

Westford’s annual music series

By Phyl Newbeck
Special to the Mountain Gazette

For the last ten years, the United Church of Westford has hosted a music series at the Brick Meeting House. Starting in the fall and ending in spring to avoid competing with the summer music series on the Green, a variety of musical acts are brought to town by a committed group of volunteers.

“We had a very small population that went to church at the United Church of Westford,” Marge Hamrell recalls. “We were trying to find ways to get people interested and to have them enjoy the old building.” Hamrell and her fellow volunteers generally plan seven concerts each season and although the majority of those attending come from Chittenden, Franklin, and Addison counties, there are some acts who draw listeners from as far as Brattleboro and Boston. There is a core group of at least 30 people who come to all the concerts and attendance is usually around 50 for the events.

Hamrell said the group has no problem finding musicians who are interested in performing, including some who have been to the venue several times. Organizers try to get a mix of genres and to introduce some new acts every year. An annual part of the series is a musician or musicians from outside the United States who are brought to Vermont by Mark Sustic of *Young Tradition Vermont*. Organizers don’t have a town budget so they reach into their own pockets to make the annual series a reality.

This year’s schedule has some old favorites as well as some new acts. All concerts take place on Sundays from 4:00 – 5:00 PM. On November 12, the Heliand Consort will perform. The five women describe themselves as “spirited classical music.” The series takes December off, but January 9 will showcase the Young Tradition Vermont concert featuring Andrea Beaton and Eric Wright, a bassist and a fiddler from Ireland. On February 4, Front Porch Foursome will be the featured attraction, playing folk and contemporary music. On March 4, Spider Roulette will grace the stage. The band features some unconventional instruments like the washtub bass, harmonica washboard, and kazoo. Hamrell is still working on choosing a performer for April 13, and in May there will be a musical tribute to long-time Westford resident and musician Roland Pigeon, who died last year at the age of 95.

The concerts are free but volunteers put out jars asking for donations. “We don’t twist people’s arms,” said Hamrell, “but if you like the music, we hope you’ll contribute. It’s the traditional way of thanking the performers and I think it is more successful than charging admission.” Some volunteers bring cider and others provide light refreshments. “It’s a good opportunity to meet the performers and chat with your friends and neighbors,” Hamrell said.

Built in 1822, the Brick Meeting House is the oldest church building in town and volunteers continue to work on trying to restore it to its former glory. A non-profit group called the Brick Meeting House Society of Westford has been formed for the purpose of aiding the restoration. The church is winding down for formal services and the hope is that the venerable building can be used for other activities. “The community is having discussions about what the transition will look like,” Hamrell said. The goal is to have the building available for weddings and other special events, as well as art exhibits and community functions. “It’s such a beautiful building but it needs work,” said Hamrell. “Most people treasure it and want to keep it for the community.”

Forest Service targets hunter safety

With rifle season fast approaching, Forest Service officials on the Green Mountain National Forest (GMNF) are encouraging the public to use caution and to be visible and mindful of their surroundings in the coming weeks. Saturday, November 11 marks the opening day of the white tail deer hunt in Vermont, a lifelong tradition for many Vermonters and visitors to the Green Mountain State.

Through prescribed fire, timber management, and wildlife monitoring programs, the GMNF works year round to enhance wildlife habitat, including that for large and small game. Officials want to remind hunters and other forest users that the entire 400,000 acre National Forest is open for hunting; the only exceptions are developed trails and recreation sites. As with any recreational opportunity on the GMNF, all applicable state and federal laws and regulations must be followed. Below are some safety tips for hunters who may be planning to hunt on the GMNF:

- Check hunting equipment before and after each outing, and maintain it properly. Familiarize yourself with the operation of your firearm before using it in the field.
- Clearly identify your target before shooting to prevent accidents or fatalities. Fire only at clearly identified wildlife and know what is beyond your target.
- Tell someone where you will be hunting and when you will return – be familiar with the area that you are hunting.
- Check weather reports before visiting the forest – dress properly and be prepared for the worst possible conditions.
- Wear blaze orange and try to be visible from all directions.
- Carry a spare set of dry clothes. Use layering techniques to prevent moisture retention, while maintaining body warmth.
- Always bring waterproof gear.
- Have a first aid kit, flashlight, cell phone, food, and water in case of an emergency.
- Be alert when hunting near developed areas and trails. Other recreationists are in the forest as well.

For additional information on Vermont hunting regulations, please visit <http://www.vtfishandwildlife.com/>.

Come out to support the Community Center

The Community Center in Jericho is sponsoring a benefit holiday concert on Sunday, November 19 at 3:00 PM at the Center, featuring the women’s vocal ensemble Anima and the instrumental group Full Circle. Anima specializes in music of the Middle Ages and Renaissance; Full Circle plays traditional pieces on recorders, hammered dulcimer, harp, guitar, and percussion. The groups will perform individually and will combine for the first time for a special presentation. Enjoy traditional holiday music and music that used for centuries to celebrate winter and the upcoming holidays. Suggested donation: adult \$10, family \$20. Members of Anima are Liz Thompson (Director), Sue Carpenter, Susannah Blachly, Kathy Isaacs, Cara Hill, Sharon Newcomb, Ellie Blachly, Nancy Snow, Kathy Light, Ellie Hayes and Susan Comen. Full Circle includes Maeve Kim, Beth London, Susan Reit, Linda Rodd, and Mary Ann Samuels.

PHOTO CONTRIBUTED



Lamoille CoC breakfast Tuesday, November 14

All are invited to join the Lamoille County Chamber of Commerce for breakfast on Tuesday, November 14, for its monthly Chamber Breakfast Meeting at Johnson State College, Stearns Student Center, second floor.

The guest speaker will be Art Mathisen, President and CEO of Copley Hospital. Mr. Mathisen will discuss the status of health care in Vermont, how Lamoille County compares to the rest of the state, and the future of the health care industry in our region.

We ask that you arrive at 7:30 AM to visit with this month’s Spotlighters: NFP, Once Upon a Time Toys, and Rockin’ Ron the Friendly Pirate. If you’re interested in Spotlighting, please reach out to Chamber staff at 802-888-7607 or send an email to jen@lamoillechamber.com. We have a few spots open for this breakfast.

Per usual, we will introduce our newest members: New England Sled Dog Association and others. If you are a new member and haven’t been introduced but would like to be, please contact Chamber staff. New to our meetings is a member announcements segment. Please email jen@lamoillechamber.com for more information or to submit your announcement.

Members are invited to bring a door prize that is representative of their business. At the end of the program, recognition will be given to organizations donating door prizes and prizes will be given to attendees whose business cards are drawn. So be sure to bring your business cards!

Walk-ins are welcome, but registration is encouraged for planning purposes. If you are unable to register online or do not receive an email confirmation, please contact Chamber staff.

4-H Horse delegation returns from national competition



(From left) Eva Joly of Essex Junction, Hannah Lang of Essex Junction, Madison Bentley of Richmond, Hailee Blades of Jeffersonville, and Faith Ploof of Essex Junction recently returned from Louisville, KY where they competed in various horse events at the Eastern National 4-H Horse Roundup, held Friday-Sunday, November 3-5.

PHOTO BY AMANDA TURGEON

Sixteen Vermont 4-H’ers were among the more than 300 delegates from 26 states who competed at the Eastern National 4-H Horse Roundup on Friday-Sunday, November 3-5. The annual event, the largest national 4-H horse program competition in the country, took place at the Kentucky Fair and Exposition Center in Louisville, KY. Delegates had a chance to match wits in quiz bowl, communications, horse judging, and hippology contests.

The quiz bowl team came in fourth, the highest placing at Roundup for a Vermont team in this competition for several years. Members were Hailee Blades, Jeffersonville; Betsy Coburn, Castleton; Dyani Jones, Jericho; and Olivia Suker, Shrewsbury. Dyani also finished fourth for highest overall individual score.

In the communications contests, Elyza Bird, Benson, and Callon Fish, Rutland, placed third in team demonstration with a presentation on importing horses to America. Hannah Lang, Essex Junction, came in fourth in the individual demonstration category with her demonstration on vaccinating horses.

Kassidy Wyman, Cambridgeport, also a member of the team, participated in the public speaking contest with a talk on the overabundance of unwanted horses. The communications team

Pastoral installation celebrated at Covenant Community Church

The congregation of Covenant Community Church of Essex Junction held a special celebration to install Reverend Jeannette Conver as their new pastor on Sunday, October 29. In addition to the congregation, attendees included Pastor Conver’s husband Lynn and twin daughters Johanna and Mackenzie. Leading the ceremony was Howard K. Burgoyne, Superintendent of the East Coast Conference of the Evangelical Covenant Church. Also in attendance were pastors from several local churches welcoming Reverend Conver to their pastoral community. Music was provided by congregant Peter Olson of Essex Junction on piano and guitar, and Johanna and Mackenzie Convers on flute. The installation ceremony was followed by a gathering for potluck hors d’oeuvres, coffee, cider, and cake.

Prior to her arrival in Vermont this September, Jeannette served as Associate Pastor at Kent Covenant Church in Kent, WA for eleven years, during which time she completed her requirements for Master of Divinity at North Park Theological Seminary. She graduated with high honors from seminary in May, was ordained by the Evangelical Covenant Church in June, and accepted the call to serve as pastor of Covenant Community Church in mid-summer.

Before entering parish ministry, Rev. Conver has served in cross-cultural ministry with Wycliffe Bible Translators and has traveled to Guatemala, Kenya, the Philippines, India, Nepal, mainland southeast Asia, east Asia, and Greece. Having experienced a diversity of churches, cultures, and worldviews, Jeannette looks forward to appreciating Vermont’s unique culture. She is ready to dive into ministry here, excited to see where God will take this amazing group of people, and honored to be their pastor.

SUNY Potsdam scholarships go to area students

Three local undergraduate students were among the 1071 graduate and undergraduate students to whom the State University of New York at Potsdam has awarded scholarships, grants, and awards for the 2017-18 academic year recognizing their achievements with support for their educational experience.

Samantha Day of Jericho, VT, majoring in Music Performance, was awarded the SUNY Potsdam Freshman Scholarship.

Victoria Rosales of Jericho, VT, majoring in Music Education, was awarded the SUNY Potsdam Freshman Scholarship.

Rachel Schwartz of Waterbury, VT, majoring in Music Business, was awarded the Alumni Promise Scholarship, Cole Family Scholarship, Elite Honors Scholarship, Leadership Scholarship, and the SUNY Potsdam Freshman Scholarship.

SUNY Potsdam offers financial aid to more than 80% of students, in the form of federal and state aid, as well as scholarships. For more information, visit <http://www.potsdam.edu/financialaid>.

Professional shearer shows 4-H’ers how to shear sheep



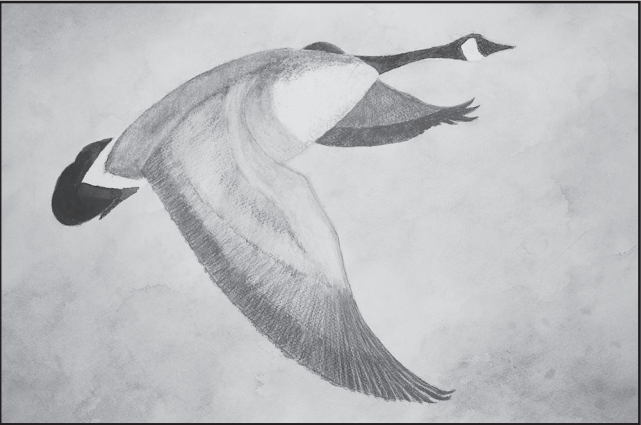
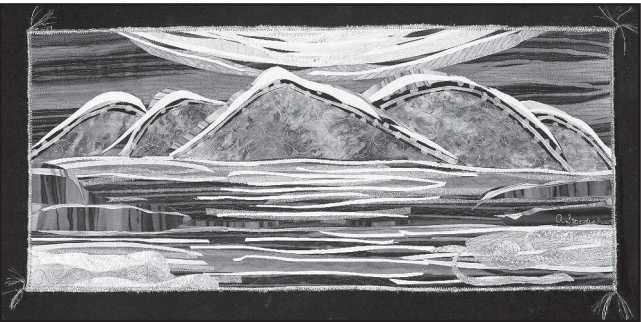
Rebecca Moriarty, Jericho (left); and Riley Ochs, Orwell, wait their turn to shear their sheep at the State 4-H Sheep Shearing Clinic, Oct. 29 in Orwell.

PHOTO BY WENDY SORRELL

Vermont 4-H sheep members gathered in Orwell on Sunday, October 29 for the State 4-H Sheep Shearing Clinic.

COMING EVENTS

Emile A Gruppe Gallery presents



Three artists will exhibit works at the Emile A Gruppe Gallery, Barber Farm Rd., Jericho Center. Emulation and Translation is a fiber piece by quilter Anne Standish; Goose is a watercolor by Gilbert Myers; Sisters is a watercolor and ink by Harald Aksdal. The show runs through Saturday, January 6.

PHOTO CONTRIBUTED

Tuesday, November 14
Burlington and Lamoille Railroad talk, 6:30 PM, Deborah Rawson Memorial Library, 8 River Rd., Jericho. Speaker Jerry Fox is an historical researcher and an officer of the Central Vermont Railroad Society. The Burlington and Lamoille Railroad was organized in 1877 and ran until 1938 – yet another victim of the Great Depression. The line ran from Burlington to Cambridge Junction, where it connected with other railroads of the Central Vermont Railway. Sponsored by the Underhill Historical Society. All are welcome; refreshments will be served.

Vanishing Vermonters book talk, 7:00 PM, Phoenix Books Essex, 2 Carmichael St., Essex. Join Peter Miller for a talk on this newest and most important of his five books on his home state. He has recorded 23 Vermonters on how they cope in one of the most expensive states in the Union. Peter Miller began his career in 1959 as a reporter for *LIFE Magazine*. He has written nine books, won numerous awards, and was named Vermonter of the Year and

honored by the Vermont Legislature for his work in documenting the culture of Vermont. He lives in Colbyville. Free and open to all. Information: www.phoenixbooks.biz or 448-3350.

Wednesday, November 15
Hidden History of Vermont book talk, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Mark Bushnell for a talk on his new book. Meet the widow who outwitted Tories and may have spied for the Green Mountain Boys. Encounter the family who gained a national following by summoning spirits. Discover why one governor opposed women’s suffrage and how that may have involved spirits of another sort. Visit an island retreat where Harpo Marx cheated at croquet and satirist Dorothy Parker wore nothing but a garden hat. Historian Mark Bushnell offers a glimpse of the Green Mountain State rarely seen. Tickets \$3 include coupon for \$5 off a copy of the featured book; proceeds go to the VT Foodbank. Coupons expire at closing the evening of the event. For information, www.phoenixbooks.biz or 448-3350.

Saturday, November 18
Christmas Cupboard Community Craft Fair, 9:00 AM – 2:00 PM, Underhill I.D. School, Jericho. A unique collection of crafts and gifts by creative local artists.

Annual Craft, Bake, and Vendor Sale, 9:00 AM – 2:00 PM, VFW Post 9653, Pleasant St., Morrisville. Benefits the Lamoille County VFW Auxiliary to Post 9653. A lunch of soup and sandwiches will be available.

Les Filles du Roi, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. If you found the term *Filles du Roi* in researching your genealogy you might be disappointed at first to learn they were not literally “daughters of the king,” but these women were instrumental in the survival of New France. Sheila Morris will explain who these women were and what their lives were like. For more details: www.vtgenlib.org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

Holiday Bazaar, Food Sale, and Flea Market, 9:00 AM – 2:00 PM, Winooski United Methodist Church, corner of Follett and West Allen Sts. (across from the police station), Winooski. Local craft makers and gently used items at the flea market. Homemade food to take out or eat in includint tomato macaroni and beef soup, chili, cornbread, baked beans, maple pies, carrot cake, cookies, and more. Free parking in the Winooski City Hall parking lot and on Weaver St.

Model Train Show, 10:00 AM – 4:00 PM, Barre City Auditorium, 20 Auditorium Hill, Barre. Showcasing multiple operating HO, N, Z, G, and O-scale layouts, as well as over 75 tables of exhibits and vendors of model railroading supplies, videos, and books. Hands-on train activities and a face painter for kids. HO layout built by the Barre City School STEAM class, depicting the central Vermont area. Berlin Volunteer Fire Department will sell hot dogs, sandwiches, snacks, and beverages. Admission: adults \$5, children 6-12 \$1, under 6 free. Special admission: \$5 per family with an active military ID. For information contact Ron Piro, 802-598-0905 or ronpiro@aol.com; or www.nwvrailroad.org.

Tarot Readings with Rachel, 6:00 – 7:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join us for a Jungian-inspired tarot reading with Rachel, who has been reading tarot for six years and whose approach draws from the concept that we can access collective symbols and archetypes from our unconscious that can assist in guiding our intuition. Rachel has an MA in clinical mental health counseling from Antioch University New England and has a private psychotherapy practice. Readings are first come, first served, and are for entertainment purposes only. Suggested donation \$5-10. For information, www.phoenixbooks.biz or 448-3350.

Sunday, November 19
Benefit Holiday Concert, 3:00 PM, Community Center, Browns Trace, Jericho Center. Enjoy traditional holiday music and music that has been used for centuries to celebrate winter and the upcoming holidays, featuring women’s vocal ensemble *Anima* and the instrumental group *Full Circle*. *Anima* specializes in the music of the Middle Ages and the Renaissance; *Full Circle* plays traditional pieces on recorders, hammered dulcimer, harp,

Horse continued from page 1 — finished third overall.

Vermont also sent both a judging and a hippology team to the competition although neither team finished in the top ten in their event. Competing on the judging team were Chelsea Carcoba, Danville; Faith Ploof, Essex Junction; Lillie Tuckerman, South Woodstock; and Madison Zimmermann, Northfield.

Hippology team members were Madison Bentley, Richmond; Kimberly Gibson, Bristol; Eva Joly, Essex Junction; and Haleigh Tyerman, Wilmington. This contest consisted of several phases: a written exam, horse judging, team problem solving, and identification stations where the contestants were required to answer questions about breeds, anatomy, horse care, and other equine topics.

In addition to competing, the Vermont 4-H’ers toured Churchill Downs in Louisville, home to the Kentucky Derby, and the Proud Heritage Training Center in Johnstown, OH, a nationally recognized training facility for Arabian horses.

Accompanying the group were 4-H horse middle manager Mary Fay, Westford; and coaches Julia Adams, Shrewsbury (team demonstration); Deb Danforth, Castleton (judging); Norma Katz, Springfield (quiz bowl); Kathy Kennett, Panton (hippology); Andrea Scott, Milton (individual demonstration); and Tina Wyman, Cambridgeport (public speaking).

For information about the Vermont 4-H horse program, contact University of Vermont Extension 4-H livestock educator Wendy Sorrell, 800-571-0668 (toll-free in Vermont).

guitar, and percussion. The groups will perform individually, and will combine together for the first time for a special presentation. Members of *Anima* are Liz Thompson (Director), Sue Carpenter, Susannah Blachly, Kathy Isaacs, Cara Hill, Sharon Newcomb, Ellie Blachly, Nancy Snow, Kathy Light, Ellie Hayes and Susan Comen. *Full Circle* includes Maeve Kim, Beth London, Susan Reit, Linda Rodd, and Mary Ann Samuels. Suggested donation for an adult is \$10, \$20 for a family.

Saturday, November 25
Annual Christmas Craft Fair, 9:00 AM – 3:00 PM, Grace United Methodist Church, 130 Maple St., Essex Junction. For more information contact Ann, 879-7943.

Bird Monitoring Walk, 8:00 – 9:00 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. All birders welcome on the monthly monitoring walk outdoors on the Museum’s trails in forest and meadow. We often have coffee after, indoors at our viewing window. Most fun for adults and older children. Please bring your own binoculars. Free. Please pre-register. Information: 802-434-2167, museum@birdsofvermont.org or <http://www.birdsofvermont.org>.

Monday, November 27
Cider Monday, all day, all Phoenix Books locations (191 Bank St., Burlington; 2 Carmichael St., Essex; 2 Center St., Rutland; Misty Valley, 58 Common St., Chester). Join us in person at Phoenix Books to enjoy a free cup of delicious, hot apple cider! (While supplies last.) Cider Monday is a new tradition being started by lots of small businesses in New England, and it’s our way of thanking you for choosing to shop indie and support a strong local economy this holiday season. Free. For more information, www.phoenixbooks.biz.

Wednesday, November 29
Bill McKibben, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Bill McKibben for a talk on his new book and debut novel, *Radio Free Vermont*, which follows a band of Vermont patriots who decide that our state might be better off as its own republic. Author and environmentalist McKibben’s books include *The End of Nature*, *Eaarth*, *Oil*, and *Honey*. He is a founder of *350.org*, the first planet-wide, grassroots climate change movement, which launched the fast-growing fossil fuel divestment movement. McKibben lives in Vermont. Tickets \$3 include coupon for \$5 off a copy of the featured book; proceeds go to the VT Foodbank. Coupons expire at closing the evening of the event. For information, www.phoenixbooks.biz or 448-3350.

Thursday, November 30
The Opulence of Integrity, 7:00 PM, Dibden Center for the Arts, Johnson State College, Johnson. Through boxing, martial arts, and dance, Christal Brown’s dance company *INSPIRIT* celebrates the life of the late Muhammad Ali and examines the experience of men of color in the United States. Free and open to the public.

Friday, December 1
Tarot Readings with Rachel, 12:00 – 1:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join us for a Jungian-inspired tarot reading with Rachel, who has been reading tarot for six years and whose approach draws from the concept that we can access collective symbols and archetypes from our unconscious that can assist in guiding our intuition. Rachel has an MA in clinical mental health counseling from Antioch University New England and has a private psychotherapy practice. Readings are first come, first served, and are for entertainment purposes only. Suggested donation \$5-10. For information, www.phoenixbooks.biz or 448-3350.

Saturday, December 2
Québec Coroner’s Inquests: A Unique Genealogical Resource, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Coroner’s Inquests can provide genealogical clues unavailable anywhere else. In this talk, Denyse Beaugrand-Champagne will discuss the introduction and development of these records. Denyse is Reference Archivist at the *Montreal Bibliothèque et Archives Nationales du Québec (BanQ)* and is the genealogical consultant for the Québec version of the *Who Do You Think You Are* television program. For more details: www.vtgenlib.org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

Where Does Good Writing Come From? Workshop, 9:00 AM – 1:30 AM and 12:30 PM – 2:00 PM, Shelburne Town Offices, first floor, Shelburne. Tim Brookes (NPR essayist for 21 years and author of 16 books and more than 500 newspaper and magazine articles) will lead this workshop on writing craft. Morning session on where good writing comes from and how to maximize its effectiveness. Five slots are available for a 90-minute intensive workshop to address participants’ own writing samples (to be pre-submitted; first-come, first-served; must participate in morning session). Morning only \$65; full day \$110. Bring your own lunch. Morning snacks, cold refreshments, and hot tea and coffee provided. Pre-registration required: <http://writestoriesnow.com/writing-best-prose/>. For more information: paula@writestoriesnow.com.

Sheep continued from page 1 —

Andy Rice, a professional sheep shearer and owner of Hoggett Hill Farm in Halifax, worked with the group to teach them how to properly use and maintain equipment and how to shear sheep using the Australian stroke shearing pattern. The 4-H’ers then had an opportunity to practice shearing sheep with electric clippers.

The clinic was sponsored by University of Vermont (UVM) Extension 4-H and hosted by former 4-H member Siri Swanson on her family’s farm, Dancing Moon Farm. It was open to any 4-H’er 12 years or older and included a lamb shanks lunch provided by Siri and her mother Wendy Swanson.

In addition to Siri, a former member of the *Ewe & Me Sheep Peeps* 4-H Club, participants were: Kaitlyn Arena, Burlington (Hinesburg 4-H Club); Jarod Bushey, Addison (Crittter Creek 4-H Club); Rebecca and Charlotte Moriarty, both from Jericho (independent 4-H members); and Riley Ochs, Orwell (independent 4-H member).

The Vermont 4-H sheep project provides opportunities for young people ages 8-18 to learn about raising and showing sheep in state and regional shows. Sheep members also participate in quiz bowls, skill-a-thons, blocking and fitting contests, educational tours and clinics, as well as share their knowledge about sheep with the public through talks, demonstrations, and exhibits at 4-H events and fairs and field days.

For information about the Vermont 4-H sheep program, contact UVM Extension 4-H livestock educator Wendy Sorrell, 802-651-8343, ext. 513, or 800-571-0668 (Vermont calls only).

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Blue jays are year-round residents of Vermont – and visitors to backyard bird feeders. PHOTO BY DEBORAY FELMEY

Where’d the birds go?

Audubon Vermont on Sherman Hollow Road in Huntington has been receiving calls from concerned citizens asking “where did the birds go?” Usually they have a feeder set up and report they have no or very few visitors, which is out of the ordinary. They checked their feeders, making sure they are clean and any spoiled or wet seed has been disposed of, but still the birds have not returned. So, what gives?

Bird populations vary year-to year, but there are some regular causes for these seeming disappearances of birds from your yard: weather, abundance of food sources, and available habitat. These three things can vary by locality, but in general we are seeing all of these things come into play this fall.

Weather: We have set records for high temperatures this fall. Birds are less active during the heat of the day or on particularly hot days, which is why even in late spring/early summer things quiet down around noon. Check for visitors at your feeders early in the morning.

Wild food sources: The food we put out in feeders only represents a percentage of a bird’s total caloric intake. Like us, they need a variety of nutrients to stay healthy, and nature is providing. We are in the midst of a mast year, when trees produce more seeds and nuts than usual: acorns, beech, and hickory nuts are in abundance. Additionally, insects have flourished in the warm, dry fall – students at the Audubon Center have been finding caterpillars en mass and a painted lady butterfly landed on someone while I was giving instructions during a program! Migratory birds are turning these calories into necessary fat to support their long journeys, and residents like the blue jay are getting ready for the colder months ahead by caching nuts and seeds.

Habitat: One thing I ask when someone calls concerned about the decrease in birds is if they have made changes to their landscapes. Did you remove any trees or shrubs that provided necessary cover? If you didn’t, did your neighbor? Birds need plants not just for the food they may supply but also for the protection from predators they provide. You may have the best bird feeder in town, but if birds have to fly across a large open lawn to get to it, risking being seen by predators like the sharp-shinned hawk or your neighbor’s beloved cat, they might calculate that the calories they would gain are not worth it.

So, what can you do? Report sightings: On *Vermont Edition*, a local radio show on Vermont Public Radio, Bridget Butler *the Bird Diva* was also addressing the question “Where’d the birds go?” She asked a caller to the show how he knew the numbers were lower. Did he keep a bird journal? Or better yet, did he use *eBird* (<http://ebird.org/content/vt/>), an online database of citizen science-reported bird sightings used by several scientific organizations, including the National Audubon Society? On eBird you can keep track of your bird sightings to your yard or feeder and, over long enough time, notice trends that can put your mind at ease, or raise alarms to scientists. Explore eBird and report your sightings.

Make your yard or balcony an oasis for birds. One thing you can do to provide more food for birds is to keep your garden a bit untidy this fall. Seed heads left on flowers, particularly native plants, will provide a food source for birds well into winter. Vegetation provides cover from predators, while native trees and shrubs support far more protein-packed insects than non-native varieties. A dramatic example: a native oak tree can host over 500 species of caterpillar whereas the imported ginkgo hosts fewer than five. And feel free to put the rake away, - those fallen leaves provide a layer of insulation to the soil, later decomposing and providing free compost and cover for overwintering invertebrates and amphibians.

Cambridge Area Rotary’s 9th annual Ski, Ride & Winter Sports Sale

In support of its Winter Wellness Days program, the Cambridge Area Rotary is excited to invite you to its 9th Annual Ski and Snowboard Sale, Saturday-Sunday, November 18-19. This year the event will be held at its new larger location at the Cambridge Community Center in Jeffersonville. Consignment drop off and set-up is on Friday, November 17 from 6:00 – 8:00 PM. The sale opens to the public Saturday 8:00 AM – 5:00 PM and Sunday 8:00 AM – 12:00 PM. Consignment pick up is Sunday from 12:00 – 2:00 PM.

There will be two drawings on each day of the sale for a Smuggler’s Notch Bash Badge. No purchase of hard of soft goods is required! However, you do need to come to the sale to enter!

Winter Wellness Days affords all grades 4, 5 and 6 students at Cambridge Elementary School the opportunity for a full week of skiing, snowboarding, cross country skiing, or snowshoeing at Smuggler’s Notch this coming winter. And it’s 100% free of charge.

We will enjoy the increased floor space with more merchandise and more vendors than ever at a newly renovated Cambridge Community Center. There will be equipment clinics, seminars, demos, and deals throughout the weekend!

For more information about the sale visit our web page at www.RotaryCambridge.org; our Facebook event page <https://www.facebook.com/events/302720756872369/>, or contact Nanci. 802-343-2372 or lepsicslodge@gmail.com.

Vignettes from a Car Window

By Sue Kusserow
Special to the Mountain Gazette

Chamberlin’s Farm on the River Road has pumpkins for sale... rows and piles of orange obesities for Halloween. The grass next to the barn is green and mowed, the better to show off some smallish pumpkins scattered along a gentle slope. A sign reads *Pick Your Own*. The car ahead of me pulls in; the father jumps out to release his bouncing three year old daughter from the bondage of a car seat. She pirouettes while her “slow” mama unwinds out of the front seat. Now that she has herded her caretakers to rush down the small incline, she gets permission to run ahead, her eyes ahead of her feet, to get to her choice. Her blond hair bounces, her running still has the slightly unbalanced uncertainty of one’s early years. She has spotted her pumpkin. We are all sure that God made this one just for her! She shows her prize to her cheering parents. Daddy goes to pay, as will be his custom over the coming years. She tumbles into the back, trying to get into the car seat with the tiny pumpkin clutched to her chest. We smile and wave and go on.

A middle-aged woman is biking along the River Road. She has on denims that reflect the ’50s... loose and wide-legged. Her sneakers look new, and she does have a helmet on. She seems to tip her head upwards as if trying to adjust to the unfamiliarity of vaguely feeling something is above her. She is neither chic nor strong. Her pace is slow and a little wobbly. The bike looks as if it may have belonged to one of her grown-and-gone children: bulky, comfortable, safe, with balloon tires. As I pass I wave, and notice that she is smiling. Even in middle age, there are new skills to conquer, small accomplishments to be recaptured, and fun to be had. Good for her!

Driving on a dirt road, I see a small neat house, cradled by two huge antique maples. A little boy, about four, plays under them, glowing in his red T-shirt, his small legs clambering all over a garden tractor. He was driving, of course, holding his small hands steady on the imaginary course, having to shift many times as he heads up difficult hills and down steep swales. His hair, still the blond of childhood, is tousled by a small breeze that wants to join in. Mom, Dad, and elders sit at a nearby picnic table: gray and brown from long winters between brief summers. I slow down and wave. All grin and wave back, except the young man who is too busy harrowing his fields. No words are necessary for a small moment of connection.

My old dog is snoozing and snoring in the back seat. This morning was a long walk into the woodlot, finding an exuberant brook which needed to be explored, a delightful smell that enticed her to follow it, with the joy of racing back and finding I was still there, trudging along. She is now collapsed among the newspapers of yesterday, the groceries I forgot to unload and the ski poles that keep me up and going. She is in a totally undecorous position, with no sense of shame or coquetry. The legs splay out; the tail is quiet for once; one ear obeys gravity and slops to the side, the other covers part of her eye. This is a non-verbal portrayal of perfect contentment. I wave; she couldn’t care less!

Sleep walking

By Doug Boardman
Special to the Mountain Gazette

By the age of five, I was working for Mom and Dad for nothing (unless you count room and board!) I grew used to the backhands and switches from Mom and the belts and kicks in the ass from my Dad, and that was for getting filthy or going where I wasn’t supposed to go. I was a good kid but my folks wanted me to be perfect and take care of my sister who was a tomboy. That was tough because I could get in enough trouble by myself and with her I took the brunt of the blame, so she just smiled and went right on doing what got us in trouble in the first place. I was so active and stressed out every day that when I went to sleep I had nightmares instead of dreams. I normally dreamed of always running away from something with large beady eyes and finally falling down a deep hole with no bottom (remember Old Froggy?) Fortunately, I always woke up before I hit the bottom.

As if the nightmares weren’t bad enough, I started walking in my sleep when I was eight years old. I slept on the second floor so we had a window that led to the porch roof, and we could open the window that led to the top of the porch and the driveway was twenty feet below. The only bathroom we had was next to my parents’ bedroom on the first floor. I normally sleepwalked in the summer, spring, and fall because it was too cold in the winter with no heat in my bedroom. I slept with my coat on and couldn’t have water with me because it would freeze. I used to walk around inside the house three or four nights a week, depending on what went on during the day. My mother would usually talk to me, which I didn’t remember the next day, and then she would lead me back to bed. Normally they wouldn’t try to wake me up but one night they did try to wake me up because I took the wrong turn to the bathroom and ended up peeing behind their bedroom door. I don’t remember doing that but they did and it’s amazing why I don’t remember the kick in the ass I got that night. Another night I opened the window to the porch and crawled out the window and walked out onto the porch roof. My mother was a light sleeper and for some reason she heard something on the porch roof and came up and out to get me. I don’t remember any of this but I was told.

Needless to say, Dad made that window hard to unlock after that night, which would probably be against the fire code today. Other than that, I never walked in my sleep outside the house but my Uncle Cliff (my mother’s brother) was famous for his sleepwalking. People still talk about how he used to walk all around the hills in Tunbridge and back home, and not remember a thing when he woke up. I wonder if sleepwalking is hereditary. To this day I have more nightmares than dreams.

Excerpts from Just a Plumber, which is not entirely written yet. It is an autobiography of a 5th generation Vermonter – at least, that’s as far as I could find out about my relatives. I am a Master Plumber from Underhill Center for the last 30 years, and another 20 odd years in the plumbing heating business in New York State.

Send your news, births, engagements, weddings, obits, events to mtgazette@earthlink.net or call Brenda at 802-453-6354

COMMUNITY COLUMNS

A variety of coughs, from healthy to worrisome

By Lewis First, MD
Chief of Pediatrics at UVM Children’s Hospital

Parents have been asking questions about when to worry about their child’s cough, especially during the fall and winter months. Let me see if I can make some noise on the topic of coughing.

Coughing is one of the most common symptoms we see in children. Usually it only represents a minor problem, such as a cold caused by a virus that gets better with time.

In fact, it is actually healthy for your children to cough, since it represents a type of reflex in the body that is trying to clear out the germs that have gotten into the throat or the chest.

- So when are coughs worrisome?
1. If a cough sounds like how a barking seal might sound and tends to get worse in the night, it suggests a special viral infection called croup. Croup warrants a call and possible visit to your child’s health care professional for further treatment. A fever usually accompanies this type of cough.
 2. If the cough sounds like your child is “whooping,” especially at the end of several coughs, it may be pertussis or whooping cough. This is most likely if your child has not been immunized fully to prevent this serious infection. This type of cough also warrants a call if not a visit.
 3. If the cough is heard along with wheezes, you need to consider asthma as the possible culprit. Asthma requires special treatment with medicines that will help to open up or dilate the airways. So call your child’s health care professional as soon as you can.
 4. If the cough starts suddenly without other cold symptoms, your child may have choked on food or an unexpected object. Either way, the airway needs to be cleared. This is a medical emergency and you should seek medical assistance immediately.

5. Finally if your child has a cough that lasts more than a week, is having any trouble breathing, appears blue in the face, has a thick and mucous-y cough associated with fever, or you’re just concerned about the cough, please call your child’s health care professional for further evaluation.

Hopefully tips like this will air out any concerns you might have and allow you to breathe more comfortably the next time you are concerned about your child’s cough.

Lewis First, MD, is chief of Pediatrics at UVM Children’s Hospital and chair of the Department of Pediatrics at the Robert Larner, M.D. College of Medicine at UVM.



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Health workshops sponsored by Northwestern Medical Center

Exercise

Cancer Exercise Rehab Group, every Tuesday and Thursday, 8:00 – 11:00 AM, NMC Rehab gym, Cobblestone Building. Featuring Wendy Lawrence, certified NMC Oncology Rehab Physical Therapist. A physical therapy evaluation is required to assure that the client is able to participate. This class pinpoints the common needs of patients. This includes decreased range of motion, decreased strength, cancer related fatigue and lymphedema. Pre-registration required, call 524-1064. Free for the first eight weeks, then \$40 for open gym access.

Prenatal Fitness, every Wednesday, 5:30 – 6:30 PM, NMC Wellness & Fitness Room. Featuring Stephanie Preedom, AFAA. Northwestern OB/GYN offers these free prenatal exercise sessions to strengthen and prepare you for a successful birthing experience. Join other moms as we lead you through a customized routine designed to make you feel energized and confident. Please consult a physician before beginning this exercise program. Pre-registration required, contact Stephanie, 802-288-1141 or stephanie.preedom@gmail.com. Free to Northwestern OB/GYN patients.

Education

Program now enrolling first time mothers:

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Franklin County Home Health Agency’s Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child’s second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Vermont Quit Partners Fresh Start Tobacco Cessation Class, ongoing Wednesdays, 11:00 AM – 12:00 PM, Northwestern Medical Center, Cobblestone Building, Suite 202; and Thursdays, September 7-28, 4:00 – 5:00 PM, Richford Notch Health Center, 4th floor. Join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges. Pre-registration required; to sign up for a session call Chari, 524-8480. Free.

Support Groups

Healing Circle Women’s Cancer Support Group, first Tuesday of every month, 4:30 – 6:30 PM, Northwestern Medical Center Conference Franklin Room. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with any questions or to RSVP (not required). Free.

Have You Lost a Loved One to Suicide? If the answer to the question is “yes” please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group,

including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times and location or to answer any questions you may have call Tony at 802-393-6503. Second Thursday of every month, 6:00 – 7:30 PM, Northwestern Medical Center. No preregistration required. Free.

Chronic Disease Support Group Workshops – Are you or someone you know living with a Chronic Health Condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue and pain, manage symptoms and medications, and improve strength and flexibility. If you are interested, please contact 524-1031 or drobertson@nmcinc.org. Each session is 2½ hours once a week, for six weeks. Various locations. Pre-registration required, contact Deb Robertson, 524-1031 or drobertson@nmcinc.org. Free.

Grief and Recovery Support Group, First and Third Wednesday of each month, 7:00 – 8:00 PM, Franklin County Home Health Office, 3 Home Health Circle, St. Albans. Experiencing a loss can be painful to face alone. Franklin County Home Health’s Grief and Recovery Support Group serves as a safe place to share feelings with others who are coping with grief. This support group is offered free of charge to anyone who would like to talk to others and help one another. It also provides a resource for grief education in our community. Pre-registration required; to pre-register or for information, contact Lori Wright, 527-7531. Free.

Shadows of the Moon Autism Support Group. For one-on-one phone support, please call Cheryl, 802-868-7745, or Laura, 802-849-2817.

Alzheimer’s Support Group, last Tuesday of each month, 6:00 – 7:00 PM, Northwestern Medical Center Green Mountain Room. This group is for those with Alzheimer’s and caregivers, family members, and friends. For more information, contact the Alzheimer’s Association at 800-272-3900. No pre-registration required. Free.

Parkinson’s Support Group, second Tuesday of each month, 10:00 – 11:30 AM, conference room next to the library on the first floor, Pillsbury Senior Community, 3 Harborview Drive, St. Albans. This group is open to those with Parkinson’s and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson’s disease, gaining education and support. Wheelchair accessible. Pre-registration not required, Contact Pat, 802-524-5520, or Judy 815-895-2312. Free.

Maternity

Breastfeeding Moms Group, first Wednesday of each month, 10:30 AM – 12:00 PM, Northwestern

Foot/Ankle Specialist Bryan Monier, MD joins Saul Trevino, MD at Copley Hospital

Foot and ankle specialist Dr. Bryan C. Monier joins the surgical staff of Mansfield Orthopaedics at Copley Hospital in November. Copley contracted with Dr. Monier in 2016 in preparation of Dr. Saul Trevino transferring to a non-operative clinical practice at Mansfield Orthopaedics.

“We are pleased to welcome Dr. Monier to our staff of outstanding orthopaedic surgeons,” said Copley Hospital Chief of Surgery Brian Aros, MD. “Dr. Monier is a talented and skilled surgeon, bringing additional expertise in the area of the foot and ankle. Dr. Trevino is the longest active foot and ankle specialist in Vermont so this collaborative foot and ankle team provides our patients with a tremendous depth and range of experience.”

Dr. Monier earned his Bachelor of Arts Degree with a major in political science with a focus on international relations from Williams College in Massachusetts in 2006. He completed his Medical Degree in his home state at the University of Texas Health Science Center at San Antonio School of Medicine in 2011 and his orthopaedic surgery residency at the University of Vermont Medical Center in 2016. Following his residency, Dr. Monier went to Seattle to the University of Washington and Harborview Medical Center to for his service as a Fellow, specializing in the foot and ankle. He then completed an AO Trauma travelling fellowship at the John Hunter Hospital in Newcastle, Australia before returning to Vermont.

Dr. Monier received several awards during medical school that recognized his academic excellence and interest in international healthcare. He was inducted into the Alpha Omega Alpha Honor Medical Society in 2011 along with the Gold Humanism Honor Society. He received the Paul Brand Scholarship for International Service in 2010. He completed medical school international rotations in the Himalayan Health Exchange in India and at the Kilimanjaro Christian Medical Center. During medical school, he organized a trip through the Neapli-run NGO INFO Nepal to run health camps in rural villages of southern Nepal and orphanages in Kathmandu

Counseling and Support Services Family Center. Meet once a month for snacks, crafting activities, making baby blankets, and information from the experts. Pre-registration required; call 393-6591. Free.

Breastfeeding and Infant Massage Group, second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting. No pre-registration required. Free.

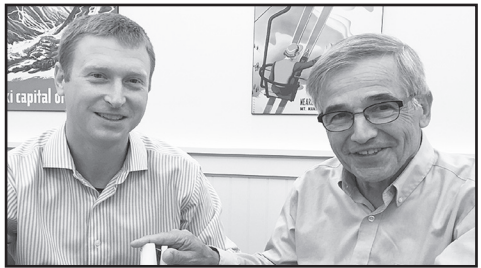
Latch On! Discussion Group, third Saturday of each month, 10:00 AM – 12:00 PM, Northwestern Medical Center Family Birth Center. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms. No pre-registration required. Free.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Tuesday of the month, 5:30 – 6:30 PM, Northwestern Medical Center Family Birthing Center. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. For more information or to pre-register (required), contact Rhonda Desrochers at Franklin County Home Health Agency, 802-527-7531. This program is presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the VT Department of Health. Free.

Miscellaneous

Foot Clinics – Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield and Enosburg. Various locations. Pre-registration required; call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: \$20.

Who’s Your Person, What’s Your Plan? (End of Life Planning) We plan for all life’s milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can’t do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at <http://www.fchha.org/healthcareagent/> as well as www.starttheconversationvt.org.



Foot and ankle specialist Doctor Bryan C. Monier (left) has joined Mansfield Orthopaedics at Copley Hospital in Morrisville. Doctor Saul Trevino (right), the longest serving foot and ankle specialist in Vermont, will be transferring to a non-operative clinical practice.

PHOTO BY DEBORAY FELMEY

and Pokhara. While at UVM, he volunteered with UVM’s varsity football medical staff, providing acute care and triage of sports-related injuries and with the Sugarbush Ski Mountain Orthopaedic Clinic.

Dr. Monier’s research has been included in the Encyclopedia of Trauma Care and the Journal of Children’s Orthopaedics and has been presented at the Orthopaedic Research Society annual meeting and at the New England Orthopaedic Society Conference.

He grew up in Texas, the son of a physician. Dr. Monier met his wife, Jill, while attending residency at UVM. An avid sportsman, he played tennis throughout high school and college. An avid skier, he has served as a ski instructor at Jackson Hole. Other interests include mountain biking, hiking/mountaineering, and whitewater kayaking. Dr. Monier is conversational in Spanish.

At Copley Hospital, Dr. Monier will focus on treating problems of the foot and ankle as well as lower extremity trauma, including arthritis, bunions, fracture fixation, foot reconstruction, ankle instability, and sports related injuries of the foot and ankle. He is also trained in total ankle replacements.


[MANSFIELD ORTHOPAEDICS]

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AO Trauma Fellowship: John Hunter Hospital, Newcastle, Australia

Foot and Ankle Fellowship: University of Washington and Harborview Medical Center in Seattle

Residency, Orthopedic Surgery: University of Vermont Medical Center


Medical Degree: University of Texas Health Science Center at San Antonio School of Medicine

Bachelor of Arts: Williams College in Massachusetts

Conditions treated: arthritis, bunions, fracture fixation, foot reconstruction, ankle instability, and sports related injuries of the foot and ankle. He is also trained in total ankle replacements.

Orthopaedic Surgeon Bryan C. Monier, MD joins Copley Hospital as Dr. Saul Trevino transitions to a non-operative clinical practice.

To make an appointment with a Mansfield Orthopaedic Specialist, call **802.888.8405**



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That Which Thou Hast Promised Must Thou Perform by Julie Y Baker Albright, part of a new exhibit called Fantastical Landscapes and Imaginary Places at Bryan Memorial Gallery, Jeffersonville. PHOTO CONTRIBUTED

ART/PHOTOGRAPHY

Fiber, Watercolor, and Ink, used on two dimensional surfaces to capture representational images of real objects, places, and things, are the tools of three artists opening in a new show at the Emile A Gruppe Gallery in Jericho Center. Anne Standish is an emerging artist in the field of fiber arts. Her inspiration for her quilted artwork comes from the natural world. Harald Aksdal’s architectural background provides the eye for detail in the everyday world but his interpretation creates beauty from unlikely subjects. Gil Myers has been painting in watercolors for over 50 years and still discovers something new as he interprets the landscape. Meet the artists Harald Aksdal, Anne Standish, and Gil Myers on Sunday, November 19, 1:00 – 4:00 PM, and view their works. The show runs through Saturday, January 6, 2018. Ilamae Lund, Vermont writer and author of the popular Christmas gift book Holy Cows, will read excerpts from that work and her other stories at the Emile Gruppe Gallery, Barber Farm Rd., Jericho on Sunday, November 26, 3:00 – 4:00 PM. Lund will combine her readings with personal comments on story-telling and her philosophy on writing in general. A display of framed original paintings by well-known Fairfax artist Harald Aksdal, who has illustrated two of Lund’s books, will create the background for her presentation. Because her stories relate to lifestyles and attitudes that have now largely disappeared from our American culture, her memoirs especially resonate with readers who recognize a similarity to the cozy fireside tales told them by their parents and grandparents. She has been a featured speaker at several libraries and churches in the area. Lund makes her home in a cottage on St Albans Bay. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; open 10:00 AM – 3:00 PM Thursday-Sunday or by appointment; 802-899-3211 or www.emilegruppegallery.com.

Established and emerging artists are invited to submit one or two pieces of two-dimensional artwork in any medium (including photography) for *My Favorite Things*, an exhibit scheduled for January-April 2018 at the Jericho Town Hall. The work must depict one or more identifiable people, objects, or places. It must be able to be hung on a wall. Registration deadline Friday, December 15. Information and registration at catherinemcmains@gmail.com. The exhibit is one of an ongoing series of shows that are part of a collaborative project between the Town of Jericho and a committee of volunteers involved in the arts. The Committee includes Jericho Selectboard member Catherine McMains, gallery owner Emilie Alexander, and artists Dianne Shullenberger and Carla Hochschild.

Fiber, Watercolor, and Ink, used on two-dimensional surfaces to capture representational images of real objects, places, and things – these are the tools of three artists opening in a new show at the Emile A Gruppe Gallery in Jericho Center. Meet the Artists Harald Aksdal, Anne Standish, and Gil Myers on Sunday, November 19 from 1:00 – 4:00 PM and view their works. Show dates are Thursday, November 16-Saturday, January 6. Anne Standish is an emerging artist in the field of fiber arts. Her inspiration for her quilted art work comes from the natural world. Harald Aksdal’s architectural background provides the eye for detail in the everyday world but his interpretation creates beauty from unlikely subjects. Gil Myers has been painting in watercolors for over 50 years and still discovers something new as he interprets the landscape. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; open 10:00 AM – 3:00 PM Thursday-Sunday or by appointment; 802-899-3211 or www.emilegruppegallery.com.

At the Fleming Museum at UVM in Burlington, the fall 2017 season features two special exhibitions. In the East Gallery will be

Spirited Things: Sacred Arts of the Black Atlantic featuring objects from the Yorùbá religion of West Africa as well as Haitian Vodou, Cuban Santería, Brazilian Candomblé, and Caribbean Spiritism, faiths that emerged from the practices of enslaved Africans who blended their ancestral cultures with that of their captors. In the Wolcott gallery will be an exhibition of the mid-century modernist painter Herbert Barnett and his distinctive landscapes painted in Vermont between 1940-1948. Fleming Museum of Art, UVM, 61 Colchester Ave., Burlington.

Shelburne Vineyard has announced that Stowe-based artist Keilani Lime will display her works at the vineyard’s Tasting Room through the end of December. She holds a degree in Fine Art from the Academy of Art University in San Francisco, and resides in Stowe. She will exhibit large format pieces that focus on design and structural texture on canvas using acrylic and found media. Through her work’s minimalistic philosophy, she aims to create balance, focus, and peace, reforming the “din that consumes us.” For information, www.shelburnevineyard.com or 802-985-8222.

The Lamoille County Courthouse announces the second installation of artwork in the newly renovated Courthouse. Bryan Memorial Gallery of Jeffersonville has been invited by the Courthouse to install a newly refreshed exhibit of original paintings in its public spaces in anticipation of the fall season. The artworks comprise an exhibition on the theme of Vermont Landscape, and will remain in place through the end of the year. Bryan Memorial Gallery selected 37 artworks by 18 artists, all of whom paint frequently in Vermont, most of whom are Vermont residents. The paintings in oil, watercolor, pastel, and acrylics present vistas and views of mostly local scenes throughout the seasons. The works are installed in the Main Corridor and a conference room on the first floor, and outside the Courtroom on the second floor. Among the artists featured are watercolor artists Lisa Forster Beach of Stowe, Kathrena Ravenhorst Adams of Northfield, and Littleton, NH artist Jeanette Fournier, formerly of Vermont, a specialist in paintings of animals. Many of the artists have seized the opportunity to present their version of the coming seasons such as Marilyn James with her painting *October*, Lisa Beach with her painting, *Golden Vermont*, and John Clarke Olson with his painting *Westford: Winter Barns*. The Lamoille County Courthouse is at 154 Main St., Hyde Park; open Monday-Friday, 8:00 AM – 4:30 PM (closed 12:00 – 12:30 PM). For a preview of the work on exhibit, visit www.bryangallery.org. For more information, Bryan Memorial Gallery, 802-644-5100 or mickey@bryangallery.org.

Bryan Memorial Gallery presents *Fantastical Landscapes and Imaginary Places*, featuring over 100 works by 53 artists invited to depict those places that exist only in their imaginations: enhancements of daily reality or depictions of dreams. The exhibit includes three-dimensional works, photographs, monoprints, and mixed media works as well as paintings in oil, watercolor, and acrylic. All work in this exhibit is for sale through Saturday, December 23. Free. Also, *Land and Light and Water and Air*, including over 100 juried landscape paintings of New England scenes from regional artists. The gallery is open daily, Thursday-Sunday, 11:00 AM – 4:00 PM and by appointment. Free admission. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; www.bryangallery.org.

Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit www.VisionsofVermont.com.

Essex Art League meets the first Thursday of the month, September-May, 9:00 – 11:00 AM at the Essex Junction Congregational Church on VT Rt. 15, Essex Junction. The agenda includes a business and social time and a guest speaker/artist presentation. More information including a calendar and online gallery is available at the League’s website www.essexartleague.com.

The Milton Artist Guild offers a number of fun and varied workshops. For information, contact the Milton Artists’ Guild, P.O. Box 369, Milton, VT 05468; www.miltonartistsguild.org.

MUSIC

The United Church of Underhill is offering its free concert *Gift of Christmas Music* on Sunday, December 17 at 3:00 PM in the church in Underhill Flats. Among several groups will be the *Christmas Choir*, which is open this year to community singers who are interested in singing with us. Our schedule is now set and we have four rehearsals on Thursday nights at 7:00 PM in the church sanctuary – November 9 and 30, December 7 and 14. The ability to read music is desirable though not required, as we are doing concert pieces and not sing-alongs. Please join us to share some lovely music.

The Community Center in Jericho is sponsoring a benefit holiday concert on Sunday, November 19 beginning at 3:00 PM at the Center, featuring the women’s vocal ensemble *Anima* and the instrumental group *Full Circle*. *Anima* specializes in the music of the Middle

Ages and the Renaissance; *Full Circle* plays traditional pieces on recorders, hammered dulcimer, harp, guitar, and percussion. The groups will perform individually, and will combine together for the first time for a special presentation. Enjoy traditional holiday music and music that has been used for centuries to celebrate winter and the upcoming holidays. Suggested donation for an adult is \$10, \$20 for a family. Members of *Anima* are Liz Thompson (Director), Sue Carpenter, Susannah Blachly, Kathy Isaacs, Cara Hill, Sharon Newcomb, Ellie Blachly, Nancy Snow, Kathy Light, Ellie Hayes and Susan Comen. *Full Circle* includes Maeve Kim, Beth London, Susan Reit, Linda Rodd, and Mary Ann Samuels.

Valley Stage Productions will present the Norwegian based duo *Millpond Moon* at the Richmond Congregational Church on Sunday, November 19 beginning at 4:00 PM. (Doors open at 3:30 PM.) After studying rhythmic music and jazz vocals at Adger University in Norway, Kjersti Misje met Rune Hague and together they represent some of Norway’s finest songwriters, guitar players, and vocalists. They have released two albums, *Broke in Brooklyn* (2012) and *Time to Turn the Tide* (2015), both produced and arranged by them. Tickets are \$20 in advance , \$25 the day of the show – see www.valleystage.net/millpond-moon.html or contact Don Sheldon, 802-434-4563. Seniors (65+) and children 12 and under, \$15 are available from Don directly.

Natalie MacMaster and Donnell Leahy will bring *A Celtic Family Christmas* to the Flynn Center, 153 Main St., Burlington on Friday, December 1. The husband and wife duo present a concert accompanied by an array of musicians as well as their own children. On Saturday, December 2, Brian McCarthy brings with him a quartet featuring Justin Kauflin on piano, Evan Gregor on bass, and Jared Schonig on drums. For information and tickets, contact FlynnTix Regional Box Office, 802-863-5966 or www.flynnitix.org.

The Burlington Chamber Orchestra’s eleventh season performances this season will include Soovin Kim, Conductor on Saturday, January 20; a Collaboration with the UVM Dance Department featuring Claude Debussy’s *Prelude to the Afternoon of Faun* and Aaron Copland’s *Appalachian Spring* on March 3 and 4; and a collaboration with *Bella Voce Chorus* Mozart’s *Marriage of Figaro Overture*; Mel Bonis, *Suite en forme de valse pour orchestre*; and Gwyneth Walker’s *Love is a Rain of Diamonds, I Will be Earth, Thank you God, The Tree of Peace* and *How Can I Keep* on May 12. The Concerto Competition winner will also perform at the May concert. The Burlington Chamber Orchestra will be holding a special performance Classical Holidays on Sunday, December 17 that will include the music of Corelli, Amy Beach, and choral movements from *Messiah*. General admission is \$30 adults and \$10 students (with identification). Adult tickets for the January Concert with Soovin Kim will be \$40. Season tickets are \$120 for adults and \$40 for students. For more information go to www.bcovt.org, or contact Sharon Radtke, 802-893-4082 or bco@bcovt.org.

THEATER/FILM

The Nebraska Theatre Caravan returns with Charles Jones’ delightful adaptation of Dickens’ “ghostly little tale” – *A Christmas Carol* – on Friday, December 8 at the Flynn MainStage in Burlington. Weaving traditional Christmas carols into the narrative, this classic, which has played the Flynn every year for 35 years, features a 24-member ensemble and Broadway-style scenery to spirit away a MainStage audience. On Tuesday-Wednesday, December 5-6, the Flynn hosts *Kinky Boots*, about factory owner Charlie, struggling to save his family business, and Lola, a fabulous drag queen with a promising idea. Together they embrace their differences and create a line of sturdy stilettos like the world has never seen. Original music by Cyndi Lauper, the play won six Tony Awards on Broadway in 2013. For information and tickets, contact FlynnTix Regional Box Office, 802-863-5966 or www.flynnitix.org.

Shelburne Players’ fall comedy production *I Hate Hamlet* by Paul Rudnick will be performed at Shelburne Town Center, 5420 Shelburne Rd., Shelburne on Friday-Saturday, November 17-18 and Wednesday, November 15 at 7:30 PM. Tickets are \$15 (\$12 for the Sunday matinee), and can be purchased in advance at Shelburne Market. For more information or to reserve tickets go to www.shelburneplayers.com or call 343-2602. Open seating.



The Nebraska Theatre Caravan brings Charles Jones’ delightful adaptation of Dickens’ “ghostly little tale” – A Christmas Carol, on Friday, December 8 at the Flynn MainStage in Burlington. Weaving traditional Christmas carols into the narrative, this classic, which has played the Flynn every year for 35 years, features a 24-member ensemble and Broadway-style scenery to spirit away a MainStage audience. Information and tickets: FlynnTix Box Office, 802-863-5966 or www.flynnitix.org. PHOTO CONTRIBUTED

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TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD

NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 pm on Thursday December 14, 2017 at the Jericho Town Hall to consider the following:

- A request to the DRB by Richard Bouffard for Final Plat review for a 9 lot major PUD subdivision. This property is located at 232 Barber Farm Road which is located in the Rural Agricultural Residential Zoning Districts (formerly the Agricultural Zoning District).

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn
Zoning Administrator
cflinn@jerichovt.gov

PEOPLE IN THE NEWS



Maxine Gransbergen, 83, passed away on Monday, October 30, 2107 at UVM Medical Center in Burlington, VT surrounded by her family. She was born on June 14, 1934 in St. Albans, VT, daughter of the late Leo and Olive Mossey. Maxine graduated from Bellows Free Academy in St. Albans, VT. After graduating high school, she worked for the *St. Albans Messenger* and later Union Carbide. She also worked at IBM and retired in 1993. After retiring Maxine worked parttime at TD Bank, Sanders Jewelers, and cared for two of her grandchildren Hannah and Logan, who kept her life exciting. Maxine married the love of her life, Jan Gransbergen, on June 9, 1984. Her family was the most important part of her life. The love for her children, grandchildren, and great-grandchildren was immeasurable. Maxine’s home was always open to her family, friends, and anyone who entered. You always felt welcomed with warmth, and open arms. Maxine had a wonderful sense of humor, and enjoyed being with people. She always had her hair done, outfits perfect, and ready to go! She loved to shop, but not only for herself – she loved to give. She had a sense of giving that was like no other. This showed throughout the year, and especially on her favorite holiday, Christmas. She leaves behind her daughters: Lori Lemnah of Raleigh, NC, Lawnie Contois of Milton, VT, Luana Bugbee and husband David Bugbee of Jericho, VT; sons: Tim Lemnah and partner Deanna of Fairfax, VT, David Lemnah and wife Lisa Lemnah of Essex, VT, Chad Lemnah and wife Tammy Lemnah of Colchester, VT; stepson Klaas Gransbergen and wife Paula Gransbergen of Colchester, VT; stepdaughter Geeke, and her husband Cons; sister-in-law Betty Mossey of St. Albans, VT, and Louise Lemnah of Long Island, NY; brother-in-law Richard Tessier and his wife Inge of NC; grandchildren Chrystie Contois and partner Bud, Ashley Letourneau-McGarvey and husband Jerry, Cory Contois and wife Hayley, Ryan Bugbee and wife Tara, Brooke Lemnah, Jessica Lemnah, Logan Lemnah, and Hannah Lemnah; great-grandchildren Alexis Dewyea, Connor Contois, Gavin Letourneau, Evan Sands, Adriana Contois, Camden Contois, and Bella Bugbee; several nieces and nephews, a special daughter-in-law and best friend Robyn Lemnah, her dear friend Matt McGowan, and relatives in the Netherlands who she loved dearly. Maxine was predeceased her husband Jan Gransbergern; former husband Henry Lemnah; sisters Marlene Tessier and Lillian Denault; brothers Stanley Mossey, Leo Mossey Jr., David Mossey; sister in law Carol Mossey; and brother-in-law William Denault. We would like to send a special thank you to the doctors, nurses, and staff members that went above and beyond to care for our Mother’s comfort and also for the care they showed for her family. A gathering of friends for Maxine’s Celebration Of Life was held on Saturday, November 4, 2017 at 7 Borden Dr., Jericho, VT. Mom’s last words to us all, “I will always be looking down watching out for everyone. I love you all, please take good care of yourselves. Love, Mom, Grandma, GiGi, Max XO.” The family also invites you to share your memories and condolences by visiting www.awrflh.com.



Pfc. Edward F. Bessette, age 98, passed away peacefully Friday morning, October 27, 2017 at the home of his daughter in Underhill, VT. Edward was born February 4, 1919 in Malletts Bay, VT, the son of the late Joseph and Mary (Sweeney) Bessette. He attended school until eighth grade, then went to work at various jobs in the area. In 1941 he enlisted in the Army and served four years with the Battery A 211th Field Artillery in WWII. Edward loved sharing his many stories of his life growing up, the middle child in a very large family, all those years ago. He also talked about his adventures while in the War. After waiting over 60 years to receive his medals, The American Legion Post 91 in Colchester, VT honored him at a special dinner and presented his medals in front of his family and friends. This was a proud moment in his life! Returning home after the War, Edward worked on farms in Vermont and Massachusetts. He spoke very highly of his job on Herpes Dairy in New Braintree, MA, which he had to leave to come home to care for his mother and the house he grew up in. Once back in Vermont he worked for Reed & Stone Construction in Essex Junction, VT until retiring in 1981. On March 28, 1981 he married Ilamae Bessette and together they raised a family. He kept busy in the winter ice fishing with his family and friends. In summer he was busy working in his vegetable garden. His rather large garden was known for how beautiful the veggies were and you would never find any weeds in it. Edward is survived by his step sister Helen Lavee of Colorado Springs, CO; his stepchildren Arthur (Brenda) Bessette of Milton, VT, Pauline Davaris of Sudbury, MA, Peter Davaris (Tisiala) of Burlington, VT, Mary (Robert) Martelle of Underhill; many nieces and nephews, some that he has reconnected with over the last few years; and by several grandchildren and great-grandchildren. Edward was lucky to meet and hold his youngest great-grandson August John Martelle born on Wednesday, October 4, 2017. Besides his parents and siblings, Edward was predeceased by his wife Ilamae in 2000, and his step daughter Linda LaRocque in 2004. There were no visiting hours per Edward’s request. A Mass of Christian burial was held Friday, November 10, 2017 at the Holy Cross Church, 416 Church Rd., Colchester, VT. Interment with Military Honors followed in Holy Cross Cemetery. Lunch was served in church hall after service. In lieu of flowers, donations may be made in Edward’s memory to

Visiting Nurse Association of Chittenden & Grand Isle Counties (VNA), 1110 Prim Rd, Colchester, VT 05446. His family would like to thank the VNA for keeping Edward in A1 shape. He lived a quality life with regular visits from his Home Health nurse. The Hospice team of nurses and doctors were outstanding too. Thank you so much. Arrangements were in the care of Stephen C. Gregory and Son Cremation Service of S. Burlington, VT.

Joan Bahr Cross of Jericho, VT, born August 13, 1940, passed away peacefully at home late Tuesday night October 31, 2017. Joan was predeceased by her husband James L. Cross. She will be missed by her three children Jim Cross of Jericho, Joe Cross of Montpelier, VT, and Jane Cross Lavanway of Jonesville, VT. Joan will also be missed by her six grandchildren. For further information visit www.awrflh.com.

In Loving Memory of **Robert J. Tompkins, Sr.**, 68, currently of Jeffersonville, VT, passed away on Tuesday, October 31, 2017 in the UVM Medical Center, Burlington, VT. He joins his sons and daughters in Heaven: Stephen, Bobby, Stephanie, and Christina; and his parents Henry and Lucy Tompkins. He was born in Danbury, CT on April 14, 1949 to Henry and Lucy Bell (Tompkins) Tompkins. He had been employed at Acme Paint & Glass and was the husband, for 47 years, of Christine (Ritchie) Tompkins, who survives him. He also leaves eight children: Richard, Marie, Faye, Dorothy, Henry, Pearl, Lee, and Lucy; 25 grandchildren and three great-grandchildren; his sisters Dorothy, Marie, Angie, Joanie, and Sissy, all of CT; and much extended family. He will be deeply missed by everyone. Funeral services were held on Monday, November 6, 2017 in Elmwood-Meunier Funeral Chapel, 97 Elmwood Ave., Burlington, VT with interment following in Mt. Calvary Cemetery Annex, Pomeroy St., Burlington, VT.



June Elizabeth Gilbert Hitchcock, 82, of 46 Sky View Dr., Jericho, VT died on Thursday, November 9, 2017 in Burlington, VT surrounded by her family. She was born on June 19, 1935 in Rutland, VT, the daughter of David John Gilbert and Nora Elizabeth Cunningham Gilbert. She was a graduate of Burr Burton High School class of 1953 and the Mary Fletcher School of Nursing in 1956. On December 22, 1956 June married her high school sweetheart Thomas W. Hitchcock at the Dorset Congregational Church. June is survived by her husband Thomas W. Hitchcock and their five daughters Ginger McDowell, Sandy Wilmot, Jennifer Bedell, Carol Hitchcock, and Mary Streeter, and their spouses Tim Wilmot, Jim Bedell, Ed Salls, and Robert Streeter; along with twelve grandchildren and nine great-grandchildren. June loved spending time with her family and in her gardens, and was well loved in her community.

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Mater Christi tops state cross-country championships

Mater Christi School topped a successful fall season by winning the Vermont Middle School Cross-Country Run Championship with a 20 point lead in the Boys division and claiming fourth place in the Girls division. The championships took place on Saturday, October 28 at the Trapp Family Lodge in Stowe. Twenty-seven teams and more than 400 runners from across the state participated. Mater Christi runners Matt Servin and Garrett Micciche led the Boys division in its first place finish, followed by teammates Wyatt Sigler, Mason Altadonna, and Morgan Kenny. Mater Christi runners in the Girls division achieved a fourth place finish for the third year in the row, represented by leaders Isabelle Lacy and Malise Sigler, with strong scoring finishes by Malinn Sigler, Maris Lynn, and Ellie Haigney. With depth and youth in both the Girls and Boys teams, coach Mike Early looks forward to next year and Mary Warner

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Wolverine football

By Jim Driscoll

The Chittenden East Wolverines and the Chittenden South Bucs met this past Saturday morning, October 28, at beautiful Mills Riverside Park in Jericho for a berth in the Northern Youth Football Championship game played Saturday, November 4 at Essex High School. The morning provided brilliant sunshine and a cloudless sky. One could not have asked forgetter conditions for a youth football game. A large crowd was treated to a wonderful performance of our national anthem by *Lambsbread's* Bobby Hackney preceeding the opening kickoff. The Wolverines opened the game by kicking off to Chittenden South, relying on the strong leg of Ryan Whitney and a very strong defense. This proved to be an excellent decision as the Wolverines defense pinned the Bucs deep in their own territory, forcing the Bucs to punt. The Wolverines took possession at the Bucs 35 yard line and promptly marched down the field, behind a strong running game and an excellent offensive line, for an opening score. The two point conversion was successful on a beautiful pass play from Taylor Bowen to Danté Samuelson. The Wolverines pinned the Bucs again deep in their own territory on the ensuing kickoff with excellent special team coverage led by Carson Holloway. The Bucs, attempting to pass from inside their own 20 yard line, were picked off by linebacker Harper DesRoches, who returned it untouched for a touchdown, giving the Wolverines a quick 14-0 lead. Things were looking really good for the Wolverines, but Chittenden South responded behind the outstanding running of Carmelo Miceli, who broke free for several long runs including a touchdown to cut the lead to 14-6. The Wolverines offensive executed their offense to perfection on their next possession behind terrific running from Harper DesRoches, Nick Trudeau, and Brody Little, with Nick Trudeau scoring on a beautifully executed misdirection play. The two point

United Way volunteer opportunities

By Sue Alenick, United Way Volunteer Columnist
LEND A HAND. VOLUNTEER – United Way of Northwest Vermont’s mobile-friendly Volunteer Connection connects you to hundreds of local volunteer needs. Search by age, date, county, interests or causes that are important to you. Stay connected to community needs. Go to www.unitedwaynwvt.galaxydigital.com or contact us at volctr@unitedwaynwvt.org or 860-1677.
FRIENDLY VISITS – RSVP of Northwest Vermont is looking for volunteers to spend one-on-one time with a senior in Franklin, Highgate, Swanton, or St. Albans. Visitors can take a senior on an outing once a week, grocery shop, accompany a senior to a medical appointment, or just sit and chat for an hour or so. Contact Mary Pelkey, 802-527-6337 or maryp@unitedwaynwvt.org.
SHOPPING SHUTTLE – Neighbor Rides seeks volunteers, age 55 and older, to help with Green Mountain Transit’s weekly shopping shuttle. Volunteers ride the shuttle to senior housing complexes and then to local supermarkets and socialize with riders, help with boarding and re-boarding, help with shopping as needed, etc. 9:00 AM – 12:00 PM on Tuesday (S. Burlington) or Wednesday (Winooski). Contact Leah Soderquist, 861-7833 or leah@unitedwaynwvt.org.
BUS BUDDIES NEEDED – Neighbor Rides is looking for public transit users in Chittenden County to help new riders build confidence and bus riding skills. A bus buddy accompanies a new rider and teaches the rider how to read the bus schedule, navigate different routes, manage fare payment, and get on and off the bus safely. Training provided. Volunteers will receive a complimentary bus pass if they make a monthly commitment! Flexible scheduling. Contact Leah Soderquist, 861-7833 or leah@unitedwaynwvt.org.
ON THE SHELF – Fletcher Free Library is looking for volunteers with good literacy and numerical skills to shelve books in the Youth Area of the Library. No previous experience needed. Contact Rebecca Goldberg, 865-7216 or rgoldberg@burlingtonvt.gov.
FAMILY ROOM – Ronald McDonald House Charities of Burlington is seeking Family Room volunteers to greet and offer support to visitors and assist with the daily operation of the room (tidy up, let staff know when food and supplies run low, etc.). Three-hour shifts are available between 9:00 AM – 9:00 PM, seven days a week. There is also a need for volunteers to clean and help keep the House beautiful. Contact Deanna Cameron, 862-4943 or deanna@rmhcv.org.
PHONATHON! – COTS (Committee on Temporary Shelter) is preparing for its annual Winter Phonathon and is looking for volunteers to serve as callers or in the mailroom on one or more of the six-night event, Monday-Thursday, November 27-30 and Monday-Tuesday, December 4-5. Dinner and orientation begin at 5:15 PM and the calling begins at 6:00 PM. All calls are made to current supporters, so

conversion was good, giving the Wolverines a 22-6 lead. The Bucs were not to be denied, as Carmelo Miceli continued to make outstanding runs leading the Bucs to another score and a successful two point conversion, cutting the lead 22-14. A sense of nervousness was in the air, but the Wolverines were not to be denied on this day. The offense just could not be stopped as Offensive Coordinator Autumn Hallock mixed a combination of formations and a beautifully designed pass plays, most a Taylor Bowen to Cooper McLaughlin play action pass that covered 40 yards for a score. The Wolverines scored on five of their six possessions in the first half. The jet sweeps of Harper DesRoches, the inside running of Nick Trudeau, and the hard tough running of Brody Little and the escapability of Taylor Bowen from the quarterback position were just too much for the Chittenden South defense, giving the Wolverines a 38-14 halftime lead. Any coach knows you don’t move the ball on the ground or through the air without outstanding play from your offensive line and blocking from your backs. Give credit to the boys and girls in the trenches. Head Coach Todd Hallock’s defense made a few adjustments and shut down Carmelo Miceli and made play after play, shutting down Chittenden South repeatedly and giving the Wolverines the ball back and putting their potent offense on the field. Coach Hallock’s defensive line consisting of Ethan Roy, Game Baron, Carson Holloway, Ryan Whitney, Keaton Bennett-McCormick, Cooper McLaughlin, Jacob Burbank, and Nate Warren played aggressive all day long backed by a linebacking corps of Maggie Hallock, Max DeJong, and Reece Wolcott. Add in outstanding cornerback play by Nick Trudeau, Brody Little, and Wyatt Leombruno-Nicholson and the play of Taylor Bowen at free safety was just too much for Chittenden South. Give the Wolverines coaching staff credit for their preparation as the Wolverines played a nearly flawless game, moving on to the championship game against Burlington with a 52-21 win.

there are no “cold calls.” This year’s event will be at COTS’ new building at 95 North Ave., Burlington. A great group volunteering opportunity. Contact Sian Leach, 864-7402 or sianl@cotsonline.org.
IT’S RED KETTLE TIME! – The Salvation Army is bringing out the red kettles and is looking individuals, families, and groups of volunteers to work at kettle sites in Burlington, S. Burlington, Essex, Williston, St. Albans, and elsewhere. Shifts are Monday-Saturday from the second week in November through Sunday, December 24 between 10:00 AM – 8:00 PM. Contact Dominic Nicoll, 864-6991, Ext. 101, or Dominic.Nicoll@use.salvationarmy.org. There is also a need for volunteers to help set up the Christmas Castle, pack toys, distribute toys, and clean up when the holiday is over. Shifts between 9:30 AM – 4:30 PM, Monday-Friday. Contact Elizabeth Nicoll, 864-6991, Ext. 102, or Elizabeth.Nicoll@use.salvationarmy.org.
THE GIFT OF READING – Fletcher Free Library invites volunteers to share the joy of reading with less advantaged preschoolers during the 27th annual *Books for Children Gift Campaign*. Choose from a provided list or make your own selections and then purchase books at Crow Bookshop or Phoenix Books for a discount. Books will be distributed to community centers, Head Start preschools, and COTS shelters. Contact Rebecca Goldberg, 865-7216 or rgoldberg@Burlingtonvt.gov.
FIRST RUN – RunVermont needs volunteer help for its 30th annual First Run 5K and Youth Fun Run on Monday, January 1, 2018. Volunteers can staff the registration table, help with children’s activities, help with food set up, and more. A great, festive way to start the New Year! Contact Chuck Spear, 863-8412 or volunteer@runvermont.org.
A CHILD WAITS – Steps to End Domestic Violence invites volunteers to sponsor a child affected by domestic violence by fulfilling a holiday wish list. Volunteers will be provided with the age and gender of the child and the option to buy up to four gifts not to exceed \$100. Businesses and organizations are invited to consider sponsoring a whole family. Volunteers can also help organize donated gifts. Contact Kelly Dougherty, 658-3131 or kellyd@stepsvt.org.
ADMINISTRATIVE SUPPORT – Essex CHIPS is looking for a part-time volunteer to provide administrative support to the Executive Director. Tasks include preparing mailings, making phone calls, helping with fundraising projects, and more. Contact David Voegel, 878-6982, Ext. 101, or david@essexchips.org.
MENTOR! MENTOR! – Spectrum Youth & Family Services is in search of mentors, age 21 and over, particularly male identified mentors, LGBTQ+ mentors, and mentors of color, for youth who can use another healthy adult in their lives. Spend four hours a month reflecting, respecting, and celebrating the identities that are important to a mentee. One year commitment is needed. Contact Stephanie Ball, 864-7423, Ext. 321, or 660-0578.
DATA ENTRY – Chittenden Emergency Food Shelf needs a volunteer with experience with *Donor Perfect* or other data entry skills to help keep track of their data. Training provided. Contact Anisa Potvin, 658-7939, Ext. 24, or apotvin@cvoeo.org.
BABY ROOM – Pine Forest Children’s Center serves 75 young children in the South End of Burlington. They have a classroom of one-year-olds who need some extra love from a volunteer who enjoys snuggling, reading, and playing. Background check required. The Center could also use a volunteer handyperson to do minor repairs and maintenance, and a sewing expert to make repairs to soft furnishings. Contact Christina Goodwin, 651-9455 or Christina@thepineforest.org.
PROGRAM SUPPORT – The Peace and Justice Center needs volunteers to help with everything from promotion to event attendance for their main programs: Fair Trade Education, Peace Work and Nonviolence, and Racial Justice. Many volunteer opportunities exist. Find the one just right for you! Contact Kristen Connors, 863-2345, Ext. 7, or volunteer@pjcv.org.
SKI CUBS – City of Winooski offers Ski Cubs, a free “learn to ski” program for 7-14 year olds. Transportation, equipment, instruction, and ski passes are provided at no cost for the six-week program. An adult volunteer is needed to serve as chaperone during the ski trips. Ride the bus, ski, and enjoy great days with the kids! Background check required. Contact Aphaia Lambert-Harper, 655-6410, Ext. 12, or volunteer@winooskivt.org.

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Solar Power For People, Not Profit.

Vermont Electric Cooperative is member-owned and committed to the best interests of our members and their communities. This is why we developed VEC Co-op Community Solar—an easy and efficient way for all VEC members to get great value while supporting clean electricity.

VEC Co-op Community Solar is perfect for folks renting their home and for houses with a shady site or unsuitable roof.

Members simply make a one-time upfront payment (starting at just \$100) to sponsor a portion of the solar array and receive a guaranteed fixed monthly credit on their electric bill.

Participants can opt out at any time for any reason, and get back a prorated portion of their sponsorship. Ten and twenty year terms are available and so is affordable financing.

With one project up and running in Alburgh, and two projects in development in Grand Isle and Hinesburg, now is a good time to support solar with VEC Co-op Community Solar.

For more information, visit vermontelectric.coop/solar or call 1-800-832-2667.





Headquartered in Johnson, Vermont Electric Cooperative serves 32,000 members, 2,882 miles of distribution line, 2,056 square miles of territory, and 75 communities in eight counties.