# Westford 4-H'er Addie Ploof wins ribbons at 4-H State Day competition



Westford 4-H'er Addie Ploof proudly shows off the ribbons she won at 4-H State Day, Saturday, May 11 in Barre, for placing first with her individual demonstration on Fixing Fletching on a Bow and in a tie for second place with her team demonstration with her sister, Faith, on when to call the vet. Story and more phontos page 2.

PHOTO BY LISA MUZZEY

## Westford's Rice High School students inducted in National Honor Society



Lisa Lorenz, principal at Rice Memorial High School, has announced that students Claire (left) and Hanry Ammirato, residents of Westford, were inducted into the 2019 Chapter of the National Honor Society. Acceptance into the NHS is based on scholarship, leadership, character, and service to others (36 documented hours of community service). PHOTO CONTRIBUTED

# Getting to know Cambridge Town Administrator Marguerite Ladd

By Phyl Newbeck Special to the Mountain Gazette

Marguerite Ladd's parents were the proverbial pillars of the community in the Upper Valley town of Chester where she grew up, so she knows a thing or two about municipal government. Shortly after Ladd moved back to Vermont, she saw there was an opening for the brand-new position of Cambridge Town Administrator and decided to apply. The town liked what they saw and after reviewing 19 applications and interviewing six candidates, they hired Ladd last July.

July.

"I love working with people," Ladd said. "I had been working in schools and serving a pretty specific age demographic so I was ready for something different." Ladd had purchased a home in Underhill and had been accepted into a graduate program at UVM but when she read the job description, she felt that her skill set made her a good candidate. "The job looked very appealing," she said, "and it was exciting that I would be the first one to hold that position."

Ladd holds a BA from the New England Conservatory and an MA from New York University. She worked in several capacities in New York City, finishing her time in the city as Director of Operations of the Walden School. She stayed in education after moving to New Hampshire but is happy to have made the switch to municipal work. "So far, it's been fabulous," she said. "People are really passionate and care about their town." Ladd enjoys being able to work with long-time residents, as well as newcomers, in helping to develop programs. "It's been a really good learning experience," she said.

While living in New York City, Ladd spent time helping other musicians while also trying to further her own musical career. She is

a composer who specializes in concert and electro-acoustic music. The latter is a format through which musicians record what they hear around them and then manipulate and add to those sounds. A saxophone player, Ladd's musical career has evolved from orchestras and string and brass quartets in college to making music for movies and commercials in graduate school. Getting used to her first house and her new job and preparing to get married this summer have cut into her musical time but she is hoping to spend more time composing and playing in the future.

Ladd is one of five children raised on what her mother referred to as a hobby farm in Chester. Her father started a recycling program and her mother served on the library board of trustees and did fundraising for the elementary school playground. Both received the Paul Harris Award for their contributions to the local Rotary Club. Ladd remembers taking part in community events like Green Up Day. "That was just what one did," she recalls, "but once I went out into the world, I realized that wasn't true everywhere."

Ladd is impressed that Cambridge created the Town Administrator position. "In some towns there is just one clerk/treasurer who is there only three days a week," she said. "I admire this town for being forward thinking and also caring deeply about its roots. They have a wonderful recipe that you can't get everywhere and they are being thoughtful about what they do." Ladd notes that one Select Board member has been on the board for more than three decades and two are brand new. "They are all respectful of each other and what they bring to the table," she said. "There's a lot of amazing community stuff happening. People are willing to dig in and that's wonderful and inspiring."

# MMUsic students participate in 2019 Vermont All State Festival



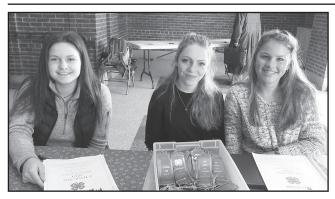
Congratulations to the following students for their participation in the 2019 Vermont All State Festival at U32 High School. Performing in Band, Chorus, Jazz Band & Orchestra: Jayme Billings/Alto Sax and Sebastiaan West/Piano, who both received scholarships for their performances in auditions. We are really proud of their performances on Friday-Saturday, May 10-11. Also, thanks and congratulations to the MMUsic Marching Band for their performance in Montpelier Wednesday, May 8, the opening day for the 2019 Vermont All State Festival. Pictured (front, from left): Theresa Christiansen/Alto Sax, Sydney Segear/Flute, Sophia Rosacker/Clarinet, Jayme Billings/Alto Sax, Maya Parry/French Horn, Lukas West/Clarinet, Aedan Lahiff/Trumpet, Sam Keller/Percussion, Elliott Austin/Oboe, Jackson Novotny/Viola; (back, from left): Finley Clark/Trumpet, Ethan Hall/Trombone, Matthew Baldwin/Bassoon, Zachary Burns/Voice, Kate Lavanway/Voice, Edward Green/Voice, Abigail Sandy/Voice, Amelia Sanborn/Voice, Logan Mohn/Voice, Jonathan Knakal/Voice, Craig Rettew/Voice. Not pictured are Ruth Leech/Trumpet & Sebastiaan West/Piano.



# Cambridge residents and partners at ribbon cutting ceremony capping the stormwater mitigation project

Left, A ribbon cutting ceremony took place on Monday, May 13 at the Cambridge Elementary School, capping the stormwater mitigation project undertaken by the Town of Cambridge. The project funders were The Lake Champlain Basin Program, the VT Dept of Environmental Conservation, Ecosystem Restoration Program and The High Meadows Fund. Pictured (from left): Seth Jensen, Senior Planner, LCPC; Dana Allen, Watershed Consulting Associates; Senator Richard Westman; Caleb Magoon, Chair, LCPC; Will Lathrop, The High Meadows Fund; Bill Morey, Cambridge Road Foreman; George Putnam, Cambridge Selectboard Chair; Al Young, Director of Maintenance, Cambridge Elementary School; Mary Anderson, Principal, Cambridge Elementary School; Marguerite Ladd, Cambridge Town Administrator; Greg Tatro, G.W. Tatro Construction; Jean Jenkauskas, Cambridge Conservation Commission; Sara Laurie, Cambridge Conservation Commission; Med Modley, Lake Champlain Basin Program; Richard Goff, Board of Directors, LCPC; Meghan Rodier, Project Manager, LCPC; Georgeana Little, Office Manager, LCPC.

#### 4-H NEWS



Staffing the registration table at 4-H State Day, Saturday, May 11 in Barre, were (from left) Mackenzie Bushey, Springfield; Sammie Blackmore, Charlotte; and Vivienne Babbott, Hinesburg.

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## Outstanding 4-H talent celebrated at State Day

On Saturday, May 11, the Barre Civic Center in Barre, VT was the place to be as talented 4-H'ers from throughout Vermont enlightened, educated, and entertained the public with their action exhibits, stage presentations, demonstrations, technological savvy, tabletop exhibits, and more.

Master of Ceremony for the University of Vermont (UVM) Extension 4-H-sponsored event was Faith Ploof, Westford, who was part of the 4-H State Day Crew, a group of 4-H teens who assisted with the event. Other members of the team were Samantha Blackmore, Charlotte; MacKenzie Bushey, Springfield; Hunter Michaud, East Hardwick; and Alexis Taylor-Young, South Royalton. The Flying Hooves 4-H Club of Colchester sold concessions to benefit the Ann Hart Scholarship Fund.

While all State Day participants were winners at the regional level, those chosen as state winners will repeat their presentations and performances or display their photos and posters at Eastern States Exposition in West Springfield, MA in September. They include, listed alphabetically by category

ACTION EXHIBITS: Leprechauns 4-H Club, Johnson (Slyme Tyme); Caspian Critters 4-H Club, Greensboro (How to Make Chicken Treats); Squabble Hollow 4-H Club, Lyndonville (She is the One I Want: Picking a Dairy Animal for Showing); Blazing Bridles 4-H Club, Danville (Horsing Around with Crafts); Eden Eagles 4-H Club, Eden (Homemade Lava Lamps)

DEMONSTRATION (Individual): Addie Ploof, Westford (Fixing Fletching on a Bow)

DEMONSTRATION (Team): Vivienne Babbott, Hinesburg, and Samantha Blackmore, Charlotte (How to Bear Tack Care); Addie and Faith Ploof, Westford (When to Call Your Vet); Jasmine Mooney and Katey Stone, both from St. Johnsbury (Free Falling: Horse Diving)

(vest with baseball

Dani

Flint, Brookfield (pajamas and

pillow case); Adam Messier,

Braintree (two-way holographic

drop-crotch onesie); Breanna

Munger (pants), Samantha Senn

(top) and Madisyn Sheldrick, (shorts), all from Benson; Thomas

Sirvinskas, Milton (fleece pajamas

with outer space theme); Elizabeth

Waterman, Thetford (dress with

multi-colored over-bodice)

CRIPTIONS

Flint, South

ILLUSTRATED TALK: Greta Friesen, Hinesburg (It's Time for Grooming); Samantha Provost, Milton (Vikingur Hestur) PHOTOGRAPHY (PHOTO-BASED DESIGN):

Dunklee (Born Leader) and Garrette Shanks (A Good Boy), both from Vernon; Emeillia Gomo, Chester (Colorful Jumping Pony)

PHOTOGRAPHY (TRADITIONAL): Vivienne Babbott, Hinesburg (Vermont Views); Samantha Blackmore, Charlotte (Lazy Days); Megan Carson, Windham (Pony in the Buttercups): Ryder Curavoo, Berlin (My Calf); Jenna Dolloph, Grafton (Frozen in Time); Whitney Dunklee (Surprise Hoot); Alexa Graham, Westfield (Moss)

POSTERS: Whitney Dunklee (Milk: No Other Alternative) and Elyse Thurber (Horse Grooming Tools), both from Vernon; Dawson Michaud (The Cycle of the Day) and Gabriel Michaud (Eight Essential Nutrients in Milk), both from East Hardwick; Addie Ploof, Westford (Life Stages of a Chicken)

SMART SHOPPER: Emily and Mariah Ingalls, both from Johnson; Anna Whittemore, Orleans. In this category the 4-H'ers were evaluated on their fashion sense and how well they put together an outfit on a \$50 budget.

STAGE PRESENTATIONS (GROUP): Elizabeth and Viola Brown, Vernon (baton and jump rope routine); Hearts 4 Horses 4-H Club, Eden (dance routine); Flying Hooves 4-H Club, Colchester (Willie Wonka and his Candy Factory skit); Kassie Merriam, Eden Mills, and Isabella Sargent, Eden (gymnastics routine)

STAGE PRESENTATIONS (INDIVIDUAL): Ahlmann, Lunenburg (vocal performance); Viola Brown, Vernon (flute solo); Anna Carson, Windham (violin medley); Aden Cushman, Barre (saxophone solo); Ella Dubin, Northfield, MA (poetry recitation); Isabella Sargent, Eden (hip-hop dance); Alexis Taylor-Young, South Royalton (sign language presentation); Tamara Tyminski, Wallingford (singing); Adeline White, Pittsford (singing)

Other entries recognized as the most outstanding in their category but not continuing onto Eastern States include:

FUN WITH FOOD CHALLENGE: Addie Ploof, Westford (roasted vegetable platter)

PUBLIC SPEAKING: Senior Division--Faith Ploof, Westford (Hippotherapy); Junior Division--Uma Chirkova, Newbury (Onagadori); Ella Dubin, Northfield, MA (Cloning: The Future or the End?); Addie Ploof, Westford (Community Service)

SEWING (NON-GARMENT): Adam Messier, Braintree (perfect bag)

TABLE TOP EXHIBITS: Olivia Bullock, Mendon (Best Activator for Slime); Emma Cushman, Barre (Understanding Bumblefoot); Whitney Dunklee, Vernon (Everything but the Moo); Calvin Kennett (Frizzle Bantam Genetics) and Tucker Kennett (Homing Pigeon Stages of Growth), both from Middlebury; Makenzie McLaughlin, Rutland (Judith Resnick); Middle Branch 4-H Club, Randolph Center (Creative Cheesecakes); William Moran (Modern Automotive Safety Features: Black Holes), Bristol; Faith Ploof, Westford, and Sophie Zemianek, St. Albans (Types of Horse Hitches); Liviya Russo (You've Goat to Be Kidding Me) and Logan Russo (Specialty Tools for Small Engine Repair), both from Lunenburg; Cheyenne Steves, Fair Haven (Barefoot vs. Shoes)

TECHNOLOGY (4-H PROMOTIONAL VIDEO): Elizabeth and Viola Brown and Whitney Dunklee, all from Vernon (4-H Promotion); Addie and Faith Ploof, Westford, and Sophie Zemianek, St. Albans (4-H Grows Here); Emma Rowell, Greensboro Bend (There is Something for Everyone)

TECHNOLOGY (MAKER-TINKER): Elijah Burton, Williston (light-up picture); Ryder Curavoo, Berlin (robotic hand); Delia Farris and Sadie Farris, both from Grand Isle and Asa Rousseau, North Hero (all three created light-up pictures)

To learn more about the UVM Extension 4-H program, call the State 4-H Office at 802-651-8343 or 800-571-0668 (toll-free in



Top scorers in the Junior Division, ages 10-11, at the State 4-H Horse Judging Contest Sunday, May 5 in New Haven, VT were: front row (from left): Allessandra Hoffman and Hannah Smiley, both from Milton; Seanna Erickson, Florence. Back row: Viola Brown, Vernon; Addisyn Greenwood, Waterford; Jillian Murdough, Essex Junction; Wyatt Kennett, Middlebury. Not pictured: Rose Ouimet, Castleton. PHOTO BY AMANDA TURGEON

#### Four teens named to 4-H horse judging team

Four Vermont 4-H teens qualified for the state 4-H horse judging team for achieving the highest scores at the State 4-H Horse Judging Contest on Sunday, May 5 in New Haven, VT.

Emma Cushman, Barre; Grace Parks, Essex Junction; McKenna White, Whiting; and Sophie Zemianek, St. Albans; all earned a spot on the state team that will represent Vermont at the Northeast

FASHION REVUE: Joey Ferris, Braintree TENDEN MILLS BEVERAGE buttons); Royalton (pajamas); Samantha

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# **MOUNTAIN GAZETTE RATES – 2019**

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4-H teens continued on page 3

#### Thursday, June 6

CCGOP Dinner, 6:00 PM, Essex Grange Hall, 45 Upper Main St., Essex Junction. Join the Chittenden County GOP for a free dinner and a behind-the-scenes update from Guy Page on what happened and didn't happen during the 2019 Legislative session under the Golden Dome in Montpelier this year. Page is the editor and publisher of the Vermont State House Headliners and a new bi-monthly publication, *The Chronicle*, which launched April 2019. RSVPs are appreciated for planning purposes, but not required

# VT Law School's *Hot Topics* lecture series on environmental issues

Throughout the summer, Vermont Law School (VLS) faculty, distinguished scholars, media fellows, and others will deliver one-hour *Hot Topics* lectures on a variety of current issues in environmental law and policy. Free and open to the public, the lectures will be held on Tuesdays and Thursdays through August 1, on the VLS campus, 164 Chelsea St., S. Royalton, Oakes Hall Room 012. Vermont Bar Association Continuing Legal Education (CLE) credit is available.

The 2019 Hot Topics are:

- Tuesday, June 4: Farming Nemo: CAFOs of the Sea with Pamela Vesilind '08, VLS.
- Thursday, June 6: Using Science and the Law to Achieve Coexistence in a Crowded Ocean with Sarah Reiter '13, VLS.
- Tuesday, June 11: Negotiating the Value Chain: A Study of Surplus and Distribution in Indian Markets for Food with Amy Cohen, Ohio State University Moritz College of Law.
- Thursday, June 13: *The Mexican Border: Property Rights & The Environment* with John Echeverria, VLS.
- Tuesday, June 18: China's Belt and Road Initiative: What Is It, and What Does It Mean For the Environment? with William Schulte LLM '15, VLS.
- Thursday, June 20: What's In Your Water? with Jen Duggan, Conservation Law Foundation Vermont.
- Tuesday, June 25: Externalizing Europe's Energy Policy in EU Free Trade Agreements: A Cognitive Dissonance Between Promoting Sustainable Development and Ensuring the Security of Supply? with Anna Marhold, Tilburg Law School.
- Thursday, June 27: The Trump EPA and the Toxic Chemical in All of US with Annie Snider, Politico.
- Tuesday, July 9: Confronting America's Captive Tiger Crisis with Delcianna Winders, Lewis and Clark Law School, and Heather Rally, PETA.
- Thursday, June 11: Disclosing the Danger: State Attorney Ethics Rules Meet Climate Change with Victor Flatt, University of Houston Law Center.
- Tuesday, July 16: Climate Change in the Courts with Ellen Gilmer, E&E News.
- Thursday, July 18: Lobster Wars, Vanishing Cod, and Other Effects of Warming in the Gulf of Maine with David Abel, Boston Globe.
- Tuesday, July 23: Environmental Justice in the Anthropocene with Carmen Gonzalez, Seattle University School of Law.
- Thursday, July 25: Clean Energy Justice: Charting an Emerging Agenda with Joel Eisen, University of Richmond School of Law.
- Tuesday, July 30: *The Flint Water Crisis: A Case of Environmental Injustice* with Kathleen Falk, U.S. Department of Health and Human Services.
- Thursday, August 1: Playing With Poison: The Toxic Legacy of Lead Contamination in America's Urban Centers with Yvette Cabrera, Huffington Post.

For more information, visit www.vermontlaw.edu/summer or contact Courtney Collins, 802-831-1371 or collins@vermontlaw.edu.

# The garage is full... come to St. Thomas yard/rummage sale

Mark your calendar – St. Thomas Church in Underhill Center will hold its Spring Into Summer Yard and Rummage Sale Friday-Sunday, June 7-9, from 9:00 AM – 5:00 PM each day.

The yard sale will feature house wares, dishes, toys, miscellaneous items, and, perhaps, a surprise or two. The rummage sale will feature spring and summer clothing for children and adults. In addition, there will be a food bargains – meatball subs, cinnamon buns and pasta sauce!

If you have any questions, please call the Church rectory at 899-4632

#### **4-H teens** continued from page 2

Regional 4-H Horse Contest in October in Windsor, CT, and Eastern National 4-H Horse Round-up in Louisville, KY this fall. Jordan Bombard, Duxbury, was named first alternate.

The contest, which was sponsored by University of Vermont Extension 4-H, began at Wishful Thinking Farm, where competitors provided written rankings for stock horses in hand, ponies in hand, Thoroughbreds in hand, hunter under saddle, and hunt seat equitation classes. After judging, the contest moved to Beeman Elementary School and the New Haven Town Hall, where Juniors (12-13) and Seniors (14 and older) were asked to present oral reasons for two classes. Scores from judging and oral reasons were combined for an overall score and final rank for these two age divisions.

Other top finishers in the senior division were, in order of placement: Olivia Campbell, Randolph; Sydney Minnerly, Lincoln; Emma Zimmermann, Northfield; and Wisteria Franklin, Wheelock. Earning rosette ribbons in the other age groups were:

NOVICE SENIOR (14 years old and up and new to 4-H or this competition): Samantha Blackmore, Charlotte (first); Vivienne Babbott (second) and Emily Lang (third), both from Hinesburg; Calvin Kennett (fourth) and Tucker Kennett (fifth), both from Middlebury.

JUNIORS (12 and 13 years old): Emeillia Gomo, Chester (first); Ella Dubin, Northfield, Massachusetts (second; member of a Windham County club); Shyanne Wedge, Shoreham (third); Haileigh Demers, Milton (fourth); Eliana Matson, New Haven (fifth); Emily Shields, Benson (sixth); Jenna Bennett, Highgate (seventh); Amelia Kennett, Middlebury (eighth); Tucker Murdough, Essex Junction (ninth); Tieghan Perry, Danville (tenth). Shelby Stevers, New Haven, also competed in this division but did not place in the top 10.

JUNIORS (10 and 11 years old): Allessandra Hoffman, Milton (first); Rose Ouimet, Castleton (second); Hannah Smiley, Milton

COMING EVENTS

- RSVP4VTGOP@gmail.com. For information contact Bill

Lawrence, Underhill Republican Town Chair, 802-999-2163. **Friday-Sunday, June 7-9** 

St. Thomas Yard and Rummage Sale, 9:00 AM – 5:00 PM each day, St. Thomas Church, Underhill Center. House wares, dishes, toys, miscellaneous items, spring and summer clothing for children and adults, and perhaps a surprise or two! There will also be meatball subs, cinnamon buns, and pasta sauce. For more information, 899-4632.

Saturday, June 8

Home and Hearth, 10:00 AM – 4:00 PM, Ethan Allen Homestead Museum, Burlington. It took a lot of work to make an 18<sup>th</sup> century homestead function. Join us as our living historians make the Ethan Allen House come to life with demonstrations of hearth cooking (free samples available), textile arts, carpentry, and more. For more information: http://www.ethanallenhomestead.org/events.html.

Wednesday, June 12

The Hills of Home: Mountains and Identity in Vermont History, 7:00 PM, Warner Lodge, School St., Jeffersonville. Vermonters have strong ideas about the importance of our mountain topography. Historian Jill Mudgett presents evolving ideas about our mountains, beginning with the state's founders and moving forward through Vermont history to explain how environmental understandings changed over time. A VT Humanities Council event sponsored by the Cambridge Historical Society, the event will be on Wednesday, June 12, 7:00 PM, ; refreshments will be served

Animals of the North: What does the future hold? 7:00 PM, Jericho Community Center, Browns Trace, Jericho Center. Susan Morse of *Keeping Track* will present a slide show and lecture. Presented by Jericho Conservation Commission and Transition Town Jericho, and sponsored by the Deborah Rawson Memorial and Jericho Town Libraries. Free and open to the public; refreshments at 6:30 PM. For information, contact Tom Baribault, *tom.j.baribault@gmail.com*.

Thursday, June 13

Book talk: The Silk Road, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Kathryn Davis for a reading from her new book The Silk Road, a spellbinding novel about transience and mortality. Davis is the author of seven novels, most recently Duplex. She is the senior fiction writer on the faculty of the writing program at Washington University. Proceeds from ticket sales go to the VT Foodbank. Tickets, \$3, include a coupon for \$5 off a copy of the featured book. Coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Thursday-Friday, June 13-14

Preservation Workshops for Smaller Institutions, 9:00 AM – 4:00 PM, Bailey Howe Library, UVM, Burlington. Presented by NEDCC, Northeast Document Conservation Center. Thursday: Digital Preservation for Smaller Institutions; Friday: Audiovisual Preservation for Smaller Institutions. Register at <a href="https://www.nedcc.org/preservation-training/registration?p=410">https://www.nedcc.org/preservation-training/registration?p=410</a>. Each workshop: \$40. For more information, contact Kim O'Leary, <a href="https://www.nedcc.org">koleary@nedcc.org</a>, 978-470-1010 ext. 226, or <a href="mailto:info@nedcc.org">info@nedcc.org</a>.

Friday, June 14

**BFA Fairfax Alumni Banquet**, 5:00 PM social hour, 6:00 PM meal, Richard A. Brown Gym, 75 Hunt St., Fairfax. Come join your fellow alumni and welcome the seniors!

Saturday, June 15

The Guardian Legion, 11:00 AM – 1:00 PM, Phoenix Books Essex, 2 Carmichael St., Essex. Meet some of your favorite superheroes at this event with *The Guardian Legion*, a Vermont-based cosplay and charity group. Activities and themed snacks. Free and open to all. Information: www.phoenixbooks.biz or 878-7111

Sunday, June 16

Children's Father's Day Fishing Derby, 8:00 – 11:00 AM, Chittenden County Fish & Game Club, 1397 Wes White Hill Rd., Jonesville. Register by 8:00 AM. Prizes for children ages 14 and under. Trophies in age groups 5-14 years. Lunch available. Directions: follow signs from the Jonesville Route 2 bridge to 1397 Wes White Hill Rd

**Father's Day Breakfast**, 8:00-11:30 AM, Eagles Club #3210, VT Rt. 109 North (road to Waterville). Sponsored by Eagles Club/Ladies Auxiliary #3210, a non-profit. Adults \$10, ages 6-12 \$5, age 5 and under free.

Thursday, June 20

**Book talk:** Life on the Other Border: Farmworkers and Food Justice in Vermont, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Teresa Mares for a talk on her new

(third); Seanna Erickson, Florence (fourth); Wyatt Kennett, Middlebury (fifth); Jillian Murdough, Essex Junction (sixth); Addisyn Greenwood, Waterford (seventh); Viola Brown, Vernon (eighth).

JUNIORS (8 and 9 years old): Tayah Cram, Leicester (first); Sage Stevers, New Haven (second); Jakob Marinoff, Highgate (third); Elyse Thurber, Vernon (fourth).

Assisting with the event were 4-H teens Lauren Hodsden, Bridport; Makayla LaFlam, Guilford; Faith Ploof, Westford; Emma Suker, Shrewsbury; and Rylie Zager, Gill, MA.

To learn more about the 4-H horse project and future horse events, please contact Wendy Sorrell, UVM Extension 4-H livestock educator, wendy.sorrell@uvm.edu.

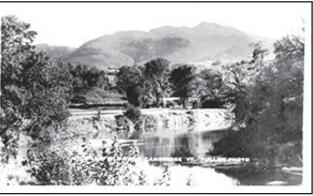
#### The Mountain Gazette

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The Hills of Home: Mountains and Identity in Vermont History – Vermonters have strong ideas about the importance of our mountain topography. Where did our pride in Vermont's landscape come from, and why is it that we see our shared identity as rooted in the land? In this lecture, historian Jill Mudgett presents evolving ideas about our mountains, beginning with the state's founders and moving forward through Vermont history to explain how environmental understandings changed over time. A VT Humanities Council event sponsored by the Cambridge Historical Society, the event will be on Wednesday, June 12, 7:00 PM, Warner Lodge, School St., Jeffersonville; refreshments will be served.

book, which explores the intersections of structural vulnerability and food insecurity experienced by migrant farmworkers in the northeastern borderlands of the U.S. Mares is Associate Professor of Anthropology at UVM. **Proceeds from ticket sales go to the VT Foodbank. Tickets, \$3**, include a coupon for \$5 off a copy of the featured book. Coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Thursday, June 27

Meals on Wheels Lamoille 20<sup>th</sup> Anniversary, 5:00 – 7:00 PM, Lamoille Civic Center, 24 Upper Main St., Morrisville. Join Meals on Wheels of Lamoille County and the Lamoille Chamber of Commerce to celebrate Meals on Wheels of Lamoille County's 20<sup>th</sup>

anniversary! Local brews, wines, and appetizers will be served. Please RSVP by Friday, June 14 at https://www.eventbrite.ca/e/meals-on-wheels-20th-anniversary-celebration-tickets-60424327791.

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## Mountain High Pizza Pie

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email: cccpastorjeannette@gmail.com

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Fellowship: immediately after service

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Signing for the deaf upon request

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All are welcome.

Worship Services 9:30 AM, 2nd & 4th Sundays, September-June 195 VT RT 15, Jericho VT (red barn across from Packard Rd) 899-2558 www.mmuuf.org

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#### HEALTH PROGRAMS AND CLASSES AT NORTHWESTERN MEDICAL CENTER

#### **ONGOING**

Brain Injury Support Group - third Thursday of each month, 5:30 - 6:30 PM, NMC Conference Center, Grand Isle Room. Meet other people in similar situations, share the hardships and accomplishments, gain valuable emotional support, obtain information, and discuss a variety of brain injury topics. Anyone touched by brain injury (traumatic or acquired) can attend: survivors, caregivers, friends, and family. All are welcome at our support group. Free; no registration required. For information contact Jess Leal, 877-856-1772.

Cancer Exercise Sessions - Tuesdays and Thursdays, flexible times, NMC Rehab gym, Cobblestone Health Commons. Featuring Wendy Lawrence, Physical Therapist. Pre-registration required; call 524-1064. Free for the first 8 weeks, then \$40. Designed for cancer survivors; helps improve strength and balance while fighting fatigue to bring back optimal function. You'll get started with an individualized physical therapy evaluation and customized treatment if needed – both services are billable to insurance. After these first two or three visits, participants move on to a free, 8-week open gym program that is supervised by one of NMC's Athletic Trainers to continue work on strength and conditioning. Exercise with others can be fun and supportive, especially in the comfortable atmosphere of the rehab gym. After the eight week free open gym program, participants can choose to continue their workouts at the gym for a monthly fee of \$40. Start the program at any time, and use the gym when it is convenient for you. Simply call our Physical Therapy team to get started and find out what hours the gym is

Program now enrolling First Time Mothers: Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Vermont Quit Partners Fresh Start Tobacco Cessation Class, Wednesdays, 11:00 AM – 12:00 PM, NMC Cobblestone Building, Suite 202. Pre-registration required; to sign up for a session call Chari, 524-8480. Free. Enter this class at any time and join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges.

Healing Circle Women's Cancer Support Group: first Tuesday of every month, 4:30 PM socialize, 5:00 – 6:30 PM meeting, Northwestern Medical Center Conference Franklin Room. Preregistration not required; free. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with any questions or to RSVP (not required).

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Have You Lost a Loved One to Suicide? Second Thursday of every month, 6:00 - 7:30 PM, Northwestern Medical Center's Grand Isle Room. Pre-registration not required; free. If the answer to the question is "yes," please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times, and location or to answer any questions you may have call Tony, 802-393-6503.

Chronic Disease Support Group Workshops: Various times and locations. Pre-registration required; contact Deana Chase, LICSW, 802-370-5626. Free. Are you or someone you know living with a chronic health condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. Each session is 2½ hours once a week, for six weeks.

Shadows of the Moon Autism Support Group: for one-on-one phone support, please call Cheryl at 802-868-7745 or Laura at 802-

Alzheimer's Support Group: last Tuesday of each month, 6:00 - 7:00 PM, Northwestern Medical Center Franklin Room. Pre-registration not required. Free. This group is for those with Alzheimer's and caregivers, family members, and friends and is facilitated by Amanda Wilson. Please call the 24/7 Helpline at 800-272-3900 or visit alz.org/Vermont to confirm details.

Parkinson's Support Group: second Tuesday of each month, 10:00 – 11:30 AM, Pillsbury Senior Community, conference room next to the library on the first floor, 3 Harborview Dr., St. Albans. Pre-registration not required. Contact Pat, 802-524-5520, or Judy 815-895-2312. Free. This group is open to those with Parkinson's and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible.

Breastfeeding Moms Group: first Wednesday of each month, 10:30 AM – 12:00 PM. Please call 527-5586 to find location of next group. Pre-registration required; call 527-5586. Free. This group meets once a month for snacks, crafting activities, making baby blankets, and information from the experts.

Breastfeeding and Infant Massage Group: second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. No pre-registration

required. Free. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting.

Latch On! Discussion Group: third Saturday of each month, 10:00 AM - 12:00 PM, Northwestern Medical Center Family Birth Center. No pre-registration required. Free. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Monday of the month, 4:00 - 5:00PM, Northwestern Medical Center Family Birthing Center. Preregistration required; contact Rhonda Desrochers, 802-527-7531. Free. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. Presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the Vermont Department of Health.

Foot Clinics: various times and locations. Pre-registration required. Call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: \$20. Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg.

Who's Your Person, What's Your Plan? (End of Life Planning): We plan for all life's milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can't do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at http://www.fchha.org/ healthcareagent/ as well as www.starttheconversationvt.org. You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today. It's a

#### VA Medical Center/WRJ preparing for MISSION Act

The U.S. Department of Veterans Affairs (VA) will launch its new and improved community care program Thursday, June 6, implementing portions of the VA Maintaining Internal Systems and Strengthening Integrated Outside Networks Act of 2018 (the MISSION Act - https://missionact.va.gov/), which both ends the Veterans Choice Program and establishes a new Veterans Community Care Program.

The White River Junction VA Medical Center has scheduled a Veteran Town Hall on Tuesday, June 11, 5:30 PM.

The MISSION Act will strengthen the nationwide VA Health Care System by empowering veterans to have more options in their health care decisions.

Under the new and improved Veterans Community Care Program, veterans can now work with their VA health care provider or other VA staff to see if they are eligible to receive community care. Eligibility for community care does not require a veteran to receive that care in the community; veterans can still choose to have VA provide their care. Veterans are eligible to choose to receive care in the community if they meet any of the following six eligibility criteria:

1: A veteran needs a service not available at any VA medical

2: A veteran lives in a U.S. state or territory without a full-service VA medical facility. Specifically, this would apply to veterans living in Alaska, Hawaii, New Hampshire, and the U.S. territories of Guam, American Samoa, the Northern Mariana Islands, and the U.S. Virgin Islands.

3: A veteran qualifies under the "grandfather" provision related to distance eligibility for the Veterans Choice Program.

4: VA cannot furnish care in a manner that complies within certain designated access standards. The specific access standards are described below. (Important: Access standards are proposed and not yet final.)

Average drive time to a specific VA medical facility

\* 30-minute average drive time for primary care, mental health,

and noninstitutional extended care services.

\* 60-minute average drive time for specialty care. Note: Average drive times are calculated by VA using geo-

mapping software. Appointment wait time at a specific VA medical facility

\* 20 days for primary care, mental health care, and noninstitutional extended care services, unless the veteran agrees to a later date in consultation with his or her VA health care provider.

\* 28 days for specialty care from the date of request, unless the veteran agrees to a later date in consultation with his or her VA health care provider.

5: The veteran and the referring clinician agree it is in the best medical interest of the veteran to receive community care based on defined factors.

6: VA has determined that a VA medical service line is not providing care in a manner that complies with VA's standards for

To help employees prepare for this transformation and others under the MISSION Act, White River Junction VA Medical Center dedicated the month of May to readiness.

"We are excited about the new options available to our veterans under the MISSION Act and we are committed to continuing to provide high quality healthcare at our White River Junction facility and our seven Community Based Outpatient Clinics, while maximizing our community resources through this enhanced Community Care Network," explains Dr. Brett Rusch, White River Junction VAMC Executive Director. "As we move forward though this transformation, we will strengthen our VA system and continue to listen to the requests of our Twin State Veterans."

The VA MISSION Act:

• Strengthens VA's ability to recruit and retain clinicians.

· Statutorily authorizes "Anywhere to Anywhere" telehealth provision across state lines.

• Empowers veterans with increased access to community care.

• Establishes a new, urgent-care benefit that eligible veterans can access in the community.

We understand any transformation of this size will come with challenges," said Dr. Rusch. "We look forward to working with veterans and community providers to improve the process each step along the way.

White River Junction VA Medical Center serves nearly 27,000 local veterans every year in the bi-state catchment area, in the state of Vermont, and the four contiguous counties of New Hampshire.

#### Remember to be tick smart!

By Katie Warchut

Public Health Communication officer, VT Dept. of Health

Most of the tickborne diseases in Vermont are caused by bites from the blacklegged tick during early spring and late fall. The best way to prevent tickborne diseases is to prevent tick bites. Take these steps to protect yourself and your family from the diseases ticks spread:

- Use an EPA-registered insect repellent: https://www.epa.gov/ insect-repellents/find-repellent-right-you
- · Walk in the center of trails to avoid contact with overgrown grass, brush, and leaf litter
  - Wear long pants and long sleeves
  - Check your whole body after being outdoors
- If you spot a tick on your body, remove it using fine-tipped tweezers and pull straight up. Flush the tick down the toilet
- Contact your health care provider if you get any of these symptoms after a tick bite: fever, headache, joint pain, muscle aches, fatigue, or rash. Symptoms can start three to 30 days after

Learn more at http://www.healthvermont.gov/BeTickSmart.

# What You Need to **Know to Keep Your** Feet Happy

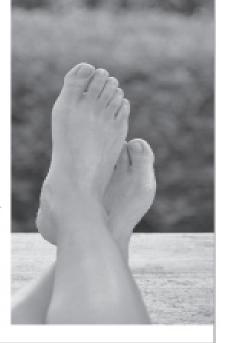
Bryan Monier, MD has created a free helpful fact sheet. Learn: Tips for Everyday When to See a Doctor

#### Download your free checklist at copley vt.org

Bryan Monier, MD is a fellowship trained attending orthopaedic surgeon specializing in care of the foot and ankle and lower extremity trauma at Mansfield Orthopaedics at Copley Hospital. He is skilled in working with athletes, trauma, and geriatric patients. Dr. Monier is an expert in total ankle replacements.



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#### **COMMUNITY COLUMNS**

#### Jericho goes quiet

By Bernie Paquette

The town of Jericho has set upon creating an ambitious noise ordinance. New ordinance to schedule periods of complete silence

The expected benefits (of silence) citizens can expect are lower blood pressure, a boost to immune system, improved rate of new brain cell growth, lower blood cortisol, adrenaline, and tension, and reduced plaque formation in arteries. Citizens and visitors to Jericho alike may also finally find time to hear themselves think.

Expected improvements from this endeavour include:

- Creativity. Free roaming thoughts may find innovative solutions to dirt vs. pavement and other Jericho road concerns – thus reducing Town Meeting day by half.
- · Awareness. Self awareness will lead to better appreciation to the natural world around us including the new native wildflower garden near the Jericho store, and the Jericho Country Store Creemees dripping down our chins.
- Reflection. After a bit of meditation in silence, we might mend some relationships with our friends and neighbors (you know the ones – boundary line disputes, dog poop in a bag left on the ground, political divide on FPF...)
- Sensitivity to other life. Recognition of life other than human life, and its interconnectedness to our lives, will suddenly become more apparent and key to our own success. Insects will become our friends - even the buzzing ones. Native plants will regain our interest and love
  - Sleep. Restful, REM, restorative, energizing, quality sleep.
- Students gain contemplative reflection think about the meaning of their lessons - the deeper meaning and value of the lessons. Opportunity for careful and intentional communication along with practicing focus and self-control.
- Observation. Listening to our own bodies needs and to act in ways that are healing and self-sustaining.
- Suggestions to prepare for these planned moments of silence:
- Invite a friend or go solo for a walk outside in nature in mutual silence. Unplug - join a Families in Nature guided walk at a local
- Stay in bed an extra five minutes gather a sense of appreciation of free quiet peaceful moments.
- Practice mindfulness living in the moment: Breathe deeply. Focus on your breath to quiet your mind.
- Use self-reflection to make meaning of life. Practice deep listening to different perspectives.
- Stop, look, and listen. Make room for silence. As unexpected problems, uncomfortable situations, and crammed schedules scream at you, recall your intention to stop, look, and listen, then act. Remember the art of conversation is in the pauses in between.

Note to self: reread the previous line daily. Be Prepared: SILENCE IS LOUD at first.

Proposed Jericho Noise Ordinance

The town of Jericho selectboard proposes to create a town noise ordinance for Noise Control as follows.

In consideration of citizens' well being, in order to balance the vitality of village life as well as prevent hearing loss, attention deficit, sleep loss, and a general reduction in quality of life, the town of Jericho will protect the public tranquility.

**Definitions** 

(a) Date and times of COMPLETE QUIET in Jericho will be announced quarterly for a minimum of six minutes per session at a rate of three sessions per month or more as deemed necessary by the electorate at Town Meeting each March.

Evidence of violation

A noise disturbance (during an announced quiet time), defined as a noise or disturbance of such magnitude as to be plainly audible outside of any building or in another dwelling or in the street or public way, shall be deemed a violation of this chapter.

Sound dampening measures

As many sound causations cannot easily be turned off, then back on, without disrupting commerce, the town will take actions to muffle all sources of noise at its disposal.

- (a) Street traffic: Roads (to be) permanently covered with open cell foam that will have the combined benefit of silencing traffic and slowing it down. Until applied to sidewalks, walkers should wear moccasins, run barefoot.
- (b) Pamphlets to be distributed: Slogans to include: "Promote silence for better hearing." "What time is (Jericho) Quiet (this week)?" And my favorite, "Find out what's to hear in Jericho."
- (c) Lawn mowers: Only electric lawn mowers allowed during quiet time.
- (d) Leaf blowers buyback program: Swap leaf blowers for nearly silent running, exercise functioning, rakes. Or just stop raking leaves and leave them where they fall for improved soil.
- (e) Firing range: National Guard to place mufflers on cannons, utilize air propulsion, and shoot foam projectiles during quiet times.
- (f) Wood splitters must cover the hand splitter with cloth. Mechanical splitters must be designed to absorb the thud and be pneumatically powered.
  - (g) Church bells must be replaced with sign language interpreters.
- (h) Cell phone ring tones: Voice and texting not allowed during quiet times (exceptions for true emergencies). Only nature sound ring tones allowed.
- (i) To help find ourselves: Turn off TV, radio, internet, social media, phones; take the buds out of your ears.
- (i) Emergency vehicles will transition from high pitch sirens to

moment of quiet and contemplation in Jericho.

> РНОТО ВУ **BERNIE PAQUETTE**

alternating high and low twosignals tone like those used in many European countries.

Τ h writer(s) of

this ordinance realize that the greater number of sounds addressed, the more subtle ones will announce themselves. Falling rain, snow, leaves, even a bird landing on a branch, may become noticeable. One's breath, footsteps, and heartbeat may seem disruptive. Peepers will go from a comfortable lullaby to a drumming rock concert.

Small sounds heard might change many of our behaviors as well as remind us of the magnitude and disturbance of noise in our lives. Birds singing may draw us to pull up lawn chairs and to actually spend outdoor home time - sit in our own backyards, sip lemonade on our front porches, and visit with passerby neighbors

By the periodic tasting of quiet, resourceful individuals may be inspired to find a way to counteract or eliminate a given noise even outside of the official quiet times. For example, some may decide to reduce their lawn size, thereby reducing lawn mowing noise and the labor to mow. Some may discover that leaves left in place will magically decompose by the time plants turn green in the spring. Chainsaw activity might be contained in a segregated noise zone, as are most airports.

Greater self-knowledge, clarity of thinking, awareness of life and beauty around us - in exchange for a few moments of silence seems like a fair bargain. When we do have the sound turned on, perhaps we will do a better job of listening to each other and to the natural sounds of our world. Perhaps we will stop, look, and listen with more forbearance, and fortitude. Perhaps we will hear our own inner voice. The repercussions of quiet may be as vast as those of man-made noise, only for the better of us all. We may meet ourselves, find inner peace, and realize our desires are simple and few. We may break away from the noise of the world and hear the true essence of the meaning and values of our lives.

#### Music

By Sue Kusserow

Special to the Mountain Gazette

I slam on the brakes. The car skids neatly into the grass on the side of the road. The grandkids look at me, warily, knowing something "great" is coming. I glare at my 15-year-old grandson: "I was listening to the radio and you turned it off. There are a few things that you can do, that will make me very angry... This is one of them. Don't ever turn off Bach!" We ride the rest of the way in silence to Vermont Commons School, which they attend, until we reach the beginning of the Interstate. Then Will turns on the radio to his favorite station. This is the agreed-upon spot where his music tastes can usurp mine. This is the spot where I say goodbye to Bach and hello to... I don't know the names of the groups, but suffice it to say that it is usually LOUD and unintelligible. Will bounces along and Ana, being the older one and the more astute, knows enough to hide her drum-beating fingers under her jacket.

For me, there is a direct connection between what I hear and what I feel and remember: my mother playing a simple song on our ancient piano and remembering her childhood; opening my dead father-in-law's old violin and upon playing it, having the thin old wood from ages ago in Germany splinter into dust; my Dad's deep rich bass voice booming out harmony for the hymns in our small country church; the small lullabies that soothed my earliest years.

And then there was me: starting violin with an elderly neighbor in my town, who was once young enough to have seen Johannes Brahms trudging across the campus of the Munich Music Institute, where she studied. She was such a gentle soul, who glowed when she started to play! And she taught me enough so that I could play many of the classic symphonies in a junior orchestra. I remember

being chastised by the conductor because I swayed to the music, from my lowly place as second violin, third row. (As a teenager, I found it impossible to sit still through the modern Russian -Katchaturian - or a Strauss waltz or anything by Schubert... or...) Playing with a group is joyous. One feels the pulse of fellow players, bows and fingers synchronized and duplicated, often with the thrill of carrying the melody. My beloved teacher started me on Bach's Double Violin Concerto: the melody is relatively easy, but it taught me a great lesson: playing in a duet, or quartet, or full-blown orchestra, requires PERFECT timing!

My kids didn't take much interest in classical compositions, although my daughter played the oboe. Oboes have reeds (which are actually that), from various countries, producing various sounds. They come in their native form and then need to be shaped, pruned, tested as to timbre and pitch, to produce the slightly nasal quality that makes the oboe ideal for melancholy. It requires delicate shaving away of tiny slivers of the reed. I could hear her in her room, tooting, scraping, cutting, thinning, retesting, getting the reed slimmed to the proper tone. Occasionally I would also hear a squeal and a series of loud blasphemies: she had cut the reed too close... on to another fresh one!

When we were in Seattle on a sabbatical year, my daughter was honored to play in the Seattle Youth Orchestra. They were scheduled to play Gustav Mahler's 10th Symphony: a mammoth last symphony, left unfinished by his death. It required a huge retinue of at least 80 performers; it was robust and powerful, right to the end of his pages of notes. All sections of the orchestra were sting with skilled young players and every seat in a huge concert hall was filled. Sitting next to us was an older couple, dressed in rusty black, with wellworn shoes polished to cover the cracks of age. Their hands were calloused and scrubbed. They told us they were potato farmers from eastern Washington, and had a son playing cello today. That had meant hours of transport to lessons and rehearsals, and the money for an instrument that could sing for him.

Mahler is powerful and almost tortured in his efforts to live up to (and even equal) his ideal: Beethoven. Every member of this orchestra had put in hours of practice, spirit, and agony for this performance. When the piece ended, there was silence; the string sections hung over their stands; the bass viol players collapsed over their huge instruments, the brass and the woodwinds performers stared, breathless, at the exhausted conductor. I looked at the couple to my right, tightly holding hands, silent tears wetting their cheeks. And then, after this reverential tribute of silence to Mahler, the applause burst forth in recognition of the hours of genius that was passed on to these young musicians, who had played from

Rhythm and song start in us with the first winds rustling the budding leaves, the pounding of rain on the roof, the crescendo and diminuendo of passing traffic, the squeal of spring peepers, the steady repetition of a downy woodpecker, the timing of a ringing phone, the blasphemy of exploding thunder, the slow drops of rain after a summer storm. And this innate sense of rhythm is soon joined by a melody that defines and matures your definition of music... of a type that you choose, that catches you... that you repeat in a whistle, a few words, a song. Music will now be with you for the rest of your life! It can't be called superficial or uninteresting since it is a part of you; and you can sing it, pound it, have joy surround it, hum along with the memories that go with

So my grandson, who lives his own music as thoroughly as I did mine, drums the dashboard vigorously, until we finally turn into Vermont Commons School and I can get back to beautiful, peaceful, familiar Bach. We both have had an invigorating early morning with music!

#### DAD – Theodore Robert Boardman

By Doug Boardman

Dad was born November 8, 1907 in Northfield, VT. His parents moved to Tunbridge, VT shortly after that. He married my mother in 1935 at the Chelsea church and they were married for 65 years until his death on April 27, 2000. I was born July 12, 1936.

Dad was a "mongrel!" He was a cross between Teddy Roosevelt, whom he was named after, and Archie Bunker, and proud of it. He was a hard working, conscientious, honest, Republican, churchgoing, patriotic citizen. Dad could dig a hole the size of a crater in a day, mow a large field with a hand scythe in a day, cut down a forest with an axe in a day, and if he had two days, he probably could move a mountain. His father Gus was a farmer/logger and used a very sharp axe and a oneman crosscut saw. He told us, we could move a mountain if we kept working at it, one shovel at a time. I learned early on you can't finish if you never start.

Dad was guicker than a cat with great reflexes. My sister and I were walking down a path to get to a small pond to fish and all of a sudden we heard a thump and a big splash, and looking out onto the pond we saw a huge snake landing in the middle of the pond. Evidently the snake was slithering across the path and dad kicked it at least 60 feet into the middle of the pond. Dad taught my younger brother Greg to kick a football and he became the kicker for the Montpelier high school team - in fact, one of his punts went 99 yards. He punted the ball on the oneyard line and it bounced into the other end zone. I heard about it later on and I asked him how he ever kicked it that far and he said he was pissed off at the coach, so I said: was he sure that the whole incident wasn't planned by the coach, that might have been his strategy.

Dad was never a man for small talk, he would answer people in short sentences pertaining to the subject at hand and a couple of times when people got too personal, he would say "none of your damn business" and walk away. Dad didn't believe in burning the American flag or a

bra. He felt that if you didn't like the USA, than get on a boat and go to another country and if they were criminals, the send them home with a

Dad and Mom never had a charge card. After Dad died my mom's refrigerator died, so lucky my sister went with her to buy a new one. They had a deal of ten percent off with a charge card. My mother had thirty thousand dollars in her checking account but my sister had to pay on her charge card to get the discount, and then mother wrote my sister a check for the refrigerator. It is a very strange world out there! Dad always said if you didn't have cash in your pocket then you shouldn't be buying anything; and if they overcharged him, then he would tell them to keep the stuff and he would walk out and go to another store. He also thought that anything he bought should have a lifetime guarantee and he took that to mean HIS LIFETIME. He would still pick up pennies until he couldn't bend down anymore!

Dad never gave me any money and always said that we had to work around the house for our room and board. Back in those days there wasn't an allowance given, they "allowed" you to live with them until you were 18. After that you paid them room and board and were expected to move out as soon as possible. I enlisted in the Navy right after high school: Dad said he couldn't help me go to college. I enlisted in the Navy so I could get the G.I. bill in order to go to college.

Dad would talk about people who he said had deep pockets and short arms and as far as I could see, he was one of them. Dad was a small tipper. He felt that the waitresses should work as hard for their dollar as he did to make the dollar. He never liked to go to restaurants; he always said he could get a better meal at home for a lot less money. I think a lot of us would like to do a lot of things like our dads but are severely hindered by society in danger of being socially irresponsible or politically incorrect! Dad always wanted us to be perfect and I think Viv and I wore him down to the point he took it easy on my younger brother and sister.

Dad never talked about his younger life but after he died we were able

to find the Randolph Aggies yearbook and found out that he was also voted as having best physique and a woman charmer. In fact, at 92 they sports fanatic, he loved the Boston Red Sox and the Atlanta Braves and when he moved from Vermont to Virginia, he of course went to most of Virginia Tech games. If there wasn't a football basketball or baseball game on TV he would opt for a tiddly-wink game instead of a news or political statement

He took up golfing at 67. My brother got him out to play after he retired, even though he always felt it was stupid. The first round he used my brother's clubs, and my brother cringed whenever he touched the ground and polished them off as quick as he could. After they played 18 holes my father asked Greg if they could go golfing the next day and my father bought his own set of clubs the second day, and the third day dad bought a golf cart and a club membership. After that he played every nice day. He got three holes-in-one and got awards for playing his age. He succeeded so well that they stopped giving the reward.

Dad set very high standards and I got a kick in my tush if I didn't perform to his standards or would go somewhere that he didn't want me to go. Today most of what Dad used on us would be "reverse psychology" but they didn't have a name for it yet.

Dad left a big hole in our lives and we will always remember his "short pearls of wisdom," which were often followed by swift kicks to the buttocks. We love you, Dad, and we know you will enjoy playing golf with your buddies. We sent your favorite golf club with you and some of your good balls so you could play, and we gave some of your equipment to Sherwood, who loves your golf shoes. They are a little big on him but he said he stuffs something in the toes so he's comfortable. Hopefully you and Mom are in a good place together. Your greatgranddaughter that goes to Brown University is graduating next year so I will be up to see you after that happens. Love from all of us and GODSPEED – Doug and Family

#### **LIBRARY NEWS**

#### DEBORAH RAWSON MEMORIAL LIBRARY

Unless otherwise noted, programs do not require registration and are free and open to all.

Mah Jongg – Mondays, June 3, 6:30 PM and June 17, 1:00 PM. Please join us as we explore the ancient Chinese tile game of winds, dragons, and number tiles. If you like Rummy-style card games, you'll love Mah Jongg! All are welcome – no experience necessary!

Chess Club – Monday, June 10, 12:00 PM. Enjoy the ancient game of feudal conquest with fellow tacticians. Whether you're a grandmaster or a total novice, you'll enjoy putting your skills to the test at our monthly Chess club. Participants are encouraged to bring their own boards and Chess sets.

Deborah Rawson Book Lovers – Tuesday, June 11, 7:00 PM. DRBL is a monthly adult book discussion group. New members are always welcome to drop in on any meeting, which is always the second Tuesday of the month at 7:00 PM. For more information, contact *Christine@cstaffa.com*.

Scrabble – Thursdays, June 13 and 27, 11:00 AM. Join us on the second and fourth Thursday every month for the original wordplay game. Exercise your mind and improve your vocabulary (especially of two- and three-letter words). Join us, and bring a friend along

Knitting with Neighbors – Thursdays, June 13 and 27, 6:00 PM. New to knitting and looking for support to get past the first row, or remember how to cast on? This is the group for you. Experienced knitter just looking for inspiration to try something new or share your knitting wisdom? This is the group for you. Not new to knitting, but new to Jericho or Underhill? You will find some friendly faces here. If you would like help picking a first time project, please feel free to contact Julie Hehir, *juliehhehir@comcast.net*.

Trivia Quest – Saturday, June 15, 7:00 PM. Do you pine for pub quizzes, trounce at Trivial Pursuit, and jump to answer Jeopardy? If so, join us for Trivia Quest, our monthly contest of not-so-general knowledge.

Mystery Book Club – Tuesday, June 25, 7:00 PM. <u>The Woman in Cabin 10</u> by Ruth Ware.

Youth Programs

2019 Summer Reading Program at Deborah Rawson Memorial Library! You can earn prizes this summer just by reading and visiting the library! Register online. For more information, visit our website, www.drml.org, or call 899-4962.

All events are FREE and some activities require advance registration. "Drop-in" events are come-and-go as you please within the designated time. Please inform in advance if any special accommodations are needed to attend events. Adult supervision is required for children 8 years old and younger. ALL – all ages, PreK – ages 0-6, ELEM – ages 6-9, UPPER ELEM – ages 8-0, MIDD – ages 10-13, TEEN – ages 13+

Browns River Middle School Musicians present *Spring String Fling* – Friday, June 14, 10:00 – 10:30 AM. Join BRMS musicians for a special concert at DRML to celebrate the beginning of summer ALL.

Story Hour will be held at DRML during the summer only on Wednesdays at 10:30 AM. June 19 and 26. Drop-in for stories, songs, projects and a nutritious snack! No registration required. Recommended for PreK - grade 2.

The Vermont Institute of Natural Science Presents: *Raptor Encounters*, Tuesday, June 18, 4:00 – 4:45 PM. Learn about raptors during this special presentation with live birds! ALL.

Drop-In Craft: Nebula Tie-Dye T-shirts, Friday, June 21, 10:00 AM – 12:00 PM. Bring your own T-shirt (or whatever!) to make your own tie-dye creation. We supply the inks... and snacks! PREK, ELEM, MIDD.

Teen Nintendo Switch Gaming: Friday, June 21, 3:00 – 5:00 PM. We have *Mario Kart 8 Deluxe*, *Just Dance 2019*, and more! You and up to three friends can sign up for a 30-minute slot to play on our new Nintendo *Switch*. Registration required, 899-4962. MIDD, TEEN.

Learn to Fish! Saturday, June 22, 9:00-11:00 AM. This workshop, run by VT ANR certified fishing instructors, teaches children the basics of fishing. Registration required, 899-4962. UPPER ELEM, MIDD.

Backpack Theater – Tuesday, June 25, 10:00 – 11:00 AM. Join us to see a performance of *The Shoemaker and the Elves* and *Little Red Riding Hood*. ALL.

Breakout Afternoon – Tuesday, June 25, 2:00 – 4:00 PM. Are you good at solving mysteries? Can you sleuth clues? Registrants work as a group to solve a puzzle to break into a treasure box and get a prize! Registration required, 899-4962. UPPER ELEM, MIDD.

SPACE CAMP!: Rockets – Thursday, June 27, 2:00 – 4:00 PM. Learn about, design, and build your own bottle rocket. Snacks included! Registration required, 899-4962. UPPER ELEM, MIDD.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday.

For information on any of the library's programs, call 899-4962. DRML is located at 8 River Rd., Jericho; www.drml.org.

#### JERICHO TOWN LIBRARY

Story Time – Wednesdays, 10:30 – 11:30 AM. Recommended ages: 0-5 years. Pop in for a casual hour of story time, smiles, songs, and laughter with Lisa!

JTL Board meetings are held the second Monday of every month (June 10) at 5:30 PM. All are welcome to attend.

Jericho Town Library has new, expanded library hours: Mondays 2:00-5:00 PM; Tuesdays 10:00 AM -12:00 PM and 2:00-5:00 PM; Wednesdays 10:00 AM -12:00 PM and 2:00-7:00 PM; Thursdays 10:00 AM -12:00 PM and 2:00-5:00 PM; Fridays 2:00-5:00 PM; Saturdays 10:00 AM -12:00 PM.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org or call 899-4686.

#### visit our website at www.jerichotownlibraryvt.org of call 899-4686 VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Backyard Composting Workshop, Saturday, June 8, 10:00 – 11:00 AM. Boost your Compost Confidence. The Lamoille Regional Solid Waste Management District (LRSWMD) is teaming up with the Varnum Memorial Library to host the final Basics of Backyard Composting workshop to close International Compost Awareness Month. Please join us to find out how composting happens, how to start a system that works for you, what to compost in your pile and what to leave out, and how to troubleshoot a problem pile. Come with questions, leave with answers and resources! Visit www. lrswmd.org or call 888-7317 for more information.

American Girl Doll 2019 Girl of the Year Blaire Wilson! The Varnum is raffling off a Blaire Wilson doll, with proceeds benefiting the library. The drawing will be on Thursday, July 4 at 3:00 PM. Tickets are available at the Varnum and online via PayPal (http://

www.varnumlibrary.org/donate/). Please type a comment in the notes for online raffle ticket purchase that it is for the American Girl Doll. Tickets are \$5 each; Blaire, her garden, and accessories are valued at \$225. For more information, 644-2117 or thevarnum@amail.com

Crescendo Club Library Association – Do you have two hours a month to spare for a great opportunity? The Crescendo Club Library Association is seeking community members interested in helping the library anticipate and meet the needs of all we serve and to promote lifelong learning for everyone. Please let us know if you would like to be an active supporter and member of this organization that has worked to help the community for almost 120 years.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; *thevarnum@gmail.com; www.varnumlibrary.org*. Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

#### WESTFORD PUBLIC LIBRARY

Early Literacy Storytime, for ages birth to preschool, Thursdays, 11:00 AM. Several stories around a theme, and a theme-based craft. All ages and levels of attention are encouraged to come. Don't worry if they fidget – they are still getting a lot out of it!

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website *www.westfordpubliclibrary.wordpress.com*; email *westfordpubliclibrary@gmail.com*. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

#### RICHMOND LIBRARY

Weekly Children's Programs

Baby Laptime: This 30-minute program is for our youngest visitors. Adults interact with their little person through simple stories, songs, rhymes, bounces, and wiggles that are sure to bring out the smiles and giggles. Baby Laptime is designed for infants through age two. Join us on Mondays at 10:30 AM.

Playgroup with Stories and Music: The morning begins at 10:00 AM with songs, stories, and a simple snack (bring your own) on the alphabet rug. Around 10:30 AM we'll get out the toys for free play with friends in the library's sunny and spacious community room. We have gross motor and fine motor toys, puzzles, and activities for infants through preschool age children. Join us on Wednesdays for storytime and playgroup.

Movers and Shakers Storytime: Frequent exposure to picture books not only entertains and delights children but also strengthens their vocabulary and their ability to make sense of the world. We'll share fantastic new and classic picture books and work some early literacy magic into a child's day. We'll couple stories with simple songs and activities for some interactive moving and shaking. Toddlers and preschoolers and their caregivers are welcome on Fridays at 10:30 AM.

Storywalk – The library in collaboration with RiseVT and the Richmond Trails Committee will once again be setting up a Storywalk along the river trail at the Volunteers Green this coming June. Watch for details.

**Book Discussions** 

Quiet: The Power of Introverts in a World That Can't Stop Talking by Susan Cain. In Quiet, Cain argues that we dramatically undervalue introverts and shows how much we lose in doing so. She charts the rise of the Extrovert Ideal throughout the twentieth century and explores how deeply it has come to permeate our culture. Passionately argued, superbly researched, and filled with indelible stories of real people, Quiet has the power to permanently change how we see introverts and, equally important, how they see themselves. Tuesday, June 11, 6:00 PM.

Naked in Death by J.D. Robb (*In Death* #1). It is 2058, New York City. Technology now completely rules the world, and Eve Dallas is a New York police lieutenant hunting for a ruthless killer. In over ten years on the force, she's seen it all – and knows her survival depends on her instincts Thursday, June 20, 7:00 PM.

Other Events

New passes: biking, hiking, history, more!

In addition to the popular passes offering discounts or free entry to ECHO, Shelburne Museum, and more, we now have some new passes available to Richmond patrons! Just stop by the library to check out a pass for a two-day loan period.

Sleepy Hollow Inn Ski & Bike Center: Passholder receives a \$3 discount for each family member (up to two adults and two children) on any day or half-day pass. May be used for a skiing or snowshoeing pass or for a biking/hiking pass in season. Visit Sleepy Hollow's website <a href="http://www.skisleepyhollow.com/">http://www.skisleepyhollow.com/</a> for information about rates and current conditions.

Catamount Outdoor Family Center: Passholder receives a \$3 discount for each family member (up to two adults and two children) on any day or half-day pass. May be used for a skiing or snowshoeing pass or for a biking/hiking pass in season. Visit the Catamount Center's website <a href="http://catamountoutdoorfamilycenter.org/">http://catamountoutdoorfamilycenter.org/</a> for information about rates and current conditions.

Vermont History Museum and Vermont History Center: Pass admits one person or family to either the Vermont History Museum in downtown Montpelier or the Vermont Heritage Galleries in Barre. Visit the Vermont Historical Society's website <a href="https://vermonthistory.org/">https://vermonthistory.org/</a> for more information.

Open Monday and Wednesday, 10:00 AM - 8:00 PM; Tuesday and Thursday, 1:00 - 6:00 PM; Friday, 10:00 AM - 6:00 PM; Saturday, 10:00 AM - 2:00 PM.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt.

#### DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON All events free Children 8 and younger must be accompanied by

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Summer Reading Programs for Children and Teens: "A Universe of Stories!" Started June 3. Register for the Summer Reading Challenge and win free books and raffle tickets. Keep track of the amount of time you spend reading, including books, magazines and audio books. (Williston/St. George residents). Sign up online at <a href="https://www.williston.lib.vt.us">www.williston.lib.vt.us</a> or at the library. See full list of summer activities on our website.

Food for Thought Teen Library Volunteers: Thursday, June 6, 4:00 – 5:00 PM. Teens meet for pizza, discussion, and planning special events at the library. Community service opportunity. Grades 7-12. New members welcome.

Star Wars Bike & Pet Parade, followed by VINS Planetarium: Saturday, June 22, 10:30 AM. Dress up your pet, bike, or scooter for our annual summer kickoff parade. Costumes welcome! Followed by a tour of the night sky in Vermont Institute of Natural Science's travelling planetarium. 10:30 AM: Parade around the library; 11:00

AM and 12:00 PM: VINS Planetarium at Williston Central School (age 8 and up; please pre-register).

Summer Story Time: Tuesdays, June 25-July 30, 10:30 AM. Stories and a simple craft activity. All ages. June 25: Blast Off! July 2: Campfire Stories; July 9: Underwater Adventures; July 16: Read with a Firefighter; July 23: Super Heroes; July 30: Moon & Stars.

Preschool Music: Mondays, 11:00 AM and Thursdays, 10:30 AM. Up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us.

#### FAIRFAX COMMUNITY LIBRARY

All events are free unless noted. Pre-registration encouraged. www.fairfaxvtlibrary.org, 802-849-2420. Call or email libraryprograms@fwsu.org.

Now that the summer season is here, take advantage of our Attraction Passes for free or reduced cost entry. Passes may be reserved up to a week in advanced and must be returned on the same day as they are taken out.

- Birds of Vermont: free admission for one family (immediate family only). Seasonal.
- Echo Leahy Center: admits up to two adults and three youths with a co-pay of \$7 each. (www.echovermont.org) Year round.
- Lake Champlain Maritime Museum: one family free entrance. (www.lcmm.org) Seasonal.
- Shelburne Farms: free admission for one family to the walking trails and children's farmyard. (www.shelburnefarms.org) Seasonal.
- Shelburne Museum: half-price admission for two adults and up to four accompanying children. Must show your library card and driver's license along with the pass. (https://shelburnemuseum.org) Seasonal.
- Vermont Historic Sites: free entry for one family or groups of up to eight people. (http://historicsites.vermont.gov) Seasonal.
- Vermont's History Museum: free family admission. (www. vermonthistory.org) Year round.
- Vermont State Parks: free entry into state park day areas for up to eight people in one vehicle, 10:00 AM to sunset. (www. vtstateparks.com) Seasonal.
- Education and Enrichment for Everyone: good for one free class. Lectures are held Fridays, 2:00 3:00 PM, at Faith United Methodist Church, S. Burlington. (www.EEEVermont.org)

Youth Events Adult Events

For up-to-date info about programs, visit our website: www. fairfaxvtlibrary.org, where you can also find a link to the interactive Google calendar. Monday, Wednesday 8:30 AM – 5:30 PM; Tuesday, Thursday 8:30 AM – 8:00 PM; Friday 8:30 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

#### BROWNELL LIBRARY, ESSEX JUNCTION

To join our *Universe of Stories* Summer Reading Club, register online at *brownelllibrary.org*. All kids, from pre- readers to teens, receive reading or activity logs when they come to the library. Every time they bring in their reading log, we count the books they read or listened to, or the activities done, and give them special stickers to track their progress. Watch our book count grow in the library! Registration begins Friday, June 14. Teens may volunteer by registering online at *brownelllibrary.org*. Open the calendar to find the dates of the events. Click on the programs to register. Teen reading records may include books read or listened to, programs participated in or teen volunteering at programs. *Universe of Stories* t-shirts for sale, \$6 (cash or checks payable to Brownell Library Foundation).

Tuesday, June 4, 2:45 – 4:30 PM: Tuesday Movie. Free popcorn and drinks!

Wednesdays, June 5, 12, 19, 26, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Reservation required. Please call 878-6955 at least 24 hours in advance.

Wednesdays, June 5, 12, 19, 26, 3:15 – 4:15 PM: Read with Daisy. Daisy loves to listen to kids read every Wednesday. She is certified by Therapy Dogs of Vermont. Daisy's owner is Maddie Nash, retired school counselor. For all ages.

Fridays, June 7, 28, 9:30 – 10:15 AM: Music with Raph. Come sing and dance with Raph. All ages.

Mondays, June 10, 17, 24, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Bring in your new gadget or gizmo and Clif will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Monday, June 10, 3:15 – 4:15 PM: Read with Pugsly. Practice reading with our new therapy dog and friend, Pugsly. (Certified through Therapy Dogs of Vermont)

Monday, June 10, 6:30 – 7:30 PM: Must Read Mondays! Rules of Civility by Amor Towles. On the last night of 1937, 25-year-old Katey Kontent is in a second-rate Greenwich Village jazz bar when Tinker Grey, a handsome banker, happens to sit down at the neighboring table. This chance encounter and its startling consequences propel Katey on a year-long journey into the upper echelons of New York society, where she will have little to rely upon other than a bracing wit and her own brand of cool nerve. Pick up a copy of this book at the main desk and join us for a casual discussion.

Tuesday, June 11, 2:45 – 3:45 PM: 3D Paper Sculptures. What can you create with just construction paper, scissors and glue?

Wednesdays, June 12, 26, 3:00 – 5:00 PM: LARP. Live Action Role Play (LARP) is a DIY adventure in a mythical land. Create your own character and enter the story. Fun and fantastic for ages 11 and up.

Fridays, June 14, 28, 5:30 – 8:30 PM: Dungeons & Dragons. Embark upon imaginary adventures. A Dungeon Master serves as this role playing game's referee and storyteller. Game starts at 6:30 PM; come early for help with character design.

Friday, June 14, 6:30 – 8:00 PM: Marshmallow Roast and Lawn Games. Join us for the "launch" of our 2019 Summer Reading Program: *A Universe of Stories*. It will be a "blast" with lawn games, bubbles, and marshmallows!

Tuesdays, June 18, 25, 10:00 - 10:45 AM: Story Time. Picture books, songs, rhymes, flannel stories, and early math activities.

Tuesdays, June 18, 25, 3:30 – 4:30 PM: Maker Tuesdays. For children ages 6-12. June 18: Stellar Solar System Necklaces – explore the solar system with this fun and funky beaded necklace. Just one question, will you paint 8 planets or 9? June 25: Explore the solar system with Space Slime and more.

#### Library News continued on page 7

#### PEOPLE IN THE NEWS

2019 Dean's List at the University of Vermont, Burlington, VT.

College honors
Brandon Aguiar of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT. Andrea Barton of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Devyn Beliveau-Gale of Jericho, VT has been named to the Spring 2019 President's List at Siena College, Loudonville, NY. Jamie Benson of Waterbury, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Ella Bergin of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Brianna Borch of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT. Lucy Boyden of Cambridge, VT has been named to the Spring

2019 Dean's List at Roger Williams University, Bristol, RI. Alexandra Cameron of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington,

Chace Carpenter of Cambridge, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington,

Alison Chivers of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Thomas Chivers of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Kira Clokey of Jeffersonville, VT has been named to the Spring 2019 Dean's List at Becker College, Worcester, MA. Clokey is pursuing a Bachelor of Science degree in Nursing. Clokey has also been named to the Massachusetts Theta Chapter of the Alpha Chi honor society at Becker College.

Leah Corbin of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT. Jacob Crawford of Jericho, VT has been named to the Spring

2019 Dean's List at the University of Vermont, Burlington, VT. Bethany DeMuynck of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington,

Isabel Dunkley of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Nathaniel Goldman of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington,

Kathryn Greenlese of Jericho, VT has been named to the Spring 2019 Dean's List at Emerson College, Boston, MA. Greenlese is a member of the class of 2019 majoring in Media Arts Production.

Justin Haenel of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Lindsay Hallowell of Westford, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington,

Bill Hogan of Cambridge, VT has been presented with the Outstanding Junior Award by the University of Vermont (Burlington, VT) Fraternity & Sorority Life for his contributions to the UVM community and for exemplifying commitment to citizenship, friendship, leadership, lifelong learning, and justice. Hogan is a member of Phi Mu Delta Fraternity.

Christopher Irish of Westford, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Lauren Johnson of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Dyani Jones of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Ella King of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Julia Kitonis of Westford, VT has been named to the Spring

#### **Library news** continued from page 6—

Tuesday, June 18, 7:00 – 9:00 PM – Brownell Library Trustees Meeting.

Wednesday, June 19, all day: Teddy Bear Sleepover. Bring your stuffed animal to stay overnight at the library. Pick them up the next day at the Teddy Bear Story Time.

Wednesday, June 19, 10:00 AM – 12:00 PM: Bookmark Stitch-In. Members of The Embroiderers' Guild of America celebrate our Universe of Stories theme with a Bookmark Stitch-In. Watch them create embroidery using a variety of needlework techniques. Choose an embroidered bookmark to take home! For all ages, kids and adults. Located in Brownell's Main Reading room

Wednesday, June 19, 4:00 - 5:00 PM: Teddy Bear Picnic with the Swing Peepers. Bring your favorite bear or stuffed toy to hear Matthew Witten and John Hadden sing songs and act out rollicking stories about Sweet Dreams and Night Skies. Refreshments served by Friends of Brownell Library.

Wednesday, June 19, 6:30 - 8:00 PM: Teens come in for ice cream, stay to take pictures and write notes about stuffed animals' sleepover shenanigans during their sleepover. Register online at brownelllibrary.org.

Thursday, June 20, 10:00 – 10:30 AM, Teddy Bear Story Time. Pick up your Teddy Bear from the sleepover or bring a stuffed animal to this special story time

Friday, June 21, 9:30 – 10:30 AM: Play Time for Little Ones. Active play time for kids 0-5 years old.

Friday, June 21, 4:00 – 5:00 PM: Astronaut Training Camp. Have a blast training like an astronaut! Try your hand at an agility course, comet toss, moon jump, spacewalk, exploration station, and gravity defying exercise.

Friday, June 21, 6:30 – 8:30 PM: Family Movie. Free drinks and popcorn!

Monday, June 24, 3:00 - 4:30 PM: Lego Challenge. Build creatively with Legos, and participate in a Lego challenge. This week: build upside down!

Wednesday, June 26, 7:00 – 8:30 PM: TEDxBrownellLibrary: Universe of Stories. Ted Talk videos around this theme will be viewed and reflected upon. This is a great opportunity to connect with others!

Friday, June 28, 2:30 - 3:30 PM: Galactic Stories and Food. Explore the universe with stories and snacks. For children ages

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM - 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM - 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or email frontdesk@brownelllibrary.

Kathryn Macone of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT Letizia Mosca of Jericho, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Megan Nelson of Underhill, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT.

Kira Nikolaides of Waterbury, VT has been named to the Spring 2019 Dean's List at the University of Vermont, Burlington, VT. Ryan Parker of Cambridge, VT has been named to the Spring

2019 Dean's List at the University of Vermont, Burlington, VT. Marcus Van Wyck of Jericho, VT has been named to the Spring 2019 Dean's List at Cedarville University, Cedarville, OH. Van Wyck is majoring in Nursing.

Markus Widschwenter of Waterbury, VT has been named to the Spring 2019 President's List at Siena College, Loudonville, NY.

#### **OBITUARY**



Betsy J. McNally, 54, of Jeffersonville/ Cambridge, VT, passed away at her home Friday, May 17, 2019. She was born January 21, 1965 at Copley Hospital in Morrisville, VT, the daughter of Neil and Roberta Grimes McNally. Betsy was a 1984 graduate of Lamoille Union High School. She worked at Smugglers' Notch Resort after graduating until 2007 and resigned due to illness. Betsy liked to read, enjoyed collecting stuffed toys and Beanie Babies and coupons, and also liked to work word-search puzzles.

She contracted breast cancer at age 22 and it left her with many problems. Betsy would just say, "That's life," and walk away with a smile. Betsy is survived by her mother, Roberta McNally; brother, Keith McNally and sister, Barbara McNally and her friend, Bill. She is also survived by aunts Karlene, Fannie, and Noella, uncle Glendon, and several cousins and her many friends. She was predeceased by her father, Neil in 1985 and by grandfathers and grandmothers. A graveside service was held Friday, May 24, 2019 at Hooper Cemetery in Hyde Park, VT. In lieu of flowers, contributions in Betsy's memory may be made to Lamoille Area Cancer Network, 198 Farr Ave., Morrisville, VT 05661. Faith Funeral Home assisted with arrangements. Online condolences may be made by visiting faithfh.net.

#### Two Richmond students win National Merit Scholarships

Two seniors at Mount Mansfield Union High School in Jericho, VT have been chosen as winners of National Merit \$2500 Scholarships

National Merit Scholarship Corporation (NMSC) has announced this year's National Merit \$2500 Scholarship winners. The 2500 Merit Scholar designees were chosen from a talent pool of more than 15,000 outstanding finalists in the 2019 National Merit Scholarship Program. The winners are the Finalists in each state judged to have the strongest combination of accomplishments, skills, and potential for success in rigorous college studies. The number of winners named in each state is proportional to the state's percentage of the nation's graduating high school seniors. Scholars may use their awards at any regionally accredited U.S. college or

The MMUHS seniors, both of whom are residents of Richmond, VT, are:

Eleanor P. Churchill, who has not yet decided on a career field;

Finley T. Clark, whose probable career field is chemistry.

#### Union Bank announces officer promotions

David S. Silverman, President and Chief Executive Officer of Union Bank, is pleased to announce the Directors of Union Bank have re-appointed all officers of the bank and granted the following individuals promotions at the conclusion of the 128th Annual Meeting of Union Bank's holding company, Union Bankshares, Inc. on Wednesday, May, 15, 2019.

- Jennifer Degree, to Vice President, Electronic Banking Manager, Morrisville
- · Debra Marcoux, to Assistant Vice President, Accounting,
- Ellen Powell, to Branch Manager, North Woodstock/Lincoln, • Abbie Small, to Vice President, Operations Manager, Morrisville
- Linda Watson, to Assistant Vice President, Retail Credit Administrative Officer, Morrisville
- Suzanne Whitney, to Assistant Vice President, Marketing Manager, Morrisville

Union Bank has been helping people buy homes and local businesses create jobs in area communities since opening its doors over 128 years ago. Union Bank has earned an exceptional reputation for residential lending programs and has been recognized by the US Department of Agriculture, Rural Development for the positive impact made in the lives of first time home buyers.

Questions? Visit VermontGas.com or call us at 800-639-8081



## Natural Gas Safety: Detecting, **Reporting & Preventing Leaks**

#### Detecting a gas leak:

Smell Natural gas is normally odorless. A distinctive, pungent odor, similar to rotten eggs, is added so that you will recognize it quickly. Sight You may see a white cloud, mist, fog, or bubbles in standing water or blowing dust. You may also see vegetation that appears to be dead or dying for no apparent reason. Sound You may hear an unusual noise like a roaring, hissing, or whistling.

#### If you suspect a leak:

Move immediately to a safe location. Call Vermont Gas at 1-800-639-8081 immediately, with the exact location. Do not smoke or operate electrical switches or appliances. These items may produce a spark that might ignite the gas or cause an explosion. Do not assume someone else will report the condition.

#### Preventing leaks:

Use care when working near natural gas facilities. Digging into a pipeline is the largest single cause of pipeline failures. Protect yourself and underground facilities, before starting to dig call Dig Safe™ at 811 to notify them of the work.



#### ART / MUSIC / THEATER



Visions of Vermont Fine Art Gallery in Jeffersonville welcomes the 88th annual Northern Vermont Artist Association June Juried Show, 2019, through Saturday, July 6. The gallery is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit www.VisionsofVermont.com. Pictured above is Royal Poppies by Monique Dewyea, winner of the 2018 NVAA Best of Show.

#### **ART/PHOTOGRAPHY**

Visions of Vermont Fine Art Gallery in Jeffersonville welcomes the 88th annual Northern Vermont Artist Association June Juried Show, 2019, through Saturday, July 6. Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit www.VisionsofVermont.com.

Bryan Memorial Gallery announces *Ebb and Flow*, a juried exhibition of over 100 artworks by 76 artists in which water is the predominant element of the composition. The exhibit presents a wide variety of treatments of the water theme within a landscape context, from quintessential Vermont scenes of ice breakup in a river to the serene vistas of shorelines. Many media are represented including oil, acrylic, watercolor, collage, photography, pastel, gouache, fabric, mixed media, and printmaking. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; *www. bryangallery.org*. Gallery hours: Thursday-Sunday, 11:00 AM – 4:00 PM, and by appointment.

All the Waters is the theme for the art show currently hanging at the Jericho Town Hall. The show is open during regular Town Hall hours. Enjoy a snack and stop by, on your way home or on your way to to work, and see the show. Paintings in oil, watercolor, and pastel, photography of local bodies of water – and some far, far away – and an underwater scene in glass and a 3-D aquarium round out the show. Many mediums and voices interpret the waters in our world. The show will hang through August 2019.

Through Sunday, June 9 at the Burlington City Arts Center, Rebecca Weisman examines unconscious and psychological spaces of identity and the body. The artist combines video, installation, sound, and sculpture to create a large-scale, immersive installation in the first floor gallery. Incorporating film, performance, and sound within her surreal environment, the artist expresses the interaction between the interior of our unconscious and the exterior of our own skin. Also through June 9, Barbara Zucker debuts her new work, Adorned: Hairstyles of an Ancient Dynasty, featuring several black-and-white paintings and an installation of acrylic abstractions inspired by the stylized hairstyles of Tang dynasty tomb figures. Zucker is fascinated by the complex ways in which hair has been used by cultures throughout the world. She transforms seemingly abstract forms into ironic, often humorous, observations on gender and culture. These concerts include performances by Beaton0Plasse, Allison de Groot and Tatiana Hargreaves, Genticorum, and Martin Hayes. Also through June 9, Imperfect Societies probes themes of history, trauma, and nationhood set within the tropes of science fiction in film and photography. For more information, burlingtoncityarts.org. Free admission. Burlington City Arts Center, 135 Church St., Burlington. statewide participant in this totally inclusive festival that everyone can be a part of. Every style of music is welcome in every kind of place, from front porches to main street sidewalks, library steps to

At the Shelburne Museum, running through Sunday, August 25 at the Shelburne Museum's Colgate Gallery, Pizzagalli Center for Art and Education, Harold Weston: Freedom in the Wilds presents American 20th century painter Harold Weston's early Adirondack views and selections from the Stone Series, alongside diaries, letters, photographs, and related ephemera that make a case for the connections between spirit, nature, and Weston's art. Weston (1894-1972), an American modernist painter and social activist, was called "the Thoreau of the Adirondacks." This is the first exhibition to pointedly illuminate the links between the artist's written words – much in his distinctive, lyrical handwriting – with Weston's prodigious body of work. Running through October 31 is In Their Element: Jonathan D. Ebinger, Rodrigo Nava, Dan Snow - an outdoor installation featuring sculptures that complement and amplify one another through their shared engagement with fire, wind, and earth, pushing the boundaries of their respective materials and processes. From June 22 through October 20 at the Pizzagalli Center for Arts and Education's Murphy Gallery, the Museum presents William Wegman: Outside In, a comprehensive exhibition exploring over four decades of the renowned artist's ongoing fascination with the natural world showcasing over 60 works of art from his collection in a variety of media. For information, 802-985-3346 or www.shelburnemuseum.org.

Dianne Shullenberger Gallery, 228 Nashville Rd., Jericho, VT 05465; 899-4993 or vtdianne@hotmail.com.

Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; *Emilegruppegallery.com*, 802-899-3211.

Helen Day Art Center, 90 Pond St., Stowe; gallery hours: Tuesday-Saturday, 10:00 AM – 5:00 PM and by appointment; 802-253-8359, www.helenday.com.

River Arts of Morrisville Inc., 74 Pleasant St., Morrisville; 802-888-1261, http://www.riverartsvt.org.

Milton Artists' Guild Art Center & Gallery, 199 U.S. Rt. 7 South, Milton; open Wednesday-Saturday, 11:00 AM – 6:00 PM and Sundays, 11:00 AM – 3:00 PM; https://www.miltonartistsguild.org/workshops.

#### MUSIC

Burlington City Arts' annual summer concert series presented by VSECU kicks off on June 12. All are welcome to enjoy 22 free concerts, this year on lower Church Street near City Hall. The series takes place on Wednesdays and Fridays at 12:30 PM from June 12-August 28. The 2019 line-up features both local favorites and some from further afield that may be new to Burlington audiences. It's an excellent opportunity to listen to new music, have lunch with a friend or co-worker or enjoy being outside with your community, supporting live music. Sponsors include VSECU, Dubois & King, Lake Champlain Chocolates, Church Street Marketplace, NBC 5, The Point 104.7, and Seven Days. June 12: The John Daly Band (Punkoustic Folk Rock); June 14: Grayson Ty (Pop); June 19: The Talbot Brothers (Folk); June 21: The Useless Cans (Gypsy Jazz); June 26: Lowell Thompson (Americana); June 28: The Revenants (Americana); July 5: Mikahely (World); July 10: The Starline Rhythm Boys (Rockability); July 12: Alex2e (Singer/Songwriter); July 17: Green Mountain Playboys (Cajun/Zydeco); July 19: Red Hot Juba (Countrified Jazz and Blues); July 24: Mosa Music (Folk); July 26: The Blind Spots (Pop); July 31: Bella and the Notables (Jazz); August 2: Nicholas Edward Williams (Folk); August 7: Moose Crossing (Jazz); August 9: Zeichner Trio (Folk); August 14: John Emil (American Roots and Blues); August 16: Bessette Quartette (Groovy Jazz); August 21: Jenni Johnson and the Jazz Junketeers (Vocal Jazz); August 23: Alison Turner (Indie Pop); August 28: TBD. For more information: www.burlingtoncityarts.

org/summerconcerts.
Vermont musicians: Friday, June 21 is international *Make Music Day*, and you're invited to make it happen across Vermont! Join music makers in 1000 cities and 120+ countries who "come out and play," celebrating music in their communities all over the world. It

started in France more than 30 years ago, and Vermont is the first statewide participant in this totally inclusive festival that everyone can be a part of. Every style of music is welcome in every kind of place, from front porches to main street sidewalks, library steps to parks, and anywhere that people can share and enjoy music with each other. For more information and to put yourself on the festival map and in the free app, visit bigheavyworld.com/makemusic. Make Music is coordinated in Vermont by Big Heavy World and made possible by our community partner Front Porch Forum and sponsors Vermont Public Radio, the University of Vermont Office of the Vice President of Research, and Calamity & Crowe's Trading Post!

At the Spruce Peak Performing Arts Center: Thursday, June 13, 1:00 PM: The Bolshoi Ballet in HD, *Carmen Suite / Petrushka*, AARP 20% discount; Wednesday, June 26, 1:00 PM: The Met Opera: Live in HD *Dialogues Des Carmélites* (Poulenc), AARP 20% discount. Spruce Peak Performing Arts Center, 122 Hourglass Dr., Stowe. For more information: 802-760-4634 or www.SprucePeakArts.org.

The Cathedral Church of St. Paul in Burlington presents a series of free (donations appreciated) *Tuesday noon series* concerts. Bring a bag lunch; coffee and tea are provided. The Cathedral Church of St. Paul, 2 Cherry St., Burlington is at the corner of Battery and Cheery Streets, with entry on Cherry St. Parking, \$4 per hour in the Cathedral lot (free with handicap plates or tags), or two hours free in the Lakeview City Garage across Cherry St. (enter next to Hotel Vermont). Tickets are sold at the door. June 11: *Syrinx*, Glenn Sproul, Director. Since 2001, *Syrinx* has offered quality choral music from various traditions to the community, especially to those in senior living communities. From Bach to Broadway, by way of spirituals and other genres, they embody the pleasure that the gift of music can offer.

#### THEATER/FILM

Burlington City Arts is excited to announce the incredible talent headlining the 12<sup>th</sup> annual Festival of Fools, in Burlington Friday-Sunday, August 2-4. This year's free, all-ages, street performance festival will feature *Cimarrón*, Dan Deacon, *FLiP*, *Flyin Hawaiian*, Giri and Uma Peters, Kilted Colin, *Lakou Mizik*, *NANDA*, *Red Trousers*, Sara Twister, Tic & Tac, and the *Waterbombs*. Festival of Fools celebrates the inclusive art of busking and street performance. Open to the public and appropriate for all age groups. Full information about performers, festival events, and future announcements can be found at *www.vtfools.org*.

Vermont Dance Alliance has created a new project: the Dance Expansion, an initiative to create opportuinities for newcomers to experience dance making and performance on Saturday, June 8 at the Main Street Landing Black Box Theater, with the option for participants to perform the following weekend at *Traces*. Please arrive 15 minutes before your workshop begins; workshops will be 90 minutes long. Come to one or to all! Free/ by donation! On Saturday, June 15 is *2019 Traces*, an annual event, a day of free outdoor dance in downtown Burlington. In performances of 10 minutes or less, dancers can showcase new work or the style of dance they practice or teach. All performances will take place outdoors and will be free to the public, 11:00 AM – 5:00 PM, all over downtown Burlington: the Waterfront, Church Street, Battery Park, the green in front of the Fletcher Free Library, City Hall Park, and more. For more information, go online to *https://vermontdance.org*.

Dorset Theatre Festival has announced its 2019 Main Stage Summer Season: June 20-July 6 – Noël Coward's *Private Lives*, directed by Evan Yionoulis; July 11-27 – *Dig*, a world premiere written and directed by Theresa Rebeck; August 1-17 – *Mrs. Christie*, a world premiere by Heidi Armbruster and directed by Giovanna Sardelli; and August 22-31 – *Slow Food* by Wendy MacLeod and directed by Jackson Gay; and the *Pipeline Series: Three New Works in Process* on July 2, July 23, and August 13. All performances will take place at the Dorset Playhouse, 104 Cheney Rd., Dorset. Subscriptions for the 2019 Summer Season and single tickets are on sale now; through June, the box office may be reached by calling 802-867-2223 ext. 101, Tuesday-Friday, 12:00 – 4:00 PM. For more information or to purchase subscriptions and tickets online: *www.dorsettheatrefestival.org*.

# Our MMUHS Senior Class photo section coming in the June 20, 2019 issues of the *Mountain Gazette*.

Show your support by congratulating them by purchasing a business cards or larger.

Deadline June 13 at 5:00 PM.

Email your advertising request to:

mtgazette@earthlink.net or call Brenda at 802-453-6354.

#### PEOPLE IN THE NEWS

**Cory Abell** of Cambridge, VT received a bachelor of science degree in chemistry, environmental engineering minor, from Clarkson University, Potsdam, NY in May.

**Nicholas Adams** of Jericho, VT received a bachelor of science degree in physics, mathematics from Clarkson University, Potsdam, NY in May

**Brandon Aguiar** of Jericho, VT graduated with a Bachelor of Science degree in Social Work from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Alexis Aldrich** of Underhill, VT graduated with a Bachelor of Science degree in Art Education from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Andrea Barton** of Jericho, VT graduated with a Bachelor of Science degree in Medical Laboratory Sciences from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

Caleb Battig of Westford, VT graduated from Grove City College, Grove City, PA with a Bachelor of Science degree in Computer Science, on Saturday, May 18, 2019.

Ben Bliss of Underhill, VT graduated from Bucknell University,

Lewisburg, PA, on Sunday, May 19, 2019.

Lena Capps of Underhill, VT graduated with a Bachelor of Arts degree in Political Science from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Chace Carpenter** of Cambridge, VT graduated with a Bachelor of Science degree in Medical Radiation Sciences from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

Nicholas Carson of Underhill, VT graduated with a Bachelor of Science degree in Public Communication from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Oonagh Cavanaugh** of Underhill, VT graduated with a Bachelor of Science degree in Natural Resources from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Alison Chivers** of Jericho, VT graduated with a Bachelor of Science degree in Medical Laboratory Sciences from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Kyle Dattilio** of Westford, VT graduated with a Bachelor of

Science degree in Community Entrepreneurship from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**William Dunkley** of Westford, VT graduated with a Bachelor of Science degree in Forestry from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Samantha Day** of Jericho, VT graduated magna cum laude from the State University of New York, Potsdam, NY on Saturday, May 18, 2019 with a Bachelor of Music degree in Music Education.

**Kathryn Greenlese** of Jericho, VT graduated from Emerson College, Boston, MA on Sunday, May 12, 2019 with a Bachelor of Arts degree in Media Arts Production.

**William Harris** of Jeffersonville, VT received a bachelor of science degree with great distinction in mechanical engineering from Clarkson University, Potsdam, NY in May 2019.

**Henre Hermanowski** of Waterbury, VT graduated with a Bachelor of Arts degree in Biology from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

Helen Holzscheiter of Westford, VT graduated with a Bachelor of Arts degree in Political Science from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

Christopher Irish of Westford, VT graduated Cum Laude with a Bachelor of Science degree in Dietetics Nutrition & Food Sciences from the University of Vermont, Burlington, VT on Sunday, May 10, 2010

**Conor Kiely** of Westford, VT graduated with a Bachelor of Arts degree in Biology from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Benjamin Kleptz** of Jericho, VT graduated from Paul Smiths College, Paul Smiths, NY in May 2019, with a bachelor's degree in Sustainable Communities & Working Landscapes.

**Justin LaRoche** of Cambridge, VT graduated with a Bachelor of Science degree in Civil Engineering from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Kathryn Macone** of Underhill, VT graduated with a Bachelor of Science degree in Early Childhood Preschool from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Megan Nelson** of Underhill, VT graduated Cum Laude with a Bachelor of Arts degree in Sociology from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Liam O'Toole** of Waterbury, VT graduated with a Bachelor of Science degree in Computer Science & Information Systems from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Grace Palker** of Westford, VT graduated with a Bachelor of Science degree in Public Communication from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Anthony Perri** of Jericho, VT graduated with distinction from the State University of New York, Potsdam, NY on Saturday, May 18, 2019 with a Master of Science in Education degree in Special Education.

**Emma Phalen** of Underhill, VT graduated summa cum laude in May 2019 from the University of New Hampshire, Durham, NH with a BS degree in Health Management & Policy.

**Maccallan Rogers** of Cambridge, VT graduated Cum Laude with a Self-Designed Bachelor of Science degree from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Victoria Rosales** of Jericho, VT graduated magna cum laude from the State University of New York, Potsdam, NY on Saturday, May 18, 2019 with a Bachelor of Music degree in Music Education.

**Lucas Russell** of Waterbury, VT graduated with a Bachelor of Science degree in Mechanical Engineering from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

**Sophia Seman** of Underhill, VT graduated with a Bachelor of Science degree in Environmental Sciences from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

Craydon Shand of Jericho, VT received a master of science

**Grayden Shand** of Jericho, VT received a master of science degree in data analytics from Clarkson University, Potsdam, NY in May.

**Andrew Young** of Jericho, VT graduated with a Bachelor of Science degree in Mechanical Engineering from the University of Vermont, Burlington, VT on Sunday, May 19, 2019.

# Use a *Passport to Vermont Libraries* this summer

The Vermont Library Association and the Vermont Department of Libraries are partnering on the *Passport to Vermont Libraries* program, encouraging people to visit and enjoy all of Vermont's libraries

Throughout June and through September 1, Vermont's public and academic libraries will be handing out passports in the  $4^{\text{th}}$  annual *Passport to Vermont Libraries* program, encouraging Vermonters and visitors alike to visit some of Vermont's unique, beautiful, and creative libraries:

- The Hitchcock Memorial Library in Westfield has a natural history collection including shells, rocks, artifacts, and a taxidermied two-headed calf.
- See the shoes found in the wall of the Morristown Centennial Library.

• Learn about the *Merci Trains*, which sent gifts to America from France after WWII, one of which is in the Chelsea Public Library.

Local libraries will stamp your passport and some offer small prizes. Four patrons statewide (adult, young adult, child, and one wild card) will receive Vermont Library Ambassador awards for visiting the most libraries. Patrons are encouraged to post pictures and stories on the VLA's Facebook page: <a href="https://facebook.com/vermontpassport">https://facebook.com/vermontpassport</a>.

More details about the program are available at https://vermontlibraries.org/passport.

Let's come together to celebrate and enjoy our great public institutions this summer. See you at the library!

With a library you are free, not confined by temporary political climates. It is the most democratic of institutions because no one – but no one at all – can tell you what to read and when and how. – Doris Lessing

#### **Deployment**

By Dr. Lewis First, MD

Parents who have a loved one who is going to be deployed or has already been deployed have been asking me to do my duty and help them help their children deal with the separation. Well, let me salute this important issue and provide some information on this topic.

Have a conversation

First, it is important that deployment not be a secret for anyone in the family. If a parent is going to be going away in the military, discuss in advance with people in your family. Exchange gifts between the person going away and those at home, to maintain closeness.

Reassure your child

Listen to your child's questions and answer them as truthfully as possible. Reassure your child and tell them how long a loved one will be away. Tell them that safety precautions will certainly be taken – but don't make false assurances that no one will ever be hurt. Tell them that the person being deployed knows their job and will be working hard to do it well, so they can stay safe.

Keep a routine

Make a calendar, with events like birthdays and holidays, that reminds your family when the person is returning. Classrooms can make a map or put up a picture of the loved one for all to see, or even study that part of the world. Other older children whose

parents are away may be good supports for younger children.

It is important to keep home routines in place and limits set

before, during, and after someone returns.

Tell people outside of your family

Let the school and other key people outside of the family who work with your child know that deployment is happening. It is

important for them to watch for signs of stress, such as problems in school performance, or behavior or mood changes. If these signs do occur, talk with your child's doctor to see if counseling, which can include the entire family, is indicated to deal with sadness and anxiety about someone being away on deployment.

Don't forget to take time for you

**COMMUNITY COLUMN** 

Finally, it is important that a parent who remains home with the children find time for themselves, so they stay refreshed and feel better about helping others through this tough experience. If you appear stressed, your child may become equally stressed.

Hopefully, tips like these will put you at ease when it comes to helping you and your child deal with the deployment of a loved one.

Lewis First, MD, is chief of Pediatrics at UVM Children's Hospital and chair of the Department of Pediatrics at UVM College of Medicine.

Send us your stories... we print engagements, weddings, births, obituaries and family milestones at no charge.

Send you information and photos to mtgazette@earthlink.net.

# **Business Directory Ad Rates**

3.25"x1.5" • \$90.00 for 5 issues

3.25"x3"• \$115.00 for 5 issues

3.25"x4" • \$175.00 for 5 issues

All ads must be prepaid prior to running. Email: mtgazette@earthlink.net for more information.

#### What to do to help the Chimney Swifts

- Keep masonry or clay flue-tile chimney tops open and dampers closed from March-October to provide the opportunity for Chimney Swifts to nest.
- · Have your chimney cleaned in early March before the Chimney Swifts return from their winter home in South America.
- · Metal chimneys should be permanently capped to prevent birds and other wildlife from becoming trapped.
- Email us at mfowle@audubon. org if you are interested in working with local conservation groups to construct Chimney Swift Towers in your area.
- Educate your friends and neighbors about Chimney Swifts.



#### TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD **NOTICE OF PUBLIC HEARING**

The Jericho Development Review Board will hold a public hearing at 7:00 pm on WEDNESDAY May 26, 2019 at the Jericho Town Hall to consider the following

> A request to the DRB by Charlie Posnick & Kim Barone for a Conditional Use Review and LOMA determination. This property is located at 23 Hirams Crossing which is in the Rural Agricultural Residential Zoning District

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn Zoning Administrator cflinn@jerichovt.gov

The most difficult thing is the decision to act, the rest is merely tenacity. The fears are paper tigers. You can do anything you decide to do. You can act to change and control your life; and the procedure, the process is its own reward. Amelia Earhart

#### easy\_steps\_for\_submitting\_chimney\_swift\_observations\_to ebird 2.pdf?mc cid=ba058c4b83&mc eid=5aa5793205). United Way of Northwest Vermont -

like Burlington and Essex.

• spring: mid/late May to mid-June

• summer: mid/late July to mid-August

different time periods:

By Sue Alenick, United Way Volunteer Columnist United Way of Northwest Vermont's mobile-friendly Volunteer Connection connects you to hundreds of local volunteer needs. Search by age, date, county, interests or causes that are important to you. Stay connected to community needs. Go to www.unitedwaynwvt. galaxydigital.com or contact us, volctr@unitedwaynwvt.org or 860-

Volunteer Connection Listings

Help save them - report

Chimney Swift observations
Audubon Vermont is teaming up with the Vermont Fish and

Wildlife Department to monitor Vermont's Chimney Swift

population. Chimney Swifts are considered a "Species of Greatest Conservation Need" by the Vermont State Wildlife Action Plan, due

to their population declines in Vermont and throughout their range.

Swifts, we are gathering as many observations of Chimney Swifts

as possible, with special attention paid to urban areas in Vermont,

The survey is looking for observations of Chimney Swifts in two

The best time of day to observe Chimney Swifts is in the late

evening/dusk. Take an evening stroll in your neighborhood or

favorite swift-sighting area with your binoculars and count the

number of swifts and location where you see and/or hear the birds.

For more information on how to identify Chimney Swifts by sight

and sound, see the Audubon Field Guide (https://www.audubon.

org/bird-guide) or All About Birds (https://www.allaboutbirds.org/

Please submit all of your Chimney Swift observations using eBird - http://ebird.org, where you'll need to create and log in to an For detailed instructions, please use this online guide: 9 Easy Steps for Submitting Your Chimney Swift Observations to eBird (http:// vt.audubon.org/sites/g/files/amh751/f/static\_pages/attachments/9\_

To evaluate the population size and critical habitat for Chimney

CONSTRUCTION VOLUNTEERS NEEDED - Green Mountain Habitat for Humanity has broken ground for its 2019 projects and is looking for on-site volunteers age 18 and older. Come out for a day of construction to help a family gain strength, stability, and selfreliance through shelter. Shifts are 8:00 AM - 3:00 PM. Contact Allison DeVoe, 318-7533 or adevoe@vermonthabitat.org.
VEGGIE PACKING IN WINOOSKI – Salvation Farms needs

individuals and/or small groups to help in the pack room. This is active, hands-on, team-orientated production work. More hands means more food rescued, and more people eating Vermont produce. Sign up at https://www.signupgenius.com/go/60b0e4baca62ba1ff2-

SORT & ORGANIZE – Cathedral Square is looking for volunteers to help a senior S. Burlington resident prepare for downsizing by helping to sort, discard, and organize for a few hours a month. Flexible scheduling. Contact Beth Alpert, 859-8819 or alpert@ cathedralsquare.org.

SUBS IN THE KITCHEN - Dismas House in Winooski and Burlington is searching for substitute volunteer cooks to fill in for regular monthly volunteers. Volunteers prepare dinner for up to 10 residents, a staff member, and the volunteer(s) themselves. Food may be brought in already prepared or cooked in the house kitchen. Two to three hours total time includes shopping, cooking, and eating. In Winooski, contact Sue Drollette, 655-0300 or sue@ dismasofvt.org; in Burlington, contact Zoe Bishop, 658-0381 or zoe@dismasofvt.org

A FRIENDLY GREETING – American Red Cross Blood Services is in need of Reception Volunteers to be their welcoming face and voice at the Burlington Donor Center. Volunteers answer phones and greet donors two to four days a week. A great way to meet people and get office experience. Background check required. Contact Alice Drislane, 497-6807 or Alice.drislane@redcross.org. PEER RECOVERY - Turning Point Center of Chittenden County

is a volunteer-run peer support center. They are looking for volunteers in recovery to join their team to gain employment skills, job readiness skills, and to forge connections with the recovery community, all while helping others who are in recovery. Contact Gary, 861-3150 or gary@turningpointcentervt.org

ReStore Opportunities - Green Mountain Habitat for Humanity invites volunteers to help out at its ReStore in Milton. Volunteers can help process donations, price home goods, provide customer service, and more. Come in for a tour, and see how you can get involved. Contact Allison DeVoe, 318-7533 or adevoe@

MAKING IT SPECIAL - Special Olympics Vermont is gearing up for the summer games at UVM and St. Michael's College on Saturday-Sunday, June 8-9. Individuals and groups are invited to volunteer to help with the basketball or bocce competitions. For information, visit https://specialolympicsvermont.org/forvolunteers-and-coaches/

ADOPTION ASSISTANT - Franklin County Animal Rescue is seeking volunteers to help visitors find new feline family members. Volunteers introduce families to cats that might be right for them and answer questions the adopters may have. They also make follow-up calls to be sure folks are happy with their new family member. Training provided with staff and cats! Contact Hadley Shannon, 524-9650 or volunteer@fcarpets.org.

Camp Out at MMCTV in July
MMCTV will hold two TV camps for middle schoolers, ages 10-14, the weeks of July 15 and 22, 10:00 AM – 3:00 PM, Monday-Friday. Workshop participants create short video projects, in small collaborative groups. The weekly fee is \$130 for Jericho/Underhill/ Richmond residents, and \$155 for non-residents. The registration form is online at MtMansfieldCtv.org. Registration deadline is Saturday, June 1. Contact us for

#### WARNING MOUNT MANSFIELD MODIFIED UNION SCHOOL DISTRICT SPECIAL MEETING

June 6, 2019

The legal voters of the Mount Mansfield Modified Union School District from the Towns of Bolton, Huntington, Jericho, Richmond and Underhill are hereby warned and notified to meet at Mt. Mansfield Union High School in the Town of Jericho on June 6, 2019, at 6:00 p.m. to transact the following business from the floor:

#### Article I

Shall the voters of the Mount Mansfield Modified Union School District approve the addition of the Huntington School District as a part of the Mount Mansfield Modified Union School District under the terms of the Vermont State Board of Education's November 28, 2018 Final Report of Decisions and Order on Statewide School District Merger Decisions Pursuant to Act 46, Sections 8(b) and 10?

Dated this 15th day of April, 2019, in Richmond, Vermont.

Edye Graning Derek Miodownik Gail Conley Angelike Contis Eric Gildemeister Ethan Maurer Beth Racine

BOARD OF SCHOOL DIRECTORS

Received for record this 15th day of April Clerk Mount Mansfield Modified Union School District

The legal voters of Mount Mansfield Modified Union School District are further notified that voter qualification and registration shall be as provided in Chapters 43, 51, and 55 of Title 17, Vermont





The United Church of Underhill celebrated Mother's Day with a colorful sanctuary of quilts on display. This year 93 quilts were made, seven crocheted blankets/afghans, and 28 knitted hat/booties/blanket sets. The quilts will be delivered to Department of Children and Families. The Visiting Nurses Association will be the recipients of the knitted goods. Some quilts will be distributed locally by Pastor Jen Mihok and church friends. This mission began in 1995; since then 2735 quilts, 1452 hats/booties, 233 hats/booties/blankets, and 639 blankets/afghans have been made by the group, which this year includes church members and local quilters/knitters Edna Anair, Pat Stone, Kathy Williamson, Irene Kelly, Jane Hanley Stone, Pat Johnson, Sandy Niles, Mary Stephenson, Bev Golish, Carol Derda, Marjorie Burns, Dorothy Blodgett, Coleen Mjaatvedt, and Priscilla Pritchard. Special thanks to all who contribute time, money, and talent, enabling this mission to continue. God Bless. PHOTOS CONTRIBUTED



Betula nigra - river birch - with its unusual bark and graceful branching habit, is a wonderful addition to the home or park landscape. Its growth is fast, with about 2 linear feet per year, and because its natural range is further south than other birches, it can thrive in conditions that often stress its cousins. The common name of this species alludes to its ability to stabilize river banks and spread effectively due not only to its plentiful seeds but also their early maturation and dispersal while water levels are still high. Visit the tree guide, https://shop.arborday.org/productnursery.aspx?zpid=809, to see if it's a good fit for your yard.

PHOTO CONTRIBUTED

#### Free Kingdom Community Wind Tours return this summer

Green Mountain Power (GMP) is bringing back its popular tours at the Kingdom Community Wind Project in Lowell, VT this summer. It will be the seventh season that Vermonters and tourists alike can see a wind farm up close to learn more about how wind energy works. The tours are free, but you have to register in advance.

The tours draw many to the region each summer, with more than 1200 people making the trip up to check out the Lowell Mountain site. Participants get to visit two of the project's 21 wind turbines and the tour lasts about 90 minutes.

The 2019 tour dates are Wednesday, June 12, 10:00 AM; and Thursday, June 20, 10:00 AM.

Please register for a tour at https://greenmountainpower. com/2019/05/15/check-out-wind-power-up-close/.

> Send us your stories... we print engagements, weddings, births, obituaries and family milestones at no charge. Send you information and photos to mtgazette@earthlink.net.

#### Hometown Habitat local planting tips

By Bernie Paquette

On Thursday, May 16 Sabina Ernst and the Jericho Energy Task Force presented Hometown Habitat (movie), stories of brining nature ĥome.

Once established, native plants don't require the use of any chemicals or even extra watering and local birds and pollinators would rather visit them than visit artificial feeders. (In many cases they can eat only specific native plants).

Hometown Habitat is sponsored by the Jericho Conservation Commission and the Jericho Energy Task Force. The movie profiles seven "habitat heroes" who have used native plants to fill their yards and interviews entomologist Douglas Tallamy (author of Bringing home Nature) who speaks how non-native plants can lead to habitat and species loss. The movie and following discussion inspired the audience to become habitat heroes by providing habitat for our own native wildlife. Here are some of the highlights:

Native plants support the Food Web of Life, including our own. Native plants interact with the community (plants, animals, pathogens) that historically helped shape it. Native plants adapted (defensive measures) to native insects over a millennia

Native plants (once established) when planted in the right location, require less care than non-native plants.

Our pollinators, butterflies, bees, birds, insects, and the rest of our native wildlife on the food web require native plants.

Non-native plants (aliens) oftentimes disrupt and displace native plants. Some become invasive, like Buckthorn, burning bush, Japanese Barberry, alien honeysuckle (there is a native honeysuckle).... Some of the worst plant offenders actually produce chemicals within their tissues to prevent other plants from growing near them. In most cases, these invasive plants are nursery plants that have escaped cultivation in people's gardens and gotten into the wild, displacing the native plants.

You can be a Habitat Hero by planting native plants in your landscape. Consider limiting lawn areas to where you walk and designated areas that need low walkable sod. Fill the rest of your landscape with native plants for improved property value, pollinator attraction, and for your own enjoyment. Annie White said it so well: "Think of lawn as an area rug - not wall to wall carpet." Another reason to let go of some lawn is: reduced time doing yard work and fewer resources (fuel, water) spent.

Recognizing the importance of vulnerable pollinator species and their habitats, as well as initiating preservation efforts is key to maintaining our biological balance. (From Pollinator Partnership)

Web search can locate sites that list native plants for your location by zip code or town. Bring both common and Latin name when you go shopping to insure the plants you get are indeed native to your planting area. *Native plantfinder* from National Wildlife Federation and Plantsforbirds from Audubon are good tools to identify what plants are native in your area.

A good reference book is Native Plants for New England Gardens by Mark Richardson and Dan Jaffe. Also, check out Doug Tallamy's Bringing Home Nature.

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#### **GMBC Day Touring Rides**

All riders must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction. For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable. Riders below the age of 18 must have a signed waiver from a parent.

E indicates an easy ride, M is for moderate, and S is for strenuous. Rides begin promptly 15 minutes after the meeting time. Social Rides are more leisurely versions of the mapped ride – usually the shorter route - with longer food breaks. Always contact the social ride leader before the ride to make sure those versions of the ride are taking place.

Additional local Social Rides will be scheduled as weather permits in the Champlain Valley. Please email lightspd@comcast. net to be added to the Social Riders email contact list, which is the only guaranteed notification for these rides. Weekend Social Rides are usually announced by Thursday.

Sunday, June 2: Grand Isles Flats and Cook-out. One of the flattest rides of the season. The 28-mile ride (E/M) circles Grand Isle and includes some dirt. Riders on the 60-mile (M) ride can

visit St. Anne's Shrine (bathrooms and picnic tables but no food) and a fossil bed, with a food break at Hero's Welcome in North Hero. At the conclusion of the ride there will be a cook-out at a club member's home on East Shore Rd., South Hero. Meet 9:15 AM Folsom School, South St., South Hero. Those coming from the Burlington area may consider carpooling. Leader: Amy Otten, 878-4070/amyotten@netscape.com; co-leader: Ralph Kilmoyer, 878-4070/ralphkilmoyer@comcast.net.

Saturday, June 8: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace. Our goal is to teach new cyclists the rules of the road and how to ride in a group. Meet 10:00 AM, Veterans Memorial Park, S. Burlington, Wheeler lot. Leader: Amy Otten, 878-4070/amyotten@netscape.com; co-leader: Chris Johnson, 373-9015/cajohnson42@gmail.com.

Sunday, June 9: Hinesburg Hollow. This route travels south through Huntington via the beautiful Hinesburg Hollow Road. The short route is 25 miles (M) and returns to Williston via North Rd. (and a little bit of dirt), while the long one is 47 miles (M/S) and continues through North Ferrisburgh to the lake and back through Hinesburg. Meet 9:15 AM, Williston Central School (by the tennis courts). Leader: Tom Kennedy, 735-5359/etomkennedy@gmail. com; co-Leader: Kerry Crosby, 578-3249/crosbykn@comcast.net.

Sunday, June 16: Champlain Bridge Ride. This ride heads out Lake Road and across the bicycle-friendly Champlain Bridge. The 43-mile route (M) stops at Crown Point, while the 55-mile

Are you tired of riding alone on the same old bike paths and

roads but worried that you don't have the skills for a group

ride? The Green Mountain Bicycle Club (GMBC) will be

offering Introductory Group Rides on select Saturdays, June

8 and 22. Experienced riders will explain the rules of the road

The rides will start at 10:00 AM at the Wheeler lot at Veterans

Memorial Park, S. Burlington, and will travel between 12-20

miles. Nobody will be left behind. There will be at least two

and teach novice cyclists how to ride safely in a group.

Green Mountain Bicycle Club introductory rides in June

route (M) makes a loop on the New York side through Port Henry. The Social Ride begins at the Lake Champlain Maritime Museum and finishes with lunch at the Red Mill. Meet 9:15 AM, Vergennes Union High School, Monkton Rd., east parking lot. Leader: Amy Ross, 324-2137/vtamy@comcast.net; co-leader: Mark Benton, 343-4029/vtkramb@yahoo.com; social ride leader: Donna Leban, 862-1901/lightspd@comcast.net.

Saturday, June 22: Introductory Ride for new riders. We will go 12-20 miles at a leisurely pace. Our goal is to teach new cyclists the rules of the road and how to ride in a group. Meet 10:00 AM, Veterans Memorial Park, S. Burlington, Wheeler lot. Leader: Dorothy Pumo, 829-8729/dpumo5@gmail.com; co-leader: Stuart Bennett, 310-3940/stubennett68@gmail.com.

Sunday, June 30: Rouse's Point Rouser. The mostly flat 60-mile (M) loop heads up from Grand Isle over the Rouse's Point Bridge and down through scenic, low-traffic, lakeside roads in New York and returns via the Grand Isle Ferry. The short ride (50 miles -E/M) circles Isle LaMotte and returns on the Vermont side. The Social Ride will also be the long loop but at a slower pace. Meet 8:45 AM, Grand Isle Ferry Parking Lot. Those coming from the Burlington area may consider carpooling. Leader: Matt Kuivinen, 881-9045/mattkui@earthlink.net; co-leader: Holly Creeks, 233-9013/creeksh@yahoo.com; social ride leader: Donna Leban, 862-1901/lightspd@comcast.net.

ride leaders who will teach group dynamics including signaling and

passing, as well as learning to respect (and be respected by) cars.

The pace will be determined by the ability of new riders. Cyclists

must wear helmets and have bikes in good working condition. Those

Please contact the ride leaders listed below for more information.

June 8: Amy Otten – 878-4070 / amyotten@netscape.com

June 22: Dorothy Pumo – 829-8729 / dpumo5@gmail.com

under 18 must be accompanied by an adult.

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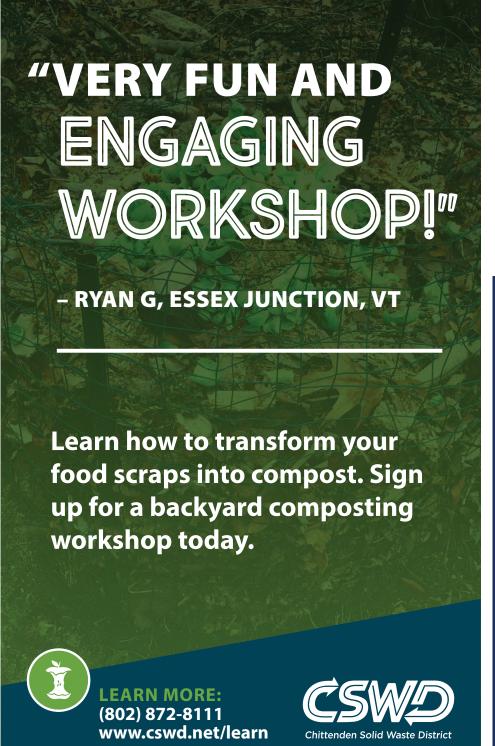
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#### Summer **Symphony Camp June** 24-28

Students who are currently in grades 4-8 can include orchestra their summer plans by enrolling in the Vermont Youth Orchestra's Symphony Camp, which will take place at Elley-Long Music Center, Colchester, Monday-Friday, June

24-28. Summer Symphony musicians perform in the camp's symphony orchestra led by Kathleen Kono and jazz orchestra led by Adam Sawyer, making it a unique opportunity perform a wide range of musical styles in an orchestral setting.

Campers choose two electives from these six options: Hand Drumming

- with Tyson Vaylou Drama/Theater
- with Billy Ray Poli Ukulele
- Becky Nowak Outdoor Recreation with Kyle
- Kramer Chorus with Adam
- Jazz Improvisation with Adam Sawyer

There's limited space for instrument section, and flute is currently wait list only. Financial aid is available. Learn more and register at vyo.org/ summersymphony.

Let us sacrifice our today so that our children can have a better tomorrow.

A. P. J. Abdul Kalam