library, which can be checked out for two weeks just like books. Of course we have the ones most people have heard of like *National Geographic*, *Vermont Life*, and *Consumer Reports* but we also have a few you may not be familiar with. One of these is *Birds & Blooms*, which has beautiful photographs of gardens, birds, and butterflies as well as helpful hints about attracting birds and butterflies to your home. It even has a page dedicated to some very creative birdhouses and feeders. This

magazine is especially comforting this time of year with cabin fever upon us. Another lesser-known magazine that we have is called *Caring Today*. It is information for caregivers, whether they are caring for spouses, parents, or children. There are helpful hints, articles about care giving, and helpful strategies for how caregivers can care for themselves.

New Books: *The Serpent’s Tale* by Ariana Franklin, *In Defense of Food* by Michael Pollan, *Beverly Hills Dead* by Stuart Woods, *The Accidental Countess* by Melissa Schroeder, *The Animal Dialogues: Uncommon Encounters in the Wild* by Craig Childs, *Fatal Remedies* by Donna Leon, *Fodor’s Guatemala* by Jeffrey Van Fleet, *Blasphemy* by Douglas J. Preston, *The Seduction of the Crimson Rose* by Lauren Willig, *Korea Strait* by David Poyer, *How to Rig an Election: Confessions of a Republican Operative* by Allen Raymond, *Lonely Planet Tuscany and Umbria*, *Race You to the Fountain of Youth: I’m Not Dead Yet (But Parts of Me Are Going Fast)* *Laughing Your Way Through Midlife* by Martha Bolton, *A Week from Sunday* by Dorothy Garlock, *Windswept* by Ann Macela, *Bleeding Kansas* by Sara Paretsky, *The Bloody Shirt: Terror After Appomattox*

by Stephen Budiansky, *Governess: The Lives and Times of the Real Jane Eyres* by Ruth Brandon.

WELCOME HOME

RICHMOND

(Centerbar/O’Neal) Brittany Centerbar and Joshua O’Neal had a son, James Bryant O’Neal, on Thursday, February 14, 2008 at Fletcher Allen Health Care in Burlington, VT.

(Orvis/Bush) Betsy Orvis and Chelsie Bush had a son, Leo Bush, on Sunday, January 27, 2007 at Porter Medical Center in Middlebury, VT.

COURT REPORT

February 1, 2008, **Danny R. Bevins**, 34, Richmond, VT, charged with escape custody – work release, felony, in Burlington, VT on November 8, 2007; amended to escape custody – furlough, felony; pleaded guilty; sentenced to six to 18 months, concurrent.

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Letters continued from page 13

No focus on local caterers

To the Editor,

I'm writing in regards to the article titled "Choosing the right caterer for your event" in the February 21 edition of the *Mountain Gazette*.

While I appreciate the effort made by the author to pen this article, to me it seemed to be very misleading. I was disappointed and disillusioned, after reading the first sentence: "If you're planning on ethnic eats, vegetarian fare or kosher cuisine, local caterers can serve it up in style." I was under the impression that I'd be reading about fantastic local caterers, farmers who offer eclectic veggies that could be incorporated into an amazing dish, or even what was in season during certain months that could be used in planning a wedding menu. However, the author neglected to mention even one Vermont caterer, and instead only made reference to those in faraway states. We have a plethora of local folks that could have been interviewed on this topic... many right here in Jericho (Welcome Kitchen Catering, Jericho Settlers' Farm, and Clay Brook Farm, just to name a few), as well as a number of other local choices that could offer exotic cuisine.

Producing goods (not just the edible kind) is something for which Vermont is well-known, and buying local is second nature to many who live here. However, there was no mention of any of this within the article. Vermont has been a leader in the "buy local" movement, which is only just starting to happen nationwide, and people here are connected to what they are eating and thoughtful about supporting those who produce and prepare it. With so many excellent (and delicious) options at our disposal, why are we reading in our local paper about what caterers in Minnesota and Missouri can offer?

Respectfully, Kim Cleary, Jericho

DRML Friends thank Town Meeting donors

To the Editor,

The Friends Group of the Deborah Rawson Memorial Library would like to thank the following local businesses for their generous contributions on Town Meeting Day 2008: The Flour Shop Café and Bakery, Price Chopper, Wells Corner Market, the Underhill Country Store, and Underhill Town Hall. As always, our community enjoyed all the refreshments and generously supported the Deborah Rawson Memorial Library.

Christine Ryan, Underhill Center

Taking a stand against drugs

To the Editor,

Thank you to Lt. Gov. Brian Dubie and the other public officials who are taking a stand against marijuana. As a society we must discourage any practice that zones kids out and makes substance abuse look harmless and fun. Marijuana partners teens financially and socially with organized crime, and gives them a chemical "out" from facing the real challenges of growing up. From occasional and not-so-very harmless use it's a short and slippery walk to the hell of chemical dependency.

It's a gateway drug. So close the gateway.

Guy Page, Cambridge

Thanks for votes

To the Editor,

I appreciate the effort it takes to cast a write-in vote. It is a high-value vote. Thank you to all of the voters who wrote my name in for Underhill Central School Director.

Many teachers, parents and taxpayers made time on Town Meeting Day to offer me their experiences with the school and their views of what is working and what is not working. Thank you. It is important hear what you have to say. Keep in touch.

Peter Duval, Underhill

UCS Board thanks voters

To the Editor,

We would like to thank the voters of the Underhill Central School district for their continued strong support for the school. The budget was approved with 72.9% of the votes cast (701 yes, 260 no). The bond to fix the insulation passed with 79.7% of the total votes (754 yes, 192 no). Without this support, the success of your school is not possible.

You are always welcome to attend our board meetings. They are generally on the first Tuesday of the month, starting at 6:30 pm, at the school. We occasionally meet at Browns River Middle School, so it is best to either call the school (899-4676) or Chittenden East (434-2128) beforehand. Agendas and minutes are available at the Chittenden East website, <http://www.cesu.k12.vt.us/>, as well as the Underhill Town Hall and Underhill Center Post Office. If you have questions or comments concerning the school, you are also invited to call any of us.

Sincerely,
The Board of Directors
for Underhill Central School
John LaRue, 899-2818
Peter Geiss, 899-3610
Tony Julianelle, 899-2211
Shari Tarule, 899-2978
Derek Bellin, 899-1913

Keep up the good work

To the Editor,

I have three comments:

1. I just wanted to express a huge thank you for mailing the *Mountain Gazette* again after a two-month delay. You know how they say that you don't miss something until you are without it? It was never really a problem for me because I could always pick one up at work. However, for the people in town that don't have a business in town that you deliver to it must have been difficult for them to get timely news. Thank you on behalf of all those people.
2. Great reporting and great timing, you girls must of worked all night Tuesday. To report Town Meeting results, put it in print form, take it to the printer's, pick it up from the printer's, and then deliver to the post offices for distribution on Thursday is great work and I know many people will appreciate it, especially those folks that don't get out much during the winter months. Thank you on behalf of all of us.
3. WOW, you are now on the Internet, what more could we ask in this electronic age, it looks great, it must still be more work for you both but keep it up, you are a definite asset to our towns.

So on behalf of all of us, especially in Underhill and Jericho, our hats are off to you for your continuing efforts of reporting to us in a timely fashion.

Sincerely, Randy H. Clark, Underhill

SCHOOL NEWS

CESU meetings

Monday, March 24: Chittenden East Supervisory Union Policy Committee meeting, 7:00 PM, Central Office, Richmond Town Center, Richmond.

Monday, March 24: CESU New School Director orientation, 7:00 PM, Central Office, Richmond Town Center, Richmond.

Tuesday, March 25: Underhill I.D. School Board meeting, 7:00 PM, Underhill I.D. Elementary School, Jericho.

Thursday, March 27: Mount Mansfield Union Personnel Committee meeting, 6:30 PM, Camel's Hump Middle School, Richmond.

Thursday, March 27: MMU School Board meeting, 7:30 PM, CHMS, Richmond.

Tuesday, April 1: Underhill Center School Board meeting, 6:30 PM, Underhill Central School, Underhill Center.

Wednesday, April 2: Bolton School Board meeting, 7:00 PM, Smilie Memorial School, Bolton.

Mud Season Auction benefits PIE

The Jericho Elementary School's parent organization, Partners in Education (P.I.E.), will harness the power of spring with its Mud Season Auction, an adult-only evening Saturday, March 29 at the JES gym.

Festivities kick off at 6:00 PM with live jazz by members of Red Hot Juba, a local band that plays "hot country-fied jazz and Green Mountain swing." The band's music includes jazz, blues, swing, bluegrass, country, and a healthy dose of experimentalism and spontaneity.

Admission to the auction and refreshments (finger foods, desserts, a chocolate fountain) are free. With prices beginning at just \$5, more than 200 items will be up for bid in the silent auction beginning at 6:00 PM and the live auctions which are scheduled for 7:00, 8:00, and 9:00 PM.

Items to be auctioned off include: bed and breakfast stays, bonsai trees, books, catering services, computer classes, cooking classes, fine wine, gift baskets, golf greens fees, local artisans' pottery, massages, handmade quilts, and more!

All proceeds from the Mud Season Auction will go toward the Playground Fund to purchase new equipment for a community playground at JES. The Playground Committee is planning a community build for the weekend of May 16, 2008. Please contact Laura Zambarano at 899-2540 or Edye Graning at 899-3207 for more information on volunteering for the build or donating directly to the playground.

For more information about the auction or P.I.E., contact Cheryl Forsyth, 899-1070, or visit <http://www.jericho.k12.vt.us/PIE/indexPIE.htm>.



Red Hot Juba, a local band self-described as playing "hot country-fied jazz and Green Mountain swing," will provide live music at the Mud Season Auction.

PHOTO CONTRIBUTED

UID kindergarten registration

Underhill I.D. School registration for new kindergarten students is underway. If you have a child born between September 1, 2002 and August 31, 2003 and have not been contacted by school secretary Sue Carter, please call Underhill I.D. at 899-4680 to receive registration material.

Underhill I.D. School will host a parent information night for incoming kindergarten students on Tuesday, April 8, at 6:30 PM. Incoming kindergarten visitation will be held on Friday, May 9.

Tisbert's **VALLEY DREAM FARM**

CSA memberships

Fresh Organic Vegetables, Herbs, and Flowers supplied for 16 weeks

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- Mid- June through September
- \$465 Membership serves a family of four
- \$250 Membership serves a couple
- Delicious recipes included weekly

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5901 Pleasant Valley Rd., Cambridge, VT 05444
Call for a membership application

644-6598



Browns River Middle School news

A big thank you to the community for supporting our local school budgets. We will continue to do our best to provide a high quality educational program to our students.

Congratulations to Taylor Paone for being the overall winner and to Molly Burke for being the grade level winner of the Green Up Writing Contest. They will attend a special awards banquet Friday, March 28 at the Capitol Plaza in Montpelier to accept their award from Governor Douglas.

Congratulations to Sam Lewis who will be competing in the Scripps Spelling Bee at St. Michael's College. We wish him the best of luck on March 19.

Congratulations to Joseph Freitas who qualified for the National Geographic Bee. He will be competing on April 4 at Middlebury College.

Ms. Joyce Babbit, BRMS librarian, is the sponsor of a BRMS Writing Club. On Thursday, March 13 members of the club held a retreat at the Jericho Community Center and spent time with author and illustrator Tracey Campbell Person, who shared her personal insights on art and writing and the world of publishing. Attendees were Joe Adkisson, Will Adkisson, Elisa Anderson, Annelee Beaulieu, Katie Bernhardt, Eva Boudah, Lindsay Brand, Moya Cavanagh, Oonagh Cavanagh, Danny Champlin, Samantha Day, Sunni Dutcher, Selah Gunnell, Tess Jutras, Danielle Lawhorn, Robert Malinowski, Justin Martin, Jimmy Lynn Mead, Victoria Mousley, Emily Mulvihill, Taylor Paone, Lydia Picotte, Gabrielle Richards, Emilie Schweikert, Justine Tibbits, and Shelbe VanWinkle.

Not only do we have fabulous writers at BRMS, we also have students who love to read!

Congratulations to Danny Champlin for being the February winner of the *Rock and Read* program, sponsored by our library. Congratulations also to the following students for being the top 12 readers in our *Pounding the Pages* reading program: Kevin Burdet, 6461 pages; Meaghan Hughes 6794; Mercedes Sauve 7233; Tricia Sullivan 7633; Amy Bruce 8416; Trevor Spaulding 8783; Riley Cummings 10,812; Juliana Skelly 10,899; Paul Skelly 18,151; Joe Adkisson 27,885; Joseph Freitas 29,080; and Will Adkisson 33,040.

And a big thank you to Ms. Joyce Babbitt, BRMS librarian, for organizing these wonderful opportunities for kids.

The Odyssey Team will be holding a fundraiser to raise money for a week-long environmental camp experience at Camp Keewaydin. They will be conducting a bottle drive March 29 from 9:00 AM – 1:00 PM in Underhill and Jericho. Please hold on to your recyclable bottles if you are willing to help this cause.

Upcoming dates: Please come to our play the evenings of Thursday-Friday, March 27-28.

Parent Conferences will be held the week of March 24. March 27 and 28 are student half days in order to provide conference time to our parents.

Grades 5 and 6 party on Friday, April 4, after school; 7th and 8th grade dance Friday, April 4 from 7:00 – 9:00 PM.

Poker Hill School is thinking spring

We are thinking spring at Poker Hill School! Children have been busy indoors and out, learning about how things work, making paper, doing cooking projects, and playing in the snow (and ice and mud!). Upcoming school activities include an indoor beach day at the end of the month and a school-wide dance party in April. New families will be receiving enrollment information in the coming weeks, so watch your mail!

The annual Poker Hill Golf Tournament is going to be held Friday, June 13 this year. This is a great event, with fun, good food, and great prizes! If you would like to sponsor a hole or would like to participate in the tournament, contact David at PHS at 899-3716.

UCS 2008-09 kindergarten registration

Underhill Central School's kindergarten registration for the 2008-2009 school year will be held on Friday, April 18, 2008. Registration packets will be mailed out at the end of March for children who will be five years old by September 1, 2008. If you do not receive a registration packet for your child, please call Darla Burgess at Underhill Central School, 899-4676.



Westford Broomball Division winners

The 2008 Westford Broomball Stanley Cup winners are: Dumont Crew for the adult division (John Foley, Kenny and Keith Robertson, Kevin Leahy, and Leon Kifshultz); The Seansters for grades 1-4 division (Sean Paul Vanzo, Henry Adams, Hunter Stewart, Wille Palmer and Riley Horsford); Spencer's Babes for grades 5-8 division (Spencer Leggett, Charlotte Adams, Kim Dvorak, Nicole Beaudoin and Abby Wintersteen). Special thanks to the Westford Recreation Department; to the Westford Cub Scouts and Girl Scouts for providing concessions; to Essex High School for lending the broomball sticks; to Essex Equipment and Rental for the stadium lighting; to all the participants and spectators who made this event such a fun and successful tournament; and to Dave "Rink Master" Adams for his dedication in maintaining the ice. Proceeds from the tournament will benefit the Brick Meeting House restoration and the Westford ice rink.

**Coming April 17:
Home & Garden issue
Call 899-4431 to place ads.**

Essex U-12 girls beat Chazy/Plattsburg to win championship 5-3



The Nick LaPorte Memorial Tournament in Chazy, NY was more than just another hockey game – it was about supporting a local community and remembering Nick Laporte, a young boy from Chazy who had the love for hockey. The Essex U-12 Lady Sting started the tournament by defeating St. Albans 2-0 (Saturday), and then beating Rutland (Sunday, early morning). Essex U-12 girls was tied with Chazy/Plattsburgh going into the final game. This nail-biting game was not only exciting but had all of the parents at the edge of their seats and cheering from the stands. Pictured: (front row, from left) Melanie Theriault, Sarah Manley, Victoria Gibson, Jasmine Powell, Molly Burke; (second row) Rachel Morse, Mikayla Butkus, Vika Simons, Tiffany Barnes, Erin Murray; (third row) Jennifer Berardo, Taylor Hallowell, Mercedes Sauve; (last row, coaches); Coach Craig Butkus, Patrick Theriault, Paul Murray, Hugh Gibson.

PHOTO CONTRIBUTED

Reinders to skate in All-Star Hockey weekend

Owen Reinders, a junior at Keene State College and resident of Jericho, VT, has been named to represent his club team in the 2007-08 North East Collegiate Hockey Association All-Star Hockey weekend March 22-23, 2008 at Gutterson Field House on the UVM campus in Burlington. Owen is the captain of the Keene State Club hockey team, and leads the way in goals and assists for the Keene State Owls.

The All-Star weekend consists of skills competitions on Saturday from 5:00 – 7:00 PM. Events will include speed skating, shot accuracy, fastest shot, break-away contest, and more. Prizes will



be awarded. The All-Star game will be on Sunday, March 23 at 1:15 PM.

Owen graduated from Mount Mansfield Union High School in 2005 and is the son of Laura Kimball of Jericho and Keith Reinders of Jeffersonville.

Underhill Little League registration

Boys and girls ages 5-12 are encouraged to sign up for Underhill Little League on Tuesday-Wednesday, March 25-26 at Browns River Middle School from 6:00 – 8:00 PM. Kids ages 5-8 are eligible to play in the Farm League. The Farm League games are played locally and are geared toward teaching fundamentals and, most importantly, having fun playing baseball. Kids ages 9-12 are eligible to play in the Minor and Major Leagues, and will play their games at Underhill Central School as well as in neighboring towns. Please visit our website at www.uhll.org where you will find more detailed information, as well as additional contact information.



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NOW and you get to ski and ride
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Underhill’s Avery Linde takes first in all-around at American Flyers Cup



On March 9, 2008 10-year-old Avery Linde of Underhill competed in the American Flyers Cup in South Portland, ME. There were 15 teams there from Maine, Massachusetts, Connecticut, Vermont, New Hampshire, and Virginia. The level 7 competition included 63 girl gymnasts in four age groups. In her age group, Avery won first on floor with a 9.5; first on vault with a 9.45; third on beam with a 8.6; third on bars with an 8.7; and winning all around with a 36.25 (second place was a 36.15). All scores are out of 10, with a possible 40 total in all around.

Avery is a fifth grade honors student at Browns River Middle School. She attends Hruska Gymnastics Academy in Winooski, where she has been doing gymnastics for three years. She has excelled in a very short time. Gymnastics starts competition at level 4 and goes through level 10. In three years she has gone from recreational classes to level 7. The VT State Championship is April 5-6 in Windsor, VT, where she hopes to do well.

Westford tree and shrub sale

The Westford Conservation Commission is sponsoring its third annual tree and shrub sale. Proceeds from this sale will go to the Westford Conservation Fund, to help fund conservation projects in town. We buy our stock from nurseries in Michigan. If you have any suggestions for inclusions in next year’s sale, let us know, and we’ll try our best to include your idea.

This sale offers a way to add to your landscape at a very reasonable cost. It’s also a great way to help maintain the beauty of the town of Westford, both by improving your property and benefitting conservation efforts within the town. All the trees and shrubs offered are beneficial to wildlife as either food or shelter – often both.

The WCC has tried to include as many native species as possible, with northern white cedar (arborvitae), common lilac, sugar maple, black elderberry, wild black cherry, American mountain ash, red Osier dogwood, three hardy varieties of blueberry, and three of raspberries. Trees and shrubs come bare root; be prepared to plant within a few days of pickup.

Order by Saturday, March 29 and pick up plants Saturday, May 3 between 10:00 AM – 12:00 noon at the Westford Town Common.

For information, contact Chuck McGill, 893-8707 or cmcgill.vt@gmail.com.

Home and Garden

Special pages coming April 17. Interesting articles, wonderful ideas for your garden and home improvements, and local advertisers. Don’t miss adding your business to the mix. **Call 899-4431 to place your ad.**



Looking for privacy? Spectacular Contemporary Cape on dead end road with fabulous Mount Mansfield

views! This quality built home has almost 3000 sq ft with 3 bedrooms, 3 bathrooms, living room, great room, office study, and two car garage. MLS#2708313 \$299,000.



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Ten acres and a stream surrounded by the UVM maple research forest and the sounds of silence. Dead-end road. Modest

home with attached studio (possible in-law apartment). Maples, moose, mountain magic, much more. \$238,000. Underhill Center.



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73 Stevensville Road
Underhill
RE/MAX Preferred
Office: (802) 862-9700 Ext. 12
1-800-998-2931
Home: 899-4488



Cub Scouts complete Big Change Roundup

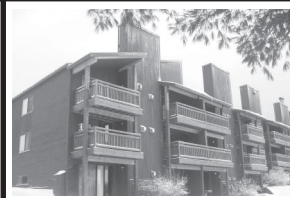


Cub Scouts complete Big Change Roundup

Cub Scouts from Pack 620 and Pack 621 of Jericho/Underhill recently completed their inaugural effort to raise money for Vermont Children’s Hospital. Over 50 cub scouts participated in 98.9 WOKO’s annual Big Change Roundup by collecting loose change from friends, family, and members of the community. The scouts also had collection bins at area merchants in the Jericho and Underhill area, and spent over ten hours collecting loose change at Jolley’s and Mountain High Pizza in Jericho and Shaw’s in Williston.

The Cub Scouts from Pack 620 and Pack 621 raised over \$2200 locally and led an initiative with seven other Cub Scout Packs in the area to raise over \$4500 for the hospital. The Cub Scouts were recognized as being the largest contribution from any organized group when they made their donation on March 2.

The Cub Scouts had a wonderful time taking part in this project and learned a lot about the need to help local children obtain necessary health care and services. Both scout packs are committed to taking part in this project next year and encourage other local organizations to join with them to help our local Children’s Hospital.



LIFTSIDE!!! Full Ownership! This 2 large bedrm, 1 3/4 bath, 5 star rated unit sleeps 9 & is located right at the base of the mountain, ski to the lift, watch the village activity from your deck. In the heart of the resort, next to restaurants, the country store, shopping, and the best view of the fireworks and torchlight parade. End unit with windows on 2 sides for lots of light and awesome views. Currently enrolled in resort rental program. Regularly booked through winter. \$290,000 MLS # **2801213**



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than this 3 bedroom, 3 bath colonial. Over 1700 sf, only 6 years old, and in move-in condition. Master suite w/ walk-in closet, bath w/ double sinks. Kitchen w/ breakfast bar and pantry. First floor laundry. Oversized attached garage and 8' x 12' garden shed. All on 1.6A in a quiet subdivision with 25 acres of common land, in beautiful Westford with its award-winning schools and high school choice. <http://cosmos.champlain.edu/people/andrews/audrylane/> \$255,000 Call Julia & Brian, 878-8930.

CLASSIFIEDS

COMPUTER SERVICES

Are computer problems getting you down? The Browns River PC Doctor, Tom McGonegal, can help. Visit <http://brpcdoc.com> or call 899-5209. -

LESSONS

Piano Lessons! Relaxed teaching style for students’ enjoyment and development. Beginner, intermediate, advanced. Focusing on theory, lessons, performance, and technique. Experienced teacher accepting applications for my home studio in Underhill. 899-4843. 03/20

Piano lessons, school year and summer schedule, classical/contemporary styles. Friendly, comfortable learning/teaching style. Ages 7 through adult, Monday-Saturday, 9:00 AM – 6:30 PM. Joanne Rawson, VMTA. 899-3945. 04/17

WANTED

Wanted: conscientious person to maintain lawn, gardens, cut trees, etc. Knowledge in these areas preferred. If interested, call 899-5509. 04/03

Church pianist/organist needed. Second Congregational UCC Church in Jeffersonville, “The small church with a big heart.” Sunday mornings 9:30 – 11:00 AM plus special services. Eager amateur choir. We need someone to play basic hymns, anthems, and other service musical elements. Stipend negotiable. Please contact Joan at 644-2297.

LAND AND LIGHT, call for entries to Bryan Memorial Gallery’s annual juried exhibition of New England landscape paintings. Specifications at www.bryangallery.org or send SASE to Bryan Gallery, P.O. Box 340, Jeffersonville, VT 05464. 03/20

I buy old books – also letters, documents, ledgers, diaries, etc. Marie Tedford, (802) 899-4447, or email reverie@comcast.net. –

LEGAL NOTICES

School Board Vacancies

Chittenden East Supervisory Union #12 has the following school board vacancies. Citizens in the following school districts interested in being appointed to any of the one-year positions are encouraged to send a letter of interest to:

James Massingham, Superintendent of Schools,
CESU #12,
P.O. Box 282,
Richmond, VT 05477

Jericho School District School Director

Richmond School District School Director

Ø School Director to the Mt. Mansfield Union School Board

Underhill ID School District School Director

Ø School District Clerk

NOTICE OF PUBLIC MEETINGS

Town of Underhill Development Review Board (DRB) Hearing

Monday, April 7, 2008 at 6:30 PM
Hearing to be Held at the Underhill Town Hall,
Underhill Center, VT

The DRB will hold a hearing on the conditional use request of Larry Westall to park and use a Recreational Vehicle/ Camper Trailer on his property located at 172 River Road in Underhill, Vermont. This property is located in the Water Conservation and Rural Residential zoning districts.

Town of Underhill Development Review Board (DRB) Hearing

Monday, April 21, 2008 at 6:30 PM
Hearing to be Held at the Underhill Town Hall,
Underhill Center, VT

The DRB will hold a preliminary hearing on the application of Sheldon Barker, Trustee of the Martha Montgomery Trust, for a Planned Residential Development of property located at 60 Maple Leaf Road in Underhill, Vermont. This property is located in the Water Conservation and Soil & Water Conservation zoning districts.

A copy of these DRB applications and additional information may be obtained at the Underhill Town Hall. These hearings are open to the public. Pursuant to 24 V.S.A. §§ 4464(a) (1) (C) and 4471(a), participation in these local proceedings is a prerequisite to the right to take any subsequent appeal. If you can not attend the hearing but would still like to exercise your right to be heard, comments may be made in writing prior to the hearing and mailed to: Zoning Administrator, P.O. Box 32 Underhill Center, VT 05490 or to underhillzoning@comcast.net.

LEGAL NOTICES

MILLS RIVERSIDE PARK
BID SCHEDULE FOR PARK MOWING
JERICHO UNDERHILL PARK DISTRICT
P. O. BOX 164
UNDERHILL, VT. 05489 899-2693
JUPDistrict@verizon.net
parkdistrict.jericho-underhill.org

GENERAL DESCRIPTION:

The Jericho Underhill Park District is seeking bids from qualified mowing/landscaping/property maintenance contractors for the mowing of numerous grass areas at Mills Riverside Park in Underhill Flats for the summer of 2008.

All work shall be done in accordance with this description of work and in conformance with accepted industry standards.

REQUIREMENTS:

1. Proof of insurance must be submitted with this bid schedule and all insurance shall be kept in force throughout the duration of the mowing contract.
2. Mowing frequency shall be as specified in the area description.
3. All mowing shall be done before 3:00 pm, Monday – Thursday. No mowing on Friday, Saturday or Sunday.
4. All mowing on Area 2 (athletic fields) shall be done with turf tires only. All other areas may be mowed with either turf or ag tires.
5. Approximately 12 picnic tables will need to be moved enough to mow underneath.
6. In general, mowing will follow the 1/3 rule (cut off 1/3 the total height) and the finished height will be 2 1/2” to 3”.
7. Trimming in designated areas shall include finish mowing and weed whacking around fences, walls, or structures, as appropriate.
8. Around September 15, the contractor shall meet with the park board to discuss reduced mowing frequency until the end of the growing season.
9. Area 2 is a newly constructed athletic field section which will be overseeded in the spring of 2008. This area may require mowing procedures which are different than the rest of the perk until grass is fully established.
10. Invoices shall be submitted monthly and shall include charges by area mowed and the number of times mowed.
11. Mowing areas are depicted on the Park District Website at ***parkdistrict.jericho-underhill.org*** Please click on “Park Management”. A copy will be sent if requested.

STATEMENT OF QUALIFICATIONS:

Each bidder shall include with his bid, a list of 3 similar clients and 3 reference individuals with whom the District may speak, as demonstration of qualification to undertake this project.

RECEIPT OF BIDS:

Bids will be received by the Jericho Underhill Park District at P. O. Box 164, Underhill, VT 05489 until 5 PM on April 2, 2008

1. No bidder may withdraw his Bid within 45 days after the actual date of opening.
2. The prospective bidders are responsible for inspecting the site and for reading and being thoroughly familiar with this scope of work.
3. The failure or omission of a bidder to do any of the foregoing shall in no way relieve him of any obligation with respect to his Bid.

SUB-CONTRACTORS: No sub-contractors shall be used in the completion of this contract.

The Jericho Underhill Park District reserves the right to reject any and all bids, or parts thereof, as it determines to be in the best interests of the District.

Call
899-4431
to
place
your
ads.

Town of Underhill Volunteer Positions
Trails Committee, and Energy Committee

The Town of Underhill, VT is accepting applications for the following volunteer positions:

Energy Committee: The Underhill Selectboard recently established an Energy Committee, the mission of which is to develop an energy policy for the Town and to explore a wide range of projects that may help residents and the Town to become more energy efficient and independent. If you are an innovative person who is concerned with rising energy costs and would like to be part of a team dedicated to creative solutions, membership on the Energy Committee is for you! The Selectboard is accepting applications to fill seven (7) available positions. To apply, send a letter of interest to Chris Murphy, Town Administrator P.O. Box 32, Underhill Center, VT 05490 or to *underhillvt@comcast.net* by March 31, 2008.

Trails Committee: The Underhill Selectboard has established a new Trails Committee to develop policies about trail use on town-owned land and to also explore the possibility

of a Town trail system. This committee includes members from the Planning Commission, the Conservation Commission, the Recreation Committee, and 2 members of the public. If you have an interest in trail use and are an open-minded team player who is able to work well within a committee, the Trails Committee would like to hear from you. If you are interested in serving on the Trails Committee, please send a letter of interest to Chris Murphy, Town Administrator, P.O. Box 32 Underhill Center, VT 05490 or to *underhillvt@comcast.net* by March 31, 2008.

Development Review Board Alternate: The Underhill Selectboard is accepting applications from community members who are interested in serving on the Development Review Board. If you are interested in land use and development this is a great opportunity. Applications will be accepted until April 24, 2007. Interviews with the DRB and Selectboard will be scheduled after that date, with appointment to the Board by the end of August, 2007. For more information about the DRB, please contact Chris Murphy at 899-4434, ext. 100. To apply, please submit a cover letter expressing your interest and a resume to Chris Murphy, Town Administrator, at *underhillvt@comcast.net*.

CHILD FIND NOTICE 2008

Any individuals from birth through age 21 with disabilities currently residing within Essex Junction, Essex Town, or Westford, and who are in need of special education and related services need to be identified, located and evaluated by Chittenden Central Supervisory Union (CCSU) and its member school districts (listed below). This includes children: not enrolled in school, attending private or independent schools located within the afore mentioned towns, enrolled in home study programs, suspected of having a disability despite advancing from grade to grade, who are highly mobile (such as migrant children), and who are homeless or wards of the state. Any person with information about any disabled person fitting these descriptions should contact CCSU.

In accordance with CCSU’s policies and with 34 CFR Part 99 (the Family Education Rights Privacy Act of 1974), this public notice informs all parents within their jurisdictions about how information is maintained when it is collected during identification, location and evaluation of all people with disabilities.

- Personally identifiable information will be protected by each school.
- Personally identifiable information about people eligible, referred or considered for special education services is maintained.
- Parents have the right to know what types of information have been designated as directory information (i.e. contained in a student’s education record and is not generally considered harmful or an invasion of privacy if disclosed). This information includes the student’s name (unless otherwise requested), address, phone number, date/place of birth, major field of study, participation in officially recognized activities/sports, weight/height, membership in athletic teams, dates of attendance, degrees/awards received, and the previous school attended.
- Parents have the right to know the types and locations of educational records kept by the school and the titles and addresses of officials responsible for the records.
- A list of the names and positions of employees within CCSU who have access to personally identifiable information shall be available for public inspection.
- If anyone other than an authorized CCSU employee looks at the educational record of a child, that person shall so indicate by signing his/her name, date and purpose for reviewing the record on a form to become part of the education record.
- Parental permission will be obtained prior to disclosing confidential information to anyone who is not an authorized employee of CCSU.
- Information relevant to a child’s specific disability (such as: medical information, intelligence test results, social/developmental history, comprehensive evaluation report and the individualized education program) will be part of the education record.
- Personally identifiable information will be gathered from screenings, qualified diagnostic centers and other sources, as deemed necessary, to complete a comprehensive evaluation.
- Parents, or an eligible student, will be able to access personally identifiable information and inspect and review their education record(s) no later than 45 days after the request is made.
- Parents have the right to a response to reasonable requests for explanations and interpretations of the educational records.
- Parents may obtain a copy of the educational record without a fee for copying, if a fee will be a financial burden and/or will prevent them from obtaining the records.
- Parents have the right to request the education record be amended. The school district will decide whether to amend the record within a reasonable time of the request. If the district refuses to amend the record, it shall inform the parent and advise the parent of the right to a hearing. If, as a result of the hearing, it is found the educational record must be amended, the school district will amend the record and inform the parent in writing. If, as a result of the hearing, it is found the disputed information is not inaccurate, misleading, or otherwise in violation of the privacy right of the child, the school will inform the parent of his/her right to place in the educational record a written statement commenting on the information or stating any reasons for disagreeing with the results of the hearing. This written statement will become part of the educational record and will always be included whenever the contents of the education record is properly viewed or requested.
- Parents have the right to a hearing to challenge the educational records of their child.
- Parents will be notified prior to the school district’s destruction of personally identifiable information about their child.
- The parent has the authority to inspect and review records relating to his/her child unless CCSU has been advised that the parent does not have the authority under applicable state law governing matters such as guardianship, separation and divorce.
- Parents have the right to file a complaint with the Secretary of the U.S. Department of Education concerning alleged failures by the CCSU to comply with this policy.

NOTE: If there are parents within the above mentioned towns who need this information interpreted, please notify the CCSU.

CHITTENDEN CENTRAL SUPERVISORY UNION
Union High School #46
Essex Junction School District
Westford School District

CONTACT: Executive Director of Student Support Services
21 New England Drive
Essex Junction, VT 05452
Phone: 857-7000 x4019

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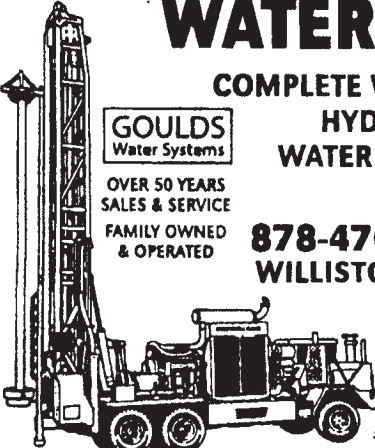
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Adopt a lifesaving change

With the time change on March 9, the Vermont Division of Fire Safety and your local firefighters want to remind all Vermont residents to make another change that could save their lives – changing the batteries in their smoke alarms and carbon monoxide detectors. Communities nationwide witness tragic home fire deaths each year. Eighty-three percent of all civilian fire-related deaths are a result of home fires, and on average, nearly three children a day die in these fires. An early warning can provide critical extra seconds to escape and smoke alarms double your family’s chance of getting out of a home fire alive – but only if they work. The most commonly cited cause of nonworking smoke alarms: dead or missing batteries. Changing smoke alarm batteries at least once a year is one of the simplest, most effective ways to reduce these tragic deaths and injuries. In fact, working smoke alarms nearly cut in half the risk of dying in a home fire. The International Association of Fire Chiefs recommends replacing your smoke alarms every ten years. In addition, state and local fire officials recommend residents use the time change as a time to test smoke alarms and carbon monoxide detectors by pushing the test button, planning “two ways out,” and practicing escape routes with the entire family. For more information about fire safety, get in touch with your local fire department, the division of fire safety at www.vtfiresafety.org, or call the Change Your Clock Change Your Battery® hotline at 314-995-3939, x104.

Volunteers needed

Volunteer and make a difference in your community. The listings below are a small sample of the more than 500 volunteer needs from more than 200 agencies you can find on-line at www.unitedwaycc.org, and clicking on “Volunteer.” If you do not have computer access, or would like information about the volunteer opportunities below, call us at 860-1677 Monday-Friday, 8:30 AM – 4:30 PM.

HELP THE GREYHOUNDS: Save the Greyhound Dogs is seeking a volunteer in the Essex area to assist with preparing correspondence on their home computer. Letterhead & other supplies provided and materials could be delivered to and picked up from volunteer’s home. Flexible scheduling.

YOUTH ADVENTURES: Calling all outdoor enthusiasts! Sara Holbrook Community Center is looking for volunteers, 18 years of age and older, to experience activities such as rock climbing, mountain biking, hiking, rafting, or even apple picking with middle-school aged youth. Ability to engage with and supervise youth is important. Knowledge of basic first aid is helpful. One day/week, 3-5 hours per day weekday afternoon or evenings.

EDUCATOR NEEDED: COVE (Community of Vermont Elders) is looking for volunteers, age 21 and older, to educate caregivers, seniors, advocates & professionals about drug and other abuse of elderly and disabled persons in healthcare settings using a film as the discussion focus. A great opportunity for retired or part-time caregivers. Training will take place on April 21 in Berlin and all materials will be provided.

MUSIC MAVIN - ReCycle North is looking for a lover of all music – classical to country, rock to rap – to help sort through their collection of LPs, 45s, cassettes, and 8-track tapes and organize, price and display the collection for easy shopping. Flexible scheduling, 1-2 hours a week.

ON THE BOARD - Champlain Community Services is seeking volunteers who want to make a difference in the lives of people with developmental disabilities by serving on their Board of Directors. Volunteers with a family member who has a developmental disability are especially being sought. Board members attend 2-3 hour meeting one Monday a month plus do committee and fundraising assignments.

Easter Week Services

Ecumenical Good Friday Walk
Friday, March 21, 12:00 Noon
starts at St. Thomas Church, Underhill Center
ends at Good Shepherd Lutheran Church, Jericho

CALVARY EPISCOPAL CHURCH, VT Rt. 15 Jericho, 899-2326
Thursday, March 20, Maundy Thursday, Holy Eucharist, 7:00 PM
Friday, March 21 Good Friday Liturgy, 7:00 PM
Saturday, March 22 The Great Vigil, 8:00 PM
Sunday, March 23 Sunday of the Resurrection: Easter Day Holy Eucharist, 9:30 AM

GOOD SHEPHERD LUTHERAN CHURCH (ELCA)
273 VT Rt. 15 - gslcvt@verizon.net
March 20, Maundy Thursday, 7:00 PM
Friday, March 21: Morning Prayer, 6:45 AM w/Continental Breakfast
March 21, Good Friday Tenebrae Service, 7:00 PM
March 23, Easter Sunday, 9:00 AM, followed by Easter brunch

JERICO CONGREGATIONAL CHURCH, Jericho Center, 899-4911
Maundy Thursday, 7:00 PM, Service of Communion and Tenebrae
Easter Morning Services, 8:00 and 11:00 AM, with extended fellowship time, 9:30 - 11:00 AM

JERICO UNITED METHODIST CHURCH, Rt. 15, Jericho, 899-4288
Ecumenical Morning Prayer, 6:45 AM, Friday, March 21

ST. THOMAS CATHOLIC CHURCH, UNDERHILL
ST. MARY’S CATHOLIC CHURCH, JEFFERSONVILLE
Thursday, March 20, 7:30 PM, Holy Thursday Mass of the Lord’s Supper at St. Thomas, followed by Confessions
Friday, March 21, 7:30 PM, Good Friday of the Lord’s Passion Service at St. Mary’s, Jeffersonville
Saturday, March 22, 11:00 AM, Blessing of the Easter Food at St. Thomas, Underhill Center
Saturday, March 22, 8:00 PM, Easter Vigil
Sunday, March 23, 7:30 and 11:00 AM, Easter Morning Mass at St. Thomas, Underhill Center
Sunday, March 23, 9:15 AM, Easter Morning Mass at St. Mary’s

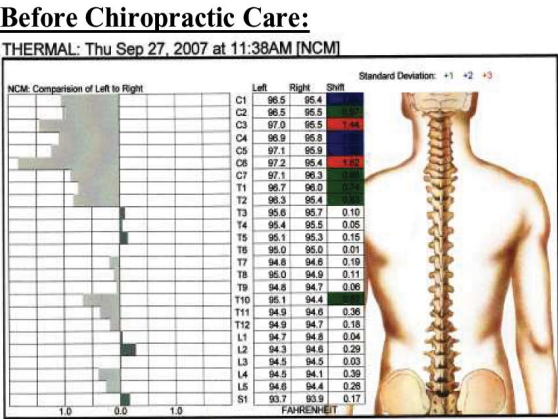
UNITED CHURCH OF UNDERHILL
At the Green on Route 15 - 899-1722
Easter Sunday, March 23, 10:30 AM Celebration of Christ’s Resurrection with Holy Communion

United Christian Assembly Full Gospel Church
100 Raceway Rd., Jericho, VT 05465 899-2949
Good Friday March 21, *The Passion of the Christ*, 7:00 PM
Easter Sunday, March 23, 6:30 AM: Ecumenical Sunrise Service

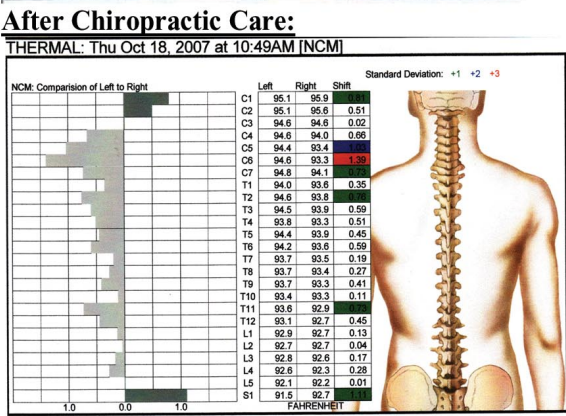
Passover is celebrated this year beginning at nightfall on Wednesday, April 16.

“Timothy was gagging so bad that he was turning blue...”

Name: Timothy James Cane
Age: 2 months
Town: Montpelier
Date Chiropractic treatment started: Sept. 27, 2007
Describe fully your aches, pains and illness and how they have affected your daily life: “At three weeks old, Timothy was gagging so bad that he was turning blue. Every time I put him in his car seat, he would scream. We couldn’t go anywhere unless he was sleeping. Timothy was very colicky in the afternoons so he didn’t spend too much time with his dad because he was nervous, this being his first child. Timothy’s hands were always clenched.”
When did you first experience symptoms? “One week old.”
Number of previous methods of treatment: 3
Medications: 2
What were the results of these previous methods? “Timothy was very stressed. He had a lot of medical tests that showed he was healthy with the exception of a heart arrhythmia and murmur. No one could tell me why he was gagging.”
How long were you under Chiropractic care before you felt improvement? “First visit”



Describe health improvements in your condition and how these improvements enabled you to lead a better, more productive life. “Timothy can now go for a ride without crying! No more colic! His hands open a lot more. Timothy is happy! He gets family time with daddy now! He sleeps all night long. Before he would gag every day and now, maybe once every two weeks.”



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Dr. Timothy Farrell
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