

Jericho Town Library celebrates summer



The Jericho Town Library celebrated their Summer Reading program with an afternoon of activities and special treats on Wednesday, August 2. Under warm, sunny skies, SunCommon provided their Solar Bounce House for the pleasure of many youngsters. Ice cream in four flavors was a hit with young and old alike! Members of the JTL Friends group and others provided help and support for the activities. A special thanks to Orelyn Emerson, Liz Thompson, Patty Carroll, and Regina Limoge, as well as JTL Trustees Linda Porter, Sue Macmillan, and Barb Adams, who all made sure that the afternoon was an awesome success!

The highlight of the celebration was a performance by the *Bindlestiff Family Circus*. The show featured juggling, feats of daring like a ladder of razor sharp machetes, comedy, sideshow stunts like sword swallowing, and audience participation. Mr. Pennygaff balanced bottles on wooden spoons and tops on strings. He also performed the classic plate spinning frenzy. There was acrobatic balancing on the "rolla bolla" by Ms. Pennygaff. After the show, children were invited to participate in a juggling workshop. About 125 people attended this event. Prizes were drawn from the list of children who filled out a Summer Reading log. Hazel Fasching won a Bash Badge from Smuggler's Notch, John Massey

Bolton Conservation Commission awarded grant

The Association of Vermont Conservation Commissions (AVCC) recently awarded "tiny grants" (\$250-400) to six Conservation Commissions statewide, including to the Town of Bolton. The Town of Bolton Conservation Commission will use the AVCC Tiny Grant to host an informative presentation from Sue Morse, a nationally acclaimed tracker, naturalist, photographer, and founder of *Keeping Track*, on the impact of climate change on animals of the north. Contact: Amy Ludwin, 802-355-3646.

2017 Button Up Vermont Campaign is coming

Button Up Vermont is a community-based, public outreach campaign to promote home energy efficiency improvements – particularly helping people reduce heating and cooling costs. Efficiency Vermont, in partnership with a broad group of statewide and regional organizations, is planning to work with at least 25 Vermont communities to engage their residents around thermal efficiency. The 2017 Button Up Vermont campaign will focus on all Vermonters and is designed to provide opportunities for all individuals to take actions, from simple weather stripping to comprehensive home efficiency improvements. Local energy groups will be able to sign up to participate in Button Up Vermont by early September. For more information contact Paul Markowitz at Efficiency Vermont, pmarkowitz@veic.org or 802-540-7608.

Vermont in the Civil War Heritage Trail launched

On behalf of fellow sites, partners, and stakeholders throughout the state, the Milton Historical Society and General Stannard House Committee are pleased to announce the launch of the Vermont in the Civil War Heritage Trail. The Vermont in the Civil War Heritage Trail was born out of a desire to link key American Civil War sites in the Green Mountain State (museums, historic sites, exhibits and more) and educate by making this important history more unified and accessible. Special thanks are due to Howard Coffin, whose 2013 book *Something Abides: Discovering the Civil War in Today's Vermont* is a reference and inspiration for this Trail. Visit www.vtcivilwarheritage.net to learn more.



received a day pass at Petra Cliffs, Addie Dowd won a mug filled with free creemee coupons from the Jericho Center Country Store, and Gavin MacLeod was the recipient of a backpack donated by the Community Bank in Jericho.

Leading up to the Summer Celebration, during the month of July, story times, events, programs and a puppet show by the Modern Times Theater entertained children in the community. All these wonderful programs were arranged by Colleen Korniak.

Thank you to Colleen Springer, school librarian at the Rick Marcotte Elementary School in South Burlington, for filling in as our summer librarian. She did a marvelous job!

Starting September 5, Jericho Town Library has new hours. JTL will be open Monday, Tuesday, Thursday, and Friday, from 2:00 – 5:00 PM. On Wednesdays, we will be open from 10:00 AM – 12:00 PM and 2:00 – 7:00 PM. Saturday mornings, the library will be open from 10:00 AM – 12:00 PM. We are hoping that the new, more consistent hours will be more convenient and easier to remember for patrons. Lisa Buckton, the previous Teen Librarian at the Fletcher Free Library in Burlington, will be JTL's new Director.

Submitted by Barb Adams
Jericho Town Library Board of Directors

Sign up for Making Strides Against Breast Cancer walk



On Sunday, October 15, the American Cancer Society's Making Strides Against Breast Cancer will celebrate its 10th anniversary with a fundraising walk in S. Burlington. "It promises to be the best community event of the season," said Dave Carmichael, Community Manager. "Teams are already getting signed up." To get a team signed up or for more information: www.makingstrideswalk.org/chittendencountyvt.

PHOTO CONTRIBUTED

MMU Food For Thought potluck forums

A new and exciting series of community events is coming to Mount Mansfield Union High School in Jericho this fall. The series is called *Food for Thought* and it is being coordinated by MMU teachers Will Wright and Jennifer Adkisson and Jen Adkisson and Rev. Arnold Thomas of the Good Shepherd Lutheran Church.

These free monthly events will be held in the MMU Library. There will be a potluck meal (please bring salads, main dishes, or desserts) followed by a half-hour presentation, then some discussion about the topic. Rev. Thomas coordinated events like this when he was pastor at Riverside church in New York City, and he is bringing the concept here to Vermont. We are fortunate that

Food continued on page 2

Pets feel pain: learn how to manage it

By the Vermont Veterinary Medical Association
Erin Forbes, DVM

Mountain View Animal Hospital

September is Animal Pain Awareness Month. Pain comes in many forms: arthritis, cancer, post-surgery, acute injuries, and chronic injuries. Acute pain is obvious and distressing, and hard to miss: think a broken leg or an injury from falling down the stairs. Chronic pain can be subtle: some may just think their pet is getting old. However, while old age is not a disease, pain is and can be treated. There are many options to treat the various causes of pain in animals, including pain medications, physical rehabilitation, and integrative medicine options (acupuncture and chiropractic).

Common signs of pain can vary among animals. In dogs these include decreased social interaction, an anxious expression, whimpering, decreased appetite, self-mutilation, and changes in posture. In cats, we see reduced activity, loss of appetite, loss of curiosity, changes in urinary/defecation habits, hiding, excessive grooming (especially over joints), stiff gait, or matted fur. In horses, they might arch their back, shift their weight, stand abnormally, and be very stiff when moving.

The good news is there are multiple ways to treat pain in animals. No longer is it limited to one medication that not every pet can tolerate. Veterinarians now have a variety of medications, specifically made for animals, to help treat pain. This can range from non-steroidal anti-inflammatory drugs, to joint injections, to medications that treat neurological pain. Further, it is important to incorporate exercise and physical therapy into pain management. There are professionals who have specific training in physical therapy for companion animals. There are facilities with underwater treadmills and agility courses specifically meant to increase our

animal's strength and decrease their pain.

Another area of veterinary medicine that helps control pain is integrative medicine. This includes therapeutic laser, chiropractic manipulation, and acupuncture. Veterinary chiropractic can often eliminate the source of acute or chronic pain syndromes. It can be used to treat chronic musculoskeletal problems such as arthritis, or acute problems such as tension or stiffness. It can help enhance performance ability of sport animals, and as a complementary treatment for chronic lameness such as bone spavin, navicular syndrome, or tendon problems in the horse, as well as arthrosis, spondylosis, or tendon problems like cruciate ligament in the dog. Acupuncture is based on the idea that bodily functions are regulated by an energy called *qi* which flows through the body. To fulfill its functions, *qi* has to steadily flow from the inside of the body to the "superficial" body tissues. Disruptions of this flow are believed to be responsible for disease. The goal of acupuncture is to correct imbalances in the flow of *qi* by stimulation of anatomical locations on or under the skin. Acupuncture can be used to treat chronic and acute pain, post-operative pain, and many types of inflammation. Therapeutic Laser is a non-invasive treatment that can make your pet more comfortable and give them a better quality of life. The analgesic effect of laser is caused by inhibiting the cellular function of nerves. The light suppresses receptors that send pain signals to the brain, and the production of endorphins and enkephalins are increased, which are the body's natural painkillers.

There are many signs of pain in animals, but also many different ways to treat pain. One should never ignore signs of pain in their animals. Please contact your veterinarian to discuss any questions or concerns you might have.

NASCAR ticket raffle benefits the Varnum Library

The drawing is Saturday, September 16 at 3:00 PM to win four seats to the second race in the playoffs of the Monster Energy NASCAR Cup Series. A stepping stone for aspiring champions, this race will feature 16 championship hopefuls in the full 40-car field. The race will be run on Sunday, September 24 at 2:00 PM at the New Hampshire Motor Speedway, 1122 Rt. 106 North, Loudon, NH.

Only 250 tickets at \$10 each will be sold in the raffle to benefit the Varnum Library in Jeffersonville. The prize – four tickets, seats 1-4 in row 29 – is valued at \$380.

Raffle tickets may be purchased at the Varnum Memorial Library, 194 Main St., Jeffersonville Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM,

Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Tickets can also be purchased online at www.varnumlibrary.org; click on "Welcome to the Varnum" and then on the donate tab. Please be sure to type in the note to seller that you are buying NASCAR raffle tickets.

Tickets are also available from Ms. Donna Rooney, the receptionist at the Cambridge Elementary School, 186 Schools St., Jeffersonville Monday-Friday until 6:00 PM; and at Visions of VT Art Gallery, 100 Main St., Jeffersonville on Saturdays or Sundays until 5:00 PM.

All proceeds go to benefit the Varnum Memorial Library. For more information, 644-2117.

COMING EVENTS

Wednesdays, September 13, 20, 27

Story Time at Phoenix Books Essex, 20:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite, to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz.

Thursday, September 7

The Full Vermont: Vermont in the Age of Trump, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Bill Mares and Jeff Danziger to celebrate the launch of their book. Come for the cartoons by the incomparable Jeff Danziger; stay for a primer for the millions of Americans who've been asking, "What do we do now?" Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Friday, September 8

Contra Dance, 8:00 PM, Shelburne Town Hall, 5376 Shelburne Rd., Shelburne. Music by *Chimney Swift*; caller Angela DeCarlis. Sponsored by Queen City Contras. All are welcome, all dances taught, no partner or experience necessary. Beginners' session at 7:45 PM. Admission \$9 adults; under 12 free. Please bring clean, soft-soled shoes for dancing. Information: 802-371-9492 or 802-343-7166; www.queencitycontras.org.

Friday-Sunday, September 8-10

Window Restoration Workshop, Grand Isle Lake House, Grand Isle. Get in-depth training from window professionals on how to reglaze and paint historic windows, learning on the actual historic windows of the Lake House itself. Presented by the Preservation Trust of Vermont. More information at <http://ptvermont.org/2017/window-workshop-2017-september-8-10-grand-isle-lake-house/>.

Friday-Saturday, September 8-9

Annual Fall Book and Bake Sale, 9:00 AM – 12:00 PM, Grace United Methodist Church, 130 Maple St., Essex Junction. For more information, contact Ann, 879-7943, or Jane, 878-4078.

Saturday, September 9

Chicken Pie Supper, 5:00 PM until all are served, Waterville Elementary School, 3414 VT Rt. 109, Waterville. Please come and

enjoy homemade food at the Waterville Union Church's annual chicken ie supper. Dessert will be apple, pumpkin, and custard pies. Cost: \$12 adults, \$6 children under 12. Take-out available; handicapped accessible. For more information, contact Joan Tobin, 802-644-6596.

VT Genealogy Library Open House, 10:00 AM – 4:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Join us for demos of Family Tree Maker vs. RootsMagic vs. LegacyFamilyTree, demonstrations of *Ancestry.com* and FindMyPast. There will also be an introduction to DNA testing. Volunteers will be on hand to give tours of our library with its many resources. There will be genealogy books for sale and free refreshments. The event is free. Come check us out and bring a friend! Check out www.vtgenlib.org for the schedule of demonstrations that day as well as our new class schedule.

VT Historical Society Annual Meeting, 8:30 AM – 12:00 PM, VT History Museum, Montpelier. The 179th annual meeting of the Historical Society. The business meeting will be followed by a keynote presentation by art historian Paul Worman on the important Montpelier artist Thomas Waterman Wood; visit the exhibit *Studies in Perfection: The Portrait Painting of Thomas Waterman Wood* in the Museum's Local History Gallery. Free, but please register by Sunday, September 3. More information at <http://vermonthistory.org/visit/events-calendar/annual-meeting-conference>.

Sunday, September 10

District 5 Schoolhouse reunion, 2:00 – 5:00 PM, District 5 Schoolhouse, Underhill Center. Former students who attended the school in the 1940s-1950s will attend, and all are welcome! Memories will be shared and apple treats consumed. If you know of anyone who should be contacted about this event, please email jeanarchibald8@gmail.com.

Huntington Chicken BBQ and Salad Supper, 11:00 AM – 2:00 PM or till all are served, Brewster-Pierce School, Huntington. This annual event benefits the Huntington Public Library. The meal features a slow-roasted half chicken, baked beans, fresh dinner roll, homemade pie, beverage, and choice of seven fresh salads made with local veggies and fresh herbs. A vegetarian option is available. Half Chicken Dinner \$12; Salads Dinner \$9; Child (under 12) Chicken Dinner \$6.50. Tickets available at the door, or reserve your meal by calling 434-4583 or 434-2690. Takeouts available. Half chickens for the freezer will be available for \$7 and whole pies available for \$15 starting at 1:00 PM. Information: Heidi Racht, 434-2690 or 434-2032.

Fall volunteer work party, 9:00 AM – 2:00 PM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Come for an hour or all day – yourself, or bring a friend or family. Lots of outdoor and indoor tasks, from window netting, cleaning, trail work, prepping for fall programs, and more. If you'd like to volunteer a different day, just call. All are welcome; lunch provided to those who pre-register. Information: 802-434-2167, museum@burdsofvermont.org, or <http://www.birdsofvermont.org>.

Who Walks These Woods, 1:00 – 3:00 PM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Expert tracker and longtime UVM instructor Mike Kessler will gently guide a journey into the ancient art of tracking. Pre-registration recommended. Cost included with Museum admission. Information: 802-434-2167, museum@burdsofvermont.org, or <http://www.birdsofvermont.org>.

Sunday Brunch, 9:00 – 10:30 AM, Morrisville VFW, Pleasant St., Morrisville. Adults, \$10; children under 10, \$5. Benefits the Morrisville VFW Auxiliary.

Tuesday, September 12

Nestlings Find Nature (preschoolers), 10:30 – 11:30 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Preschoolers discover birds through stories and investigative play, and discover how nestling songbirds grow and develop in their world. Books, crafts, nature walks, and outdoor activities. Intended for preschoolers; parents and siblings welcome. Cost included with Museum admission. Information: 802-434-2167, museum@burdsofvermont.org, or <http://www.birdsofvermont.org>.

Wednesday, September 13

Lilian Baker Carlisle: Vermont Historian, Burlington Treasure, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Joanna Tebbs Young for a talk on her new book. Young has used 80 years worth of scrapbooks kept by Carlisle herself to reconstruct the life of a great Vermont historian. Assistant to Electra Havemeyer Webb of Shelburne Museum, author of a book

on early Vermont silver, champion for equality and the environment, politician and preservationist, Carlisle was a woman ahead of her time. Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Proceeds from ticket sales will go to the VT Foodbank. Information: www.phoenixbooks.biz or 448-3350.

Green Mountain Chapter, Embroiderers' Guild of America, 9:30 AM, living/dining room, The Pines, 5 Aspen Dr., S. Burlington. All abilities welcome. This meeting is an "open sew" so bring a project to work on. First meeting is complimentary. Bring a bag lunch. Carpooling available from many areas. Information: 372-4255 or gmc.vt.ega@gmail.com.

Muslim Girls Making Change, 6:00 PM, Stearns Performance Space, Johnson State College, Johnson. The South Burlington based slam poetry team focuses on dispelling stereotypes, and includes Hawa Adam, Kiran Waqar, Lena Ginawi, and Balkisa Abdikadir. Free and open to the public.

Tales and Treasures of Essex, 7:00 PM, Memorial Hall, Essex Center. Essex Community Historical Society presents a program on the settlement around Indian Brook Reservoir by local artist, writer, and educator Judy Dow. Information: Ann Gray, 878-4088.

Thursday, September 14

MMU Academic Boosters' 31st Lasagna Dinner, 4:30 – 6:30 PM, Mount Mansfield Union High School Cafeteria, Jericho. This annual pre-open house event supports programs for academic success. Tickets: \$8 adult, \$6 student, \$3 preschool; \$25 family. Tickets available at Jericho Center Country Store, Beaudry's, MMU Main Office, or at the door.

Friday, September 15

The Harvest Baker, 5:00 – 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Meet Ken Haedrich and enjoy a treat from the pages of his new cookbook featuring savory and sweet recipes that incorporate a wide variety of vegetables, fruits, and herbs into all types of baking. Free and open to all. Information: www.phoenixbooks.biz or 448-3350.

Saturday, September 16

Walter Mosley reading at JSC Alumni Reunion and Family Weekend, 3:00 – 4:00 PM, Johnson State College quad, Johnson. Mosley will receive an alumni award and give a reading at an event also featuring readings by JSC faculty members who are authors. Other reunion events on the quad include: 12:00 – 5:00 PM, crafts projects, lawn games, a photo booth, and JSC Dance Club activities; and 4:00 PM, ice cream social.

Beginning Genealogy, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Sheila Morris will discuss records, techniques, and best practices for sound research in a talk aimed at beginners and those who have started but are still relatively inexperienced. Sheila will also discuss how to organize the records and images from your research efforts. Bring as much information as you can about your grandparents: births, marriages, deaths, and where they lived. Our volunteers can help you get started. Classes are \$10. The library is open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM. Parking and entrance are across from the State Police building. For information, www.vtgenlib.org or 802-310-9285.

Sunday, September 17

VT International Festival Kick-off Dinner, 5:00 – 8:00 PM, North End Studios Event Hall, St. Joseph's School, 20 Allen St., Burlington. The VT Performing Arts League hosts this dinner to showcase some of the international foods and performances from past VT International Festivals. Tickets \$20 include food from many Festival vendors, international musical and dance performances, and a raffle for prizes donated by Festival craft vendors. Funds from this dinner support the 25th annual VT International Festival December 1-3, 2017 at the Champlain Valley Fairgrounds where over 50 vendors sell clothing, accessories, pottery, wall hangings, rugs, holiday decorations, instruments, sculptures, carvings, and jewelry as well as ethnic food including African, Nepali, Caribbean, Tibetan, Eastern European, Indian, South American, Turkish, and Japanese. Plus nonstop multi-cultural music and dance. For more information, www.vermontinternationalfestival.com.

Monday, September 18

Baratunde Thurston at JSC, 8:00 PM, Dibben Center for the Arts, Johnson State College, Johnson. The author, comedian, and cultural critic will speak as part of JSC's semester-long focus on diversity. Thurston will speak about his comedic memoir *How to Be Black*, a New York Times best-seller. Thurston, of Brooklyn, is an Emmy-nominated host who was digital director for *The Onion*, among other multimedia roles. Free and open to the public. For more information, <http://baratunde.com/>.

Tuesday, September 19

Green Writers Press authors, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Green Writers Press authors and discover four new books from this Vermont publisher: *Broken Wing* by David Budbill (represented by Nadine Budbill) is the story of one man's efforts to save a rusty blackbird that can't fly south for the winter. *Horse Drawn Yogurt* is about Peter Gould's decade on Total Loss Farm. Nancy Hayes Kilgore's *Wild Mountain* (launching at this event!) is a novel about the love of place, freedom to marry, and freedom from the past. The stories in *A Field Guide to Murder and Fly Fishing*, by Tim Weed, speak to the powerful magnetism of solitude versus friendship, brotherhood, and love. Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Thursday, September 21

Old-Fashioned Chicken Pot Pie Supper, servings at 5:00, 6:00, and 7:00 PM until all are served, Binghamville Methodist Church, Fletcher. Menu: Homemade chicken pie, mashed potatoes, squash, cole slaw, cranberry jello, pickles, pie. Adults \$10, children under 12 \$5, preschool free. For reservations, call Dennis and Charles, 849-2120.

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they will take place right here in our local school.

Details for the first three events have been worked out, and the theme is Human Genetic Engineering. The presenters are Debra Leonard and Robert Wildin, both of whom are MDs at UVM's Department of Pathology and Laboratory Medicine. The events are:

- Tuesday, September 12, 6:00 PM: From where have we come, and where are we now? Explore the path traveled so far in the science of genetic engineering and the lessons learned as related to human genetic engineering.
 - Tuesday, October 10, 6:00 PM: Can genetic engineering eliminate sickness and death? Can genetic engineering eliminate worry about sickness, growing old, and death? What are the gains and losses of such "progress," and what effects would this have on world population?
 - Is there a perfect human prototype? Will there come a time when parents would be able to choose their children's race, gender, sexual orientation, intelligence, height, and other features that they believe will assure the prosperity and success of their descendants?
- For more information, please call Will Wright, 858-1700, or Rev. Thomas, 802-503-9666.

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COMMUNITY COLUMNS

My mistake

By Sue Kusserow

Special to the Mountain Gazette

I picked up a copy of the *Mountain Gazette* for August 17 and turned to page 3. Dr. Lewis First had gotten in first, with an excellent column on children's ages and skills to consider for entry into kindergarten. There were also reports of many good activities at various libraries. My column was not there. For the first time in some seven years, it wasn't there. What had I done? Did I write something that was untrue, inflammatory, or just plain poor writing? I wandered away from the pile in the Jericho Market feeling rejected and full of self-pity. Then, I remembered. I hadn't sent anything in. I had been gone, hadn't marked the calendar, had three or four ideas that I was "going to develop" sitting quietly mixed with unpaid bills.

I tried to arouse some blame, lightly washed with anger. Couldn't someone have taken one of my old essays and turned it into a dust-covered, "recently discovered" ancient manuscript? But even for my egotistical ears, this was a stretch I couldn't believe. I usually, after a new paper is out, read over what I wrote... to see if errors were minor and easy-to-forgive... or egregious, slanting the whole meaning of the essay. But not much could be done at that point, and I would have to count it as not one of my better essays.

*The moving finger writes, and having writ,
Moves on: Nor all thy Piety nor Wit
Shall lure it back to cancel half a line,
Or all thy Tears wash out a Word of it.*

— *Ruba'iyat* (four line verses),
Omar Khayyam, Persian 1043

Later, I sunk myself in bed, surrounded by books and papers in various stages of reading or recalling, marked with the handmade bookmarks of the Underhill Central School student sales. Here are my recommendations for various actions and moods:

A *New York Times* crossword puzzle book, for Mondays only, to make you think you are smart. A *Seven Days* crossword puzzle to make you realize you're not. A *New York Times* crossword puzzle for Sunday, to make you feel just plain stupid.

A confessional that hides nothing (*Hillbilly Elegy*) and yet J.D. Vance shows Appalachia in truth and courageous misery.

Dickens: the pitter/patter of barefoot children that started a movement to control child labor.

*The golf links lie so near the mill,
That almost every day,
The little children can look out,
And watch the men at play.*

— sarcastic nursery rhyme

Katherine Boo (*Behind the Beautiful Forevers*). A novel about East Indian slum areas around Mumbai. It doesn't say "Isn't this awful!" but uses description rather than emotionalism. She lets you make up your own mind: cataloguing disaster upon disaster... or... emotionalizing the whole mess by your own sense of shame.

George Orwell (1984). Uncannily accurate predictions. Scary.

Margaret Atwood (*The Handmaid's Tale*). Even scarier.

Erma Bombeck (*The Grass is Greener over the Septic Tank*).

My idol for gentle humor; a practical guide to the suburbs.

Rilke (*Letters to a Young Poet*). How to say No gracefully.

Hemingway, Ernest (anything). Staccato speech.

Ken Kesey (*One Flew Over the Cuckoo's Nest*). Between Nurse Ratchett and Sairy Gamp, nursing was set back a few years.

AA Milne (*When We Were Very Young*). A blessing of gentle whimsy, for his son.

Flannery O'Connor (*A Good Man Is Hard to Find*). A wafer of Catholicism, spread with terror.

Emily Dickinson (most any poem). An addiction to dashes.

Roald Dahl (*The Boy Who Talked with Animals*). A magician for all ages.

Fredrik Backman (*Bear Town*). A Swedish town obsessed with hockey. Do not tell the ending to any potential reader... it's amazing!

Immanuel Kant (*Critique of Pure Reason*). For sleep-inducement: one paragraph = several yawns and blurring of vision. One page = one Ativan.

So, you would think, surrounded by all these varied options, that I could do better than write a confessional cloaked by a tawdry attempt at erudition. But:

The mind is an invaluable tool for writing organizing, conceptualizing and replaying information. The mind is a wonderful servant; it just makes a poor master.

— McWilliams, in *Life 101*

ART / MUSIC / THEATER

ART/PHOTOGRAPHY

VSA Vermont and the Flynn Center for the Performing Arts invite established and emerging Vermont artists to participate in FLOURISH, an exhibition showcasing works of art by Vermont artists with various disabilities. The exhibition is to be held at the Amy E. Tarrant Gallery at the Flynn Center for the Performing Arts in Burlington, April 7-June 30, 2018. FLOURISH will offer participating artists opportunities to be featured in statewide publicity, build larger audiences for their work, and receive technical assistance in the professional documentation and presentation of their work. The Amy E. Tarrant Gallery at the Flynn Center is physically accessible and the exhibition will provide accessible program and communication features coordinated by VSA Vermont. Vermont artists with various disabilities, regardless of experience or formal training, who are at least 18 years of age or older are eligible to apply. Participation is encouraged by artists who have lifelong disabilities as well as artists applying with artwork completed after the onset of their disability. A disability, as defined in the Americans With Disabilities Act, substantially limits one or more major life activity. Eligible artwork includes (but is not limited to) painting and drawing in oil, acrylic, watercolor, pencil and charcoal, digital art, photographs, collage, fiber art, or computer-generated prints. All artworks must have been completed during the past five years, and must be able to be hung on a wall. Submissions must be postmarked by Friday, September 29, 2017. For full information on artwork requirements and how to apply, please go online to <http://222.vsavt.org/flourish/> or contact exhibition coordinator Heidi Swevens, 802-238-5170 or flourish@vsavt.org.

Bryan Memorial Gallery in Jeffersonville presents *Land and Light and Water and Air*, featuring juried landscape paintings from New England artists. The exhibit opens Thursday, September

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I lassoed a goat in Jericho

By Bernie Paquette

Special to the Mountain Gazette

Having recently moved to Jericho from S. Burlington, I am finding living in a small town can be different than living in the big city (although all things are relative; after all this still is Vermont!)

Upon returning from a trip, being a bit tired and red-eyed, climbing the last of a seemingly endless series of hills I they apparently are cheaper by the dozen here I spotted a sheep walking along the sidewalk as rightfully as skate boarders, rollerbladers, bicyclists, and walkers might do in the city. (Yes, some of us use two wheels and our legs for travel.) After taking a double take, I confirmed the critter did indeed have not only long hair, but four legs as well. I yelled to my companion to stop the car, there was a sheep on the sidewalk, and we just had to do something. She, my companion, did not seem to be a bit surprised by the sighting, though she and the sheep were both a bit shaken by my loud outcry. It is usually much quieter here, what with fewer airplanes and only an infrequent and minor noise barrier broken by the military. Military folks only motor through town with camouflaged vehicles instead of taxi down the runway in jets that stop conversation for miles. Here I can hear my self think, and I did. I thought: What am I going to do IF I CATCH HIM?

Long story cut short, Christa Alexander from Jericho Settlers Farm, owner of the sheep and not surprised by the lonely home-sick ram, came by and wrangled the now somewhat ornery critter by herself. That is one strong lady farmer. Small diverse farms I had heard of (we do have Farmers Markets in the city), but this was a real close up and personal farming view new to me. The ram bleated me farewell and I, feeling like I was now becoming an integrated part of this rural town, added that I might pay him and his gals a visit sometime as part of my goal of meeting more of my new neighbors, including the four legged variety.

A few weeks later, not far from my new home, as we drove up another hill (flat is an unknown term here), we spotted a goat standing along the side of the road as though it was perfectly normal for such a four-legged domesticated creature to be hitchhiking. Being from the city, and a flatlander at that, I thought it best to stop and see if the poor fella needed directions. After all, though I was



Caution approach with care, Bernie Paquette wrote a monthly column for many years published in *The Other Paper of S. Burlington*, and now resides in Jericho. PHOTO CONTRIBUTED

raised and grew up in the shadow of the metropolis of Burlington, mama did raise me with the good sense of neighborly etiquette.

Now being of sound mind and body, but not as fit as the local woman farmer, I decided even a goat was a bit much to wrestle with, so, yup, you guessed it, I LASOED A GOAT IN VERMONT. Well, sort of I writers and storytellers are allowed a bit of rope. With some help from a friend and the fortune of the goat wearing a collar, I led the very friendly creature back to its mate and its home in a large fenced in backyard. I felt like I too had come home to new friendly and caring folks, including the four-legged variety.

How to encourage tolerance in children

Given events in the news over the past several weeks, parents have been asking me what they can do to ensure that their children grow up with tolerance and an appreciation of diversity in others. Let me provide an unbiased look at this important topic.

Tolerance occurs when one appreciates with openness and respects the differences that exist in all of us. It means learning from each other to create new bonds of friendship and understanding.

Children can be way ahead of parents in regard to exposure to cultural differences based on their friends, classmates, and teammates. It's very possible that there is much more diversity in our children's lives than we as parents and grandparents had growing up.

So how do you teach tolerance to your children? Step one is to be a role model for your children. Exemplify tolerance so children learn from you how to appreciate differences in others. Talk with your children about the fact that biases do exist, but also stress the importance of eliminating those biases through valuing tolerance and respect. Ask your children how they would feel if they were excluded from a game because of how they looked or dressed.

Be aware of how you talk about others different from yourself, since your children are always listening. Select books, toys, music, and watch videos that celebrate rather than make fun of others. When biases are demonstrated in a book, movie, song, or on TV, point out

Word-a-gram: Blueberries

By Sue Kusserow

These are native high bush berries, often with their feet in a swamp. Some are too high to reach. By the time you blunder through the lower branches, you have already dislodged many you could have popped into your basket, or better yet, a can with a necklace of string, which leaves both hands free to grab the ones that are so ripe they fill your hand in a couple of gentle pulls. Most drop blue; on the third pull come the reddish berries, which will soon turn slate blue overnight. My hands always seem to reach higher; what is it about even a minor challenge that moves one past the do-able? The morning sky peeks through the parted leaves... blue on blue. I will honor the harvest by making a pie, and remembering this small catch of time... in the Vermont mist of morning.

Help United Way Lamoille deliver firewood

Save the date Monday, September 11! United Way of Lamoille County will be holding our day of service. Come on down to help cut, stack, and deliver firewood with your friends and neighbors.

Does your group want to help but can't on September 11? Just email jim@uwlamoille.org to set up a special time.



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Must be signed for attribution with writer's address and phone number.

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Health workshops sponsored by Northwestern Medical Center

Healthier Living with Diabetes, Wednesdays through September 13, 1:00 – 3:30 PM, Northwestern Medical Center, Cobblestone Building, Suite 202. Are you or someone you know living with Diabetes? Learn to feel better by learning how to deal with frustration, fatigue and pain, manage symptoms and medications. Pre-registration required, call 524-1031. Free.

Diabetes and You, Fridays, September 1-29, 1:00 – 3:00 PM, Enosburgh Emergency Services Building. Pre-registration required, contact Deborah Robertson, 424-1031. NMC will bill your insurance for the course fee. Scholarships available, no one will be turned away for lack of ability to pay.

Breastfeeding and You, Thursday, September 7, 6:00 – 7:30 PM, NMC Family Birth Center. Free breastfeeding prep class for moms, moms-to-be, and family members to plan for breastfeeding in the first month of life. Personalize your breastfeeding plan, line up your support, go over the basics, ask questions and get real-life answers. You can do it, WIC can help! Register by calling 524-7971. Free.

Tai Chi classes, Mondays, September 11-November 13, 4:00 – 5:00 PM (first class), 5:15 – 6:15 PM (second class), NMC Wellness and Fitness Room (Conference Center). Tai Chi is a form of gentle, guided movement that is sometimes referred to as *meditation in motion* and can aid in reducing stress and anxiety. This 10-week program is open to all ages. A physical authorization is required, so please sign up by September 1. \$80. To pre-register or for more information contact Faith, 524-1217 or fdubois@nmcinc.org.

Fall Prevention and Balance, Tuesday, September 12, 6:00 – 7:00 PM, NMC Rehab Services, Cobblestone Building. Are you at risk for falls and how can physical therapy help? Join us with physical therapists Natalie Shea and Anna Krahn to learn about the risk factors for falling. Take part in standardized balance screens to identify if you may be at risk. Learn about quick tips for reducing the risk of falls within your home. Learn how physical therapy can help to improve balance and reduce the risk of falling. Free. To pre-register or for more information contact Faith, 524-1217 or fdubois@nmcinc.org.

Parkinson's Support Group, Thursday, September 14, 10:00 – 11:30 AM, Pillsbury Senior Community, conference room next to library on 1st floor, 3 Harborview Dr., St. Albans. Open to those with Parkinson's and their

caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible. This month: *The Aphasia Choir*.

Movement for Parkinson's Disease, Friday, September 16, 10:00 – 11:15 AM, Homestead at Pillsbury Manor. Movement for Parkinson's Disease is being offered for people with Parkinson's (wheelchair-bound as well as able to stand participants), their care partners and/or others interested in participating. The dance class is designed to engage participant's minds and bodies through many styles of dance while exploring stretching, muscle strengthening, postural stability, and rhythm through instruction and energizing music. The class is offered in a relaxed social environment that emphasizes enjoyment, fun, and creativity. No dance experience required. No charge, donation appreciated to cover transportation costs for instructor. Free. For information or to register contact Sarah, 802-881-9673 or saramcm28@gmail.com, or Patty Rugg, patricia_rugg18@comcast.net.

Introduction to Postural Restoration, Thursday, September 21, 4:00 – 5:00 PM, Collins-Perley Sports and Fitness Center, St. Albans. NMCRehab and RiseVT are partnering with Collins-Perley to offer educational sessions to both the community and active members at Collins-Perley. In this program led by NMC physical therapist Natalie Shea, you will learn what postural restoration means and gain an understanding of the role of the diaphragm. Learn daily tips to incorporate this knowledge into your day-to-day routine and maximize your function and physical performance. Free. To pre-register or for more information contact Faith, 524-1217 or fdubois@nmcinc.org.

ONGOING Exercise

Cancer Exercise Rehab Group, every Tuesday and Thursday, 8:00 – 11:00 AM, NMC Rehab gym, Cobblestone Building. Featuring Wendy Lawrence, certified NMC Oncology Rehab Physical Therapist. A physical therapy evaluation is required to assure that the client is able to participate. This class pinpoints the common needs of patients. This includes decreased range of motion, decreased strength, cancer related fatigue and lymphedema. Pre-registration required, call 524-1064. Free for the first eight weeks, then \$40 for open gym access.

Prenatal Fitness, every Wednesday, 5:30 – 6:30 PM, NMC Wellness & Fitness Room. Featuring Stephanie Freedom, AFAA. Northwestern OB/GYN offers these free prenatal exercise sessions to strengthen and prepare you for a successful birthing experience. Join other moms as we lead you through a customized routine designed to make you feel energized and confident. Please consult a physician before beginning this exercise program. Pre-registration required, contact Stephanie, 802-288-1141 or stephanie.freedom@gmail.com. Free to Northwestern OB/GYN patients.

Education

Program now enrolling first time mothers: Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers

in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Vermont Quit Partners Fresh Start Tobacco Cessation Class, ongoing Wednesdays, 11:00 AM – 12:00 PM, Northwestern Medical Center, Cobblestone Building, Suite 202; and Thursdays, September 7-28, 4:00 – 5:00 PM, Richford Notch Health Center, 4th floor. Join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges. Pre-registration required; to sign up for a session call Chari, 524-8480. Free.

Support Groups

Healing Circle Women's Cancer Support Group, first Tuesday of every month, 4:30 – 6:30 PM, Northwestern Medical Center Conference Franklin Room. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with any questions or to RSVP (not required). Free.

Have You Lost a Loved One to Suicide? If the answer to the question is "yes" please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times and location or to answer any questions you may have call Tony at 802-393-6503. Second Thursday of every month, 6:00 – 7:30 PM, Northwestern Medical Center. No preregistration required. Free.

Chronic Disease Support Group Workshops – Are you or someone you know living with a Chronic Health Condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue and pain, manage symptoms and medications, and improve strength and flexibility. If you are interested, please contact 524-1031 or drobotson@nmcinc.org. Each session is 2½ hours once a week, for six weeks. Various locations. Pre-registration required, contact Deb Robertson, 524-1031 or drobotson@nmcinc.org. Free.

Grief and Recovery Support Group, First and Third Wednesday of each month, 7:00 – 8:00 PM, Franklin County Home Health Office, 3 Home Health Circle, St. Albans. Experiencing a loss can be painful to face alone. Franklin County Home Health's Grief and Recovery Support Group serves as a safe place to share feelings with others who are coping with grief. This support group is offered free of charge to anyone who would like to talk to others and help one another. Pre-registration required; to pre-register or for information, contact Lori Wright, 527-7531. Free. Shadows of the Moon Autism Support Group.

For one-on-one phone support, please call Cheryl, 802-868-7745, or Laura, 802-849-2817.

Alzheimer's Support Group, last Tuesday of each month, 6:00 – 7:00 PM, Northwestern Medical Center Green Mountain Room. This group is for those with Alzheimer's and caregivers, family members, and friends. For more information, contact the Alzheimer's Association at 800-272-3900. No pre-registration required. Free.

Parkinson's Support Group, second Tuesday of each month, 10:00 – 11:30 AM, conference room next to the library on the first floor, Pillsbury Senior Community, 3 Harborview Drive, St. Albans. This group is open to those with Parkinson's and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible. Pre-registration not required, Contact Pat, 802-524-5520, or Judy 815-895-2312. Free.

Maternity

Breastfeeding Moms Group, first Wednesday of each month, 10:30 AM – 12:00 PM, Northwestern Counseling and Support Services Family Center. Meet once a month for snacks, crafting activities, making baby blankets, and information from the experts. Pre-registration required; call 393-6591. Free.

Breastfeeding and Infant Massage Group, second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting. No pre-registration required. Free.

Latch On! Discussion Group, third Saturday of each month, 10:00 AM – 12:00 PM, Northwestern Medical Center Family Birth Center. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms. No pre-registration required. Free.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Tuesday of the month, 5:30 – 6:30 PM, Northwestern Medical Center Family Birthing Center. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. For more information or to pre-register (required), contact Rhonda Desrochers at Franklin County Home Health Agency, 802-527-7531. This program is presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the VT Department of Health. Free.

Miscellaneous

Foot Clinics – Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield and Enosburg. Various locations. Pre-registration required; call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: \$20.

Who's Your Person, What's Your Plan? (End of Life Planning) We plan for all life's milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can't do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at <http://www.fchha.org/healthcareagent/> as well as www.starttheconversationvt.org. You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today.

Art continued from page 3

7 and concludes Sunday, November 5. Prizes will be presented on Sunday, September 10. *Land and Light* has been Bryan Gallery's signature exhibition almost as long as the gallery, currently celebrating its 33rd anniversary, has been in existence. The exhibit brings together paintings in the grand tradition of American landscape painting, by artists from all over New England. The primary criterion is that the imagery must be specifically New England. For exhibition consideration, artists submit electronic images of their paintings for review by a jury of their peers, which has selected 103 paintings by 75 artists to exhibit this year. After the exhibit is installed, another juror awards the prizes, announced at a reception in the gallery on Sunday, September 10 at 3:30 PM. The public is invited at no charge to

Art continued on page 6

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OBITUARIES



Harvey J. Mayo of East Berkshire, VT, 70 years of age (1946-2017), passed away after a long illness on Wednesday, August 9, 2017. He spent his early years in Milton, VT and Winooski, VT. He graduated from Winooski High School in 1967 and attended the University of Vermont (Burlington, VT). He had a quick mind and a genuine interest in everyone he met, which served him well in everything he did. It wasn't long before he became a real estate salesman and received

an award as a million dollar salesman. In the community of Underhill, VT during this time he is fondly remembered as a 4H leader, helping youngsters raise and show lambs. During the eighties the partnership, Edson and Mayo, purchased land and built several speculation houses in the Pleasant Valley in Underhill. He was also for a spell general partner of a partnership of twelve running the Cambridge Inn in Cambridge, VT. About this time he opened his own real estate business, Harvey Mayo Real Estate. He was always sharp on details, correcting lawyers' errors and writing his own sales-purchase agreements. He also had a knack for seeing value where others saw only junk. In midlife he bought older rundown properties and turned them into value by fixing them up. One of his proudest achievements was improving Berkshire Center (VT), where he discovered a rundown abandoned store with a slightly collapsed main floor. No electricity, no plumbing. The wing, out of plumb, a crazy frame. All of it ripe for bulldozing. He bought it for a song. With the love of fixing up property and the vision to see its potential, he created something really interesting and opened *The Old Jolly Store, Antiques and Collectibles*. His success made it all look easy. He followed up by purchasing the abandoned one room Berkshire Center School house about three hundred feet down the road, fixed it up and turned that into a Christmas shop. He and his associate, Michael, travelled to Boston, buying and filling the shop with amazing things, like a solid carved-out-of-wood panther, four feet long and over two feet high. Across the road he purchased another abandoned house on sizable acreage littered with trash. He and Michael got to work and cleaned it up. Harvey split off parcels, and after selling one to the town, and with Berkshire Center no longer falling to pieces, the Town of Berkshire established its town clerk's office across from *The Old Jolly Store*. His talents were also seen in local theatrical productions. He played the captain in *Showboat*, and in *The Odd Couple* was superbly funny as Felix. He also gladdened a few lucky people with puppies from his border collies. Never one to stay still, he sold his improved properties one by one before the crash of 2008. The best photo that was missed: a catered celebration following the signing of the sales agreement on *The Old Jolly Store* with Harvey in a bright red vest. Life moves on and Harvey purchased other properties to improve. He always enjoyed getting into the nitty-gritty work of scraping and painting, etc., but unfortunately he fell from a ladder, which caused a spinal injury. It reduced his mobility significantly. Still, he continued: writing his own sales-purchase agreements, holding mortgages when banks were reluctant. Harvey loved working with people. All in all he made a lot of good things happen. He will be sorely missed. He is predeceased by his father, Alwyn J. Mayo Sr. of St. George, VT; and by his brothers, Donovan K. Mayo of Lincoln, VT and Alwyn J. Mayo Jr. of Palmer, MA. He is survived by his mother, Geraldine Mayo Cushing of Winooski, VT and by his sisters: Beatrice (and Les) Cota of St. George, Virginia Cadieux of Dover-Foxcroft, ME, Priscilla Mayo of Middlebury, VT, and Patti Mayo of Delray Beach, FL; and by his brothers: Roger Mayo of Lincoln, VT, Kenneth Mayo of Milton, VT, and Randy Mayo of Milton, VT; and by his long time friend, David Edson of Underhill, VT. He also leaves many nephews and nieces and grand nephews and grand nieces. His niece, Diana Stone, deserves special mention for her ongoing support during Harvey's long illness. Especial appreciation is due to Stacey Oestrike of Berkshire, VT for her devoted care for Harvey in his long illness. Paul Tessier and Mark Irons, both of Berkshire, also deserve mention for their help in caring for Harvey. Following Harvey's wishes, a celebratory gathering will be private and at the convenience of the family. The family invites you to view some photos and share your memories and condolences by visiting www.awrfh.com.



Joan Annette (Lawrence) Pecor, 78, of Bolton, VT passed away peacefully at the University of Vermont Medical Center in Burlington, VT on Wednesday, August 16, 2017. Born on July 13, 1939 at her parents Waterbury, VT home, she was the daughter of the late Olive Martha (Harvey) Lawrence and John Joseph Lawrence. On January 19, 1957 she married the love of her life, Robert 'Bobby' Arnold Pecor in Waterbury. Robert passed away on December 19, 2015. Joan attended school in Waterbury and graduated

in 1957. She was a dedicated employee to many companies including Harrington's for 10 years, Town of Bolton for over 30 years, and the Voc Rehabilitation Center for several years. As a child, Joan labeled herself a tomboy, and she enjoyed time with her father in the garden or blackberry picking. She is famous for her Halloween popcorn balls and homemade desserts. She has received awards for being a Girl Scout leader, and an award for years of service recognition from the Town of Bolton. Joan is loved and mourned by her daughter Robin Pecor-Brunell and her husband Chris of Bolton; five grandchildren: John Brunell of South Burlington, VT, Nicholas Brunell and his wife Jen of Supply, NC, Adam Brunell and his fiancée Emily Gonyea of Zebulon, NC, Samantha Allaire and her husband Jeremy of Middlesex, VT, and Isabella Brunell of Bolton; four great-grandchildren: Christina, Harley, and Olivia Brunell, and Abigail Allaire; her sister-in law Barbara Pritchard of Randolph, VT, as well as nieces, nephews, and extended family. Joan is predeceased by her siblings, Olive Santor, Donald Wheeler, Phylis May, Shirley May, Ruth Lawrence, Rachel Lawrence, and her twin sister Jean Lawrence. While she may be gone, there will be a community in mourning as well. She had a contagious personality and loved everyone she met. She has provided care to many animals including her favorite dog Major, and her cat Violet. Graveside services were held from the Maple Street Cemetery in Waterbury Center, VT on Friday, August 25, 2017. A reception followed in the dining room of the Wesley United Methodist Church in Waterbury. For those who wish, memorial gifts in lieu of flowers would be appreciated to www.richmondrescue.org/donate. Assisting the family is the Perkins-Parker Funeral Home and Cremation Service in Waterbury. To send online condolences please visit www.perkinsparker.com or the funeral home Facebook page.



Madeleine Patricia (Duquette) Rabideau of Underhill Center, VT passed peacefully on Tuesday, August 15, 2017 at the age of 60, surrounded by her loving family at her daughter's home in Fort Collins, CO. She was born on August 17, 1956 in Plattsburgh, NY and grew up in Rouses Point, NY. Madeleine met her husband, Ronnie, in high school and on March 31, 1973, she married the love of her life. In 1986, her family moved to Underhill Center, VT and she initially worked at the Essex Health Center. In 1988, she began working at St Michael's College in the Office of the Vice President for Academic Affairs as an Executive Administrative Assistant for 26 years, retiring in 2014. Madeleine will always be remembered for her love of life, her love of beautiful things, and her immense generosity of giving to others. She talked about so many fond memories; especially how she, her sister, and mother would spend hours baking, gardening, taking walks, doing crafts, or about enjoying the "shenanigans" of her older brothers; she spoke often of how they were a "wild bunch." She recalled trips to Québec to visit her aunts, uncles and cousins. She had a great interest in sewing and her meticulous skill showed in everything she made. Madeleine loved to be with friends and family. One of her favorite things was to "head to camp" to go snowmobiling. She loved when the "whole gang" would get on their four-wheelers for a day of exploring or motorcycling through the Adirondacks and Vermont. What Madeleine would most like to be remembered for, though, was her love of travel to new places. She had many dreams of going to more places and left her family with the promise that they continue on with her list of places to go. She was an amazing woman, wife, mom, sister, aunt, cousin, friend, and confidant to so many. She always said, "don't sweat the small stuff" and that she was "ready for anything." She will be greatly missed but her memory will shine in all those who knew and loved her. Madeleine is survived by her husband Ronald of 44 years; daughters Chrissy (Mike) Battaglia and Jessica (Patrick) Miller, both of Colorado. She adored her grandchildren, Ella and Justin Battaglia and Evelyn Miller. She also leaves behind her loving brothers, Donald of Margate, FL and Robert (Cindy) of Peru, NY, and sister Beverly (Larry) Sokol of Marlboro, MA, sister-in-law Luanne (Ron) Poland of Plattsburgh, NY, Aunt Murielle (Gagnon) Phrand of Pierrefonds, PQ, Uncle Michel Merango of Sherbrooke, PQ, Uncle Andre Lemire of Orval, PQ; along with many nieces and nephews (Michelle, Kimberly, Matthew, Tiffany, Debbie, Nicole, Julie, Lorrielle, and Sienna), loving cousins from Canada, as well as many dear friends near and far. She is predeceased by her parents, Rene and Raymonde (Gagnon) Duquette, father-in-law Francis T. Rabideau, mother-in-law Elizabeth (Guerin) Rabideau, brother-in-law F. Thomas Rabideau, and sister-in-law Rosemary (Rabideau) Faille. A Mass of Christian Burial was held on Saturday, September 2, 2017 at the Chapel of St. Michael the Archangel at St. Michael's College in Colchester, VT (<https://www.smcvt.edu>). The service was followed by a "Celebration of Life" in the Roy Room of the Dion Student Center. If you have pictures, a story, or memory to share, please email a copy to Christine.Battaglia@colostate.edu. A complete obituary and service updates will be posted on the Bohlender Funeral Chapel website at www.bohlenderfuneralchapel.com. In lieu of flowers, please consider donating to the CurePSP foundation at <https://www.psp.org> in her memory.

Clifford Hill III, 54, of Burlington, VT passed away on Thursday, August 24, 2017 at the University of Vermont Medical Center in Burlington. Clifford was born in Burlington on April 4, 1963. He grew up in Underhill, VT and graduated from Mount Mansfield Union High School. He worked at Green Mountain Lumber and Lamell Lumber. He was employed at Hannaford's at the time of his death. Clifford was predeceased by his father Clifford Hill, Jr. He is survived by his mother Nancy Hill, his sisters Deborah Ducharme (Darryl) and Susan Culbertson (Gary) and his brother Robert Hill (Lisa). A graveside service was held on Thursday, August 31, 2017 in the family lot in Underhill Flats Cemetery. In lieu of flowers donations may be made to the VNA Hospice, 1110 Prim Rd., Colchester, VT 05446. The family invites you to share your memories and condolences by visiting www.awrfh.com.



Douglas Alan Demas of Underhill, VT died peacefully on Friday, August 25, 2017, surrounded by his loving family, after a courageous battle with gallstone pancreatitis. Doug was a Barre, VT boy, born November 23, 1949, son of Louis and Betty Demas. He attended Spaulding High School, Vergennes Union High School, and spent a post-grad year at Brewster Academy in Wolfeboro, NH on a basketball scholarship. He was stationed in Germany during his military service from 1971-1973, then traveled on his motorcycle before returning to Vermont

where he worked with youth at the Weeks School in Vergennes, VT. It was through his work with kids that he met and married Elizabeth MacKenzie in August, 1978. Doug spent most of his life in the building trades, working for several Vermont firms from Hollenbeck and Friends, to Pizzagalli, before moving to Longwood, FL where he worked as a realtor and a carpenter, learning both residential and commercial construction. From 1987-2017, Doug's home was in Underhill, with a beloved view of Mount Mansfield. He continued perfecting his skills as a wood worker and an independent contractor, building many homes, additions, and remodels in the area. He approached his profession with integrity and artistry. Doug was a very intelligent man with an impressive range of talents and interests. He spent hours drawing houses, and redesigning rooms. He loved the game of baseball, fly-fishing, following UVM hockey, and was a devoted Red Sox fan. Travels to Fenway, Portland, ME, New York City, Boston, and New Orleans were fond memories. He always had a new project. He built motorcycles, a strip-bark canoe, Adirondack chairs, a copper wort chiller, and he designed and built the Demas family home. Doug had a wonderful appreciation for good music. He loved Lyric Theater, old westerns, and musicals. He spent time feeding and watching birds. He enjoyed baking chocolate cake and dog treats, and had perfected his pizza-making skills. He loved to banter and discuss politics and world events, and was known for his dry wit and incredible sense of humor, which he has passed down to his children. Doug is survived by his wife of 40 years, Liz, and his two children, Allison Ross Demas of Jamaica Plain, MA and Jeffrey Dakin Demas of Somerville, MA. Doug considered them his greatest achievement. He also leaves behind his sister Judy, brothers Donny, Mark, and Greg Demas, and

their families, his sister-in-law Marnie MacKenzie, brothers-in-law Mike and Malcolm MacKenzie, and their families. Doug was predeceased by his parents Louis and Betty Demas, oldest brother Terrence Demas, brother-in-law Matthew MacKenzie, and in-laws Dr. Michael and Florence MacKenzie. Doug will be missed at UVM hockey games by his circle of loyal buddies, his good friend Kevin O'Brien, and his extensive Corbett Road family. His dogs Wrigley and Riley are lost without him. The Demas family would like to thank the doctors at the UVM Medical Center for their heroic efforts, as well as the amazing nurses, the Palliative Care team, and the many other medical professionals who contributed to his care and supported his family. A gathering in celebration of Doug's life will be held at Squabetty, a mountain lodge located at 165 Deane Road in Underhill, on Wednesday, September 6 from 4:00 – 7:00 PM. There's still time to send flowers to the Celebration of Life at the Squabetty from 4:00 PM to 7:00 PM on September 6, 2017.

PEOPLE IN THE NEWS

Local students attending Castleton University

Castleton University in Castleton, VT is excited to welcome the following students, who are among the nearly 600 new students registered for the fall 2017 semester:

From Jericho: William Bergeron, Ryan Heath, Jenna McCarthy, Erin Sulva, Andrew Villeneuve, Raymond Wilson

From Underhill: Matthew Lamphere, Allison Lane, Cameron Main

Julia Dunn completes research project in Armenia

Julia Dunn of Jericho, VT, a member of the class of 2019 majoring in biomedical engineering at Worcester Polytechnic Institute (WPI), Worcester, MA, was a member of a student team that recently completed an intense, hands-on research project in Armenia. The project was titled *Improving Eye Care Delivery Through Data Sharing Technology*. In their project summary, the students wrote, "The goal of this project was to develop a set of recommendations for the implementation of an Electronic Medical Record (EMR) and a teleconsultation system, to be used throughout all of the AECP's facilities. This was intended to improve existing methods of recording, storing, and sharing data to support physicians as they provide high-quality patient care."

HEALTH NEWS

Community Street dinner to bring cancer issues to Congress

To help elected officials understand issues affecting people with cancer, the American Cancer Society Cancer Action Network (ACS CAN) is offering an opportunity for them to hear the personal stories of those impacted by the disease.

To support Vermonters bringing these stories to Washington D.C., ACS CAN is sponsoring a Lights of Hope Harvest Dinner on Tuesday, September 19 at 5:30 PM, on Langdon Street in Montpelier.

The Harvest Dinner will feature amazing local food prepared by some top local chefs from the Three Penny Taproom, Langdon Street Tavern, Hunger Mountain Coop, Positive Pie, Alla Vita, Sarducci's, and 802 Coffee. As the food is enjoyed, jazz musicians Rob Morse, Jake Whitesell, and Jeff Guerin will entertain participants. Langdon Street will be closed off for this event.

Lights of Hope, illuminated bags, will line the street in honor of loved ones and those collected before September 4 will go to Congress for a ceremony in front of the Lincoln Memorial. By being a part of the Community Street Dinner, participants will help send Vermont volunteers to D.C. to meet with Senators Leahy and Sanders and Congressman Welch to encourage them to make cancer a national priority.

Tickets are \$30 (call 802-917-5817); after Sunday, September 10, \$40. A ticket will provide access to dinner, dessert, and plenty of ambiance. There will be a cash bar, live entertainment, and a silent auction. Full tables are available for sponsorship. Sponsors will receive six tickets and program recognition.

ACS CAN, the nonprofit, nonpartisan advocacy affiliate of the American Cancer Society, supports evidence-based policy and legislative solutions designed to eliminate cancer as a major health problem. For more information, visit www.acscan.org.

United Way Volunteer listings

By Sue Alenick, United Way Volunteer Columnist

LEND A HAND. VOLUNTEER – United Way of Northwest Vermont's mobile-friendly Volunteer Connection search platform connects you to hundreds of volunteer needs with local nonprofits. Search by age, date, county, or interest; find nonprofits by causes that are important to you. Now volunteers have even more ways to stay connected to community needs. Go to www.unitedwaynwvt.galaxydigital.com or contact us at volctr@unitedwaynwvt.org or 860-1677.

OLDER VOLUNTEERS – RSVP of Northwest Vermont is looking for volunteers, age 55+, to work with organizations that advance education, health, and financial stability in Franklin and Grand Isle Counties. Work to meet critical needs, support healthy aging, and connect with children. RSVP volunteers choose how, where, and how often they want to serve with commitments ranging from one a week, once a month, or once in a while. To learn more contact Mary Pelkey, 524-6337 or maryp@unitedwaynwvt.org.

APPLE OVERLOAD – Shelburne Museum has a deluge of apples this year and needs groups of volunteers to come and rake the apples (not pick!). A great family and business group activity! Contact Laura Need, 985-0865 or lneed@shelburnemuseum.org.

BUS BUDDIES NEEDED – United Way of Northwest Vermont. Are you a bus enthusiast in Chittenden County? Help new riders build confidence and bus riding skills as a "bus buddy." A bus buddy accompanies a new rider and teaches the rider how to read the bus schedule, navigate different routes, manage fare payment, and get on and off the bus safely. Training provided. Volunteers will receive a complimentary bus pass if they make a monthly commitment! Flexible scheduling. Contact Leah Soderquist, 861-7833 or leah@unitedwaynwvt.org.

Art continued from page 4

attend the awards presentation. Prizes are funded by the Mary and Alden Bryan Art Fund of the Vermont Community Foundation. The first prize winner is awarded \$1000 and the Alden Bryan Medal. An Artists Roundtable featuring four of the exhibiting artists takes place on Sunday, September 10 at 1:00 PM, followed by a reception in honor of all the artists from 2:00 – 4:00 PM. The public is invited to attend. Bryan Memorial Gallery is located at 180 Main St., Jeffersonville. Until Monday, October 9, the gallery is open daily, 11:00 AM – 5:00 PM. After October 9, the gallery is open Thursday-Sunday, 11:00 AM – 4:00 PM and by appointment at any time. There is no admission charge. Information: 802-644-5100. For a preview of the artwork in the exhibit, visit www.bryangallery.org.

I Am Vermont, Too, a photo exhibit about race by Johnson State College graduate and Vermont artist Sabrina Leonard, will run through Thursday, September 28 at the Julian Scott Memorial Gallery on the JSC campus in Johnson. JSC will conduct a semester-long diversity focus centered on the book *How To Be Black* by best-selling author, activist, comedian, and entrepreneur Baratunde Thurston, who will speak at 8:00 PM on Sunday, September 19 at JSC's Dibden Center for the Arts. Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit www.VisionsofVermont.com.

Work by Dianne Shullenberger of Dianne Shullenberger Gallery, Nashville Rd., Jericho will be featured in the exhibit *refuge Vermont Artists Respond* at the Kent Museum, Calais, through Sunday, October 8. The Kent Museum is open Fridays-Sundays, 10:00 AM – 5:00 PM or by appointment.

Tony Conner, celebrated watercolor artist from Bennington, VT will be featured at the Emile A Gruppe Gallery through Sunday, October 8. Most of Conner's work is focused on the quality of light itself and drawn from direct observation. "My senses are particularly in tune with time as it passes through the cycle of seasons... Times of transition... are especially captivating. Watercolor is my main medium of choice. It is truly the medium of light." Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; open 10:00 AM – 3:00 PM Thursday-Sunday or by appointment; 802-899-3211 or www.emilegruppegallery.com.

Bryan Memorial Gallery presents *Traveling Artists*, a group show by 60 artists of works from their travels, from the United States – California, Utah, New Mexico, Florida – to the other side of the globe – Myramar, Finland, Armenia, Cesky-Krumlov. Over one hundred works in a variety of mediums reflect how small the world has become and how artists can adapt almost anywhere. In the East Gallery, the 2017 *Legacy Collection*, featuring 19 living and 14 deceased artists whose works continue the legacy of Gallery founder Alden Bryan and Mary Bryan, in whose honor the gallery was founded. Gallery's website: www.bryangallery.org. Bryan Memorial Gallery, 180

Main St., Jeffersonville; Thursday-Sunday, 11:00 AM – 4:00 PM and by appointment; 802-644-5100; mickey@bryangallery.org.

Helen Day Art Center in Stowe presents *Art of the Selfie* from Friday, September 22-Saturday, November 11. *Art of the Selfie* is an exhibition of work by Andy Warhol, Suzy Lake, Carrie Mae Weems, Marina Abramovic, Rafael Lozano-Hemmer, and emerging artists who explore the expression and transformation of self-images and identity. Also, *Enough to Divide a Room: Michael Rocco Ruglio-Misurell* is a solo exhibition in the East Gallery featuring the work of the Berlin-based artist. The work is generated from debris and found objects of urban culture, often infused with a strong history. Friday, September 22-Saturday, November 11 with an opening reception and artist talk on Friday, September 22, 5:00 – 7:00 PM. For more information, www.helenday.com/exhibitions/upcoming144-2017-selfies or call 802-253-8358.

The Fleming Museum at UVM in Burlington announces their fall 2017 season with the opening of two new special exhibitions on Tuesday, September 26. In the East Gallery will be *Spirited Things: Sacred Arts of the Black Atlantic* featuring objects from the Yorùbá religion of West Africa as well as Haitian Vodou, Cuban Santería, Brazilian Candomblé, and Caribbean Spiritism, faiths that emerged from the practices of enslaved Africans who blended their ancestral cultures with that of their captors. In the Wolcott gallery will be an exhibition of the mid-century modernist painter Herbert Barnett and his distinctive landscapes painted in Vermont between 1940-1948.

At the Shelburne Museum: *Upstream with Ogden Pleissner*, through October 31, will feature paintings, prints, and ephemera from the Museum's permanent collection to transport viewers to some of the avid anglers' favorite streams, rivers, and lakes from Maine to Wyoming. Through October 31 on the museum grounds, the sculpture of Aaron T Stephan, provoking and challenging viewers to reassess their perceptions of the world built around them. His *Flat World* is a 2.5-ton globe; his *30 Columns* is a spiraling cascade of classical Greek Doric columns that unravel and dance across the lawn. Also through October 31, *Pieced Traditions: Jean Lovell Collects* presents historic bedcovers collected by Jean Lovell since 1979, including Amish and Mennonite quilts from the 19th and 20th centuries. Shelburne Museum, Shelburne Rd., Shelburne; 802-985-0881 or klevesque@shelburnemuseum.org.

At Burlington City Arts through October 8:

sculptors Diana Al-Hadid's *Immaterial*, and Dave Kennedy's *A Stranger Stands Here*. Free admission. Summer hours: Tuesday-Thursday 11:00 AM – 5:00 PM; Friday-Saturday 11:00 AM – 8:00 PM; Sunday 11:00 AM – 5:00 PM. BCA, 135 Church St., Burlington; 865-5355.

Essex Art League meets the first Thursday of the month, September-June, from 9:00 – 11:00 AM at the Essex Junction Congregational Church on VT Rt. 15. The meeting includes a business and social time followed by a guest artist presentation. For a detailed calendar of meetings, speakers, and online gallery of members' works: <http://www.essexartleague.com/>.

The Milton Artist Guild has a number of fun and varied workshops coming up. For information, contact the Milton Artists' Guild, P.O. Box 369, Milton, VT 05468; www.miltonartistsguild.org.

MUSIC

On Sunday, September 24 at 3:00 PM, the Green Mountain Chorus will perform familiar and memorable songs in a program titled "Songs of Your Life" at Richmond's Congregational Church. For 70 years, the Winooski-based Green Mountain Chorus has been delighting audiences throughout New England with its uniquely American Barbershop Quartet style of "a cappella" singing. In addition to songs by the entire company, they also feature individual barbershop quartets that mix vaudeville and comedy with their musical numbers. The event is hosted by the Bolton-Huntington-Richmond Community Senior Center, with net proceeds to benefit the non-profit organization. Advance tickets at \$17 per person can be purchased by personal check payable to the Community Senior Center. They are available at the Richmond Town Hall Clerk's office, and by mail, and held on a "will call" basis on the day of the event. Mail requests must be postmarked by September 18 and include a personal check payable to the Community Senior Center, the purchaser's name and phone number, and sent to: Community Senior Center, P.O. Box 508, Richmond, VT. Admission can also be paid at the door.

THEATER/FILM

Muslim Girls Making Change, 6:00 PM, Stearns Performance Space, Johnson State College, Johnson. The South Burlington based slam poetry team focuses on dispelling stereotypes, and includes Hawa Adam, Kiran Waqar, Lena Ginawi, and Balkisa Abdikadir. Free and open to the public.

LEGAL NOTICE**MILLS RIVERSIDE PARK
BID SCHEDULE FOR PARK SNOW REMOVAL
WINTER 2017/18****JERICHO UNDERHILL PARK DISTRICT
P. O. BOX 164
UNDERHILL, VT. 05489****GENERAL DESCRIPTION:**

The Jericho Underhill Park District is seeking bids from qualified snow plowing/property maintenance contractors for the snow plowing and sanding of the entrance road, parking lot and exit areas at Mills Riverside Park in Jericho for the winter of 2017/18

All work shall be done in accordance with this description of work and in conformance with accepted industry standards.

REQUIREMENTS:

1. Snow plowing frequency shall be "As needed." In general, plowing will be done when three or more inches of snow has fallen to allow use of facilities throughout the winter.
2. Bid will reflect price per plowing. Some heavy snowfalls require multiple plowing. Bid will specify how decisions regarding second or third plow are to be made.
3. Snow plowing of the entrance will be wide enough to accommodate emergency and trash removal vehicles.
4. Snow plowing of the parking area will be wide enough to accommodate two lanes of car/truck traffic plus perpendicular parking on both sides of the parking area.
5. Snow plowing of exit road will accommodate 2 lanes from parking area to RT. 15.
6. All areas will be sanded as needed.
7. Snow piles will, as much as possible, not interfere with traffic or parking.
8. Invoices shall be submitted monthly.
9. Snow plowing areas are depicted on the attached plan of the park.
10. Proof of insurance must be submitted with this bid and all insurance shall be kept in force throughout the duration of the snowplow contract.

STATEMENT OF QUALIFICATIONS:

Each bidder shall include with his bid, a list of 3 similar clients and 3 reference individuals with whom the District may speak, as demonstration of qualification to undertake this project.

RECEIPT OF BIDS:

Bids will be received by the Jericho Underhill Park District at P.O. Box 164, Underhill, VT. 05489 until **4:00 pm on October 4, 2017**

1. No bidder may withdraw his Bid within 45 days after the actual date of opening.
2. The prospective bidders are responsible for inspecting the site and for reading and being thoroughly familiar with this scope of work.
3. The failure or omission of a bidder to do any of the foregoing shall in no way relieve him of any obligation with respect to his Bid.
4. Questions may be directed to Livy Strong (jupdistrict@gmail.com) 802-899-2693

SUB-CONTRACTORS: No sub-contractors shall be used in the completion of this contract.

The Jericho Underhill Park District reserves the right to reject any and all bids, or parts thereof, as it determines to be in the best interests of the District.

LEGAL NOTICE**TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD****NOTICE OF PUBLIC HEARING**

The Jericho Development Review Board will hold a public hearing at **7:00 pm on Thursday September 28, 2017** at the Jericho Town Hall to consider the following:

- A request to the DRB by Caroline Chaput & Colleen Safford for conditional use review for an accessory apartment as per section 4.7.3 of the Land Use Development Regulations. This property is located at 55 Plains Road which is located in the Low Density Residential Zoning Districts (formerly the Rural Residential Zoning District).

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn
Zoning Administrator
cflinn@jerichovt.gov

EMPLOYMENT**Seasonal Positions**

We have immediate openings in our manufacturing department for long-term, full-time & part-time seasonal employment. We will have other opportunities available throughout our company for days, early evening, and weekend shifts. No experience is necessary; we will train you.

**Manufacturing
Customer service reps
Warehouse**

Apply in person. 8 am to 5 pm
210 East Main Street, Richmond, VT 05477

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of Vermont

LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY UNDERHILL

Please note: Our Sunday hours will start Sunday, September 10. We will be open from 1:00 – 4:00 PM. The library will be closed the weekend of Harvest Market, Saturday-Sunday, September 23-24.

Book Donation days at the Big Red Barn next to Mills Riverside Park are: Saturday, September 9, 10:00 AM – 12:00 PM; Saturday, September 16, 10:00 AM – 12:00 PM. Please no textbooks, magazines, encyclopedias, computer manuals, religious books, VHS and cassette tapes, or *Reader's Digest Condensed Books*. Limit three boxes per family.

The Friends of the DRML will meet Wednesday, September 13 at 10:30 AM.

The Board of Trustees will meet Thursday, September 21 at 7:00 PM.

Mah Jongg at DRML – We play Mah Jongg on the first and third Mondays of each month. Because the first Monday of September is Labor Day, we will move that evening's game to Thursday, September 7 at 6:30 PM. Later in the month, we will be playing on Monday, September 18 at 1:00 PM. Please join us as we explore the ancient Chinese tile game of winds, dragons, and number tiles. If you like card games, you'll probably love Mah Jongg!

Deborah Rawson Book Lovers (DRBL) – Tuesday, September 12, 7:00 PM. DRBL is an adult book discussion group that meets monthly at the library. This month's selection is *84 Charing Cross Road* by Helene Hanff. New members are always welcome to drop in on any meeting, which is always the second Tuesday of the month at 7:00 PM. For more information, contact Christine@cstaffa.com.

Scrabble is back! Wednesday, September 13, at 12:00 PM. Join us... and bring a friend along to play, as well!

Wednesday, September 13, 6:30 PM: Selected Readings from *Brown Girl Dreaming*. We will be meeting to read aloud select passages from this year's *Vermont Reads* book, *Brown Girl Dreaming* by Jacqueline Woodson. Raised in South Carolina and New York, Woodson always felt halfway home in each place. In vivid poems, she shares what it was like to grow up as an African American in the 1960s and 1970s, living with the remnants of Jim Crow and her growing awareness of the Civil Rights movement. Touching and powerful, each poem is both accessible and emotionally charged, each line a glimpse into a child's soul as she searches for her place in the world. Woodson's eloquent poetry also reflects the joy of finding her voice through writing stories, despite the fact that she struggled with reading as a child. There a still a few copies of the book available at the library, if you'd like to stop in to pick one up. Please join us to share your favorite selection from this powerful work.

Wednesday, September 20, 6:30PM: "Archaeological Heritage and the Ethan Allen Firing Range." September is Archeology Month and we are happy to announce that UVM professor John Crock will join us for a presentation on the topic. He will discuss the pre-contact Native American and historic archaeological heritage preserved at the Ethan Allen Firing Range. Join us as we learn how the use of traditional methods and new technology are combined to provide a better understanding of human settlement in the Champlain uplands and allow for long term preservation of cultural resources.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday

10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

DMRL, 8 River Rd., Jericho; www.drml.org

JERICO TOWN LIBRARY

Jericho Town Library will have new hours as of Tuesday, September 5:

- Monday: 2:00 – 5:00 PM
- Tuesday: 2:00 – 5:00 PM
- Wednesday: 10:00 AM – 12:00 PM and 2:00 – 7:00 PM
- Thursday: 2:00 – 5:00 PM
- Friday: 2:00 – 5:00 PM
- Saturday: 10:00 AM – 12:00 PM

Our new library director is Lisa Buckton. Please come in and say hello! Board meetings are held the second Monday of every month at 7:15 PM at Jericho Town Library. Everyone is welcome to attend.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org or give us a call at 899-4686.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org or give us a call at 899-4686.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Weekly Crafting Circle, Mondays, 5:00 – 7:00 PM. Come and enjoy fiber and fabric with craft novices, as well as folks who have enjoyed handwork arts for their lifetimes! Have a project you're already working on? Bring it in and share your expertise and enthusiasm.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; thevarnum@gmail.com.

Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY,

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website www.westfordpubliclibrary.wordpress.com; email westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

Guessing Jar winners will be posted through the first week of September. If you have been guessing throughout the summer, please stop by to check the winner posters for your name and claim your prize if you are a winner.

We have new youth *Playaway* titles. If you haven't yet discovered the ease and portability of these small, all-in-one audio devices, ask us for a

demonstration and take a look at our growing collection for youth age 4-12.

Is the font on the page starting to look smaller and smaller? Try some of our large print titles. We've added some recently, so browse our "new" shelves. They represent an array of fiction and non-fiction. After being on display for a while, large print items are shelved with regular print items. We also maintain a small rotating of large print titles, from the VT Department of Libraries. Titles are swapped out every three months. Please ask a staff member to help you if you're not sure where to look.

Open Monday and Wednesday, 10:00 AM – 8:00 PM, Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt.org.

FAIRFAX COMMUNITY LIBRARY

Tuesdays, September 5, 12, 19, 26, 9:30 – 10:30 AM: Preschool Story Hour. Join us for themed stories, songs, and activities for ages 0-6. No registration necessary.

Saturday, September 9, 10:00 AM: Beyond Ramen: How to Cook to Impress. In this installment of our #Adulting series: how to find the right recipe, general cooking tips, and presentation of food to make your guests say "wow!" Lots of hands-on activities. Must register.

Wednesday, September 13, 3:00 – 4:00 PM: Lego Club. Kids ages 6+ enjoy themed Lego play after school. Please register.

Thursday, September 14, 6:30 – 8:00 PM: Fiction Book Group. Mr. Fox by Helen Oyeyemi. Celebrated author Mr. Fox can't stop himself from killing off the heroines of his novels, that is until his muse Mary comes to life and transforms him from author into subject. Copies available at the library.

Saturday, September 16, 9:00 – 11:00 AM: Tech Help. Get help with individual tech questions. You can ask any technological question and/or bring in a device with which you need help. You will be ably assisted by our techie Josiah. Call to reserve a half-hour time slot, or drop in.

Monday, September 18, 3:00 – 4:00 PM: Crafternoon. Painted Leaves. Kids ages 6+ will use acrylic paint to create beautiful patterns on colored leaves and create a festive fall garland. Must register.

Thursday, September 21, 6:30 – 7:30 PM: Family STEAM Night. Join us for this new family program where each month parents and children will complete fun activities having to do with Science, Technology, Engineering, Art, and/or Math (STEAM). This month the theme is "Apples and Gravity." Please register

Saturday, September 23, 10:00 AM – 4:00 PM: VT Fairy Tale Festival, Killington. Come see this fantastic family festival put on by libraries across the state and hosted at the Sherburne Memorial Library in Killington. Our library will have a Camelot-themed booth with fun activities for kids and adults. Admission is an item for the Food Shelf or Humane Society.

Monday, September 25, 3:00 – 4:00 PM: Lab Girls. This club empowers young women to explore science through hands-on experiments and activities. Grades 6-12. This month: Skype with an environment scientist in Boulder, CO about the impact of environmental changes on the Arctic. Also, hands-on experiments with ice. Must register.

Wednesday, September 27, 3:00 – 4:00 PM: STEM Club. Kids age 6+ will learn about simple machines and build a catapult with local inventor Ralph Lemnah. Must register.

Thursday, September 28, 5:30 – 7:30 PM: Tea and Bristles. Join local artist Julie Griffin as she leads this step-by-step painting project, perfect for beginners. This month's painting is of a majestic stag. Plus enjoy some snacks while the paint dries. \$25 covers all materials, instruction, and food. Must register.

The library is open Monday and Wednesday 8:30 AM – 5:30 PM, Tuesday and Thursday 8:30 AM – 8:00 PM, Friday 8:30 AM – 3:15 PM, Saturday 9:00 AM – 1:00 PM.

Summer hours began on Wednesday, June 21: Monday, Wednesday, Friday, 10:00 AM – 5:30 PM; Tuesday, Thursday, 9:00 AM – 8:00 PM; Saturday, 9:00 AM – 1:00 PM.

For up-to-date info about programs, visit our website: www.fairfaxvtlibrary.org, where you can also find a link to the interactive Google calendar.

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LETTER TO THE EDITOR

Jericho Summer Rec kids learn about alternative transportation

To the Editor,
When people endeavor to work together good things are bound to happen. That was the case on July 10 when Green Mountain Transit (GMT), The Jericho Energy Task Force (JETF), and The Jericho Recreation Committee pooled their resources to educate the campers at the Jericho Summer Recreation Program about alternative choices for transportation and the benefits that choosing to walk, ride a bike, carpool, and of course, ride the bus can provide. The event also served to promote the commuter bus route that serves Jericho. GMT provided a bus so the kids could get an up close look at a bus. Just having the bus on the premises drew attention. Adults at the school were requesting schedules which GMT had brought to give out, along with magnets

and stickers for the kids. Chris Loyer, the Public Affairs Coordinator for GMT talked to the kids about some of the things that were different about the GMT buses from the school buses that the kids were more familiar with. The kids got to pull the stop cord and ask some questions. Some of the questions were pretty challenging; but what would you expect anything less from a kid. Kathy Walsh from The JETF talked about the benefits of alternative transportation. The Jericho Recreation Committee sponsored the "Do You Know How You Can Go?" poster contest. Prizes were given for first through third place. Lily Moore (7yrs) drew a picture of someone biking and got first place. Grady Tracy-Monroe drew a great picture of a rocket bus for second place and Caroline Cota drew a picture of someone walking with a stroller for third. You can see their pictures as well as others on the Jericho Recreation Committee website, www.jerichorecreation.org. Lynn Wagner, the Director of the Jericho Summer Program, was pleased with the event and said,

"This is great for the kids, we really need to do more events like this." I don't think anybody could have summed it up any better. To learn more about the Commuter route that serves Jericho please go to www.ridegmt.com, or any of the town organizations that helped make this event possible. Please check out the Town of Jericho website, www.jerichovt.gov.

Tate Brannan
Jericho

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