

# Browns River Middle School students, parents, and staff raise \$10,000 for Vermont Special Olympics



On Saturday, February 7, 46 Browns River Middle School students, parents, and staff jumped into Lake Champlain. It was an awesome event for the Vermont Special Olympics. Team BRMS raised over \$10,000 that goes directly to support Vermont Special Olympics. A high five goes to our eighth graders who mad-jumped for four years: Katie Benvenuto, Caitlin Erb, and Alex Preiss. Great job to teachers Jeff Warren and Jay Meadows for leading the BRMS team.

## Underhill Select Board race – with a catch

By Phyl Newbeck  
*Special to the Mountain Gazette*

In Underhill, Seth Friedman decided one term on the Select Board was enough. Peter Duval and Kevin Tarrant both gathered enough signatures to be on the ballot to replace him, but there is a catch. After submitting his petition, Duval asked to have his name taken off the ballot so he could mount a write-in campaign.

**Kevin Tarrant**

Tarrant has spent the last year and a half as a pilot for United Airlines. Previously he served as the F-16 MTC Site Manager for Boeing after retiring from a 24-year career as a fighter pilot with the U.S. Air Force. Although he is out of Vermont 12-15 days a month, Tarrant said he has the ability to set his own schedule. “Meetings are a big part of the job of the Select Board,” he said, “so it’s something I’ll have to prioritize.”

Tarrant entered the Air Force in 1985 and attended officer training in Texas and pilot training in Mississippi. He flew A-10, F-117, and F-16 planes. After 14 years, he got a job with United Airlines and joined the National Guard in Texas. He was furloughed from the airline after September 11, 2001 and became a full time member of the Guard at that time.

Tarrant hadn’t been planning on retiring from the military, but he was offered a job in South Burlington teaching advanced tactics to pilots. He and his wife made several trips to Vermont and fell in love with Underhill. “We said, this is the place we want to be,” he remembers. “It was kind of a magnet but it took a while to find a place that fit our budget and needs.” In December of 2010 the family was able to make the move. “Whenever I come back from a trip and get to Underhill Center I know everything’s okay again,” he said. “This is a great little town.”

Tarrant hadn’t been planning on running for Select Board but when someone asked him to throw his hat in the ring, he jumped at the opportunity. “I hadn’t done any volunteering and that kind of bothered me a bit,” he said. “I’ve only been here four years but I love this town. I feel like I might have something to offer. This is more a service thing than an aspiration.”

Tarrant believes his experience as both a member and a leader of a team is a useful trait for town government. “I think the Select Board has to be made up of people who have the ability to work as a team and listen and make decisions that are based on real facts,” he said. “We need to think about what impacts our decisions have on the community.” Tarrant praised the current board for their leadership and also lauded others who are involved in town government. “I would bring a little bit of everything to the board,” he said. “I’ve run budgets and managed finances and I’ve been a member of some pretty intense team functions.”

Tarrant feels the main challenges facing Underhill are traffic flow and limited funds. He readily admits he doesn’t have all the answers but he’s looking forward to delving deeper into the questions. “I’m not jumping in saying I’m the guy you have to

elect,” he said. “I just hope to help the town.”

**Peter Duval**

After getting sufficient signatures for a place on the ballot, Peter Duval asked Town Clerk Sherri Morin to remove his name so he could conduct a write-in campaign instead. The self-described househusband has lived in Underhill for eleven years and has served on the Energy Committee since its inception in 2008. “I’ve been around government for a long time,” he said, “starting with the Town Plan in Essex in 1989. I’ve been on facilities committees and planning committees in three towns.”

Duval said he is running for Select Board to promote what he refers to as the Commons Campaign. “That’s why I’m running and that’s why I’m running as a write-in candidate,” he said. “I don’t want to have passive votes or name recognition votes. I really want to have a single focus campaign.” Duval would like Underhill to post a bond and negotiate with the two major landowners in the Flats to acquire their parcels and conserve them. “This would be a reset on the direction of development that’s happening right now,” he said. Duval envisions starting by creating a central park, which would not require a substantial investment in infrastructure and utilities. “Bring the undeveloped land in the Flats into public ownership,” he said. “It could be under the Land Trust but I think it would be better if the town owned it directly.”

Duval said one of the themes of his campaign is “fresh air and sunshine.” By that he means there should be greater detail in meeting minutes and videotaping of meetings of the Planning Commission and other boards. Duval said he was one of the initial signers of the Charter for New Urbanism and was successful in lobbying Vermont Electric Co-op not to purchase power from Hydro Quebec in 1991. “I have a lot of experience with transportation and land use planning,” he said.

Duval said the goal of preserving the Commons was part of the Town Plan drafted in 2003. “It’s just a matter of picking that up and implementing it,” he said, noting that plans for the Jericho Market have made that decision more urgent. “In Chittenden County we are frequently bathed in inflated population growth projections and lovely drawings of greenery and streetscape,” he said, “but when the development actually happens it looks a lot like what happened at the Lang Farm and we need to recognize that the population in Underhill is either flat or declining by some estimates so a big supermarket doesn’t really fit with the demographic trends.”

Duval envisions a campaign that combines electronic communication with knocking on doors. He is willing to discuss other issues but prefers to have his campaign focus on land conservation. “The point of the campaign is to move forward on the Commons and the bond,” he said, “and the best way to do that is with a write-in campaign. I want to make sure that if I’m elected to the Select Board, I’ll have a strong mandate.”

## Underhill’s outgoing Select Board chair voices concerns

By Seth Friedman  
*Chair, Underhill Select Board*

I am thankful for my time on the Select Board. I learned so much about the town that I call home. The experience will help me to serve my community going forward. I was constantly impressed with the abilities of the town staff. Their dedication, professionalism, and depth of knowledge is inspiring. The volunteer boards also amazed me, the tireless work of a few dedicated citizens, offering vital services for no pay, is to be commended.

I do leave the board with a few concerns. They are my personal concerns, and by no means reflect the views or opinions of the town employees, volunteers, or other board members of the town.

Underhill is a wonderful and unique place to live. We all live here because of the rural setting, hills, mountains, and beautiful open spaces. Yet this all comes at a great price: we have a complicated infrastructure and a very small tax base due largely to the absence of commerce.

The two complaints I heard the most while I served on the board were:

“The condition of my road is terrible,” and “My taxes are too high.” I even got those two complaints at once!

Our road infrastructure is very poor due to three major factors:

- Most of our roads were built for a horse and buggy, when road base mattered much less.
- The north-south nature of our roadways makes for complicated drainage issues.
- The town may not have collected enough taxes in the past to do the infrastructure work that has been needed.

With the small increase in the 2015-2016 budget, we will not be able to greatly improve our infrastructure. What will this mean for our future? We will spend money in maintenance rather than infrastructure. We will dump significant amounts of money in stone into springtime mud holes because we did not fix the base of the dirt road. We will shim and overlay our pavement that will last five or six years before we need to do it again, because we did not fix the base of the paved road. If we don’t want higher taxes, we must get ready to live with bumpy, muddy roads.

We may want to take another look at a portion of the town land contracts. We need to make sure that the tax savings residents are getting are truly keeping land open. For example, a taxpayer with 15 acres can get a property tax break through the land contract because the property qualifies since it is over 10 acres. However, the zoning in that area of town may not allow building on less than 10 acres. Folks in existing land contracts should be left in them, but I recommend that we do not continue this practice on new applications.

Our town municipal budget cannot cover the town’s “social” infrastructure. I feel we will need to look to each other, in our community, the next time we want a tennis court, gazebo, or ice rink. We have a very diverse community that has the potential to achieve so many wonderful community-based goals, but we are

We are gathering information for the 2015-16 Jericho-Underhill Community Directory. Please send us any updates for your line listings to [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net).

NEWS BRIEFS

UNDERHILL-JERICHO FIRE DEPARTMENT

By Kitty Clark

EMERGENCY CALLS:  
Thursday, January 29, 7:15 AM – Accident near VT Rt. 15 and Browns Trace, Jericho.  
Thursday, January 29, 1:27 PM – EMS, Jericho.  
Thursday, January 29, 2:57 PM – EMS, Jericho.  
Friday, January 30, 10:27 AM – EMS, Jericho.  
Friday, January 30, 2:01 PM – Assist VT State Police, on VT Rt. 15, Westford.  
Monday, February 2, 11:35 AM – Accident, VT Rt. 15 & Lee River Rd., Jericho.  
Monday, February 2, 11:51 AM – Responded to 74 Meadow Lane, Underhill, smoke in residence.  
Wednesday, February 4, 10:37 AM – EMS, Jericho.  
Thursday, February 5, 1:23 PM – Accident near 87 VT Rt. 15, Jericho.  
Friday, February 6, 12:37 PM – Fire alarm activated, 7 Park St., Underhill.  
Sunday, February 8, 3:05 PM – Accident, VT Rt. 15 and Griswold St., Jericho.  
Sunday, February 8, 10:00 PM – Responded to 375 VT Rt. 15, Jericho, CO detector activated.  
Tuesday, February 10, 8:04 AM – EMS, Jericho.

MEETINGS AND DRILLS:  
Tuesday night drill on February 3 was maintenance night, with cleaning of apparatus, checking out the apparatus, Chief’s meeting, and other committee meetings.

All fire hydrants in Underhill and Jericho have been cleared of snow. If you have a hydrant near your home it would be helpful if you keep it cleared of snow.  
Tuesday night drill on February 10, a video of the structure fire on Cloverdale Dr. in Underhill was shown, with a critique of the call. Much discussion on what went right and what could have been done differently; all in all it went well as it was a difficult fire to fight and it was only 7°F that day with a light wind. Mutual aid departments responded to our call and we sure appreciated all of their help.

Wishing Sherry Fischer a speedy recovery from her broken arm!  
Safety Message: Reminder when you empty your wood stove ashes, use a metal container and place it outside away from anything that is flammable. Also, clean your dryer filter after each use. I know I have said this all before, but it is good to be reminded.  
Practice Fire Safety Everyday!

Vanishing of the Bees in Jericho on February 20

Please join the Jericho Energy Task Force as we continue our winter movie series with *Vanishing of the Bees* at the Deborah Rawson Memorial Library at 6:30 PM, Friday, February 20. Narrated by Ellen Page, the movie follows two commercial beekeepers as they work to keep their bees healthy. Across the country, bees have been decimated by Colony Collapse Disorder, which can have a devastating effect on our food systems. Commercial honeybee operations pollinate crops that make up one out of every three bites of food on our tables.  
Described as “the most important documentary film since *An Inconvenient Truth*” by *Filmstar*, and “a bees knees of a film, powerfully argued and very timely” by the *Sunday Times*, the film discusses the disappearance of bees and larger questions about how humans relate to our environment. “If you like eating, see this film,” said British Public Television’s Channel 4.  
*Vanishing of the Bees* is the second of three free movies shown by the Jericho Energy Task Force this winter. We will have two local beekeepers at the event to answer questions after the show. Cider and light refreshments will be provided but please bring your own mugs and bowls to make this a waste-free event. For more information, contact Larry Lamb at [lblamb@hotmail.com](mailto:lblamb@hotmail.com).

Pot luck lunch at Underhill Town Meeting

A pot luck luncheon will be served on Tuesday, March 3 in conjunction with the Underhill Town Meeting. The luncheon is held in the Brown’s River Middle School cafeteria following the meeting. Please bring a casserole, salad, or dessert to be shared. Beverages will be provided. The event is sponsored by the Underhill Historical Society. Donations are welcome. Contact person for the Underhill Historical Society is Irene Linde – 899-4734.



What to do with the District 5 schoolhouse?

The Town of Underhill’s Select Board created a Task Force in 2013 to investigate the future of the District 5 Schoolhouse located at the corner of Pleasant Valley and Stevensville Roads in Underhill Center. The current building, the third structure on that site, was first built in 1861 and was in continuous use until 1951, when a fire closed the school and resulted in the construction of the Underhill Central School.  
The Task Force presented its final report to the Select Board in November of last year. *The building is in dire need of repair.* It has stood vacant since 1951 and the town has not spent money on the structure in those 60 years. In the mid 1980s, the Underhill Historical Society spent \$20,000 of its funds and donated hundreds of volunteer hours to bring the first floor into good condition. However the second floor is still in no condition for public use. It is inaccessible except by a rickety, rusty exterior fire escape, and charred wood from the 1950 fire can still be seen. The exterior of the building is in very poor repair with peeling paint, rotting trim work and window sills, and failing masonry. The building has neither running water nor a septic system.

The Task Force has estimated the cost to repair the exterior at \$60,000-70,000, which does not include addressing the lack of the water systems or renovating the second floor. Due to the tight economic times, the Select Board has not included the building’s needs in this year’s budget.

It is time for the town to decide the future of the Schoolhouse. At this year’s town meeting on Tuesday, March 3, the Underhill Historical Society intends to conduct a survey to determine the opinions of Underhill’s residents. A copy of the Task Force’s Summary Report is available at the Town Hall or by contacting the Historical Society at [scotthtower@hotmail.com](mailto:scotthtower@hotmail.com).

Big Fins

By Scott Funk

VT Aging in Place advocate.

Whether it was the ’57 or the ’59, the record seems pretty clear that the fashion of tail fins on cars reached its peak on a Cadillac. When we talk to young people today about life being different back then, it is impossible for them to imagine how different it was.  
There were no seat belts and it wasn’t uncommon to see a car drive by with a kid lying across the seatback, playing in the rear window. Gas cost pennies a gallon and when you pulled into the gas station, a guy in a uniform with a tie rushed out to pump your gas, wash your windows, and “Check the oil for you today, sir?” Once you were filled up, the guy would hurry back with your change (credit cards didn’t exist yet and no one used checks) and a free glass or plate to add to your collection.

Back on the road, traffic was light. Speed limits where high and if you did get stopped for speeding, the cop would walk up to the car and inquire what was the hurry? Then there would be some back and forth banter about your excuse and the officer’s concern you should slow it down. If you got a warning, that would be upsetting. If you got a ticket, the policeman would brace himself for an argument.

Driving may have been a privilege according to the law, but it was a right according to society. No, it was more than a right; it was a rite of passage. I got my learner’s permit on the day I turned 15½. On my 16<sup>th</sup> birthday I passed my driver’s test, took the family car out that night, and loaded it up with my buddies for a cruise around town.

There were basically only two types of guys: those who owned a car and those who didn’t get dates. The goal of every teenager was to own a car and the car you owned was a mark of status. My first was a ’59 Bel Air Chevy with the horizontal fins. It was automatic, which was not cool, but had a back seat the size of a living room couch. That implied I could be a serious dude, but I wasn’t. It turned out there was actually a third kind of guy. He drove an Army green, automatic Chevy and still didn’t get dates, but it didn’t matter. I could drive, and drive, and drive.

No air conditioning, crank down windows, doors that weighted a ton, bench seats that fit four abreast and a dial AM radio with only a dozen or so stations to listen to. If you wanted rock ’n roll, there were only a couple of choices.

Nothing about my Prius even resembles what I grew up thinking was a car. Yes, I enjoy the drive, it is very safe and the gas mileage is great, but it has no fins. There is no extravagance about it. It lacks the superfluous and it was the superfluous that used to make cars what they were.

*Aging in Place*, it’s no accident, so drive safely

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Must be signed for attribution with writer’s address and phone number.

Charlie Nardoizzi at JCC on saving vegetable seed

Seed saving is a way to conserve and promote America’s culturally diverse but endangered garden and food crop heritage for future generations. If you’d like to learn about the process of collecting, growing, and sharing heirloom seeds and plants, you can attend a free workshop presented by Charlie Nardoizzi, a nationally recognized garden writer, speaker, radio, and television personality, on how to grow vegetables for seed saving. The workshop will take place at the Jericho Community Center on Browns Trace in Jericho Center on Friday, February 20, from 6:30 – 8:00 PM. The event is sponsored by the Jericho Town Library (JTL) in connection with “Let’s Grow Jericho!” Seed Library Launch event.

Nardoizzi will explore seed saving techniques for annual food crops like peas, beans, tomatoes, herbs, garlic, and peppers. Attendees will learn practical basics about self-pollinating crops, insect and wind pollination, and the problems with cucurbits. He will discuss vegetable varieties that grow well in our micro-climates, and how your family favorites may become the resilient building blocks for future varieties.

The Jericho Seed Lending Library at JTL is established to enable anyone in Jericho the opportunity to “borrow” heirloom and open-pollinated seeds for free. The mission of the Seed Lending Library is to build community through the collecting and sharing of bio-diverse, locally-adapted seeds, provide education on seed saving techniques, and create a forum for discourse on the relevancy of local food systems to our community. JTL is hosting the weeklong event “Let’s Grow Jericho!” featuring garden workshops, seed swaps, and seed library orientations.

For more details, visit <http://www.jerichotownlibraryvt.org/lets-grow-jericho.html>.

Time to renew dog licenses

In Jericho, dog licenses are due by Wednesday, April 1. Bring in current rabies certificate and spay/neuter certificate (if not on file) to the Jericho Town Clerk’s Office at 67 VT Rt. 15, Jericho. Office Hours: 8:00 AM – 4:00 PM, Monday-Thursday; Friday 8:00 AM – 1:30 PM. Cost: no fee if timely by April 1; after April 1 late fees will apply.

News from VTrans

VTrans is developing an On-Road Bicycle Plan in support of enhancing on-road bicycle improvements on state highways. This planning effort will use public input and roadway characteristics to categorize state highway corridors into several tiers. The plan will assist VTrans in understanding where to focus limited resources toward bicycle improvements and allow better integration into Agency projects. The second statewide public meeting on this plan will be held on Thursday, April 30, 6:00 – 8:00 PM at a VIT site (to find the site nearest you, go online to [http://vtransplanning.vermont.gov/sites/aot\\_policy/files/Public%20Meeting%202.pdf](http://vtransplanning.vermont.gov/sites/aot_policy/files/Public%20Meeting%202.pdf)); VIT will stream the meeting live at [www.vitlink.org/streamingmedia/vtcvitopen.php](http://www.vitlink.org/streamingmedia/vtcvitopen.php).

Westford Elementary School is one of the nine statewide Safe Routes to School (SRTS) partners to be selected for the 2015 School Zone Safety Initiative offered by VTrans to upgrade their school zone. This initiative has been created to help achieve uniform applications of traffic control devices within Vermont’s local school zones for the purpose of enhancing the safety of road users. These projects will be 100% federally funded using allocated Highway Safety Funds through MAP-21. For more information, go online to <http://saferoutes.vermont.gov>.

Outgoing continued from page 1

going to need to take that responsibility on as citizens. We are going to have to make a concerted effort to keep “community” alive as we transition from a rural farming community to a bedroom community.

One potential short-term revenue source could be town-owned property. The Select Board is too part time to clearly oversee, manage, and plan for all six properties. The Town Hall and Town Garage is already enough to keep up with. We just spent \$95,000 rehabbing a badly deteriorated town hall, and another \$80,000 trying to get the moisture issue reduced at the poorly constructed Town Garage. The Old School House needs \$70,000 in repairs and maintenance now.

- If the town donated The Old School House to a nonprofit, for example, the Underhill Historical Society, we could avoid spending \$70,000 over the next few years.
- The Post Office rents for \$758 a month. This is an old building with lots of maintenance coming up: one could speculate that this property has zero net earnings in the foreseeable future. We may want to consider selling it now before the USPS is no longer a tenant.
- We should also consider selling the Beartown pit. It is used for periodic loads of bank run gravel, a stump dump, and old culvert storage. Our 60 acres on New Road can easily accommodate those uses.

These three sales could have a net gain of over \$200,000, which could be used for upcoming capital expenses.

Given our current and challenging phase in our community’s development, I feel that the Select Board system without a Town Manager is not the best plan for our town moving forward. We are no longer a small town with small town issues. A Town Manager salary would increase the budget, but I feel that having a full-time professional Town Manager would save the town money in the long term by providing increased and consistent implementation of long-term goals. The “right” person for this job could also help the very qualified town staff to work as a more cohesive unit.

A larger concern – one that cannot be resolved at a Town Meeting – looms largest in my mind. I cannot help but leave my role as Chair thinking about the financial future of our town as a perfect microcosm of a much larger picture. Most of us all feel the financial pinch, as our Town, State and Federal government do too. I cannot help but see the common denominator as a fundamental, systemic, deep problem: Expenses continue to rise, at the household level, at the Town Garage, at our offices, yet almost everybody’s wages have remained stagnant for thirty-plus years. How can we think we can afford our town’s needs when we are struggling with our own?



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HEALTH NEWS

Boosting immunity

By Mary H. Kintner, D.C., R.N.  
Chiropractor and Nutritional Consultant

There is no shortage of opinions about the pros and cons of vaccines. Regardless of whether you decide to get the seasonal flu vaccine, the H1N1 vaccine, or no vaccines, there are steps you can take to reduce your risk of becoming ill.

The most effective way to prevent the spread of infection is frequent and thorough hand washing. When you cough or sneeze, do so in your elbow. In addition, there are other ways to fortify your immunity – i.e., your own natural defense against infections and disease.

Lifestyle is a powerful determinant in your health – positive choices promote health; negative choices promote disease. Four habits that adversely influence health are the following:

1. White sugar, because it decreases white blood cells (the immune system’s army) by 40% within 30 minutes for the next five hours. By contrast, complex carbohydrates from fruits and vegetables do not have this effect.
2. Alcohol has a similar effect as white sugar, plus it depletes the body’s nutritional status.
3. Obesity has a negative impact on immunity because it decreases white blood cells and antibodies – the organisms which fight invaders.
4. Food sensitivities can lead to leaky gut syndrome, which depletes the immune system by sending out false alarms of foreign invasion.

There are specific dietary supplements and foods that can boost immunity. Vitamin C increases white blood cell formation as well as interferon – a major immune support. Take vitamin C in small doses because it only persists in the body for four hours. It is especially important at night, since it is used in the repair that happens during sleep. Bioflavonoids, found in nuts, dark cocoa powder, grapefruit, and white tea, to name a few, increase the activity of other immune cells called natural killer cells and B cells. Carotenoids, found in fruits and vegetables, increase natural killer cells, T cells and quell damaging free radicals. Zinc increases white blood cells, natural killer cells and T cell activity. The sulfur in garlic and onions fortifies the immune system. Selenium, found in fish, egg yolk, Brazil nuts, and garlic, increases natural killer cells. Omega 3 oils found in deep sea fish, flax, and supplements, strengthen the whole body, including the immune system. Mushrooms such as Shitake, Reishi and Maitake, have been found to enhance immunity. Capsaicin, found in hot peppers as well as ginger, cilantro, and oregano, has shown antimicrobial activity. Probiotics, found in foods such as yogurt, kefir, and other fermented foods, support the gastrointestinal tract, the densest site of immune tissue in the body.

- Habits that promote immunity include:
1. Getting adequate sleep.
  2. Developing and keeping a positive outlook.
  3. Practicing stress management techniques, because stress depletes immunity.
  4. Getting adequate sunlight. Vitamin D, which the body makes naturally in response to sunlight, is deficient in many people in the northern hemisphere. The benefits of vitamin D beyond bone formation are being discovered. These benefits include improved mood and immunity.
  5. Getting regular moderate exercise is also beneficial, but excessive exercise can deplete immunity.
  6. Staying well adjusted, chiropractically speaking, can allow the nervous system to coordinate bodily defenses optimally as well as decrease stress.
  7. Staying well hydrated by drinking plenty of water (half your body weight in ounces) discourages the organisms that thrive on dehydrated mucous membranes.
- The cold and flu season is upon us, but we do not have to get sick. Practicing healthy habits including hand washing, adequate rest and relaxation, proper nutrition and hydration, and spinal adjustments can help you hedge your bets against these maladies.

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Give blood in March, Red Cross Month

During Red Cross Month in March, the American Red Cross reminds eligible blood donors that it doesn’t take a cape or superpowers to be a hero. By donating blood, a donor can become a hero for patients in need. Red Cross Month is dedicated to the everyday heroes who support the Red Cross mission by giving blood, volunteering their time, learning lifesaving skills, or making a financial contribution.

The need for blood is constant. The Red Cross depends on blood donor heroes in communities across the nation to collect enough blood to meet the needs of patients at approximately 2600 hospitals nationwide. Donors with all blood types are needed, particularly those with types O negative, A negative, and B negative.

To learn more about donating blood and to schedule an appointment, download the Red Cross Blood Donor App, visit [redcrossblood.org](http://redcrossblood.org) or call 1-800-RED CROSS (1-800-733-2767). Here are some upcoming blood donation events in our area:

- Saint Albans – Monday, March 2, 12:00 – 5:30 PM, Collins-Perley Sports Complex, 890 Fairfax Rd.  
Shelburne – Wednesday, March 4, 12:00 – 5:30 PM, Shelburne Town Center, 5420 Shelburne Rd.  
Jericho Center – Thursday, March 5, 8:00 AM – 2:00 PM, Mount Mansfield Union High School, 211 Browns Trace.  
South Burlington – Thursday, March 5, 9:00 AM – 3:00 PM, WCAX TV, 30 Joy Dr.  
Saint Albans – Thursday, March 5, 10:00 AM – 3:00 PM, St. Albans Healthcare and Rehab Center, 596 Sheldon Rd.  
Morrisville – Friday, March 6, 12:00 – 6:00 PM, VFW, 28 Pleasant St.  
South Burlington – Saturday, March 7, 10:30 AM – 4:00 PM, University Mall, 155 Dorset St.  
Fairfax – Tuesday, March 10, 11:00 AM – 4:30 PM, Bellows Free Academy, 75 Hunt St.  
Hinesburg – Friday, March 13, 8:00 AM – 2:00 PM, Champlain Valley Union High School, 369 CVU Rd.

Legal, financial planning for Alzheimer’s disease, dementia

Planning for the future is important. This course on Saturday, March 14 will provide an overview of pertinent legal documents such as wills, powers of attorney, and health care proxies, as well as an overview of financial issues and options like Medicare, Medicaid, and veteran’s benefits.

The course runs from 9:00 AM – 12:00 PM; the program is free (but registration is required), and will be held at your local Vermont Interactive Technology site. Please find your local site at [VITlink.org/location](http://VITlink.org/location).

For more information and to register, call the Alzheimer’s Association 24/7 Helpline at 1-800 -272-3900.

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COMING EVENTS

**Thursday, February 19**  
**Legislative Forum,** 6:30 – 8:00 PM, Deborah Rawson Memorial Library, Jericho. Representatives Bill Frank and George Till will hold monthly legislative forums to discuss and answer questions about what is happening in the legislature this session. For information, contact Representative Frank at 899-3136 or [Bill@RepBillFrank.com](mailto:Bill@RepBillFrank.com).

**Moses Robinson and the Founding of Vermont,** 6:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Superior Court Judge Robert Mello will discuss and sign his new full-length biography about Moses Robinson—perhaps Vermont’s most important and least well-known founding father. Robinson appears in books about early Vermont history, but as a minor character with little substance. In this full-length biography – deeply researched in primary sources like state papers, legislative proceedings, court records, and other government documents – Mello restores Robinson to his rightful place as one of the most significant figures in the founding of Vermont and the development of its state institutions. Robinson was a leader of the revolt against New York, one of Vermont’s agents to Congress in charge of negotiating statehood, the architect of Vermont’s legal system, and served as the state’s first chief justice, governor for a year, and then as its first senator. He was an ally of the Allen-Chittenden faction but also was independent-minded, particularly on the issue of statehood. During the last decade of his life, Moses Robinson was widely considered to be Vermont’s elder statesman. Free. For information, [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

**The Lost Shul Mural,** 12:00 PM, VT History Museum, Montpelier. In 1910 the interior of Chai Adam synagogue in Burlington was painted, ceiling to floor, by Ben Zion Black, a Lithuanian painter. Decades later the building was sold and later converted into apartment units. The painting was forgotten until 2012 when the mural was uncovered for the first time in 30 years. In this program, Jeffery Potash and Aaron Goldberg will explore this unique mural and the plans to preserve it. Information: [www.vermonthhistory.org](http://www.vermonthhistory.org).

**Saturday, February 21, 2015**  
**The Next Revolution: Popular Assemblies & the Promise of Direct Deomcracy,** 2:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Debbie Bookchin to celebrate the Vermont launch of *The Next Revolution*, which brings together Murray Bookchin’s essays on freedom and direct democracy for the first time, offering a bold political vision that can move us from protest to social transformation. Award-winning journalist Debbie Bookchin is Murray Bookchin’s daughter, a trustee of the Murray Bookchin Trust, and co-editor of *The Next Revolution*. Free. For information, [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

**Resources and Tools at for Genealogy,** 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Join VT Genealogy Library webmaster Bill Craig and learn how to leverage the many online tools at our website, [www.vtgenlib.org](http://www.vtgenlib.org). Whether you are looking for baptisms, marriages, obits, or just other members searching for the same names, this site is a huge resource. Class is \$5; parking and entrance are across from the State Police Building. More information –802-310-9285 or [www.vtgenlib.org](http://www.vtgenlib.org).

**Tuesday, February 24**  
**Burlington Garden Club Meeting,** 1:15 PM, Faith United Methodist Church, 899 Dorset St., S. Burlington. *Growing Beautiful Houseplants* – Kathy Gentry from *Mr. Twitter’s* of Rutland will demonstrate techniques for healthy plants, pruning, and procedures to bring potted favorites inside for winter. A brief meeting will precede the program. Free and open to the public. Information: 372-4058.

**Saturday, February 28, 2015**  
**Finding Cousins with Autosomal DNA (Part 1),** 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Learn how autosomal DNA tests work, which companies to use, what tools are provided, and whether this test will help with your specific genealogical needs. If you’re thinking about taking a DNA test, this class will get you started on the right foot. (Part 2 will provide detailed help analyzing the results.) Class is \$5; parking and entrance are across from the State Police Building. More information –802-310-9285 or [www.vtgenlib.org](http://www.vtgenlib.org).

**Friday-Sunday, February 27-March 1**  
**VT Flower Show,** Friday-Saturday 10:00 AM – 6:00 PM, Sunday 10:00 AM – 4:00 PM, Champlain Valley Expo, Essex Jct. “Spring Reflections” theme at the Flower Show, which this year features cooking demonstrations by local chefs. For information including admission (two day passes available), 888-518-6484 or [www.greenworksvermont.org/vermont-flower-show](http://www.greenworksvermont.org/vermont-flower-show). Tickets available in advance at Price Chopper stores, Gardener’s Supply stores, and online at the greenworksvermont site. Free parking.

**Sunday, March 1**  
**Community breakfast,** 9:00 – 11:00 AM, VFW Post 6689, 73 Pearl St., Essex Jct. (across from Big Lots). Sponsored by the Ladies Auxiliary to the Veterans of Foreign Wars. All are invited, both members and non-members! Adults \$7; children 10 and under \$3. For information, 878-0700.

**Saturday, March 7**  
**No Safety in Numbers,** 2:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Calling all fans of young adult lit! Join S. Burlington author Dayna Lorentz to discover the thrilling *No Safety in Numbers* trilogy and celebrate the paperback release of the third book, *No Dawn Without Darkness*. Free. For information, [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

**Saturday, March 14**  
**Legal & financial planning for Alzheimer’s and dementia,** 9:00 AM – 12:00 PM, your local VT Interactive Technology site. Overview of pertinent legal documents such as wills, powers of attorney, and health care proxies, as well as an overview of financial issues and options like Medicare, Medicaid and veteran’s benefits. Free. Find your local VT Interactive Technology site at [vitlink.org/location](http://vitlink.org/location). For more information and to register, call the Alzheimer’s Association 24/7 Helpline at 1-800 -272-3900

**Thursday, March 19**  
**Legislative Forum,** 6:30 – 8:00 PM, Deborah Rawson Memorial Library, Jericho. Representatives Bill Frank and George Till will hold monthly legislative forums to discuss and answer questions about what is happening in the legislature this session. Thursday, February 19. For more information, contact Representative Frank at 899-3136 or [Bill@RepBillFrank.com](mailto:Bill@RepBillFrank.com).

Send your event to  
mtgazette@earthlink.net

OBITUARIES



**Roberta Lee Millard** of Jericho, VT, born August 5, 1929 to Robert and Edith Sexton in Lincoln, NE, died suddenly Monday, January 26, 2015 in University of Vermont Medical Center (Burlington, VT) of heart failure, but not before Barb and Francis, Edie and Roy, and her granddaughters, Shelley and Jackie, were by her side who embraced her with many “I love yous.” She attended Lincoln High School, Lincoln, NE. She married William Millard and with him she raised a family of five children, then went to work as a bookkeeper for Kinney Drugs, retiring with the company after 20 years. She enjoyed bowling and traveling with her husband, but once alone, continued to travel to see her grandchildren in other states and her family in Nebraska. Her most recent trip to Myrtle Beach with her sister, Rosemary, would prove to be her most treasured. In the last chapter of her life, she found joy interacting and spending time with her now adult grandchildren and her most treasured great-grandchildren, attending their hockey games in the coldest of rinks all over the states, her Saturday night suppers at Barb’s and the impromptu birthday pizza parties, and her pool parties with her beloved crew in Florida. She enjoyed her long distance calls from her great-granddaughter Genna, and granddaughter Denelle, and her chats with her granddaughters Wyndee and Krissy. She felt fortunate to have an extended family, the folks from Kinney Drugs, who loved her and cared for her even after she retired. These folks will tell you they also were fortunate, to know her and learn from her. She is survived by her daughters, Barbara and Francis Fleming of Jericho, and Edith and Roy Stygles of Jericho; son, Maurice and Bonnie Millard of Barre, VT; sister, Rosemary Felton of Lincoln, NE; granddaughters Jacqueline and Ben Esancy of Fairfax, VT, Denelle and Byrun Sowers of Dallastown, PA, Shelley and Roger Nadeau of St. Albans, VT, Wyndee Vine of Savannah, TN, Krystine and David Smith of Middleburg, FL, and Marissa Millard of Lowell, MA; grandson Robert and Nancy Millard of Bedford, MA; grandson Jason Robert of Bolton, VT, who made grama’s visit to the shop special, like “queen for a day;” great-granddaughters Angelique, Marina, Cierra, Emily, Mirabel, Genevieve, Kelsey, and Madyson; great-grandsons Floyd, Justin, David, Daniel, Colby, Derek, Will, and Caleb; and several nieces and nephews. She was predeceased by her parents; husband William Millard; son Robert Millard; daughter Mary Vine; brothers John and William Sexton; grandson BJ Millard; granddaughters Elaina Millard and Jennifer Kilpeck. Barb and Edie would like to thank all from VNA, especially Ellen and Julia, for guiding us and for their immeasurable kindness and dedication to Mom. Visiting hours were held on Friday, February 6, 2015 at Corbin & Palmer Funeral Home, Essex Junction, VT. A memorial service followed by interment will occur in the spring at the Vermont Veterans Memorial Cemetery, Randolph, VT.

**Adrian Remi St. Denis**, 83, passed away Tuesday, February 3, 2015 at his home in Jericho, VT with his loving family at his bedside. Born September 6, 1931 in Williston, he was the eldest son of Adrian and Mariza (Gratton) St. Denis. A resident of Jericho, he worked on the family farm on Lee River Rd., J Rotunda and B.C. Stygles general stores, and as a Maintenance Custodian at the Jericho Elementary School from 1961 to 1987. He purchased the St. Denis family farm from his parents in 1956, and in 1958 he started the Skyview Drive development. There was a gravel pit on the farm, which he ran for several years. He purchased the apartment building next to Joe’s Snack Bar and the one on the corner of Lee River Road and Plains Road. He married the late Theresa (St. Jacques) in 1952 in Jericho, and they had six children. Theresa passed away in 1983. He then married Barbara Chaffee. During their 32 years of marriage, they loved to travel in his RV. He eventually settled in Ellenton, FL, where he was very active in his church as a maintenance worker. He is survived by his wife Barbara St. Denis; daughters Christine Hager, Ellen St. Denis (Steve), Diane Superneau (Bobby), Michelle St. Denis (Mike), and Holly Aube (Tim); son Michael St. Denis; brothers Henry, Albert, and Leo St. Denis; and stepchildren MaryLou Lapierre (Lucien), Craig Chaffee, Brian Chaffee, and Derek Chaffee (Penny). Adrian had 13 grandchildren; and several great-grandchildren. Visitation was Sunday, February 8, 2015 at the LaVigne Funeral Home and Cremation Service. A funeral service was held on Monday, February 9, 2015 at the Essex Alliance Church. Online condolences may be shared with the family at [www.lavignefuneralhome.com](http://www.lavignefuneralhome.com).



**Walter Jeffrey “Jeff” Butkus**, 54, passed away after a two and half year long courageous battle with cancer, on Monday, February 9, 2015, surrounded by his loving family, at his home in Jericho, VT. Visiting hours were held on Monday, February 16, 2015 at A W Rich Funeral Home – Essex Chapel. A Mass of Christian Burial was celebrated on Tuesday, February 17, 2015 at St. Thomas Church in Underhill Center, VT with Father Charles Danielson and Father Lance Harlow co-officiating. Inurnment will be private and at the convenience of the family. The family also invites you to view further information and share your memories by visiting [www.awrfh.com](http://www.awrfh.com). Memorial contributions in Jeff’s memory may be made to the American Cancer Society, 55 Day Lane, Williston, VT 05495.

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**ART/PHOTOGRAPHY**  
Time to sign up for the Jericho Underhill Open Studio Tour, held on Memorial Day Weekend in conjunction with the statewide Vermont Crafts Council Open Studio Tour. Deadline to sign up is Saturday, February 21 with a fee of \$25, check made out to Jericho Underhill Open Studio and sent to Emilie Alexander, 22 Barber Farm Rd., Jericho, VT 05465. Artists who have not participated before are encouraged to join. For more information, please contact Dianne Shullenberger, 899-4993 or Emilie Alexander, 899-3111.

Thirty Darkroom students from the Darkroom Photography 1 calls will exhibit their work at the Emile A. Gruppe Gallery throughout February. Students are presenting their works of art through “old school” black and white film photography as opposed to digital. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho. Gallery owner Emilie Alexander. Gallery hours: Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment. Information, [www.emilegruppegallery.com](http://www.emilegruppegallery.com) or 899-3211.

Bryan Memorial Gallery presents *Romancing The Garden*, a juried exhibition, on exhibit through Sunday, March 29 featuring paintings, photographs and sculpture by over 50 gallery artists. One hundred artworks juried from over 200 works conjure wintertime fantasies of spring: flowers, fauna, farms, gardens, bouquets, climbing vines, plants, buds and blossoms. To preview the exhibit, visit [www.bryangallery.org](http://www.bryangallery.org). Bryan Memorial Gallery, 180 Main St., Jeffersonville, [www.bryangallery.org](http://www.bryangallery.org). Thursday-Sunday, 11:00 AM – 4:00 PM and by appointment, 802-644-5100. School and seniors groups encouraged to arrange in advance for a free guided tour. For information, Mickey Myers, 802-644-5100.

Science Meets Art on Thursday, March 5 from 3:00 – 7:00 PM – Bob Arns is a nuclear physicist with a hidden talent. For the last six decades, the UVM Professor Emeritus has been creating artwork under the alias Mutin. On Thursday, March 5, the intersection of science and art will be on display as Artists’ Mediums in Williston holds a reception for Arns’ first solo show. Initially Arns did his painting clandestinely, worried that it might detract from his reputation as a scientist, but he has become willing to shed some light on his artistic side and this show is the first time he has allowed his work to be shown in public. Arns’ paintings run the gamut from abstract to representational and include both oils and acrylics. His subjects range from portraiture to flowers, birch trees and sunsets in Maine, but his most recent compositions consist of five images inspired by the Hubble telescope. The reception will feature light snacks and beverages; Arns’ exhibit will run through the end of April, and more of his work can be seen at [Mutinvt.com](http://Mutinvt.com). Artists’ Mediums, 300 Cornerstone Dr., Williston.

Join Helen Day Art Center Friday, March 6 at 6:00 PM for the artist’s talk and opening reception for *Experiments: recent paintings and sculptures by Richard Whitten*, a solo exhibition in the East Gallery. Richard Whitten is an artist and professor from Rhode Island College who creates gorgeously imagined architectural spaces and invented objects, painted realistically in the style of the Renaissance. The display includes large and small exquisitely executed paintings and the accompanying

study models he creates for the paintings. Whitten earned a B.A. in Economics from Yale University and an MFA in Painting from the University of California at Davis, where he studied with both Wayne Thiebaud and Robert Arneson. He is now a Professor of Painting at Rhode Island College. Helen Day Art Center, 90 Pond St., Stowe, 802-253-8358, [www.helenday.com](http://www.helenday.com). Hours: Wednesday-Sunday, 12:00 – 5:00 PM, and by appointment.

Exhibits at the VT Metro Gallery: *In Motion*, an exhibition on display through Saturday, March 7, 4<sup>th</sup> floor, features Vermont artists Nancy H. Taplin and Ethan Bond-Watts, capturing the kinetic energy of color and light. *Taking Pictures*, through Saturday, April 4 on the 1<sup>st</sup> and 2<sup>nd</sup> floors, features Pictures Generation Artists Gretchen Bender, Dara Birnbaum, James Casebere, Sarah Charlesworth, Nancy Dwyer, Jack Goldstein, Louise Lawler, Robert Longo, Allan McCollum, Cindy Sherman, and Laurie Simmons. Burlington City Arts Center, 135 Church St., Burlington. Information: [bca@burlingtoncityarts.org](mailto:bca@burlingtoncityarts.org).

Essex Art League meets the first Thursday of the month, from 9:00 – 11:00 AM, at the Essex Junction Congregational Church on VT Rt. 15. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar of meetings, speakers, and online gallery is published on the League’s website, [www.essexartleague.com](http://www.essexartleague.com).

The work of artist Michelle Ennis Jackson of Essex Junction is featured at Shelburne Vineyard’s Tasting Room Gallery. The show, *Capturing the Essence of*

ART / MUSIC / THEATER

*Vermont* runs through February 28. Shelburne Vineyard Wine Tasting Room, 6308 Shelburne Rd. (US Rt. 7), open 11:00 AM every day. New exhibits by local artists change every four months. For more information, [www.shelburnevineyard.com](http://www.shelburnevineyard.com).

MUSIC/DANCE

First Thursday Music in the Loft – Tiffany Pfeiffer gives a solo soul/jazz/pop performance of originals and covers on Thursday, March 5 beginning at 6:00 PM at Shelburne Vineyard, 6308 Shelburne Rd. (US Rt. 7), Shelburne. *Headless Barbecue* will be on-site with their fresh, local BBQ supper specialties, and Shelburne Vineyard wine and Fiddlehead will be for sale by the glass. All are welcome to come sit and listen in the Loft or mingle in the Tasting Room. Admission is free; a portion of beverage proceeds will benefit The Humane Society. For more information, go online to [www.shelburnevineyard.com](http://www.shelburnevineyard.com).

Choral Services at St. Paul’s Episcopal Cathedral, 2 Cherry St., Burlington. *Evening Prayer in the style of the Community of Taizé*, 7:30 PM, Monday, March 30; Sunday June 7. Candlelight, chanted prayer, meditation, silence, in the manner of the French monastic community.

Send your event to  
[mtgazette@earthlink.net](mailto:mtgazette@earthlink.net)

[peterduval2015.blogspot.com](http://peterduval2015.blogspot.com)

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LIBRARY NEWS

DEBORAH RAWSON LIBRARY, UNDERHILL

The art displayed in February is by grade 3-4 students from Underhill Central School. They made snowflakes using the method of quilling under the instruction of their art teacher Kim Aucter.

The silent auction item for February is earrings crafted by Oma Herbal Creations. Stop in and make a bid!

The DRML Board of Trustees will meet on Thursday, February 19, 7:00 PM in the meeting room. All are welcome and encouraged to attend!

A request for the assistance of all patrons of Deborah Rawson Library: Since we changed our computer systems in October, we have the added convenience of being able to contact you by email when you have items that are ready to be picked up or overdue items. Please be sure that we have your current email. When we don't have the accurate address, these notices will bounce back to the library's mail. Also, when your email providers – especially AOL and gmail – do updates, your email notices will get caught in your spam file. Please be sure to add [dawsonlibrary@gmail.com](mailto:dawsonlibrary@gmail.com) and [drawsonmemlib@yahoo.com](mailto:drawsonmemlib@yahoo.com) to your contact lists. This step will help you get notices addressed to you in a timely fashion. Thanks in advance for your assistance.

Through the work of DRML, our local school libraries, and the generosity of Vermont READS and The VT Humanities Council, our library community has been awarded multiple free copies of the 2015 Statewide One-Book Community Reading Program Book of the Year, *Haroun and the Sea of Stories* by Salman Rushdie. Drop in and pick up a copy at the front desk and sign up to be part of the events we are planning to celebrate this book. Save the date for our first event, a book discussion on Tuesday, March 10 at 6:30 PM in the Fireplace Room. *Haroun* will be the Deborah Rawson Book Lover's March read! Hope to see you then!

Legislative Update with Bill Frank and George Till on Thursday, February 19, 6:30 PM in the Fireplace Room. Our local representatives will discuss topics of political interest from the 2015 Legislative Session.

Join the Jericho Energy Task Force for the second film in their annual movie series on Friday, February 20, 6:30 – 8:30 PM with the film *Vanishing of the Bees*. This documentary examines the disappearance of honeybees and the meaning it holds about the relationship between mankind and the earth. Local beekeepers will join us for the film and discussion.

Join The Mystery Book Group on Tuesday, February 24 at 7:00 PM. February's pick is *The Murder of Roger Ackroyd* by Agatha Christie. All are welcome!

February StoryTime! Drop in for stories, projects and a nutritious snack! Wednesday, February 18 at 10:30 AM and Thursday, February 19 at 10:00 AM. No registration required.

Baby Time! Saturday, February 28 at 10:30 AM. Infants and babies up to 18 months are introduced to the wonders of language with nursery rhymes, songs, fingerplays, and board books. This is a great time for parents and childcare providers to connect, chat, and share ideas. Older siblings welcome. No registration required.

Join friends on Thursday, February 19 from 3:00 – 4:30 PM for TINKER TIME! Do you like creating new things from craft materials, recyclables, scraps, etc? Curious about how to make things work, enjoy taking things apart, and experimenting and inventing? Kids in grades 3 and up can join Thad to take things apart and look inside and then use the parts to build something else! Call 899-4962 to sign up and reserve your spot in the workshop.

Designers Club, Friday, February 20 from 3:00 – 4:30 PM. “Think it, Bring it, Make it, Share it, Take it!” Have an idea? Are you interested in something but have yet to delve into it? Your reading, writing, gaming, collecting, organizing, digital project? Bring your necessary supplies and come share with others as they delve into their project interests. Middle schoolers and up. Call 899-4962 for details and to sign up.

Legos! Join Thad for Lego building sessions this month – Tuesday, February 24, 10:00 – 11:30 AM; and Saturday, February 28 from 12:00 – 1:30 PM in the project room. Sign up for any or all of the sessions by calling 899-4962 to register.

Are you a teen filmmaker or director? Are you up for the 2015 TEEN VIDEO CHALLENGE? The VT Department of Libraries and the Collaborative Summer Library Program (CSLP) are sponsoring the 2015 VT Teen Video Challenge. Teens 13-18, individually or in teams, are invited to create a short Public Service Announcement promoting the 2015 teen summer reading slogan, “Unmask!” The winner of the Vermont challenge, when

approved by CSLP, will receive \$150 and his/her sponsoring library will be awarded prizes worth \$50. Entries are due by Monday, March 2. See more information <http://libraries.vermont.gov/libraries/srp/childrenteen/teenvideocontest>.

For more information on the programs and services available at Deborah Rawson Memorial Library visit [www.drml.org](http://www.drml.org). You can also find us on Facebook and follow us on Twitter!

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

JERICHO CENTER LIBRARY

Jericho Town Library Presents “Let’s Grow, Jericho!” In mid-February, JTL will launch the community’s first Seed Lending Library. We will offer a variety of organic seeds for patrons to “borrow” and plant in home gardens. Join us for our Seed Library Launch through Saturday, February 21! This week-long event features workshops, presentations, Seed Swap Socials, and Seed Library Orientation Sessions. Our keynote speaker is VPR’s Garden Guy, Charlie Nardozzi, who will present on seed saving and answer your garden questions on Friday, February 20 at 6:30 PM.

Seed Library Launch schedule of events:

Wednesday, February 18, 3:00 – 3:40 PM: “Seed Starting with Kids,” with Christa Alexander of Jericho Settlers Farm. Here’s a chance to play in the dirt! Come start some early seeds and learn how to tend them. A farm fresh snack will be served.

Wednesday, February 18, 6:00 – 7:00 PM: “Seed Starting and Transplanting for All Gardeners,” with Christa Alexander of Jericho Settlers farm. Learn all about seeding techniques, germination success, basic seedling care, and direct seeding vs. transplanting for the home veggie garden! Learn more about Jericho Settler’s Farm: <http://www.jerichosettlersfarm.com/about/>

Friday, February 20, 6:30 – 8:00 PM: “Seed Saving 101 and Garden Talk,” with VPR’s garden commentator Charlie Nardozzi. Learn about seed saving, planning your garden for seed collection, and more in this lively presentation. Charlie Nardozzi is a nationally recognized garden writer, radio and TV show host, consultant, and speaker. Charlie is a guest on VPR’s *Vermont Edition* during the growing season. He also offers garden tips on local television and is a frequent guest on national programs.

Saturday, February 21, 10:30 AM – 12:00 noon: Seed Savers Swap and Social! Bring your seeds and trade with others in a Social Seed Swap! Tea and treats will be served.

Crafters’ Circle – Do you find the time to work on your craft projects at home? Join other craft enthusiasts at the Monday evening Crafters’ Circle, which meets at the library at 6:00 PM. If you embroider, quilt, crochet, knit, create paper arts, or want to learn, this is the group for you. Join us any Monday – everyone is welcome whenever you can attend. Bring your current projects or try something new. Check our Facebook page for weekly craft ideas: <https://www.facebook.com/JerichoTownLibrary>.

Wee Read: Jericho Town Library Story Time, Wednesdays, 10:00 – 11:00 AM, join story teller Elizabeth Bernstein and musician Derek Burkins for an animated story time, a fun filled hour featuring stories, live music, movement, finger plays, craft, and a healthy snack.

Library hours are: Monday 1:00 – 7:00 PM; Wednesday 10:00 AM – noon (includes children’s story time) and 2:00 – 7:00 PM; Friday 1:00 – 5:00 PM; Saturday 10:00 AM – noon. For more information call 899-4686, go online to [www.jerichotownlibraryvt.org](http://www.jerichotownlibraryvt.org), or email [Jerichotownlibrary@gmail.com](mailto:Jerichotownlibrary@gmail.com).

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

The Varnum Library, P.O.Box 198, 194 Main St., Jeffersonville, 802-644-2117. Please visit Varnum Library’s website, <http://thevarnum.org>.

Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM.

WESTFORD PUBLIC LIBRARY, WESTFORD

The library is accepting donations of books, DVDs, and audiobooks for the 4<sup>th</sup> of July book sale. Books in good condition (would you give it to a friend?) accepted; please, no textbooks, encyclopedias, magazines, cassettes, or VHS.

Early Literacy Storytime every Thursday, 11:00 AM. No registration required. Storytime consists of several stories around a theme and a theme-based craft. All ages and levels of attention

are encouraged to come – even if they fidget, they are still getting a lot out of it!

Building Bright Futures Playgroup – Mondays, 9:30 – 11:00 AM. For children 6 and under. For more information contact Janice, [Janice@tfish.net](mailto:Janice@tfish.net).

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 6:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website [westfordpubliclibrary.wordpress.com](http://westfordpubliclibrary.wordpress.com); Email: [westfordpubliclibrary@gmail.com](mailto:westfordpubliclibrary@gmail.com). Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); [www.richmondfreelibraryvt.org](http://www.richmondfreelibraryvt.org). Open Monday and Wednesday, 10:00 AM – 8:00 PM, Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM.

FAIRFAX COMMUNITY LIBRARY

All events are free unless noted otherwise. Pre-registration encouraged.

We subscribe to Vermont Online Library, where you can find full text magazines, journals, newspapers, books, articles, images, video, manuals, foreign language courses, and much more. It’s a comprehensive set of databases for any research too – better than a broad Google or Bing search – more vetted and focused. There is no cost to you, the user. To access, follow the link at our Online Resources page: [fairfaxvtlibrary.org/online\\_resources.html](http://fairfaxvtlibrary.org/online_resources.html), password *pizza*. We will be having a class on how to use these resources on Thursday, February 19 in the evening.

We are now doing community outreach via Legos! Once a month (4<sup>th</sup> Mondays, 3:00 – 4:00 PM), Annette will bring our Lego bins to the Fletcher school so the kids there can have a Lego Club. During school vacations we’ll have it here at the library.

Call for Design Proposals! Project: Create a unique logo to be used to brand the library, and accompany/enhance our new tagline, “Where Community Connects.” We chose this slogan because we are a “Community” – combined school and public library – and we felt the word “connect” has many connotations – social, intellectual, digital. For details see the main page of our website.

Parents, did you know that a child needs to be 8 years of age to be in the library without a parent or supervising babysitter?

We have passes! Shelburne Museum and the Museum Store are open year round! Visit now to view our exhibitions of exquisite jewelry, renowned American paintings, and historic Civil War era textiles! Winter admission is \$8. [www.ShelburneMuseum.org](http://www.ShelburneMuseum.org).

Library closed? E- and audio books are always available via <http://listenupvermont.org>.

School Year Library Hours: Monday, Wednesday 8:00 AM – 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

For up-to-date information about programs, visit our website [www.fairfaxvtlibrary.org](http://www.fairfaxvtlibrary.org), where you can find a link to our interactive Google calendar. Fairfax Community Library: 75 Hunt St., Fairfax, VT, 05454; 849-2420. Program Planner Karyn Norwood, [knorwood@fwsu.org](mailto:knorwood@fwsu.org); Library News: [www.bfafairfax.com/pages/communitylibrarynews.html](http://www.bfafairfax.com/pages/communitylibrarynews.html).

ALLING LIBRARY, WILLISTON

All events are free.

Read to a Dog! Tuesdays, 3:30 – 4:30 PM (except February 24). Bring a book and read to one of our registered therapy dogs. All dogs registered with Therapy Dogs of Vermont. All ages. Call 878-4918 to pre-register for individual sessions. Free.

Preschool Music: Mondays, 11:00 AM with Peter Alsen (except February 16 – library closed) and Thursdays, 10:30 AM with Derek Burkins. For children up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Story Time: Tuesdays at 11:00 AM. Includes a simple craft activity. For children ages 3-5. Sponsored by Friends of DAML. No story time February 24. Free.

Vacation Week Drop-In Maker Activity: Tuesday, February 24, 11:00 AM – 2:00 PM. Come play with electricity! Experiment with squishy circuits and littleBits electronics kits. All ages. Free. Children ages 8 and younger must be accompanied by an adult.

Spanish Musical Playgroup: Saturday, February 28, 10:30 AM. Non-Spanish speakers welcome! Spanish rhymes, books, and songs for children birth to age 5. Includes a craft activity and snack. Music with Constancia and crafts with Natasha. Free. Sponsored by Building Bright Futures.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, [www.williston.lib.vt.us](http://www.williston.lib.vt.us).

LETTERS TO THE EDITOR

A sense of community

To the Editor,

One of the immeasurable values of living in Vermont is the strength of our communities. Having lived in Jericho for 37 years I’ve seen this town evolve and have loved becoming more connected to those that live around me, witnessing how our families show up for one another at big moments and small. We now have a new opportunity to strengthen our community together in shared, group solar arrays.

A community solar array focuses on just that: community. The goal is to provide clean, green solar energy to people that otherwise aren’t able to go solar. Where to put such an array? My backyard.

I am the proud host of a SunCommon community solar array, which means my neighbors can join and access the solar hosted on my land. I think of that word community again and realize that through this addition to our town I’m meeting and helping folks that I may not have previously met access abundant clean energy from the sun. Through this new solar array we’re safely repowering our state toward a better future and helping interconnect our human community and the interconnected community of all life on earth.

Evergreen Erb, Jericho

Endorses Peter Duval for Underhill Select Board

To the Editor,

I feel it is about time that Peter Duval is elected to The Underhill Select Board. I’ve known Peter all his life! He has a lot of experience in various planning capacities in Essex, Jericho, and Underhill.

Peter has a lot of good ideas and will be very committed to

help things happen that will be good for the town! I will write in Peter’s name for the Select Board on Town Meeting Day.

Nancy Bergersen, Underhill

Peter Duval, Underhill Select Board candidate

To the Editor,

I have been asked, “Why?” Why would I withdraw my name from the printed ballot in the Underhill Select Board election? Because the campaign is not about winning a seat, it is about moving the town to action on our shared priority, open land and natural resource protection: a Commons Campaign. A write-in campaign puts the focus on the issue, and carries a strong mandate for action.

After the shock of the IBM boom, Underhill’s slow-growth and land conservation has served us, and the mountain, well. Our side of the mountain remains unlit and unflattened by ski area development. There is genuine open space all of the way through town. In every corner of Underhill, the woods and trails are just a few steps away, a kindness for mind and body – reassuringly available anytime. This important aspect of Underhill has succeeded on a mutual ethic of open land, and the patient stewardship of large parcels of working field and forest.

This Underhill ethic has been reaffirmed time and again by survey, plans, and elections. Indeed, in the latest community planning survey, over 60% of Underhill respondents rated protecting open space as very important. Even more supported natural resource protection, and an overwhelming 67% say that protecting elevations above 1500 feet from development is very important.

Sprawl, though, has come to the edge of our town. It threatens our local businesses. And some long-held parcels, pieces of land

that are part of that Underhill ethic, are at-risk. This is why I am pursuing a write-in campaign, to move the town forward on preserving open land, to find fresh stewards, and bring forth a financing plan to support them. The time to do this is right now.

Please visit [peterduval2015.blogspot.com](http://peterduval2015.blogspot.com) to find out more about the Commons Campaign, and write-in “Peter Duval” for Underhill Select Board on Town Meeting Day.

Peter Duval, Underhill

COMING EVENT

Tennis meet benefits Therapy Dogs of VT

The first annual First In Fitness Therapy Dogs of Vermont’s Doubles Tennis Championship will be held at the First In Fitness Center, 652 Granger Rd., Berlin beginning on Friday evening, March 13 and concluding with the finals on Sunday morning, March 15.

This event has two divisions for Men’s Doubles, Women’s Doubles, and Mixed Doubles for Level 3-.3.5 and Level 4.0 and Above. A \$50/team registration will be charged and a 5:30 PM Cardio Tennis Session will be held, open to all participants and nonparticipants for a fee of \$20/person to take place on Friday evening.

One hundred percent of the proceeds from this event go directly to support the work of Therapy Dogs of Vermont. There are 300 certified therapy dog teams visiting folks residing at or served by 140 facilities across Vermont and beyond ([www.therapydogs.org](http://www.therapydogs.org)).

For additional details and to register today, email Scott Barker, [sbarker@firstinfitness.com](mailto:sbarker@firstinfitness.com).

ONGOING EVENTS

**ADULT ACTIVITIES**

**Veterans Job Networking**, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

**Toastmasters of Greater Burlington**, 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 7:00 PM Holiday Inn, 1068 Williston Rd., S. Burlington. Are you hoping to develop your speaking and leadership skills? Ace a job interview? Ignite your career? Come and join us!

**Yoga**, Tuesdays, 6:30 – 8:00 PM, Collins-Perley Sports Complex, St. Albans. For information including cost, 802-527-1202.

**Contra Dance**, Shelburne Town Hall, Shelburne. Monthly dances presented by Queen City Contras, <http://www.queencitycontras.org>. Admission charged.

**Chittenden County Postage stamps** and post card club, 1<sup>st</sup> Wednesday of the month 6:15 – 8:30 PM, IDX Circle GE Healthcare Building. South Burlington Information email: [Laineyrapp@yahoo.com](mailto:Laineyrapp@yahoo.com) or call me at 802-660-4817

**Eagles Auxiliary #3210** holds bingo at the club house, VT Rt. 109, Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally, 644-5377.

**Essex Art League** meets the 1<sup>st</sup> Thursday of the month, from 9:00 – 11:00 AM, at the Essex Junction Congregational Church, VT Rt. 15. Meeting includes a business and social time, and a guest artist presentation. Detailed calendar listing featured speakers at [www.essexartleague.com](http://www.essexartleague.com).

**Handbell ringers**, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

**Mt. Mansfield Scale Modelers**, 3<sup>rd</sup> Thursday of the month, 6:30 – 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln St., Essex Junction.

**The Women of the United Church of Underhill** meet on the 2<sup>nd</sup> Saturday of each month, 8:00 AM at the Church located at the park, VT Rt. 15, Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

**Smugglers Notch 55+ Club** meets Wednesdays at Smugglers’ Notch for a social time, then breaks into groups to ski. Brief organizational meeting, coffee and rolls, and then head out to the trails in self-selected ability groups. Gather informally in summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. Information: Deborah, 644-5455 or just attend a meeting at the Morse base lodge, 9:00 AM every Wednesday.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2<sup>nd</sup> Monday of the month, 6:30 PM. Anyone welcome.

**HEALH EVENTS & GROUPS**

**Al-Anon** meetings, Jericho United Methodist Church, Thursday mornings 10:00 AM, and Saturday mornings, 10:00 AM.

**Alcoholics Anonymous meeting**, “Women’s Big Book” group meets Thursdays, 6:00 – 7:00 PM, United Methodist Church, VT Rt. 15, Essex Jct. across from Grange Hall.

**Alcoholics Anonymous Meeting** “Wing It” group meets Sundays, 11:00 AM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker meeting followed by a Brunch (\$10 charge for the brunch).

**Alcoholics Anonymous Meeting**, “The Firing Line” group meets Wednesdays, 7:15 – 8:15 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Step meeting.

**Alcoholics Anonymous Meeting** “The Firing Line” group meets Saturdays, 8:00 – 9:00 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker Discussion meeting.

**Alcoholics Anonymous Meeting**, “Keep It Simple” group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM, United Church of Underhill, Underhill Flats.

**Alzheimer’s support group**, monthly on the 3<sup>rd</sup> Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer’s disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Brain Injury Support Group** – a place for survivors and family members, caregivers, friends, and the community to receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure, and confidential environment. Monthly meetings: 4<sup>th</sup> Fridays at the YMCA in Winooski 11:00 AM – noon; 1<sup>st</sup> Wednesdays at

Fanny Allen in Colchester, 5:30 – 7:30 PM; and 2<sup>nd</sup> Tuesdays at the Saint Albans Diner in Saint Albans. Call the BIAVT help line, 877-856-1772.

**CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity, and Gulf War Syndrome**, 1:00 – 3:00 PM, monthly, 3<sup>rd</sup> Thursdays, The Bagel Cafe, Ethan Allen Shopping Center, Burlington. For information, [www.vtcfids.org](http://www.vtcfids.org), Lainey at 802-660-4817, or 800-296-1445 ask for Rik.

**Approach Autism With Advocacy, Recovery & Education** (AAWARE) in the Lamoille Valley, 3<sup>rd</sup> Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

**Eating Disorders Parental Support Group**, monthly on the 3<sup>rd</sup> Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with, or at risk of, anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

**Foot Clinics** – Having trouble trimming your own toenails? Franklin County Home Health provides foot clinics around the county that can help. Call 802-527-7531 for an appointment and cost information. Cost: \$20.

**Healthy Weight Support Group**, Mondays, 12:00 – 12:30 PM, Northwestern Medical Center, Conference Room 3, St. Albans. Support group for those working on weight management. Behavioral and nutritional strategies to increase physical activity and decrease calorie intake; techniques to help manage eating behaviors. Come 15 minutes early for weight check. Kay Tran, Registered Dietitian, MS, CDE, & Leslie Gardzina, Registered Dietitian. No registration required, just drop in.

**International Cesarean Awareness Network** supporting mothers and families recovering from or learning about cesareans and VBACs. Information: [ICANvt@gmail.com](mailto:ICANvt@gmail.com) or call Jessilyn at 802-363-5499.

**Overeaters Anonymous** meets 6:00 – 7:00 PM Wednesdays, Jericho United Methodist Church, VT Rt. 15, Jericho.

**Champlain Valley Prostate Cancer Support Group**, 6:00 – 8:00 PM, 2<sup>nd</sup> Tuesdays, Hope Lodge, 237 East Ave., Burlington. Newly diagnosed? Prostate cancer reoccurrence? General discussion and sharing among survivors and those beginning or rejoining the battle. Information: Mary L. Guyette RN, MS, ACNS-BC, 802-274-4990.

**TOPS Chapter 145** meets Thursdays 6:15 PM, Eagles Club, VT Rt. 109, Jeffersonville. Weigh-in 5:15 – 6:00 PM.

**Healing Circle Breast Cancer Network**, support group for women with breast cancer, monthly meetings 1<sup>st</sup> Tuesdays 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

**Lamoille Home Health & Hospice**: Hospice Volunteer Training. Health care professionals share their knowledge and passion for hospice. Please contact Charlene at 888-4651 or [ccamire@lhha.org](mailto:ccamire@lhha.org) for more information.

**Franklin County Prostate Cancer Support Group**, monthly, 1<sup>st</sup> Tuesdays, 5:15 – 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other’s experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. Information: Fern Mercure, 524-0719.

**Statewide Quit Line**, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.


**KIDS**

**Saturday Story Times** at Phoenix Books, 191 Bank St., Burlington. Every Saturday through April 25, 11:00 AM; free. Enjoy timeless tales and new adventures with your little ones. Wondering what we’ll read? Each week, ‘ a new picture book, a classic, or a staff favorite. We might even take audience requests!

**Playgroups** free of charge and open to all children birth-5 years, and their caregivers. Stories, songs, crafts, free play, local

Ongoing events continued on page 8

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The 2015-16 Jericho Underhill Community Directory will be distributed after September 15, 2015.

Deadline for advertising is May 30, 2015.

4000 directories are distributed throughout Jericho and Underhill, as well as Hannafords in Essex Center and other Essex businesses. The entire phone book appears on our website, and your ads are hyperlinked to your own website. Additionally each advertiser receives a free bold line listing among the phone number listings.

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Ongoing events continued from page 7

events and information, and more – an opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For information on any playgroup, contact Heather Lebeis, 899-4415 or [underhillplaygroup@yahoo.com](mailto:underhillplaygroup@yahoo.com). Mondays: Jericho Community Center, 9:30 – 11:00 AM; Wednesdays: Richmond Free Library, 8:45 – 10:15 AM; Fridays: Underhill Central School, 9:30 – 11:00 AM; Fridays: Huntington Public Library, 11:00 AM – 12:30 PM.

**Kids’ Yoga**, 3-5 years and 6 years and up. Toddler tumbling and new moms’ groups. The Well, 644-6700.

**Early Literacy Storytime**, Thursdays, 11:00 AM, Westford Public Library. Stories and activities using early literacy concepts for ages birth-preschool. Drop-in; no registration needed. New families welcome. Information: Victoria, 878-5639 or [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us), or visit [www.westford.lib.vt.us](http://www.westford.lib.vt.us) and click on Events @ Your Library.

SENIORS/COMMUNITY MEALS

**Community Soup & Bread Supper**, 1<sup>st</sup> Thursday of the month, 4:30 – 7:00 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex (across from John Leo’s). Eat in or take out. Variety of soups, breads, and sweet dessert. Stop in on your way home. Stay to eat with family and friends or pick up to take home! Donations gladly accepted. Call Pastor Pete Norland, 879-4313 for more information.

**Jeri-Hill XYZ Seniors** meet at the Town Hall in Underhill Center on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month. All seniors welcome. Dinner served at 11:30 AM. Information, Bette Workman, 899-4446, Loreen Teer, 899-1363, or Doug Keith, 899-2582.

**Johnson Community Meal** – 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month, 11:30 AM – 12:30 PM, United Church, Johnson. Come for a hot meal and get to know your neighbors. Meal followed by community gathering. Information: Ellen Hill, 635-1439, [ellen.hill@jsc.edu](mailto:ellen.hill@jsc.edu).

**Westford Senior Lunches** – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common, monthly on the 2<sup>nd</sup> Monday. Lunch, 12:00 noon; short meeting or presentation after. Call 878-7405 or 879-7382 for information or for a ride.

**Bolton Up and Downtown Club** meets the last Thursday of the month at the Bolton Fire Station. Meal at 5:00 PM. Open to adults 60+. Contact Doris Wheelock at 434-3769.

**Huntington senior meal site** – The Huntington senior meals are served monthly on the 3<sup>rd</sup> Tuesday, 12:00 noon at the Community Baptist Church, Huntington Center.

**St. Jude’s Church senior meals**, Hinesburg, 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month. Bingo games afterward. Everyone welcome, including caregivers. Dinners \$4 per person. Information: Ted Barrette, 453-3087.

**Starksboro First Baptist Church senior meals**, Starksboro, 4<sup>th</sup> Thursday of the month, 11:30 AM. Call Brenda Boutin, 802-453-6354 for more information. (No meals in November and December.)

**“Good Food for All” free dinners**, 2<sup>nd</sup> Thursday of the month, United Church of Underhill, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM; and on the last Thursday of each month at Calvary Episcopal Church, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM. Everyone in the communities is invited.

SPORTS ACTIVITIES

**Ongoing Pilate classes**, Dakini Studio, Underhill, Mondays and Thursdays, 6:00 PM. Register at 899-4191. For more information and other scheduled classes, [www.dakinistudio.wordpress.com](http://www.dakinistudio.wordpress.com).

**Qi Gong**, the ancient Chinese art of movement, classes: Saturdays 9:00 – 10:00 AM, 562 VT Rt. 15, Johnson; Saturdays 11:00 AM – noon, River Arts, Morrisville; and Sundays 11:15 AM – 12:15 PM, Artful Cup, Jeffersonville.

**Zumba**, Tuesdays, 5:30 PM, Red Brick Church, Westford, with Heather Sanders, \$5, first class free; Saturdays, 9:15 AM, BFA, Fairfax, \$5; Sundays, 9:00 AM, Meeting House, Fletcher, \$5; with Kathy Bourdeau Mondays, 7:30 PM, BFA, Fairfax, \$5; Wednesdays, 7:00 PM, BFA, Fairfax, \$5.

**Zumba Fitness**, Monday evenings only, 5:30 – 6:30 PM, River Arts Center, Morrisville. Certified instructor Karen Machia. No registration required, drop in. 888-1261 or [www.riverartsvt.org](http://www.riverartsvt.org) for more details.

TOWN GOVERNMENT & ORGANIZATIONS

**Cambridge Area Rotary** meets on 1<sup>st</sup> four Thursdays of the month, upstairs at 158 Main restaurant, Jeffersonville, 7:00 – 8:00 AM. Information: Susan Lassiter, 644-6600 or [Slassiter@unionbankvt.com](mailto:Slassiter@unionbankvt.com).

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. Information: John Quinn, [jquinninvt@aol.com](mailto:jquinninvt@aol.com).

**Jericho-Underhill Water District** meets 1<sup>st</sup> Monday of the month, United Church of Underhill, Underhill Flats, 7:00 PM. Information: 899-4076 or 899-3810.

**Jericho Historical Society**, monthly on 2<sup>nd</sup> Thursdays, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. Information: 899-2693.

**Jericho Energy Task Force** meets monthly, 2<sup>nd</sup> Thursdays, 7:00 – 8:30 PM, Jericho Town Hall, VT Rt. 15, Jericho.

THRIFT SHOPS & FOOD SHELVES

**Clutter Barn**: Donations are accepted on Saturdays, 8:30 AM – 12:00 PM, through September 13. The Clutter Barn is located in Underhill Flats, between the Brick House and the United Church of Underhill.

**Essex/Jericho/Underhill Food Shelf**, open 3<sup>rd</sup> Saturday each month (except May 9), 9:00 – 11:30 AM, Good Shepherd Lutheran Church, VT Rt. 15, Jericho. Meat, dairy, produce, pantry items, pet food, and some non-food items. All are welcome.

**Westford Food Shelf**, open monthly, 3<sup>rd</sup> Saturdays, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

The **Heavenly Cents Thrift Shop**, just east of Five Corners, Essex Jct., VT Rt. 15, 10:00 AM – 3:00 PM Tuesdays and Wednesdays; 4:00 – 8:00 PM Thursdays.

PEOPLE IN THE NEWS



*Molly M. Burke of Jericho, daughter of Patrick Burke and Maria Mitchell, is a senior graduating from Mount Mansfield Union High School in June 2015. Molly has been named as a candidate in the 2015 U.S. Presidential Scholars Program. Students are selected based on exceptional performance on either the College Board SAT or the ACT Assessment, with additional consideration of students’ essays, self-assessments, activities, and school recommendations and transcripts. In April, semifinalists will be chosen and in May, the U.S. Department of Education will announce the chosen Scholars – one male and one female from each state, Washington D.C., Puerto Rico, and U.S. students studying abroad, and up to 20 students from the creative and performing arts. Two other Jericho seniors, Alexander C. Pelton, and Kyle M. Polson, have also been chosen as candidates for the 2015 U.S. Presidential Scholars Program.*

PHOTO CONTRIBUTED

WELCOME HOME

FAIRFAX

**(Martel)** Rebecca (Gladding) and Kyle Martel had twin daughters, Aurora Kathleen Martel and Isabelle Denise Martel, on Wednesday, December 10, 2014 at the University of Vermont Medical Center, Burlington, VT.

**(Lacayo)** Stephanie (Horn) and Adam Lacayo had a daughter, Evelyn Irene Lacayo, on Monday, December 22, 2014 at the University of Vermont Medical Center, Burlington, VT.

HUNTINGTON

**(Leslie, Bicknell)** Sheryl Leslie and Joshua Bicknell had a daughter, Jacquelyn Leslie Bicknell, on Tuesday, December 2, 2014 at the University of Vermont Medical Center, Burlington, VT.

**(Vautier)** Elisa (Leonardo) and Dana Vautier had a daughter, Lindley Grace Vautier, on Friday, November 28, 2014 at the University of Vermont Medical Center, Burlington, VT.

JEFFERSONVILLE

**(Marriott)** Maggie (Aksdal) and James Marriott had a daughter, Amelia Jean Marriott, on Friday, December 19, 2014 at Northwest Medical Center in St. Albans, VT.

JERICHO

**(Cardone)** Rebecca (DiGiaimo) and Christopher Cardone had a daughter, Juniper Adelaide Cardone, on Thursday, November 27, 2014 at the University of Vermont Medical Center, Burlington, VT.

**(Daudelin)** Hilary (Jones) and James Daudelin had a daughter, Courtney Paige Daudelin, on Wednesday, December 17, 2014 at the University of Vermont Medical Center, Burlington, VT.

**(Kanya-Woodard)** Brandiann Kanya-Woodard and John Kanya had a son, Andrew Garrett Kanya, on Monday, December 8, 2014 at the University of Vermont Medical Center, Burlington, VT.

RICHMOND

**(Brown)** Jonathan and Emily (Alexander) Brown had a son, Gavin Alexander Brown, on Sunday, December 14, 2014 at the University of Vermont Medical Center, Burlington, VT.

**(Stewart, Foster)** Todd Stewart and Teren Foster had a daughter, Taylor Adrian Stewart, on Tuesday, December 16, 2014 at the University of Vermont Medical Center, Burlington, VT.

SPORTS NEWS

Jason Lowell wrestling tourney results

The Jason Lowell Wrestling Tournament was held at Mount Mansfield High Union School in Jericho, with 18 teams and 114 wrestlers from across Vermont and New York. The MMU team placed 3<sup>rd</sup> overall, and six MMU wrestlers placed in the top three in their weight classes at the tourney, which was held on Saturday, February 7:

- Ben Bliss, 1<sup>st</sup> in 120# weight class
- Daniel Bliss, 1<sup>st</sup> in 126# weight class
- Trevor Haskins, 3<sup>rd</sup> in 126# weight class
- Bryce Bernardine, 2<sup>nd</sup> in 132# weight class
- Nik Wright-Brunelle, 3<sup>rd</sup> in 220# weight class
- Dalton Hallock, 1<sup>st</sup> in 285# weight class

United Way Volunteer Connection listings

By Sue Alenick  
*United Way Volunteer Columnist*

Choose one of the options below or go to [www.unitedwaycc.org/volunteer](http://www.unitedwaycc.org/volunteer) to check out more than 300 other volunteer options from local nonprofits, schools, and public partners or call us at 860-1677.

**Project Snow Shovel** – Champlain Valley Agency on Aging needs volunteers to help seniors get out of their homes after a snowfall by clearing driveways and walkways. Volunteers are matched with a senior to shovel snow when there is a snowfall of 3” or more. Contact Bev Hill, 865-0360 or [info@cvaag.org](mailto:info@cvaag.org).

**Outings Volunteers** – Ethan Allen Residence would like to get its senior residents out into the community and is looking for volunteers to help with scheduling outings to places such as the Shelburne Museum, Vermont Wildflower Farm, a movie, or just down to the waterfront. Extra drivers would also be welcome. Background check required. Insurance and driver’s license verification required for drivers. Contact Chloe Marchand, 658-1573 or [cmarchand@livingwellresidence.org](mailto:cmarchand@livingwellresidence.org).

**Food For Thought** – A number of local groups provide meals and packaged food for residents and guests at local meal sites. They need volunteers to help prepare and serve meals and sort and pack food to meet these needs:

A NEW Place – Prepare a meal for 25 shelter guests and deliver it to the shelter at 7:00 PM on a pre-arranged schedule. Find available evenings online at <http://anewplacevt.org/meals/>. Contact Hannah Andersen, 862-9879 or [Hannah@anewplacevt.org](mailto:Hannah@anewplacevt.org).

Burlington Dismas House – Individuals and groups are invited to prepare a meal and join residents for a family style dinner for 10-15 people. Burlington contact Sierra Flynn, 658-0381 or [sierra@dismasofvermont.org](mailto:sierra@dismasofvermont.org); Winooski contact Sue Drollette, 655-0300 or [sue@dismasofvermont.org](mailto:sue@dismasofvermont.org).

Ronald McDonald House – Volunteers can use cooking and/or baking skills to make cookies, prepare a dessert, or plan and create a dinner meal for guest families, about 10-12 people. Usual time slots are 10:00 AM – 12:00 noon and 2:00 – 5:00 PM. Volunteers provide the food and cook in our kitchen. Contact Deanna Cameron, 862-4943 or [deanna@rmhcvt.org](mailto:deanna@rmhcvt.org).

Salvation Army – Individuals and groups can help prepare and serve meals to about 120 people between 5:00 – 6:00 PM, Monday-Saturday. Contact Major Patti Murray, 864-6991 or [patti.murray@use.salvationarmy.org](mailto:patti.murray@use.salvationarmy.org).

Vermont Foodbank – Help sort and pack goods to be distributed to food shelves, meal sites, and individuals throughout Vermont. Volunteers should be able to stand for two hours at a time and lift up to 25 pounds. Contact Nicole Mitchell, 802-477-4146 or [nmittchell@vtfoodbank.org](mailto:nmittchell@vtfoodbank.org).

A DRIVING NEED – United Way Neighbor Rides program needs volunteer drivers to use their personal vehicles to transport seniors and persons with disabilities to life-sustaining and life-enriching activities. This may include medical appointments, supermarkets, adult day centers, etc. Mileage reimbursement is available. Valid driver’s license, registration, and insurance required. Interview and background check also required. Contact Alyson Platzer, 861-7833 or [alyson@unitedwaycc.org](mailto:alyson@unitedwaycc.org).

**On The Board** – Child Care Resource is looking for volunteer Board members who are passionate about children’s education, can devote three hours a month to Board work, and are willing to participate in raising funds. Contact Elizabeth Meyer, Executive Director, 863-3367 or [emeyer@childcareresource.org](mailto:emeyer@childcareresource.org).

**Warming Shelter** – Champlain Valley Office of Economic Opportunity is in need of volunteers for the Overnight Warming Shelter. A commitment of one shift a week or every other week is desired. Evening shifts are 5:30 – 11:00 PM, 5:30 PM – 12:30 AM; 12:00 – 7:30 AM, and a morning shift from 5:00 – 7:30 AM. Volunteers are expected to help welcome guests, help them prepare for the night and prepare to leave in the morning, and to provide encouragement and support. Paid staff are onsite at all times and training is provided. Contact Jan Demers, 862-2771 or [jdemers@cvoeo.org](mailto:jdemers@cvoeo.org).

**Climate Action Parties** – 350 Vermont is looking for volunteers to help work on projects to address climate change. Activities may include writing letters to politicians, getting signatures on petitions, etc. Contact Brittany Dunn, 444-0350 or [Brittany@350.org](mailto:Brittany@350.org).

**Dog Walkers Needed** – All Breed Rescue needs volunteers with experience to walk their rescue dogs. When you take 20 minutes to walk a dog, it helps the dog become more adoptable and closer to a forever home. Volunteers must be at least 16 years old and attend an orientation. Contact All Breed Volunteers, 324-0762 or [allbreedvolunteers@gmail.com](mailto:allbreedvolunteers@gmail.com).

PLAN AHEAD FOR MARCH

**The Nature Conservancy of Vermont** – Help mark preserve boundaries on Tuesday, March 3, 9:30 AM – 2:30 PM by repairing blazes and hanging TNC signs. Work can be strenuous, especially along steep topography and in heavy snow. Contact the Volunteer Coordinator, 802-229-4425 or [volunteervt@tnc.org](mailto:volunteervt@tnc.org).

**Vermont CARES** – Join staff and board members in planning and running their annual auction fundraiser. Volunteers attend biweekly meetings and serve three to four hours at the auction on Saturday, March 7 at the Essex Resort and Spa. Contact Christian Pinillos, 863-2437 or [Christian@vtcares.org](mailto:Christian@vtcares.org).

**Women Helping Battered Women** – Volunteer at a phone-a-thon on Monday-Tuesday, March 9-10, from 5:30 – 8:30 PM, to help raise funds for the 24-hour hotline, year-round education, and children’s programs. Volunteers can make calls or help behind the scenes processing paperwork. Food and prizes provided! Contact Caley Holden, 658-3131 or [caleyh@whbw.org](mailto:caleyh@whbw.org).

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*Knowledge comes, but wisdom lingers. It may not be difficult to store up in the mind a vast quantity of facts within a comparatively short time, but the ability to form judgments requires the severe discipline of hard work and the tempering heat of experience and maturity.*

Calvin Coolidge

PEOPLE IN THE NEWS

Campus news and honors

**Chelsey Anderson** of Westford, VT, a junior Middle Level Education major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Kayla Baczewski** of Westford, Vermont, is a sophomore Business Administration major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Hayden Bove** of Jericho, VT, a sophomore Environmental Sciences major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**David Brandt** of Underhill, VT, a sophomore Undeclared major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Benjamin Buckingham** of Jeffersonville, VT, a sophomore Medical Laboratory Sciences major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Gina Cassara** of Jericho, VT, a junior Environmental Studies major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Alison Chivers** of Jericho, VT, a first-year student Medical Laboratory Sciences major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Naomi Cunningham** of Jeffersonville, VT, a sophomore Ecological Agriculture major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**James Duke** of Underhill, VT, a first-year student English major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Michael Farmer** of Westford, VT, a sophomore Neuroscience major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Lindsey Flanders** of Westford, VT, a sophomore Professional Nursing major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Jonathan Griffin** of Jericho, VT, a sophomore majoring in aerospace engineering, has been named to the Dean’s List for the Fall 2014 semester at Worcester Polytechnic Institute in Worcester, MA.

**Nadia Hamdy** of Westford, VT, a student majoring in Business Administration, Organizational Leadership concentration, has been named to the Dean’s List for the Fall 2014 semester at Southern New Hampshire University in Manchester, NH.

**Samuel Hartman** of Jericho, VT, a sophomore Business Administration major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Aidan Hartswick** of Underhill, VT, a business administration major, has been named to the Dean’s List for the Fall 2014 semester at Ithaca College in Ithaca, NY.

**Jennifer Hayes** of Jericho, VT, a junior Environmental Studies major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Philip Jacobsen** of Westford, VT, a senior majoring in chemical engineering, has been named to the Dean’s List for the Fall 2014 semester at Worcester Polytechnic Institute in Worcester, MA.

**Jeffrey Jewell** of Underhill, VT, a sophomore Secondary Education Math major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Claire Julianelle** of Underhill, VT, a first-year student Professional Nursing major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Christian Kleiner** of Jericho, VT, a sophomore Business Administration major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Addison Marcus** of Jericho, VT, a sophomore Biological Science major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Emily Marshall** of Jericho, VT, a senior Neuroscience major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Ariana Matthews-Salzman** of Jericho, VT, a first-year student Environmental Studies major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Austin Merrill** of Jericho, VT, a junior Biological Science major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Jeffrey Meyer-Lorentson** of Jericho, VT, a senior Mechanical Engineering major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Andrew Nitchie** of Jericho, VT has been named to the Dean’s List for the Fall 2014 semester at Georgia Institute of Technology in Atlanta, GA.

**David Polson** of Jericho, VT, a junior Biology major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

**Zoe Walsh** of Underhill, VT, a sophomore Athletic Training Education major, has been named to the Dean’s List for the Fall 2014 semester at the University of Vermont, Burlington, VT.

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GEO winners

Mater Christi School GEO winners with their teachers and the moderator (from left): Brent Tremblay, MCS junior high social studies teacher; Michael Walsh, alternate, Shelburne; John Bahrenberg, winner of school competition, Shelburne; Mr. Mark Pendergast, moderator of the MCS GEO Bee competition.

PHOTO CONTRIBUTED

Sportsmanship for you, not your child

Parents in the stands have been scoring lots of points asking me questions about what to say to other parents who become too emotional or demonstrate poor sportsmanship while watching their children play a sport. Let me huddle everyone up and provide some information on this topic.

Parents first and foremost need to realize they can serve in one of three roles at a game: they can be the coach, they can be a referee, or they can be a fan. But they cannot be more than one of these, and too often parents think they are.

If you want to model ideal behavior, keep the following in mind: You are attending a game to observe an athletic test of skills and not to verbally assault others or be obnoxious. You need to remember that your child and others are still children or teens. They have not reached mature physical performance, and thus errors can and will occur and should be expected – not ridiculed.

In fact, the focus should be not on winning but on helping your child develop skills and values that will be useful moving forward in life.

Show respect for opposing players, coaches and fans. Treat them as you would a guest in your own home. Respect the officials and coaches and their integrity and judgment. They are trying to do their best, and you can support their willingness to judge honestly and to the best of their ability even if you disagree with a call.

Be a positive role model and only offer positive cheers or comments. Consider establishing a code of conduct or a pledge or promise of good sportsmanship among all parents whose children are on the same team. It that can be signed by all parents of players before the season starts and then self-monitored in turn by each parent on that team.


Be sure to have as much fun at the game as your child should be having playing the game. The bottom line is this: if you are a good sport, your child will be a good sport.

Hopefully tips like these will make everyone a winner when it comes to realizing the importance of being a great role model and demonstrating great sportsmanship as a fan at your child’s or teen’s sporting events.

Lewis First, MD, is chief of Pediatrics at UVM Children’s Hospital and chair of the Department of Pediatrics at the UVM College of Medicine.

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LIBRARY NEWS

CHMS news

Mark Carbone, Principal  
Camel's Hump Middle School

What a winter we're having! The cold temperatures continue to afford students and families the opportunity to skate on the school's rink, while the snow accumulation has been fantastic for sliding, skiing, and riding. Recreational activities and academic exploration abound for students at Camel's Hump Middle School. A group of our students recently participated in the First Lego League robotics competition at Norwich University. Teams from area schools had three areas of focus: robotics, project design, and "gracious professionalism." Each student group designed and built a robot that could perform a specific task, such as opening a door or placing a ball in a goal. It is a pleasure to congratulate the Camel's Hump team for their first place in gracious professionalism, and advancement to the New England

EMPLOYMENT

TOWN OF JERICHO  
DEVELOPMENT REVIEW BOARD  
NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing on Thursday, 12 March 2014 at 7pm at the Jericho Town Hall to consider the following:

A request to the DRB by 41 WTC, LLC and David and Brenda Villeneuve for a boundary line adjustment, a conditional use review, an amendment to a previous DRB approval, a final site plan review and a final subdivision review. The proposed project would re-purpose an existing garage for use as a 17,600 sf grocery store. The parcel is located at 364 Vermont Route 15, in the Village Center zoning district.

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Michelle Patrick, Zoning Administrator  
and Planning Assistant, Town of Jericho

REAL ESTATE

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AUCTION

Thursday, March 12 @ 1PM

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regional championships in Nashua, NH.

Camel's Hump Middle School has been selected to represent schools across the nation by participating in the National Assessment of Educational Progress (NAEP). First administered in 1969, NAEP is the largest nationally representative and continuing assessment of what students know in math, reading, and science. Administered by the National Center for Education Statistics of the U.S. Department of Education, NAEP differs from state assessments as it provides a common measure of student achievement across the country. The results of NAEP are released as "The Nation's Report Card," which provides information about student achievement to educators, parents, policy makers, and the public. To view sample subject area and contextual questions, please visit <http://nationsreportcard.gov/parents.asp>.

This month, students at CHMS will participate in the Vermont Youth Risk Behavior Survey (YRBS), sponsored by the VT

Department of Education and the VT Department of Health. The anonymous survey gathers information about health risk behaviors of students in grades 6-8. The survey is voluntary and parents may choose to exclude their child. Developed by the Centers for Disease Control and Prevention with state and local school officials, the survey has the support of many national organizations including the National PTA. The survey includes questions about nutrition, alcohol, tobacco and other drug use, physical exercise, injuries, and sexual behavior. Schools, communities and state agencies will use the results of the survey to evaluate programs, plan new programs, and to secure future funding.

The annual meeting and budget informational meeting of the Mount Mansfield Modified Union School district is Thursday, February 26 at 6:30 PM at Mount Mansfield Union High School. The public is invited and encouraged to attend.

Camel's Hump Middle School

January 15, 2015

Dear Parents/Guardians:

As per Federal and State regulations this is our second notification letter pertaining to supplemental educational services that CHMS offers to eligible families/students. In November 2007, the Vermont Department of Education identified Camels Hump Middle School as a school in need of improvement based upon student performance on State NECAP assessments. In 2007, CHMS did not make Adequate Yearly Progress (AYP) for student's identified as economically disadvantaged and for students with disabilities in reading and mathematics. In the fall of 2013, CHMS students, again, completed the NECAP assessments and based on those results, Camels Hump Middle School continues to be identified as a school in need of improvement. Presently, CHMS is identified as not making Adequate Yearly Progress in mathematics and reading for all students and the identified sub-groups, socioeconomically disadvantaged students and students with disabilities. While CHMS does not report out on students identified as English Language Learners, these students do receive supports and services to address their language acquisition needs.

Below, are two charts, comparing Camels Hump Middle School students to their state peers and to Browns River Middle School. The first chart shows CHMS student achievement as compared to other students throughout the state of Vermont while the second chart shows CHMS student achievement compared to Browns River Middle School. **Across sub-groups, CHMS students performed better than their state peers in reading and mathematics.** The third chart shows CHMS NECAP data for the academic 2013-2014 and 2012-2013 school years.

Student Groups	Reading				Math				Science			
	At/Above Standard		Below Standard		At/Above Standard		Below Standard		At/Above Standard		Below Standard	
	CHMS	State	CHMS	State	CHMS	State	CHMS	State	CHMS	State	CHMS	State
All Students	87	70	14	29	76	62	24	38	47	25	53	75
Economically Disadvantaged	64	57	37	43	50	47	50	53	20	17	80	83
Students w/Disabilities	41	22	59	78	21	19	79	82	8	4	92	96

Student Groups	Reading				Math				Science			
	At/Above Standard		Below Standard		At/Above Standard		Below Standard		At/Above Standard		Below Standard	
	CHMS	BRMS	CHMS	BRMS	CHMS	BRMS	CHMS	BRMS	CHMS	BRMS	CHMS	BRMS
All Students	87	86	14	14	76	75	24	25	47	49	53	51
Economically Disadvantaged	64	73	37	27	50	53	50	47	20	31	80	31
Students w/Disabilities	41	33	59	67	21	18	79	82	8	8	92	8

CHMS Two Year Comparison												
Student Groups	Reading				Math				Science			
	At/Above Standard		Below Standard		At/Above Standard		Below Standard		At/Above Standard		Below Standard	
	13-14	12-13	13-14	12-13	13-14	12-13	13-14	12-13	13-14	12-13	13-14	12-13
All Students	87	87	14	13	76	76	24	24	47	59	53	41
Economically Disadvantaged	64	68	37	32	50	56	50	44	20	25	80	75
Students w/Disabilities	41	33	59	41	21	16	79	84	8	12	92	88

As a result, CHMS is required to provide Supplemental Educational Services, extra academic assistance/tutoring, to improve eligible CHMS students' academic performance, free of charge. Eligible families, that choose to participate, will be able to select a program that best fits their child's needs. This letter contains information outlining Supplemental Educational Services, program eligibility, how to access these services, and also, offers ideas about how you can be involved at CHMS.

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Pie for everyone

Community members enjoy the Pie for Breakfast/Bike 'N Boat Swap! Cambridge Area Rotary (CAR) would like to thank the community for its continued support of our Pie for Breakfast fundraiser held on Saturday, January 24. The event raised more than \$1200 to support CAR's service outreach within and beyond our community, including the dictionary and thesaurus distribution to elementary students at CES and Waterville, the Winter Wellness Program for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> graders at CES, the Cambridge food shelf, and more! Anyone interested in Rotary can attend a breakfast meeting as our guest. For information, contact membership chair Susan Lassiter our or just show up on a Thursday morning at 158 Main at 7:00 AM to see what we are all about.

PHOTO CONTRIBUTED



CLASSIFIEDS

**FOR SALE**  
Now 50% OFF most winter clothing for men, women and children!!! Jackets, coats, vests, ski pants, lined Carhartt pants, bibs and coveralls,

flannel shirts, sweatshirts, dresses, skirts, mittens, gloves, hats, children's' snowsuits, lined pants and bibs too!! 40% Off selected shoes and boots! Need to make room for new spring line – Good time to buy Christmas presents!! Johnson Farm and

Garden, 635-7282. Still have clearance room up to 75% off clothing and footwear for more family!

**Moriarty Wool Ski Hats** are back!! 3<sup>rd</sup> generation hats made in homes in Lamoille County! Anabel knit 1<sup>st</sup> one for her son Marvin to wear in the 1956 Olympics! Johnson Farm & Garden 635-7282.

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Jericho - \$445,000

- Lg great rm. Living rm w/ gas FP opens into the lg kitchen w/ granite counters & hrdwd floors.
- 2nd floor w/ oversized master w/ WI closet & full bath. 2 addt'l bdrms & bath. Finished lower level great for family fun
- Vaulted sunroom. Extensive decking, hot tub & upper gazebo



Underhill - \$479,000

- Mt Mansfield & Adirondacks views! 3100+ sq ft. & 3.61 acres
- Front to back living rm w/ French doors. Country kitchen w/ corian counters & bfast nook.
- Lg formal dining rm. Master suite w/ prvt bath & 3 season porch. 2 addt'l bdrms.
- Family rm & lower level rec rm.



Underhill - \$329,900

- 3 bedroom newer Colonial. Master w/ walk-in closet & bath
- Formal living rm. Dining room with hardwood floors. Open kitchen to family room
- Lookout basement finished with open family windows to backyard. Lots of storage. Large deck. 2 acre lot w/ valley views

E-MAIL: [Info@NancyJenkins.com](mailto:Info@NancyJenkins.com)

WEBSITE: [www.NancyJenkins.com](http://www.NancyJenkins.com)



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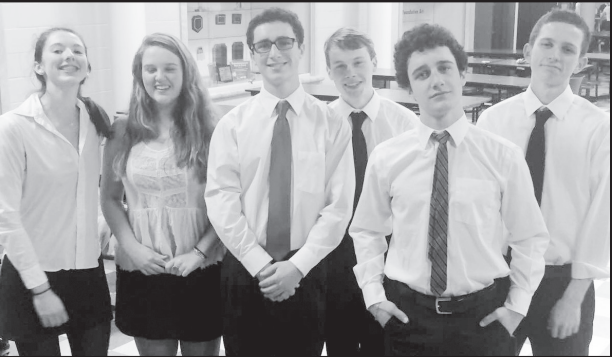
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**Commercial Glass:** From storefront plate glass windows and doors to office walls of glass to wall size mirrors and beyond, we can service.

### MMUusic students particpate in Northwest District Music Festival

*Congratulations to the students who auditioned for and participated in the Northwest District Music Festival in Concert Band and Wind Ensemble on Friday, January 30 in Enosburg; VT. MMUusic is very proud of you!* PHOTOS CONTRIBUTED



Concert Band – From left: Colleen Wyatt – Alto Saxophone; Ella Bisbee – Clarinet; Peter Barbagallo – Clarinet; Jack Landis – Trombone; Dylan Barbagallo – Alto Saxophone; Jimmy LaVanway – Trumpet.



Wind Ensemble – Back row from left: David Brown – French Horn; Ian Orlando – Bass Clarinet; Joshua Brown – Trombone; Elliot Lowe – Trumpet; Celia Goodyear – Flute; Rebecca Barwin – Bassoon; Maia Hendrickson – Flute; Michael O’Connor – Percussion. Front row from left: Cory Raymond – Alto Saxophone; Avi Bauer – Percussion; Victoria Rosales – Flute; Kenzie Provencher – Flute; Margaret Allen – Oboe; Ginny Churchill – Clarinet; Lexi New – Flute.

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### MMUHS freshman are leaders

Ayla York, Devyn Beliveau-Gale, and Emma Forsyth were named Empowered Leaders of the Month by the Empowerment Through Sports Leadership Series (ETSLS).

The ETSLS is honoring Ayla, Emma, and Devyn, students at Mount Mansfield Union High School in Jericho, who were selected from girls across the country for their leadership role in founding the annual *Soccer for Soles 3v3 Festival* (SfS) held in Jericho.

“The role the girls take on is expansive. From things like: leading the committee, organizing and planning the event, recruiting younger girls for roles in the committee, mentoring ambassadors who help, speaking at local schools and events to promote SfS, creating and running the website, organizing volunteers and referees, and seeking partners and donations from

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businesses. Just to name a few of the details the girls coordinate,” said Angie Faraci, the girls’ former soccer coach and member of the SfS committee.

The SfS Festival is an idea Ayla, Emma, and Devyn created after they attended one of the ETSLS conferences in 2012. “The girls were inspired by female Olympic athletes and leaders. They have a passion for soccer, love their community, and therefore created a soccer event that raises funds for donation,” said Coach Faraci.

The Empowerment Through Sports Leadership Series (ETSLS) is celebrating today’s young women as they exemplify leadership qualities now and for the future. By honoring Ayla, Emma, and Devyn, ETSLS hopes to encourage more young female athletes to embrace their inner leader confidently.

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### RECIPE

#### Loaded Potato and Buffalo Chicken Casserole

2 pounds boneless chicken breasts, cubed (1")  
8-10 medium potatoes, cut in 1/2" cubes  
1/3 cup olive oil  
1&1/2 tsp salt  
1 Tbsp. black pepper  
1 Tbsp. paprika  
2 Tbsp. garlic powder  
6 Tbsp. hot sauce

Topping:  
2 cups fiesta blend cheese  
1 cup crumbled bacon  
1 cup diced green onion

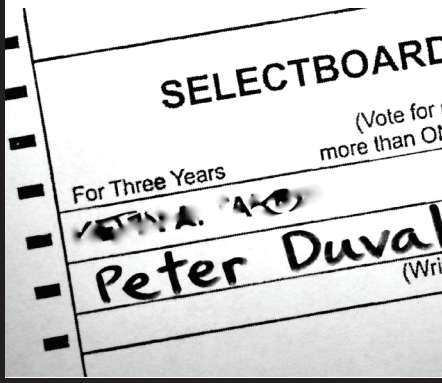
Preheat oven to 500 degrees. Spray a 9X13" baking dish with cooking spray. In a large bowl mix together the olive oil, salt, pepper, paprika, garlic powder and hot sauce. Add the cubed potatoes and stir to coat. Carefully scoop the potatoes into the prepared baking dish, leaving behind as much of the olive oil/hot sauce mixture as possible. Bake the potatoes for 45-50 minutes, stirring every 10-15 minutes, until cooked through and crispy and browned on the outside. While the potatoes are cooking, add the cubed chicken to the bowl with the left over olive oil/hot sauce mixture and stir to coat. Once the potatoes are fully cooked, remove from the oven and lower the oven temperature to 400 degrees. Top the cooked potatoes with the raw marinated chicken. In a bowl mix together the cheese, bacon and green onion and top the raw chicken with the cheese mixture. Return the casserole to the oven and bake for 15 minutes or until chicken is cooked through and the topping is bubbly delicious. Serve with extra hot sauce and/or ranch dressing.

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## The beating heart of teenage romance

By Lewis First, MD  
Chief of Pediatrics  
at UVM Children's Hospital

With Valentine's Day here, I find myself crushed by parents who have lots of questions about how to deal with their teenager's ongoing romantic adventures. Let me see if I can get to the heart of the matter.

It is usually typical for younger teens to go out in groups, which should initially set parents at ease as long as they know who is in the group. Most teenage girls will start dating at 14 or 15 and guys at 15 or 16, but there is no set age. Hopefully your child begins dating based on their maturity and some good family discussion to establish dating guidelines.

How do you set those guidelines? Hopefully, you have established a good line of communication with your child long before they enter adolescence. If so, encourage your teen to talk about friends or to ask questions about sex. But withhold any personal judgments. Parents need to be supportive and interested but not overbearing to the point of intervening in a child's social life. You can, on the other hand, be clear about your values since these will be the foundation on which your teens will make future decisions.

Watch television or listen to the radio with your teen and comment on the differences between the sexuality portrayed in the media and the healthy responsible decisions one needs to make about sex in real life.

Make sure your teens are aware that the use of drugs and/or alcohol will alter anyone's judgment and make them vulnerable.

A great idea is to offer a guilt-free, no-questions-asked ride home if your teenager is heading for a situation with someone that will result in their doing something everyone will regret.

Hopefully tips like this will hit the target better than Cupid's arrow when it comes to knowing what to say and do when it comes to talking with, or better yet listening to, your teenagers talk about their boyfriends and girlfriends.

*Lewis First, MD, is chief of Pediatrics at UVM Children's Hospital and chair of the Department of Pediatrics at the UVM College of Medicine.*

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The May 21 issue will contain tributes to Veterans present and past.

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