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MOUNTAIN GAZETTE

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NEWS BRIEFS

Chittenden Mills Beverage has a new owner

By Brenda Boutin
Mountain Gazette Staff

Chittenden Mills Beverage has been a fixture in Jericho for years. The beverage store recently changed ownership and as of Tuesday, November 12, 2019, Dan Lareau is working as owner to serve the community just as he has for the past ten years.

Ray Ely, owner of River Road Beverage, purchased the business fifteen years ago. He moved Dan Lareau, one of his employees, from the Essex store to Jericho. Lareau managed the business for Ely. "He (Dan) has been the face of the business for the past ten years," Ely said. "He's a good guy and has done a good job. I wish him well."

"This is the best job I've ever had," Lareau said, his voice exuding joy. "I am happy to own the business. I will honor the currently existing gas/coffee coupons." The store carries wine, beer and spirits, general convenience items, and gas. Stop in on your way home and congratulate Dan.

The beverage store was originally a part of E.W. Bailey's property which included the Old Red Mill building and the house across the large parking lot. According to Gary Irish of Jericho, the mill closed in about 1946 and the property was sold to George White, who built a building where Chittenden Mills Beverage is and ran it with his son Floyd as a service station until around 1953. It changed hands again, and Skip Bennett and Harold Rose owned it until the early 1970s. Dave Whitcomb took a turn running the garage and later Elwood Pratt changed the focus, making it into a convenience store. The beverage store was purchased by Champlain Oil.

Chittenden Mills Beverage is located at 39 VT Rt. 15, Jericho, VT, near other businesses including Joe's Snack Bar, Mane Street Stylist, Rebecca Davis Gallery, the Old Mill Craft Shop, and Jericho Cafe & Tavern.

Friends of Wheeler Field raise funds

At the October Food truck night at West Bolton Golf Club, the Friends of Wheeler Field raised funds to support their cause.
PHOTO CONTRIBUTED

Greenway flood damage repair

Laird MacDowell, *CTC Chair*

The Cambridge Trails Committee (CTC) hired Allen Audette to repair flood-damaged sections of the Cambridge Greenway Path between the VT Rt. 108 and VT Rt. 15 bridges and that work has been completed. Allen was able to recover the surface gravel washed from the path onto adjacent fields with his tractor and place it back on the path. The path is now walkable and ready for snowmobile season. Once the ground freezes the path can also be ridden by mountain bike. Replacing the packed surface gravel lost from flooding will wait until late spring after the threat of snowmelt flooding has passed.

Fortunately the flood did not cause much erosion to the riverbank behind Aubuchon Hardware, and only minor damage to the orange safety fencing, which has been repaired by committee members.

The Cambridge Junction trailhead was also spared from flood damage, but sections of the LVRT were impacted, especially near Willow Crossing. VAST is responsible for repairing the LVRT.

The bicycle repair station tools, air pump, and signage at the trailhead have been removed for winter storage.

Finally, we are still missing a small wood and white metal framed picnic table from the Greenway Path that floated away during the flood. Please contact me if spotted.

Informational hearing on Lease Land in Underhill

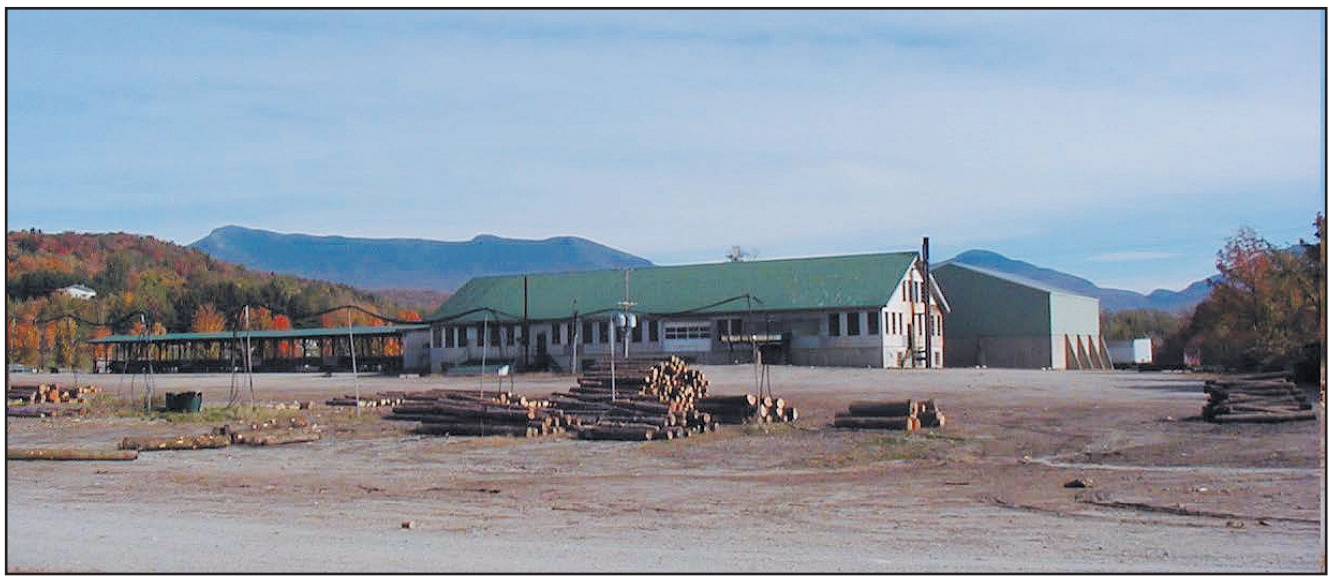
By Brian Bigelow, *bbigelow@underhillvt.gov*
Town Administrator, Underhill

The Underhill Selectboard will host an informational meeting on Wednesday, November 20 at 6:30 PM. The subject of this meeting is the implications of *24 VSA section 2409, Retention of municipal ownership of lease lands*.

These historical lease lands were distributed throughout town in categories referred to at the time as Glebe, Corporation, Minister, School, and Governor's Right. Over time awareness and understanding of the lease language in deeds has ebbed and flowed. Recently they have complicated the transfer of some properties. The historical aspect as well as current repercussions will be discussed.

News briefs continued on page 5

Change coming to Riverside, Jericho



Work is ongoing at the old logging mill site, though the ultimate proposed use for the property is unclear. PHOTO BY SARA RILEY

By Brenda Boutin
Mountain Gazette Staff

Jericho has three state designated village centers, Riverside being one. The sawmill property is a part of this center. The property, about 17 acres, has been purchased by Greg Tatro of Cambridge and is in the early stages of development planning. The parcel of land is zoned as mixed use, which requires a design for a mix of residential and commercial properties.

Tatro has been stabilizing the sawmill building. "It's been a lot of work," Tatro said. "We thought about tearing it down but decided it had a solid structure and went ahead and started rebuilding it." So far the building has a new roof, new windows, and siding. According to the town website, Tatro has tax credits from the state of Vermont for the project.

Greg Tatro, a town representative, and Rick Hamlin from the Hamlin Engineering firm met to come up with a master plan that would include new internal streets and buildings, both commercial and residential. "We came up with a rough sketch," Greg said. "It'll be a month or more before our plan is ready to go before the zoning board. I don't expect to start building before 2021. There's a long process to get all the permits in place." An image can be found on the Town of Jericho's website, *https://jerichovt.org/*.

Halloween storm served up tricks — not treats

By Brenda Boutin
Mountain Gazette Staff

The Halloween storm — Thursday, October 31, 2019 — brought torrential downpours in the Jericho, Underhill, Cambridge, and Westford area. High winds toppled trees across the roads. The Browns River flooded many fields and washed away part of the retaining wall at the Old Red Mill in Jericho, which houses the Old Mill Craft Shop.

Jericho's road crew spent Thursday night and well into the weekend working to keep water off the roadways and in the ditches. Adam Mcgee, Jericho road foreman, said they started at 10:30 PM Thursday night, making cutouts with graders to allow drainage from the traveled roadways back into the ditches. Although they saw plenty of flooding, only 16 roads were affected. He "guestimates" there was from $80,000 to $90,000 in damage. The hardest hit roads in Jericho were Hanley, Shillhammer, Snipe Island, and Orr.

"We are concentrating on getting the roads ready for plowing," Mcgee said. He went on to say how much he appreciated the four man crew he has. "I've been here six months, two men less than a year, and Roger Miller has been with the road crew for nineteen years. I cannot thank them enough for their dedication to getting the work done." The crew worked around the clock and most of the weekend to get all roads back to two lane capacity.

Underhill road foreman Nate Sullivan said they have been repairing 20-25 roads. "All roads are passable," he said, "but some are only one lane." Sullivan said only one road is not passable, that being the back side of Maple Leaf Road. "Our crew has done a good job," Sullivan added.

Some washouts were caused by driveway culverts getting full of leaves and debris. The crews are trying to finish up all repairs by the end of next week in anticipation of their snowplowing needs.

Cambridge road foreman Bill Morey was sure that they had fared pretty well. "I estimated about $25,000 to $30,000," he said. "Then we discovered major damage to a culvert on Hogback Road." Morey estimates the replacement of that culvert alone will run between $200,000 to $300,000 thousand range. "We have the road open for one and three quarter lanes," he said. The major repairs will take place in the spring. Morey feels the town was pretty lucky that there was not more damage. Morey says his crew has worked hard and he is proud of them.

Range live fire, December-February

By Amy Grover, *Town Clerk and Treasurer, Bolton*

As a follow up to the recent Bolton town meeting we want to make you aware of Range Operations taking place during the upcoming months. Please feel free to contact MAJ Duby Thompson with any concerns that might arise: MAJ Duby Thompson, Range Operations, Camp Ethan Allen Training Site/Vermont Army National Guard, 899-7013 or *ng.VT.vtarng.list.ceats-training-requests@mail.mil*.

The following dates have been compiled in order to provide advance notice of live fire training events at CEATS (Camp Ethan Allen Training Site). Times given are in military format.

December 2019

Week of December 1-8: December 2-6 Small Arms 1600. December 6: Small Arms 1800. December 7: Small Arms, Machine Gun 2200. December 7: Vermont State Rifle Pistol 1600. December 6-7: Burlington Rifle Pistol 1200.

Week of December 9-15: December 9-13: Small Arms 1600. December 13: Burlington Rifle Pistol 1200.

Week of December 16-22: December 16-20: Small Arms 1600. December 20: Burlington Rifle Pistol 1200.

Week of December 23-31: December 23: Small Arms 1600. December 27-31: North Western Vermont Endurance 1600. December 28: Vermont State Rifle Pistol 1600.

January 2020

Week of January 1-5: No scheduled training.
Week of January 6-12: January 6-10: Small Arms 1600.
January 7-11: Mortar Fire 1700. January 11: Small Arms 1800.
Week of January 13-19: January 13-19: Small Arms 1600.
Week of January 20-26: January 21-24: Small Arms 1600.
Week of January 27-31: January 27-31: Small Arms 1600.

February 2019

Week of February 1-9: February 1: Small Arms 1600. February 3-7: Small Arms 1600. February 3-5: FBI 1600, 1900 on February 3. February 6-9: Mortar Fire, Machine Gun 1600, 2200 on February 6 and 7.

Week of February 10-16: February 10-14: Small Arms 1600.
Week of February 17-23: February 17-21: Small Arms 1600.
Week of February 24-29: February 24-28: Small Arms 1600.

Aging in Place with Mount Mansfield Villages

By Phyl Newbeck
Special to the Mountain Gazette

This June, people 50 years of age and older discovered a new option to help them age in place. Mount Mansfield Villages (MMV) was formed as a way to provide services to those who might need assistance with certain tasks but want to continue to live independently. The idea for MMV began with a book group that has been together of over three decades. "We've gone through children and grandchildren and aging parents," Board of Directors President Jeanne Hutchins said. "Now we're dealing with ourselves and our spouses."

Mount Mansfield Villages is governed by an eight-person board with five Underhill residents, two Cambridge residents, and one person from Jericho, who meet once a month. They are part of a national group called *Village to Village* which was formed in 2010, starting with a community in the Beacon Hill area of Boston. As of 2019, almost 250 similar villages have been created in 41 states and the District of Columbia, with many others in the development phase. In Vermont, Mount Mansfield Villages is joined by Lamoille Neighbors, Inc. and as-yet-to-named village in Montpelier.

Mount Mansfield Villages has been in the discussion phase for two years and officially started in June with 32 members and 30 volunteers, although there is some overlap between the two groups. Hutchins, a resident of Cambridge, said there has been great turnout for community events. The annual fee is $240 for an individual or $300 for a two-person household but scholarships are available for those with limited finances. Steve Webster, an Underhill board member, has developed the website which keeps track of volunteers and membership.

Hutchins, who also serves as the Executive Director of the UVM Center on Aging, said the most commonly requested service, both in Vermont and nationwide, is transportation. Other services the Village provides include check-in phone calls or friendly visits (often requested by an out-of-town child), computer or remote control assistance, yardwork, shopping trips, and replacing burned out light

Aging in Place continued on page 3

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4-H NEWS

Area 4-H'ers recognized for their achievements

More than 80 area 4-H'ers and family members gathered at the Champlain Valley Exposition in Essex Junction on Sunday, November 3 for the annual Chittenden County 4-H Achievement Dinner and Awards Night.

The event celebrated the achievements of 4-H club members in the past year in project work, community service, and leadership. Several adult volunteers also were recognized for their years of service as club leaders.

Members of the Whispering Pines 4-H Club in Westford were the hosts for the evening, helping to decorate and organize games for attendees to play. Club member Eva Joly of Essex Junction gave a talk, "The Amazing Race," about a 600-mile endurance horse race in Mongolia. She will present this talk again when competing in the horse communications contest Saturday, November 9 at Eastern National 4-H Horse Round Up in Kentucky.

Certificates of Participation were given for a minimum of six to eight hours of work in a specific project, with Certificates of Excellence for eight or more hours of project work including presentations beyond the club level.

To earn a medal, the 4-H'ers must have previously earned a Certificate of Excellence in that project, be enrolled in the project for more than two years, and participated beyond the club level. Certificates of Continued Achievement are presented for continued medal-level achievements after receiving a medal.

Recipients were:

CERTIFICATE OF CONTINUED ACHIEVEMENT:

Communications: Lily Merchant, Essex Junction

Community service: Adaline and Faith Ploof, Westford

Horse: Chloe Barewicz, Jericho; Jenna Bennett, Highgate; Grace Parks, Essex Junction; Adaline and Faith Ploof, Westford; Sophie Zemianek, St. Albans

Leadership: Faith Ploof, Westford

Poultry: Annika Cooper, Colchester; Noelani Rupp, South Burlington

Shooting sports: Adaline Ploof, Westford

STEM (science, technology, engineering, mathematics): Adaline Ploof, Westford

MEDAL:

Communications: Adaline Ploof, Westford

Dairy: Lena Ashooh, Shelburne

Food and Nutrition: Adaline Ploof, Westford

Horse: Kelsey Paradee, Swanton

Photography: Lily Merchant, Essex Junction

Poultry: Ava Carroll, South Burlington; Adrien Toneatti, Huntington

STEM: Lily Merchant, Essex Junction

CERTIFICATE OF EXCELLENCE:

Communications: Samantha Blackmore, Charlotte; Alex Montgomery, Williston; Tucker Murdough, Essex Junction

Community service: Chloe Barewicz, Jericho; Samantha Blackmore, Charlotte; Lily Merchant, Essex Junction

Eco science: Noelani Rupp, South Burlington

Environment: Annika Cooper, Colchester

Food and nutrition: Alex Montgomery, Williston; Tucker Murdough, Essex Junction; Nora Raley, Fairfax

Hobbies and collections: Lucy Badillo, Rutland (formerly Williston); Natalie Jewett and Jacob Niekrewicz, both from Williston

Horse: Samantha Blackmore, Charlotte; Greta Friesen, Hinesburg; Lily and Samantha Provost, Milton

Leadership: Vivienne Babbott, Hinesburg

Maker Tinker: Emily Feltz, Colchester; Julia McGibney, South Burlington

Poultry: Miriam and William Lawson, Cambridge

Science: Samantha Blackmore, Charlotte

Shooting sports: Lily Merchant, Essex Junction

CERTIFICATE OF PARTICIPATION:

Arts and crafts: Samantha Blackmore, Charlotte

Communications: Summer Le, Colchester

Community service: Lauren Bentley, Richmond; Alex Montgomery, Williston; Tucker Murdough, Essex Junction; Grace Parks, Essex Junction; Lily and Samantha Provost, Milton; Sophie Zemianek, St. Albans

Dairy: Ellie Bissell, Richmond; Sophie and Whitley Pidgeon, Charlotte; Ellie Ramirez-Richer, Shelburne

Engineering: Liam Gallagher, Fairfax; Luke, Miriam and William Lawson, Cambridge

Environment: Ava Carroll, South Burlington; Julia McGibney, South Burlington

Fencing: Miranda Gallagher, Fairfax

Food and nutrition: Liam and Miranda Gallagher, Fairfax; Luke, Miriam and William Lawson, Cambridge; Jillian Murdough, Essex Junction

Horse: Addie Boutin, Essex Junction; Anna-Lise Cooledge, Chloe Irish, Madeline Langlois and Emeri Rasco, all from Westford; Haleigh Demers, Allessandra Hoffman and Kiera Newton, all from Milton; Summer Le, Colchester; Jillian and Tucker Murdough, Essex Junction; Olivia Osekoski, Hinesburg; Alexis and Julia Reno, Essex Junction; Emma Sibley and Allison Tourville, both from Georgia

Leadership: Lauren Bentley, Richmond

Life skills: Annika Cooper, Colchester; Griffin Preska and Noelani Rupp, both from South Burlington; Adrien Toneatti, Huntington

Maker Tinker: Ava Carroll, Griffin Preska and Noelani Rupp, all from South Burlington; Adrien Toneatti, Huntington

Photography: Vivienne Babbott, Hinesburg; Samantha Blackmore, Charlotte; Luke, Miriam and William Lawson, Cambridge

Poultry: Emily Feltz, Colchester; Liam and Miranda Gallagher and Tim Torraca, all from Fairfax; Julia McGibney, South Burlington; Griffin Preska, South Burlington

Sheep: Chelsea Ferland and Nora Raley, both from Fairfax; Luke and William Lawson, Cambridge

Shooting sports: Alex Montgomery, Williston; Faith Ploof, Westford; Karmen Wilbur, Colchester

Woodworking: Chelsea Ferland, Fairfax; Luke and William Lawson, Cambridge

In addition, these 4-H'ers earned a Certificate of Participation for submitting complete 4-H record books: Emma Cater, Colchester; Ella and Neika Haire, Allison Huestis and Piper Thompson, all from Hinesburg; Aiden Jewett, Rachel Niekrewicz and Liam Palmer, all from Williston; Sadie Haupt, Jericho; Eva Joly, Essex Junction; Chloe LaMarche, Starksboro.

Volunteer leaders who received pins for years of service were: 5 years: Christopher Cooper, Colchester; Jackie Parks, Essex Junction; 10 years: Katja Nystrom, Colchester; 15 years: Ellen Turnbull, Essex Junction; 25 years: Patty Hart-Ahonen, Colchester; 40 years: Pam Senesac, Colchester.

To learn more about the University of Vermont Extension 4-H program in Chittenden County, contact Rose Garritano, *rosemarie.garritano@uvm.edu* or 802-651-8343, ext. 505.

Four Chittenden County 4-H'ers traveled to Kentucky for the Eastern National 4-H Horse Roundup, held Nov. 8-10 at the Kentucky Fair and Exposition Center in Louisville. They were (left to right) Chloe Barewicz, Jericho; Eva Joly and Grace Parks, both from Essex Junction; and Faith Ploof, Westford.

PHOTO BY AMANDA TURGEON

4-H'ers perform well at national horse event

Vermont 4-H'ers had a good run at the Eastern National 4-H Horse Roundup in Kentucky, placing in the top 10 teams in three of the four competitions they entered.

The annual event took place Friday-Sunday, November 8-10 at the Kentucky Fair and Exposition Center in Louisville. Considered the largest national 4-H horse program contest, it attracted more than 250 youths from 25 states, who competed in communications, quiz bowl, horse judging, and hippology.

Representing the state on the communications team, which placed third overall, were Chelsea Carcoba, Danville (individual presentation); Eva Joly, Essex Junction (public speaking); and Jasmine Mooney and Katherine Stone, both from St. Johnsbury (team presentation). The team members all placed sixth in their respective competitions.

To determine team rankings, scores were added together from each communications contest. They were coached by John Joly, Essex Junction (public speaking); Andrea Scott, Milton (team presentation); and Amanda Turgeon, St. Johnsbury (individual presentation).

Vermont finished ninth in the judging competition, with team member Grace Parks, Essex Junction, earning a spot in the top 10 for high individual scores with a sixth-place finish. Her teammates were Jordan Bombard, Duxbury; Emma Cushman, Barre; and McKenna White, Whiting. Their coach was Deb Danforth, Castleton.

The horse quiz bowl team also placed ninth after several fast-paced buzzer rounds to answer questions on anatomy, nutrition, breeds, horsemanship, feeds, horse care, and history of the horse, among other topics. The team, which was coached by Julia Adams, Shrewsbury, included Elyza Bird, Benson; Lilia Kocsis, Vernon; Faith Ploof, Westford; and Serena Welch, Shoreham.

In multi-phase hippology contest the 4-H'ers participated in a written exam, judging, team problem solving, and identification stations. Members of this team were Chloe Barewicz, Jericho; Lillie Tuckerman, South Woodstock; and Emma and Madison Zimmermann, Northfield. Jolene Fontaine, Jericho, was their coach.

Before returning home, the 4-H'ers toured Churchill Downs in Louisville, home to the Kentucky Derby, and the Fritz Leeman Farm, a horse breeding farm in Massillon, OH. Mary Fay of Westford accompanied the delegation, along with the team coaches.

To learn more about state and national 4-H horse (and other) events, contact Wendy Sorrell, University of Vermont Extension 4-H livestock educator, *wendy.sorrell@uvm.edu*.

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Saturday
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4:00 - 8:30 PM
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Aging in Place continued from page 1

bulbs or batteries in smoke detectors. Mount Mansfield Villages also sponsors speakers and group activities like a recent shredding party. They try not to duplicate services provided by other agencies, such as Meals on Wheels. Volunteers come from all age groups, although they are required to be over the age of 18. Hutchins is hoping to be able to include some supervised high school students, as well, so they can fulfill their service requirements.

Hutchins said the Vermont Department of Aging and Independent Living has written the villages model into the state plan on aging. MMV's target is 70 households, but Hutchins recognizes that a lot depends on funding. At this point, they have not requested financial assistance from any of the three towns covered, but they would like at some point to be able to hire a half-time staff person. All the work is done virtually so there is no need to spend money on an office. Funds have been contributed by Ben & Jerry's, Concept 2, Union Bank, the Harnisch Foundation and private individuals. Financial backing by UVM Medical Center and the UVM Center on Aging has allowed board members to attend the Village to Village national conference.

Hutchins said the national organization has been invaluable, thanks to their open source documents which provide information on all facets of developing a village. A listserv allows for the exchange of ideas, as well. "We plan on doing more outreach," Hutchins said. "We've done background checks and trained our volunteers but a lot of our members aren't asking for services yet. We will reach out to local doctors and physical therapists and our numbers should increase via word of mouth. We don't want to grow too fast."

Pending vacancy on Park District Board of Trustees

There is a pending vacancy on the Jericho Underhill Park District board from the Town of Underhill. If you enjoy Mills Riverside Park, live in Underhill, and would like to be more involved in the management of the park, please contact *jupdistrict@gmail.com*.

2020 Jericho Community Center calendars available

The holidays are fast approaching – time to think of presents, house gifts for homes you visit, remembrances for faraway family, and little gifties for friends you want to thank for being there for you. The 2020 Community Center in Jericho Calendar is the perfect answer. Only $15, calendars can be found at the Gruppe Gallery, Jericho Center Store, Town Hall, Old Mill Gift Shop, and JeriHill (Ace) Hardware.

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COMING EVENTS

A happy sight in any yard. PHOTO BY SARA RILEY

Tuesday, November 19

Racism in America: lecture and discussion series #3, 6:30 PM, Good Shepherd Lutheran Church, 273 VT Rt. 15, Jericho. This forum series hopes to create a safe space to speak openly and honestly as a people of good intent as we honestly face the racial divisions of our past and present, with the hope of reconciliation for our future. This meeting topic: The Difficult and Complex Conversation about Systemic Racism, with Mark Hughes, founder and executive director of Justice for all and coordinator for the Vermont Racial Justice Alliance, which sponsors this event along with the Good Shepherd Church. Moderated by Good Shepherd pastor Reverend Dr. Arnold Isidore Thomas. This is a potluck; you are invited to share a dish along with your thoughts. Handicapped accessible; parking on site.

Friday-Sunday, November 22-24

VT Handcrafters annual Craft Vermont Show, Friday 10:00 AM – 8:00 PM, Saturday 10:00 AM – 6:00 PM, Sunday 10:00 AM – 5:00 PM, DoubleTree by Hilton Conference Center, Burlington. An extraordinary selection of arts and crafts by Vermont's finest artists, with two floors of shopping. $8 admission valid for re-entry all three days; Sunday only, admission $5; children under 12 free with adult. Visit *vermonthandcrafters.com* for a list of exhibiting artists and a $1 off coupon.

Saturday, November 23

Community Christmas Cupboard Craft Fair, 9:00 AM – 2:00 PM, Underhill I.D. School cafeteria, Jericho. The Christmas Cupboard Craft Fair is wonderful way to start the Christmas season, connect with neighbors, find unique treasures. In addition to many local vendors, there will be a "soup table" where patrons can purchase soup for lunch. If you are interested in vendor space or need more information, contact Pam Preston, *barneymt3@aol.com*.

CAR Ski, Board, and Winter Gear Sale/Holiday Gift Market, 9:00 AM – 6:00 PM, Cambridge Community Center, Jeffersonville. New and gently used winter gear at huge discounts. Multiple vendors selling alpine and cross-country gear, snowboards, skates, snowshoes, and all the clothing to keep you warm and dry. New this year: Holiday Gift Market offering gifts for the holidays, food, and festivities. Sponsored by the Cambridge Area Rotary (CAR). For information or to reserve a table at the Holiday Marker contact Nanci Lepsic, 802-343-2372.

Westford Turkey Trot, 8:30 AM, Westford School, Westford. The date for the Westford Turkey Trot was posted incorrectly in the recent town newsletter! It is always held on the Saturday before Thanksgiving at the Westford School. The race is a 10K run, 3K walk/run, or 100-yard dash for ages 6 and under. Registration begins at 8:30 AM on race day ($15), or pre-register at *www.westfordturkeytrot.wordpress.com* ($12). A day of family fun — great chile and homemade treats and a random drawing for prizes. Benefits the Committee for Westford Children and Families. Questions? Call 878-4690 or 881-4798.

Craft, Bake, and Vendor Sale, 9:00 AM – 2:00 PM, VFW Post #9653, Morrisville. Lunch of soup and sandwiches available. All are welcome! For information, call 802-793-7973.

Sunday, November 24

Home Solutions for Climate Change, 12:00 PM, Double E Performance Center, 21 Essex Way, Essex Junction. The Jericho Energy Task Force, Essex Energy Committee, and Chittenden County Regional Planning Commission invite you to this *Button Up* experience, an afternoon of entertainment, education, and practical solutions aimed at buttoning up for winter at the new music and entertainment venue adjacent to Essex Cinemas. Come learn how to save money — whether through DIY or a certified energy contractor — and to combat the effects of climate change by improving your energy footprint. Walk through the Home Weatherization trailer to get a cross-section view on how to make your home more comfortable. Talk with professionals about the latest financial incentives to upgrade your energy systems, from weatherization to solar/battery storage and much more. Entertainment will be available for children and there will be light refreshments in the form of cider and donuts. You can cap off the day at 4:00 PM watching *The Human Element* from plush movie seats. For more information contact Will Dodge, *wdodge@drm.com*, 802-324-2114, or 802-846-4490 ext. 15.

Monday, November 25

Community Voices for Immigrant Rights, 5:30 PM, Rights and Democracy Office, 241 North Winooski Ave., Burlington. Please come to supper and a meeting with others who are concerned about the rights of immigrants near and far. All are welcome, but we're especially looking for people with skills to help us make some brief videos illustrating key points in the struggle and calling for action. If you have video skills and are interested in helping out, please contact Bria, *byazic@gmail.com*. Community Voices for Immigrant Rights (CVIR) began meeting the end of June, 2019. Meetings are bi-weekly and always offer childcare (with notice) and serve supper to make it a welcoming and inclusive space. These working meetings typically start with a current event update, some solidarity announcements about other social justice and peace events, updates from working groups, and then breakout sessions with the working groups. The groups consist of education, No Mas Polimigra, and action.

Thursday, December 5

Free Community Soup and Bread Supper, 4:30 – 6:30 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex (off VT Rt. 15, across from John Leo's). Serving a variety of hearty soups and breads, plus a sweet dessert on the first Thursday of the month. Stay at the church to enjoy your meal with friends and family, or pick up to take home. Donations welcome, but not expected. For more information, call Pastor Jeannette Conver, 879-4313.

Saturday, December 7

Fletcher Elementary Craft Fair, 9:00 AM – 3:30 PM, Fletcher Elementary School, Fletcher. Friends of Fletcher Elementary School's fifth annual craft fair — come and see all the local crafters and vendors. There will be tree wreaths and swags for sale. Also: breakfast and lunch options, a raffle, and maybe a visit from Santa!

COMMUNITY COLUMNS

Winter driving in Vermont: R U Ready?

By Bill Schubart

I was hurt. I always thought of him as my friend. He couldn't stop laughing long enough to utter a word. Evidently I had said something funny when I called him but I had no idea what I'd said that would trigger such spasms of hysteria.

Still unsure of what triggered this loss of composure, I put the phone on speaker and set it on the table to finish my coffee while he tried to regain his composure in a flurry of uncompleted sentences. John is normally business-like and responsive. He's always been there for me in the past, oil changes, overdue inspections, welding a tin can over the leaks in my tail pipe, or putting the inspection sticker over the ding in the windshield.

I'd only called to ask if he would put my snow tires on today. "December 11," he finally managed through his laughter and hung up still chortling. He called later in the day to apologize and amend the tire change date to December 13.

My calls to four other garages yielded either a chuckle at my naïveté or a short shrift answer mentioning a December date. Not a fan of abuse I gave up and entered December 13 on my scenic calendar from the same local garage.

I moved to Vermont in 1947 and have driven cars since I was twelve, legally since I was sixteen. Living in Morrisville, winters were harsher than they are here in the Champlain Valley – "lake effect," I believe they call it. We routinely had snow up to the windowsills and most Februarys we got a few days of temperatures in the 28-34 below zero range. My grandfather Clovis Couture had the town contract to roll the backroads with his huge wooden-stave roller with a bench on top, pulled by a team of horses. He had only retired his roller and invested in snow plows a few decades before I arrived in town with my mother in 1947.

Few could afford two sets of tires and most people just drove on what they had until they no longer had a visible tread. Safety inspections were required even in my childhood but they were more negotiable in those days. Most people used chains for serious winter driving and every car trunk had a spare tire (usually a baldy), a jack, a set of tire chains, a log chain for pulling the neighbor out of the ditch, and jumper cables. There was no Triple A that I recall. If one careened or spun out into a ditch or field, one called on the nearest farmer. Farmers knew that neighbors helped rather than charged their neighbors. It worked both ways then.

Cars were rear-wheel drive then and performed much better in snow and ice. Front-wheel drive became more common in the late seventies and set back winter driving considerably.

My first half-dozen cars were well-used VW Bugs that I bought for a few hundred dollars and drove into parts-cars. Rear-wheel drive with the engine's weight sitting squarely over the rear axle, they were like tractors and could go almost anywhere.

One winter I was going from Lincoln to a wedding in Waitsfield and the shortest route was the McCullough Turnpike (VT Rt. 17) over the Appalachian Gap, a challenging road in winter. The heater boxes on early VW Bugs were the first thing to rust away so I had no heat. At the very top on the west slope is a very steep final climb that runs above a pond locals claim is filled with wrecks. I was maybe a hundred feet from the small parking lot at the top and desperate to make it over, as the way around would have me miss the wedding and the reception. My trusty Bug began to spin and I couldn't gain any traction on the sanded black ice.

Finally, in desperation, I got out of the car, leaving the rear wheels spinning in second gear, ran around behind and pushed it. My tires finally found some solid ground and the car continued on up the short distance to the top with me running along behind it. It nosed into a snowbank and kept spinning. I hopped in and drove down the other side and made the wedding just before the vows.

So how is it that after 60 years of driving in Vermont I could be so shocked and unprepared for the onset of winter. Our six cords of wood are under cover, but that's because I'm cheap and stay a year ahead buying green wood. It costs nothing to cure your own wood.

There's not a garage in Vermont that can accommodate a tire change in the next ten days and by then the snow will have melted and we'll forget again.

One would think that five months of driving on ice and snow every year would ingrain in us an understanding of how to drive in winter, but we seem to have to learn it all over again each fall.

The first snow brings on a series of fender-benders, full-fledged wrecks, and even some injuries. It's as if we have to learn to drive all over again each winter.

I can understand the UVM student from South Carolina who expressed total surprise to me when I stopped on the Interstate to be sure that he and his friends were all right as they crawled out of the upside down Jeep Cherokee in the median strip. Even I knew that when they shot by me going 60 miles an hour over black ice that they would not make the next exit. Most of us were driving slowly on the far right keeping our right tires in the snow.

"But I have studded snow tires and four-wheel drive… I thought this couldn't happen?" the dazed student said, pulling a friend through the window. No one was hurt physically, but the driver seemed hurt at the idea that he (or his parents) had invested in a Vermont vehicle and it had let him down just when he needed it most going to Stowe to ski for the day with his friends.

I tried to explain that ice is slippery regardless. When you think metal studs, think ice skate blades; they make no difference. There are two ways to drive on ice. One is not to, the other is at the speed of a box turtle.

Be warned… winter is just beginning. Mark your calendar next July to get an appointment to have your snow tires mounted in late October… and remind me to do the same.

Malta, Doug Jr., Teddy and the Goats

By Doug Boardman

Special to the Mountain Gazette

I decided to buy a sports car because my jeep was for business use. I decided on a Triumph Model TR2 white convertible, which was a mistake because it made me stand out like a sore thumb. Being an American sailor and the only one in town with a race car made me a target. The cops reminded me of the old Keystone cops in the movies. They had old black English Austins they putted around in.

When I first bought the TR2, I decided to hit every bar on the island and have a beer. They didn't have any speed signs posted but they did evidently have a speed limit on the whole island. They had no stop lights or stop signs so when you came to an intersection where you couldn't see someone coming, you tooted your horn during the day and at night you blinked your lights. I didn't realize it but one of the old cops spotted me go by and of course, I was moving fairly rapidly and started after me. He didn't find me until I stopped at the bar by the airport after hitting all the other ones. He said he had been looking for me all afternoon. He asked me if I knew the speed limit and I said I didn't know there was a speed limit and he said it was 35 and try to slow it down a little. It looked like their old cars were lucky to go 35. The roads were mostly dirt with small rocks on both sides. He was impressed by my car and we visited awhile and he didn't give me a ticket. I don't know if they gave out tickets; they didn't have official parking spaces.

We wore our Navy work uniform on and off base but the English Navy always wore their dress uniform. I was cruising around the island in my TR2 and up ahead was two columns of British sailors marching on the edge of the road and guess what, there happened to be a long puddle in the road right beside these sailors and I couldn't resist speeding up and running the car through the dirty puddle and spraying dirty water all over the side of their starchy uniforms. There was a lot of water and when I drove through it I got all of them covered with dirty water. They were all breaking rank and running after me cussing and calling me a "bloody bastard." I was praying that my car wouldn't stall out in the middle of the puddle because they were running after me and shaking their fists. I stayed away from the Brits after that and didn't even stop and talk with them anymore because one of the dozen Brits I splashed would be looking for me. I cut down on beer after that incident and I blame the beer because I would not have splashed a group like that otherwise.

Sandy had not met some of my buddies on base so we decided we would have a party at our two-story villa. I was hoping that they would be on semi-good behavior but I knew some of them were usually uncontrollable. The party started out fun but ended after someone came inside and said it was raining outside. I went out on the balcony and found some guys peeing in some flower pots and some peeing over the balcony onto the guys who thought it was raining: it was, but it wasn't plain water. I was afraid it was a mistake to invite some of them but Sandy met them and wasn't impressed. That was the first and last party we had at our abode.

We had a PX on base with limited supplies and some older Maltese guys that walked around the neighborhood with pushcarts full of vegetables that they grew, etc., and lots of goat milk. They herded the goats at different times during the week down the main road through town and stirred up a lot of dirty dust. One day I was standing in my doorway and saw this small dog running around near the goats and the goat herder trying chase him away. The dog didn't have a collar and came running over to me and stood in back of me. He hung around and adopted us. We let him in and he turned out to be a great help and could jump straight up from his back legs at least two feet and would walk on his back legs. He kept other animals away and was already well trained. We got him a collar and we gave him to a friend when my tour ended. I named him Teddy after my father.

Nine months after I surprised Sandy in French Morocco our oldest son Doug Jr. was born! I was at my post office and the Navy bus drove by and Sandy was the only passenger on the bus and was going to the hospital. She gave me the thumbs up and I followed the bus in my Jeep. The nurses and doctors were English and very good. There was a rumor going around the hospital that Sandy (the American woman) had died because she didn't scream, holler, and carry on like the Maltese women did. I wasn't allowed to be in the birthing room, thank you Lord, I didn't want to be in there. I would pass out, so I wouldn't have been any help. Doug Jr. was our experiment because we had no experience and nobody to call for advice or help from any relatives.

Next: Doug Jr. — The Colicky Kid and the Scroll

Community Columns continued on page 5

Community Columns continued from page 4

Bone Builders III

By Sue Kusserow
Special to the Mountain Gazette

"Soften your knees."

"Duck your head in… it's the turtle tuck."

"Say your vowels and loosen up those facial muscles."

"OK everybody. Smile! It's number 10 time."

Believe it or not, all of these quotations can be explained by any member of Bone Builders. Still confused? Bone Builders is an exercise group for seniors, meeting twice a week in the basement of the Jeffersonville United Church. It is a set of exercises developed by Tufts University, with a brief training period for potential group leaders. Three years later, we are still going strong! And perhaps that is an apt phrase: we don't pride ourselves on more muscles, but with keeping our current ones in working order… agile instead of fragile. We work on balance, since that is the chief cause of forced immobility for seniors. We cover most major muscle groups: arms, legs, and a nice peaceful cool-down at the end. The only requirement for admission is the ability to count to 10(*). So far, no one has flunked.

P, at 93, just completed ten chair stands… we all cheered!

G sits out a few, at her doctor's admonition.

S comes hurrying in, having taken care of grandchildren.

D and L are late, and have such a relaxed way of fitting in to wherever we are… without explanation or apology… nice!

K pushes a walker. "It's easier than a cane."

G has many tee shirts, which advertise her involvement… often UVM.

Most of the participants are from the Cambridge area and have known each other over a long span of time. So how does a group come together and stay together?

First: a group needs a common goal, a sense of purpose, a reason to stay together. We were lucky. Tufts University started with a simply-stated and general mission statement… what do we want to accomplish?

Second: Upon this framework, specifics are added to activate the mission statement. Again we were lucky. Tufts faculty formulated exercises, practiced them with senior volunteers, and revised and amplified them.

Third: goals (exercises) need to be practical and obtainable. Each participant picks the ones most useful for her.

Fourth: practical logistics: time, size of room, heat, bathroom, parking. Thanks to the Jeffersonville Church, we are fine.

Fifth: leadership… well-versed in their roles, but not so well-informed that didactics overwhelms the followers. We're lucky to have four or five women who attended the leadership orientation. They can, therefore, spell each other in directing/chanting(*).

Sixth: extraneous behaviors need to be controlled. We very cheerfully flunked this one.

I think there is an added benefit to this group: a camaraderie and a caring spirit that envelops the group for two hours a week, before we go our private ways again. Seniors are usually retired, sometimes living alone or paralleling a busy family. We value the sociability of small groups, with gentle ways of communication.

"How was the movie you saw the other night?"

"I saw A at the store and she's trying to get her mother settled. Will be back soon, she hopes."

"There will be a rummage sale here at the church. Feel free to come… some good stuff!"

"How did your visit to the doctor on Wednesday go?"

P heads off, having fulfilled his job of calling out the last number of the Chant(*)… TEN!

"B is about the same… working on his truck!"

M touches my arm. "Hey, are you supposed to be putting weight on that leg?"

D starts off with a brisk walk.

S is close enough so she can walk home.

A few hugs given and received, and we're off.

See you on Thursday!

(*) the Chant explained: 1,2,3,4, HOLD (tightening of the muscle group we're working on) 5,6,7,8, BACK (releasing the muscle group and relaxing). Repeat 10 times.

Mary Hill is leading a class at the new dance studio next to the DRMLibrary in Underhill Flats. *maryhillstudios@gmail.com*

Children and their imaginary friends

Parents of toddlers and preschoolers often ask me if it is all right for their child to be speaking to imaginary friends. I won't usually answer until Dr. Check-Up, my imaginary pediatrician friend, gives me the advice I need to answer their question. Fortunately, he has, so here are my responses.

How common are imaginary friends?

Imaginary friends are a normal part of a child's development, rearing up when a child is 2½ to 3 and hanging around until age 6. More than two thirds of children will have an imaginary friend at some time and about a third will have one by age 7. They can have names, personalities, and may even be taking up space in your child's bed, so you need to be careful or you may sit on them.

Imaginary friends as a tool

First, be aware that having an invisible friend is not a sign of loneliness, poor social skills, or other serious problems. In fact, having one may be a wonderful way to stimulate creativity and imagination. They can also help children figure out the difference between right and wrong when they are not quite ready to assume complete responsibility for their actions.

Imaginary friends as a feeling

Imaginary friends can also give insight into what your child is feeling. This could be something as simple as comforting their invisible friend who is about to get a shot before they themselves go to the doctor. On the other hand, don't let your child's invisible friend be your child's only companion. Additionally, don't let them shift the blame all the time to the friend.

My best advice

So what do I recommend if your child develops or has an imaginary friend? My best advice is to let them have one without much interference in order to cultivate their imagination. Let your child take the lead and play along if asked to do so, similar to playing other pretend games with your child.

The good news is that imaginary friends will go away as your child gets a better handle on what is fantasy and what is reality. As they meet other real friends at school, the imaginary ones just disappear.

In addition, by giving your child adequate attention each day and stimulating their creativity through games, art, and play with other children, children will find they don't have to resort to imaginary friends to use their imagination.

When to worry about an imaginary friend

When should you worry about an imaginary friend? If your child won't play with anyone else or seems very withdrawn from interacting with other real people, then talk to your child's health care professional. Though it's rare, counseling may be needed.

Hopefully you'll find tips like these to be more helpful than you can imagine when it comes to dealing with your child's and maybe even your own imaginary friends.

Lewis First, MD, is chief of Pediatrics at UVM Children's Hospital. He is also chair of the Department of Pediatrics at the UCM College of Medicine.

Ode to an Evergreen

By Kimberly Madura
For Francis Eli Madura

After the flashy colors
have fallen away,
we can truly
give you the attention you
deserve

Your silent strength,
modest and humble
unfaltering and unchanged
ever the same,
symbol of constancy

loyal
true-blue
evergreen

Now we can appreciate you
you were there all along
under it all
surviving
without the glory

Rest now on your laurels
we see you
now is your time
the winter belongs to you
Evergreen

LETTERS TO THE EDITOR

Many thanks to Union Bank

To the Editor,

Union Bank's headquarters has just awarded the Jericho AED Project a $500 grant. This is wonderful news and helps us on our way to purchasing AEDs for public places in town. Also, the local Union Bank employees have been very helpful and supportive of the project. We still need to raise just over $3000 to have full funding for the five AEDs but this is a big help, and is much appreciated.

Julia Blake
Jericho

Thanking Cambridge responders for efforts after storm

To the Editor,

Thank you to everyone who assisted Cambridge residents during the recent flooding event! Flooding was more severe than we have seen for a while. A special "thank you" to the Cambridge Fire Department and the Cambridge Highway Department who have been very busy since early Friday morning (November 1). The town appreciates the work you do to keep us safe. VTrans and utility company crews also put in long hours this weekend.

The newly raised Pumpkin Harbor Road came through the flooding event very well, even though the project is not quite finished. Water overtopped the road for a few hours by up to six inches. That is much better than in the past. Flooding was significant in parts of Jeffersonville, but would have been worse without the recent flood mitigation projects. Most town roads fared well, with the exception of a washed out culvert on River Road, which speaks to the excellent maintenance program of the Cambridge Highway Department year in and year out. Great job!

George Putnam
Selectboard Chair, Cambridge

News briefs continued from page 1

Meals on Wheels seeks meal delivery drivers

Winter is coming fast, and Meals on Wheels is busier than ever, delivering 160 meals each day!

Do you have time on Mondays or Tuesdays to deliver meals to elders in your community? This route in Lamoille County is about 35 miles round trip. Meal pickup time is at 10:30 AM, and most volunteers are back by 12:30 PM.

Perks: you can bring a friend, it is a great way to get your business involved in the community, you can commit to one route a month, we provide you lunch and pay mileage.

Deliverers must have a valid driver's license, dependable car, and the ability to pass a background check.

For more information, call Nicole or Holly, 802-888-5011.

Richmond Food Shelf and Thrift Store has turkeys

Thanksgiving is approaching, and we want you to know we have all the turkeys we will need at the Richmond Food Shelf and Thrift Store this November. We ordered turkeys from the Richmond Market back in the beginning of October. These turkeys were paid for by the clothing sales and cash donations you all contribute: thank you! Due to our storage constraints, the Richmond Market generously stores the birds until they are picked up by clients, one at a time. We simply to not have proper storage to accept turkey donations.

If you would like to donate a turkey, please take it to *Feeding Chittenden* in Burlington during open hours. They would be happy to accept your turkey donation.

Remember: everyone within the communities of Bolton, Huntington, Jonesville, Williston, and Richmond is welcome to use the Food Shelf. The food is here for you!

We thank each and every one of you for your continued support in our mission to distribute food and affordable clothes to individuals and families in our community.

UID preschool seeks winter gear

The Underhill I.D. district preschool is seeking donations of gently used snow pants, waterproof mittens, boots, shoes, and sneakers to fit our 3- and 4-year old friends. Help us grow our lending closet so that our preschoolers are prepared for outdoor play every day!

Union Bank awards Jericho AED Project $500 grant

Union Bank, headquartered in Morrisville, VT with a local branch in Jericho, recently donated $500 to the Jericho AED Project. The Project is an effort to raise funds for purchase of five Automated External Defibrillators (AEDs) to be placed in public sites around Jericho.

An AED can be a life-saving tool to revive a victim of sudden cardiac arrest. Any untrained bystander can use the devices, which vocally instruct one through the simple steps to use the unit. Combined with CPR, and used quickly after a victim collapses, an AED can restore normal heart rhythm.

With encouragement from the Underhill Jericho Fire Department and the two Rescue Squads serving Jericho (Richmond and Essex), the project's goal is to raise enough funds to buy the AEDs. Already over $3600 has been raised or promised, but another $3500 is needed. Each AED costs $1449. The plan is to place them in two local stores, the library, the Café, and the Community Center. If you would like to support this worthy project, please send a check to: The Jericho AED Project, c/o Julia Blake, 18 Leary Rd., Jericho, VT 05465. Email *juliavblake@comcast.net* for information.

Westford DRB November 25 agenda

The Westford Developent Review Board will meet on Monday, November 25, 7:15 PM at the Westford Town Office, reports Westford Planning Coordinator Melissa Manka (*planner@westfordvt.us*). The agenda includes:

• 7:15 PM: Amendments to agenda

• 7:16 PM: Sketch Plan Review & Final Plat for 3 Lot Subdivision – Owner: Beverly Hall, Lois Jerome, Alice Giroux, Raymond Hall, James Hall, and Francis Hall (134.2 acres) on Old Stage Road in the Rural 10 & Water Resource Overlay Zoning Districts. This is a proposal to subdivide the subject property into three single family dwelling building lots.

• 8:30 PM: Citizens to be Heard, Announcements & Other Business. Regulatory Amendments / Educational Material Discussion / Preliminary Plat Application Requirements

• 9:00 PM: Minutes of August 26, 2019 and September 23, 2019 meetings

MAKE A DIFFERENCE — ADOPT

November is National Adoption Month

What does family mean to you? For most of us, it means having people who love and support us and are there for us when we need them. It means having a place to call home, even after we leave.

This year, during National Adoption Month, we are shining a spotlight on the almost 100 children and youth in Vermont foster care who are still waiting and hoping for their forever families. Most are school-aged, many are older, some are part of a sibling group who want to stay together. Each and every one deserves a safe and loving family.

To learn how you can provide permanence for a child, go to *https://dcf.vermont.gov/adopt*.

IT TAKES LOVE AND COMMITMENT. ARE YOU UP FOR IT?

HEALTH PROGRAMS AND CLASSES AT NORTHWESTERN MEDICAL CENTER

ONGOING

Brain Injury Support Group – third Thursday of each month, 5:30 – 6:30 PM, NMC Conference Center, Grand Isle Room. Meet other people in similar situations, share the hardships and accomplishments, gain valuable emotional support, obtain information, and discuss a variety of brain injury topics. Anyone touched by brain injury (traumatic or acquired) can attend: survivors, caregivers, friends, and family. All are welcome at our support group. Free; no registration required. For information contact Jess Leal, 877-856-1772.

Cancer Exercise Sessions – Tuesdays and Thursdays, flexible times, NMC Rehab gym, Cobblestone Health Commons. Featuring Wendy Lawrence, Physical Therapist. Pre-registration required; call 524-1064. Free for the first 8 weeks, then $40. Designed for cancer survivors; helps improve strength and balance while fighting fatigue to bring back optimal function. You'll get started with an individualized physical therapy evaluation and customized treatment if needed – both services are billable to insurance. After these first two or three visits, participants move on to a free, 8-week open gym program that is supervised by one of NMC's Athletic Trainers to continue work on strength and conditioning. Exercise with others can be fun and supportive, especially in the comfortable atmosphere of the rehab gym. After the eight week free open gym program, participants can choose to continue their workouts at the gym for a monthly fee of $40. Start the program at any time, and use the gym when it is convenient for you. Simply call our Physical Therapy team to get started and find out what hours the gym is open.

Program now enrolling First Time Mothers: Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Vermont Quit Partners Fresh Start Tobacco Cessation Class, Wednesdays, 11:00 AM – 12:00 PM, NMC Cobblestone Building, Suite 202. Pre-registration required; to sign up for a session call Chari, 524-8480. Free. Enter this class at any time and join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges.

Healing Circle Women's Cancer Support Group: first Tuesday of every month, 4:30 PM socialize, 5:00 – 6:30 PM meeting, Northwestern Medical Center Conference Franklin Room. Pre-registration not required; free. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with any questions or to RSVP (not required).

Have You Lost a Loved One to Suicide? Second Thursday of every month, 6:00 – 7:30 PM, Northwestern Medical Center's Grand Isle Room. Pre-registration not required; free. If the answer to the question is "yes," please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times, and location or to answer any questions you may have call Tony, 802-393-6503.

Chronic Disease Support Group Workshops: Various times and locations. Pre-registration required; contact Deana Chase, LICSW, 802-370-5626. Free. Are you or someone you know living with a chronic health condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. Each session is 2½ hours once a week, for six weeks.

Shadows of the Moon Autism Support Group: for one-on-one phone support, please call Cheryl at 802-868-7745 or Laura at 802-849-2817.

Alzheimer's Support Group: last Tuesday of each month, 6:00 – 7:00 PM, Northwestern Medical Center Franklin Room. Pre-registration not required. Free. This group is for those with Alzheimer's and caregivers, family members, and friends and is facilitated by Amanda Wilson. Please call the 24/7 Helpline at 800-272-3900 or visit *alz.org/Vermont* to confirm details.

Parkinson's Support Group: second Tuesday of each month, 10:00 – 11:30 AM, Pillsbury Senior Community, conference room next to the library on the first floor, 3 Harborview Dr., St. Albans. Pre-registration not required. Contact Pat, 802-524-5520, or Judy 815-895-2312. Free. This group is open to those with Parkinson's and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible.

Breastfeeding Moms Group: first Wednesday of each month, 10:30 AM – 12:00 PM. Please call 527-5586 to find location of next group. Pre-registration required; call 527-5586. Free. This group meets once a month for snacks, crafting activities, making baby blankets, and information from the experts.

Breastfeeding and Infant Massage Group: second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. No pre-registration required. Free. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting.

Latch On! Discussion Group: third Saturday of each month, 10:00 AM – 12:00 PM, Northwestern Medical Center Family Birth Center. No pre-registration required. Free. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Monday of the month, 4:00 – 5:00 PM, Northwestern Medical Center Family Birthing Center. Pre-registration required; contact Rhonda Desrochers, 802-527-7531. Free. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. Presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the Vermont Department of Health.

Foot Clinics: various times and locations. Pre-registration required. Call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: $20. Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg.

Who's Your Person, What's Your Plan? (End of Life Planning): We plan for all life's milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can't do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at *http://www.fchha.org/healthcareagent/* as well as *www.starttheconversationvt.org*. You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today. It's a gift.

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Pinkeye: what exactly is it?

Parents have been asking me some eye-opening questions about whether or not their child could get pinkeye. Let me see what I can tell you about this problem.

What is pinkeye, exactly?

Pinkeye gets its name because it describes the pink or reddish appearance of what is normally the white part of the eye and the inside of the eyelids. We also call this type of redness *conjunctivitis*.

How did my child get pinkeye?

What causes it, you might ask? Pinkeye can be due to an infection from bacteria or viruses. It can also be due to allergies or chemicals that get into the eye.

No matter what the cause, it will result in redness, tearing, itching and often a watery discharge – or, in the case of some infections, a thick white or yellow fluid. This fluid is affectionately referred to as pus. It comes out of the eyes and can sometimes cause the lids to stick together.

If caused by an infectious germ, pinkeye can be contagious. It will spread by direct contact from one infected person to another. In the case of viruses, coughing and sneezing spread it.

First steps for treatment

If you find your child with these symptoms of eye discomfort, see your child's health care professional. They can help determine the cause and in turn the treatment.

No matter what the cause, all children benefit from cleaning out the discharge with a clean, cool, wet washcloth. If it is infectious due to bacteria, then often prescription antibiotic eye drops or ointment might be recommended.

Bacterial versus viral pinkeye

If a bacterial cause is found, children can return to school after one day of drops or ointment treatment as long as eye drainage also stops. If the pinkeye is due to a virus, this may take longer.

See your child's health care professional for further evaluation and treatment if a child doesn't improve in one to two days and develops fever, blisters around the eye, or complains of severe eye pain, blurred vision, or increased tenderness and redness around the eye.

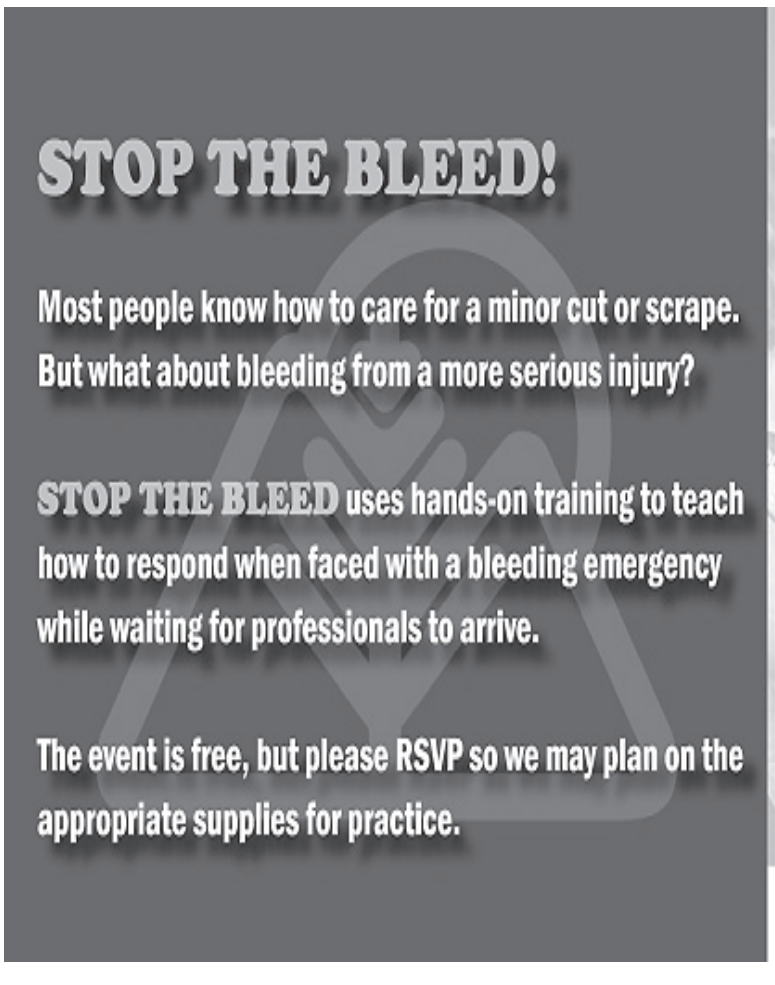
Proactive steps to prevention

Of course, the best way to deal with your child getting pinkeye or conjunctivitis is to not let it happen. To prevent this, have your child wash their hands after interacting with anyone who may have pinkeye. If another child has this problem, they should be washing their hands as well.

If you think it is due to an allergy, try to have your child stay away from what may be causing that allergy. You can do this by closing windows when the pollen count is high, keeping them away from scented or irritating chemicals like household cleaners, and avoiding their exposure to secondhand smoke.

Hopefully, tips like these will help you know what to do in the blink of an eye the next time you worry about your child having pinkeye.

Lewis First, MD, is chief of Pediatrics at UVM Children's Hospital.



Healthy Lamoille Valley receives $625,000 award

The Lamoille Valley region's primary substance misuse prevention effort among youth just got a boost to expand its work. Healthy Lamoille Valley is one of 150 national award winners of a grant from the federal Drug-Free Communities (DFC) Support Program. The DFC Program provides grants of up to $625,000 over five years to community coalitions that facilitate youth and adult participation at the community level in local youth drug use prevention efforts. The award comes from the White House Office of National Drug Control Policy.

The DFC grant — $125,000 annually over the next five years — will help fund Healthy Lamoille Valley's efforts to involve and engage the Lamoille Valley community to prevent substance use among youth. Healthy Lamoille Valley is a coalition of community organizations and individuals working collaboratively to encourage youth to make substance free healthy choices. It serves the communities of Belvidere, Cambridge, Craftsbury, Eden, Elmore, Greensboro, Hardwick, Hyde Park, Jeffersonville, Johnson, Morrisville, Stannard, Stowe, Waterville, Wolcott, and Woodbury.

"The science is clear that communities that work together to implement research-based, evidence-informed strategies to prevent and reduce youth substance misuse are successful. We are pleased that the federal government recognizes the work of Healthy Lamoille Valley and are excited to apply the funds to strengthen our collaboration and efforts within the community," said Catherine Crawley, Chair of the Healthy Lamoille Valley Steering Committee.

Recognizing that local problems need local solutions, DFC-funded coalitions engage multiple sectors of the community and employ a variety of environmental strategies to address local substance use problems. Coalitions are comprised of community leaders, parents, youth, teachers, religious and fraternal organizations, healthcare and business professionals, law enforcement, and media.

To receive regular updates on Healthy Lamoille Valley's coalition work, sign up for our mailing list at *www.healthylamoillevalley.org/signup*.

LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY

All events are free and some activities require advance registration.

The library will be closed on Thursday, November 28 and Friday, November 29 in observance of Thanksgiving.

Adult Programs

Trivia Quest — Saturday, November 23, 7:00 PM. Do you pine for pub quizzes, trounce at *Trivial Pursuit*, and jump to answer *Jeopardy*? If so, join us for Trivia Quest, our monthly contest of not-so-general knowledge.

Jazz Sunday: Linus Wyrsch NYC Trio — Sunday, November 24, 2:00 PM. Grammy award-winning clarinetist and tenor saxophonist Linus Wyrsch (originally from Switzerland) has been based in New York City for well over a decade, where he has become one of the most sought-after instrumentalists. His group features the award-winning composer and vocalist Gizem Gokoglu, who regularly impresses audiences with her seemingly impossible vocal lines and dreamy timbre. World-class accordionist Dallas Vietty completes the group and excites with his boundless creativity and infectious joy. Highly respected among their peers, they have both become regulars on the jazz circuit.

Sunday Concert Series: George Stephens and Kathy Westra — Sunday, December 1, 2:00 PM. George Stephens and Kathy Westra perform a large repertoire of songs featuring tight vocal harmonies and accompaniments on six- and twelve-string guitars and cello. They draw their material from traditional sources, as well as from contemporary songwriters whose music reflects the folksong traditions of North America, Australia, and Great Britain. Kathy's career as an environmental and conservation writer, and George's long career as a scientist with the U.S. National Oceanic and Atmospheric Administration have also inspired the duo to sing songs that express an appreciation for the wild places that provide refuge from our busy lives, and the importance of conserving our lands, waters, and natural resources for future generations.

Knitting with Neighbors — Thursday, December 5 and 19, 6:00 PM. New to knitting and looking for support to get past the first row or remember how to cast on? This is the group for you. Experienced knitter just looking for inspiration to try something new or share your knitting wisdom? This is the group for you. Not new to knitting, but new to Jericho or Underhill? You will find some friendly faces here. If you would like help picking a first time project, please feel free to contact Julie Hehir, *juliehhehir@comcast.net*.

Energy Task Force: Financing Weatherization — Thursday, December 5, 7:00 PM. Winter is fast approaching. Now is a good time to think about ways to make your home more energy efficient and cheaper to heat. Join us for a discussion about the resources available to help finance your weatherization projects. The Underhill Energy Committee and the Jericho Energy Task Force will provide an overview of the programs available. Afterwards, representatives from those programs will be on hand to answer any questions you might have. Light refreshments will be served but this is a waste-free event so please bring your own bowls and mugs. For more information contact Dwight DeCoster, *ddecoster@cvoeo.org*.

Deborah Rawson Book Lovers — Tuesday, December 10, 7:00 PM. DRBL is a monthly adult book discussion group. New members are always welcome to drop in on any meeting, which is always the second Tuesday of the month. For more information, contact *Christine@cstaffa.com*.

Scrabble — Thursday, December 12, 11:00 AM. Join us on the second Thursday of every month for the original wordplay game. Exercise your mind and improve your vocabulary (especially of two- and three-letter words).

Youth Programs

Movie and Popcorn Afternoon! — Friday, November 22, 3:30 PM. Join us for a free movie and popcorn! Our heroes discover a secret dragon utopia and quickly realize they weren't the only discoverers. We will provide popcorn and lemonade just after the movie starts. (PG; 1 hour and 45 minutes) Please visit *www.drml.org/programs* for more information.

Afterschool *Magic: the Gathering* — Wednesday, December 11, 2:45 – 4:45 PM. We'll be casting spells after school in casual rounds of *Magic: the Gathering*.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

JERICHO TOWN LIBRARY

Sensory Play Time – Tuesday, November 26, 10:30 – 11:30 AM. Join us for a drop-in Sensory Playtime! Sensory play allows children to connect ideas with concrete experiences, it stimulates the brain which helps strengthen neural pathways, while it helps develop fine and gross motor skills. Ages 0-5 years.

Story Time, Wednesdays, November 20, 27, 10:30 – 11:30 AM. Pop in for a casual hour of story time, smiles, songs, and laughter with Lisa! There's a ukulele — maybe even two! Recommended ages: 0-5 years.

Hungrytown Concert – Thursday, November 21, 6:00 – 7:00 PM. Join Rebecca Hall and Ken Anderson, otherwise known as the folk duo *Hungrytown*! After more than 15 years of world-wide touring and three album releases, the folk duo have earned a reputation for the quality and authenticity of their songwriting. Free! Donations to our local food pantry encouraged. All ages; all are welcome!

JTL Board meetings are held the second Monday of every month (December 9) at 5:30 PM. All are welcome to attend.

Jericho Town Library has new, expanded library hours: Mondays 2:00 – 5:00 PM; Tuesdays 10:00 AM – 12:00 PM and 2:00 – 5:00 PM; Wednesdays 10:00 AM – 12:00 PM and 2:00 – 7:00 PM; Thursdays 10:00 AM – 12:00 PM and 2:00 – 5:00 PM; Fridays 2:00 – 5:00 PM; Saturdays 10:00 AM – 12:00 PM.

For more information on programs and library services, please visit our website at *www.jerichotownlibraryvt.org* or call 899-4686.

VARNUM MEMORIAL LIBRARY JEFFERSONVILLE

Roald Dahl Youth Book Club, Mondays 5:00 – 5:45 PM. In the tradition of our past youth books clubs (the *Harry Potter* series and *Percy Jackson* series), this year we are going to be focusing on the works of beloved author Roald Dahl, author of such beloved classics as Charlie and the Chocolate Factory, Matilda, and James and the Giant Peach. Currently reading Charlie & the Great Glass Elevator. The book club is recommended for ages 8-12 but is open to anyone, young and old. Younger kids are welcome to participate as well, as the chapters make a perfect amount to be read aloud. Those seven and under should be accompanied by an adult to the meetings. Each meeting will include an activity/craft and a short discussion. We will also have special events like movie viewings. Copies of all the books will be provided to participants. So that we can plan accordingly, please email interest in participation to Youth Services Librarian Cari Varner, *cjvarner@gmail.com*.

Varnum LEGO Club, every other Wednesday (November 20), 3:30 – 5:00 PM. Each meeting will feature themed and free build time, team exercises, and opportunities for collaboration and — most importantly — creativity and imagination. Open to all ages. Large, Duplo, and LEGOs provided.

Baby Got Books, Tuesdays, 9:30 – 10:30 AM. A story time for the littlest patrons age 0-24 months, but all are welcome. We read age-appropriate books, sing songs, finger plays, use musical instruments, and have plenty of time for free play.

Children's Story Time and Crafts with LN, 10:00 – 11:00 AM, Thursdays. The library is a warm, cheery place for children to meet other children! Join us for stories read by people who enjoy sharing good books and a craft, too.

Crafting Circle: Working on a knitting project, crochet, or any other craft to keep cozy this fall? Join the Crafting Circle for camaraderie, tips, and encouragement. Meets Thursdays, 5:30 PM; no pre-registration required, just bring your supplies and join in!

Spanish Conversational Hour: Fridays, 6:00 – 7:00 PM. Join native Spanish speaker Milagro as she guides the group, helps with pronunciation, and plays a few games to help with vocabulary.

Handknit Afghan Blanket Raffle, Monday, December 2-Friday, December 20. Win a beautiful handknit afghan blanket — fantastic as a gift or to curl up with (with a book) yourself. Tickets $5 each or three for $10. Many thanks to Carol Plante for sharing her gift of artistic knitting and to Two Sisters Mill & Mercantile (Main St., Jeffersonville) for donating the wool. Tickets available at the library beginning December 2 and at the Congregational Church's Christmas Sale on Saturday, December 14.

VT Humanities Book Group, Saturday, December 14, 3:00 – 5:00 PM: The Blue Flower by Penelope Fitzgerald. Set in the late 18th century, it is the true story of philosophy student Friedrich von Hardenberg (later known as the poet Novalis) who wishes to wed his heart's desire, Sophie von Kuhn. His family's reaction? How could our brilliant Fritz become betrothed to a twelve-year old dullard? Copies of the book are available at the library. Sponsored by the Cambridge Arts Council.

Ravens and Crows with Bird Diva Bridget Butler: Saturday, December 14, 2:00 – 3:00 PM. Crows and their kin are a raucously entertaining group! From jays to ravens to magpies to crows, there's a lot to wonder about when it comes to these marvelously intelligent birds. Join Bird Diva Bridget Butler as she shares the natural history of these birds known as *corvids*. Find out how smart corvids really are, the difference between crows and ravens, and their complex social structures. And, learn how you can contribute to our understanding of the large winter roosts of crows through the Crows In Vermont project. Suitable for all ages.

Community Holiday Party, Wednesday, December 18, 6:00 – 8:00 PM. Everyone is welcome — come celebrate the holidays with your neighbors or meet new friends. Bring a potluck dish to share, if you can.

Crescendo Club Library Association — If you enjoy the

Library news continued on page 8

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Library news continued from page 7

Remember autumn? It will come again; just wait awhile. PHOTO BY SARA RILEY

Varnum's collection and programming, we would enjoy having you on our board! Join us for just a few hours each month and support the library.

Varnum Memorial Library is deeply grateful for the funding that is received from the Town of Cambridge. This amount does not, however, fully fund the library's expenses and your tax-deductible donations are always most appreciated. Donations can be made at the Library or sent via mail to Varnum Memorial Library, P.O. Box 198, Jeffersonville, VT 05464. Thank you!

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; *thevarnum@gmail.com*; *www.varnumlibrary.org*. Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY

The Library will be closed Thursday-Friday, November 28-29 for Thanksgiving.

Early Literacy Storytime: birth to pre-school, Thursdays, 11:00 AM. Several stories will center around a theme, and there will be a theme-based craft. All ages and levels of attention are encouraged to come; don't worry if they fidget, they are still getting a lot out of it! November 21: Thanksgiving; November 28, no storytime — happy Thanksgiving!

Thursdays, 6:30 – 8:00 PM: Fiber Arts Group. Knit, crochet, and stitch with a vibrant group. All levels welcome, help given to beginners. Questions? Contact Marianne, *mfishcar@together.net*.

Bedtime Math's Crazy 8's Math Club! Weekly through December 12-13: grades 3-4 on Thursdays; grades 1-2 on Fridays. No Crazy 8's on November 28 or 29.

Wednesday, November 20, 7:00 – 8:00 PM: Adult Book Group. This month's book is The Seeking by Will Thomas. This book has a very special Westford connection: novelist Will Thomas had been a logger in Maine, a crew member on a fishing boat in Alaska, a prizefighter on the West Coast, a script writer in Los Angeles, and a journalist in Kansas City, Chicago, and New York. In 1946 he, his wife, and three children abandoned a plan to move to Haiti to escape racial prejudice in the United States. Instead, they made the improbable decision to purchase a home in tiny Westford, twenty miles northeast of Burlington. At the time, the Thomases were the only non-white members of the community. The Seeking is the grim account of the Thomases' lives before Vermont, their decision to give living in America one last chance, and the moving, heartfelt, uplifting story of their time among the people of Westford — a life, writes Thomas, "not based on race, but on what we and they [were] like as human beings." The Seeking is an important work of 20th century African American literature, both a story of one remarkable African-American family and a story of New England race relations in the first half of the 20th century. Extra copies available.

Friday (note the different weekday), December 13, 7:00 – 8:30 PM: CookBook Club. Join us as we resurrect a Vermont favorite, River Run Cookbook (Southern Comfort from Vermont) by Jimmy and Maya Kennedy and Marielisa Colta. The iconic Plainfield establishment may be gone, but its delicious southern comfort food with a VT spin lives on. From breakfasts and gumbo, desserts, to pulled pork — there's something for everyone in this one!

The library is no longer accepting donations of books, audiobooks, and DVDs at this time for our annual Fourth of July Book Sale. We will begin accepting donations in the spring of 2020. Thank you to community for supporting our annual Fourth of July Book Sale.

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; *http://westfordpubliclibrary.org; westfordpubliclibrary@gmail.com*. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

November Art Show: For the month of November we will be showing work Judy Bush has created from paper pulp made from recycled colored papers. For most of the work, the paper is the painting. A few have printed (linocuts) on the handmade paper.

Seeking Artists and Collectors: We are currently scheduling art shows for our walls and display case in 2020. If you have framed pieces (art, photography) and would like to schedule a show, contact us to choose your month. No professional experience is necessary, just a willingness to share your talent. We're also seeking interesting collections for our foyer display case. If you are a collector of Beanie Babies, bird nests, little cars, old books, or anything else that would fit in our case that you would be willing to share, we would love to hear from you. Call or email the library.

Raffle Baskets: We will be holding a book basket raffle during the holiday season. Baskets are full of new and gently used books for readers of all ages as well as other assorted goodies. Tickets: $1 or six for $5. This year's proceeds will support the purchase of new DVD movies for the collection.

Middle School Book Club: This fun and unique book club for kids in grades 5-8 meets in the Community Room at the library once a month, October-March. Kids will be invited to read any book they want related to the theme of the month and then to come to the meeting to talk about what they read and get other great book ideas. Each meeting will have snacks, book talks, read aloud time, activities, and more. If you would like to join this bunch of energetic kids call or email the library, 434-3036/*rfl@gmavt.net*. The second book club meeting will focus on magic/fantasy books and will be held Friday, November 22, 3:30 – 5:00 PM.

Cookbook Sale: We're getting a jump on our annual book sale (held every February) by throwing in an exclusive cookbook sale on the third floor of the library during the Richmond Holiday Market. We have received an abundance of very nice donated cookbooks since our last sale and believe many of them could be of interest as gifts and/or inspiration for your holiday meals. Come take a look on Saturday, December 7, 9:00 AM – 3:00 PM.

The Traveling Storytellers Puppet Show: During this free, interactive holiday puppet show children become a part of the story, not mere observers. Holiday cheer comes alive in two puppet shows, *A Wish to Be a Christmas Tree* by Colleen Monroe, and the traditional tale of *The Gingerbread Boy*. Songs and a craft will make this a fun morning program for young children and their adults. Join us on Saturday, December 21, 10:30 AM.

Book Discussions: All are welcome to join monthly book groups at the library. Books are available approximately one month before the discussion date. *Mostly Fiction Book Group*, Tuesday, December 10, 6:00 PM: The Radium Girls: The Dark Story of America's Shining Women by Kate Moore. "A perfect blend of the historical, the scientific, and the personal, this richly detailed book sheds a whole new light on this unique element and the role it played in changing workers' rights. The Radium Girls makes it impossible for you to ignore these women's incredible stories, and proves why, now more than ever, we can't afford to ignore science, either." – *Bustle. Mystery Book Group,* Thursday, January 16: An Unkindness of Ravens (*Inspector Wexford #13*) by Ruth Rendell. For London's Chief Inspector Reg Wexford, it wasn't an official call. He was just being neighborly when he agreed to talk to Joy Williams about her missing husband, Rodney. Apparently, he went to Ipswich on business and never came home. Wexford has an idea what happened: He most likely ran off with one of his girlfriends. Or did he? (No mystery discussion in December.)

Fall Youth Programs: Details about our regularly scheduled programs appear below. Weekly children's programs at the library run September-May and follow the MMUUSD schedule for vacation days and weather closure days.

Baby Laptime: This short, active storytime is for our youngest little book lovers and their grownups. We'll look at picture books, sing simple songs, do some rhyming and bouncing, and sometimes get out the shakers and scarves. Designed for infants and early toddlers. Join us Mondays at 10:30 AM.

Playgroup with Stories and Songs: The good times kick off with songs and shakers around the colorful alphabet rug. Next up is storytime and snacks (bring your own). Then, the toys and art supplies come out for free play and crafts. Co-sponsored by the Lund Center. Kids from infant to age five and their caregivers are invited to join us in the community room on Wednesdays from 10:00 AM – 12:00 PM.

Preschool Storytime: This special storytime is for children ages 3-5. We will share picture books, songs, and activities with a focus on the six pre-reading skills that form a child's early literacy experience and help set them up for a lifelong love of books and reading. Join us on Fridays at 10:30 AM.

Free Coffee and Tea: Warm yourself with a hot cup of coffee or tea during the cold winter season. The beverage table is to the left of the circulation desk on the ground floor. Help yourself and sip while you browse, read, work, or gather with friends.

The library will be closed Thursday-Saturday, November 28-30.

Open Monday and Wednesday, 10:00 AM – 8:00 PM; Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM; closed Sunday.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); *www.richmondfreelibraryvt.org*.

DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Current Events Conversation: Wednesday, November 20, 10:30 AM – 12:00 PM. Gather with others interested in informal discussion on current newsworthy topics.

Tech Tutor: Wednesday, November 20, 4:00 – 6:00 PM. One-on-one technology help from a teen. Guarantee a time by making a 30-minute appointment, 878-4918. Drop-ins are welcome if space is available.

Poetry Slam: Wednesday, November 20, 5:30 – 7:30 PM. Join us for some friendly, creative competition at our student poetry slam. Students in grades K-12 are invited to enter and read up to two original poems per themed category: nature, short epic, personal, and poet's choice. Competition will be judged by a panel of local writers with prize winners of different age groups chosen in each category. Refreshments provided. Please preregister, 878-4918.

Read to a Cat: Thursday, November 21, 3:30 – 4:30 PM. Read to Edgar, a therapy cat in training. Pre-register for a one-on-one reading session. All ages.

Nancy Stone book release and slideshow: Saturday, November 23, 10:30 AM – 12:00 PM. Local author Nancy Stone will present the art and travels behind the making of her new book, 251 Vermont Vistas. Books will be available for sale and signing.

Read to a Dog: Wednesday, December 4, 3:30 – 4:30 PM. Read to a Lola, a therapy dog. Pre-register for a one-on-one reading session.

Movie: Wednesday, December 4, 5:30 PM. Discover the power of unconditional love, as a dog named Enzo recalls the life lessons he has learned from his race car-driving owner. Snacks provided. (PG; 108 minutes)

Williston's Energy Plan: Thursday, December 5, 7:00 PM. Find out what the proposed energy plan is for the town of Williston. Bring your questions. Sponsored by Sustainable Williston.

Meditation Program: Fridays, December 6 and 20, 12:00 – 1:00 PM. Lower your stress level and unlock calm at our bi-monthly meditation program. Learn about the different types of meditation through practice, breath-work and balancing Chakras. All levels are welcome.

Winter Holiday Party: Saturday, December 7, 10:30 AM – 12:30 PM. Kick off the winter holiday season! Help us decorate the library while you enjoy festive music and a craft for kids. Drop in for cookie decorating from 10:30 – 11:45 AM, then join us for a family sing-along and winter-themed story. Sponsored by the Friends of the Library. All ages are welcome.

Census Worker Information: Wednesday, December 11, 3:30 – 5:30 PM and Tuesday, December 17, 1:00 – 2:30 PM. Want to find out what it takes to be a Census worker? Jeanne Zimmerman will discuss the part- and full-time opportunities available with the 2020 Census VT Team in Chittenden County, now through 2020. (Applicants must be at least 18 years of age by March 1, 2020.)

Cook the Book Cookie Swap: Wednesday, December 11, 11:00 AM – 12:30 PM. Hey foodies! Stop by the library to peruse this month's selected cookbook: Chewy Gooey Crispy Crunch Melt-in-Your-Month Cookies by Alice Medrich. Participants will prepare two dozen cookies from the selected cookbook or from a family favorite recipe. Be sure to photocopy your recipe to include at the program.

Mah Jongg: Wednesday, December 11, 1:00 – 3:30 PM. Learn how to play, revisit the game, or just enjoy the game of Mah Jongg. Come alone or bring a friend and play with members of our community. All experience levels are welcome.

Technology Night: Wednesday, December 11, 5:30 – 6:30 PM. Ken Bernard of Vermont Tech offers a monthly learning technology series. This session will focus on anti-virus and device protection strategies. Bring your own device if you would like. All ages.

Read to a Cat: Thursday, December 12, 3:30 – 4:30 PM. Read to Edgar, a therapy cat in training. Pre-register for a one-on-one reading session. All ages.

Book Signing: 251 Vermont Vistas, Saturday December 14, 12:00 – 2:30 PM. Drop in to talk with local author Nancy Stone and have her sign her newly released art book. Books available for purchase.

Family Fun Night! Holiday Crafts: Monday, December 16, 6:00 – 7:00 PM. Make and take seasonal crafts, including a winter greens arrangement. Keep for yourself or give as gifts. All ages welcome.

Brown Bag Book Club: Tuesday, December 17, 12:30 – 1:30 PM Meet others who love to discuss books. This month we will discuss The Temptation of Forgiveness by Donna Leon. Books are available at the front desk. Beverages and dessert provided.

Current Events Conversation: Wednesday, December 18, 10:30 AM – 12:00 PM. Gather with others interested in discussing newsworthy topics.

Tech Tutor: Wednesday, December 18, 4:00 – 6:00 PM. One-on-one technology help from a teen. Guarantee a time by making a 30-minute appointment at 878-4918. Drop-ins are welcome if space is available.

Dorothy Alling Memorial Library, 21 Library Lane, Williston; 878-4918 or *www.williston.lib.vt.us*.

FAIRFAX COMMUNITY LIBRARY

All events are free unless noted. Pre-registration encouraged.

Tuesdays, 9:30 – 10:30 AM: Preschool Story Hour. Join us for themed stories, songs, and activities for ages 0-6. No registration needed.

Thursdays, through December 19, 3:15 – 4:30 PM: Chess Club. For Experienced Intermediate to Advanced Players, grade 4 and up. Please register at the library.

Wednesday, November 20, 3:00 – 4:00 PM: Navajo Code Talkers. Learn about the Navajo Code Talkers of WWII, and try some coding and decoding yourself! Ages 8+ Please register.

Thursday, November 21, 3:15 – 4:15 PM: Read to a Dog. Sign up for a 15-minute slot to read McKenzie, a big friendly Newfoundland dog!

Hours: Monday, Wednesday 8:30 AM – 5:30 PM; Tuesday, Thursday 8:30 AM – 8:00 PM; Friday 8:30 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM. *www.fairfaxvtlibrary.org*, 802-849-2420. Call or email *libraryprograms@fwsu.org*. For up-to-date info about programs, visit our website: *www.fairfaxvtlibrary.org, where you can also find a link to the interactive Google calendar.*

BROWNELL LIBRARY, ESSEX JUNCTION

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday: 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or *frontdesk@brownelllibrary.org*.

ESSEX FREE LIBRARY

Evening Book Group: Thursday, November 21, 6:30 – 7:30 PM. Please join us to discuss As Bright as Heaven by Susan Meissner.

Storytime with Jasmine: Mondays, 10:30 – 11:30 AM. Enjoy reading, rhyming, and crafts each week! All ages.

Writers' Group: second and fourth Tuesdays, 6:30 – 7:30 PM. Interested in building some structure into your writing life? Looking for thoughtful feedback? Join us! All levels and genres welcome as we come together to share our work and offer support to one another.

Drop-In Knitting Club: Tuesdays, 6:30 PM, and Thursdays, 1:00 PM. Bring in your current knitting project or start a new one in the company of fellow knitters! (Canceled Thursday, November 28.)

Tech Time: Wednesdays, 10:00 – 11:00 AM. Need some tech help? Drop in with your device and your questions!

Lego Club: Thursdays, 3:00 – 4:00 PM. Join in the LEGO fun. (Canceled Thursday, November 28.)

Musical Storytime: Fridays, 10:30 – 11:30 AM. (Canceled Friday, November 29.) Rock'n'Read with Caitlin on Friday mornings with books, songs, and instruments. All ages.

Weekend Storytime: Saturdays 10:30 – 11:30 AM. Start off your weekend with books, rhymes, and songs on Saturday mornings! (Canceled Saturday, November 30.)

Spanish/English Intercambio: Saturdays, 12:00 – 2:00 PM. (Canceled Saturday, November 30.) If you are a native English speaker who wants to learn or improve your Spanish or if you are a native Spanish speaker who wants to learn or improve your English, our intercambio may be for you! For the first hour of every session we will speak exclusively in Spanish and for the second hour we will speak exclusively in English. Come join the conversation!

Essex Free Library, 1 Browns River Rd., Essex. Hours: Monday, Wednesday, Friday: 9:00 AM – 5:00 PM; Tuesday, Thursday: 9:00 AM – 8:00 PM; Saturday, 9:00 AM – 2:00 PM. 802-879-0313; *www.essexfreelibrary.org*.

PEOPLE NEWS - OBITUARIES

Mary S. Bassett, of Underhill, VT and South Burlington, VT, age 92, went to be with her God on Saturday, October 26, 2019. She leaves a life marked by integrity, thoughtfulness, service to others, and love of family. She took great pleasure in meeting new people and treated everyone with dignity and respect. Mary was born in Lowell, MA on January 18, l927 to William J. and M. Hazel Corby. She was a graduate of Lowell High School and Lowell State Teachers College, class of 1949, and was a student of graduate studies at Lesley College and the University of Vermont. Mary was married in July 1950 to Cyrus William Bassett, also of Lowell. They shared 68 years of marriage before his death on September 7, 2018. She was a devoted wife, mother, and grandmother and took great joy in the many travels and adventures offered through her husband's military career in the U.S. Army. She served as President of the Officers Wives Clubs, in Neu Ulm and Hanau, Germany, and Ft. Carson, CO. She also served as Vice President of the Military Council of Catholic Women in Europe. Upon her husband's retirement from the military, they moved to Vermont and taught at the Colchester Middle School from 1978-1989, where she served as NEA building representative and was twice chosen Teacher of the Year. After her retirement from teaching, she served as Member at Large for the Vermont School Boards Association, Chair of the Underhill Central School Board, member of the Jericho School Board, Chair of the Debra Rawson Memorial Library board, Chair of the Parish Council and Liturgy Committee at St. Thomas Church, and as a Justice of the Peace in both Underhill and Jericho. She is survived by her four children: David C. (wife Lynda) of Norwood, MA; Kathleen Bassett Cramer of Jericho, VT; Douglas C. (wife Stephanie) of Chicago, IL; and Michael A. of Colchester, VT; by her three grandsons William R. Cramer of Montclair, VA, Colin M. Cramer of New York City, NY, and Joshua Jasso of San Antonio, TX; by her cousins Paul and Donna Birrow, Peter and Susan Birrow, Annabelle and Richard Fulks, Jane Cunningham, Kate Howe, Richard and Cynthia Howe, and Dana Howe DeFillippi, Roger and Doreen Diener; by nieces and nephews Martha and Thomas Dufresne, Mary E. Bassett and Art, Ann and Richard Bienvenue, Drs. Robert and Marilyn Ray Bassett, Thomas and Carol Spindel Bassett, Jay and Violet Mathy, and Richard and Michael Bassett. She was predeceased by her parents, brother and sister-in-law Robert and Margaret (Scanlon) Bassett, brother-in-law Joseph Bassett, and cousins Muriel and Fred Howe and Richard and David Gillis. A Funeral Mass at St. Thomas Church, Underhill Center, VT was scheduled for Monday, November 11, 2019. Burial was Tuesday, November 12, 2019 at the Vermont Veteran's Memorial Cemetery in Randolph, VT. In lieu of flowers, please consider donating to the Debra Rawson Memorial Library, 8 River Rd., Jericho, VT 05465, or St. Thomas Church, 6 Green St., P.O. Box 3, Underhill Center, VT 05490. Arrangements are in the care of the Ready Funeral & Cremation Service. To send online condolences, please visit www.readyfuneral.com.

With great sorrow, we must inform all that **Marcus Clarence Morris**, age 53, of Jericho, VT passed away on Sunday, October 27, 2019. He had been ill for quite a few years with lung cancer, COPD, and emphysema. He fought a very brave and valiant battle. Marcus graduated from South Burlington High School in 1983 and attended one year of college at Vermont Technical College in Randolph, VT. He later went on to become wonderful short-order cook at the Parkway Diner in South Burlington and did this as a profession for quite a few years. He was a wonderful husband, father and step-dad, son, brother, step-grandpa, and uncle. He loved fishing (it was his favorite passion), camping, playing video games with the boys, watching movies, and playing cards, especially Pinochle. He also had a keen sense of humor and sharp intellect and entertained us all with his jokes and stories. He always tried to be positive and complimentary to everyone. He was also very adamant about treating his step-daughters and grandchildren as if they were his own. Marcus is survived by his wife of 20 years, Tamara (Tabor) Morris, and his sons David L. and Derek L. Morris, all of Jericho; his mother Grace A. Morris, of Highgate, VT, and his sisters Michelle A. and her husband Frank Kurek of Westford, VT and Sharon G. and her husband, Clement J. Martel, Jr. of Essex, VT; his step-daughters Jessica Adam of Williston,VT and her daughters, Samatha and Tabitha Adam and her significant other, Derek Murray of Starksboro, VT and their children Ava and Dominick; several nieces, nephews, and his mother-in-law Katherine Allen of Edgerton, MO; and last of all, his best friend and companion, his cat, Kitty. He was predeceased by his father Clarence C. Morris in August 2017, his brother David L. Morris in June of 1998, his sister Diane M. Keen in August of 1992, and his father-in-law Robert Tabor in 2019. There was a Graveside Prayer Service held on Saturday, November 9, 2019 in Resurrection Park, Hinesburg Rd., South Burlington, VT officiated by Father Lance Harlow, with a Celebration of Life following in the lower hall of St. John Vianney Church, Rd., Hinesburg Rd. Elmwood-Meunier Funeral Home was in charge of arrangements.

Faith Donoghue formerly of Undrhill, VT, died peacefully on November 7, 2019 at St. Mary's Home at Felician Village in Manitowoc, WI. She was born Faith Marie Williams to the late Albert and Madeline Williams in Brooklyn, NY on December 27, 1920. Faith was raised in Underhill, VT and Greenfield, MA. She attended Vermont schools until her college years at the University of New Hampshire, Durham. Faith graduated with a degree in English and was recruited to join the W.A.V.E.S. (Women Accepted for Volunteer Emergency Service), a unit of the U.S. Naval Reserve. There she worked to decode classified military communications. After the war, Faith worked for U.S. News and World Report. In 1949, she married John Durbrow and they raised their five children in Underhill Center, VT. Faith worked primarily as a teacher and librarian, most recently at Mount Mansfield Union High School. She corresponded until her death with the dear friends she made at MMUHS. After being widowed in 1974, she married John Donohue of South Burlington, VT in 1982. Faith enjoyed her role in the lives of John's four adult children, their spouses and grandchildren. She was widowed again in 1986. Faith once said the most important event she witnessed in her 90 plus years was the shift in the status of women, especially their economic power, resulting from the social restructuring of the 1960s and 1970s. Faith's interests included her P.E.O. sisterhood, genealogy, her beloved 200 year-old non-fiction book club "Fortnightly", UVM's Master Gardener Program, the Underhill Historical Society, and service to St John Vianney parish in South Burlington. Classical music was her constant companion. Faith leaves her five children, Mary Medora (Deborah Dempsey) Durbrow, Bellingham, WA; John (Karen Steingraber) Durbrow, Manitowoc, WI; Kenneth (Luann Miller) Durbrow, Santa Fe, NM; Timothy Durbrow, Underhill Center, VT; and Deborah (Johh) Sherlock, New Haven, VT. Faith's surviving stepchildren include Christine Hannaford, Virginia; Martha Donoghue, Burlington, VT; Michael (Anne Marie) Donoghue, Burlington, VT; and Mary Frances Collins, South Burlington, VT. Through the combined families, she leaves 13 grandchildren and 13 great grandchildren. Memorial services were held at the Blessed Angela Chapel at St. Mary's Home at Felician Village. Online condolences may be sent to the family at *www.harriganparksidefuneralhome.com.*

PEOPLE NEWS

Lynne Robbins and Ruth Kagle, both Jericho residents, have graduated from the Early Childhood Leadership Institute (ECLI) Saturday, October 19 at Lake Morey Resort in Fairlee. Kagle (left) is currently an Early Childhood Special Educator for Burlington School District. Robbins (right) is currently the Early Childhood and Afterschool Systems Specialist for the Child Development Division in Waterbury. For more information about the Early Childhood Leadership Institute and the Snelling Center for Government's other leadership development programs, please visit **www.snellingcenter.org** ***or call 802-859-3090.***

PHOTO CONTRIBUTED

DRML basket raffle

The Deborah Rawson Library has 10 holiday baskets out for your perusal, and you can bid on them through the end of this month. Tickets are $1 (6 for $5) and are available at the library through Saturday, November 30. The basket themes are: Good Books with chocolate and tea, Everything Equestrian, Coffee Delights, Holiday Baking, Outdoor Adventures, Bow Wow!, Opera Lovers, Puzzle Solver, Snowflake Chocolates, and Birds & Blooms. These would be fun for the family and would make great holiday gifts. Come and take your chance! You participation supports your library!

Upper Valley Tree Farm

Choose & Cut Your Own Balsam Fir Trees

Wreaths and Maple Syrup Available

Saturday and Sunday • 9 to 4
Monday through Friday • 12 to 4
November 29 through December 24

Upper Pleasant Valley Road • Turn at Smugglers Notch Inn
2 miles off Route 108 in Jeffersonville
Follow the tree signs from Route 15 in Jeffersonville, 434-4762
1869 Upper Pleasant Valley Road, Jeffersonville VT 05464
Facebook: *uppervalleytreefarm*

MISCELLANEOUS NEWS

Ecology, Natural Resources, and Planning Action courses

Why is it important to plan for Vermont's ecology and environmental natural resources? And how can we take action in our communities?

The Agency of Natural Resources (ANR) has a two-course series that is being presenting throughout the state to talk about those questions. The courses are designed primarily for those involved in natural resources planning and conservation work, and are open to those throughout the region.

The courses were developed collaboratively by all three branches of ANR.

Vermont's Ecology and Environment (NR1): This first course provides the scientific concepts behind the natural resources planning issues Vermont communities often face. Participants will be introduced to a full suite of natural resources — forests, wildlife, floodplains, climate change, and much more — through a framework designed to facilitate prioritization and improve understanding of how Vermont's various natural resources work together. Presentations are interspersed with interactive hands-on activities. This is a two-part series to be held at the Richmond Town Hall on Thursdays, December 5 and 12, 6:30 – 8:30 PM each day. Suggested donation of $25 to benefit the Association of Vermont Conservation Commissions. To register, contact *Monica.Przyperhart@vermont.gov*.

Taking Action in Your Community (NR2) This sequel to Vermont's Ecology and Environment helps participants choose locally appropriate land use planning strategies for conserving natural resources. It uses case studies and exercises to show how taking action can work in real life. The overall goal is to build understanding of what you can do, how to work with different people in your community, how to choose ways to protect natural resources, and how to make results happen! This is a two-part series to be held at the Richmond Town Hall on Tuesdays, January 28 and February 4, 6:30 – 8:30 PM each day. Suggested donation of $25 to benefit the Association of Vermont Conservation Commissions. To register, contact *Monica.Przyperhart@vermont.gov*.

Winter Wildlife Ecology and Forest Management Walk

Join Ethan Tapper, Chittenden County Forester, and Andrea Shortsleeve, Wildlife Biologist for Vermont Fish and Wildlife for a free, public walk of an active timber harvest at the Hinesburg Town Forest (HTF) on Saturday, December 21, 1:00 – 3:00 PM. This walk will highlight winter wildlife ecology, wildlife tracking, and the active forest management underway at the HTF, and how this work at the HTF is expected to influence wildlife habitat and behavior.

The Hinesburg Town Forest is an 864-acre property owned by the Town of Hinesburg and managed by the Chittenden County Forester since the 1950s. It is a beloved resource, used by people from all over the region for hiking, mountain biking, bird and wildlife watching, and other activities.

To join the walk, meet at 1:00 PM at the plow turnaround at the end of Economou Road, Huntington. Be prepared to spend two hours out in the elements, including some walking over uneven and slippery surfaces.

Free community supper from Cub Scouts

Cambridge Cub Scout Pack 839 is hosting a free community supper on Saturday, November 23, 5:00 - 7:00 PM at the Jeffersonville Second Congressional Church. The cubs will be cooking spaghetti, mac and cheese, salad, bread, and dessert. It our way of saying thank you to our community for all of you support. Please join us, say hi to friends and neighbors, and perhaps join us in a song or two! This supper is free and open to all, please bring a donation of a non-perishable food item to the food shelf if you can.

The Perfect Gift This Holiday Season!

The Official 2019

Snowflake Bentley

Pewter Ornament by Vermont Snowflakes

Beautifully Gift Boxed (with flannel pouch) and Ready to Give!
$19.50 ea

Come Visit! Browse our unique collection of Vermont hand made gifts, Bentley snowflake photos and jewelry as well as Christmas items.

Old Mill Craft Shop
Route 15, Jericho 899-3225
Hours: Mon. - Sat. 10-5 Sun. 11:30-4
Owned and operated by the Jericho Historical Society
www.snowflakebentley.com www.jerichohistoricalsociety.org

ART / MUSIC / THEATER

***Joel Najman, long-time host of* My Place, *which airs on VPR (107.9 FM) at 8:00 PM on Saturdays, turned 75 on November 8. Najman's Vermont career started at WFAD in Middlebury, where he attended Middlebury College. He worked at a variety of Vermont stations over the years, serving as morning announcer, program director, and news director. He moved to VPR in the early 1980s, and since 1982 has been the "host and producer" of his weekly show. Najman was inducted into the VT Association of Broadcasters Hall of Fame in 2004. Self-taught, Najman taps his wide and deep knowledge of the music and the times of the doo-wop and rock music of the 1950s and 1960s — and the times before, and since. There are so many kinds of music that he loves, and knows everything about! He knows that her first recording listed her as "Diane Ross." Want to know all about the records produced by the son of Doris Day? Or all about an obscure-to-us doo-wop band from the early '50s? A program dedicated to songs with spoken lyrics, or that mention a particular season? There's always more to hear and learn at* My Place!**

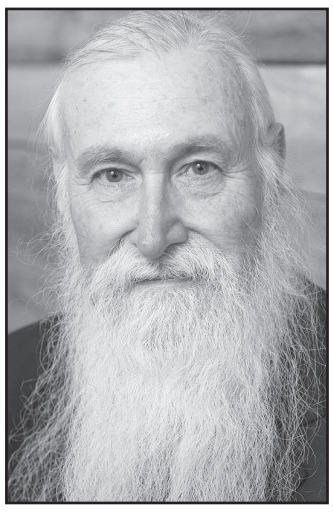

PHOTO CONTRIBUTED

ART/PHOTOGRAPHY

Established and emerging artists present art work in any medium for *Beyond the Seed*, an exhibit running through December in the Jericho Town Hall. The show is open during regular Town Hall hours. Enjoy a snack and stop by, on your way home or on your way to work, and see the show.

Emile A. Gruppe Gallery presents Tom Waters' *Forest, Field & Stream* — landscapes in oil, which will run through Sunday, November 24. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; gallery hours 10:00 AM – 3:00 PM, Thursday-Sunday or by appointment, 899-3211.

Walk through the beautiful woods and gardens of unique Jericho artist Marcia Rosberg in a new retrospective exhibit of her paintings at Mount Mansfield Community Television's studio, 35 W. Main St., Richmond. The exhibit will be open to the public during our office hours until Sunday, March 1. Stay tuned for a special reception and video about the artist soon. For more information and to check that we are open when you drop by, call 434-2550. Our website: *MtMansfieldCtv.org*.

Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 6:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit *www.VisionsofVermont.com*.

Dianne Shullenberger Gallery, 228 Nashville Rd., Jericho; 899-4993 or *vtdianne@hotmail.com*.

Helen Day Art Center, 90 Pond St., Stowe. Open Tuesday-Saturday, 10:00 AM – 5:00 PM and by appointment; 802-253-8359, *www.helenday.com*.

River Arts of Morrisville Inc., 74 Pleasant St., Morrisville; 802-888-1261, *http://www.riverartsvt.org*.

Milton Artists' Guild Art Center & Gallery, 199 U.S. Rt. 7 South, Milton; open Wednesday-Saturday, 10:00 AM – 6:00 PM and Sundays, 11:00 AM – 3:00 PM (closed Monday and Tuesday); *https://www.miltonartistsguild.org*.

HAVOC Gallery, 27 Sears Lane, Burlington; *www.HAVOCGallery.com*; *HAVOC@havocgallery.com* or 800-639-1868. Hours: Wednesdays, Thursdays, and Fridays, 9:00 AM – 5:00 PM and every first Friday, 5:00 – 8:00 PM.

Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; *www.bryangallery.org*. Gallery hours: Thursday-Sunday, 11:00 AM – 4:00 PM, and by appointment.

MUSIC

The Westford Music Series 2019-2020 is held Sundays at the White Church on the Common, 4:00 – 5:00 PM (usually). Open to the public; refreshments will be served. December 15: *Heliand Consort* will offer a holiday season program, 7:00 PM, demonstrating their well-known dynamic and creative sensibilities. This quartet with its virtuoso woodwind and piano chamber music will perform an engaging repertoire of classical music from the baroque through 20th century contemporary genre. Featuring the eclectic mix of the most compelling music of our time, from Nico Muhly and Valerie Coleman to Belinda Reynolds and Padma Newsome, the exciting, hour-long concert will be unlike anything you've experienced. Instruments including piccolo, bassoon, clarinet and vibraphone will fill out a program of the highest caliber including folk songs and classical compositions. January 5: *Spintuition* (Young Tradition Vermont); February 9: Allison and Cameron Steinmetz; March 15: Christine Malcolm; April 5: Patrick Fitzsimmons; May 3: Paul Asbell. For information, 802-879-4028.

THEATER/FILM

Performance dates for Shelburne Players' fall play *The Secret Garden* are Thursday-Saturday, November 21-23. For more information, contact Sue Martin, *suemartin455@yahoo.com* or Director Beth Curtis, *bcurtis5440@yahoo.com*; and check the website – *www.shelburneplayers.com* – for more details and updates.

Local event videos at MMCTV

MMCTV volunteers/community producers and staff recently produced these videos of local note:

- Underhill Schoolhouse #5 Dedication: *https://archive.org/details/underhillschoolhousededication10132019*;
- MMU Boys Varsity Soccer vs. CVU at BHS, November 2, 2019: *https://archive.org/details/mmuboyssoccerchampionshipcvu11022019*;
- Halloween at Richmond Free Library's Playgroup: *https://archive.org/details/richmondfreelibraryhalloween2019*;
- Food Solution Forum: Who Fishes Matters: *https://archive.org/details/FSFWhoFishesMatters9min*;
- Racism in America: An Inside Look at Mass Incarceration by a Black Vermonter: *https://archive.org/details/racisminamerca10222019.*

For more information: *MtMansfieldCTV.org*.

Smugglers' 55+ Club for Seniors On The Hill

Smuggs 55+ Club for Seniors on The Hill (not over it!) is starting its annual membership drive for the upcoming ski season. Our members like to ski (either Alpine or Nordic), snowboard, snowshoe, and some are non-skiers. We all basically enjoy activities with our peers. During the off season we do a wide variety of summer outdoor activities. We gather Wednesday mornings at 9:00 AM in the Smugglers' Notch Morse Base Lodge for coffee and pastries from December 4 through March 25. After brief socializing and meeting, we disperse for skiing or snowshoeing. January through March we also have afternoon programs of interest to our community. Membership is $30/year. If you'd like to join or get more information, please email *smuggs55plus@gmail.com*, check us out on Facebook at "Smugglers' Notch 55+ Ski Club," or just come to one of our meetings.

Town of Jericho
P.O. Box 39, Jericho, VT 05465
(802) 899-9970 x 3

NOTICE TO LOCAL SNOWPLOW OPERATORS/HOMEOWNERS

Please be reminded that it is illegal according to the following State Statue to deposit snow on or across town highways.

§ 1126a. **Depositing snow onto or across certain highways prohibited**

(a) No person, other than an employee in the performance of his or her official duties or other person authorized by the agency of transportation (in the case of state highways) or selectboard (in the case of town highways), shall plow or otherwise deposit snow onto the traveled way, shoulder or sidewalk of a state highway or a class 1, 2 or 3 town highway.

(b) Nothing in this section should be construed to be in derogation of any municipal ordinance regulating the deposit of snow within the limits of the town highways.

The penalty for this minimum $41.00 to a maximum of $1,191.00
Waiver penalty is $70.00

You can be civilly liable for an accident caused by snow being pushed into highway.

This activity creates a potentially unsafe situation for all motorists and an additional workload for the highway crew. We would greatly appreciate your cooperation in efficient, safe winter maintenance of our roads. Thank you.

Jericho Selectboard
Catherine McMains
Tim Nulty
Kim Mercer

TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD

NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 pm on WEDNESDAY December 11, 2019 at the Jericho Town Hall to consider the following

- A request to the DRB by Mazza Barber Farm Properties LLC and Dan Rexford for a sketch plan review for a condition use review of as sand extraction and farmland reclamation project. This property is located at 308 Route 117 which is in the Rural Agricultural Residential Zoning District.

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn
Zoning Administrator
cflinn@jerichovt.gov

UNITED WAY OF NORTHWEST VERMONT – VOLUNTEER CONNECTION LISTINGS

By Sue Alenick
United Way Volunt eer Columnist

United Way of Northwest Vermont's mobile-friendly Volunteer Connection connects you to hundreds of local volunteer needs. Search by age, date, county, interests or causes that are important to you. Stay connected to community needs. Go to *www.unitedwaynwvt.galaxydigital.com* or contact us, *volctr@unitedwaynwvt.org* or 860-1677.

FOOD SHELF – NorthWest Family Foods is looking for volunteers between 9:00 AM – 12:00 PM to weigh and sort donations from local grocery stores. Volunteers may also assist with pick-ups from local donors, stocking shelves, and helping to prepare for opening. Contact Toni Auriemma, 527-7392, Ext. 106, or *tauriemma@cvoeo.org*.

THANKSGIVING MEAL – Dismas House invites volunteers to help cook a portion of their Thanksgiving dinner and then join residents for the meal. A great opportunity for those without plans for the holiday or for small families who want to share a meal with an appreciative group! Thursday, November 28, 11:00 AM – 2:00 PM at Buell Street in Burlington, and/or 2:00 – 4:00 PM at East Allen Street in Winooski. Contact Zoe Bishop, 658-0381 or *zoe@dismasofvt.org*.

ASSISTANT – CarePartners Adult Day Center, Inc. is seeking volunteers to help support participants in all aspects of the Activities Program by playing a game, helping with a craft project, reading a story, chit-chatting, or lending a hand in some other way. Flexible schedule, two or more hours once or twice a week. Contact Sue Chase, 527-0548, Ext. 11 or *info@carepartnersvt.org*.

PACK IT UP – Salvation Farms has need of volunteers to schedule a "pack day" in their surplus food hub in Winooski from Friday, December 20 until the beginning of February. Volunteers will be cleaning and packing large amounts of surplus crops donated by Vermont farmers for charitable food sites in the Chittenden area and beyond. This is a great volunteer opportunity for groups. Weekdays between 9:00 AM – 3:00 PM. Contact Danielle Smith, 888-4360 or *danielle@salvationfarms.org*.

PHONATHON – COTS is gearing up for its 2019 Phonathon and is looking for callers and mailroom volunteers for each of the six Phonathon nights from Monday, December 2-Wednesday, December 11. Dinner kicks off each night at 5:00 PM, then orientation and calling begin. All calls are made to current COTS supporters. Join this fun event and enjoy refreshments, raffles every half hour, and more! Contact Reagan Murphy, 864-7402, Ext. 207, or *reaganm@cotsonline.org*.

MENTOR! MENTOR! – Spectrum Youth & Family Services is in need of healthy, responsible adults, in Chittenden County to enjoy fun activities with a young person in the local community. A day at the beach, a bike ride, a craft project, a movie, and more can mean so much to a youth when shared with a caring adult. Contact Stephanie Ball, 864-7423, Ext. 321, or *sball@spectrumvt.org*.

MORNING SUPPORT – Winooski Senior Center is looking for Morning Support Volunteers to greet seniors, encourage engagement in activities, answer phones, and help with nutrition programs. Contact Olivia Miller, *volunteer@winooskivt.gov.*

ADAPTIVE SPORTS INSTRUCTORS – Vermont Adaptive Sports is searching for energetic, dedicated individuals who have a passion for outdoor recreation and want to share that passion with others. Our volunteers help individuals with disabilities rediscover their abilities and enjoy sports and recreation on a daily basis. Activities include paddling, cycling, mountain biking, climbing, skiing, snowboarding, Nordic skiing, and more. If you are competent in the activity, we provide the disability and adaptation training. Contact Maggie Burke 786-4991, Ext. 30 or *managingdirector@vermontadaptive.org*.

HOLIDAY GIVING – KidSafe Collaborative is again coordinating with the Department for Children and Families to get gift cards for kids in foster or kinship care or whose families are struggling so that DCF is involved. Volunteers can purchase a $20 or $25 gift card from local merchants and then send them to KidSafe at 45 Kilburn St., Burlington, VT 05401 by Monday, December 2. For information contact Lisa Simon, 863-9626 or *lisas@kidsafevt.org*.

SMALL BUSINESS MENTORS NEEDED – SCORE Vermont volunteer mentors are needed to share their knowledge and experience to help entrepreneurs realize their dreams of business success. Mentors may come from many backgrounds: accounting, marketing, legal, manufacturing, etc., and may have owned small businesses or worked for major companies. Training is provided as are opportunities to attend events and share friendship with fellow SCORE members. For information, contact 764-5899 or *Champlain.valley@scorevolunteering.org*.

SMALL ELECTRONICS INTERN – ReSOURCE is offering an opportunity for a volunteer to serve as a Small Electronics Intern to support re-use by testing, pricing, and repairing electronics (monitors, stereos, video game systems, etc.). Volunteers can also assist customers with electronics and computer selection and pick up donations. Volunteers should be able to stand, bend, and sit through the work day, and occasionally lift up to 50 pounds. Benefits include a store discount! Contact Nicole Clements, 658-4143, Ext. 352 or *volunteer@resourcevt.org*.

A TAXING TIME – Working Bridges is looking for volunteers to serve in its Mobile Tax Preparer program to help provide free tax assistance for low-wage workers at their workplaces. Volunteers serve at least four hours a week from early February through early April, usually between 8:00 AM – 5:00 PM. Returns are prepared online using TaxSlayer Online (provided by the IRS) and the workplace's computers and printers. Training can be done online or in classroom sessions, and volunteers must pass an IRS Certification Test. Background check required. Contact Connie Beal, 881-4218 or *connie@unitedwaynwvt.org*.

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$5 SUGGESTED DONATION
Help Age Well continue to provide services.
Donations can be mailed or visit:
agewellvt.org

COMMUNITY MEALS
Food where you choose

NOVEMBER 2019: CHITTENDEN COUNTY

- Available to those 60 years of age and older
- Menus are available on the 22nd of each month for the following month
- Call Age Well's NEW Community Meals/Restaurant Ticket Program reservation number: 802-662-5200 beginning at 10:00 am for the following month on, or after, the 22nd. If the 22nd falls on a weekend, reservations may be made the following Monday
- Meals are on a first-come, first-serve, month-by-month basis
- Milk is served with all meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	**5 Ray's Seafood** Essex Junction Check-in 10:30 am Lunch 11:00 am Fish, potato, coleslaw, squash, roll, & creemee	**6 Harvest Delight** Richmond Holy Rosary Church Hall Check-in 11:00 am Lunch 12:30 pm Traditional Thanksgiving Dinner Entertainment: Ted LeBlanc **Tickets only, see Pat Long 802-557-5484**	**7 Dutch Mill** Shelburne Check- in 10:30 am Lunch 11:00 am Spaghetti and meatballs, garden salad, & strawberry shortcake	8
11 Holiday No Meal Served	**12 Pizza Hut** Susie Wilson Road, Essex Junction Check-in 11:00 am Lunch 11:30 am All you can eat buffet, salad bar, pasta, & pizza	**13 JP's Diner & Deli** Essex Junction Check-in 10:30 am Lunch 11:00 am Meatloaf dinner, mashed potatoes, vegetable and strawberry shortcake	**14 Thanksgiving Celebration** South Burlington Holiday Inn Express - Sunset Ballroom Check-in 11:00 am Lunch 12:30 pm Traditional Thanksgiving Dinner Entertainment: The Butterfields **Tickets only, see Pat Long 802-557-5484**	15
18 Papa Nick's Hinesburg Check-in 2:30 pm Lunch 3:00 pm Traditional Turkey dinner	**19 Ray's Seafood** Essex Junction Check-in 10:30 am Lunch 11:00 am Fish, potato, coleslaw, squash, roll, & creemee	**20 Athens Diner** Colchester Check-in 10:30 am Lunch 11:00 am Baked ham dinner, mashed potatoes, vegetables, wheat roll, & fruit dessert	**21 American Legion** Colchester Check-in 10:30 am Lunch 11:00 am Chicken parmesan with spaghetti, side salad, & fruit cup	22
25	**26 Athens Diner** Colchester Check-in 10:30 am Lunch 11:00 am Roast pork dinner, mashed potatoes, vegetables, & fruit dessert	**27** **No Mealsite**	**28** **Holiday Happy Thanksgiving No Meal Served**	

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Mansfield Nordic Club adult and youth programs

Registration is open for Mansfield Nordic Club's youth and adult programs.

If you have kids who love to ski, or if you are interested in introducing them to the sport, MNC offers several programs for young athletes.

Our *Penguins* program is an introductory option for skiers ranging from grades K-1. Our *Jackrabbits* (grades 1-4) are younger, newer skiers who have a focus on improving technique and fitness, while having fun and getting to know what ski racing is all about. The *Arctic Foxes* (grades 5-8) are older skiers who love having fun on snow but aren't interested in racing at this time. The *Racing Team* (grades 5-8) are older skiers who love to ski and want to learn how to go faster!

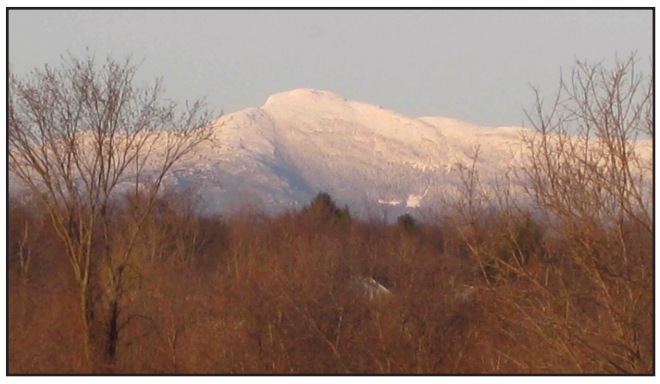
For adults, we offer coach-led Masters programs in the afternoon during our youth programs, as well as evening sessions.

Mansfield Nordic Club (MNC) is a ski club based in Jericho. The only Nordic-specific club in New England certified at the Bronze-level classification by U.S. Ski and Snowboard, MNC offers programming for all ages and abilities. All programs take place at the Camp Ethan Allen Training Site in Jericho, where trails with lights and snowmaking make for great skiing even in the darkest months!

If you are interested in learning more about MNC programming please visit the following links:

For young skiers: *http://www.mansfieldnordic.org/bkl/kids/*

For adults: *http://www.mansfieldnordic.org/masters/masters-winter-training/*



Winter snow in fall. PHOTO BY SARA RILEY

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Essex - $460,000
Light-filled contemporary w/ 65+ acres. 4 bdrm, 2.5 bath w/ renovated eat-in kitchen. Lg great rm w/ vaulted ceilings & sunroom. Master w/ ensuite on main level. Lower level features 3 bdrms, full bath, & a cozy family room w/ wood burning stove. Back deck overlooks beautiful yard w/ perennials. Detached 2-car garage.

Fairfax - $449,500
Meticulouly maintained 4 bedroom, 3 bath home on 10.8 private acres. Custom eat-in kitchen w/ granite counters. Gracious dining room & large sunlit living room with fireplace & hearth. First floor master with ensuite bath, walk-in closet & cozy fireplace. Beautiful master gardener planned grounds with ponds & greenhouse.

Swanton - $268,500
Bright, sunny home with 1-level living & open floorplan. 1.64 acre parcel with the meandering Missisquoi River running along the back edge. Lg great rm with hardwood floors, gas fireplace, & sliding glass doors is open to the kitchen featuring an island. 3 bdrms. Full basement waiting for your finishing touches. Enjoy the central AC

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Welcome Bryant!

Dr. Bryant Hazelton DPT

Bryant is a native Vermonter who graduated from UVM with a degree in Psychology. He spent 2 years working with children with physical disabilities before returning to the UVM for his doctorate degree in physical therapy. Bryant has spent the past 6 years working as a travel physical therapist and has returned to Vermont to continue his career in outpatient physical therapy at Transitions PT in Jericho. Bryant has a passion for travel, spending time with friends and family and outdoor recreation. He lives in Underhill with his wife, Caitlin.

Bryant is currently accepting new patients.

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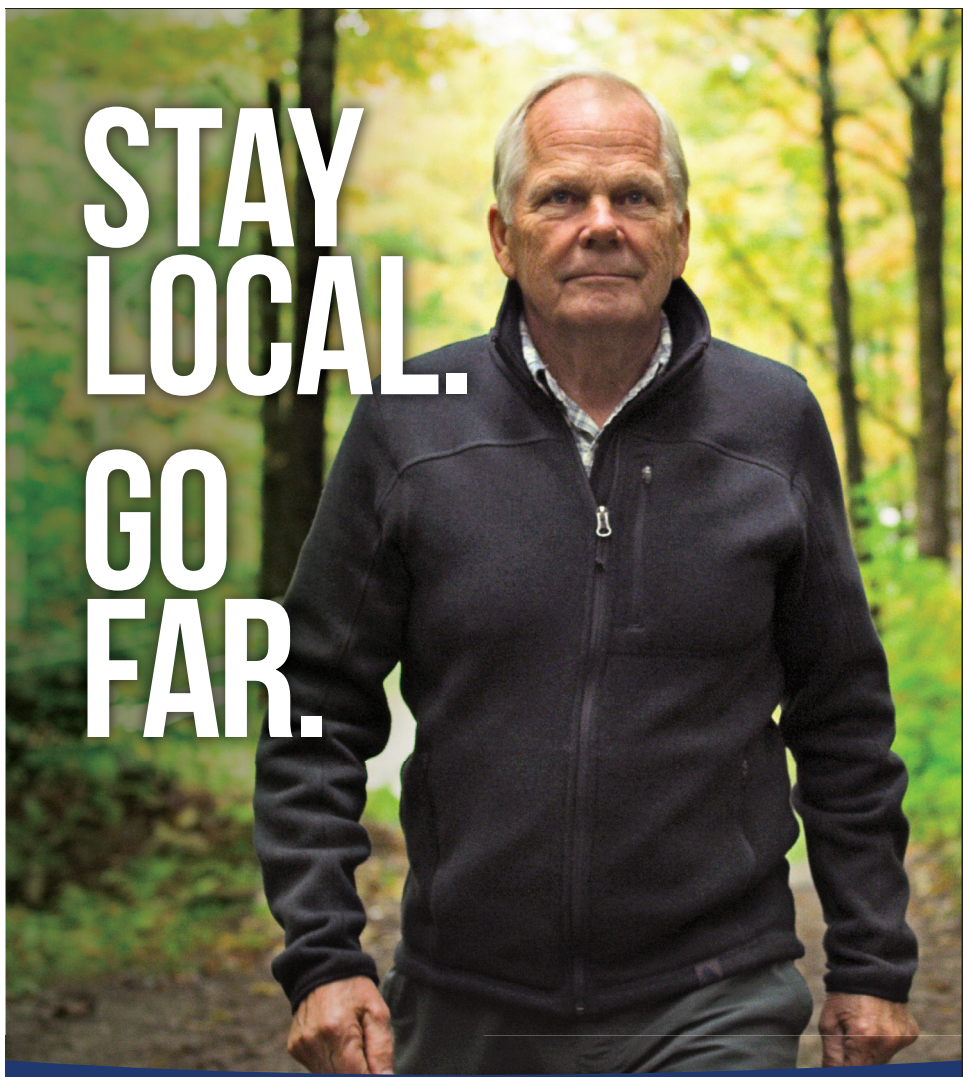

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